

Herkimer County
Country Editor
August 31, 2018

Largest Circulation Publication in Herkimer County
Delivered Weekly by the U.S. Postal Service

Volume 8
Number 15

I CAN DO ALL THIS THROUGH HIM WHO GIVES ME STRENGTH.
~ PHILIPPIANS 4:13

Listing Your House??
Call the company that has sold 90% of their listings every year! We are nationally based as realtors and advertise anywhere you want to see your home published!!
Call Heidi Mouyos at
Empire Homes and Commercial
For Your Free Market Analysis.
315-717-7269



**LITTLE FALLS
CARPET**

In Stock
VINYL
20% off

Luxury Vinyl
Tile and Plank
\$279 sq ft

LIFETIME WARRANTY

40 Yd. Installed
Berber or Plush
\$899⁰⁰

No Hidden Costs
in Our Quotes!

315-823-3200

556 East Main Street,
Little Falls

Hrs: Monday-Friday 10-5,
Saturday 9-1, Closed Sunday
We Make Nice Things Happen!



PRST STD
U.S. POSTAGE
PAID
UTICA, NY
PERMIT NO. 55
ECRWSS

*****ECRWSSDDM****

Local
Postal Customer



MAIN MOON

Chinese Restaurant and Buffet

40 Central Plaza, Ilion NY 13357
(315)-895-7404

Open 7 Days a Week
Mon - Sat: 11:00AM to 10:00PM
Sun: 12:00PM to 10:00PM

Buffet available until 9PM
Menu Orders available until 10PM



Gift Certificates Available For Purchase



OVER 80 BUFFET ITEMS TO CHOOSE FROM!



EVERYDAY Lunch Buffet
Adults starting at: \$7.59
Children starting at: \$4.35

EVERYDAY Dinner Buffet
Adults starting at: \$9.59
Children starting at: \$5.90

Newly Renovated and Expanded.
Buffet and Take-Out Options Available.
Lowest Price All-You-Can-Eat Chinese Buffet in the Valley!



Visit our website at www.mainmoonilion.com

MAVIS DISCOUNT TIRE

Saving People Money for Over 50 Years!

LOW TIRE PRICES

PASSENGER		PERFORMANCE		SUV & LT	
PRO SERIES	\$37 ⁹⁹ 155/80-12	PRO SERIES	\$42 ⁹⁹ 195/60-15	PRO SERIES	\$70 ⁹⁹ 225/65-17
185/65-15	\$46 ⁹⁹	205/60-16	\$51 ⁹⁹	235/70-16	\$75 ⁹⁹
195/65-15	\$46 ⁹⁹	215/60-16	\$56 ⁹⁹	265/70-16	\$87 ⁹⁹
205/65-15	\$52 ⁹⁹	225/60-16	\$57 ⁹⁹	225/65-17	\$70 ⁹⁹
205/65-16	\$64 ⁹⁹	205/55-16	\$53 ⁹⁹	235/65-17	\$85 ⁹⁹
215/65-16	\$59 ⁹⁹	205/50-17	\$59 ⁹⁹	245/65-17	\$89 ⁹⁹
225/65-16	\$73 ⁹⁹	225/60-17	\$71 ⁹⁹	225/75-16	\$96 ⁹⁹

POPULAR SIZES, IN STOCK!

SAVE Brand Names for Less

GOODYEAR
UP TO
\$80 OFF
After Mail-In Rebate**

SAVE!

BRIDGESTONE
\$70 OFF
After Mail-In Rebate*

SAVE!

MICHELIN
\$70 OFF
After Mail-In Rebate†

SAVE!

COOPERTIRES

CS5 Touring

\$94⁹⁹

205/70-15

215/70-15 \$97⁹⁹
205/60-16 \$99⁹⁹
225/55-17 \$124⁹⁹

80K MILEAGE WARRANTY

GOODYEAR

Assurance® All-Season

PRICE AFTER REBATE

REG. PRICE
\$79⁹⁹

\$69⁹⁹**
205/65-15

205/55-16 \$89⁹⁹ \$79⁹⁹
225/55-17 \$119⁹⁹ \$109⁹⁹
235/55-18 \$138⁹⁹ \$128⁹⁹

65K MILEAGE WARRANTY

Continental

True Contact™

\$88⁹⁹

185/65-15

195/65-15 \$91⁹⁹
205/65-16 \$102⁹⁹
195/60-15 \$91⁹⁹

90K MILEAGE WARRANTY

MICHELIN

Defender™

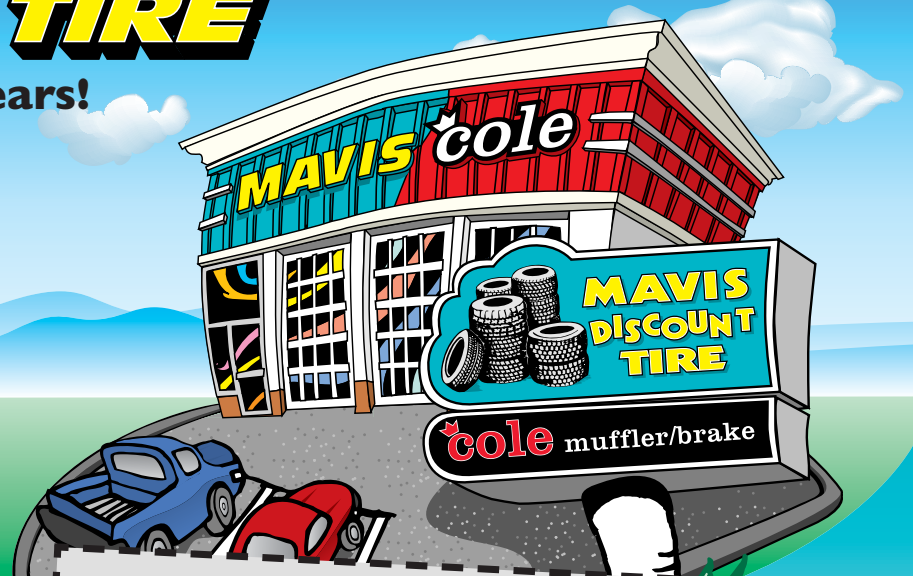
PRICE AFTER REBATE

REG. PRICE
\$97⁹⁹

\$80⁴⁹†
195/60-15

195/65-15 \$99⁹⁹ \$82⁴⁹
215/60-16 \$118⁹⁹ \$101⁴⁹
225/60-16 \$126⁹⁹ \$109⁴⁹

90K MILEAGE WARRANTY



BRAKE SPECIAL

\$129.00, Now ...

SAVE BIG!

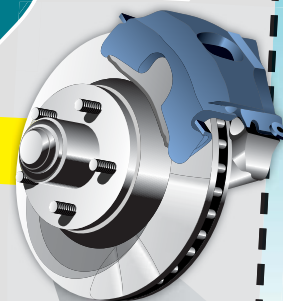
\$79⁹⁹

SUV's, Minivans, Pickups Add \$10

INCREDIBLE DEAL!

Premium Brake Pads
Lifetime Warranty on Pads

Front or Rear pads or shoes. Not Combinable with other offers. Most cars. w/AD. Ends 9/29/18



TIRE ROTATION FREE!

EXTEND TIRE TREAD LIFE

Most cars. w/AD. Not combinable w/ any other offers. Ends 9/29/18



ALIGNMENTS \$10 OFF!

COMPUTERIZED WHEEL ALIGNMENTS

Most cars. w/AD. Not combinable w/ any other offers. Ends 9/29/18



6 MONTHS SPECIAL FINANCING AVAILABLE

on purchases of \$199 or more with your Mavis Discount Tire Credit Card
Subject to credit approval. Minimum monthly payments required. See stores for details.

WE DO NY STATE INSPECTIONS!

Available at select store locations.
Schedule an appointment today!

WE'LL BEAT ANY TIRE PRICE!*

If you've seen a lower price, give us a call.
We will not be undersold!

7 Convenient Locations Near You!

TH COBLESKILL 767 E. Main St **518-823-1293**
HERKIMER 101 S. Main St..... **315-866-1557**
TH NEW YORK MILLS 4863 Commercial Dr **315-294-7958**
ONEIDA 241 Genesee St. **315-363-5400**

ROME 1723 Black River Blvd **315-339-3460**
UTICA 1728 Oriskany St. **315-733-6845**
UTICA 2020 Genesee St. **315-724-4171**

OPEN 7 DAYS! MON - FRI 8AM-6PM, THURS 8AM-8:30PM (SELECT LOCATIONS),
SATURDAY 8AM-5PM, SUNDAY 9AM-5PM

MAVISTIRE.com

** by mail-in rebate when you purchase a set of four, select, Goodyear tires. Must buy 4. Not combinable with any other offers. See store associate for details. Valid 7-1-18 - 9-30-18.
§ by mail-in rebate when you purchase a set of four, select, Bridgestone tires. Must buy 4. Not combinable with any other offers. See store associate for details. Valid 8-2-18 - 10-1-18.
† by mail-in rebate when you purchase a set of four, select, Michelin. Must buy 4. Not combinable with any other offers. See store associate for details. Valid 8-22-18 - 9-20-18.
* we match any local competitor's advertised tire price within 30 days of purchase. Same brand, model, size, and construction.
Actual tread design may vary from those shown. Some items/sizes by special order only. If we are out-of-stock on an advertised item, we will issue a rain check. Purchases may be limited to normal retail quantities. Not responsible for typographical errors. See stores for warranty info. PRICES VALID W/AD ONLY.

Herkimer County Fair Tractor Pull results

The Herkimer County Fair Tractor Pull is sponsored by Clinton Tractor and Buell Fuels. The Frank Potenza Memorial Trophy presented by the Dodge Family for sportsmanship goes to Mike Lewis from Paris Hill.

Clinton Tractor is providing a \$100 gift certificate to all the first place winners in each class. **There were 76 exhibits and the tractor pull results are as follows.**

Antique 5500 pound class was won by Eric Pearson from Johnsonville with a pull of 258.18. Second place goes to David Harasymczuk from Brackney, PA with 247.41 and third place was Derek Hawkins from Rome with 234.22 feet.

Antique 6500 pound class winner was Eric Pearson from Johnsonville with 257.73 feet. Second place goes to David Harasymczuk of Brackney, PA with 251.66. Third place with a pull length of 245.24 goes to Derek Hawkins of Rome.

Natural 7500 pounds first place win-

ner is Eric Pearson from Johnsonville with a pull length of 268.40 feet. Ed Kosakowski from Utica wins second place with 259.60 and third place goes to Joel Dodge of Schuyler with 257.20.

Natural 8500 pounds goes to Ed Kosakowski from Utica with 252.57 feet. Second place is Joel Dodge from Schuyler with 245.14 feet and third place goes to Gary Tuthill from Rome with 227.34 feet.

Natural 9500 pounds winner is Joel Dodge from Schuyler with a pull of 238.77 feet. Second place goes to Ed Kosakowski from Utica with a pull of 237.00. Kevin Szewczyk from Sauquoit took third place with a pull length of 231.84.

Turbo 9,500 pounds winner is Stanley Kosakowski of Sauquoit with a pull length of 286.35. Second place goes to Jonathan Sullivan from Little Falls who pulled 275.93. Dave Mower of Cold Brook pulled 271.53 putting him third place.

Turbo 11,500 pounds winner is Dale

Griffith from Washington Mills with a pull length of 309.15. Second place is Stanley Koszkowski from Sauquoit with a pull length of 302.40. Third place goes to Scott Timmerman from Little Falls with 281.14.

Turbo 13,500 pounds winner is Brad Lewis from Sauquoit with a pull length of 281.56. Second place is Dale Griffith from Washington Mills with a pull length of 280.03. Third place goes to Ken Gardner from Little Falls with 262.48.

Enhanced 7,500 pounds first place winner is Scott Wilcox from West Edmeston with a pull length of 297.32. Second place goes to Kenny Burkurt from Ava with 295.25 and Greg Logan from Fort Ann takes third with 294.29.

Enhanced 9500 pounds first place winner is Adam Diaz from Montrose, PA, with a pull length of 363.46. Second place goes to Jordan Bigelow from Hudson Falls with 288.90 and Ken Roberts from Little Falls takes third with 276.54.

Enhanced 11,500 pounds first place winner is Ken Roberts from Little Falls with a pull length of 289.63. There were no other placements.

Hot Farm 9,500 pounds first place winner is Tom Gardinier from Little Falls with a pull length of 304.04. Second place goes to James Bray from Sauquoit with 288.22. There was no third place winner.

Hot Farm 11,500 pounds first place winner is Jordan Bigelow from Hudson Falls with a pull length of 363.51. Second place goes to Joshua Moy from Greenwich with 325.99 and Travis Eisenhut from Oriskany Falls takes third with 322.00.

Hot Farm 13,500 pounds first place winner is Joshua Moy from Greenwich with a pull length of 320.70. Second place goes to Travis Eisenhut from Oriskany Falls with 303.29 and Tom Gardinier from Little Falls takes third with 302.78.

Ilion girl wins 2018 HCF Dairy Master Showman Award

The Showmanship classes of the Herkimer County Fair 2018 started this year's dairy shows. There were nearly 50 youth showmen this year.

This year's judge was Barbara Hanselman from Delaware County.

Herkimer County Dairy Princess, Connie Frasier from Mohawk, was in attendance to hand out ribbons and trophies.

For the Novice (1st year showing) class first place went to Cooper Karram from Newport and second place was Lily Maxwell from Clayville, NY. Third place went to Savanna

Walrath from Mohawk and fourth went to Ashley Dygert from Mohawk, NY.

In the Preemie class all seven showmen received a blue ribbon. The showmen were Raelynn Brewer from Ilion, Erin Brown from Clayville, Caysen Fisk, Mellena Hawkins from Newport, Brynnlee Holbert from Clayville, Noah Hula from Little Falls, and Trey Talbot from Utica, NY.

For the PeeWee class all four showmen received a blue ribbon. Dylann Casanova from Newport, Logan Johannssen from Mohawk, Evie Mercurio

from Frankfort, and Mia Rigo from Mohawk, NY.

First place in the Beginner class was awarded to Addison Brown from Clayville and second place went to Anna Johannssen from Mohawk. Third place went to Lily Simmons from Frankfort and fourth was Logan Staring.

The Intermediate class started out with first place going to Julia Frasier and second to Lawson Staring. Third place was Owen Allen from West Winfield and fourth was Logen Spellman from Newport, NY.

In the Junior class first place

went to Autumn Borek from Sauquoit, second to Katie Livingston from West Winfield, third to Natalie Fredericks from Little Falls, and fourth to Seth Donahoe from Clayville, NY.

In the Senior class first went to Alissa Collins from Ilion and second went to Samuel Donahoe from Clayville. Third place was Tyler Franklin from Newport and fourth was Taylor Dinitto from Marcy, NY.

The 2018 HCF Dairy Master Showman went to Alissa Collins from Ilion, NY.

A special thanks to this year's generous sponsors: ATRASS

Farm - The Donahoe Family, Browns Feed, Central Contracting, Clinton Tractor, Crazy Ottos - Empire Diner, Dairy One - Tony MaKuch, Farm Credit East, Gardinier Dairy Supply, Gold Star Feed and Grain, Herkimer County 4-H, Herkimer County Farm Bureau, Hubner Seed - John Hill, Jeff's Hoof Trimming - Jeff Huxtable, Ken Morris Livestock, Lutz Feed, Nancy Smith, Runnings of Rome, Select Sire Power, Seward Valley Hay and Shavings, The Hansel Family, and Tractor Supply - Utica.

COOL'S
COLLISION



315-717-6296
You Have The Choice! Choose Cool's Collision
6500 St. Rt. 5, Little Falls

A&N
AUTO DETAILING
All Your Car Cleaning Needs All Makes and Models

Bad Weather Special

Complete Detailing Package
Call For Pricing

Give The Car A Refresher
262 St. Rt 55, Mohawk
315-866-9547

Home Land & Site Clearing
Serving Herkimer
& Otsego Counties
FULLY INSURED

Ron's Tree Removal
Mohawk, New York 13407

27 Years Experience

Clipping • Trimming • Stumping • Saw Milling
Clean Ups & Firewood

Senior Citizen Discounts

315-866-3889 FREE ESTIMATES

Canajoharie Golf and Country Club

LABOR DAY WEEKEND SPECIAL
Fri, Sat., Sun & Mon (8/31-9/3)

\$25 pp Includes 18 Holes Golf, Cart
\$29 pp Includes 18 Holes Golf, Cart & Lunch
~ Tee Time Appreciated ~

Centrally Located
Between Albany & Utica
Meet Your Friends Here!

154 Golf Club Road, Canajoharie, NY 13317
Exit 29 off Thruway, take Rte 10 South to Rte 163 (Only 7 Min)
Pro Shop: 518-673-8183 • Restaurant: 518-673-3635
www.canajohariegolfcountryclub.com • canjogolf@gmail.com

Clarity
HEARING SERVICE

You Should Hear What You've Been Missing!



Latest Automatic "Digital" Hearing Technology

Now Rechargeable Hearing Aids
Never Buy a Battery Again

Call Today 315-796-7491
for your no-obligation appointment and start to hear what you have been missing

Bravo's Heating & Air Conditioning
868-6491

Furnace Tune-Up Starting @ \$75

New Energy Efficient Systems Available
Ntl. Grid Rebate • Energy Savings up to 40%

Forced Air • Hot Water & Radiant • Plumbing • Water Heaters
"You know a Guy"

WE INSTALL & SERVICE ALL BRANDS
www.bravohvac.com

Mohawk native wins Herkimer County Fair Pageant

Each year the fair holds a pageant on Opening Day and this year's Herkimer County Fair Queen is Gabriella Campilango, 17, from Mohawk. First runner up is Kaylee Sanders, 15, of Fort Plain. Second runner up is Olivia Wiehenstroer, 14, from Utica. Third runner up is Madisyn Kraeger from Poland.

The Princess is Addison Hitchcock, 10, from Old Forge. First runner up is Anastasia Halliburton, 11, from Frankfort. Second runner up is Autumn Marie Souza, 11, of St. Johnsville. Third runner up is Makayla Dennis, 10, from Mohawk.

The Prince is Brody Donahue, 8, from Mohawk. First runner up is Hunter Dennis, 9, from Sauquoit. Second runner up is Brendan Corbin, 9, from Utica, and third runner up is Aiden Corbin, 9, from Utica.

Junior Miss winner is Isabella Burton, 9, from Little Falls. First runner up is Giuliana Griffo, 7, from Utica. Second runner up is Bradie Jones, 8, from Poland. Third runner up is Braelyn Foster, 9, from Poland. Fourth runner up is Maryna Harrod, 8, from Frankfort.

Little Miss is Samantha Massey, 6, from West Winfield. First runner up is Riley Moss, 6, from Mohawk. Second runner up is Lilyann Bintliff, 4, from Herkimer. Third runner up is Taryn Hale, 5, from Mohawk. Fourth runner up is Adelae Usyk, 4,

from Herkimer.

Little Mister is Legend Weideman, 5, from Ilion. First runner up is Varick

Homes and Gillette judges, contestants, volunteers and everyone who came out to support the pageant.



Pageant winners Gabriella Campilango, 17, Mohawk; Addison Hitchcock, 10, Old Forge; Brody Donahue, 8, Mohawk; Isabella Burton, 9, Little Falls; Samantha Massey, 6, West Winfield; Legend Weideman, 5, Ilion.

