

Herkimer County  
**Country Editor**  
November 16, 2018

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Delivered Weekly by the U.S. Postal Service

THEREFORE I EXHORT FIRST OF ALL THAT SUPPLICATIONS, PRAYERS, INTERCESSIONS, AND GIVING OF THANKS BE MADE FOR ALL MEN, FOR KINGS AND ALL WHO ARE IN AUTHORITY, THAT WE MAY LEAD A QUIET AND PEACEABLE LIFE IN ALL GODLINESS AND REVERENCE. ~ 1 TIMOTHY 2:1-2

Volume 8  
Number 25



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## Thomas McCarthy, integral member of the Country Folks Farm Newspaper sales team, dies

Thomas D. McCarthy, 81, of Cherry Valley, NY, peacefully passed away on Nov. 1, 2018 surrounded by his wife and children. Born to the late William C. and Anna (Ryder) McCarthy, of Cherry Valley, he graduated from Cherry Valley Central School, attended SUNY Cobleskill and graduated in 1957 with a degree in Agriculture.

McCarthy worked in the milk and agriculture field that included Canajoharie Co-op, Dairylea, NEDCO and Farmland Dairies. McCarthy was an integral member of the Country Folks Newspaper sales team, consistently finishing at or near the top in sales performance. After devoting 17 years to serving his advertising customers, McCarthy retired from Lee Publications in 2002.

McCarthy was an active member of St.

Thomas the Apostle Church in Cherry Valley.

McCarthy is survived by his wife of 58 years, Roberta (Olmsted). His sister, Gloria McCarthy, sister-in-law, Theresa M. McCarthy and nephew, Patrick Porteus, predeceased him.

Survivors include his two sons, Thomas W. (Kathy), John P. and one daughter Suzanne McCarthy-Sheppeck (John). He also leaves a sister, Rosemary Porteus and three brothers, William, James and Michael. McCarthy has four grandsons, one granddaughter and several great-grandchildren.

Calling hours and a mass were held on Nov. 10 in Cherry Valley. Memorial contributions may be made to the Cherry Valley EMS or St. Thomas the Apostle Church.



Thomas D. McCarthy was an integral member of the Country Folks Newspaper sales team for 17 years.

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**Daniel J. Enea**  
Daniel J. Enea, Sole owner and operator

by Matilda Charles

### Tai chi offers more than just exercise

The best thing about tai chi (pronounced tie-chee) is that it's good exercise without being strenuous. With its slow, gentle movements, we can get our stretching and muscle building without overdoing it. But what else can tai chi do for us?

For some of us, improved balance is what we need the most. A few years ago, a study that analyzed previous research concluded that tai chi improved single-leg standing and overall balance. Tai chi helps strengthen leg muscles and increase range of motion, but most of all it can help us avoid danger-

ous falls.

According to the Centers for Disease Control and Prevention, one in four of us will fall each year, and falls are the leading cause of death in Americans 65 and over.

Increased flexibility doesn't sound that earthshaking – until you consider that it also might affect the flexibility of our arteries. In one study of all age groups doing tai chi, participants were asked to sit and reach for their toes. It was the seniors group where poor trunk flexibility equated to stiffened arteries.

Another study concluded that combining tai chi with an annual flu shot boosts our protection against the flu. Most of us already

get the higher dosage over-65 shot. When combined with the immune system protections of tai chi, we're even more likely to be able to avoid the flu.

Other important benefits are stress relief, lower blood pressure and alleviating pain from arthritis and fibromyalgia.

Ask about tai chi classes at your local senior center. If it offers classes, watch one to see how you like it. If they're not offered, go online to YouTube and sample some of the videos you can do at home. Also look for qi gong, a form of tai chi.

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## Senior News Line

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HALO hosts trash and treasure sale

by Daniel Baldwin

Volunteers of the Helping Animals Live Organization (HALO) put together a trash and treasure sale at the Herkimer Polish Club building on Nov. 3. All the proceeds from this sale went straight to the HALO shelter in Little Falls.

According to halorescue.net, this animal shelter is a cage-free facility, which means that cats rescued by HALO and put into this shelter are free to roam around the shelter and sleep wherever they want.

HALO hosts a wide variety of fundraisers each

year in an effort to care for the dogs and cats in this shelter and keep their facility open. The HALO Hoedown, which occurred last September, and their Chinese auction, which happened last March, are the organization's two biggest and highly advertised fundraisers, according to HALO board member Debbie Estey, but they also make a good amount of money at these trash and treasure sales.

HALO does trash and treasure sales twice a year, and they made an estimated \$1,000 for each one, according to

HALO volunteer Kate Pendergrass. "We always have a good turnout," Pendergrass said. "Usually throughout the day we always have several people here."

It was a good time for local residents to get an early start on their

Christmas shopping and purchase some nice antiques at a low price. There were Christmas decorations, dishware, pictures, books and all types of housewares at this sale. The HALO vol-

HALO 5



Volunteers also sold raffle tickets for cash and a quilt during the sale.



Many antiques, books and Christmas decorations were generously donated for this year's sale.



This year's HALO Trash and Treasure took place at the Herkimer Polish Club Building on Nov. 3.  
Photos by Daniel Baldwin

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**PARTY MENU**

SERVINGS	(6-10) 1/2 Pan	(15-20) Full Pan
Antipasto	\$30	\$55
Chicken Riggies	\$45	\$75
Marinated Baked Chicken	\$45	\$75
Eggplant Parmesan	\$45	\$70
Utica Greens	\$45	\$75
Lasagna	\$40	\$70
Macaroni Salad	\$30	\$50
Rigatoni	\$35	\$60
Potatoes	\$30	\$50
Sausage & Peppers	\$45	\$75
Tossed Salad	\$25	\$45
Ziti	\$35	\$60

	16.00	Rolls	14.00
<b>P</b>	Tray Tomatoe Pie	Pepperoni Roll	Buffalo Chicken Roll
<b>I</b>	\$20	Antipasto Roll	Philly Cheesesteak Roll
<b>Z</b>	Tray Cheese Pizza	Ham Roll	Spinach Roll
<b>Z</b>	Tray Garlic Pizza	Sausage & Pepper Roll	Brocoli Roll
<b>A</b>	\$28	Stromboli Roll	Eggplant Roll



# Herkimer County World War I banners

World War I was known as the “Great War” or “The War To End All Wars.” It lasted from July 28, 1914 to Nov. 11, 1918. More than 70 million military personnel were mobilized in one of the largest wars in history. The United States remained neutral for the first three years of the war, even though a majority of Americans had sympathies for the Allies. Germany’s use of submarines to sink Allied ships and the U.S. interception of the Zimmerman Telegram which promised German support of Mexico for an invasion of the United States led President Woodrow Wilson to ask Congress to declare war on Germany on April 6,

1917. Over 2,000 soldiers, including Army nurses, were involved in the war effort from Herkimer County. In commemoration of this centennial, the Herkimer County Historical Society featured a new exhibit, “Herkimer County in the Great War,” and oversaw a project featuring the photos of 75 Herkimer County soldiers and two nurses on banners sponsored by local businesses and family members that hung in communities throughout the county for the past two years. On Nov. 11, Veterans Day, derived from Armistice Day, commemorates the armistice signed between the allies of World War I and Germany.

On Veterans Day this year, the banners will come down and be stored at each community’s local historical society or historian, the Herkimer County Historical Society or given to family members. A listing of the World War I soldiers with a small biography that were featured in the Banner Project is on the Historical Society’s website at [www.herkimer-countyhistory.org](http://www.herkimer-countyhistory.org). The exhibit will be up for another year and can be seen at the Society, located at 400-406 North Main St. in Herkimer and open Monday - Friday, 10 a.m. - 4 p.m. For more information, call 315.866.6413.



One of the banners that hung in the town of Salisbury. Photo courtesy Herkimer County Historical Society

## HALO from 4

unteers received all these local residents. items as donations from Pendergrass and the rest

**NO RESERVE AUCTION**  
**Guns and Sporting Goods Auction**  
**Wed., November 28th • 6:00pm**  
**Guns. Ammunition. Sporting Good Rifles. Shotguns**  
**BB Guns. Black Powder Guns and Pistols.**

Already Consigned is SPRINGFIELD TRAPDOOR 50-70 U.S. 748 with original sling (early gun) Remington model 7400 30-06 Semi, Ruger American 270 with Nikon Scope Brand new, Winchester model 63 22 Rifle Super Speed X. Ranger 20 Ga. Over/Under model 103. Thompson Center 54 Caliber nice early gun, Moore Side by Side 10 Ga. and 12 Ga. H & R 410/44 Caliber single shot, Weatherby Orion Over/Under 12 Ga. Mossburg Model 195 KA 12 Ga. Winchester Ranger Deerslayer 12 Ga. Savage model 6A 22 Rifle. Winchester model 69A 22 long rifle.. Ruger Mini 14 223 caliber..lots of 357 Ammo, 38 Special Ammo, and other assorted pistol and Long Rifle ammunition, and more still coming...also brand new guns.  
**Consign your Guns, Rifles, Fishing Tackle, Trapping, Boats, Canoes, Kayaks, and Ammunition!!**  
**See photos on [auctionzip.com](http://auctionzip.com)**  
**JR's Auction • 518-993-4668**  
**7403 St Hwy 5, St. Johnsville, NY**

of her volunteers could not figure out what many of these items were used for. “We get a lot of crazy and unique items in this sale,” Pendergrass said. “Sometimes we don’t even know what they are, but people come in and they know exactly what they are. It’s funny. It’s like every year, we look at something and we say ‘What the heck is this?’ Then somebody will come in and say ‘I’ve been looking for this all my life.’” Karen Monahan is another HALO volunteer who attended this year’s sale. She said the people who did not come to this year’s sale and prefer shopping at a department store missed out on a great deal. “People don’t realize what a good deal this is for them,” Monahan said,

“because you can get very nice used items for a very small price. I think more people should come out because they would be very nicely surprised at the variety of things we have here, and what a good deal it is. It’s fair to say that there are a certain percentage of items in a store. Some of them are handmade. There might be vintage items mixed in with something.” Monahan also said that these fundraisers and the organization itself would not exist without the local community’s generous donations. “We deeply appreciate the support of the public,” Monahan said, “because we depend on fundraisers like this for the veterinarian bills.”

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# Whatchamacallits

Earliest man used the earliest form of hammer available. He found a sturdy rock, picked it up and swung away at whatever needed pounding. We’ve come a long way from using rocks as hammers. Today, there are dozens of different varieties of one of the most basic tools available for dozens of different jobs – more than 40 in total. A modern day hammer consists of a weighted “head” fixed to a long handle that is swung to deliver an impact to a small area of an object – for example, to drive nails into wood, to shape metal (as with a forge) or to crush rock. Hammers are used for all sorts of driving, shaping and breaking applications. The modern hammer head is

typically made of steel which has been heat treated for hardness, and the handle (also called a haft or a helve) is typically made of wood or plastic. The most recognizable tool in this class today is the claw hammer, which has a “claw” to pull nails out of wood. Other types

of hammers used in different trades include sledgehammers, mallets and ball-peen hammers. The hammer on display this week falls loosely in that last category. As far as we can tell, this tool is closest in shape and size to a swage bar hammer. Swaging is a forging process in which the



size and dimensions of an item are altered using dies into which the item is forced. The process is usually done with unheated items. Swages were originally tools used by blacksmiths to form metal into various shapes too intricate to make with a hammer alone. These have handles for holding or pegs for attaching to an anvil, and often a flat head for striking with a hammer. Swage blocks are anvil-like dies with various shapes forged into them, which are also used for forming metal. Swages called “fullers” are specific to making grooves in swords and knives. As this trade required precise work, a small, quick hammer like the one on display would have been required, rather than a bulkier, heavier-headed hammer.



# Brunet Honored as an Outstanding Worker at Herkimer Industries

HERKIMER – Herkimer Industries (HI), the vocational division of Arc Herkimer, honored Donald Brunet of Dolgeville, who was chosen as an “Outstanding Performer” by the New York State Industries for the Disabled Inc. (NYSID) 2018 William B. Joslin Outstanding Performance Awards Program.

An awards ceremony was held for Brunet on Tuesday, Oct. 30. He re-

ceived a recognition check of \$500, and the event also recognized National Disability Employment Awareness Month.

NYSID's annual program recognizes exceptional vocational and personal successes on preferred source jobs. NYSID works to turn business opportunities into jobs for New Yorkers with disabilities.

Arc Herkimer Vice President of Industrial Operations Michael Lamb said,

“Over the past year Donald has demonstrated leadership while working on the New York State Department of Environmental Conservation (DEC) Wood Project for Herkimer Industries. He is enthusiastic to show new employees how to complete specific tasks. When Donald works the DEC Project, he assists supervisors with setting the pace for the

crew that operates the production line. Donald has learned many new work-related skills, and he operates various pieces of industrial equipment while on the job. He is now a thoroughly trained materials handler.”

