

Herkimer County  
**Country Editor**  
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Volume 8  
 Number 27

OH COME, LET US SING TO THE LORD! LET US SHOUT JOYFULLY TO THE ROCK OF OUR SALVATION. LET US COME BEFORE  
 HIS PRESENCE WITH THANKSGIVING; LET US SHOUT JOYFULLY TO HIM WITH PSALMS. ~ PSALM 95:1-2

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## Tree of Love fundraiser

H.A.L.O. (Helping Animals Live Organization) is holding their sixth "Tree of Love" fundraiser in memory and honor of our beloved pets, family members and friends. This year's tree is dedicated in honor of a very special person who has been a voice for homeless animals in our community for many years, Faye Bunk, the co-founder of H.A.L.O. The tree will be showcased in the lobby at Little Falls Adirondack Bank, located at 500 E. Main St., for the month of December. There will be a special "Tree Lighting Ceremony" at 10 a.m. on Saturday, Dec. 8.

For every \$5 donation to H.A.L.O. there will be an or-

namment placed on the tree in memory or honor of a special pet or person. To donate to the "Tree of Love," stop by Adirondack Bank in Little Falls where there are forms available or mail a check to H.A.L.O., 615 Albany St., Little Falls, NY 13365.

To double the impact of your gift, instead of mailing your check to H.A.L.O., send it to the Holiday "Save A Life Campaign." Staffworks Charitable Fund, through the Community Foundation of Herkimer & Oneida Counties, is matching donations for area shelters and rescue groups beginning on Giving Tuesday, Nov. 27, through Dec. 31. Visit [www.savealifewithstaffworks.com](http://www.savealifewithstaffworks.com)

and select H.A.L.O. (Helping Animals Live Organization) to make an online gift or mail a check to The Community Foundation, 2608 Genesee St., Utica, NY 13502. Put H.A.L.O. in the memo field on your check. Mail or drop off your "Tree of Love" entries to H.A.L.O.'s address or email them to [cadhopson@hotmail.com](mailto:cadhopson@hotmail.com).

Proceeds from the "Tree of Love" and your donation can provide nourishing food, lifesaving medical care, safe shelter and loving families for homeless cats in our community.

For more information, call Caryl at 315.429.8660.

## Herkimer Hannaford donates \$500 to the Salvation Army



The Herkimer Hannaford donated a \$500 Hannaford Gift Card to the Salvation Army in Herkimer to help with families in need for this Thanksgiving. Pictured from left to right are: Kyle Williams - Bakery Manager, Mike Rondenelli - Store Manager, Captain John Woods from the Herkimer Salvation Army, Mike Childrose - Manager of Customer Service and Steve Sleezer - Associate Relations Manager. Photo courtesy of Michael Rondenelli, Store Manager, Herkimer, Hannaford



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## Donna's Day: Creative family fun

by Donna Erickson

### Easy meatless tamale casserole uses leftovers

Over the years, photos, reminders and kitschy magnets have covered my fridge door, along with cartoons

and sayings. One snippet by humorist Calvin Trillin, often described as "America's funniest food writer," held center stage for years.

"The most remarkable thing about my mother is that for 30 years she served the family nothing but leftovers. The original meal has never been found."

I laugh every time I recall the quip – maybe it's because leftovers feel like a prize when I discover them in the back of the refrigerator. I know I can reheat them with extra dashes of fresh additions, and voila ... a family meal is on the table.

Don't forget about those "leftover" Thanksgiving feast dry goods in your pantry – like the big bag of cornmeal you bought for making just one batch of cornbread.

Use that cornmeal in this easy-to-make meatless tamale casserole. It's a delicious dish your kids can help prepare by measuring ingredients, beating the eggs and greasing the pan while you chop and saute onions and garlic.

Serve this tasty tamale-inspired main course with a lovely, crisp fresh salad, or enjoy it as a side. It makes an ample amount for a family of four, with, yes, plenty of leftovers.

#### Meatless Tamale Casserole

2 medium onions, chopped

2 cloves garlic, minced  
2 tablespoons butter  
2 tablespoons oil  
1 tablespoon chili powder  
1 teaspoon salt  
1 15-ounce can diced tomatoes (substitute with fire-roasted style, if you prefer)  
1 4-ounce can diced green chilies  
1 15-ounce can corn, drained  
1 cup milk  
3 eggs, beaten  
1 1/2 cups yellow cornmeal  
1 1/2 cups pitted black olives  
2 cups shredded sharp Cheddar cheese  
Sour cream for serving

1. Heat oven to 350°F. Grease an 11 1/2-by-8-inch baking dish or 8-cup casserole.

2. In a large skillet, over medium heat, saute onions and garlic in the butter and oil until softened, about 10 minutes. Add chili powder, salt, tomatoes, chilies and corn. Stir. Then add and stir in the milk, eggs, cornmeal and olives. Cook on medium heat for 10 minutes, stirring occasionally.

3. Put mixture into baking dish, top with cheese, and bake uncovered for 30 minutes until puffy and deliciously browned on top.