Photo courtesy of the Herkimer County Fair Association

Ward Case, 4, from West Winfield. Second runner up is Mason Cosar, 5, from Ilion. Third runner up is Blake Cosar, 5, from Ilion. Fourth runner up is Jorden Hurteau, 7, from Mohawk.

Congratulations to all the winners and to those who had the courage to participate in the event.

Thank you to American

Take The Scenic Drive - Come See Us

Open Everyday
7am-9pm

1004 Newport-Gray Road
Norway, NY • 845-8949



Norway General Store

Bread & Rolls Baked Fresh Daily

Casual Dining • Fast Food • Groceries
Beverages • Gasoline • Camping Supplies
Ice & Friendly Service!

Herkimer County
Country Editor

Published weekly on Friday by Lee Newspapers
6113 St. Hwy. 5, Palatine Bridge, NY 13428

Publisher, President **Frederick W. Lee**
V.P., General Manager **Bruce Button**
V.P., Production **Janet Lee Stanley**

Classified Ad Manager.....Peggy Patei
Controller.....Lyndsay Bock
Editor.....Joan Kark-Wren
Production Coordinator.....Jessica Mackay
Shop Foreman.....Harry Delong
Social Media Coordinator.....Gabbie Albrecht

John Snyder, Sales Manager
518-673-0129, jsnyder@leepub.com
Jordan Hurd, Sales Associate
518-673-0131, jhurd@leepub.com
Tom Shaver, Sales Associate
315-272-6586, tshaver@leepub.com
Mary Skinner, Sales Associate
518-673-0130, mskinner@leepub.com
Reader ads 518-673-3011 or 800-218-5586
Commercial Printing,
518-673-0101, commercialprint@leepub.com

Send all correspondence to:
Country Editor
PO Box 121
Palatine Bridge, NY 13428

Advertising e-mail: jsnyder@leepub.com
Editorial e-mail: jkarkwren@leepub.com
Web site: www.countryeditor.com

We cannot GUARANTEE the return of photographs. Publisher is not responsible for typographical errors. Size, style of type and locations of advertisements are left to the discretion of the publisher. The opinions expressed in this publication are not necessarily those of the publisher. We will not knowingly accept or publish advertising which is fraudulent or misleading in nature. The publisher reserves the sole right to edit, revise or reject any and all advertising with or without cause being assigned which in his judgement is unwholesome or contrary to the interest of this publication. We assume no financial responsibility for typographical errors in advertisement, but if at fault, will reprint that portion of the ad in which the error appears.

Doggie Styles Grooming Salon

All Breeds Welcomed.

(315) 867-5732
6 W. Main St., Mohawk
Book Early and Often

J.D. JUNK & CLEAN-OUT SERVICES

Make that JUNK Go Away Today!

SAME DAY SERVICE
Since 1995

Any place you live - WE GO!

Rates Starting at \$39.00

ALL CREDIT CARDS
Prompt Same - Day 24/7 Service

315.735.2900
315.450.2230

SUMMER CLEANOUTS

Want Your Junk Gone?
WE WORK YEAR 'ROUND!!
THIS IS WHAT WE CLEAN OUT

Homes • Attics • Basements
Garages • Buildings • Barns
Almost Anything from A-Z

THIS IS WHAT WE TAKE DOWN

Decks • Pools • Garages • Sheds
Almost Anything

WE ALSO DO

Brush & Tree Removal, Yard Cleanups,
Painting, Handyman Service

Country Carriage Auto Body

315-826-7535

- Frame Straightening • Expert Painting
- Towing Available • Hunter 4-Wheel Alignment

Complete Collision Repairs

VIBBARD ENTERPRISE PAVING

We lay the best and service the rest!

Cory Vibbard - Owner • **315-868-4878**

Residential • Commercial
Driveways • Parking Lots
Sealing • Hauling • Stone
Snowplowing and Removal

Confirmed rabid bats and raccoons

Herkimer County is reporting four cases of confirmed rabid animals, two bats in the town of German Flatts and two raccoons in the town of Frankfort. All were sent to Wadsworth Laboratory and confirmed to be infected with the rabies virus.

Residents of Herkimer County are reminded that rabies is endemic in our county and surrounding counties. All bites or possible exposures need to be reported to your local health department. Exposures involving a bat or wildlife need to be reported so proper instruction

can be provided for handling and testing purposes. An exposure to the rabies virus is fatal to people, pets and domesticated animals but very preventable. It is important that pets, including indoor animals, are vaccinated and kept up-to-date with their vaccina-

tions to prevent infection. Our pets are a bridge between wildlife and us; by protecting them you are protecting yourself and others. **An unvaccinated animal exposed to a positive rabid animal will require the decision of a six month quarantine or have to be euth-**

anized. Both are completely avoidable if the animal is up to date on its rabies vaccination. Clinics are listed online. Visit our website for the 2018 rabies clinic schedule at www.herkimer-county.org or make an appointment with your veterinarian. In addition,

you can find more information about rabies on the Center for Disease Control's website at www.cdc.gov/rabies.

If you have any questions or if you would like to pre-register for an upcoming rabies clinic, call Herkimer County Public Health at 315.867.1176.

Mohawk Valley Choral Society begins rehearsals

As it begins its 37th season, the Mohawk Valley Choral Society (MVCS) is inviting amateur and professional singers to join in preparation for its December concert of George Frederic Handel's oratorio "Messiah."

Randy Davis, who will be celebrating his 30th year as artistic director of the choral society, will conduct this concert.

Rehearsals will begin at 7 p.m. on Sept. 10 in the Vocal Music Room of Central Valley Academy in Ilion. Rehearsals will continue each Monday

night until the concert.

Founded in 1982, the non-profit, self-sustaining MVCS is a non-audition choral group composed of both professional and amateur singers ranging in age from teenagers to those in their 80s.

Information about the choral society and its upcoming concert may be found on the "Members Information" page at the MVCS's website at www.mvchoral.org.

Further information may be obtained by calling 315.826.3092 or by emailing any questions to

mail@mvchoral.org.

For over 37 years, the MVCS has brought classical and light classical vocal music to citizens of the Mohawk Valley. They have sung music by composers including J. S. Bach, John Rutter, Wolfgang Mozart, Aaron Copland and Moses Hogan.

Any singer who has an interest in choral singing, has Monday evenings free and is willing to commit to the weekly two-hour rehearsals is invited to join their neighbors and come sing with the MVCS.

Arc Herkimer can help reduce your auto insurance

Arc Herkimer will offer the National Traffic Safety Institute's six hour Traffic Survival Workshop on Saturday, Sept. 8 from 9 a.m. - 4 p.m. in the agency's Training Center at 350 S. Washington St., Herkimer.

Individuals who successfully complete the course will receive up to four points reduction from the total on

their New York State driving record and a 10 percent reduction, for three years, in the base rate of the motorist's current automobile liability, no-fault and collision premiums.

Access for the course is the building's main entrance. The course is open to the public and the fee is \$38. Books and materials are provided. Payment and registration can be made by calling Kelly Bunce at 315.574.7982. Classes are subject to cancellation due to an insufficient number of registrants.

For more information regarding the Arc Herkimer or to view when additional courses will be offered, visit www.archerkimer.org.

POLARIS
CLEARANCE ON 2018 OFF-ROADS
BIGGEST REBATES OF THE YEAR!

Sportsman 450 & 570 ATV's	\$1000 Off
Ranger Side x Sides	\$1000 Off Full Size 570's
	\$800 Off Ranger 500's
	\$1200 Off Ranger XP 900
RZR Side x Sides	\$1500 Off RZR S 1000 EPS
	\$1000 Off RZR 570's & 900's

(Plus other models with rebates to choose from)
Pricing now until Sept. 30th - but **don't wait** - when they're gone, they're gone!

Zambri's Motorsports, LLC
8319 St. Rte. 5, Little Falls, NY 13365 • 315-823-2760

Cherry Valley Memorials

In Honor of Our Veterans



Call for more information
Main Office 607-264-8201
Gloversville Store 518-725-2012
Visit us at www.cvmemorials.com

Curious About Your Water Quality? Call the Expert!!!

COUNTRYMAN WATER CONDITIONING

SALES • SERVICE • RENTALS

• A Family Business Since 1956 •
Certified Water Specialist
6880 State Hwy. 5S
Fort Plain
countrymanwater@yahoo.com
518-993-2888 • 1-800-993-2824

Small Engine Repair

DON'T WAIT TO SERVICE YOUR POWER EQUIPMENT!
We can get you up & running for all your seasonal projects

Briggs & Stratton Certified Mechanic



COLLIS HARDWARE
True Value *Just Ask RENTAL* Buy What You Want. Rent What You Need.®
104 N. Main St., Herkimer, NY • 866-0826
WWW.TRUSITE.COM/COLLIS • Mon.-Fri. 7:30am-6pm; Sat. 7:30am-5pm; Sun. 9am-3pm

VHS sponsoring October CNA Class

HERKIMER – For a rewarding career in the healthcare field, Valley Health Services (VHS) invites participants to enroll in our NYS-approved Certified Nursing Assistant (CNA) training course scheduled for October 2018.

Participating students of the CNA program will receive 120 hours of classroom and clinical instruction including communication and interpersonal skills, basic nursing and personal care skills, mental health and social service needs, care of cognitively impaired residents, basic restorative services, residents' rights and supervised clinical training with nursing home residents.

The CNA training program is a paid training opportunity with no expense to the student interested in a career in the healthcare field. Applicants for the program must have a high school diploma or equivalent.

To enroll in the October training class, candidates must complete the full application packet on the VHS website at www.valleyhealthservices.org/hr.html and email the completed application packet to Lynn Hocking, human resources director, at lhocking@valley-healthservices.org no later than Sept. 14, 2018.

Opportunity for season hockey tickets

The Mohawk Homestead is offering an opportunity to obtain two season passes for the Utica Comets hockey games. Two lucky people will be able to attend all the home games for the 2018-19 season. For a donation of \$10 anyone will be given a numbered

ticket for a drawing taking place Sept. 5 at 5 p.m. There are only 300 tickets being sold and the time for obtaining the tickets will end on Aug. 31. Tickets are available at the Mohawk Homestead at 62 East Main St. in Mohawk or by calling Debbie at 315.558.9788.

MOSHER'S PLUMBING & HEATING LLC

• Roto Rooter Services • Air Conditioning
• Home Heating Systems • Water Heaters and more
24 HOUR EMERGENCY SERVICE - FULLY INSURED
Brian Mosher 24 Years Experience
315-868-1846 518-568-7939

CHARLES D. STAHL

"SPECIAL TRUCKLOAD SALE"
Approx. 5 Face Cord "Seasoned" **\$425**
Approx. 7 1/2 Face Cord **\$550**
Approx. 11 Face Cord **\$825**

FURNACE CHUNK WOOD
Approx. 11 Face Cord **\$725**
Prices may include extra delivery charge.

315-823-1982

HEAP VENDOR

Area Church Services

COLD BROOK
COLD BROOK
UNITED METHODIST CHURCH
467 Main St.
Sunday Worship 10:30 AM

DOLGEVILLE
NEW HOPE CHRISTIAN FELLOWSHIP
Pastor Pat Andreoli
32 Spencer St.
Sunday School 9:30 AM
Sunday Worship 10:30 AM
Tuesday Bible Study 7 PM

GRACE BAPTIST CHURCH OF DOLGEVILLE
Paster Len Byarty
12 Van Buren St.
Sunday School (All Ages) 10-11 AM
Morning Worship 11-12:30 PM
Lunch 12:30-2 PM
Afternoon Worship 2-3 PM

DOLGEVILLE UNITED
METHODIST CHURCH
Rev. Anthony Bradseth
21 N. Helmer Ave.
Church Phone 429-7381
Sunday Church Service
Oppenheim @ 9:30 AM
Dolgeville @ 11 AM

DOLGEVILLE CHRISTIAN
FELLOWSHIP
Pastor Marvin Isum
3 Elm St. Phone 429-8390
Sunday Worship 10:30 AM
Mid-week Service Tuesday 7 PM

UNITED LUTHERAN
PRESBYTERIAN PARISH
26 E. Faville Ave.
Worship 11 AM

ST. JOSEPH'S ROMAN
CATHOLIC CHURCH
Deacon Jim Bower, Administrator
Rev. T. Healy, Sacramental Minister
31 N. Helmer Ave.
Phone 429-8338
Mass 9 AM Sun, Mon & Wed

FRANKFORT
OUR LADY QUEEN OF APOSTLES
414 Frankfort St., Frankfort, NY
Pastor: Father Paul Catena
Deacon: Micheal Carbone
Mass Schedule: Saturday 5:30 pm;
Sunday 9:00 am; Tuesday & Thursday 9:00 am

HERKIMER
SS PETER and PAUL
ORTHODOX CHURCH
Rev. Thaddeus Franta
305 Main Rd., East Herkimer
Phone 866-3272
Wednesday Vespers 5PM
Saturday Evening Vespers 4 PM
Sunday Divine Liturgy 9:30 AM
Holy Day Liturgy 9:30 AM

TEMPLE BETH JOSEPH
Rabbi Ronald Kopelman
327 N. Prospect St.
Phone 866-4270
Friday 8 PM • Saturday 9 AM

HERKIMER
ST. FRANCIS de SALES CHURCH
Rev. Mark Cunningham, Pastor
219 N. Bellinger St.
Phone 866-4282
Saturday Vigil Mass 4 PM
Sunday Mass 8 & 10:30 AM

CHURCH OF SAINTS
ANTHONY and JOSEPH
Rev. Quy Vo, Pastor
229 S. Main St.
Phone 866-6373
Saturday Vigil Mass 4 PM
Sunday Mass 10 AM

REDEEMER CHURCH
Pastor Michael Servello
931 Herkimer Rd.
Utica, NY 13503
Phone 792-4748
Saturday 6 PM • Sunday 9 & 11 AM

OAK RIDGE FREE METHODIST CHURCH
Pastor Chris Schumske
838 W. German St.
Sunday School (All Ages) 9:30-10:20 AM
Worship Service 8:30-10:30 AM
with iPraise for the children (K-5th grade)
Phone 866-0575

UKRAINIAN ORTHODOX CHURCH OF
ST. MARY'S PROTECTRESS
326 Moore Ave.
Sunday Divine Liturgy 10 AM
Holy Day Liturgy 9 AM
Phone 866-1336

NEW LIFE CHURCH
Pastor David Hayner
337 Protection Ave.
Phone 866-1164 • www.nlc-mc.org
Worship 10 AM
Wednesday Worship 6:30 PM

TRINITY EVANGELICAL
LUTHERAN CHURCH
Rev. Ann Zimmerman, Pastor
Corner of West German & Henry Streets
Phone 866-6474
Sunday Services 8 AM Spoken
Sunday Worship Service
10:30 AM with Music
Bible Studies on Thursday Mornings at 10 AM

THE SALVATION ARMY
Lieutenants John and Lori Wood
429 N. Prospect St.
Phone 866-1240
www.thesalvationarmy.org
Sunday School 10 AM
Morning Worship 11 AM

FIRST UNITED
METCHODIST CHURCH
OF HERKIMER AND LITTLE FALLS
Pastor Joelle Faulks
Prospect St & Park Ave.
Sunday Worship 8:30 & 10am
Sunday School 10am during school year

HERKIMER
CHURCH OF JESUS CHRIST
OF LATTER-DAY SAINTS (MORMONS)
Branch President Blake Francisco
Gros. Blvd., East Herkimer
Phone 315-866-8095
Priesthood/Relief Society 12:10 PM
Sunday School 11:20 AM
Sacrament Meeting 10 AM
Family History Center hours by
appointment; please leave a message at
315-866-7189

HERKIMER REFORMED CHURCH
102 Church St.
Phone 866-1523
Worship 9:30 AM
Sunday School 11 AM
Shepherd's Table:
Tuesday 11-12:30 PM
Thursday 11:30-12:30 PM
Shepherd's Table Dinner:
First & Third Tuesday 6 PM

CHRIST EPISCOPAL CHURCH
Rev. Jill Stellman
300 N. Main St.
Church Office (315) 866-0551
Email: christchurchherkimer@mail.com
www.christchurchherkimer.org
Sunday Services: 10:30 AM
Bible Study: Fridays 7:00 PM (Parish Hall)
Free Community Dinner: Next-to-last and Last
Saturday of the month 5:00 PM (Parish Hall)
Entrance to Parish Hall is on Mary Street

ILION
ILION COMMUNITY CHURCH
Pastor Dean Mabry
44 Central Plaza
Sunday Worship 10am
Child Care/Kids Church Available
ilionchurch.com

SAINT AUGUSTINE'S
EPISCOPAL CHURCH
Bishop - Dan Herzog
78 2nd Street
Phone: (315) 894-3775
Sunday School at 8:45 AM
Adult Bible Study at 8:45 AM
Holy Eucharist at 9:35 AM

FIRST PRESBYTERIAN CHURCH
90 Morgan St., Ilion, NY, 13357
Reverend Richard Riggle
Bible Study 9:30am
Church Service 10:30am
315-894-2070

FIRST BAPTIST CHURCH
8 Second Street
Reverend John Partise
Sunday Worship 11 AM

MORNING STAR UNITED
METHODIST CHURCH
36 Second Street
Reverend Bob Wallaber
Sunday Worship 10 AM
November 1 - May 1
4224 Acme Rd, Frankfort
May 1 - November 1
36 Second Street, Ilion

ILION
ANNUNCIATION CHURCH
109 West Street, Ilion, NY
Pastor: Father Paul Catena
Deacon: Micheal Carbone
Mass Schedule: Saturday 4:00 pm; Sunday
11:00 am; Monday & Wednesday 9:00 am

LITTLE FALLS
FIRST BAPTIST CHURCH
555 Albany St.
Morning Worship will begin at 10:15 AM
Rev. Chris J. Wintermute will be speaking
this morning.
Nursery (infants through age 4)
Junior Church (K-4) during Morning

FIRST BAPTIST CHURCH CONTINUED
Worship Service
Sunday School Classes 9 AM
(nursery through adult)
Morning Worship Service 11 AM and is
broadcast live over radio station WIZR,
930 on the AM dial with a one week delay.
Monday School Board Meeting 6:30 PM
Tuesday Trustee Meeting 7 PM
Wednesday Final Bible Study & Prayer
Time at homes 7 PM
Thursday Choir Practice 7 PM

HOLY SPIRIT POLISH NATIONAL
CATHOLIC CHURCH
Father Rafael Dadello
615 E. Gansevoort St.
Phone 823-0793
Sunday Mass 11 AM

ST. PAUL'S UNITARIAN
UNIVERSALIST CHURCH
Minister Jeffrey J. Frank
Mark Bunce, Organist
565 Albany St.
Phone 823-2284
Sunday Service & Religious Education 10 AM

HOLY FAMILY PARISH OF THE
ROMAN CATHOLIC COMMUNITY OF
LITTLE FALLS
Deacon Jim Bower, Administrator
Rev. T. Healy, Sacramental Minister
763 E. Main St.
Phone 823-3410
Saturday Vigil Mass 4 PM
Sunday Mass 10:30 AM

EMMANUEL EPISCOPAL CHURCH
588-594 Albany St.
Sunday Schedule:
High Mass, Rite II 10 AM
Nursery & Sunday School 9:45 AM
(Sept.-May)
Fellowship Coffee Hour 11:15 AM
Choir Rehearsal 11:30 AM
Holy Day Masses as announced
Confessions by appointment