NYSID sales at Herkimer Industries will eclipse \$2.5 million in 2018 with support work providing meaningful em-

ployment opportunities. Products on state contracts at HI have grown from approximately 50 in 2010 to over 250 today, and that total is still growing as the organization continues to expand medical bag and LED lighting lines of business. In 2010, HI workers spent about 96 hours on state contract packaging products. In 2018, they

have worked over 4,800 hours through the end of September.

For more information regarding employment opportunities for individuals with disabilities, contact Career Connections at 315.574.7883. For more information regarding partnering with Herkimer Industries, call 315.574.7517 or visit [herkimerindustries.com](http://herkimerindustries.com).



Donald Brunet, second from left, is congratulated for being an “Outstanding Performer” by the New York State Industries for the Disabled Inc. (NYSID). Those honoring Brunet include (from left) Arc Herkimer President/CEO Kevin Crosley, Donald Brunet, Career Connections Employment Services Specialist Tim Whaley and Arc Herkimer VP - Industrial Operations Michael Lamb.

Photo courtesy of Arc Herkimer

## Calendar of events

**NOTE: Calendar items must be submitted by Tuesday prior to the publication date to be included in the Calendar of Events. Entries may be emailed to [cfeditor@leepub.com](mailto:cfeditor@leepub.com)**

**Nov 16**

refreshments.

**Nov 29**

**“Random Frames: Images of Daily Life” by John Miles Cary.** Herkimer College's Cogar Gallery. Friday, Nov. 16 through Wednesday, Jan. 2, 2019. The Cogar Gallery is open to the public free of charge Monday through Friday from 8 a.m. to 5 p.m. when the College is open. For more information, visit [www.herkimer.edu/cogar](http://www.herkimer.edu/cogar).

**Whiskey Creek Band.** 8 p.m. Ilion Moose, 302 Barringer Road, Ilion. \$5 cover charge.

**Nov 18**

**Spaghetti Luncheon.** Following 11 a.m. mass. Holy Spirit Polish National Catholic Church, 618 E. Gansevoort St., Little Falls. Adults \$9. Children 13+ \$5. 12 and under free. Take-outs available. Visit [WWW.Holy Spirit-PNCC.org](http://WWW.HolySpirit-PNCC.org).

**Nov 17**

**Soup and sandwich luncheon day.** Nov. 17. 9 a.m. - 2 p.m. Church of Christ Uniting, 22 Church Street, Richfield Springs. Soup and sandwich luncheon by donation 11 a.m.-1 p.m. Pre-Thanksgiving Bake Sale and Holiday Craft Corner 9 a.m. - 2 p.m.

**Golumbki Sale.** 9:30 a.m. to 2 p.m. St. Mary's Ukrainian Orthodox Church, 324 Moore Ave., Herkimer. Golumbki sell for \$13 half dozen or three-piece for \$6.50. Traditional Pierogi will also be available at \$8 dozen.

**Holiday Shopping Extravaganza Craft/Vendor Fair.** Richfield Springs Community Center, 6 Ann Street, Richfield Springs. Proceeds benefit Youth Programs. Call 315.219.2002.

**The Little Falls Gulf Curve Train Wreck of 1940.** 2 p.m. Middlefield Town Hall, 3137 County Rt. 35, in the Hamlet of Middlefield. On April 19 in 1940, just before midnight, the Lake Shore Limited rounded the sharpest curve on the Central Railroad at an excessive speed and derailed, killing 31 and injuring 51 individuals. This remains the deadliest accident in the annals of the NYCCR. You are invited to hear the story of this historic accident, presented by members of the Little Falls Historical Society.

**Pre-Thanksgiving fundraiser.** 9 a.m. - 2 p.m. Church of Christ Uniting, 22 Church Street, Richfield Springs. Luncheon 11 a.m. and 1 p.m. Bake sale 9 a.m. to 2 p.m. Visit [www.rschurchof-christuniting.com](http://www.rschurchof-christuniting.com), find us on Facebook, or call Carol Simpson, Guild President, at 315.868.0319 for more information.

**Fall Bazaar and Russian Café.** 11 a.m. - 1 p.m. Saints Peter and Paul Orthodox Church, 305 Main Rd., E. Herkimer. Poppyseed, apricot and nut rolls, pierogi, bread, pies (just in time for Thanksgiving), and more. Hot delicious ethnic food. Free light

**Home Health Care vs. Assisted Living: Which Option is Right for You?** 12 p.m. Valley Residential Services, 323 Pine Grove Road, Herkimer. Lunch and learn program. As there is limited seating and a light lunch will be provided, please RSVP no later than Nov. 20 to 315.219.5700.

**Dec 1**

**Holiday Auction and Dinner.** 5 p.m. Richfield Springs Community Center, 6 Ann Street, Richfield Springs. 5 p.m. dinner and auction preview. 6:30 p.m. auction. \$9 donation.

**Dec 2**

**St. Nicholas Day at Fort Klock.** Dec 2 18. noon-3 p.m. Fort Klock, 7214 State Route 5, St. Johnsville. For more information visit <http://www.fortklockrestoration.org>.

**Dec 9**

**Valley Voices for Christ Holiday Vocal Concert.** 6 - 7 p.m. Church of Christ Uniting, 22 Church Street, Richfield Springs. Light refreshments. Free will offering.

**Dec 15**

**December Bus Trip.** A One Day Bus Trip to Vermont. Bus will be departing from Clinton and Herkimer. The bus will visit Weston in the morning, home of the Vermont Country Store, where you will find unique gifts for family and friends. In the afternoon, you will have the option to stop at Manchester for the best outlet shopping in Vermont or visit Hildene, the home of Robert Todd Lincoln, decorated as the family might have done when they stayed there for the holidays in 1912. The cost is \$50 per person and if you wish to visit Hildene, it is \$65. The trip is a fundraiser for the Dolgeville Forward C.A.T. To sign up or for more information, call Caryl Hopson at 315.429.8660.

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**Mon. Nov. 19th** – Normal Monday Sale & Monthly Sheep, Lamb, Goat & Pig Sale.

**Mon. Nov. 26th** – Normal Monday Sale & Monthly Organic Day. Special: Conventional Herd – Dairy Dispersal for Bill Tompkins, Gilboa, NY. 36 head of Jersey & Jersey-Holstein Cross Dairy Cattle. Nov. DHI RHA 13435 4.6 548 3.3 444. SCC 200,000 Cows are in all stages of lactation with a 12.3 mo. Calving interval. 18 of the 26 milking cows are in 1st or 2nd lactation. 26 cows and 10 bred and open heifers.

**Mon. Dec. 3rd** – Normal Monday Sale & Monthly Fat Cow & Feeder Sale

**Mon. Dec. 10th** – Normal Monday Sale & Monthly Heifer Sale.  
**Mon. Dec. 17th** – Due to being closed Monday Dec. 24th this will be our Normal Monday Sale – Sheep, Lamb, Goat, Pig Sale & Monthly Organic Day.

**Mon. Dec. 24th** – We will be closed this week due to the holidays. \*\*Trucking Assistance – Call the Sale Barn or check out our trucker list on our Web-Site. Call to advertise in any of these sales it makes a difference. Watch website for any last minute updates.

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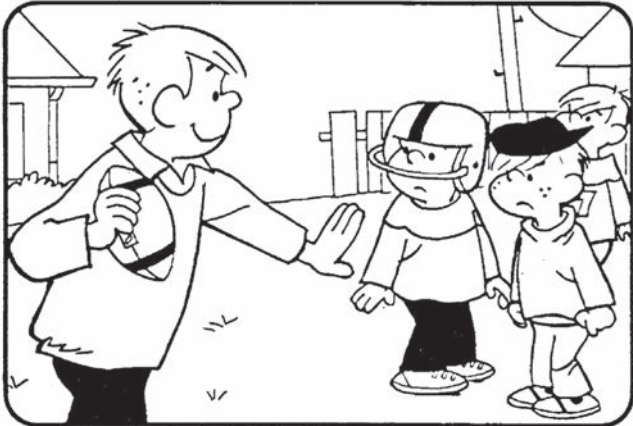


HOCUS-FOCUS

BY  
HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Football is turned. 2. Arm is missing. 3. Fence is shorter. 4. Helmet stripe is missing. 5. Kite is missing. 6. Shirt is shorter.

King Crossword

ACROSS

1 Night flier

4 Typing mea-  
sures

9 Sis' counter-  
part

12 Work with

13 "Pokemon"  
genre

14 Reaction to  
fireworks

15 Kin of three-  
card monte

17 Silent

18 Brewery prod-  
uct

19 Sun-dried  
bricks

21 Prize at a  
county fair

24 Information

25 Playwright  
Levin

26 Pirates' quaff

28 Detox center,  
for short

31 Half quart

33 And so on  
(Abbr.)

35 Strike from  
the text

36 British term  
for sonar

38 — sauce

40 Meadow

41 Plumlike fruit

43 Bequeathed

45 Prepare left-  
overs

47 Spot

48 Rd.

49 In the style of  
Percy Bysshe

54 Zero

55 Lukewarm

56 First lady

57 Ailing

58 Hits with an  
open hand

59 Tit for —

DOWN

1 Urban trans-  
port

2 Fire residue

3 Ball prop

4 Wan state

5 Naive woman,  
on stage

6 Spy novel org.

7 Jordan's  
capital

8 Garden tool

9 Stunner

10 Libertine

11 Resistance  
measures

16 Science  
workshop

20 As yet unpaid

21 Kelly of TV

22 Eye part

23 Hollywood  
Bowl structure

27 Peaks (Abbr.)

29 Sheltered, at  
sea

30 Rosary com-  
ponent

32 Scrabble  
piece

34 Marsh mari-  
gold

37 Goes on  
momentum

39 Relinquishes

42 Lucy's pal

44 Appomattox  
VIP

45 Hindu prin-  
cess

46 Wicked

50 Clean air org.

51 Still

52 Actress  
Gardner

53 Butterfly  
catcher

Weekly SUDOKU

by Linda Thistle

4			5					1
	8			3		2		
	3	5			7		9	
2				9		6		
		8			6		1	
	9		4				5	2
	1			5			4	
7			1			5		
		2			3			7

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦♦

♦ Moderate ♦♦ Challenging  
♦♦♦ HOO BOY!

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Mega Maze

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Americanisms

"It's not about the cards  
you're dealt, but how you  
play the hand."  
—Randy Pausch

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Just Like Cats & Dogs

by Dave T. Phipps

FOR THIS VACATION WE ARE CHOOSING  
A HOTEL FOR ITS VIEW AND SERVICE,  
NOT FOR ITS ESPN SPORTS PACKAGE.

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# Chamber of Commerce celebrates Land Bank's new home in Little Falls



The Herkimer County Chamber of Commerce held a Ribbon Cutting on Nov. 8 to celebrate the Greater Mohawk Valley Land Bank's new location on the second floor of the iconic Burrell Building at 500 East Main St. in Little Falls. The Greater Mohawk Valley Land Bank (GMVLB) promotes economic growth in our 6-county region. They mobilize empowered citizens, governments, and other community resources including nonprofits. GMVLB Board President, Karl Gustafson noted how pleased he was to have chosen the City of Little Falls as their new home.

Photo courtesy of Herkimer County Chamber of Commerce

## Good Housekeeping

### Cod and Vegetable Saute

This colorful fish saute is tasty and low-carb. Serve with brown rice to round out the meal.

- 1 pound cod fillets
- 2 small (about 6 ounces each) zucchini
- 2 medium red peppers
- 1 large onion
- 1/2 pound large mushrooms
- Salad oil
- Salt

1. Cut cod, zucchini and red peppers into 1 1/2-inch chunks. Slice onion; cut each mushroom in half.

2. In nonstick 12-inch skillet over medium-high heat, in 2 tablespoons hot salad oil, cook cod fillets with 1/4 teaspoon salt until browned on both sides and fish flakes easily when tested with a fork. Remove from skillet; keep warm.

3. In same skillet in 2 more tablespoons hot salad oil, cook vegetables and 1/2 teaspoon salt until vegetables are tender-crisp and lightly browned. Stir in 1/4 cup water; heat through. Spoon vegetable mixture onto platter; carefully tuck in cod. Garnish with parsley sprigs if you like. Serves 4.

\* Each serving: About 265 calories, 15g total fat, 49mg cholesterol, 465mg sodium.

For thousands of triple-tested recipes, visit our website at [www.good-housekeeping.com/recipes/](http://www.good-housekeeping.com/recipes/).

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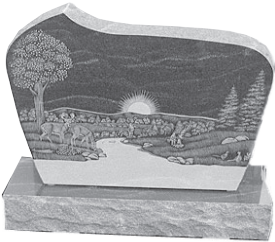
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### King Crossword — Answers

Solution time: 21 mins.