4. Cut into squares and top with dollops of sour cream. Makes 6 servings.

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## Poland school community continues efforts to remember student, support American Heart Association

POLAND – When Poland Central School District first-grader Alyssa Pomichter passed away unexpectedly in 2007 from cardiac arrest with no previous diagnosis of any problems, her family, classmates, teacher

efforts, however, continued each year — by her classmates, students in first-grade and the school in general.

Alyssa's classmates participated as seniors in the association's Indoor Heart Walk at Sanger-

ley, recently presented the Poland Has Heart team for America's Greatest Heart Run and Walk with the Schools Highest Pledge Award. The award goes to the school district raising the most money, and Poland has won the

award every year except one dating back to 2006. "That's unbelievable," Evanoff said.

In 1995, Poland 3-year-old Ben Poplaski, who is now in his mid-20s, was diagnosed with an aortic valve issue and later had to

undergo valve replacement surgery. In 2002, what is now known as the Bionic Ben Team for America's Greatest Heart Run & Walk was formed, and in 2006, the team merged with the school team.

In 2007, after Alyssa passed away, Rosina Olezeski, who was then a teacher aide, approached Alyssa's parents Patricia and Dain Linneen about creating Team Alyssa, and the team was started that year. One aspect of the fundraising is displaying a photo of Alyssa in the hallway and having people donate to put heart images up on the wall around her.

The Poland Has Heart

Team is now a combination of a general school team, Team Alyssa and the Bionic Ben Team, and Livingston took over Olezeski's role as team captain of Poland Has Heart after Olezeski retired a few years ago.

Evanoff presented the award to Livingston and Dain Linneen on Oct. 19 in Livingston's classroom. Poland Has Heart raised about \$2,900 last school year, Evanoff said.

The Poland school community's continued support has been a way to remember Alyssa and set a good example for other students, Evanoff said.

POLAND 5



Pictured, students who were first-graders last school year and participated in the American Heart Association's Indoor Heart Walk at Sangertown Square in February pose on Nov. 9 with the award, first-grade teacher Karen Livingston, Alyssa's mother Patricia Linneen and Patricia Linneen's daughters: Poland 11th grader Alexia Pomichter, third-grader Gracie Linneen and first-grader Addyson Linneen.

Karen Livingston and others got involved with raising money for the American Heart Association.

The plan was originally to honor Alyssa through American Heart Association walks with her classmates through elementary school, Livingston said. The involvement with the walks and other

town Square last school year in February — along with students then in first grade — before graduating in June.

"We just kept going," Livingston said. "We've always had the support."

Jaime Evanoff, director of development for the American Heart Association of the Mohawk Val-

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POLAND from 4

“There’s just no better way to honor her,” Evanoff said. “You’re inspiring people to do a good thing — especially at this young age.”

Livingston reflected on when she first found out that Alyssa passed away and described it as “not a call teachers think they will ever get.” The goal of the efforts for her has been about honoring Alyssa, she said.

“It was just to keep her mem-

ory alive,” Livingston said.

Dain Linneen said the goal also has been to “raise awareness and make sure something positive comes out of it.” Through the years, the support has been amazing, he said.

“She won’t be forgotten, that’s for sure,” he said.

Dain Linneen said he appreciates the work that has done by Livingston and others at the school to keep the effort going.

“I’m proud of everybody,” he said.

Patricia and Dain Linneen have three daughters in school at Poland: 11th grader Alexia Pomichter, third-grader Gracie Linneen and first-grader Ad-dyson Linneen.

Alyssa would have graduated last school year, and a chair was left empty for her at graduation, Patricia Linneen said.

Her classmates were supportive throughout the years and shared memories of her, Patricia Linneen said.

Seeing the efforts last through when Alyssa would have graduated and beyond comes with a lot of emotion.

“It’s bittersweet,” Patricia Linneen said. “I’m very thankful. Mrs. Livingston has done an amazing job keeping her memory alive.”

Patricia Linneen said she gives her thanks to everyone who has helped through the years, and she appreciates that new groups of first-graders get involved in supporting the American Heart Association each year.

“What a great cause,” she said. “It’s something they can carry with them throughout their lives.”

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**Mon. Dec. 3rd** – Normal Monday Sale & Monthly Fat Cow & Feeder Sale. Special: Monday, Dec. 3rd – Bushynski Farms Milking Herd Dispersal(Schoharie Cty). A Homebred herd with 35 Cows ave. 55# in all stages of lactation. Mostly AI sired Holsteins with a few nice Jerseys & Crosses. Also 7 head of Scottish Highlanders – all ages.

**Mon. Dec. 10th** – Normal Monday Sale & Monthly Heifer Sale.

**Mon. Dec. 17th – Due to being closed Monday Dec. 24th** this will be our Normal Monday Sale – Sheep, Lamb, Goat , Pig Sale & Monthly Organic Day.

**Mon. Dec. 24th – We will be closed this week due to the holidays.**

**Mon. Dec. 31st – We will be closed this day** due to the Holiday but will reschedule to open Wed. Jan 2nd

**Wed. Jan. 2nd** – This will be our Normal Sale day due to the Holidays – Monthly Feeder Sale.

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Poland Central School District's Poland Has Heart team for the American Heart Association recently once again won the association's award for the school raising the most money. The team is partially in honor of Alyssa Pomichter, who passed away in 2007 as a Poland first-grader. Pictured, American Heart Association of the Mohawk Valley Director of Development Jaime Evanoff (right) presents the award to Alyssa's father Dain Linneen (center) and Poland first-grade teacher Karen Livingston (left).