FIRST ASSEMBLY OF GOD
Senior Pastor Timothy Parisi
559 E. Jefferson St.
Phone 823-4043 • firstaglf@gmail.com
Sunday Morning All Worship 10 AM
Thursday Bible Study 6:30 PM

LITTLE FALLS
HOLY TRINITY LUTHERAN CHURCH
512 E. Gansevoort St.
Sunday Worship 9:30 AM
Sunday School 9:15 AM
Wednesday Services 12:10 PM & 7 PM

FIRST PRESBYTERIAN CHURCH
Pastor Tamara Razzano
16 Jackson St.
Phone: 315-823-3004
Email lffirstpres@gmail.com
www.presbylif.org
Sunday Worship 10 AM
Sunday School 10 AM

MIDDLEVILLE
MIDDLEVILLE UNITED METHODIST
Rev. Robert Lindsay
24 Rte. 29
Phone 845-8730
Sunday School 9:30 AM
Worship Service 9:30 AM

MOHAWK
GRACE EPISCOPAL CHURCH
Rev. Sally Heiligman
7 E. Main St.
Phone 315-866-4782
or 315-520-4723
Holy Eucharist 10 AM

DENNISON CORNERS
COMMUNITY CHURCH
Pastor Donald King
219 Robinson Rd. • Phone 866-5215
Sunday:
Sunday School 9:45 AM
Morning Worship 11 AM
Evening Worship 6 PM
Wednesday Prayer 7 PM

MOHAWK REFORMED CHURCH
Rev. Brian Engel, Pastor
20 S. Otsego St.
Phone 866-4292
Email mohawkpastor@verizon.net
Follow us on Facebook
Morning Worship:
10:30 AM Sept. - June • 9:30 AM July-Aug.
Youth Sunday School (Pre-K - Sr. High) 9 AM
Adult Sunday School (Men, Women
& Couples) 9:30 AM
September - June

EMMANUEL BIBLE CHURCH
Pastor Gary Wilcox
54 W. Main St. • Phone 717-3011
Sunday School 9:45 AM
Morning Worship 11 AM
Fellowship Lunch 12:30 PM
Afternoon Bible Study 1:30 PM
Wednesday Prayer & Bible Study 6 PM

CHURCH OF THE BLESSED
SACRAMENT
Sr. Mary Jo Tallman, CSJ,
Parish Life Director
Rev. Mark Cunningham,
Sacramental Minister
71 E. Main St.
Phone 866-1752
Saturday Vigil Mass 5:30 PM
Sunday Mass 9:30 AM

MOHAWK
CHRISTIAN BIBLE CHURCH
H. Ed Reed, Pastor/Teacher
167 Ward Rd.
Phone 858-1282
www.christianbiblechurch.us
Sunday School 9 AM
Sunday Worship 10 AM
Wednesday Bible Study
& Prayer Meeting 7 PM

THE WORD CHRISTIAN CENTER
Pastor Gene Kipper
27 E. Main St.
Phone 868-1790
Sunday Services at 10 AM
Intercession - Tuesdays at 7 PM
Free Community Dinner the last
Thursday of the Month at 6 PM

NEWPORT
FIRST BAPTIST CHURCH
OF NEWPORT
7497 Main Street
Pastor's Phone 315-790-1877
Sunday Worship at 9:45am

UNITED METHODIST
Rev. Robert Lindsay
Phone 845-8730
Sunday School 11 AM
Morning Service 11 AM

KUYAHOORA COMMUNITY CHURCH
Pastor Dwayne Durand
West Canada Valley
High School Auditorium
5447 St. Rt. 28
Mailing Address PO Box 50
Middleville, NY 13406
Phone 315-292-1303
www.kuyahorracc.org
Weekly Service Sunday 10:08 AM

ST. JOHN THE BAPTIST
CATHOLIC CHURCH
Rev. Quy Vo, Pastor
St. John the Baptist Parish
7516 N. Main St. • Phone 845-8017
Monday & Wednesday 9 AM
Saturday Vigil Mass 6 PM
Sunday Mass 8 AM

PAINES HOLLOW
PAINES HOLLOW
UNITED METHODIST
Lay Servant Gregg Sponburgh
Rtes. 167 & 168 • 315-866-1128
Worship 9-10AM

SALISBURY CENTER
FULL GOSPEL ASSEMBLY OF GOD
Pastor Robert Brent
106 Plant Road
Sunday Worship 11 AM
with Children's Church offered
during the service

**Pohlig's**
Area's Leading
Wallcovering Store
315-823-2640
634 E. Main Street
Little Falls, NY 13365

**COLLIS**
True Value.
HARDWARE
Help Is Just Around The Corner
104 N. Main St., Herkimer,
Ph. 866-0826

DANS AUTO
REPAIR
Old Fashioned Service and Honesty
Dan Hight - Owner/Operator
6500 State Route 5
Little Falls, NY 13365
Shop Phone 315-508-5061
Cell 315-868-8166
or 315-868-1575

Humphrey Memorials, Inc.

3051 State Rte. 28,
Herkimer, NY 13350
Monument Sales & Engraving
Professional Memorial Cleaning
Specialty Sandblast & Etching
315-866-4471
humphreymemorials.com

**SUPERMARKET**
Lamberson St.,
Dolgeville • 429-8518

Big
Willy's
Pizzeria
894-2057 • 894-7855
121 East Main St.
Frankfort, NY

**LYNCH**
Heating
& Cooling
11 South Main St.,
Dolgeville
518-527-9881

Main Street
Chiropractic
Health and Wellness Center
• Flexible Walk in Hours
Dr. Kathleen Fusco
• Insurance Not Necessary
8841 N. Main Street
Poland, NY 13431
(315) 826-7772

**115 Court Street**
Herkimer, NY
(315) 866-4590
40 West James Street
Richfield Springs, NY
(315) 858-1810
Same Ownership

**Gina Trzepacz - Timpano**
1309 Champlin Ave. PO Box 123
Yorkville, NY 13495
MEMORIALS • PRE-PLANNING
MEMORIAL RESTORATION
Ph/Fax: 315-736-1781 Cell: 315-723-7445
gina@yorkvillememorials.com

"It's Always Worth A Trip To Zipp"
ZIPP
True Value
Hardware
73-77 N. Main St. Dolgeville
315-429-9761

**Quality Used**
Cars With a
Warranty!
WHITCOMB AUTO
SALES
6500 St. Rt. 5, Little Falls, NY 13365
Thomas C. Whitcomb, Owner
Phone 315-823-1320
www.whitcombautosales.com

Whiter-Hendrix
Funeral Home, Inc.
Since 1893
"When Experience Matters"
100 Otsego Street
Ilion, New York
894-3781

Superior
Home
Health Care
Providing Care In The Home
(315) 866-7932
703 Middleville Rd.,
Herkimer, NY 13350

**Valley Realty**
315-866-7702
Cell 315-868-4339

W.E. AUTENRITH
SONS, INC.

Funeral
Home
845-8532
Newport, NY
Eric J. Newman, Director

**Newport**
Telephone
Company

**Quality Used**
Cars With a
Warranty!
WHITCOMB AUTO
SALES
6500 St. Rt. 5, Little Falls, NY 13365
Thomas C. Whitcomb, Owner
Phone 315-823-1320
www.whitcombautosales.com

Back-to-school ice breakers to ease first day fears

Parents and educators can sometimes underestimate children’s anxiety over the dawn of a new school year. Many students feel nervous when wondering if their teachers will be nice or if they will make new friends. These worries may be compounded by the return to routine and the end of an enjoyable period of rest and relaxation.

In 2015, CNN polled campers at a summer day camp outside New York City. The campers were elementary school students who were asked about what they were most nervous about for the return to school. Homework, tests, competition, greater expectations, grades, and making new friends topped the list of fears.

To help students transition to the classroom with fewer worries, teachers and parents may want to initiate ice breakers and other stress-reducing interactions. Here are some ideas.

Buddy up

Many schools will give out classroom assignments a few days before the first day of school. Parents can investigate who is in their child’s homeroom and initiate contact with the parents of one or more of those students. Collectively, parents can make a buddy plan for students to arrive to school together and enter the classroom as a team. Coordinate clothing colors or have students wear another unifying symbol. This may allay fears and make the first day of school more fun.

School selfie

Students can craft “school selfies” on a piece of paper using a smartphone image template. This selfie illustration will give the class key facts about each student and present an interesting, creative and enjoyable way for students to get to know one another.

Student word search

Word searches are entertaining and educational tools that can be put to use in the classroom. Parents or teachers can create word searches featuring the first names of all the students in the class. Children often enjoy searching for their own names, and then

they can help others, opening up lines of communication.

Word searches also can be customized for any subject. Therefore, if student names aren’t desired, the theme can be classroom items or school terms.

Personal introductions

Students may worry about teachers mispronouncing their names or using a full name instead of a nickname. Rather than a traditional roll call, teachers can encourage students to introduce themselves to classmates, using their preferential name and including a brief synopsis of their interests and what makes them unique.

Teachers also can initiate other ice-breakers by giving students a sheet with various questions, which students then have to complete by asking around among the other students. For example, “Who has a pet fish?” or “Find someone who has blue eyes.”

The first day of school can be difficult for some children. Fun activities and some extra effort from parents and teachers can make the return to the classroom less stressful.

HOSKING SALES LLC – CERTIFIED ORGANIC MARKETING AGENCY

Weekly Sales Every Monday 11:30 with Misc. & Small animals followed by Dairy & Livestock

Mon. Aug. 20th - Sold 247 head. Cull Ave. \$.45 Top Cow \$.69, Bulls/Steers \$.60- \$.83, Bull calves top \$1.00, beef calf \$1.65, heifer calf top \$.95, Goats top \$240.00, Lambs 45#-60# \$1.45- \$1.80, 61# -90# \$1.70 - \$1.90, Sheep up to \$1.52, Dairy feeders \$.49 - \$.76.

Mon. Sept. 3rd - Normal Monday Sale and Monthly Fat Cow & Feeder Sale. Special: Buck-Rose Complete Reg. & Grade Holstein Dispersal. 70 head with 50 milking age and balance youngstock. DHI records, AI sired. SCC 179,000 ave. 50#/cow. Dairy starts at 1:00.

Fri. Sept. 7th - 11:30 AM sale held at the sale barn. Nutmeg Acres Complete Registered Brown Swiss & Holstein Dispersal. Selling 80 head - 60 Swiss & 20 Holsteins. 45 milking age balance youngstock. Show age calves & heifers in this group all by popular sires! RHA 18,185 4.4 753 3.3 592 SCC 170,000. Owners: Lewis & Trudy Tanner, Warren CT. 860-868-2120 cell: 860-685-0708. Watch for more complete details.

Mon. Sept. 10th - Normal Monday Sale monthly Heifer Sale

Sat. Sept. 22nd - sale to be held at Sale barn - New Berlin, NY. 12:00 PM E.S.T. Empire State Farms Complete Final Chapter Complete Fullblood Wagyu Dispersal. Approx. 100 lots sell including: Young & Mature cows, Bred & Open Heifers, herd sire prospects, preg. Recipients, cow calf pairs, embryos & semen. Watch for more complete details.

Mon. Oct. 15th - Normal Monday Sale & Monthly Sheep, Lamb, Goat & Pig Sale. Special: Mark Leonard Reg. & Grade Holstein Milking Herd Dispersal - Dairy sells at 1:00.

Fri. Oct. 26th - Fall Premier All Breed Sale - accepting 100 Registered Dairy Cattle All breeds. Call today with your quality consignments. Good cattle are still selling good our Spring Sale had a top of \$5100.

****Trucking Assistance** - Call the Sale Barn or check out our trucker list on our Web-Site. Call to advertise in any of these sales, it makes a difference. Watch website for any last minute updates.

Directions: Hosking Sales LLC - 6096 NYS Rt. 8, 30 miles South of Utica & 6 miles North of New Berlin, NY.

www.hoskingsales.com Like us on facebook

LOOKING TO HAVE A FARM SALE OR JUST SELL A FEW – GIVE US A CALL

Tom & Brenda Hosking & Family
6096 St. Hwy. 8, New Berlin, NY 13411



607-847-8800
cell: 607-972-1770 or 1771

1st Annual Mohawk Valley Machinery Consignment Sale

Sat. Sept 22, 2018 • 9:30 AM

1300 State Hwy 163, Fort Plain

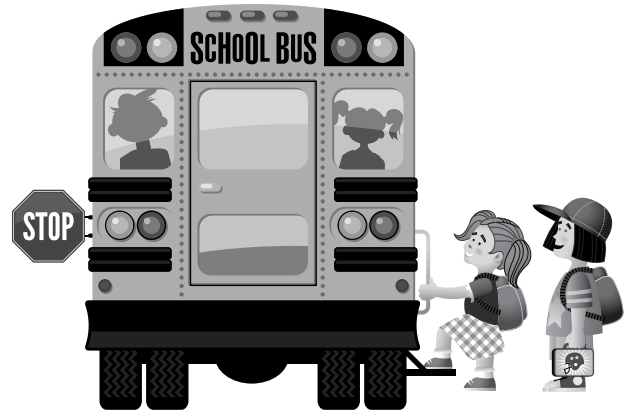
Selling: Int 1566 w/duals, Allis Chalmers Two Twenty, Farmall H, Minneapolis Moline M5 w/Loader, 67 Ford Dump Truck, 72 GMC Dump, 80 GMC 1 Top Dump

There will be a lot more coming in.

Go to Auctionzip.com #35160 for pictures

Terms: Cash or Check Refreshments Available

Armitstead Auctions • 518-993-2290



ANTIQUE Consignment Auction

131 MOHAWK STREET HERKIMER NY at the VFW

FRIDAY NIGHT September 14th 6:00pm

Taking Consignments Thursday Sept 13th and Friday till noon and by appt. Preview starts at 3:00pm

Already Consigned is a 4 ft tall Concrete Jockey Boy Stature, Antique Wide Board Dovetailed Blanket Chest, Antique Furniture from an Estate in Mohawk, and much more still coming. Taking Consignments for Cupboards, Antiques, Furniture, Collectibles, Crocks, Jugs, Primitive Furniture and more..

Contact JR’S Auction for consignments 518-993-4668

Whatchamacallits

Shoemakers, also known as cobblers or cordwainers, produce footwear from leather, wood, rubber, plastic, jute or other plant material. There is no specific time period that can claim the start of the handicraft of shoemaking, but the most basic footwear were sandals in the Mediterranean and Far East regions, either tied or woven together. In colder regions, a “boot” made out of a single piece of hide tied with a thong was the go-to. Wooden shoes were developed in medieval Europe, advantageous for protecting workers’ feet in muddy and damp conditions.

Leather shoes rose to popularity in the 1600s. A traditional shoemaker then would measure a customer’s feet and cut out upper leathers for the required size. The parts would be stitched together before the sole was as-

sembled, made of soft leather for the inside and tougher leather for the outside. The insole would then be attached to a last, or a model of a foot often made of wood, which was used to form the shoe.

Over history more than 15 techniques of the art of sewing shoes have arisen. Some of these styles include pegged, welted, Norwegian, stitchdown, turnout, German sewn, moccasin, bolognese stitched and blake-stitched.

A shoe stitching machine was invented by American Lyman Blake in 1856 and perfected by 1864 which aided in the quicker production of shoes. By the end of the 1800s, however, the handicraft of shoemaking had become almost entirely mechanized – making mass-produced shoes easier to find and more affordable, but they often lacked the

uniqueness that a cobbler could produce.

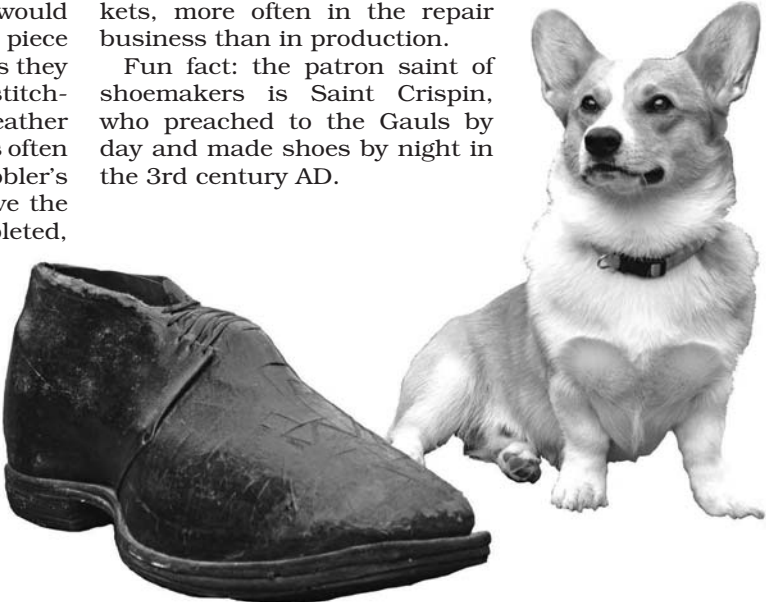
This large shoe – which is about 24 inches long – would have served as a practice piece for a cobbler’s apprentice as they learned the finer points of stitching and sewing together a leather shoe. The practice shoe was often placed prominently in a cobbler’s window or suspended above the shop door after it was completed, as a form of advertising. (We have used Monty, a 10-month-old Corgi, for scale reference.)

Traditional shoemakers are still at work today, especially in poorer parts of the world. Modern machinery used by cobblers today include die cutting tools to cut the shapes and grommet machines to punch the

holes for lacing.

In other regions of the world, cobblers still have niche markets, more often in the repair business than in production.

Fun fact: the patron saint of shoemakers is Saint Crispin, who preached to the Gauls by day and made shoes by night in the 3rd century AD.



Do you have your own Whatchamacallit?
Send a photo and short description to cllewellyn@leepub.com or call Courtney at 518.673.0144

Chow Line: Simple suppers make mealtimes fun and easy for families, kids

I'm a mom of twin preschoolers and want to make sure that I teach them healthy eating habits at an early age. How I can do that and stay within a modest food budget?

It's wonderful that you want to establish healthy eating habits in your children starting when they are young. Research has shown that ensuring good nutritional habits, particularly early on, can help prevent childhood obesity and other chronic diseases.

In addition to having a healthy weight, establishing healthy eating habits in children can help them have more energy and happier moods, and also can help them have those habits for the rest of their lives, experts say.

One way to help instill better eating habits in your children is to take advantage of great programs out there like Simple Suppers. The new free nutrition program created by researchers at The Ohio State University teaches families how to establish healthy eating behaviors without having to spend a lot of money at the grocery store.

The 10 lessons in the Simple Suppers program provide options that address both the benefits and constraints of healthy family mealtime routines.

The program utilizes balanced meals with low-cost ingredients that are easily attainable by families and encourages children to be involved in food and meal preparation with their families, said Carolyn Gunther, an associate professor of human sciences and state specialist for Ohio State University Extension.

While some of the program's curriculum is available online, OSU Extension educators will soon begin offering in-person classes for families across Ohio, she said. OSU Extension is the outreach arm of the College of Food, Agricultural, and Environmental Sciences at Ohio State (CFAES).

The program focuses on establishing healthy family mealtime routines for improved diet and weight status, Gunther said.

"Family meals can be a good way to help kids have better eating habits," she said. "The lessons covered in the program teach families how to manage their resources when planning and preparing meals using budget- and time-saving strategies, how to compare various food options and sizes for meals, and how to get everyone involved in establishing healthy family mealtime routines."