B	A	T		P	I	C	A	S		B	R	O
U	S	E		A	N	I	M	E		O	O	H
S	H	E	L	L	G	A	M	E		M	U	M
			A	L	E		A	D	O	B	E	S
R	I	B	B	O	N		N	E	W	S		
I	R	A		R	U	M		R	E	H	A	B
P	I	N	T		E	T	C		D	E	L	E
A	S	D	I	C		S	O	Y		L	E	A
		S	L	O	E		W	I	L	L	E	D
R	E	H	E	A	T		S	E	E			
A	V	E		S	H	E	L	L	E	Y	A	N
N	I	L		T	E	P	I	D		E	V	E
I	L	L		S	L	A	P	S		T	A	T

### Weekly SUDOKU — Answer

4	2	9	5	6	8	3	7	1
1	8	7	9	3	4	2	6	5
6	3	5	2	1	7	4	9	8
2	7	1	8	9	5	6	3	4
5	4	8	3	2	6	7	1	9
3	9	6	4	7	1	8	5	2
8	1	3	7	5	2	9	4	6
7	6	4	1	8	9	5	2	3
9	5	2	6	4	3	1	8	7

Mega Maze

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## Follow these Thanksgiving travel safety tips

The week of Thanksgiving is a busy time of the year to travel that's marked by a large number of people traveling to see loved ones. In 2017, AAA projected 50.9 million Americans would journey 50 miles or more from home on Thanksgiving. While many people look forward to seeing their loved ones, the sheer volume of cars on the road during Thanksgiving week makes it a dangerous time to travel.

A 2013 study examining the previous five years of data on traffic crashes in Alberta, Canada, found that long weekends have 18 percent more deadly accidents than non-holiday weekends. According to the National Highway Traffic Safety Administration, Thanksgiving is the most dangerous holiday for driving. The most recent data available from NHTSA's Fatality Analysis Reporting System indicates that there were 764 crashes involving a fatality during Thanksgiving 2012. In comparison, there were 654 crashes involving a fatality during Christmas that year.

This Thanksgiving, drivers should make it a point to follow these tips to ensure they get to their destinations safely and soundly.

- Check the forecast before you go. Weather can be unpredictable around Thanksgiving. Conditions may be sunny one day and then cold and icy the next. Stay up-to-date on the latest weather forecasts and road



Make it to family dinner safe and full of smiles by following various safety tips during your travels.

conditions as you prepare for your trip, making sensible decisions about traveling if there is inclement weather.

- Get your vehicle inspected. Have your vehicle inspected in the days before you hit the road. A mechanic's diagnostic checkup and routine servicing, such as topping off fluids and changing windshield wipers, can make driving safer.
- Keep your fuel tank more than half-full. FEMA suggests keeping the tank full when temperatures are extremely cold. This is because condensation can build up in near-empty gas tanks, potentially freezing fuel lines and leaving you stranded.
- Opt for airline updates. Flights can be delayed or canceled when weather is poor. Many airlines will now

text travelers who are subscribed to updates or frequent-flyer programs and apps. That's a convenient and free bonus.

- Plan for stops. Drowsy driving and distracted driving are extreme dangers across North America. Take breaks to avoid drowsiness, and only use a mobile device when safely pulled over at a rest stop.

- Leave plenty of time. There are bound to be many travelers come Thanksgiving week. Build extra time into your trip so you don't have to speed or rush to make it on time.

Thanksgiving is a big travel holiday. Make it to family dinner safe and full of smiles by following various safety trips during your travels.

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## Mount Markham FFA wins trip to nation's capital

*Local member to attend week-long conference in D.C.*

WEST WINFIELD, NY — As part of the 43rd annual Central New York Farm Progress Show held each September, more than 60 students from five area schools attended the inaugural FFA Career Day event highlighting career opportunities in agriculture. Through its participation in the first-time FFA Career Day event, Mount Markham FFA won a \$500 FFA scholarship, sponsored by the CNY Farm Progress Show, for one of its FFA members to attend National FFA's Washington Leadership Conference next July.

The scholarship was awarded based upon student participation in the show by local FFA chapters. Selection of the student will be up to the FFA chapter. The WLC program is a week-long leadership development program for FFA members across the county.

FFA chapters attending the two-day event were Herkimer, HFM Ag PTECH, Mount Markham, Richfield

Springs, and Vernon-Verona-Sherrill. FFA members from Vernon-Verona-Sherrill will also receive a \$250 scholarship for "Best of FFA" display featuring the chapter's mobile maple exhibit. The display depicts the maple industry and features interactive educational activities related to maple syrup production.

According to show President Dick Presky, "It's great to have our local FFA chapters participating in the Farm Progress Show; FFA and our youth are our future and we need to support them in their pursuit of careers related to agriculture." He went on to say, "The Show is honored to be able to offer the FFA scholarships to Central New York FFA programs." Mount Markham Superintendent of Schools Dr. Paul Berry concurred stating "This is a wonderful opportunity for a Mount Markham student."

Hosted at Len-Lo Farms in Mohawk, NY, the farm show is open to the public and features agriculture exhibits for a wide audi-



CNY Farm Progress Show President Richard Presky presents a \$500 check to Mount Markham FFA Senior Jonah Tangorra. Pictured (L or R) FFA Career Day Coordinator Keith Schiebel, Mount Markham Junior FFA Advisor Katie Lindsey, Superintendent of Schools Dr. Paul Berry, Tangorra, FFA member Dakota Ostrander, Presky, Mount Markham Reporter Makenzie Plungis, FFA member Ashleigh Ford, and Mount Markham Senior FFA Advisor Eric Bugbee.

ence of agriculturalists. Nearly 100 exhibitors displayed their agriculture products and services to an estimated audience of 7,500 participants. Next

year's show is slated for Friday and Saturday, Sept. 13 and 14, 2019 with Saturday being designated FFA Career Day.



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How to choose and care for table linens

Table linens must be able to bear the brunt of spilled wine, dropped food and even drippings of candle wax. Learning how to choose and care for table linens can benefit frequent party hosts.

Selecting table linens

According to the etiquette and entertaining experts at Better Homes & Gardens, white damask or plain white linen tablecloths are traditionally used for formal dinners. However, for many other parties, hosts and hostesses can use a variety of different tablecloth materials and styles to fit their decor.

If frequent spills or table service with young children is expected, many table linen materials bead up liquids for easy cleanup. Also, for ease of use, select linens that can be machine-washed and will not require special treatment.

Napkins should match the tablecloth at formal dinners. Otherwise, have fun mixing and matching patterns and colors.

Tablecloth length

Buffet tables should be set with a tablecloth that reaches the floor. For the dinner table, select a length that drops below the top of the table, anywhere between eight and 18 inches. Err on the larger size so

that tablecloths will hang accordingly and not expose the edges of the table.

Display old linens

A dinner party can be made extra-special by using antique or passed-down linens. Many of these tablecloths may be made from actual linen. Use care when laundering linens that cannot be tumble-dried, which can over-dry the fibers, advises the Farmer's Almanac. Line dry and store rolled for the best results. Steam-iron linens so they'll be crisp on the table.

Treating stains

The quicker you act, the more likely it is that stains can be remedied and table linens salvaged. Spot-treat the stain during service to remove much of it. Soak the tablecloth or napkins overnight in water to release stains. Tough stains may need to be treated with a prewash stain remover before soaking. Hot water is usually acceptable for most stains, but consider soaking items in cool water to treat red wine stains. Also, be mindful of care instructions on cloth products.

Be sure that stains have been completely removed; otherwise, they can be further heat-set by tumble-drying the tablecloth. Many people prefer to line-dry linens to protect the nature of the fibers, particularly

for fine linens.

Table linens can set the scene for a dinner party or other event. Proper selection, care and storage can keep them looking beautiful for years to come.

Americanisms



“An optimist is a person who starts a new diet on Thanksgiving Day.”  
—Irv Kupcinet

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Talking turkey

- Turkeys first existed in the eastern U.S. and Mexico, where Aztec Indians were raising them for food as early as 200 B.C.
- The Native American name for turkey is “firkee”.
- Wild turkeys can fly for short distances up to

55 mph and can run 20 mph. The modern large-breasted turkey bred for the Thanksgiving table is too heavy to fly under most circumstances.

- The average weight of a turkey purchased at Thanksgiving is 15 pounds and is about 70 percent white meat and 30 percent dark meat. The heaviest turkey ever raised weighed 86 pounds, about the size of a large dog.
- The “turkey trot,” a ballroom dance popular in

the early 1900s, was named for the short, jerky steps that turkeys take.

- In England, 200 years ago, turkeys were walked to market in herds. They wore booties to protect their feet.
- Age is a determining factor in taste. Old, large Toms (males) are preferable to young Toms, as their meat is stringy. The opposite is true for females: Old hens are the tougher birds.
- A turkey under 16 weeks of age is called

a fryer, while a young roaster is five to seven months old.

- Only Tom turkeys gobble, mostly as a mating call.
- Turkeys can see in color, but do not see well at night.
- Wild turkeys often spend the night in trees. They especially like oak trees.
- Turkeys are actually a type of pheasant and are the only breed of poultry native to the Western Hemisphere.
- Henry VIII was the first English king to enjoy turkey, and Edward VII made turkey eating fashionable at Christmas.
- Israelis eat the most turkey: 28 pounds per person. The average American eats almost 17 pounds of turkey annually.

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## Herkimer BOCES Pathways Academy elects first Student Council

ILION – Nov. 6 was Election Day, but students at the Herkimer-Fulton-Hamilton-Otsego BOCES Pathways Academy at Remington already voted a week earlier – for members of the alternative education school's first student council.

Pathways Academy Student Council member Zach Perkett, of Central Valley, said he embraces taking on the responsibility of representing all of the Pathways students.

"I feel good. I feel great," he said. "I won't let them down, I'll say that. I'll do the best I can."

The Pathways Academy at the former Remington Elementary School building in Ilion focuses on students who have had a difficult time in a traditional school structure or have to catch up on credits but have the ability to get a high school diploma. Pathways Academy classes are project-driven and infuse career and technical education.

Herkimer BOCES Principal of Alternative Education Patrick Corrigan proposed the idea of electing students to a Pathways Academy Student Council. Pathways Academy social studies teachers Joelle Yost, Matt Gardner and Greg Jaros then taught students about elections and helped run the Pathways Academy election. The election took place on Tuesday, Oct. 30, and the winners were announced on Friday, Nov. 2.

The students elected to the Student Council were:

- Zach Perkett
- Zach Maida, of Poland
- Brandon Sorce, of Poland
- Curtis Walker, of Mount Markham
- Evan Aney, of West Canada Valley
- Harmony Miller, of Frankfort-Schuyler.

### The council

The Pathways Academy Student Council was set up through the Pathways Academy Positive Behavioral Interventions and Supports (PBIS) Committee. The PBIS program includes starting off the school year with a sever-



(L - R) Members of the recently elected Herkimer-Fulton-Hamilton-Otsego BOCES Pathways Academy Student Council Zach Perkett, Zach Maida, Brandon Sorce, Curtis Walker and Harmony Miller. (Absent from photo: Evan Aney.)

Photo courtesy of Herkimer BOCES

al-day orientation activity focused on teamwork among students, teachers and staff. It also includes students earning "BOCES Bucks" for positive behavior that they can use on reward days to purchase items or experiences.

Having the Student Council under the umbrella of the PBIS program made the most sense, Corrigan said.

"We wanted to build onto our PBIS effort," he said. "We want to have adults and students working together to create a positive atmosphere in the building."

Students were elected by groups of grades – 7-8, 9-10 and 11-12 – but all council members represent all of the students. The Student Council will meet at least once per month, but more likely twice per month – especially when a project is being worked on, Corrigan said.

"We have a solid basis here," he said. "I'm looking forward to it."

There's always a value in having a student council, Corrigan said.

"Students see things that we don't see," he said, "so it's really important to hear what they have to say. And often, they have really simple solutions."

Sometimes, there won't be a great solution to a problem, and that can be communicated to students more effectively through the Student Council as well, Corrigan said.

The Student Council is a way for students to have a voice on activities and what happens in the building, Corrigan said.

"It gives them more ownership of their high school experience," he said.

### The election

The election process started with students voting to nominate their peers to run for office. The candidates then made posters and participated in town hall meetings over the course of two days.

For the town hall meetings, candidates were given questions and had two days to prepare arguments for why they should be elected, Perkett said. The town halls took place on stage in front of other students.

"That was fun," he said.

Perkett said there was a lot of discussion and debate during the town halls – with some arguing breaking out. He got

**BOCES 13**


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## Thanksgiving quiche puts sweet potatoes front and center

Sweet potatoes are a favorite side dish at Thanksgiving dinner tables. Packed with vitamins, nutrients, fiber and delectable flavor, sweet potatoes have earned their place on holiday dinner tables. While many holiday hosts bake, fry or mash their sweet potatoes, these beloved tubers can be prepared in other ways as well.

If you want to put a new twist on this Thanksgiving staple, whip up this recipe for "Sweet Potato Quiche," courtesy of the North Carolina Sweet Potato

Commission. Submitted to the NC State Fair Tailgate Recipe Contest by Kristen Frybort, this recipe marries sweet tubers with decadent cheese, rich cream and savory spices.