Photos courtesy of Herkimer BOCES

# Whatchamacallits

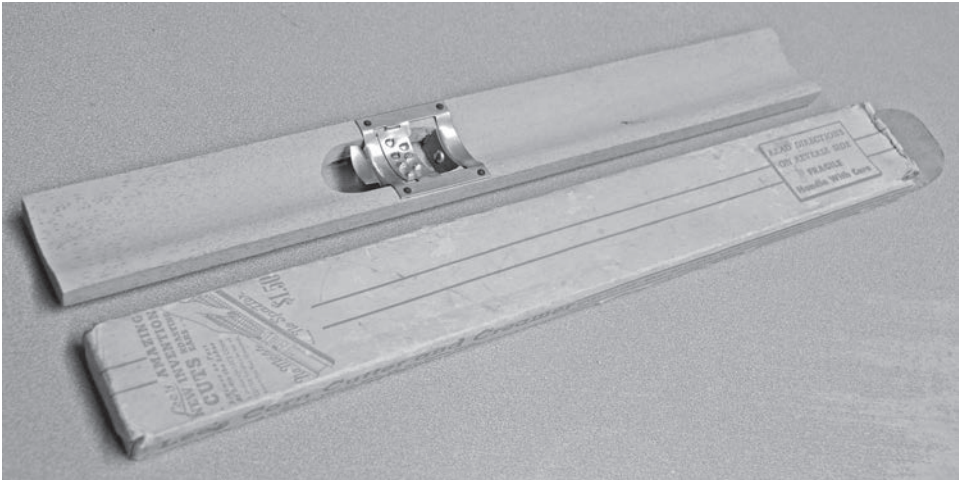
Thanksgiving may have passed, but the desire for good creamed corn never really leaves the kitchen, does it?

The Lee Manufacturing Company, which was established in 1939, is still alive and kicking and even has a website where you can find corn cutters, pea shellers, cabbage cutters, nutcrackers, pecan pickers, cherry pitters, tomato processing utensils and garden tools, including this lovely throwback to yesteryear, Lee's Corn Cutter and Creamer. The box this model came in states that it was selling for \$1.50 – on the website, [www.leemfgco.com](http://www.leemfgco.com), it retails for \$13.95 (but the prices drops per item if you purchase more than one).

According to the Lee Manufacturing Company site, this is the original wooden corn cutter and creamer invented by J.B. Lee in 1939, patented

in 1942. “It is famous for producing rich and flavorful cream style corn. It will easily clip and shred each juicy kernel, releasing the milk inside,” the website reads. “With a hardwood base and stainless steel blades and

components, our famous corn cutter can also be used to remove whole kernel corn from the cob with ease. Just remove the shredder and set the cutting blade to the correct kernel height.”



This model is the best seller for the company and has been used by various well-known chefs – and more than four million are currently in use around the world. Properly cared for, this simple, old-fashioned tool can be used for years and even passed down from one generation to the next.

It is most easily used when leaned down into a dishpan or shallow baking dish in your sink or against your countertop backsplash. There are a few videos on the website that even demonstrate how to use the cutter in different ways for different corn products.

The company, based in Martin, TN, also offers a stainless steel corn cutter and creamer, a plastic corn cutter and creamer and a field corn hand sheller – but this wooden one just feels right in your hand.

Do you have your own Whatchamacallit?

Send a photo and short description to [cllewellyn@leepub.com](mailto:cllewellyn@leepub.com) or call Courtney at 518.673.0144



## Where people spend most

Who hasn't tallied up monthly bills or looked at a credit card statement and pondered if they're spending a little too much? The average person also may wonder how their expenditures compare to other people around the country and what they need to do to enjoy financial freedom in retirement.

According to the U.S. Bureau of Labor Statistics, the average American household spends just about \$57,000 each

year between necessities and luxuries. Canadians are spending even more than their neighbors to the south. Statistics Canada indicates that, in 2016, the average annual expenditure on goods and services per household totaled \$62,183.

So how are people allocating their funds? The results may surprise you and indicate where it's possible to trim some fat and save big bucks.

Across North America,

housing is the largest line item in people's budgets. Various sources suggest that housing and shelter needs account for anywhere from 30 to 40 percent of most household budgets. By making housing decisions based on areas with the most efficient cost of living, individuals can save considerably over the long run.

The second largest expenditure category is transportation. This accounts for the cost to fi-

nance or lease a vehicle and insure it, and it also includes urban dwellers who rely on public transportation or ride-share services to get around. Keeping transportation budgets in check can be great a way to save.

Food is the next largest expense. While everyone needs sustenance to stay alive, how that money is allocated can make a big difference in saving versus spending. The BLS says that food at home

costs around \$4,000 annually, while spending on dining out amounts to around \$3,100, for a grand total of \$7,100 each year. Statistics Canada notes that Canadian households spent an average of \$8,784 in 2016 on food and that 26 percent of that spending was on dining out. Cutting back on dining out can be a great way to save money, as can becoming a

more sale-conscious grocery shopper.