The Simple Suppers lesson plans cover the following topics:

- Making family mealtime fun
- Planning family meals on a budget
- Timesaving strategies for family meals
- Connecting with children through meals
- Planning well-balanced family meals
- Rethinking your drink
- Making healthy cooking tasty and easy
- Serving and eating healthy portions
- Eating healthy away from home
- Planning fun and healthy snacks

The program is offered to the entire family, with each class directed to either children or adults.

For example, during lesson one, "Making family

mealtime fun," children get to decorate an apron and learn how to set a dinner table, while parents have discussions on the benefits of family meals and get tips on how to make the meals both nutritious and fun.

The Simple Suppers program also offers easy, low-cost, nutritious, family-friendly recipes, including:

- Fruit and Yogurt-topped Whole Wheat Pancakes and Veggie Scrambled Eggs
- Fiesta Skillet Dinner with Fresh Fruits and Veggies
- Breakfast Burrito with Salsa and Baked Apple Wedges
- Quick Skillet Lasagna with Fresh Veggies and Dip and Crunchy Frozen Bananas
- Baked Potato Bar with Chicken Tortilla Soup and Fresh Vegetables and Orange Fluff Salad

- Meatloaf Muffins with Twice-as-Nice Mashed Potatoes and Fruit Pudding

- Garden Sloppy Joes with Cucumber Salad and Easy Fruit Salad

- Scrambled Egg Muffins with Microwave-Roasted Potatoes and Crunchy Berry Parfaits

- Cheesy Crunchy Chicken Tenders with Applesauce and Glazed Carrots

- Pizza Party Pizza with Tossed Salad and Berry-Good Banana Splits

Chow Line is a service of the College of Food, Agricultural, and Environmental Sciences and its outreach and research arms, OSU Extension and the Ohio Agricultural Research and Development Center.

Calendar of events

Sept 1

Golumbki & Pierogi Sale. 9:30 a.m. - 2 p.m. St. Mary's Ukrainian Orthodox Church, 324 Moore Ave., Herkimer. Traditional and blueberry-filled pierogi \$8 dozen. Golumbki \$13 half dozen.

Sept 4

Tai Chi Classes. 2-3 p.m. Valley Residential Services, 161 Valley Drive, Herkimer. The class will run every Tuesday and Thursday for eight weeks. No classes on Oct. 2 and 4. Class will end on Nov. 1. Call Herkimer County Office For the Aging At 315.867.1371 The instructor will be Jackie Murphy.

Tai Chi Classes. Starts Sept 5. 1-2 p.m. At The Ilion Library 78 W. Street, Ilion. The class will run every Monday and Wednesday for eight weeks. No classes on October 1, 3, and 8. Class will end on Nov. 7. Limit of 25 participants. Call Herkimer County Office For the Aging At 315.867.1121.

Sept 6

2018 Rabies Clinic Vaccination Schedule. 5:30 - 7 p.m. Cedarville Fire Department 960 St. Rt. 51, Cedarville. Pre-register by calling 315.867.1176.

Sept 8

National Traffic Safety Institute's six hour Traffic Survival Workshop. 9 a.m. - 4 p.m. Training Center at 350 S. Washington St., Herkimer. \$38. Payment and registration can be made by calling Kelly Bunce at 315.574.7982.

Sept 8-9

Fort Klock 46th Annual Craft Fair. Fort Klock is located at 7214 State Route 5, St. Johnsville. Spaces \$50 for the two days. For more information contact Joan Kark-Wren at 518-649-2531, find us on Facebook, <https://www.facebook.com/forklockcraftfair>.

com/fortklockhistoricrestoration or stop by the Fort Friday-Monday to pick up an application.

Sept 9-15

National Assisted Living Week. Valley Residential Services, 690 West German Street, Herkimer, NY. There will be a variety of activities offered, during this momentous week, including a Grandparents Day tea, Proclamation delivered by Village of Herkimer elected officials, VHS Bell Choir, family photos, "Make Your Own Sundae" in the courtyard, with music by Anthony LaBarbara, and more. For the full agenda of activities and more information about National Assisted Living Week, please call the Director of Community Life at Valley Residential Services at 315.219.3239.

Starts Sept. 10

"Structures" by Rainer Maria Wehner. Sept 10 - Nov. 2 18. An artist's reception will be held on Friday, Sept. 14 from 5:30 to 7:30 p.m. in the Cogar Gallery. Herkimer College's Cogar Gallery, Herkimer. "Structures" by Rainer Maria Wehner will be on display Monday, Sept. 10 through Friday, Nov. 2. For more information, visit www.herkimer.edu/cogar.

Sept. 11

17th annual Patriots Day / September 11th Remembrance Ceremony. 7 p.m. Newport Volunteer Fire Station. Cake and refreshments available. Participating in the ceremony will be local fire departments, area veterans groups, EMS providers, and law enforcement agencies, municipal officers, elected officials, school students, and members of our community. Anyone with questions contact John Murphy at 315.845.8139 jemdrn@ntcnet.com or Dave Jones nfddave@gmail.com.

Last Left Band. 6 - 8 p.m. 420 E. German Street, Herkimer. Reschedule from August. Admission free. Families can enjoy a concession stand and the playground. Bring a blanket or chairs and lis-

ten to the music from the park's bandstand. For more information, please call 315.574.7000 or visit archerkimer.org.

Sept. 15

September Craft Fair. 10 a.m. - 2 p.m. 420 E. German Street, Herkimer. For more information, please call 315.574.7000 or visit archerkimer.org.

Arc Park September Craft Fair. 10 a.m. - 2 p.m. Arc Park, 420 E. German Street, in Herkimer, NY. Call Ashlee Tyo at 315.574.7745 for reservations or more information.

Sept. 23

17th Annual Ladies Day of Encouragement Richfield Springs Bible Church. 17 Church St., Richfield Springs. Our featured speaker is Eileen Banks sharing how we can have "a house full of joy!" Coffee, muffins and lunch will be served. Free event. All ladies welcomed. Please RSVP by Sept. 14. Or use our Facebook Ladies Day of Encouragement at RSBC. Baby sitting is available but we need an RSVP for your child too!! Call 315-858-9479 or use our Facebook Ladies Day of Encouragement at RSBC.

Sept. 29-30

Cycle Adirondacks Introduces Fall Harvester Bicycling Event. The two-day family friendly road cycling event will be based at Johnson Hall State Historic Site in Johnstown and feature the pastoral agricultural landscape and rich history of Fulton County and the southern Adirondacks. Registration, now open at CycleAdirondacks.com.

NOTE: Calendar items must be submitted by Tuesday prior to the publication date to be included in the Calendar of Events. Entries may be emailed to cfeditor@leepub.com

Van Billings Real Estate LLC

has an immediate opening for a full-time employee!

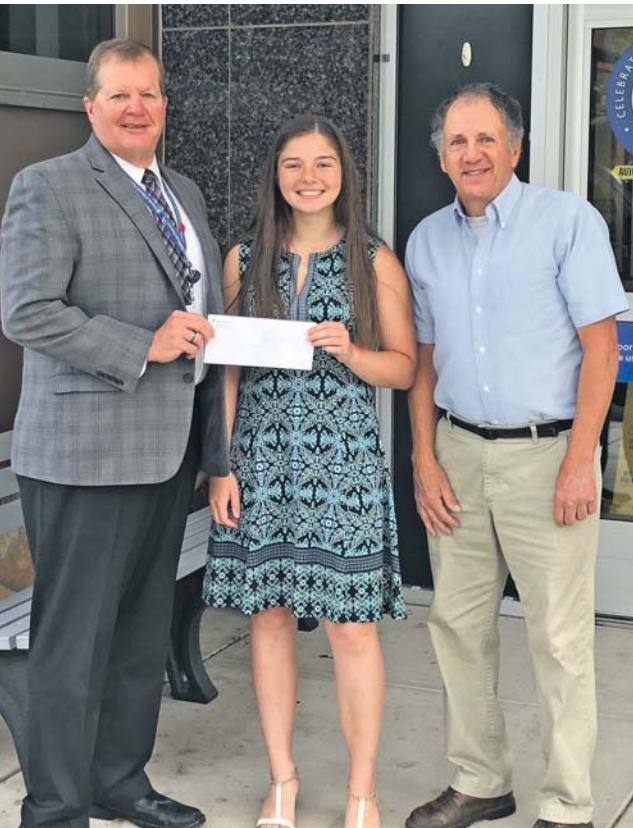
We are looking to fill a position as the

Office Manager / Assistant to the Broker

A 2 year college degree (or higher) in business is required. Preference will be given to candidates who have an active NYS real estate license. If not, applicants must be willing to obtain their real estate license. Marketing and customer support or sales experience a plus! This position offers a regular 40 hour work week, but with occasional weekends required.

Candidates must have excellent interpersonal and organizational skills, competency with Microsoft Office programs, social media, and client tracking programs.

Please send inquiries to vanbillingsre@gmail.com



(L-R) Michael Ogden, Little Falls Hospital president, Cassie Tinkler and Tony DeLuca, chairman of the Scholarship Committee, as Tinkler is awarded the Frederika Vickers Conrad and Dr. Joseph W. Conrad Scholarship.

Photos courtesy of Little Falls Hospital

Little Falls graduate recipient of two area scholarships

LITTLE FALLS – Cassie Tinkler, a graduate of Little Falls Central School, has been named the recipient of two scholarships, the Frederika Vickers Conrad and Dr. Joseph W. Conrad Scholarship in the amount of \$3,000 and the Dr. Bernard J. Burke Scholarship in the amount of \$1,000.

Dr. Sue Conrad Quinby and Roger P. Quinby established the scholarship fund in 1973 in memory of Frederika Vickers Conrad and her husband, Dr. Joseph W. Conrad. The Quinbys specified that the income from this fund must be used to award a scholarship to a deserving resident of the Little Falls Central School District who is interested in pursuing a career in medicine, paramedicine, nursing, laboratory, technical work, hospital administration or any allied health field. The winner is chosen by the Scholarship Committee of the Little Falls Hospital Board of Trustees.

The Bernard J. Burke Scholarship was established in 1997 by the Little Falls Hospital Medical Staff in memory of Dr. Bernard J. Burke. The scholarship is presented annually to students who are pursuing a career in medicine. The winner is chosen by Little Falls Hospital Medical Staff.

Tinkler, the daughter of John and Vicki Tinkler, graduated in June from Little Falls Central School District. She has chosen to follow a career in the health field as a Physician Assistant through LeMoynes

Direct Entry Program. “I have chosen to follow this career path due to my personal experiences with biology and health care,” said Tinkler. “I grew up on a small dairy farm where biology and the health care of animals has been a prevalent aspect of my life.”



Dr. Bernard J. Burke Scholarship: Dr. Luis Ocegueda (L-R), Little Falls Hospital Medical Director, Cassie Tinkler, Dr. Amy Grace, President of Little Falls Hospital Medical Staff.

BEER BELLY BOB'S
Your One-Stop Beverage Distributor
70 Otsego St. Ilion NY
315-895-0936
Selections Galore!!

Robinson Brothers
APPLIANCE SALES & SERVICE
10 W. Main St., Mohawk
315-866-2800
RobinsonBrosAppliances.com

Repairing all Makes & Models
"You brake it, we fix it!"
Bill Deyle's Repair, Inc.
(315) 894-5608
315 Avery Rd., Ilion, NY

MAIN ST. DINER
315-219-5827
270 North Main St., Herkimer

Greek Salad w/Chicken	\$8.99
Spinach Pie Over Rice	\$9.99
Chicken Gyro	\$5.99
Hot Open Roast Beef	\$9.99
1/2 BBQ Chicken	
w/Eggplant Stew, Bread & Butter	

OPEN 7 DAYS A WEEK
SERVED ANY TIME • OPEN TIL 9PM • BREAKFAST • LUNCH • DINNER

Are you ready to roll?

77 YEARS
FALL LEAGUES FORMING
MEN • WOMEN • KIDS
STATE BOWL
17 E. State Street, Ilion • 315-894-4862

Propane Fuel Oil Service
7432 Main St., Newport NY **315-845-8742** www.snyderfuel.com

2014 Can Am Commander Side by Side
1,000cc with 2,600 miles, great shape.
Has extras that include a roof, windshield, back window and a radio, and 4,000 lbs winch
\$11,000
315-868-1112

Big Dog Motors, Inc.

Big Dogs in Auto Collision, Repair, Towing & Sales

2010 Kia Forte Coupe	\$3,900
2006 Chevy Malibu	\$3,000
2009 Suzuki SX4 AWD	\$3,600
2002 Honda Civic	\$2,800
2011 Nissan Sentra	\$4,800
A/C Evac/Recharge	\$50

90 Day Warranty With All Cars
7 DAYS A WEEK • We Do NYS Inspections
All Vehicles, Trailers and Motorcycles
4262 Acme Road Frankfort, NY 13340 **315-868-9006** Todd Gookins
www.bigdogmotorsinc.com

PETE MACRI PAVING
Blacktop • Sealer • Concrete

COMMERCIAL - RESIDENTIAL
FOR A FREE ESTIMATE!
CALL ED
315 794-6587

VRS commemorates National Assisted Living Week

HERKIMER – A weeklong celebration kicks off on Sunday, Sept. 9, 2018. Valley Residential Services (VRS) staff and residents are joining tens of thousands of assisted living communities across the country for the festivities. National Assisted Living Week continues through Saturday, Sept. 15 and VRS is honoring this year's theme, "Capture the Moment."

"Often, it's the little, everyday moments in assisted living between staff and residents that deepen bonds, enrich lives and improve care," said Jennifer Miller, administrator of VRS. "Our community's seniors are unique individuals who still have so much to give, and we are honored to serve them during this pivotal time

in their lives."

"Capture the Moment" hopes to inspire assisted living residents to enjoy the present while still celebrating the past. Many adults 65 and older battle isolation and loneliness as they age, which can impact their mental, emotional and physical health. Community engagement may be the key to combatting this issue. VRS offers life-enriching social activities to help residents continue to lead fulfilling lives.

There will be a variety of activities offered during this momentous week, including a Grandparents Day tea, a proclamation delivered by Village of Herkimer elected officials, a performance from the VHS Bell Choir,

shared family photos, a "Make Your Own Sundae" event in the courtyard with music by Anthony LaBarbara and more. For the full agenda of activities and more information about National Assisted Living Week, call the Director of Community Life at VRS at 315.219.3239.

Village, Town & County Plumbing & Heating
315-507-1540
 QUALITY, EXCELLENCE, SATISFACTION
 • Kitchens • Baths • ADA Accessable Tubs •
 30 Yrs Experience ~ Serving Herkimer & Oneida County

Lunch & Learn at Valley Residential Services

Featured Speaker:
Jackie Murphy,
Herkimer County Office
for the Aging

HERKIMER – Jackie Murphy, Aging Services Assistant, Herkimer County Office for the Aging, was the featured speaker at Valley Residential Services, 161 Valley Dr., Herkimer, on July 31.

Fox's topic for the event was "Herkimer County Falls Prevention: Step Up To Stop Falls." Her discussion included ways to prevent and check risk for falls, talking with health-care providers about medications and how they

may affect balance, options for making a home safer and steps for implementing a simple daily ex-

ercise regimen.

For more information about falls prevention, contact the Herkimer

County Office for the Aging at 315.867.1121 or by email at hcofa@herkimer-county.org.

Where Every Day is
OPEN HOUSE
 Open 7 Days a Week!

American Homes
 N.Y.'s Manufactured Housing Supercenter for over 45 years
 Richfield Springs • 315-858-1600
 www.americanhomesny.com

FREE Delivery & Setup Within 60 Miles
Over 30 Homes On Display

Vermont
 1140 sq. ft.
 starting at **\$67,995**

Washington
 2066 sq. ft.
 starting at **\$127,995**

Multiple Singlewides, Doublewides, Ranches, Capes, Chalets and 2 Stories On Display

Save Thousands - Don't Miss Out
 MANY DISCOUNTS & SPECIALS AVAILABLE!
 Enjoy Our Hassle Free Viewing Policy

**Not only do we offer all the services we have always provided:
 Monument Sales, Cemetery Lettering, Pet Markers, Cleanings, Plaque Attachments, Colored and Black and White Photos, Etchings, Stone Restoration, and Custom Sandblasting**

NEW SERVICES ARE AVAILABLE:



McFee Memorials
 EST. 1965
 OLD CRAFTSMANSHIP
 USING HI-TECH

MONUMENTS • MARKERS
CEMETERY LETTERING
STONE CLEANING

65 Hancock Street
 Fort Plain, NY 13339

518-993-2259
 chris@mcfeememorials.org



See our updated website at McFeeMemorials.org
We have a fully equipped shop, where work is done on premises, with an extra room for sandblasting car parts, any iron patio furniture, or any item needing refurbishing.

Stop in at 65 Hancock Street, Fort Plain, or call 518-993-2259

We look forward to serving all your cemetery needs.

In House Artist
Available for Custom
Painting

Special Options for
our Veterans

To Your Good Health

by Keith Roach, M.D.

Heading soccer ball puts youths at risk

Dear Dr. Roach: Can "heading" the ball in soccer cause a concussion? I have grandchildren who play soccer, and I am concerned. — G.W.H.

Answer: The evidence is mounting that repeated trauma to the brain can contribute to a type of brain injury called chronic traumatic encephalopathy, which is seen frequently in boxers and football players. However, there is more and more evidence that soccer players also may get this injury, and it correlates to the number of headers players do.

Since younger brains may be more susceptible to injuries, and kids have relatively larger heads and weaker necks than adults, the Sports Legacy Institute recommends against heading the ball until the age of 14.

Dear Dr. Roach: I am a 75-year-old woman with a lot of hot flashes. I heard that maca root is good for treating these. I have been taking it for two years, and feel like it has really helped me. Is this safe? — J.F.

Answer: Maca root, a dietary staple in Peru, has been touted as a treatment for both sexual performance and menopausal symptoms. One review found limited evidence for benefit in sexual function, but I could not find any study looking at its effectiveness in menopausal symptoms. Fortunately, it has few, if any, adverse effects and might be worth a try for those who haven't had benefit from or can't take other treatments. I have to remind you again that you may not be getting what you think you are buying, as oversight on supplements is limited.

Dear Dr. Roach: I was diagnosed with peripheral artery disease in 1991. What kind of test is recommended for checking up on this? Can it be cured? — J.C.

Answer: "Peripheral artery disease" is the general term used for cholesterol plaques in the arteries, which can block blood flow. The most common symptom is pain with walking, usually after a specific exercise duration, which is relieved with rest. However, since these blockages can occur in any artery, PAD can cause many different symptoms, such as pain after eating (when the blockages are in the arteries to the gut). The disease most commonly is diagnosed by noninvasive studies, like a Doppler ultrasound of the arteries or using one blood pressure cuff on the thigh and another on the arm. Sometimes, an angiogram is necessary.

Since it's really the same disease as coronary artery disease and cerebrovascular disease, people with PAD are at much higher risk for heart attack and stroke. Although we cannot, in general, cure PAD, we have many different kinds of treatments to reduce risk of catastrophic events and to improve symptoms.

Treatment starts with modifying existing risk factors, especially smoking, which is the most powerful modifiable risk. A proper diet that cuts down on excess unhealthy fats and simple sugars is important. A monitored exercise program, gradually increasing in duration and intensity, can have a dramatic effect on function. Most people will benefit from statin drugs and anti-platelet drugs, such as aspirin.