### Sweet Potato Quiche

Makes 8 servings

2 cups sweet potatoes, peeled and diced into small cubes  
3/4 cup yellow onion, diced  
2 1/2 tablespoons olive oil  
1/2 teaspoon salt  
Black pepper to taste

### Egg mixture:

4 eggs  
1 cup heavy cream  
1/2 teaspoon fresh rosemary, minced  
1/2 tablespoon fresh parsley, minced  
1 1/2 teaspoons salt  
1/4 teaspoon pepper  
3 ounces Gruyere cheese, shredded  
Pre-baked deep dish pie crust  
Preheat oven to 400°F. Mix together the first five ingredients and place on baking sheet. Roast in the oven for 15 to 20 minutes.

While sweet potatoes and onions are roasting, shred cheese and set aside. Whisk the egg mixture and set aside.

Once potatoes and onions have finished roasting, spoon them into the pre-baked pie shell. Next, layer the shredded cheese on top of the sweet potatoes.

Reduce oven to 375 F. Pour egg mixture over the cheese and potatoes. Place quiche in the oven on a center rack. Bake 20 to 25 minutes, or until eggs are set.

## BOCES from 12

used to the experience as it went on and realized students might be interested in hearing about his ideas.

"At first, it was nerve-racking, but as you started speaking, you saw everyone was listening and some were shaking their heads, and you think 'This could get easier,'" he said.

"I think there was a pretty healthy debate and a solid exchange of ideas," Corrigan said.

During the election process, Perkett also made sure he talked to many students about ideas and what their interests and opinions were, and he made note of it all to help with his campaign.

"I kind of was like a spy, and I did my best go get everyone's opinion," he said.

Yost said students got into the election process – with signs all over the hallways and a variety of "crazy" slogans. Absentee ballots were used during the election, and many results were very close, she said.

"I think, especially my juniors and seniors, they really realized why it's important to vote," she said. "It makes them realize that they do have a voice, and they can make a difference."

It's important for students to have representation on a Student Council, Yost said.

"I think the general student population really sees that they do have a say, and it's not just us running the show," she said.

### The future

Student Council members are excited about working with school officials and taking on the challenge.

"I like being more like an adult," Maida said. "We all have that responsibility of actual adults."

Maida said he hopes the council can help set up group activities such as clubs and sports.

"I know a lot of students in this school that like to play sports," he said.

Miller said it's important for students to have a Student Council now.

"Because we can have the students' ideas be used instead of just listening to teachers all the time," she said.

Perkett said adding the Student Council to the mix at Pathways will be beneficial. "It's always good to change something," he said.

Corrigan suggested "improving" things might be a better way to put it than "changing," and he and Perkett then agreed on that sentiment.

Perkett said he is looking forward to everyone involved getting in a room together and getting all the ideas flying.

"That's going to be really interesting," he said.




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## How to buy clothes as holiday gifts

Holiday shopping lists are being made, and there is a strong chance that clothing has made many of those lists. Year after year, apparel, along with technology and books, dominate the top giving categories, according to Nielsen Global Holiday Spending Expectations. However, before rushing out to buy that new sweater or pair of slacks, shoppers are urged to follow a few tips that can make clothing shopping easier.

- Mimic the recipient's sense of style. Take your shopping cues from the types of clothing your loved one typically wears. Now is not the time to try to impart your own fashion sense on someone else. Enlist help if you're not exactly sure of your loved one's sense of style; retail associates are there to help.

- Stick with classics. Instead of mimicking his or her style, you can always select from classic apparel or general categories if they seem like they might be the right fit. Certain pieces, such as classic black pants or a skirt or a camisole and cardigan, always work seamlessly in a wardrobe. A gentleman might appreciate a new dinner jacket or blazer for those special occasions like a night out on the town. Opt for muted colors unless the recipient to make a statement.

- Find out the right size. This can take some investigatory work, but enlist other friends or family members to determine which size clothing your loved one wears. Otherwise, do some subtle sleuthing. Indirectly inquire as to size in general conversation. Or you

can be forthcoming and say, "I'd like to get you clothing as a gift, what sizes do you wear?"

- Discover his or her favorite stores. Through your relationship, you may have learned about your loved one's favorite clothing stores. Such knowledge can give you a better sense of where to shop.

- Get gift receipts and learn the exchange policy. Even items purchased with the best intentions might not be right or fit correctly. Give the gift recipient an easy out by including a gift receipt with the present. This way he or she can exchange the gift for something

else at full purchase price. Avoid retailers with especially stringent exchange policies.

- Enroll in a clothing subscription service. You don't need to buy clothes to gift clothing. Another way to gift clothing is to enroll your loved one in a trial for a clothing service. Clothing services ask members a few questions, and then fashion specialists will choose select pieces to ship each month. The clothing can be kept or returned for new items.

Clothing gifts are very popular. Gift-givers can help ensure they're well received by selecting items with care.



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# Shopping facts and figures

The holidays are here, and that means millions of people will spend time decorating, making shopping lists, purchasing presents and stocking up on entertaining essentials. Various groups and consumer watchdogs track trends in holiday spending and giving, and many facts and figures may surprise holiday enthusiasts.

- Economists with the National Retail Federation say online and retail sales in 2017 increased by 10.5 percent over the previous year. The combination of job and wage gains, modest inflation and elevated consumer confidence has led to higher holiday spending.
- Between Thanksgiving Day and Cyber Monday 2017, more than 174 million Americans shopped in stores and online, offers the NRF. Black Friday still reigns supreme, with 77 million consumers. However, Small Business Saturday was not far behind, with 55

million consumers.

- Data from Prosper Insights & Analytics says people planned to spend an average of \$967.13 in 2017 on the holiday season. That was up 3.4 percent from the year prior.
- Tracking of spending on video games by The NPD Group reflects a growth of 15 percent when compared to a year ago. All categories have shown gains, including software, hardware, accessories and game cards. Fortnite has been a significant software sales driver for 2018, ratcheting up legions of fans seemingly overnight.
- Many people pride themselves on shopping early for gifts, but there are eleventh-hour consumers as well. NRF says around 15 percent of last-minute shoppers plan to buy gifts at supermarkets or grocery stores.
- Charitable giving tends to skyrocket at the end of the year, when the spirit of giving synonymous with the season in-



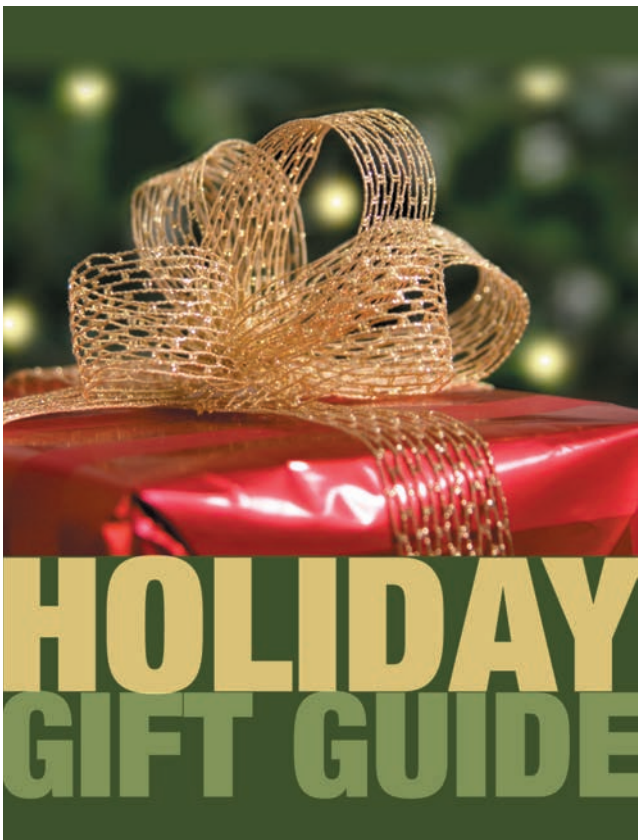
Various groups and consumer watchdogs track trends in holiday spending and giving, and many facts and figures may surprise holiday enthusiasts.

spires individuals to give back. According to PriceWaterhouseCoopers, the average total cash contribution to charity by individuals is roughly \$245.

- The NRF notes that, in 2017, only about 12 percent of consumers finished their holiday shopping by the second week of December.
- Research from Forbes found that gift cards will continue to reign supreme. Gift cards are convenient for gift-givers,

and PWC found that 42 percent of people prefer to receive gift cards for the holidays.

- Sales are strong for both online and brick-and-mortar retailers. Accenture's 10th Annual Accenture Holiday Shopping Survey discovered 84 percent of consumers plan to go online, particularly to Amazon.com, to research and price-check gifts before looking or buying elsewhere.
- The Accenture survey



also found that at least three-quarters of shoppers are enticed by coupons and other promotions to shop at stores they have not visited before.

- Don't let the holiday buying season fool you.

Shopping continues even after Santa has slid down the chimney. The NRF states 48 percent of shoppers will take advantage of after-Christmas sales in stores.

Giving the gift of an experience is a rising trend, particularly among Millennials. Harris research has determined that Millennials (defined as people born between 1980 and 1996) highly value experiences, and they are increasingly spending time and money on them.

Types of experiences include athletic pursuits, cul-

tural visits, concerts, social events and various travel. The research goes on to say that more than three out of four Millennials choose to spend money on a desirable experience instead of buying a product. And it's not just Millennials.

Overall, consumer spending has shifted in the last 10 to 15 years. HSBC Bank Chief Economist Kevin Lo-

gan said consumer spending on recreation, travel and eating out has been trending upward for more than a decade, while purchases of clothing and shoes as a share of discretionary spending has dropped. These trends can help drive purchases during holiday gift-giving. Gifts that are more experience-oriented may be more appreciated by their recipients.



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## Did you know?

According to a survey of more than 2,000 adults in the United States conducted in September 2017 by the International Council of Shopping Centers, holiday shoppers still prefer to shop at physical retailers for their gifting needs.

The survey found that nearly all shoppers (96 percent) planned to make a purchase from a retailer who has both a physical and online presence. Furthermore, 91 percent of holiday shoppers said they were planning to buy some of the items they researched online at physical locations. Even though online sales are booming, this data reinforces the fact that holiday shoppers still rely on brick-and-mortar stores. Retailers who understand how to seamlessly offer both online resources as well as a strong physical retail presence may enjoy an especially profitable holiday season.

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# Central Valley Career Day gives students a glimpse at life's possibilities

Jarvis Middle School and Central Valley Academy students learned about career opportunities from more than 60 local professionals during Central Valley's Career Exploration Day on Friday, Nov. 2, at CVA. The professionals spoke candidly about their jobs and answered questions about their personal career paths.

Jarvis and CVA guidance counselor departments worked with the Herkimer-Fulton-Hamilton-Otsego BOCES School to Careers program to organize the day. Jarvis Middle School had partnered with STC for the past two years, while CVA students had attended career events off campus. With the seventh and eighth grades in the high school while Jarvis is under renovation, it made sense to expand the program to include all students 7-12.

"We are really pleased that we had so many presenters willing to share their experiences with our students," Jarvis guidance counselor Shannon Buttacaro said. "Herkimer BOCES School to Careers liaison MaryBeth Napolitano and Schools to Careers counselor Rebecca Roberts put together an incredible group of professionals."

Students attended five 20-minute sessions based on STC career interest surveys they took prior to the event. Guidance counselors encouraged students to share their impressions in a feedback survey on the following Monday.

What did students think?

Several students later discussed what they learned, what they liked, and how it is shaping their futures.

• Allana Proulx (10): "It was fun. I liked the firefighting session. I had wanted to do nursing, but now I'm in the middle."

• Morgan Grescheck (11): "I think it was beneficial for people who wanted to explore different career paths. I liked the health services because it was a more hands-on presentation. It doesn't change my thoughts about the future, but it makes me more open-minded about how I want my future to be."

• Marek Bush (10): "It was interesting; I liked hearing about it from a first source. I liked human sciences and physical therapy."

• Kolby Fical (12): "It was kind of eye opening to actually hear about it from an actual person who does the job everyday instead of just reading about it. They gave us a lot of different perspectives. It was different from how I expected it to be. It definitely changed my opinion on things."

• Austin Tubia (8): "I like the way they had it organized. You had a chance to see something new. Specifically, I really liked the Indium Corporation when they were speaking about there being so many opportunities that you can go for and they highlight all of them. I didn't know where I was headed. I'm still looking because none of them stood out to me, but they definitely gave me ideas."

• Morgan Herringshaw (8): "I liked how some people used objects they use in the workforce. Someone had toys they use with little kids. I enjoyed this one girl who counsels elementary students. That really interests me because I like helping people."