Healthcare, utilities and entertainment are the next most costly expenditures, respectively. But each of those items are considerably less expensive than the top three. Therefore, making changes to where one lives, how one gets around and how one eats can certainly add up to considerable savings.

## Remembering Pearl Harbor

Dec. 7, 2018 marks the 77th anniversary of the attack on Pearl Harbor. This was a pivotal day in world history, ultimately leading the United States to enter the Second World War.

Prior to the attack on Pearl Harbor, Japan participated in a series of invasions into China, believing the only way to solve its economic and demographic problems was to expand into China and take over its import market. This attitude helped create rising tension with the United States, and American officials ultimately responded with economic sanctions and trade embargoes. Although it seemed war was inevitable, the Japanese preempted the American military with a surprise attack targeting Pearl Harbor, which is 2,000 miles from the U.S. mainland and 4,000 miles from Japan.

Pearl Harbor is a U.S. naval base located near Honolulu, HI. On a Sunday morning on Dec. 7, 1941, just before 8 a.m. local time, Japanese fighter planes descended on the base in a surprise attack. Five additional attacks followed throughout the day. The Japanese managed to destroy nearly 20 American naval vessels, which included eight battleships, and more than 300 airplanes. While the military equipment could ultimately be replaced, the more than 2,400 military personnel and civilians who died paid the ultimate price.

It is believed the United States was especially surprised by the attack, as American military leaders felt if an attack were to take place, it would come from the sea rather than the air. In addition, American intelligence officials were confident that any Japanese at-

tack would take place in one of the European colonies in the South Pacific, such as Singapore or Indochina, which are closer to Japan than Hawaii.

Despite devastating Pearl Harbor, all hopes were not lost that day, and the Japanese could not cripple America's Pacific Fleet. Aircraft carriers were not docked at the base, and the key onshore oil storage, shipyards, repair shops and docks were left largely intact. From a functional standpoint, the U.S. Navy was able to quickly rebound. However, even 77 years later, the residual emotional effects of the attack continue, particularly among WWII veterans, as well as the family members of those who perished.



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# Weekly SUDOKU

by Linda Thistle

2				8				3
		3	6			4		
	6				9		7	
		2	7					6
4				5			2	
	1				3	9		
	5		3			7		
		1		6			4	
3		9			8			1

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

## DIFFICULTY THIS WEEK: ♦♦

♦ Moderate ♦♦ Challenging  
♦♦♦ HOO BOY!

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# King Crossword

### ACROSS

- 1 Troubadour's instrument
- 5 Brit. fliers
- 8 Legal document
- 12 Tiny bit
- 13 Right angle
- 14 Present
- 15 Poetic foot
- 16 By way of
- 17 App symbol
- 18 Stingy, slangily
- 20 Majorettes' props
- 22 One of the kin (Abbr.)
- 23 Yon maiden
- 24 Wait in hiding
- 27 Porches
- 32 Eisenhower
- 33 Before
- 34 Wapiti
- 35 Barack Obama, e.g.
- 38 Quarry
- 39 Altar affirmative
- 40 Blond shade
- 42 Baseball division
- 45 Weather-map line
- 49 Extinct bird
- 50 Web address
- 52 Author Morrison
- 53 Stead

1	2	3	4		5	6	7		8	9	10	11
12					13				14			
15					16				17			
18				19			20	21				
			22					23				
24	25	26			27	28	29				30	31
32					33					34		
35			36	37					38			
		39					40	41				
42	43				44		45			46	47	48
49					50	51			52			
53					54				55			
56					57				58			

- 54 "A pox upon thee!"
- 55 Not ignorant of
- 56 Blunders
- 57 Supporting
- 58 Method (Abbr.)
- 6 "The
- Greatest"
- 7 Cellulite, e.g.
- 8 Bleach
- 9 Flute's cousin
- 10 Press
- 11 Sawbucks
- 19 Gym class (Abbr.)
- 21 "Eureka!"
- 24 Cover
- 25 Luau music-maker
- 26 String around your finger
- 28 Geological period
- 29 Merchant
- 30 Hearty quaff
- 31 Firmament
- 36 Hateful
- 37 Inmate
- 38 Snapshots
- 41 Baseball position (Abbr.)
- 42 Not working
- 43 Bleak, in Hollywood
- 44 Verbal abuse
- 46 Skeletal
- 47 Picnic invaders
- 48 Laugh-a-minute
- 51 Carnival city