(c) 2018 North America Synd., Inc.

All Rights Reserved

Good Housekeeping Grilled Lobster Tails

A simply prepared dish that's sure to impress, perfectly grilled lobster with a sweet, spicy, citrusy sauce makes a complexly flavored and delicious main dish.

2 nectarines
1 scallion
Juice of 3 limes
1 lime
2 tablespoons extra-virgin olive oil

1/2 teaspoon sea salt
1/4 teaspoon finely minced, seeded habanero pepper
4 lobster tails

1. In a food processor, puree nectarines, scallion, 2 tablespoons lime juice, 1 tablespoon olive oil, 1/4 teaspoon salt and habanero pepper. Transfer to a medium bowl and set aside.

2. Heat grill to medium-high. In a small bowl,

whisk remaining lime juice, olive oil and salt together.

3. Split lobster tails lengthwise, remove membrane if desired, and brush meat with the lime-oil glaze. Place lobsters on grill, meat side down, and roast for 4 minutes; turn over to shell side and grill until meat is opaque and cooked through, 4 to 5 minutes more.

4. Transfer to a platter, garnish with lime wedges, and serve with reserved nectarine sauce. Serves 4.

For thousands of triple-tested recipes, visit our Web site at www.good-housekeeping.com/recipes/.

(c) 2018 Hearst Communications, Inc.

All rights reserved

Sundays 11-2 NEW LOCATION!!
Find Us In the Parking Lot at the Dummy Light!



Sponsored by Lee's Shops at Wagner Square
24 Church Street • Canajoharie, NY 13317

Rhythm & Moves Dance Studio



315-272-5641

Classes as little as \$4
Friendly Family Discounts

Follow us on 

Frankfort, NY
City Adm Building
110 Railroad St.



**PRIMO
PIZZA**

262 2ND ST. • ILION, NY • 894-4500

2 Large
Cheese
Pizzas **\$21**

Italian Trio
Pizza, Calzone, Garlic Knots
\$17.95 Mondays
Only

New Sunday Summer Hrs 4-9pm

A&N
AUTO DETAILING
All Your Car Cleaning Needs All Makes and Models

Summer Specials Available

Complete Detailing Package
Call For Pricing

Give The Car A Refresher
262 St. Rt 55, Mohawk
315-866-9547

PREMIUM QUALITY
FRESH & FAST

THE JAVA SHOP
MORE THAN JUST COFFEE
Est. MMXVII

BY CUCINA BERTO

 315-717-7724 • 143 N. Main St, Herkimer

Since 1992

**CUSTOM
AUTO CLEANING**

1 Maple Ave., Herkimer, NY 13350
315-866-5285

Open All Year Round

CELEBRATING 26 YEARS IN BUSINESS

**Washing • Waxing
Shampooing
Full Detail Packages**

Ben Migliore, Jr. ~ Owner  

Ultimate
Auto Sales & Repair

**Guaranteed
Credit
Approval**

2011 CHEVY CRUZE
Cash Price Only **\$7,995**

315-570-0779
514 BROAD ST
UTICA, NY 13501

90k Miles

Many more vehicles to choose from on the lot!!!

Taco Tuesday

**Mohawk Valley
Country Club
&
COUNTRY CLUB
Grille**

Fish Fry Friday

**You Do Not Have To Play Golf To Enjoy
The Mohawk Valley Country Club**
315-823-0330 • State Rt. 5, Little Falls

The proactive parent's checklist for back-to-school success

(BPT) — A new school year is quickly approaching, and while you probably have supply lists and bus schedules in hand, there are a few other things parents should tackle to get a head start on the back-to-school season. Prepare kids for the best school year yet by handling these important tasks that sometimes are overlooked during the hectic summer.

Routines

Before the school year starts, begin building a routine so children can adjust properly. This means structuring activities so kids know what to expect, including healthy meals at the same time each day and a regular bedtime.



By taking a few proactive steps now, both parents and children can be well prepared for the start of a great new school year.

Getting enough sleep is critical to students' well-being and ability to learn, says Dr. Suresh Kotagal, pediatric sleep expert at Mayo Clinic Children's Center. He suggests establishing a bedtime routine before school starts to help children fall asleep and get a good night's rest. He adds that children rest better if they skip caffeine after dinner, get regular exercise, turn off electronic devices an hour before bedtime, and silence phones so text messages or alerts don't disrupt sleep.

Vaccinations

Dr. Robert Jacobson, Mayo Clinic Children's Center pediatrician and vaccine specialist, advises parents to ensure their child has recommended vaccinations and to be aware of changes to those recommendations. He suggests parents contact their family physician or visit the Centers for Disease Control and Prevention's online registry to stay informed of the recommended

school admission vaccine requirements for their child.

For example, children can now be vaccinated for human papillomavirus (HPV), at age 11, rather than having to wait until they are 16 years of age. What's more, some vaccines are now more easily administered. Jacobson says, "We've combined the measles-mumps-rubella vaccine with the chickenpox vaccine so a single dose will cover all four of those diseases."

Medical records

If your child is starting a new school or after-school program, you may be required to supply medical records or vaccination forms. Doctor's offices should be able to supply this to you at no charge simply by calling or stopping by and filling out a request, just make sure to allow a week or more for processing.

By reviewing this record you can also verify if your child is up-to-date on vaccinations and wellness visits. "It's very easy to fall behind and a simple phone call to your primary care practitioner will assure you that your children are up-to-date or whether you need to make an appointment," says Jacobson.

Anxiety

Heading back to school is exciting and a little nerve-racking. For some children, it can fuel anxiety, which parents can help get ahead of by taking proactive measures.

"Some kids are more anxious than others, and transitions like going back to school can be more difficult for them," says Dr. Stephen Whiteside, psychiatrist with the Mayo Clinic Children's

Center. "Talking to them and preparing them ahead of time by doing things such as visiting the schools and meeting teachers can be beneficial."

Bullying

One reason a child may have anxiety about heading back to school is he or she experienced bullying previously. Mayo Clinic Children's Center psychologist Dr. Bridget Biggs says bullying comes in many forms: physical, verbal, emotional, social and online. Biggs says creating a culture of respect in and out of the classroom is key to bullying prevention.


Before school starts, ask your child about their concerns. Learn about what happened and discuss how to respond if it happens again in the new school year (for example, walk away or get help from a trusted adult or peer). Build up your child's self-esteem so they have confidence to handle difficult situations. Finally, reach out to teachers to build a team mentality.

By taking a few proactive steps now, both parents and children can be well prepared for the start of a great new school year. For more tips on back-to-school and pediatric health, visit us at mayoclinic.org.

Valley Housewares

518-603-8091

66 Willet St.
Fort Plain, NY
13339



Open
Mon. to Fri.
8-5
Sat. 8-2

**Look For Our
Unadvertised
Specials in the
Store!**

Quilt Nook

• Housewares • Fabrics • Shoes • Quilts • Crafts




Barney's Angels

4361 Acme Rd., Ilion
Dog Sitters
Only \$15.00 Per Night

Home Environment
 Clean • Safe
 Daily Facebook Dog Video's
 Friendly & Spacious
 We take big dogs too!

315-525-3330

Boarding & Kennel Services
Check us out on Facebook!

Thanks

**FOR VOTING US ONE OF THE BEST
COLLISION CENTERS IN CENTRAL NY
FOR 2016 AND 2017.**

Now new for 2018 you voted us one of the
Best Quality Pre-owned Used Car Dealerships in Central NY.

We appreciate your loyalty!

Quality Pre-Owned Used Vehicles



A Zenzillo Tradition!
EST 1979

AUTO DIMENSIONS "PLUS"
412 Culver Ave in Utica • (315) 797-4027
AutoDimensions@Hotmail.com

PACA GARDENS



Paca Gardens is Re-stocked for the Fall & Winter with Many NEW items and styles of ALPACA Sweaters, Hats, Mittens, Scarves, Jackets, Slippers, Moccasins, Socks and so much more. Shop NOW for the best selection! LayAways available! Christmas Shop now, put 25% down and we will hold it until December.







**Looking for the "ULTIMATE"
Hiking and Running socks?**
ALPACA SOCKS ARE THE ANSWER!

**Alpaca breathes better
than any other natural
fiber, and is "Naturally"
Water & Odor Resistant.**



27 West Main St., Little Falls, NY 13365 Ph. 315-823-1100
Mon - Fri: 10am-5pm / Sat: 10am-4pm
Mastercard/Visa/Discover/Am Express **Layaways Available!**

Open Tuesday - Saturday 4:30 - 9:00pm



the willows

A great place to eat

Contemporary American • Private Functions • Reservations Recommended

Chef/Owner - Luke Barrett

900 Culver Ave., Utica, NY 13501

Willows of utica.com

315-765-0271 

Make the most of your home improvement dollars

Home improvement projects provide homeowners with a chance to put their own stamp on their homes. In addition, many such projects make homes safer and, in some instances, more eco-friendly.

The opportunity to make a home more comfortable, safer and/or more eco-friendly entices many homeowners to open their wallets. In fact, the Home Improvement Research Institute estimates that the home improvement products market will grow by more than 5 percent in 2018.

Homeowners might experience some sticker shock when researching home improvement proj-

ects or receiving estimates from contractors. But there are ways for budget-conscious homeowners to transform their homes and still make the most of their home improvement dollars.

• Do your homework. Each year, Remodeling magazine publishes its "Cost vs. Value Report," a comprehensive study of 21 popular remodeling projects in 149 United States markets. The report notes the value each project retains at resale in 100 markets across the country. Homeowners who want to get the strongest return on investment can access the "Cost vs. Value Report" (www.remodeling.how.net)

to see which home improvement projects are best suited for them.

• Do some of the labor yourself. Homeowners willing to swing a hammer also can stretch their home improvement dollars. For example, the home improvement resource This Old House® notes that homeowners willing to do their own demolition before the contractors arrive can save substantial amounts of money. A professional contractor may charge \$1,000 to demo a 200-square-foot deck, but This Old House estimates that homeowners who demo their own decks may spend only \$450 (for the dumpster rental and



parking permit).

• Hire a consultant. The DIY movement is incredi-

bly popular, no doubt thanks to television channels such as HGTV and the DIY Network. Homeowners with DIY experience may be able to complete projects on their own with little consultation from professional contractors. Some contractors may not offer consulting services, however. The consultation route, which typically requires paying licensed contractors hourly fees to offer guidance, should only be considered by

homeowners with legitimate DIY skills, for whom this option can be a great way to save money.

• Schedule renovations during homeowner-friendly times of year. Summer and fall tend to be contractors' busy seasons, and homeowners will likely pay more for projects during this time of year. If possible, delay starting projects until right after the new year, when contractors aren't so busy and might be more flexible with pricing.

OPEN SUNDAYS

T & J

FRUITS / VEGETABLES & GREENHOUSES

CELEBRATING 46 YEARS

We carry McCadam Cheese,
Hapanowicz Kielbasa & Queensboro tub butter.

WE ACCEPT ALL MAJOR CREDIT CARDS & EBT CARDS

NOW IN

LARGE HOMEGROWN CABBAGE & CAULIFLOWER

ZUCCHINI OR SUMMER SQUASH \$.59/LB.

CARRYING

HAPANOWICZ KIELBASA

CROGHAN BOLOGNA

NINE VARIETIES OF PIEROGIES

HOT OLIVES

NYS EXTRA SHARP CHEESE

NYS MAPLE SYRUP & HONEY

FRESH FRUITS & VEGETABLES

CHEESE CURDS

221 S. Caroline St., Herkimer • (315) 866-7272

Serving You 7 Days A Week All Year Round

Open: 8am-6pm

LITTLE FALLS LUMBER

BUILDING SOMETHING?

House
Garage
Pole Barn

Deck
Addition
Camp

Stop By For a Free Estimate

73 Southern Ave., Little Falls
Hours: Mon-Fri 7AM-5PM • Sat 8AM-12PM

(315)823-2470

NEW LOOK HOME IMPROVEMENTS

Additions
Electrical
Tiling
Wood Flooring
Pole Barns

CARPENTERS

Kitchens
Baths
Windows
Decks
Garages

All Types of Remodeling • Property Maintenance
Let us give your home a new look

315-866-4038
Cell 315-985-1792 36 years in business Joe Hyney

OLD IRON RESTORATION

AGRICULTURAL, CONSTRUCTION AND COLLECTOR RESTORATIONS AND REPAIR

1335 MILL ROAD
ST. JOHNSVILLE NY 13452

315-360-5718
ryancostello@oldironrestoration.net
www.oldironrestoration.net

LICARI MOTOR CAR Service Center

Oil Change
Special **\$24⁹⁹**
UP TO 5 QUARTS OIL
Semi-Synthetic
Full Synthetic **\$55**
MUST BRING IN COUPON TO RECEIVE OFFER

FREE NYS Inspection
MUST BRING IN COUPON TO RECEIVE OFFER

CHECK ENGINE LIGHTS? WE CAN HELP!
ALL UNDER CARRIAGE REPAIRS 10% OFF
MUST BRING IN COUPON TO RECEIVE OFFER

We Match All Competitor Coupons!

202 Route 28N • Herkimer, NY 13350

315-866-4141 LMCSERVICE@cnyemail.com

Dry Creek Pellets \$244/ Ton

Anthracite Coal \$250/ Ton Bagged

\$220/ Ton Bulk

Wood Bundles \$5 • Face Cords \$65

Trailer Load \$400 - for 6 1/2-7 Face Cords Delivered

Competitive prices for propane

Mohawk Valley Hearth & Heating

Sales, Service and Installation

1027 E. German St. Ext. (Oak Hill Plaza) Herkimer, NY 13350 • 315-866-6848
mohawkheating@yahoo.com • www.mohawkvalleyhearth.com
Open 9am-5pm Mon.-Fri. • 9am-2pm Sat. • Closed Sun.

To Your Good Health

by Keith Roach, M.D.
Bodybuilder son takes steroids

Dear Dr. Roach: My 23-year-old son is a bodybuilder, and much to my dismay, he takes steroids. I know he takes testosterone, and I don't know what else. How will this affect him? — Anon.

Answer: Testosterone has many bad long-term effects, and he really should stop it. As a resident, I took care of a seemingly very healthy, very muscular 30-year-old man with terrible heart failure due to a heart attack. Many similar reports have led to suspicion that steroids taken for bodybuilding increase risk of heart attack and even sudden death. There appear to be many other long-term effects, including neuropsychiatric effects of anger and aggressive behavior. They also may reduce sperm count and affect fertility.

I don't know what else he may be taking, but I would strongly urge him to evaluate all supplements carefully.

Dear Dr. Roach: I was a healthy female until I had an injury to my back. I experience pain and tingling in my right side, going down the back of my right leg. Sitting is especially painful, as is standing in one place for too long.

Now the pain has started in my left side also. I have tried chiropractors, acupuncture, physical therapy, epidural shots and pain pills. I also had two laminectomies (decompression surgery on the spinal canal) on L4/L5 last year, with no relief from the pain. Upon seeing another neurosurgeon, I have been told that I have some large Tarlov cysts (1 cm).

There does not seem to be a great amount of information about these on the internet, plus I am not sure what information out there is accurate. One doctor on the internet is all about having surgery on them. The neurosurgeon I am seeing does not want to do surgery just yet. He says that surgery does not always bring about pain relief.

Can you share some information about these Tarlov cysts and what can be done for the continued back and leg pain?

Dealing with this for several years has caused me much emotional distress and depression. — F.H.

Answer: Tarlov cysts, also called perineurial cysts, occur along the lin-

ing of the spinal cord and nerve roots. In one study, in 500 people with MRI scans, 23 had Tarlov cysts, but only five had any symptoms from them. In this study, the

cysts were drained by a needle, which relieved the pain, although the pain usually came back as the cysts refilled with fluid.

I agree with your neurosurgeon that surgery on

these does not guarantee success. Since you have had two surgeries and multiple types of therapies that haven't worked, I can understand your frustration. It might be

worth talking to the neurosurgeon about a trial of draining the cysts to see if that helps the symptoms.

(c) 2018 North America Synd., Inc.
All Rights Reserved



2018 Foothills Friends of NRA Fundraising Banquet
Thursday, September 27, 2018 at the Hales Mills Country Club
5:00 - 7:00 - Cash Bar, Games, Silent Auction • 7:00 - Dinner followed by Live Auction

JOHN WAYNE TABLE FOR 8 PACKAGE For Only \$1,280 All 8 Attendees Receive: A Banquet Dinner Ticket \$200 In Bucket Drawing Tickets 10 Gun Table Tickets 1 Book Of Gun Of The Year Tickets (7 Tickets) And.... One Person At Your Table Is Guaranteed To Win A Gun!!!!	LIBERTY SPONSOR PACKAGE \$300 Buck Knife with Presentation Box Subscription to Traditions Magazine (quarterly) Sponsor Hat BIG SHOOTER PACKAGE \$125 1 Banquet Dinner Ticket \$200 In Bucket Drawing Tickets 10 Gun Table Tickets FNRA Banquet Dinner Ticket \$35
--	---

Proceeds benefit local shooting sports, youth education programs, firearms safety programs, range improvements, wildlife, and conservation programs in New York State and nationally. Apply for a NRA grant to benefit Fulton and Montgomery Counties at www.friendsofnra.org

THE 2018 GUN OF THE YEAR (GOY)
KIMBER CUSTOM II “DEFENDING FREEDOM” 1911 & THE SILVER STAG 1911 SIDEKICK FIGHTER KNIFE
The Gun of the Year embodies Kimber’s commitment to crafting firearms of unequalled quality and dependability. Chambered in .45 ACP, the Kimber NRA Custom II “Defending Freedom” is a full-size 1911 with a 5-inch barrel. A specially engraved slide features the NRA logo and the words “Defending Freedom”. The 1911 Sidekick Fighter knife from Silver Stag completes this set. **Win your choice of the GOY or \$500 CASH!!**
Order your GOY tickets today. Don’t have to be present to win, but it is more fun!

Detach Here -----

For Reservations Send This Form & Check Or Card Info by September 20, 2018 FNRA c/o Christopher Blanchard, PO Box 1345, Gloversville, NY 12078 Questions? Email: foothillsfnra@gmail.com Or call: 518-221-4103 Make Checks Payable To: Foothills Friends of NRA	\$35 ea. _____ NRA Banquet Dinner \$ _____
	\$125 ea. _____ Big Shooter Package \$ _____
	\$300 ea. _____ Liberty Sponsor \$ _____
	\$1,280 ea. _____ JW Table Package \$ _____
	\$20 ea. _____ Book of GOY 7 Tickets \$ _____
	Please Select _____ Pistol or _____ Cash
Tax Deductible Donation \$ _____	
Grand Total \$ _____	

Name: _____

Address: _____

Phone: _____ Email: _____

Credit Card #: _____ 3 Digit Security Code: _____

Expiration Date: _____ Signature: _____

No Upgrades To V.I.P. Package on Banquet Day, This Item By Pre-Event Reservation Only

Goat milking contest winners at Herkimer County Fair

Heidi Carnright, superintendent of the dairy and meat goat department at the Herkimer County Fair, held a goat milking contest on the last day of the fair. The competition was timed and the person able to milk the highest number of ounces won. There were separate categories for farmers and the general public to ensure there was no unfair advantage.

This year's winners for the general public are Landry Sequin, Deerfield, in

the children's age group with two ounces of milk; teen winner was Luis Reitz of Columbia Center with 2.3 ounces; and the adult winner was Ursula Williams from Remsen with 9.7 ounces.