• Annamarie Lyman (7): "I thought it was a very great learning opportunity and it could help me decide a career path. I really liked the IT presentation. I



Jim McCoy, talent acquisition coordinator of Indium Corp., opens students eyes to the range of careers in high tech development and manufacturing during Central Valley's Career Exploration Day on Friday, Nov. 2, at CVA. The event was organized by Jarvis and CVA guidance departments and the Herkimer-Fulton-Hamilton-Otsego BOCES School to Careers program.

Photos courtesy of Herkimer BOCES

am interested in becoming an engineer and this was a great opportunity to learn about this career choice."

• Christopher Newtown (7): "I wanted to do sports because the athletic department at Accelerated Sport has all different kinds of sports you can work with like baseball or football. And I'm going more toward sports than my original career of going into the military."

Each session reflected one of 16 nationally recognized career clusters — groupings of occupations and broad industries based shared features. These include:

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## Gray is here to stay in home designs

Decorating a home in neutral tones has long been recommended as a way to sell a home quickly. But the color gray also provides a blank canvas for homeowners who have no intention of putting their homes on the market anytime soon.

Beige and white have long been go-to colors for neutral living spaces. But many interior decorators now look to gray as the neutral color of choice.

Design experts advise that gray has a broad range. Gray can include everything from silver to charcoal to a dusty cloud. According to the trendsetters at Glidden Paints, gray coordinates well with other colors. Plus, the neutral appeal of gray boasts a timeless quality.

Gray is not a clear-cut color that's simply a 50-50 blend of white and black. Gray has subtle nuances that can lean toward blues, greens, taupes, and more depending on the lighting and surrounding furnishings. That means that homeowners who are ready to replace their furniture or accessories need not neces-

sarily repaint if they've previously decorated in shades of gray.

Individuals need only replace small items to produce a big effect in rooms where gray is dominant. Because gray is so neutral, it works with soft, calming colors in various pastels, but equally as well with bright reds, yellow and oranges, according to Scott Bodenner, a Brooklyn-based textile designer.

Gray also is a predominant color in natural stones used throughout homes in entryways, bathrooms and kitchens. It can make design sense to maintain continuity throughout by dabbling in gray elsewhere.

Designers have shown how gray does not have to be cold, industrial or gloomy. It can be sophisticated in just about any room of the house. More designers are now leaning toward warmer variations of gray, such as taupes and blends dubbed "greige," that are beautiful but not as stark as pure gray.



Designers have shown how gray does not have to be cold, industrial or gloomy.

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When people have a goal, they make choices that take them toward that goal. That is especially true for students. The courses they choose, attendance, school behavior and the effort they invest can open or close doors in their futures.

The problem is that students have a hard time connecting what they do today in school to their futures. (Think of the adults who look back on their school years and say, "I

wish I had known!")

Career Day helps students see that even what they do in middle school and high school can affect college and career options. This is especially important now that New York State has embraced Pathways to Graduation. No longer must every student take the same core classes to earn a high school diploma. Students can pursue a track that prepares them for entry-level employment (SDOS), technical careers (CTE), ongoing education (Regents and Advanced Regents), or the Arts. Language other than English (LOTE) will soon become another op-

tion. Career Day gives students more information to decide which path is best for them.



Dr. Karen Jones, associate professor at Herkimer College's physical therapy assistant program, invites students to try out a hand dynamometer during Central Valley's Career Exploration Day.

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## Navigate these driver assistance apps

It is never a good idea to use smartphones or other devices while behind the wheel. In fact, distracted driving is a key risk factor for automotive accidents. However, certain smartphone applications and features can make road trips and other excursions easier, safer and more enjoyable – provided these apps are used before getting in the car, when safely pulled over or in the hands of a passenger.

### Make a pit stop

Drivers may not know where to pull off the highway when they need a mid-trip snack or a restroom run. iExit enables you to see all upcoming exits on a particular roadway (when location services are turned on) and which amenities are accessible at each exit. The app also tells drivers which way to go if they need to find gas stations or restaurants.

Icons indicating food, fuel, hospitals and even banks/ATMs are included to indicate what's available at the exit.

### Popular sights

Field Trip by Google will pull from categories you have selected and your location to indicate potential sites of interest around you. The app works off of recommendations from travel and lifestyle sources, and will provide Bluetooth-enabled alerts when you're close by.

### Fill 'er up

Exclusively for locating fuel stations, GasBuddy also helps drivers compare gas prices so they can save money if they so desire. When fuel costs can make or break a trip, this app will keep your tank and wallet full.

### Gain performance data

To keep track of vehicle performance,

use Dynolicious Classic. While this app's not free, it's less expensive than a visit to a service station. Dynolicious relies on an iPhone's built-in accelerometers to gauge lateral and longitudinal acceleration and horsepower.

### Get trusted repairs

It is important to find a trusted mechanic who will fix a problem for a reasonable price. Repair Pal is an app that has already culled quotes and reviews from nearby mechanics to simplify comparison shopping.

### Navigation made easy

Smartphones already feature built-in map apps that offer navigation and directions, such as those offered by

Google and Apple. But Waze is a community-driven app that provides real-time updates to traffic situations, gas prices, law enforcement sightings and alternative routes to avoid delays.

### No more lost cars

Finding that elusive parking spot can be challenging. When you finally grab a space in a parking garage or on city streets, you want to make sure you can find your way back there easily. Enter Honk, an app that can mark your vehicle's location with a GPS pin. You can also make text or verbal notes indicating position or how much time you have on a parking meter, as well as use the app to find businesses nearby.



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## Utility vehicles: What's the difference?

The terms "sport utility vehicle (SUV)" and "crossover" (also dubbed a compact sport utility vehicle or CUV) are heard quite frequently and sometimes used interchangeably. It can be easy to blur the terms because of the subtle differences between these types of vehicles. But upon careful interpretation of these ultra-popular vehicles, the variations between them become more apparent.

The frames of these vehicles can help people distinguish between them. Many car experts refer to SUVs as those vehicles that are equipped with the chassis of a truck, while crossovers are based on a car's platform.

SUVs rely on a "body on frame," which means the body is built separately from the frame of the vehicle and then assembled later on. Crossovers use "uni-

body" architecture, which means the body and frame are one piece.

SUVs are classified as a light truck and have the towing and performance capabilities of a pickup truck. As a result, the wheelbase, floorplan, suspension, powertrain and other SUV arrangements are similar to those of a pickup. Conversely, crossovers use the platform of a sedan and handle much more like traditional passenger cars, offering smooth rides and responsive handling.

Crossovers are often smaller than SUVs and may not have the off-roading or towing capacities of SUVs. Another difference is the driveline. Most SUVs employ four-wheel drive systems, while crossovers have two-wheel drive systems.



## Comfort Foods Made Fast and Healthy

by Healthy Exchanges

### Applesauce Spice Muffins

Enjoy these muffins warm, and they are perfect. The smell tells you just what you're going to taste in your first bite.

- 1 1/2 cups Bisquick Heart Smart Baking Mix
- 1/4 cup Splenda Granular
- 1 1/2 teaspoons apple pie spice
- 2/3 cup Carnation Nonfat Dry Milk Powder
- 1/2 cup water
- 1/2 cup unsweetened applesauce
- 1 egg, beaten, or equivalent in egg substitute
- 2 tablespoons vegetable oil
- 6 tablespoons seedless raisins

1. Heat oven to 400°F. Spray 8 wells of a muffin pan with butter-flavored cooking spray or line with paper liners.

2. In a medium bowl, combine baking mix, Splenda and apple pie spice. In a small bowl, combine dry milk powder and water. Stir in applesauce, egg and vegetable oil. Add to baking mix mixture. Stir just until moistened. Gently fold in raisins. Evenly fill muffin wells.

3. Bake for 15 to 20 minutes or until a toothpick inserted in center comes out clean. Place muffin pan on wire rack and let set for 5 minutes. Remove muffins from pan and continue cooling on wire rack or serve warm. Serves 8.

\* Each serving equals: 156 calories, 4g fat, 4g protein, 26g carbs, 302mg sodium, 105mg calcium, 1g fiber; Diabetic Exchanges: 2 Starch; Carb Choices: 2.

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## Career Connections and Herkimer College earn national award with intern program

HERKIMER – Career Connections, a division of Arc Herkimer, and Herkimer County Community College earned a national job placement award for the Project SEARCH program.

The award, presented at the Annual

Project SEARCH Conference in Savannah, GA, honored the organizations for their collaboration to secure 100 percent placement for the first class of interns for jobs in the community earning at least minimum wage. The program is

in its third year of collaboration between the nonprofit and college.

Project SEARCH is a 40-week intern program for young adults with disabilities ages 18 to 34 with a sole objective and intensive focus on achieving competitive employment and maximum independence for each participant.

Interns, supported by Career Connections and college staff, participate in daily classroom instruction and gain hands-on work experience by rotating among three unique, unpaid internships at various sites at Herkimer College throughout the academic year.

For more information or an applica-

tion for 2019-20 intern class, contact Catherine Loomis, Career Connections, at 315.574.7893 or email [cloomis@archerkimer.org](mailto:cloomis@archerkimer.org).

Career Connections is located at 257 N. Main St., Herkimer. Office hours are 8 a.m. - 4 p.m., Monday through Friday. Walk-ins are welcome. Career Connections assists individuals with disabilities ages 16 and older in obtaining meaningful employment based on each person's interests, skills and needs. For more information on Career Connections programs, call 315.574.7883 or visit [www.archerkimer.org](http://www.archerkimer.org).



Career Connections, a division of Arc Herkimer, and Herkimer College celebrate as recipients of a national job placement award for their collaboration for the Project SEARCH program. Those on hand include (L - R) Career Connections Assistant Program Director Catherine Loomis, Career Connections Employment Services Specialist Nicole Knapp, Herkimer College Associate Dean of Academic Affairs - Humanities/Social Science Dr. Robin Reicker, Herkimer College President Dr. Cathleen McColgin, Arc Herkimer President/CEO Kevin Crosley, Career Connections Director Robin Mattox and Arc Herkimer VP - Supports & Services Shawn Schultz.

Photo courtesy of Arc Herkimer

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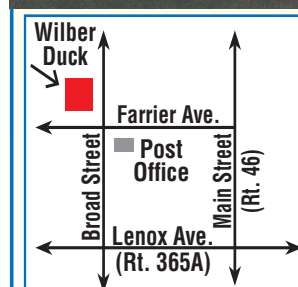


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## John Koslosky takes you railfanning through the Adirondacks

The Utica and Mohawk Valley Chapter of the National Railway Historical Society will meet on Friday, Nov. 9 at the Zion Lutheran Church on the corners of French and Burrstone roads in New Hartford. At 7 p.m., there will be a business portion conducted by President Harry Lenz with reports on Christmas on Main Street, the Adirondack Scenic Railroad, the exhibit at the Children's Museum, the repair of New York Central 6721, the Toy Train Collectors' Society Train Show at Utica

Union Station, plus many more activities and projects ahead in the coming months and weeks.

After the break, Utica and Mohawk Valley Chapter NRHS Corresponding Secretary John Koslosky will have a program on both the Adirondack Scenic Railroad and on the progress of the restoration of BIG Boy 4014 in Cheyenne, WY, with plenty of Union Pacific action included. This meeting is open to anyone who is interested in railroads, the Union Pacific Railroad,

the railroads of the Western United States and railroad history. We would also like the guests attending our meeting to have the opportunity to join our chapter as regular members. We would like to invite all retired and active railroad personnel to come to our meeting as well.

For more information, contact Bradford Paulson at Bpaulson909@rnsn.com or 315.327.8653 or 315.853.5400.

## Strange but True

by Samantha Weaver

• It was civil-rights leader Martin Luther King Jr. who made the following sage observation: "Nothing in the world is more dangerous than sincere ignorance and conscientious stupidity."

• Everyone knows that a sophomore is someone in his or her second year of high school or college. Most people don't realize, though, that the word is derived from the Greek words "sophos," which means "wise," and "moros," which

means "stupid."

• Have you ever tried to hum while holding your nose? It can't be done.

• The creator of the ubiquitous smiley face earned a grand total of \$45 for his creative effort.

• If you're a pet owner, you probably know that the epidemic of obesity is not limited to humans; many pets are overweight, too. You might be surprised to learn, though, that some pet owners choose to deal with the problem in a

way that we usually associate only with people: liposuction. Yes, you can get cosmetic surgery for your pets.

• If you hear the word "Bilbo" you might think of a famously adventurous hobbit, but a bilbo is also a finely tempered Spanish sword.

• A recent study by scientist Karl Berg suggests that an adult green-rumped parrotlet, a tiny bird native to Venezuela, will "name" its babies, as-

signing each a particular series of peeps to identify it. Not only that, other parrotlets then learn to associate that exact series of peeps with that particular bird, and actually use the sounds to get that bird's attention.

Thought for the Day: "Life is not a spectacle or a feast; it is a predicament." — George Santayana

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Approx. 11 Face Cord **\$825**



**FURNACE CHUNK WOOD**

Approx. 11 Face Cord **\$725**

**315-823-1982**

Prices may include extra delivery charge.