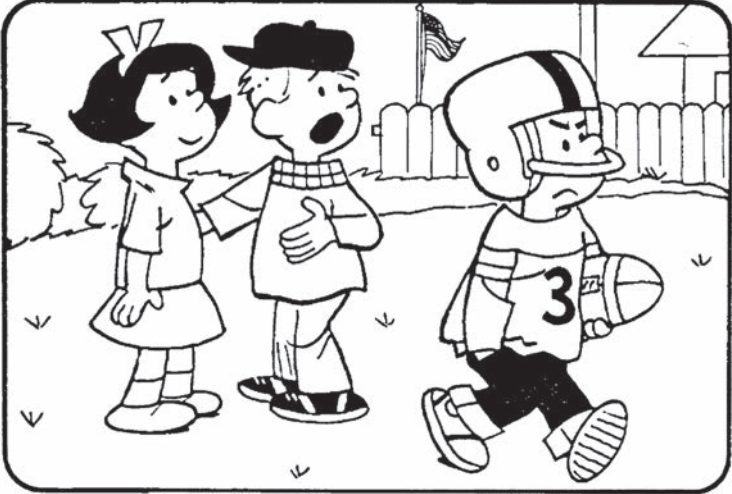
### DOWN

- 1 Secular
- 2 Western state
- 3 Heavy reading
- 4 Set off on a journey
- 5 Six-gun, e.g.

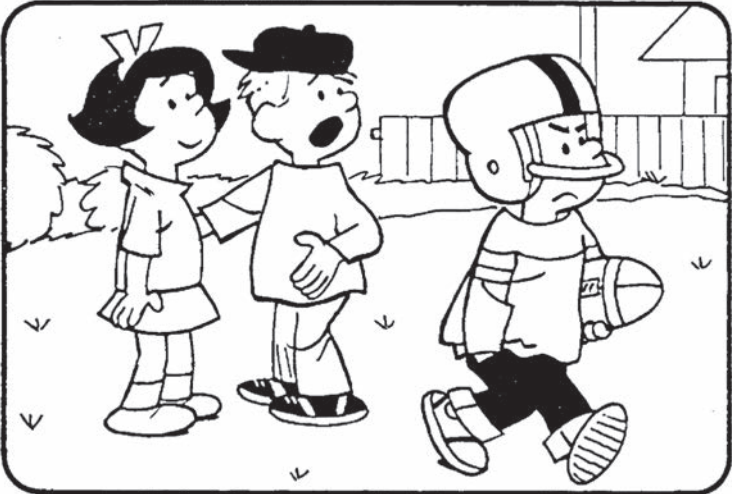
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## HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.