The farm children's winner was Jeff Weeks from Mohawk with 1 lb., 14.4 ounces.

Be sure to come milk a goat at next year's fair.



Goat milking contest winners Jeff Weeks of Mohawk and Luis Reitz of Columbia Center.

Photo courtesy of Herkimer County Fair Association

2015 CHEVY SILVERADO LTZ 4X4

Every Available Option. Too Many Extras To List. Heated Leather Interior, Navigation System, 20" Chrome Wheels, Loaded With Accessories, Bedliner, Running Boards, Heavy Duty Trailer Pkg.

SUPER SHARP COLOR \$37,995

2018 CHEVY MALIBU LT2

Every Available Option, This Is A Brand New Car. MSRP New \$28,000. You Can Drive This New Car For \$330/month. Hurry Will Not Last, Must See.

IN SHOWROOM \$330/mo.

2015 CHEVY TRAX LT 4X4

Every Available Option. 20,000 Miles, One Owner, Too Many Extras To List. This AWD Will Go Anywhere. Super Gas Mileage.

SUPER PRICE \$16,995

2011 CHEVY SILVERADO EXT CAB HD 4X4

LT1 Pkg, One Owner, HD Trailing, Loaded With Accessories, Tonneau Cover, Sprayed In Bedliner, Chrome Running Boards, New Tires & Brakes.

THIS HD 4X4 \$19,995

WILL NOT LAST AT

2010 FORD F150 SUPER CAB 4X4

Every Available Option, One Owner, Too Many Options To List, Loaded With Accessories. This F150 4x4 Looks Like New, Must See, New Tires & Brakes.

BEST PRICE OF THE WEEK \$14,995

2014 CHEVY SILVERADO CREWCAB 4X4

This Crew Cab Has Too Many Extras To List, One Owner, Loaded With Accessories, New Tires & Brakes, Super Super Clean.

PRICED TO MOVE \$24,995

2018 CHEVY SUBURBAN LT2 4X4

Every Available Option, Heated Leather Interior, Navigation System, Only 15,000 Miles, Full Warranty, Too Many Accessories To List, In Showroom. MSRP New \$65,000.

SUPER BUY AT \$46,995

2013 CHEVY SILVERADO EXT CAB 4X4

Z71 Pkg, Every Available Option, 40,000 Miles, One Owner, New Tires & Brakes, Loaded With Accessories, Must See, Looks Better Than New.

STEAL AT \$19,995

2018 CHEVY CORVETTE Z06 CONVERTIBLE

Every Available Option, Special Paint, 650 HP Engine, Brand New, MSRP new \$90,000.

HURRY PRICED TO MOVE \$77,995

2009 HUMMER H3T 4X4

Very Rare Pick-up. If You See This Hummer, You Will Buy It. Looks Better Than New. Too Many Accessories To List. Comes With 2 Sets Of Complete Tires & Wheels.

PRICED TO MOVE \$12,995

2016 HONDA ACCORD EXL

Every Available Option, V6, Navigation System, Heated Leather Interior. Too Many Extras To List. 30,000 Miles, One Owner. In Showroom. Super Super Nice.

WILL NOT LAST AT \$19,995

2018 CHEVY TAHOE LT2 4X4

Heated Leather Interior, Navigation System, 17,000 Miles, Full Warranty, Too Many Accessories To List, In Showroom.

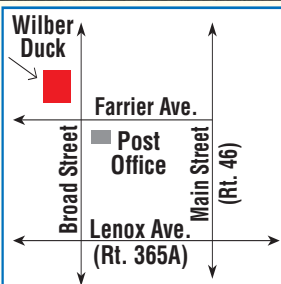
MUST SEE \$45,995

*Plus tax and registration.

125 USED Heavy & Lite Duty Trucks, Diesels, All Models, Priced from \$4,995 & UP



"It's a great day at Wilber-Duck Chevrolet"



WILBER-DUCK
Chevrolet

116 Broad Street, Oneida, NY 13421

(315) 363-4600

Visit us on the Web at www.wilberduck.com

FORT KLOCK

46th Annual

CRAFT FAIR 2018

SEPTEMBER 8 & 9

Saturday & Sunday

9am-4pm 10am-3pm

★ **FREE Admission**

★ **Food Concessions**

"One of the best Craft Fairs in the Northeast area"

Fort Klock, Route 5, St Johnsville, NY

Country Folks

Your Weekly Connection to Agriculture



**Come See Us at the
Central New York Farm Progress Show
WEDNESDAY & THURSDAY !!**

SEPTEMBER 12 & 13, 2018

Leonard Gilbert Farm ~ Robinson Road ~ Mohawk, NY
RE-NEW OR START A SUBSCRIPTION AT THE SHOW & YOU'LL GET FREE STUFF!!

DON'T MISS THIS AT SHOW ONLY SPECIAL PRICING!!

1 FREE GIFT when you purchase a one year subscription.....\$50.⁰⁰

2 FREE GIFTS when you purchase a two year subscription...\$85.⁰⁰

•• Gifts Available at Show Only ••



We accept Credit Cards, Personal Checks and Cash!!



Country Folks, P.O. Box 121, Palatine Bridge, NY 13428 • 888-596-5329 or 518-673-2448

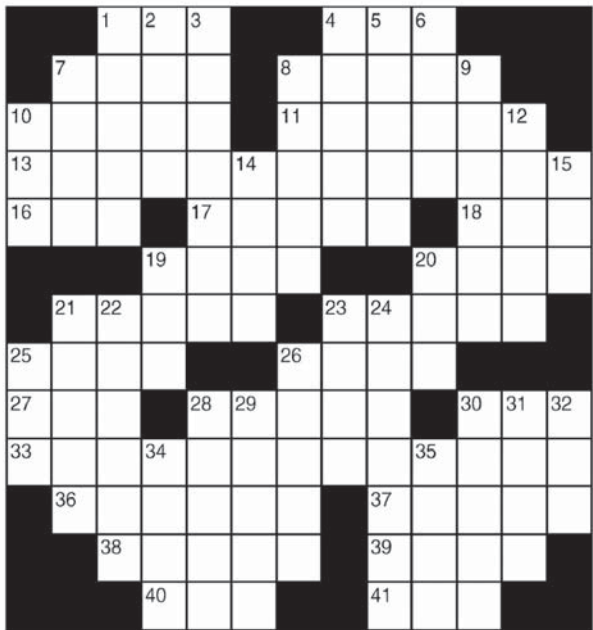
For More Information Call

800-218-5586

King Crossword

ACROSS

- 1 — -relief
- 4 "Conan" net-work
- 7 Easter flower
- 8 Baby's ail-ment
- 10 Traffic cone
- 11 Moon mission name
- 13 Shakes-peare's best-known query
- 16 "I'll take that as —"
- 17 Carolers' tunes
- 18 Vast expanse
- 19 Coloring agents
- 20 For fear that
- 21 Corporations
- 23 Paperhang-er's need
- 25 Scrawny
- 26 Dull sound of impact
- 27 Performance
- 28 Show smug satisfaction
- 30 Pi follower
- 33 TLC make-over series
- 36 Abrade
- 37 Film
- 38 Shocking weapon
- 39 State
- 40 High deg.

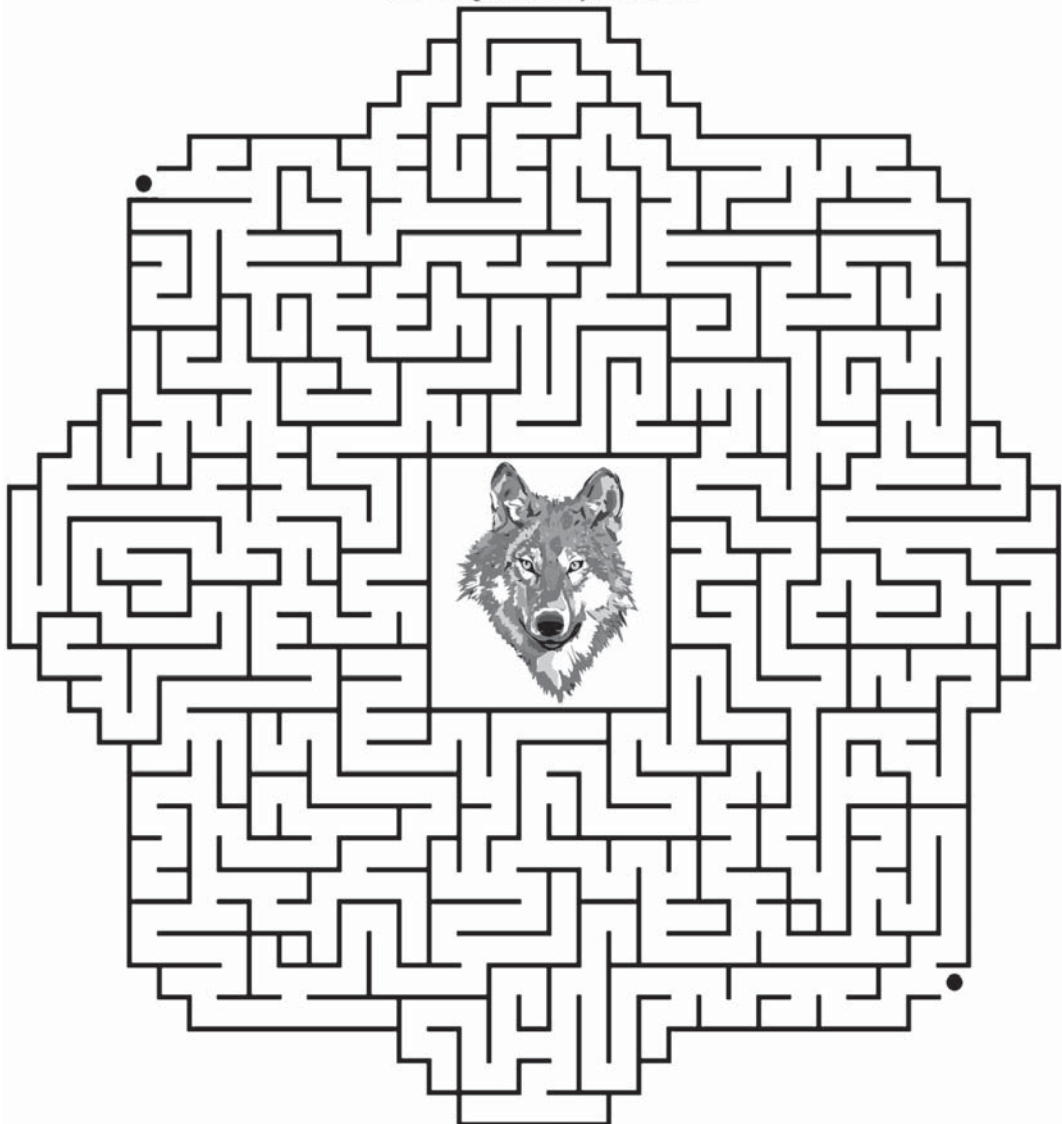


- 41 Aviv lead-in
- 9 Storage area
- 10 Bake sale org.
- 12 Not just plump
- 14 Shad delicacies
- 15 Chow down
- 19 Parched
- 20 "Acid"
- 21 Botanist for whom a reddish-purple flower is named
- 22 Unbroken
- 23 Excellent, in
- 24 Self-service diner
- 25 Pussy foot?
- 26 Carrier
- 28 Grind the teeth
- 29 Ran easily
- 30 Make merry
- 31 Barber's concern
- 32 Raw rock
- 34 Snare
- 35 Worked on a loom

© 2018 King Features Synd., Inc.

Mega Maze

©2018 King Features Syndicate, Inc.



Weekly SUDOKU

by Linda Thistle

		6		7			9	
4			9					8
	2				3	1		
1			4		8		3	
	9			5				4
		5	2			6		
9				4			5	
	8		1					3
		7			9	4		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦♦

- ♦ Moderate
- ♦♦ Challenging
- ♦♦♦ HOO BOY!

© 2018 King Features Synd., Inc.

HOCUS-FOCUS

BY HENRY BOLTIHOFF



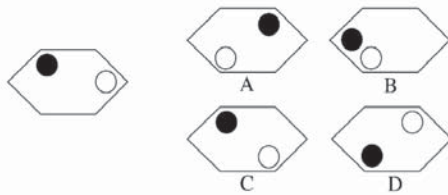
Find at least six differences in details between panels.



Differences: 1. Picture is missing. 2. Skirt is different. 3. Card is different. 4. Neckline is different. 5. Card sign is missing. 6. Envelope is missing.

STICKELERS [sic] by Terry Stickels

If the black ball in the figure below moves clockwise one vertex on each move, and the white ball moves two vertices counterclockwise on each move, where will each be after five moves?



©2018 King Features Syndicate

Americanisms



"You better live every day like your last because one day you're going to be right."
—Ray Charles

© 2018 King Features Syndicate, Inc.

Country Editor

**PO Box 121, 6113 State Hwy. 5
Palatine Bridge, NY 13428
800-836-2888 • Fax: 518-673-2381
classified@leepub.com**

Number / Classification

20 Air Compressors
25 Air Tools
35 Announcements
45 Antiques
55 Appraisal Services
75 ATV
80 Auctions
82 Auto Body
110 Bedding Plants
120 Bees-Beekeeping
130 Bird Control
140 Books
155 Building Materials/Supplies
157 Building Repair
160 Buildings For Sale
161 Bulk Foods / Spices
165 Business Opportunities
170 Butchering Supplies
173 Carpentry
175 Cars, Trucks, Trailers
180 Catalogs
182 Catering
190 Chain Saws
195 Cheesemaking Supplies
205 Christmas
214 Clocks & Repair
215 Collectibles
216 Clothing
235 Computers
253 Consignment
265 Construction Equipment For Rent
275 Construction Machinery Wanted
277 Construction Services
280 Construction Supplies
312 Crafts
325 Custom Butchering
330 Custom Services
360 Deer-Butchering & Hides
370 Dogs
410 Electrical
415 Employment Wanted
440 Farm Machinery For Sale
445 Farm Machinery Wanted
447 Farm Market Items
460 Fencing
470 Financial Services
480 Fish
483 Flooring
494 For Lease
495 For Rent
500 For Sale
510 Fresh Produce, Nursery
525 Fruits & Berries
527 Furniture
529 Garage Sales
530 Garden Supplies
535 Generators
537 Gifts
575 Greenhouse Supplies
585 Guns
587 Hair Styling
589 Hardware
600 Health Care/Products
605 Heating
610 Help Wanted
653 Hotel / Motel
683 Jewelers
700 Lawn & Garden
711 Lessons
760 Lumber & Wood Products
790 Maple Syrup Supplies
805 Miscellaneous
810 Mobile Homes
811 Monuments
812 Multi Media
813 Music
815 Motorcycles
817 Nails
820 Nurseries
910 Plants
950 Real Estate For Sale
955 Real Estate Wanted
960 RVs & Motor Homes
975 Rentals
980 Restaurant Supplies
1040 Services Offered
1075 Snowblowers
1080 Snowmobiles
1096 Sports
1109 Thrift
1140 Trailers
1147 Trains
1148 Travel
1165 Trees
1170 Truck Parts & Equipment
1180 Trucks
1187 Vacuum
1190 Vegetable
1200 Veterinary
1205 Wanted

Announcements

Announcements

• EARLY ADVERTISING DEADLINE •

Thursday • 5:00 PM

(Week Prior to Each Friday Dated Paper)

For as little as \$4.00 - place a classified ad in

The Country Editor

Call Peg at **1-800-836-2888**

or 518-673-0111

or email classified@leepub.com

Announcements

Announcements

★ ★ ★ ★ ★ ADVERTISERS

Get the best responses from your advertisements by including the age, condition, price and best calling hours. Also, we always recommend insertion for at least 2 issues for maximum benefits. DEADLINE for placing ads is FRIDAY at 2:00 PM- **Week Prior** to Each Friday Dated Paper. **Call Peg at 1-800-836-2888 or 518-673-0111**

WANTED: DVDS & VHS, all kinds, will pay money. 315-866-9131

HERKIMER VFW Serving Clams, Steamed or Raw, \$9.00 dozen. Cans \$1.50. Every Thursday 12 Noon until 7:00 pm. Open to the public.

RUMMAGE SALE and Bake sale. September 20, 21, and 22 at Middleville United Methodist Church Rt. 29. Thursday 9-3. Friday 9-5. Saturday 9-12. Something for everyone!

A SUMMER CONCERT will be held at the Middleville United Methodist Church Rt. 29, Middleville, New York on Tuesday, September 11 at 7 o'clock. Durey Creek Blue grass Band will preform with Nancy Purcell, vocalist. Pastor Lindsay will lead the service. A free will offering will be taken. Free refreshments will be served following the concert. Come and enjoy an evening of music and fellowship.

WANTED Venders for Flea Market at Kings, 689 Burrows Rd, West Winfield, NY. September 8th for 10am - 5pm. Contact Tonya King at 315-794-6005 or email ingswt1@gmail.com

SELF-INKING STAMPS: Great for raffle tickets. \$23.00+ tax. Shipping extra. Call Lee Newspapers at 518-673-0101 or email commercialprint@leepub.com

CHECK YOUR AD - ADVERTISERS should check their ads on the first week of insertion. Lee Newspapers shall not be liable for typographical, or errors in publication except to the extent of the cost of the first weeks insertion of the ad, and shall also not be liable for damages due to failure to publish an ad. Adjustment for errors is limited to the cost of that portion of the ad wherein the error occurred. **Report any errors to 800-836-2888 or 518-673-0111.**

FORT KLOCK GIANT CRAFT FAIR: Sept. 8 & 9, Saturday 9 a.m.-4 p.m. Sunday 10 a.m.-3 p.m. Now in it's 46th year! Over 100 talented crafters and artisans will offer their handmade creations. One of the best craft fairs in the Northeast! 7203 Route 5, St. Johnsville, NY. For more information visit www.fortklockrestoration.com

CRAFTERS/VENDORS WANTED. Craft Fair for Sept. 8th. At Christ Episcopal Church 300 N.Main Street. Tables w/own set up, \$25.00. Also, Chinese Auction, Bake Sale, and food. Call Liz 315-866-6916 or Kathi 866-1086 if interested.

Antiques

ANTIQUES/FINE ART and unusual collectibles. 9200 State Route 365, Holland Patent. From Pete Rose autographs to Coca Cola ceiling fans. 315-794-9175.

1 BR APARTMENT FOR RENT, Van Hornesville, \$400 a month no pets. 315-542-4370

2,000 SQ FT OFFICE & indoor storage space available for rent. \$950.00/month plus utilities. Please call with any questions. 518-584-6960. Gloversville, NY

Antiques

WANTED TO BUY...Pre-1975 Halloween, Christmas, Pens, Barrels, Political Buttons, Postcards, Crocks, Jugs, Tools, Advertising Signs & Boxes, Coca Cola, Pepsi, Whiz, Sinclair, Texaco, Crates, Head Vases, Frames, Paintings, Victorian Jewelry, Bottles, Gumball/Vending Machines, Keys, Locks, Buttons, Watches, Civil War, Glass Negatives, WWI, WWII, Jadeite, Lamps, Vintage Clothing & Hats, Lionel Trains, Quilts, Buckets, Linens, Stereoviewers & Cards, Doll Furniture, Marbles, Wicker, Beer Trays/Taps, Stands, Shelves, Radios, Photographs, Metal Lawn Chairs, 1800s Books, Railroad Items, Knives, Arrowheads, Advertising Mirrors, Watch Fobs, Lanterns, Hunting/ Fishing, Straight Razors, Victorian Jewelry. If it's OLD, we pay CASH! **SHOWCASE ANTIQUES**, Little Falls 10-5pm 315-823-1177.