**HEAP VENDOR**

## Insurance policies everyone should have

Insurance is something everyone needs but hopes to never use. Without insurance, already difficult situations could be made much worse and cause financial devastation.

Certain types of insurance may not be necessary for everyone, but other types are almost universally necessary regardless of the policy holder's particular situation. The following are some examples of insurance policies everyone should have.

### Health insurance

Everyone needs health insurance. The out-of-pocket costs for routine medical examinations can be quite high, and testing, hospitalization or surgery can take quite a toll on a person's finances if he or she has no health insurance. In fact, a recent Harvard study noted that most people are statistically one serious illness away from bankruptcy. Shopping around for adequate coverage and the most affordable plans for one's situation is essential, as even minimal coverage is better than nothing when it comes to offsetting the rising costs of healthcare.

### Life insurance

Life insurance is something most people will never benefit from personally, but it leaves a financial legacy for the people they love, providing for those they leave behind. Parents or men and women who are the sole breadwinners in the household can rest easy knowing their life insurance will keep their loved ones financially secure in the event of their death. According to the financial resource Investopedia, individuals need to factor in mortgage or rent payments, loans, funeral expenses, childcare and taxes when calculating how much life insurance coverage they need. Experts suggest 10 times one's yearly income.

### Disability insurance

Many people do not believe they will become ill or injured, but the statistics speak otherwise. Data from the Social Security Administration show that three in 10 workers entering the workforce will become disabled before they reach retirement. Being off from work anywhere from a few weeks to a few months is enough to jeopardize one's financial future.

Short- and long-term disability policies provide partial and complete income replacement depending on the policy chosen.

### Auto insurance

People who drive are urged to have auto insurance to protect themselves in the event of an accident or theft. Auto insurance also helps protect against any litigation as the result of accidents when a passenger or other driver is injured.

Insurance is a wholly necessary expense that provides peace of mind and protection.

## WANTED Tow Truck Driver

Must Have Experience  
and towing endorsement,  
apply in person or email resume  
to [Melanie@SkinnerSales.com](mailto:Melanie@SkinnerSales.com)

**Skinner's Service Station**

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YOUR POWER EQUIPMENT!**  
We can get you up & running  
for all your  
seasonal projects

**Briggs & Stratton  
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Ext, D Rings, Roof Vent**



**Loadrite, Galvanized,  
5' Spring Assist Gate,  
Various Sizes**

**Other Trailers Available As Well. Stop By Or Give Us A Call!**

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**786 Route 9, Gansevoort, NY 12831 • 518-584-6960**

**Hours: Mon.-Fri. 8AM-5PM • Sat. 9AM-1PM**

**[www.versatiletrailersales.com](http://www.versatiletrailersales.com)**

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**Your one stop butcher shop.**

*Let us process your cow, pigs & deer.*

Check out our product line. We have bulk or link sausage in many flavors. We offer on the farm pickup. \$70 deer processing includes, cut, grind, & commercial vacuum sealing. Active duty military 20% discount, veterans 10% discount, and family discounts on deer processing. No hidden charges. FB: Mosher's Meat Cutting. Our prices won't be beat and neither will our quality.



**601 Murphy Rd.,  
Little Falls**

**315-868-6275**





# Country Editor

**PO Box 121, 6113 State Hwy. 5  
Palatine Bridge, NY 13428  
800-836-2888 • Fax: 518-673-2381  
classified@leepub.com**

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1190 Vegetable  
1200 Veterinary  
1205 Wanted

## Announcements

### ADVERTISING DEADLINE

**FRIDAY • 2:00 PM**

(Week Prior to Each Friday Dated Paper)

For as little as \$4.00 - place a classified ad in

*The Country Editor*

Call Peg at **1-800-836-2888**

**or 518-673-0111**

or email [classified@leepub.com](mailto:classified@leepub.com)

## Announcements

**CHECK YOUR AD - ADVERTISERS** should check their ads on the first week of insertion. Lee Newspapers shall not be liable for typographical, or errors in publication except to the extent of the cost of the first weeks insertion of the ad, and shall also not be liable for damages due to failure to publish an ad. Adjustment for errors is limited to the cost of that portion of the ad wherein the error occurred. **Report any errors to 800-836-2888 or 518-673-0111.**

### ★ ★ ★ ★ ★ ADVERTISERS

Get the best responses from your advertisements by including the age, condition, price and best calling hours. Also, we always recommend insertion for at least 2 issues for maximum benefits. **DEADLINE** for placing ads is **FRIDAY at 2:00 PM - Week Prior** to Each Friday Dated Paper. **Call Peg at 1-800-836-2888 or 518-673-0111**

**SELF-INKING STAMPS:** Great for raffle tickets. \$23.00+ tax. Shipping extra. Call Lee Newspapers Inc. at 518-673-0101 or email [commercialprint@leepub.com](mailto:commercialprint@leepub.com)

**PISTOL PERMIT CLASSES:** County approved. Also get your Utah/Florida permit. Call Joe 315-749-5638 [www.handgunn.com](http://www.handgunn.com)



## Antiques

**ANTIQUES/FINE ART** and unusual collectibles. 9200 State Route 365, Holland Patent. From Pete Rose autographs to Coca Cola ceiling fans. 315-794-9175.

## Announcements

## Antiques

**WANTED TO BUY...** ANTIQUE 1800's Books, Ledgers, Bottles, Decorated Crocks & Jugs, Tools, Dolls, Paintings, Keys/Locks, Glass Negatives/Photographs, Postcards, Lamps, Quilts, Marbles, Hunting & Fishing. VICTORIAN Jewelry & Watches, Buttons/Sewing, Clothing.PRIMITIVE Buckets, Barrels, Bowls, Kitchen. VINTAGE Pre-1975 Halloween, Christmas, Vending/Gumball Machines, Scrapbooks, Greeting Cards, Jadeite, Hats, New Undergarments, Hankies, Doilies, Lionel Trains, Head Vases, Radios, Railroad Items, Knives, Lawn & Garden, Travel Brochures, Zippo Lighters, Church Pews, Rock Albums, Local Dairy Bottles. **ADVERTISING** Mirrors, Signs & Crates, Coke, Pepsi, Gas/Oil. CIVIL WAR, WWI, WWII Badges & Helmets. **FREE** House Calls...**CASH PAID!!!** Showcase Antiques, Little Falls, 10-5pm, 315-823-1177.

## Building Materials/Supplies

**INSULATION:** All Types. New/Existing Buildings. Free Estimates. Fully Insured. Call Upstate Spray Foam Insulation 315-822-5238. [www.upstatesprayfoam.com](http://www.upstatesprayfoam.com)

## Buildings For Sale

USED 10x12 cottage shed with vinyl siding. Sold new for \$2,850, used price \$2,000. Yoder Quality Sheds 315-858-0841

USED 12X24 COTTAGE SHED. Sold new for \$4,167 used price \$3,000. Yoder Quality Sheds. 315-858-0841

## Construction Equipment For Rent

**FOR RENT** - Herkimer two Apts. 2 bedroom, with heat, Hot Water, tenants pay electric, Private Parking, large yard. One is \$575-. One is \$595-. Security and No pets. 315-8665571

## Construction Services

## Construction Services

### ANTHONY MACRI



**PAVING  
CONCRETE  
MASONRY**

**Commercial & Residential**

Call With Your Needs

**315-866-2733 or 315-717-3333**

## Crafts

### LOOK

GRACE EPISCOPAL ANNUAL HOLIDAY BAZAAR. November 16th and 17th, 9-4 w/luncheon 11-2. Soup and Sandwich \$6.00, Sundaes by Stewarts \$1.50. Crafts, Christmas items and Baked Goods. Take outs available 315-866-4782. Grace Episcopal Parish Hall, 9 E. Main St., Mohawk

## Custom Services

**HORSE LOGGING:** Small or large woodlots. Minimum 20 trees. Call for more information 315-823-1618

**BUSINESS CARDS: 1,000 for only \$60.00, full color glossy.** Give us your existing card or we will design one for you! **FREE SHIPPING** included. Call Lee Newspapers Inc. at 518-673-0101 email [commercialprint@leepub.com](mailto:commercialprint@leepub.com)

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## Farm Supplies

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- White Pine Shavings • Poulin Grains
- Hay & Grain Preservatives • Bird Seeds
- Muck Boots • Georgia and Rocky Shoes
- D-S Stoves • Blaschak Coal • Alaskan Stoves
- Chimneys & Firewood • Meadow Creek Grills & Seasonings • Fabrics • Socks • Coats
- Sewing Supplies • Novelty Items and More!

-----COUPON-----

**\$5.00 OFF**

**ALL WINTER BOOTS**

MONTH OF NOVEMBER

With This Coupon • Expires November 30, 2018

## For Rent

**ILION:** First floor-two bedroom apartment: all electric. Smoke free and no pet policy. Take a visual tour [www.crossettrees.com](http://www.crossettrees.com) email [louise@crossettrees.com](mailto:louise@crossettrees.com) Call 315-894-8557. Applications available.

**NEWPORT:** One bedroom apartment, first floor. Utilities, stove & refrigerator included. Parking. \$550 plus security. 315-845-1592, 315-725-2760

**VILLAGE OF ILION:** First floor. Two bedroom all electric apartment. Applications available. Call Crossett Real Estate Services 315-894-8557 OR contact [louise@crossettrees.com](mailto:louise@crossettrees.com)

**ILION AVAILABLE** Dec.1st, efficient 2 bedroom 1st floor apartment, parking, laundry facility, front porch, \$575 plus utilities.315-717-4470.

## For Sale

**RAFFLE TICKETS** - 500 - \$60, 1,000-\$75, 1,500 - \$90, 2,000-\$100. Other quantities available. Call Lee Newspapers Inc. 518-673-0101, 6113 State Hwy. 5, Palatine Bridge, NY 13428 or email [commercialprint@leepub.com](mailto:commercialprint@leepub.com)

**BANNERS: VINYL** - Single Sided - Double Sided, various sizes. Free shipping. **Call Lee Newspapers Inc.** at **518-673-0101** or email [commercialprint@leepub.com](mailto:commercialprint@leepub.com)

## Furniture

50's DINING ROOM SET, table, 4 chairs, china closet & buffet, \$300; 1940's vanity w/mirrors, \$75; bed, headboard, footboard, \$25. Cash & carry. 315-717-9272 to see.

## Heating

**ILION:** Harmon Magnum stoker coal fired stove, \$1,500 used as backup. 315-894-3260

## Help Wanted

**ASSISTANT HANDYMAN AND CLEANING PERSON** Needed for apartment building in Little Falls. Painting, light carpentry and cleaning skills required. Starting pay \$11.00 per hour, 12-21 hours per week, more may be required. A dedicated, hard working employee could earn more hours and an increase in salary. Please call 315-823-1200 and leave detailed message.



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## Services Offered

**Mail: Country Editor, PO Box 121, Palatine Bridge, NY 13428**



# Area Church Services

**COLD BROOK**  
**COLD BROOK**  
**UNITED METHODIST CHURCH**  
467 Main St.  
Sunday Worship 10:30 AM

**DOLGEVILLE**  
**NEW HOPE CHRISTIAN FELLOWSHIP**  
Pastor Pat Andreoli  
32 Spencer St.  
Sunday School 9:30 AM  
Sunday Worship 10:30 AM  
Tuesday Bible Study 7 PM

**GRACE BAPTIST CHURCH OF DOLGEVILLE**  
Pastor Len Byarty  
12 Van Buren St.  
Sunday School (All Ages) 10-11 AM  
Morning Worship 11-12:30 PM  
Lunch 12:30-2 PM  
Afternoon Worship 2-3 PM

**DOLGEVILLE UNITED**  
**METHODIST CHURCH**  
Rev. Anthony Bradseth  
21 N. Helmer Ave.  
Church Phone 429-7381  
Sunday Church Service  
Oppenheim @ 9:30 AM  
Dolgeville @ 11 AM

**DOLGEVILLE CHRISTIAN FELLOWSHIP**  
Pastor Marvin Isum  
3 Elm St. Phone 429-8390  
Sunday Worship 10:30 AM  
Mid-week Service Tuesday 7 PM

**UNITED LUTHERAN**  
**PRESBYTERIAN PARISH**  
26 E. Faville Ave.  
Worship 11 AM

**ST. JOSEPH'S ROMAN**  
**CATHOLIC CHURCH**  
Deacon Jim Bower, Administrator  
Rev. T. Healy, Sacramental Minister  
31 N. Helmer Ave.  
Phone 429-8338  
Mass 9 AM Sun, Mon & Wed

**EAST SCHUYLER**  
**CHRISTIAN ASSEMBLY OF SCHUYLER**  
Pastor Mark Sowersby  
3659 Route 5, East Schuyler  
Sunday Worship 10:30 am  
Wednesday Night 6:30 pm  
Phone 315-895-0926  
Christianassemblyofschuyler.com