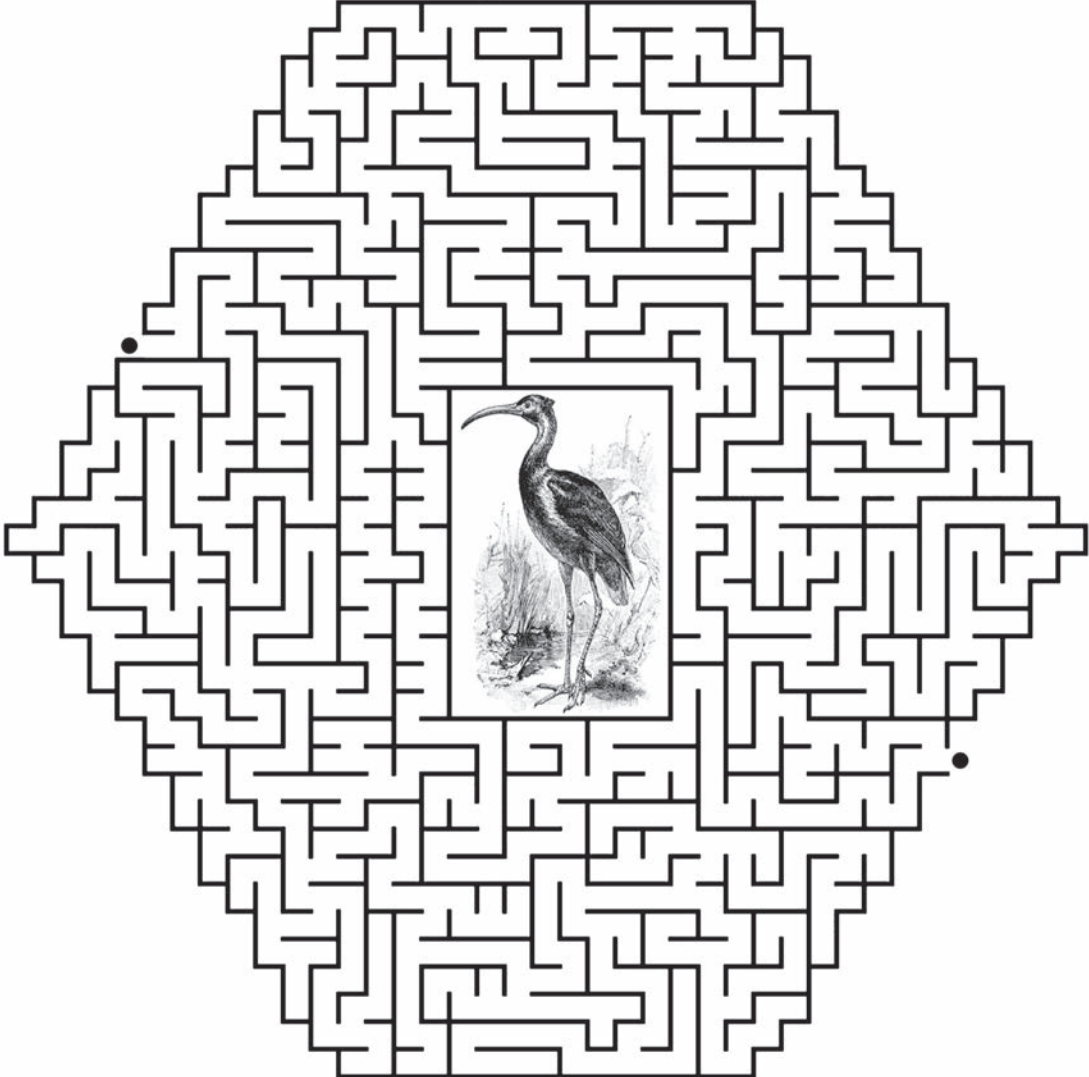


Differences: 1. Skirt is smaller. 2. Shirt neckline is different. 3. Arm is moved. 4. Flag is missing. 5. Fence is different. 6. Number is missing.

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## Mega Maze

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To Your Good Health

by Keith Roach, M.D.  
**Does hole on heart increase stroke risk?**  
**Dear Dr. Roach:** Articles on strokes or TIAs rarely mention that they can be caused by a congenital heart defect. I had a family member with a patent foramen ovale, found at age 54, after he'd had several strokes. He had surgery to repair it and has been well ever since.  
I would like to know why a PFO isn't often mentioned or considered. When I see an obituary for a young person who died suddenly, I wonder if there was an undiagnosed hole in the person's heart. One in six people has a hole in the heart; that is a high percentage. I think the public should be educated and made aware of this congenital condition. – J.R.

**Answer:** A patent foramen ovale (which literally means “open oval-shaped window”) is a remnant of our embryology. The foramen ovale is a small open flap that is necessary to send oxygenated blood from the placenta to the body of the developing fetus. In about 25 percent of people (that's one in four, even higher than you thought), the “hole” doesn't completely close. PFO is the most common of the “holes” in the heart (ventricular septal defect and atrial septal defects are the other common ones).  
A stroke is caused by the death of brain cells. PFOs are certainly implicated in strokes. In general, the younger and healthier the person, the more likely it is that a “cryptogenic” stroke (one with no obvious cause) may be due to a PFO. What is likely is that a blood clot

can pass through the foramen ovale and go to the brain's blood vessel, blocking off blood supply to an area of the brain, causing a stroke.  
The absolute increase in stroke risk is hard to quantify. For people who have never had a stroke, it is generally not recommended to close the PFO. This surgery has risks, and these risks probably outweigh the small potential benefit. For people who have had a stroke, the risk of recurrent stroke from PFO is higher. One group has created a model (the RoPE score) to help predict the likelihood of recurrent stroke. This can help the clinician examine the benefits of surgical repair of the PFO. Surgery is most likely to benefit younger people without traditional risk factors for stroke.  
**Dear Dr. Roach:** I heard that letting vinegar touch your skin causes arthri-

tis. Is there any danger in using vinegar as a cleaning agent? – N.J.A.  
**Answer:** I often get asked whether apple cider vinegar cures arthritis (it doesn't) or can help relieve symptoms (it might, but there is no good evidence that it does), but I have never heard anyone ask about vinegar touching the skin causing internal problems. Vinegar is a mild acid (most are about 5 percent acetic acid), which normally isn't particularly irritating to the skin, and shouldn't be absorbed. Even if it were, acetic acid is found in the body (it's an important molecule in several metabolic pathways), and your body can use it as an energy source. There is no reason to be concerned about being exposed to household vinegar.  
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Now Here's a Tip

by JoAnn Derson  
• Here's a great recipe substitution: “If you do not have cream, melted vanilla ice cream can be used for icings on cakes or pastries.” – P.B. in North Dakota  
• “I have four brothers and sisters, and Thanksgiving is always a huge affair. We rotate homes for hosting, but we each take a responsibility for food. A few weeks ahead, we hold a ‘food lottery’ to decide impartially who gets to bring what: side dishes, desserts, etc. This way, we don't get stuck in ruts, like always having a certain person do desserts. The surprise factor makes it exciting. The host family is always responsible for the bird.” – K.M in Massachusetts  
• “With two preschoolers, I have a rather large collection of artwork. I save papers that are decorated on only one side and use them to write letters to family members. I try to write which child drew the picture and the month and year, but even when I can't, the papers make very unusual and appreciated stationery.” – M.F. in Oregon  
• A great way to keep the

overindulgence from getting out of hand during the holidays: Keep a snug-fitting pair of jeans at the ready. Try them on every day or so, just to get a bead on whether you've been hitting the eggnog too hard or if you need to back away from the cookie plate. Jeans don't lie.  
• Here's a wonderful tip received via e-mail: “If you have a panic button for your car alarm, keep your keys by the bedside. If you experience a problem during the night, trip the panic alarm. Let your trusted neighbors know about your intention, and they'll be able to assist you.”  
• Use the closure tab from your bread bag to keep your place on a roll of packing tape.  
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Kateri's Christmas bag sale

Kateri's Thrift Store, a program of Catholic Charities of Herkimer County, located on the lower level of the Little Falls Community Center, 45 Furnace St. in Little Falls, will be featuring its Christmas Bag Sale from Tuesday, Dec. 4 through Friday, Dec. 21. Customers can carry off all the clothing items they can fit into a large brown bag with just a small donation. Come and browse through our gently used clothing, houseware department, our children's section and our novelty items.  
The store is open Tuesday through Friday from 10 a.m. - 3 p.m. Donations of gently used clothing and household items can be dropped off at the store during regular business hours, Tuesday through Friday.  
Volunteers are always welcome. If you would like to become a part of the Kateri's Team, contact Sue at 315.823.1793 or Rae at 315.894.9917.