Bird Control

YARD SALE: 533 State Rte 5s, Mohawk. Sept. 1st, 9-4. Sept. 2nd 12-3. indoor outdoor furniture, antiques, comic books, cookbooks, ladders.

MOVING SALE: Friday August 30-September 1st. 520 NORTH CREEK ROAD, Little falls. 9am-4pm. Household and workshop contents including power tools.

Building Materials/Supplies

INSULATION: All Types. New/Existing Buildings. Free Estimates. Fully Insured. Call Upstate Spray Foam Insulation 315-822-5238. www.upstatesprayfoam.com

Crafts

ARTISANS/CRAFTERS WANTED: There's still time to reserve your booth at the 46th Annual Fort Klock Craft Fair Sept. 8 & 9. Handmade items only. 7203 Route 5, St. Johnsville. Call Joan at 518-649-2531 to reserve your spot!

Custom Services

BUSINESS CARDS: 1,000 for only \$60.00, full color glossy. Give us your existing card or we will design one for you! **FREE SHIPPING** included. Call Lee Newspapers at 518-673-0101 email commercialprint@leepub.com

Construction Services

Construction Services

ANTHONY MACRI
PAVING
CONCRETE
MASONRY
Commercial & Residential

Call With Your Needs
315-866-2733 or 315-717-3333

Dogs

MINI SCHNAUZER AKC adorable S&P females, allergy free non shedding, DOB 5/12/18, 1st shots, tails, wormed, vet checked, first haircut, paper trained. \$750. 20 years experience. 315-894-1335

Farm Equipment

FOR SALE: John Deere 40 series kicker, \$500 OBO. 315-542-4370

For Rent

HERKIMER Upper 1 bedroom, quiet, clean apartment. includes heat, water/sewer. No smoking, no pets, references, security deposit, lease, credit check. 315-894-8415

ILION: John street 2 bedroom, 2nd floor apartment, includes appliances, heating, parking, \$595 per month, plus electric. Call: 315-563-1980.

VILLAGE OF ILION: First floor. Two bedroom all electric apartment. Applications available. Call Crossett Real Estate Services 315-894-8557 OR contact louise@crossettrees.com

FOR RENT: Nice 2 bedroom, 1-1/2 bath mobile home set up in quiet park out on Creed Road, Mohawk, Rent \$695, available Sept 1. See more details at leatherstockingmhp.com or call 315-723-4270.

COUNTRY SIZE BUILDING LOTS. Herkimer County. Great location, great schools, great views, great taxes, great prices, \$18,900 and up. Interested, Koehler Real Estate: 315-891-3254

HERKIMER & ILION: 2 & 3 bedroom apartments. \$550-\$650 per month, partial utilities. Excellent location. Off street parking. 315-717-4470

For Rent

HERKIMER: Sherwood Acres Apartments. Recently remodeled 2 bedroom 1st floor apartment. \$875. Includes heat, hot water, appliances, patio, fireplace, garbage removal. Large rooms. On-site Management, Beautifully Maintained. No smoking/animals. Deposit, lease, credit check. Look at the rest, come live at the best. 315-866-9371

VILLAGE OF FRANKFORT: SECOND FLOOR TWO BEDROOM APARTMENT. INCLUDED: stove/refrigerator/washer/dryer/electric. NOT INCLUDED: heat/water/sewer. NO PET POLICY/SMOKE FREE (no smoking in or on the property) Off street parking. RENT READY-Applications available. Take a visual tour www.crossettrees.com Managed by Crossett Real Estate Services 315-894-8557

ILION: Beautifully remodeled 1 bedroom spacious apartment. Includes all utilities, stove and refrigerator, no smoking, no pets. Lease, security deposit, references, credit check. 315-894-8415

For Sale

TWO SETS OF SPAULDING Golf clubs with bags, two pairs of men's cross-country skis. Call 315-894-2541, please leave message.

NEVER USED woodstove with three 2' sections, triple wall pipe with cap and T for clean-out, over \$600, will take \$350 for all. Almost 5 face cord of 3 year seasoned cut/split cherry firewood, \$300. 100 year old mahogany twin sleigh bed, \$350. 315-613-2191

RAFFLE TICKETS - 500 - \$60, 1,000-\$75, 1,500 - \$90, 2,000-\$100. Other quantities available. Call Lee Newspapers 518-673-0101, 6113 State Hwy. 5, Palatine Bridge, NY 13428 or email commercialprint@leepub.com

COUNTRY EDITOR

PO Box 121, 6113 State Hwy. 5
Palatine Bridge, NY 13428
800-836-2888 • Fax: 518-673-2381
classified@leepub.com

For Sale

T/C Omega muzzleloader, 50 cal., original box, owner's manual, free ammo, powder, primers, \$275.00. 1954 Winchester 12 guage, 3-shot semi-auto shotgun with two barrels, cylinder, and full choke, very good condition, \$500.00. Small game hunting jacket, \$40.00. L.L. Bean wool shirt, \$25.00. Hip boots size 9, \$40.00. Maintenance gun rest, \$15.00. Knee gun rest, \$7.00. Simmons range finder, \$60.00. Leupold bore-sighter, \$30.00. Butt out, \$5.00. T/C T-handle short starter 50 cal., \$8.00. T/C magnum quick shot, \$6.00. Gerber 4in. fixed blade knife, \$60.00. Duck commander duck call, \$20.00. Blaze orange gloves, \$5.00. For info 315-866-9342 afternoon or evenings.

SUNDANCE SPA: 4 years old, Montclair Series 780, seats 4, excellent condition, lots of chemicals, \$4,000. New cost \$8,500. 315-845-8527

ASHLEY solid wood coffee table, deep drawer & storage lift top both ends \$50.00; solid maple office desk, nice, \$20.00; solid oak entertainment center, glass door, \$20.00; Dora TV w/remote, \$10.00; like new small dropleaf walnut kitchen table, \$50.00. Antiques: rolltop desk; drysink stand & more. 315-894-1335

12hp MTD mower, \$175; out-board motor repair; 18.2 cu.ft. GE refrigerator, \$100; 7 year old Whirlpool washer, \$175. 315-823-0672

Fruits & Berries

BEV'S BEST BLUEBERRIES, U-pick Farm. Call for starting date and picking times. 315-429-9425

Furniture

FOR SALE: Double head-board with frame. Like new, \$100.00. 315-826-3280

Hay - Straw For Sale

TIMOTHY & GRASS MIX HAY, Avg. 45lbs, 500 bales, \$3.00/bale. 518-478-3510 or 518-921-1029.

Help Wanted

HELP WANTED: PART-TIME, weekends a must, Herkimer Bottle & Can Shop at 301 S Washington St. 315-940-1900

Help Wanted

Are you a retired farmer or farmer's wife? We are looking for an individual to represent Country Folks farm newspaper at various events throughout the year.Hourly rate plus mileage. Some overnight travel required. Clean driving record and dependable vehicle required. Contact Ken Maring at kmaring@leepub.com or 518-673-0103.

Hogs

HAPPY PIGLETS FOR SALE. \$50.00. Call Farmer Dan 315-823-1633

Miscellaneous

8x10 PHOTOS, only \$3.00, or get two 5x7's for \$3.00. Lee Newspapers, 6113 State Hwy. 5, Palatine Bridge, NY 13428. 518-673-3237

Motorcycles

1985 CANDY APPLE RED HONDA 150cc Elite. Only one owner, 100mi. Stored since 1985 \$2,000 firm. Collector's item. 315-894-3928

Real Estate For Sale

COMMERCIAL PROPERTY FOR SALE ILION: Property surveyed. Asking price \$165,000.00. Take a visual tour www.crossettres.com All Broker inquires welcome. Email louise@crossettres.com OR Crossett Real Estate Services 315-894-8557

VILLAGE OF FRANKFORT: Vacant building lot, 6,350 Sq.Ft. (50x127). Owner financing available. Take a visual tour www.crossettres.com Asking \$8,500.00 All Broker inquiries welcome. 315-894-8557

LAND FOR SALE: Montgomery County, 16 acres, hay fields, 2 barns, great view, 1220' frontage, \$68,000. Herkimer County, 10.1 acres, fields, nice view, \$28,000; 7 acres fields & woods, great view, \$25,000. Owner financing. Helderbergrealty.com 518-861-6541, 518-256-6344

Real Estate For Sale

VILLAGE OF ILION: Two Family. All electric/separate meters for all utilities. Smoke free. Large yard (surveyed). All appliances included. Managed by Crossette Real Estate services. Take a visual tour www.crossettres.com Asking \$112,000.00. All Broker inquires welcome. 315-894-8557

Rentals

OLD FORGE GETAWAY SPECIALS: Labor Day through Columbus Day, 5/6 bedroom, 3 bath weekly rental overlooking Old Forge waterfront w/boat slip, save \$401, \$1,599, sleeps up to 14, do the math. Includes 2 Kayak rentals entire stay plus special welcome basket. Short walk to all the town has to offer. Save this ad for same deal in Spring 2019. 315-735-6331

Roofing

TOP NOTCH ROOFING: 25+Years experience. Roofing specials, siding, remodeling, kitchens & bath, painting, swirl ceilings, clean-outs. Free estimates. 315-867-9594

Services Offered

BOILING POT PHOTOGRAPHY 518-378-3279 Graduation Photos, Weddings, Baby and more. Find us on Facebook

PROFESSIONAL HANDY-MAN SERVICES: Insured. Over 40 years experience. Any small job, including doors, windows and electric. 315-868-1608

13 OR 14-MONTH PHOTO WALL CALENDARS ONLY \$15.00!

• Bring in your USB, SD card, or photos for us to scan

• Email your photos to: commercialprint@leepub.com Call 518-673-0101, or stop by Lee Newspapers Inc., 6113 State Highway 5, Palatine Bridge, NY 13428

J & J HOME MAINTENANCE: Stucco, Pressure Washing, Painting, Chimney Repair. Insured, Experienced. 315-868-1110

HANDYMAN looking for work. Senior citizen discounts. Can build and repair. Call 315-269-7569

COME VISIT Joyfuls Vintage Designs for a variety of vintage and re-salvaged furniture.

Services Offered



Best Man For The Job!
Firewood, Weed Whacking,
Tree & Brush Removal
Around Buildings, Ponds, Fields, etc.
Bulldozing and Different Jobs Done
Lewis Page Sr.
518-548-6685

Tires & Tire Repair Service

USED TIRE SALE: Huge Inventory, mounting & balancing FREE. No appointment necessary! Save money call Auto World, 534 North Perry Street, Johnstown 12095 518-762-7555

Services Offered

Free Estimates

Insured

Edward Smith
Contractor/Handyman
Custom Woodworking



315-750-0903 Frankfort

A Picture is Worth a Thousand Words



It's easy & economical to add a picture to your ad!
For Information Call
1-800-836-2888

CLIP & SEND

MAIL OR CALL



COUNTRY EDITOR

PO Box 121, Palatine Bridge, NY 13428 Ph: 518-673-3011 OR 800-836-2888

\$4.00/14 words \$10 each additional per week

Deadline Friday 2pm
Fill Out This Form OR
Call Us To Place Your Reader Ad

• CLASSIFIED READER AD FORM •

Today s Date # of Weeks to Run Starting Issue Date (Friday Date)

COPY: (First 14 words \$4.00, each additional word 10¢, phone number counts as one word)

			14 words - \$4.00	15 words - \$4.10
16 words - \$4.20	17 words - \$4.30	18 words - \$4.40	19 words - \$4.50	20 words - \$4.60
21 words - \$4.70	22 words - \$4.80	23 words - \$4.90	24th word - \$5.00	25 words - \$5.10
26 words - \$5.20	27 words - \$5.30	28 words - \$5.40	29th word - \$5.50	30 words - \$5.60
31 words - \$5.70	32 words - \$5.80	33 words - \$5.90	34th word - \$6.00	

Name (Print):

Farm/Company Name:

Street: County:

City: State: Zip:

Phone #: Fax #: Cell #:

Email Address:

Payment Method: ☐ Check/Money Order ☐ American Express ☐ Discover ☐ Visa ☐ MC

Card #: Exp. Date: MM / YY

* (REQ.) Card Security Code #

Name on Credit Card (print):

Signature: Today s Date:

Amount Paid:

Ph: 518-673-3011 or 800-836-2888 • Fax: 518-673-2381 • Email: classified@leepub.com

Mail: Country Editor, PO Box 121, Palatine Bridge, NY 13428

The Kitchen Diva

by **Angela Shelf Medearis**
Cucumbers, make way for summer squash

I vividly remember when I first fell in love with summer squash. My newly planted kitchen garden was full of all types of herbs, tomatoes, peppers and long, vibrant green squash vines containing beautiful, edible yellow flowers. The bell-shaped blossoms preceded an abundant crop of summer squash. We had so much squash that I quickly learned several delicious ways to prepare it.

Summer squash are members of the gourd family and include zucchini, cocozelle, yellow squash (crooked and straight) and pattypan, also called scalloped and scallopini.

Summer squash is available year-round, but is best in the warm months. The squash should be harvested when the rind is tender and the flesh is sweet. To select the perfect summer squash at the grocery store, look for ones that are medium-sized, with shiny, unblemished, slightly tender rinds. The larger ones may be fibrous with hard rinds and seeds, while the smaller ones may not have developed much flavor.

Summer squash is very fragile and should be handled with care, as small punctures and drops of water will lead to decay. They should be stored in the vegetable bin of the refrigerator, unwashed and in a perforated plastic bag for no

more than 3-5 days. Wash the squash immediately before cooking. Squash can be frozen, but it will be soft, making it more suitable for dishes like casseroles where crispness isn't important. To prepare squash for freezing, cut off both ends, and either cut it into cubes or slices. Blanch it for 2 minutes in hot water. You also can freeze grated summer squash.

Summer squash is low in calories, but the nutrients are in the peel, so never peel summer squash. Squash is a good source of vitamin C, magnesium, vitamin A, dietary fiber, potassium, copper, folate, phosphorus, omega-3 fatty acids, vitamins B-1, B-2 and B-6, calcium, zinc, niacin and protein.

Squash is deliciously versatile and can be prepared in casseroles, as croquettes, stir-fried, stuffed, baked, boiled or pickled, as outlined in this delicious recipe for **Spicy Summer Squash Refrigerator Pickles** or used as a "noodle" in my **Summer Squash Noodle Salad**.

Move over, cucumbers! Summer squash is in season!

Spicy Summer Squash Refrigerator Pickles

- 9 sprigs fresh cilantro
- 3 large cloves garlic, peeled and halved
- 3 teaspoons mixed peppercorns
- 1 1/2 teaspoons coriander seeds
- 3 teaspoons crushed red pepper flakes
- 1 1/2 pounds yellow squash and/or

- zucchini, sliced into thin rounds.
- 1/3 cup thinly sliced sweet onion
- 1 1/4 cup apple cider vinegar
- 1 1/4 cup water
- 2 teaspoons kosher salt
- 2 1/2 tablespoons honey or agave syrup
- 1. In a large glass bowl that holds about 2 quarts, add the cilantro, garlic, peppercorns, coriander, red pepper flakes, zucchini and onion. Set aside.
- 2. In a small, non-corrosive saucepan over medium-high heat, bring vinegar, water, salt and honey to a boil. Pour hot mixture over contents in the glass bowl, pressing down on the vegetables so that brine covers them completely. Let it cool on the counter to room temperature.
- 3. Transfer the squash pickles and the rest of the ingredients into a 2-quart glass jar with a tight-fitting lid. Cover and refrigerate for at least 4 hours, or 2 days for maximum flavor. Keeps in refrigerator for 2 months. Makes 6 cups.

Summer Squash Noodle Salad

This preparation for squash is a delicious change from a green salad. It keeps well in the refrigerator and holds up to the summer heat for backyard gatherings or picnics.

- For the vinaigrette:
- 1/4 cup fresh lime juice
 - 3 garlic cloves, minced
 - 1 tablespoon honey or agave syrup
 - 1 tablespoon apple cider vinegar
 - 3 tablespoons extra virgin olive oil
 - 2 tablespoons dried Italian seasoning

- 1 teaspoon salt
- 1 teaspoon ground black pepper
- 1/8 teaspoon cayenne pepper
- For the salad:
- 3 medium-sized, yellow summer squash or green zucchini or a combination of both,
- 1 small red bell pepper, seeded and diced
- 1 large tomato, cored and diced
- 1/2 purple onion, thinly sliced
- 2 stalks celery, sliced
- 1 cup corn kernels (fresh or frozen and thawed)
- 1 (15-ounce) can garbanzo beans or chickpeas, drained and rinsed
- 1 cup fresh basil leaves, chopped
- 1 cup flat leaf parsley, chopped
- 1 teaspoon salt
- 1 teaspoon ground black pepper
- 1. Rinse unpeeled squash or zucchini. Julienne using a knife, cut into strips using a Y-shaped peeler or into noodles using a spiralizer.

2. Whisk together all of the ingredients for the vinaigrette in a small bowl until well-combined. Set aside.

3. In a large bowl, mix together the squash, bell pepper, tomato, onion, celery, corn, garbanzo beans, basil, parsley, salt and pepper. Drizzle the squash mixture with the vinaigrette and toss together to coat. Cover and refrigerate to allow flavors to meld. Mix again before serving. Serves 6 to 8.

(c) 2018 King Features Synd., Inc., and Angela Shelf Medearis

Sullivan receives
Going the Extra Mile Award

Little Falls Hospital is pleased to announce that Ann Sullivan was the recipient of the 2018 second quarter GEM (Going the Extra Mile) Award.

The GEM Award recognizes staff for going above and beyond their typical job duties and making a significant difference by improving the quality of health for patients and exceeding customer service standards for patients, clients, guests and co-workers.

"Ann is a great asset to the perioperative services department," said Nicole Eckler, nurse manager of the operating room. "She is a reliable and diversified technician in the operating

room. Ann is flexible with her scheduling and is willing to change her days off to accommodate the department."


When presented with the GEM Award, Sullivan said, "I am truly humbled and honored to receive such a distinguished award."

Sullivan has been at Little Falls Hospital since 1990, and has served as a perioperative technician since 1992. She lives in Little Falls with her husband John, and has four children and five grandchildren.

The Tire Shop
A Multi Line Dealer
NEW & USED TIRES • TIRE REPAIR
AUTO ACCESSORIES
ON THE FARM TIRE SERVICE
CUSTOM WHEELS • OIL CHANGES
155 Erie Blvd., Canajoharie, NY
OPEN: Mon. - Sat. 8-6 • www.thetireshop.biz
518-673-5399
Best Quality • Best Service • Best Price

Auto Loans

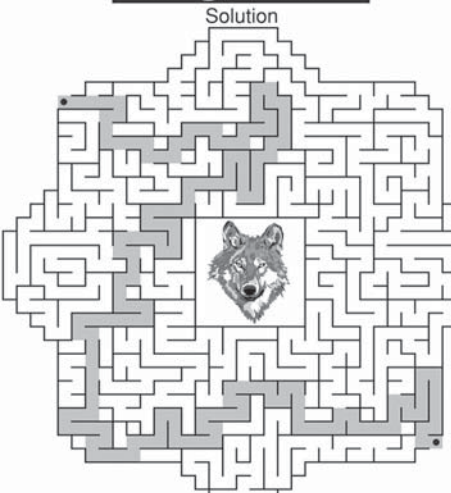
Tell your dealer to finance it thru...



sfcu.
banking. easier.

sfcuonline.org

Mega Maze
Solution



Stickelers Answer
The answer is Figure B.