**FRANKFORT**  
**OUR LADY QUEEN OF APOSTLES**  
414 Frankfort St., Frankfort, NY  
Pastor: Father Paul Catena  
Deacon: Micheal Carbone  
Mass Schedule: Saturday 5:30 pm;  
Sunday 9:00 am; Tuesday & Thursday 9:00 am

**HERKIMER**  
**SS PETER and PAUL ORTHODOX CHURCH**  
Rev. Thaddeus Franta  
305 Main Rd., East Herkimer  
Phone 866-3272  
Wednesday Vespers 5PM  
Saturday Evening Vespers 5 PM  
Sunday Divine Liturgy 9:30 AM  
Holy Day Liturgy 9:30 AM

**HERKIMER**  
**TEMPLE BETH JOSEPH**  
327 N. Prospect St.  
Phone 866-4270  
Friday 7 PM

**ST. FRANCIS de SALES CHURCH**  
Rev. Mark Cunningham, Pastor  
219 N. Bellinger St.  
Phone 866-4282  
Saturday Vigil Mass 4 PM  
Sunday Mass 8 & 10:30 AM

**CHURCH OF SAINTS**  
**ANTHONY and JOSEPH**  
Rev. Quy Vo, Pastor  
229 S. Main St.  
Phone 866-6373  
Saturday Vigil Mass 6 PM  
Sunday Mass 10 AM

**REDEEMER CHURCH**  
Pastor Michael Servello  
931 Herkimer Rd.  
Utica, NY 13503  
Phone 792-4748  
Saturday 6 PM • Sunday 9 & 11 AM

**OKA RIDGE FREE METHODIST CHURCH**  
Pastor Chris Schumske  
838 W. German St.  
Sunday School (All Ages) 9:30-10:20 AM  
Worship Service 8:30-10:30 AM  
with iPraise for the children (K-5th grade)  
Phone 866-0575

**UKRAINIAN ORTHODOX CHURCH OF**  
**ST. MARY'S PROTECTRESS**  
326 Moore Ave.  
Sunday Divine Liturgy 10 AM  
Holy Day Liturgy 9 AM  
Phone 866-1336

**NEW LIFE CHURCH**  
Pastor David Hayner  
337 Protection Ave.  
Phone 866-1164 • www.nlc-mc.org  
Worship 10 AM  
Wednesday Worship 6:30 PM

**TRINITY EVANGELICAL**  
**LUTHERAN CHURCH**  
Rev. Ann Zimmerman, Pastor  
Corner of West German & Henry Streets  
Phone 866-6474  
Sunday Services 8 AM Spoken  
Sunday Worship Service  
10:30 AM with Music  
Bible Studies on Thursday Mornings at 10 AM

**THE SALVATION ARMY**  
Lieutenants John and Lori Wood  
429 N. Prospect St.  
Phone 866-1240  
www.thesalvationarmy.org  
Sunday School 10 AM  
Morning Worship 11 AM

**FIRST UNITED**  
**METCHODIST CHURCH**  
**OF HERKIMER AND LITTLE FALLS**  
Pastor Joelle Faulks  
Prospect St & Park Ave.  
Sunday Worship 8:30 & 10am  
Sunday School 10am during school year

**HERKIMER**  
**CHURCH OF JESUS CHRIST**  
**OF LATTER-DAY SAINTS (MORMONS)**  
Branch President Blake Francisco  
Gros. Blvd., East Herkimer  
Phone 315-866-8095  
Priesthood/Relief Society 12:10 PM  
Sunday School 11:20 AM  
Sacrament Meeting 10 AM  
Family History Center hours by  
appointment; please leave a message at  
315-866-7189

**HERKIMER REFORMED CHURCH**  
102 Church St.  
Phone 866-1523  
Worship 9:30 AM  
Sunday School 11 AM  
Shepherd's Table:  
Tuesday 11-12:30 PM  
Thursday 11:30-12:30 PM  
Shepherd's Table Dinner:  
First & Third Tuesday 6 PM

**CHRIST EPISCOPAL CHURCH**  
Rev. Jill Stellman  
300 N. Main St.  
Church Office (315) 866-0551  
Email: christchurchherkimer@gmail.com  
www.christchurchherkimer.org  
Sunday Services: 10:30 AM  
Bible Study: Fridays 7:00 PM (Parish Hall)  
Free Community Dinner: Next-to-last and Last  
Saturday of the month 5:00 PM (Parish Hall)  
Entrance to Parish Hall is on Mary Street

**ILION**  
**ILION COMMUNITY CHURCH**  
Pastor Dean Mabry  
44 Central Plaza  
Sunday Worship 10am  
Child Care/Kids Church Available  
ilionchurch.com

**SAINT AUGUSTINE'S**  
**EPISCOPAL CHURCH**  
Bishop - Dan Herzog  
78 2nd Street  
Phone: (315) 894-3775  
Sunday School at 8:45 AM  
Adult Bible Study at 8:45 AM  
Holy Eucharist at 9:35 AM

**FIRST PRESBYTERIAN CHURCH**  
90 Morgan St., Ilion, NY, 13357  
Reverend Richard Riggle  
Bible Study 9:30am  
Church Service 10:30am  
315-894-2070

**FIRST BAPTIST CHURCH**  
8 Second Street  
Reverend John Partise  
Sunday Worship 11 AM

**MORNING STAR UNITED**  
**METHODIST CHURCH**  
36 Second Street  
Reverend Bob Wallaber  
Sunday Worship 10 AM  
November 1 - May 1  
4224 Acme Rd, Frankfort  
May 1 - November 1  
36 Second Street, Ilion

**ILION**  
**ANNUNCIATION CHURCH**  
109 West Street, Ilion, NY  
Pastor: Father Paul Catena  
Deacon: Micheal Carbone  
Mass Schedule: Saturday 4:00 pm; Sunday  
11:00 am; Monday & Wednesday 9:00 am

**LITTLE FALLS**  
**FIRST BAPTIST CHURCH**  
555 Albany St.  
Morning Worship will begin at 10:15 AM  
Rev. Chris J. Wintermute will be speaking  
this morning.  
Nursery (infants through age 4)  
Junior Church (K-4) during Morning

**FIRST BAPTIST CHURCH CONTINUED**  
Worship Service  
Sunday School Classes 9 AM  
(nursery through adult)  
Morning Worship Service 11 AM and is  
broadcast live over radio station WIZR,  
930 on the AM dial with a one week delay.  
Monday School Board Meeting 6:30 PM  
Tuesday Trustee Meeting 7 PM  
Wednesday Final Bible Study & Prayer  
Time at homes 7 PM  
Thursday Choir Practice 7 PM

**HOLY SPIRIT POLISH NATIONAL**  
**CATHOLIC CHURCH**  
Father Rafael Dadello  
615 E. Gansevoort St.  
Phone 823-0793  
Sunday Mass 11 AM

**ST. PAUL'S UNITARIAN**  
**UNIVERSALIST CHURCH**  
Minister Jeffrey J. Frank  
Mark Bunce, Organist  
565 Albany St.  
Phone 823-2284  
Sunday Service & Religious Education 10 AM

**HOLY FAMILY PARISH OF THE**  
**ROMAN CATHOLIC COMMUNITY OF**  
**LITTLE FALLS**  
Deacon Jim Bower, Administrator  
Rev. T. Healy, Sacramental Minister  
763 E. Main St.  
Phone 823-3410  
Saturday Vigil Mass 4 PM  
Sunday Mass 10:30 AM

**EMMANUEL EPISCOPAL CHURCH**  
588-594 Albany St.  
Sunday Schedule:  
High Mass, Rite II 10 AM  
Nursery & Sunday School 9:45 AM  
(Sept.-May)  
Fellowship Coffee Hour 11:15 AM  
Choir Rehearsal 11:30 AM  
Holy Day Masses as announced  
Confessions by appointment

**FIRST ASSEMBLY OF GOD**  
Senior Pastor Timothy Parisi  
559 E. Jefferson St.  
Phone 823-4043 • firstaglf@gmail.com  
Sunday Morning All Worship 10 AM  
Thursday Bible Study 6:30 PM

**LITTLE FALLS**  
**HOLY TRINITY LUTHERAN CHURCH**  
512 E. Gansevoort St.  
Sunday Worship 9:30 AM  
Sunday School 9:15 AM  
Wednesday Services 12:10 PM & 7 PM

**FIRST PRESBYTERIAN CHURCH**  
Pastor Tamara Razzano  
16 Jackson St.  
Phone: 315-823-3004  
Email lffirstpres@gmail.com  
www.presbylff.org  
Sunday Worship 10 AM  
Sunday School 10 AM

**INGHAMS MILLS BAPTIST CHURCH**  
Rev. Gary L. Busch, Pastor  
Sunday Worship Service 10AM  
443 Inghams Mills Rd.  
Little Falls, NY 13365  
Pastor's Phone (315) 717-9936

**MIDDLEVILLE**  
**MIDDLEVILLE UNITED METHODIST**  
Rev. Robert Lindsay  
24 Rte. 29  
Phone 845-8730  
Sunday School 9:30 AM  
Worship Service 9:30 AM

**MOHAWK**  
**GRACE EPISCOPAL CHURCH**  
Rev. Sally Heiligman  
7 E. Main St.  
Phone 315-866-4782  
or 315-520-4723  
Holy Eucharist 10 AM

**DENNISON CORNERS**  
**COMMUNITY CHURCH**  
Pastor Donald King  
219 Robinson Rd. • Phone 866-5215  
Sunday:  
Sunday School 9:45 AM  
Morning Worship 11 AM  
Evening Worship 6 PM  
Wednesday Prayer 7 PM

**MOHAWK REFORMED CHURCH**  
Rev. Brian Engel, Pastor  
20 S. Otsego St.  
Phone 866-4292  
Email mohawkpastor@verizon.net  
Follow us on Facebook  
Morning Worship:  
10:30 AM Sept. - June • 9:30 AM July - Aug.  
Youth Sunday School (Pre-K - Sr. High) 9 AM  
Adult Sunday School (Men, Women  
& Couples) 9:30 AM  
September - June

**EMMANUEL BIBLE CHURCH**  
Pastor Gary Wilcox  
54 W. Main St. • Phone 717-3011  
Sunday School 9:45 AM  
Morning Worship 11 AM  
Fellowship Lunch 12:30 PM  
Afternoon Bible Study 1:30 PM  
Wednesday Prayer & Bible Study 6 PM

**MOHAWK**  
**CHURCH OF THE BLESSED**  
**SACRAMENT**  
Sr. Mary Jo Tallman, CSJ,  
Parish Life Director  
Rev. Mark Cunningham,  
Sacramental Minister  
71 E. Main St.  
Phone 866-1752  
Saturday Vigil Mass 5:30 PM  
Sunday Mass 9:30 AM

**CHRISTIAN BIBLE CHURCH**  
H. Ed Reed, Pastor/Teacher  
167 Ward Rd.  
Phone 858-1282  
www.christianbiblechurch.us  
Sunday School 9 AM  
Sunday Worship 10 AM  
Wednesday Bible Study  
& Prayer Meeting 7 PM

**THE WORD CHRISTIAN CENTER**  
Pastor Gene Kipper  
27 E. Main St.  
Phone 868-1790  
Sunday Services at 10 AM  
Intercession - Tuesdays at 7 PM  
Free Community Dinner the last  
Thursday of the Month at 6 PM

**NEWPORT**  
**FIRST BAPTIST CHURCH OF NEWPORT**  
7497 Main Street  
Pastor's Phone 315-790-1877  
Sunday Worship at 9:45am

**UNITED METHODIST**  
Rev. Robert Lindsay • Phone 845-8730  
Sunday School 11 AM  
Morning Service 11 AM

**KUYAHOORA COMMUNITY CHURCH**  
Pastor Dwayne Durand  
West Canada Valley  
High School Auditorium  
5447 St. Rt. 28  
Mailing Address PO Box 50  
Middleville, NY 13406  
Phone 315-292-1303  
www.kuyahorracc.org  
Weekly Service Sunday 10:08 AM

**ST. JOHN THE BAPTIST**  
**CATHOLIC CHURCH**  
Rev. Quy Vo, Pastor  
St. John the Baptist Parish  
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## Kovels: Antiques and Collecting

by Terry and Kim Kovel

### Faience bowl

Talented artists often become well-known for just one type of art when they actually created many different things. Emile Galle (1846-1904), the famous artist known for his cameo glass, designed, made and sold pottery and furniture. The glass and furniture are popular with today's collectors. The pottery is scarce and not well-known. Galle was a leader in Art Nouveau design and a passionate botanist, yet few of the art books mention anything but his cameo glass.

Galle's father had a store and sold glass and ceramics. Emile Galle studied glass making, design, botany and mineralogy, and he even served in the Franco-Prussian war. This training helped him in his commercial projects. After schooling, he moved back to Nancy, France, his birthplace, and started his own workshop. In 1874, he directed Saint-Clement pottery and eventually moved it to Nancy. His pottery was exhibited at the 1878 Paris Exhibition, and later, he showcased both pottery and glass at another Paris exhibition. He set up his furniture shop in 1884. The wooden pieces feature marquetry using naturalistic designs similar to those found on his cameo glass.