Little Falls community blood drive

A community blood drive will be held on Monday, Dec. 3 from noon - 5 p.m. at the Little Falls Elks Lodge. Each donation can help save up to three lives. To schedule an appointment download the free Red Cross Blood Donor App, visit redcrossblood.org or call 1.800.RED CROSS (1.800.733.2767). Donors can save time by using RapidPass to complete their pre-donation reading and health history questionnaire online on the day of their donation from a computer or laptop. Visit redcrossblood.org/RapidPass to get started. Walk-ins are welcome.



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**From 4 - 7 PM**

Adults \$10.00 • Children 5-12 \$5.00 • Under 5 Free

*Lasagna, Tossed Salad, Garlic Bread and Make Your Own Sundae*

King Crossword

Answers

Weekly SUDOKU

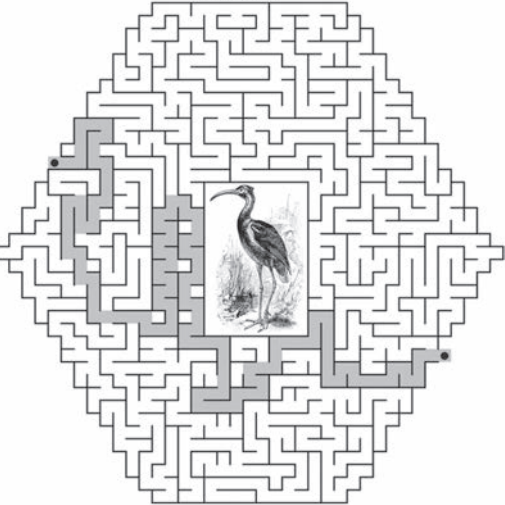
Answer

Solution time: 25 mins.

L	U	T	E		R	A	F		W	R	I	T	
A	T	O	M		E	L	L		H	E	R	E	
I	A	M	B		V	I	A		I	C	O	N	
C	H	E	A	P	O		B	A	T	O	N	S	
			R	E	L				H	E	R		
L	U	R	K		V	E	R	A	N	D	A	S	
I	K	E			E	R	E			E	L	K	
D	E	M	O	C	R	A	T		P	R	E	Y	
		I	D	O				A	S	H			
I	N	N	I	N	G			I	S	O	B	A	R
D	O	D	O		U	R	L		T	O	N	I	
L	I	E	U		F	I	E		O	N	T	O	
E	R	R	S		F	O	R		S	Y	S	T	

Mega Maze

Solution



Just Like Cats & Dogs

by Dave T. Phipps



Ten early signs of Alzheimer’s disease

Change plays a big role in the aging process. As adults age, both their minds and bodies undergo changes.

The changes associated with aging are not uniform. Some people may experience small changes as they inch toward and ultimately pass retirement age, while others may undergo changes that affect nearly every aspect of their lives.

Cognitive decline is the type of age-related change that can have a dramatic impact on a person’s life, affecting his or her ability to live independently. A general term used to describe symptoms associated with a decline in memory or thinking skills such as judgment and reasoning, dementia is often mistaken as a normal part of aging. However, the Alzheimer’s Foundation of America notes that dementia-related illnesses, including Alzheimer’s disease, are not a normal part of aging.

Because many people associate memory loss with aging, they may be compelled to accept some of the early signs and symptoms of Alzheimer’s as mere byproducts of growing older. However, the Alzheimer’s Association urges men and women to report any of these 10 early signs and symptoms of Alzheimer’s to their physicians the moment they’re noticed. Family members who notice these signs in their relatives also should report them to their loved ones’ physicians.

1. Memory loss that disrupts daily life:

Examples of this symptom include forgetting recently learned information; forgetting important dates and events; and asking for the same information over and over.

2. Challenges in planning or solving problems: Someone exhibiting this symptom may have trouble following a recipe or paying monthly bills.

3. Difficulty completing familiar tasks at home at work or at leisure: Forgetting the rules of a favorite game or experiencing trouble driving to a familiar location are some examples of this symptom.

4. Confusion with time or place: People with Alzheimer’s lose track of dates, seasons and the passage of time.

5. Trouble understanding visual images and spatial relationships: Some people with Alzheimer’s have difficulty reading, judging distance and determining color or contrast.

6. New problems with words in speaking or writing: Difficulty joining or continuing a conversation and calling things by the wrong name are some examples of this symptom.