King Crossword
Answers

Solution time: 25 mins.

B	A	S		T	B	S
L	I	L	I		C	O
P	Y	L	O		A	P
T	O	B	E	O	R	N
A	N	O		N	O	E
			D	Y	E	S
F	I	R	M	S		P
P	U	N	Y		T	H
A	C	T		G	L	O
W	H	A	T	N	O	T
S	C	R	A	P	E	
			T	A	S	E
						T

Just Like Cats & Dogs
by Dave T. Phipps



©2018 King Features Syndicate, Inc. All rights reserved.

Weekly SUDOKU
Answer

8	1	6	5	7	4	3	9	2
4	7	3	9	2	1	5	6	8
5	2	9	6	8	3	1	4	7
1	6	2	4	9	8	7	3	5
7	9	8	3	5	6	2	1	4
3	4	5	2	1	7	6	8	9
9	3	1	7	4	2	8	5	6
2	8	4	1	6	5	9	7	3
6	5	7	8	3	9	4	2	1

Donna's Day: Creative family fun

by Donna Erickson

One last hurrah for watermelon

As summer wanes, I'm all for bringing on one last hurrah for watermelon. It's such a convenient, "good for you" cool-down snack that quenches thirst and satisfies the sweet tooth, all in one. Refreshing with a squeeze of lime, or kicked up with a dusting of ground chili pepper and salt, it's versatile and fun to

eat. No wonder it's hard to bid adieu to the flavorful, locally grown varieties until next year.

Think "watermelon" as you plan Labor Day weekend get-togethers and after-school snacks for the kids. And be choosy. Before you and your child hoist one out of a bin at your market, take note. The best feel heavy for their size. Also, look for a field spot, a creamy yel-

low-colored splotch. Then, knock on it and listen for a deep, hollow (not dull) sound. When it passes the ripeness test, bring it home and get inspired. Here are some ideas:

Carve it

Don't wait until Halloween to display your creative carving skills. Make an eye-catching melon basket for serving a fruit salad or fruit kebabs.

Slightly trim off one end of a washed melon so that it stands upright. Slice off the other end 1/4 of the way down, then scoop out the flesh with a melon baller.

Use pumpkin-carving tools or paring knife to carve patterns or words on the outside without cutting through the rind. Cut zigzags around the rim, if you wish. Refill cavity with fruit salad, and garnish with fresh mint for a spectacular presentation.

Drink it

Make a big pitcher of "Watermelon Citrus Cooler." Mix seedless watermelon chunks with 4 tablespoons frozen limeade concentrate, 2 tablespoons fresh lemon juice and 1 1/2 cups crushed ice in a blender.

Let your child rub the rims of chilled, tall glasses with a lemon wedge. Swirl rims lightly in a plate of sugar for a tangy sip when you drink the cooler.

Freeze it

Cut 3 cups of watermelon flesh into chunks. Remove seeds and liquefy in a blender. Pour into ice-cube trays and freeze. Toss the cubes in a glass of juice or sparkling water with an after-school snack. Garnish with a whole strawberry or thin, triangular slice of watermelon with the pointed end slid onto the rim of the glass.

(c) 2018 Donna Erickson
Distributed by King Features Synd.

COMMUNITY VIEWS

A snapshot of all the best in our neighborhood!

Do you love to take photos?
Share them with your community!

Simply send us your
SUMMER FUN
photos and then look for them in
the September 1 issue of the
Mohawk Valley Country Editor!

Send your high resolution photos to
Gabbie Albrecht at
galbrecht@leapub.com

Deadline for submissions is August 22, 2018



Watermelon is such a convenient, "good for you" cool-down snack that quenches thirst and satisfies the sweet tooth, all in one.

Empire Power Rental, LLC

**KUBOTA EXCAVATORS, KUBOTA SKIDSTEERS,
SKIDSTEER ATTACHMENTS, BRUSH HOGS,
JACKHAMMERS, MANLIFTS, WOOD SPLITTER,
CONSTRUCTION TOOLS**

CALL US FOR A QUOTE ON YOUR EXCAVATING JOBS

D-4 Cat Bulldozer \$325/Day

75HP Kubota Tracked Skid Steer \$225/Day

40' JLG Manlift \$175/Day

684 Paris Rd., Fort Plain, NY

518-275-6245



Introduction to Floral Arranging

Join our design specialist, Robert Rocas to learn the fundamentals of floral arranging

Friday - September 7th • 7pm

1st in a series of classes
will be "Dog Days of Summer"
class \$60 includes all materials
hands on instruction & refreshments



24 CHURCH STREET
CANAJOHARIE NY 13317

518-673-0292

www.leesshopsatwagnersquare.com

**LEE'S SHOPS at
WAGNER SQUARE**
CANAJOHARIE, NY

Cash • Check • Credit Card
Class is limited to 8 people. Register by 9/3

Cogar Gallery to exhibit “Structures” by Rainer Maria Wehner

HERKIMER – “Structures” by Rainer Maria Wehner will be on display at Herkimer College’s Cogar Gallery Monday, Sept. 10 through Friday, Nov. 2. An artist’s reception will be held on Friday, Sept. 14 from 5:30 - 7:30 p.m. in the Cogar Gallery.

Wehner was born in Munich, Germany, and grew up in Bamberg in North Bavaria. He completed two graduate degrees, one in art at the Academy of Fine Arts in Karlsruhe and the other in art history at the University of Karlsruhe. In 1991,

he moved to Berlin and eventually to the U.S., now residing in Utica, NY. He has exhibited at the Houghton House Gallery in Geneva, NY, the Munson-Williams-Proctor Art Institute in Utica, NY, the SUNY Institute of Technology in Utica, NY,

and the Schweinfurth Museum in Auburn, NY. His work is in the permanent collections of Utica College and the Munson-Williams-Proctor Arts Institute.

The exhibit “Structures” is based on the structures of handwriting and those of the human

body through X-rays, combined with the elements of language.

The Cogar Gallery is open to the public free of charge Monday - Friday from 8 a.m. - 5 p.m. when the college is open.

For more information, visit www.herkimer.edu/cogar.

Kovels: Antiques and Collecting



Folk-art furniture with the original paint sells for much more than a repainted, stripped or even unpainted piece. This cupboard with original yellow on the outside and red on the inside brought \$1,140 at auction, far more than the \$250 to \$400 estimate.

by Terry and Kim Kovel
Folk-art cupboard

Most Americans in the 17th and early 18th centuries had very small houses with no clothes closets and little storage space. Storage consisted of built-in corners, shelf units and chests, often located under eaves or stairs. Odd-shaped cupboards were made to fit into the space. They did not use the wall as part of the cabinet. A piece was made so it could be moved. Folk-art cupboards of all kinds made before Victorian times are popular with collectors. The most efficient cupboard is made from square or rectangular sections. The simple panel door framed by four narrow boards is pre-

ferred. Even the sides are made from rectangular panels.

In 2016, Garth’s Auctions of Ohio sold an “under-the-stairs” cupboard. It was made of pine and painted a mustard color finish. The three doors in the front are made with applied molding to match the panels on the side. The inside has a red wash. The color and condition made this cabinet a popular auction item. Even though there was no maker’s identity, it sold for \$1,140, several times estimate. An oddly shaped piece like this often sells for a low price.

Q: I have a 1969 Polaroid camera. Is it worth anything to a collector?

A: Polaroid was founded in 1937. The first Po-

laroid Land cameras were sold in 1948. They were named after Edwin Land, who invented the instant camera and demonstrated it in 1947. The name “Land” wasn’t used on Polaroid cameras after Edwin Land retired in 1982. Film and batteries for old Polaroid cameras can be bought on Amazon and other sites. A Polaroid 350 model, which was made from 1969 to 1971, in perfect condition, sells online for about \$50 to \$75.

Q: Could my silver clown pin with enamel decoration really be made by Tiffany & Co.? That is what it says on the back, and I saw a similar pin in an auction ad recently.

A: Yes. Tiffany & Co. made a series of pins as part of the Gene Moore Circus group about 1990. The juggling clown with polka-dot pants recently sold for \$976 at a New York auction. They have come down in price since 2000.

Current prices

• Needle threader, magnifier and spool holder,

wooden base, magnifying glass on curved metal arm, 1916, 4 x 2 inches, \$50.

• Compass, Girl Scout, silver plated nickel, round beveled glass top, fob, US Gauge Co., c. 1935, 1 1/2 inches, \$95.

• Saltshaker, Wemyss, Plump Porker, figural pig, posie design, white with pink clover blooms, leaves, sleepy eyes, 3 x 5 inches, \$120.

• Pin and clip-on ear-

rings, cherries jubilee, dangling cherries, red bakelite, green celluloid leaves, red chain, 1940s, 5 x 3 inches, \$230.

Tip: Some types of fumes can damage paper. Don’t store your collection near the kitchen, garage, barbecue pit or freshly painted areas.

For more collecting news, tips and resources, visit www.Kovels.com

(c) 2018 King Features Synd., Inc.


GOLD STAR
 ROOFING

• Shingles • Metal Roof • Standing Seam
• Free Estimates • Fully Insured

518-281-6455

360 County Highway 151 • St. Johnsville, NY 13452

PELLETS



Insta Heat and New England

\$239/Ton

ACE Hardware

Little Falls Fuel
& Hardware Store

441 West Main Street, Little Falls
315-508-5329



Swarey Bros.
Roofing

315-868-8207

13 Years
Experience!

Aaron Swarey
Canajoharie, NY

Shingle • Metal • Rubber

WE’VE GOT YOU COVERED!

Free Estimates - Family Owned

No Games! No Gimmicks!

No Monkey Business!

JUST ONE LOW PRICE!!

Beat The Fall Rush Call Today

Canajoharie - Palatine Bridge
Chamber of Commerce Community

AUCTION

Sat - Sept 22 11 AM

Parking Lot at Lee's Shops at Wagner Square
at the dummy light - 1 min. off exit 29 NYS
Thruway - Rain or Shine (we have a tent)

24 Church St. Canajoharie

- Bring your lawn chairs
- ID will be required for any checks written
- Food/Drink will be available for purchase

*Specific Items will be listed as
we collect more & more*

**Furniture, Small Appliances,
Tools, Lawn Items, Glassware,
Kitchen Items, Decorations,
Non-Perishable Food Goods, Bicy-
cles and Much More is Expected!**

DONATIONS:

Anyone wishing to donate goods to be sold at the community auction may do so by dropping them off at Lee's Shops, 24 Church Street Canajoharie

DROP OFF DONATED AUCTION ITEMS

**Monday - Friday 10am-5pm
Saturday & Sunday Noon - 4pm
Late Nights - Til 8pm
Thurs & Fri Sept 6, 7, 13, 14, 20, 21**

All donated merchandise must be in good, clean condition, any appliances or electronics must be in working condition

We Want Your:

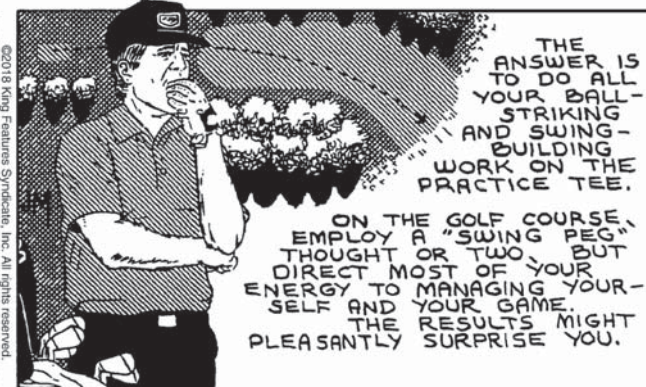
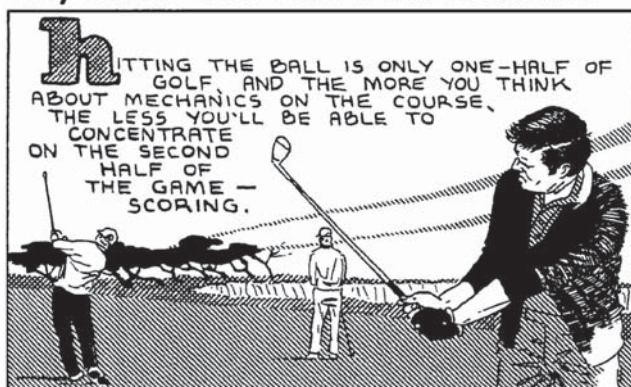
- | | |
|----------------------|------------------------|
| • Working Appliances | • Patio/Lawn Furniture |
| • Furniture | • Antiques |
| • Dishes | • Baby Furniture |
| • Kitchenware | • Bicycles |
| • Lamps | • Musical Instruments |
| • Art Work | (No Pianos) |
| • Textiles | • Garden Equipment |
| • Sporting Equipment | • Rototillers |
| • Exercise Equipment | |

We Do Not Want:

- | | |
|------------------------|----------------------|
| • Car Seats | • Toys |
| • Books | • Anything Broken or |
| • Clothing/Accessories | Not Working |
| • Animals | |

For more specific information or to make an appointment to drop off merchandise that you may need assistance unloading into our storage garage, please call **518-673-0292** & ask for Janet. If you are unable to make it during specified times listed here please call for an appointment.

Play Better Golf with JACK NICKLAUS



Strange but True

by Samantha Weaver

• It was American au-

thor, journalist and psychoanalysis researcher

Judith Viorst who made the following sage observation: "Infatuation is when you think that he's as sexy as Robert Redford, as smart as Henry Kissinger, as noble as Ralph Nader, as funny as Woody Allen, and as athletic as Jimmy Connors. Love is when you realize he's as sexy as Woody Allen, as smart as Jimmy Connors, as funny as Ralph Nader, as athletic as Henry Kissinger and nothing like Robert Redford — but you'll take him anyway."

• Records show that during the last seven months of Elvis Presley's life, he had 5,300 differ-

ent medications prescribed for him.

• Those who study such things say that Labor Day is Americans' third most favorite holiday, ranking only after Christmas/Hanukkah and Memorial Day. Also, a quarter of Americans are expected to travel out of town over the holiday weekend, with the most popular destinations being New York City, Los Angeles, Las Vegas, Orlando and Chicago.

• In the TV show "Charlie's Angels," it was a requirement that each of the stars had eight different outfits for each episode.

• The country of South Africa has a grand total of 11 official languages.

• Now that fall is approaching, here are a couple of interesting tidbits for parents: In the United States, the average K-12 student has \$688 in back-to-school expenses. For the average college student, that goes up to \$970.

• You may be surprised to learn that the first Caesar salad was actually created in Tijuana, Mexico.

• For reasons that aren't quite clear, in Sweden, it's illegal to train a seal to balance a ball on the tip of its nose.

Thought for the Day: "The most dangerous strategy is to jump a chasm in two leaps." — Benjamin Disraeli

(c) 2018 King Features Synd., Inc.





LITTLE FALLS FUEL AND HARDWARE

Fuel Oil • Kerosene • Diesel
Your Hometown Fuel Provider
CALL (315) 823-8822
www.littlefallsfuel.com
& "Your Complete Hardware Store!"
CALL (315) 508-5329
441 West Main Street, Little Falls
Look us up on 

CARS DEAD OR ALIVE WANTED



DMV #7046179

 **WE'LL
PAY YOU
Cash** 

VINCE'S U Pull It and USED AUTO PARTS

**PICKUP AVAILABLE
CALL 315-883-8288**



Tonneau Covers

as low as
\$269⁰⁰
Installed

Boulevard Trailers Inc.
2 Oriskany Blvd. • Whitesboro
www.boulevardtrailers.com

Sales
Mon - Wed 9-7
Thurs & Fri 9-4
Sat 9-1
Sun Closed

go to
www.leer.com
for Money Saving
Coupons

Service
Mon - Wed 9-5
Thurs & Fri 9-4
Sat 9-Noon
Sun Closed

(315) 736-8723

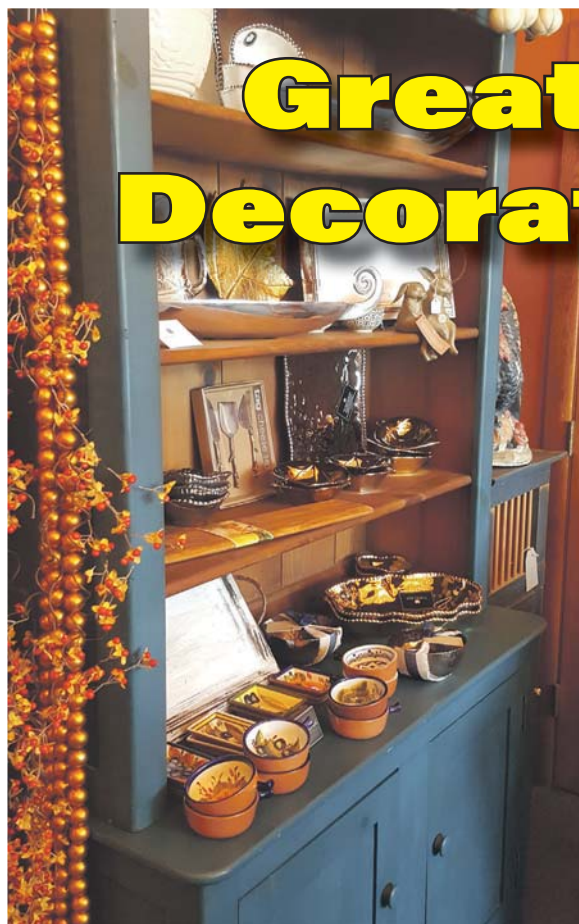
LEE'S SHOPS *at* WAGNER SQUARE

CANAJOHARIE, NY

24 CHURCH STREET
(UNDER THE VILLAGE CLOCK)
CANAJOHARIE, NY 13317
518-673-0292

HALLOWEEN IS HERE

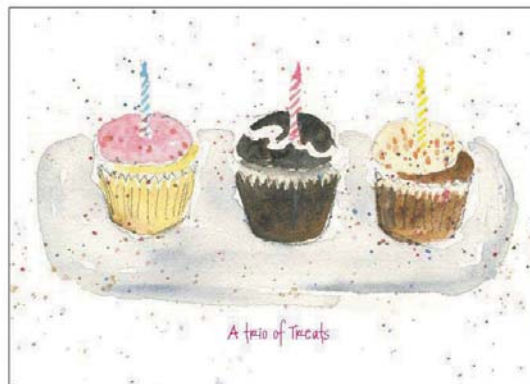
Great Halloween & Fall Decorations for Your Home



- Wreaths
- Garlands
- Candles
- Door Mats
- Napkins
- Towels & More



Plus Our Stock Up Sale On Words & Watercolors Greeting Cards



**BUY 2
Get 1 FREE**



Like our page to get updates about
all of our events and promotions!
@leesshopsatwagnersquare

NEW FALL HOURS:

MON 10-6; TUES 10-6; WED 10-6

THURS 10-8; FRI 10-6; SAT 10-5; SUN 11-4

SOMETHING FOR EVERYONE & EVERY BUDGET!
Home of Lee's Christmas Corner • Freddy Bear's Den • Crossroads at Wagner Square