Galle invented many new techniques for making glass, and he started the Art Nouveau style that used curved lines, shapes and natural designs with plants and animals. His Art Nouveau cameo glass was world-renowned, and he continued to study and write about

horticultural subjects. Galle died at age 58 after a long battle with leukemia.

A large faience-handled bowl with flowers, scrolls, dolphin heads and a picture of a sailboat was auctioned at a James Julia sale in 2017. It's marked with a Cross of Lorraine and the words "Emile Galle Fecit Modele depose" (Emile Galle registered design). A similar bowl was on "Antiques Roadshow" in 2016 with an estimated value more than twice the price paid of \$968.

**G:** While at an estate sale, I bought a Hall six-cup ceramic teapot. The bottom is stamped with pattern No. 0113, and the color is maroon with a gold patterned detail. There also is "M8" stamped on the bottom rim. When was this made?

**A:** You have a Hollywood teapot first made by Hall in the 1920s. It was made in 4-cup, 5-cup, 6-cup and 8-cup sizes. Hollywood teapots were made in solid colors as well as with decal decorations. At one time, Hall was the world's largest manufacturer of teapots. The value of your teapot is \$25 to \$35.

### Current prices

- Amethyst glass, sugar, black amethyst, square, scallop rim, pedestal foot, handles, c. 1934, 4 inches, \$25.
- Grain shovel, farming tool, hand-carved, one piece of wood, paddle-shaped, cylindrical handle, c. 1870, 51 x 10 inches, \$230.
- Fly catcher, blown glass, etched bamboo design, shouldered, spherical stopper, scroll feet, c. 1890, 13 inches, \$735.



This 14-inch wide faience bowl made by the Galle factory sold for \$968. Emile Galle's cameo glass brings much higher prices.

• Banner, sideshow, Madam Clair, The Psychic Wonder, psychic holding crystal ball, 80 x 120 inches, \$4,320.

Tip: If you have museum-quality wooden furniture, do not use modern furniture-spray polish. Use wax and apply it about once a year. Just dust it regularly.

For more collecting news, tips and resources, visit [www.Kovels.com](http://www.Kovels.com).

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## Paw's Corner

by Sam Mazzotta

### Cat returned home riddled with fleas

**Dear Paw's Corner:** I went on a weeklong Caribbean cruise with friends and left my cat "Fuzzy" with a pet sitter who kept her in her home. The sitter had good references, but a few days after I returned and picked up Fuzzy, I noticed her scratching. Checking her fur, she was riddled with fleas! I'm very unhappy about this – it will be very difficult to rid her and my apartment of the infestation. Should I ask for my money back from the sitter? – Caroline in Brooklyn

**Dear Caroline:** You certainly should contact the sitter and tell her about the flea infestation. Let her know that Fuzzy didn't have fleas before she stayed over, and that now she does.

The sitter may not have known that fleas were an issue in her home. Perhaps they rode in on another guest cat. So, she'll certainly need to treat her home before accepting any more pets.

She should know that you're not happy and that you have to shell out money to treat Fuzzy for fleas. As to whether she should refund your money entirely? It may be up

for negotiation. She may offer to refund the difference of the cost of ridding Fuzzy of fleas – so save your receipts from the pet store and veterinarian.

Since pet-sitting fees for a week-long stay can run to hundreds and even thousands of dollars, you may want to consult a lawyer for advice. Chances are you can directly negotiate a refund with the sitter, but it's good to know all your options, like small claims court, just in case.

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## Four insurance myths and misconceptions dispelled

(BPT) – There are several myths and misconceptions that exist when it comes to insurance. For example, true or false? It costs more to insure red cars.

The answer is false. Car color has no impact on insurance premiums; however, factors like your driving history, annual mileage driven, the cost of your vehicle and other things will affect how much you'll pay for insurance.

Insurance is one of the most useful investments you can make to help safeguard your belongings and financial assets, but it's important to know what you're purchasing. Here are four things you should know about auto, homeowners or renters insurance policies to ensure adequate protection in the event of an unforeseen or unexpected loss.

1. Myth: Auto insurance covers all vehicle-related issues.

Most states require drivers to carry auto liability insurance. This coverage provides financial protection if you're found to be legally responsible for causing injury to another person or their property. It doesn't cover damage to your vehicle, however, or items stolen from your vehicle, or damage from a storm or vandalism.

Collision insurance covers you while your vehicle is in motion and you crash into another vehicle or with a fixed object, like a pothole, guardrail or light post. This coverage is typically required by a lender when you finance a vehicle.

Comprehensive insurance is coverage that protects your vehicle when it is damaged while not in motion. Examples of this could include vandalism, theft or an act of Mother Nature like a hailstorm or fire.

"When financing a vehicle, the lender may require you to carry this coverage until it is paid off. If your vehicle is older, however, and it has been completely paid off then comprehensive insurance

may not be the right coverage because a vehicle's value decreases with age. Consider whether the savings of not having comprehensive insurance are enough to offset the risk of potentially having a large repair or replacement bill," says Kevin Quinn, vice president of auto claims at Mercury Insurance.

2. Misconception: Homeowners insurance protects against damage from all natural disasters.

Homeowners insurance covers losses or damages to your house and personal belongings in the event of a fire, sudden flooding caused by a broken pipe, theft and even objects falling from the sky like airplane debris. It also provides liability coverage if visitors suffer injuries on your property, and it can extend to events off the premises as well like if personal property is stolen from your vehicle.

"Generally speaking, homeowners insurance is designed to help you rebuild your home and replace personal property if it is damaged or stolen," says Christopher O'Rourke, vice president of property claims at Mercury Insurance. "However, you may need to purchase a separate flood insurance policy to protect your home from floods, because these events are usually not covered by a homeowners policy."

Homeowners should contact the National Flood Insurance Program to inquire about coverage for floods, rising tides or storm surges.

3. Myth: Renters insurance is unnecessary.

Renters insurance is very affordable; however, only 41 percent of renters purchase it. And without renters insurance, you'll have to pay out of pocket if your personal belongings are damaged in a fire or are stolen.

"Unfortunately, your landlord's insurance policy will not cover any of your



*Insurance is one of the most useful investments you can make to help safeguard your belongings and financial assets.*

personal belongings and it won't provide liability protection if a lawsuit is brought against you because a visitor slips, falls and injures themselves inside your rental unit," says O'Rourke. "Renters may not be responsible for repairing the home they live in, but there's always a chance their possessions and valuables will need to be replaced if they are damaged or stolen, so purchasing a renters insurance policy is a smart way to provide financial security."

4. Misconception: Your auto insurance policy provides coverage whenever you are driving your vehicle.

A personal auto insurance policy protects drivers in case they're involved in a collision. However, there are certain sit-

uations where more coverage is needed.

"With the advent of the gig-economy, many people are turning to ride-hailing jobs, where they can be their own boss and set their own hours," says Quinn. "Without the proper insurance, however, they're putting themselves and others at risk if they get into a collision, because your personal auto policy doesn't cover you when you use your vehicle for commercial purposes. This includes driving for Uber or Lyft, or even pizza delivery."

Insurance is a sound investment, but can be complicated, so it's always a good idea to speak to an insurance agent. These highly trained professionals can provide expert advice and guidance to help ensure you are adequately protected.

## Donna's Day: Creative family fun

by Donna Erickson

### Help kids make mini succulent pumpkins

Just in time for Thanksgiving and December holiday gatherings, stylish mini pumpkins can star in stripes, white and various shades of orange for eye-catching place settings and centerpieces when you glue moss and embed living succulents on top.

Give your kids the job of keeping succulents misted every few days as the plants root into the moss, and enjoy the creations in your home now and into the new year. When the mini pumpkins soften and age, toss them in the compost bin and pot the succulents indoors in soil in a flowerpot to grow in bright sunlight or outdoors in a frost-free garden bed.

Get older kids involved in creating the mini succulent pumpkins by swirling the nontoxic sticky glue or a glue gun, handling the wiry moss and arranging different varieties of succulents and add-ins make for artful fun.

Here's what you'll need:

- One clean pumpkin with a flat-top surface.
- Water-soluble white glue that dries clear, such as Mod Podge Matte finish or a low-temp glue gun.
- Sphagnum moss, available in garden centers or craft stores.
- Several succulents. Use cuttings from your garden or purchase at garden centers.
- Natural add-ons such as seedpods, acorns, tiny

pine cones or eucalyptus.

Here's the fun:

1. Set mini pumpkin on a newspaper-covered work surface. Remove stem with clippers, being careful not to cut into the pumpkin.

2. Drizzle glue around the top area of the pumpkin in swirls. Cover with moss, about 1/2-inch thick, pressing firmly in place. Let dry.

3. Remove roots and soil from the succulents. Dip short stems into glue and poke into the moss. For balance, place a tall succulent for a focal point near the center and add remaining succulents and add-ons around it over the moss. An adult or older child may use a glue gun to affix the add-ons, if you prefer.

### Care tips:

Set the pumpkin on a saucer, trivet or tray. Mist succulents and moss regularly, making sure the pumpkin remains fresh and dry. The succulents will begin to root through the glue into the moss. Keep away from excessive heat, freezing temperatures and rain.

**Holiday idea:** Use at each guest's place at the Thanksgiving table. Tuck a name card in each one and set at each plate. Spray paint pumpkins in gold or silver for December holiday dinners. Guests may take one home to enjoy into the new year.

(c) 2018 Donna Erickson

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*Mini pumpkins can star in stripes, white and various shades of orange for eye-catching place settings and centerpieces.*



CANAJOHARIE -  
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CHAMBER OF COMMERCE  
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# Elves Night Out

## Friday, December 7th

**4:30PM** ~ Santa arrives at the Canajoharie Post Office to pick up the letters from our children.

**6:00PM** ~ Lighting of the Christmas Tree & Carolling led by our elementary choir and of course Santa & his elves. (Park is downtown adjacent to Little Mohawk Street, near the dummy light.)

**After the Tree Lighting** ~ Santa entertains the little ones and hears their "wish lists". Christmas cookies and hot cococa will be served at the Canajoharie Library/Arnell Museum.

**Horse Drawn Wagon Rides from 5-8:30PM**

**Basket Raffle - New This Year!** Hosted by Canajoharie Reformed Curch at their downtown ministry location - 64 Church St., Canajoharie. See baskets available starting Wed., Dec. 5 @ 3PM.

**50/50 Raffle Tickets** will be available at participating downtown businesses All Week Long!

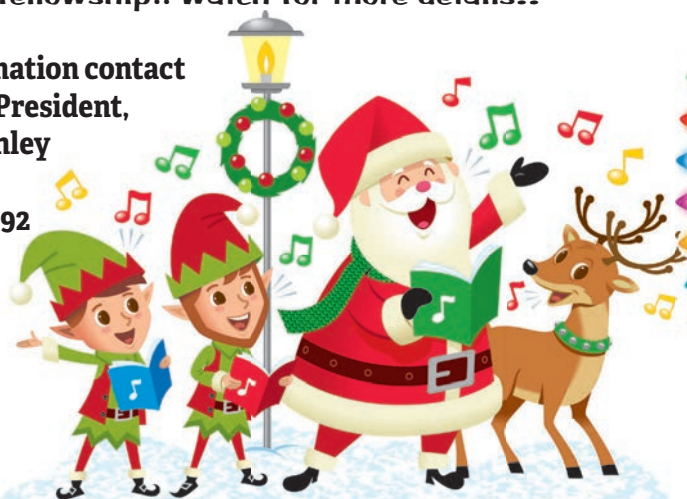
Canajoharie Youth Center will once again be hosting vendor tables in their gym - Interested vendors should contact Amanda Sweet 518-673-5117.

More to come from the Youth Center - watch future ads for details.

**Downtown Shops will stay open late-  
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For information contact  
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## Herkimer College students participate in United Way Emerging Leaders hygiene supply drive

HERKIMER, NY — Herkimer County Community College's Upsilon Epsilon Chapter of Phi Theta Kappa participated in the United Way's Emerging Leader's

hygiene supply drive. United Way's Emerging Leaders United is a group of community member volunteers, 40 year of age and under, working to further the mission of United Way of the Valley and Greater Utica Area. The Volunteer Task-force committee coordinated a hygiene supply drive this fall to give needed items such as soap, shampoo, feminine products, tooth-brushes, etc. to those in need within our community. The drive ran from Oct. 11 to Nov. 8. Items collected will benefit local pantries and shelters including the Mohawk Valley YWCA. Members of Upsilon Epsilon chapter coordinated several drop off areas on campus. Phi Theta Kappa is the international honor society for 2-year college students.



Shaun McGraw (of Dolgeville), president of the Phi Theta Kappa Upsilon Epsilon chapter, delivering donations collected at Herkimer College.

Photo courtesy of Herkimer College



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