7. Misplacing things and losing the ability to retrace steps: People with Alzheimer’s sometimes put things in unusual places and then cannot retrace their steps to find those things.

8. Decreased or poor judgment: Poor judgment and decision-making often affects people with Alzheimer’s.

9. Withdrawal from work or social activities: People with this symptom may begin to withdraw from favorite activities or avoid being social because of the changes they’re experiencing.

10. Changes in mood and personality: Mood changes affect people with Alzheimer’s, who may become confused, suspicious, depressed, fearful, or anxious.

Learn more about Alzheimer’s disease at [www.alz.org](http://www.alz.org).

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Family members who notice certain changes in their relatives should report them to their loved ones’ physicians.

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## Gifting those who live far away

People move away for many reasons, including access to better jobs, a lower cost of living, mandatory job relocation or to attend school. Some people enjoy seeing the world and make frequent travel part of their lifestyles.

Distant friends and family members may be out of sight but certainly not out of mind come the holidays. Even though not everyone can get together for Christmas dinner or to light the Chanukah menorah, there are ways to show those special people across the country – or around the world – just how much they are appreciated.

Although video chatting, texting and email can make it easier to stay in touch, distance can make sharing the holidays and gifts a bit more challenging. However, these gifting ideas and tips can make easy work out of sending holiday cheer across the globe.

### Food

Food can be a one-size-fits all gift. Exploring the offerings of food gifts, one will quickly find there are all types of options. If a recipient is living overseas or on the opposite side of the country, gift a favorite local food from his or her hometown. Cookie or fruit bouquets can be shipped and are universally enjoyed gifts. Treat towers, popcorn, cheeses and much more are available for holiday giving.

### Consider size

Large, heavy items will cost more to ship. Therefore, small gifts may be more practical. Consult with the post office or a preferred shipping provider about their pricing. Otherwise, consider shipping directly to a loved one's house. Online retailers usually give shoppers a choice of shipping address, and free or low-cost shipping may be included.

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### Leave ample time for delivery

The holiday season is a busy time of year for the shipping industry. While shipping companies try their best to get items to recipients in a timely manner, delays can occur. The best way to ensure that gifts arrive on time is to send them a week or two in advance, which also saves gift-givers from having to pay extra for rush shipping. The U.S. Postal Service says international deliveries can take between seven and 21 days to arrive, so leave more time for overseas gifts.

### Try a subscription service

Subscription services, such as beauty boxes, recipe boxes and meal kits, can be a great way to keep the gifts arriving long after the holidays have come and gone.

### Avoid breakables

Stick to gifts that will ship well; otherwise, you may

# Holiday GiftGuide

have to spend extra time and money wrapping and insuring items. Clothing gifts, blankets, stuffed animals, books and other durable gifts can be shipped with ease and peace of mind.

Gifting loved ones who live far away requires a little extra effort. But that extra effort will show friends and family members just how much they're loved.

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You may not need an extended warranty

Millions of people head to stores each holiday season on a mission to find gifts for their loved ones. After waiting in line to check out, oftentimes customers are asked by cashiers if they would like to purchase a warranty for their gifts, particularly when the items in the cart are electronics or larger gifts.

In one of Consumer Reports' latest surveys on electronics purchases, 65

percent of in-store shoppers said sales staff had presented a service plan to them. People may not know how to answer when asked about extended warranties. Consumer Reports notes that some retailers push hard to get customers to purchase extended warranties and service plans because they're particularly lucrative for the retailer. Stores often keep 50 percent or more of



For the most part, retail industry experts say that consumers do not need added protection on their purchases.

what they charge for these warranties.

For the most part, retail industry experts say that consumers do not need added protection on their purchases. According to the consumer advice tech site iMore, the out-of-pocket costs for most repairs on electronics or other items, such as appliances, usually do not

exceed the price of a service plan being purchased. And when they do, it's maybe \$20 more.

Some repairs may already be covered by the manufacturer's warranty, and a service plan will only duplicate coverage. Even though manufacturer warranties may not last as long as they once did, Consumer Reports

Holiday GiftGuide

says that many warranties will cover a product for at least 90 days in full, and some may have longer-ranging coverage.

Consumers should not overlook their credit cards as they pertain to purchase protection, either. Many credit cards will extend the manufacturer's warranty for a certain period of time. Plus, that coverage is part of having and using the card at no additional cost.

Shopping at stores known to have excellent return policies also can help customers skip service plans. Should the item break, they can sim-

ply return it to the retailer with the receipt or other proof of purchase.

Many service plans exclude certain repairs and replacements. Therefore, it is important to read the fine print on extended warranties prior to purchasing one.

Extended warranties may be useful when buying computers or televisions that cost more than \$1,500. Some people prefer replacement plans for smartphones in the event the phone is lost or damaged, as these devices can be expensive to replace out-of-pocket.

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UPS	Dec. 17 (for packages delivered by Monday, Dec. 24).	Ship 2-Day Air by Dec. 20 or Next-Day Air as late as Dec. 21 for delivery by Dec. 24. (Saturday delivery is not available in all areas)	UPS Stores nationwide. Go to <a href="http://ups.com">ups.com</a> or call 800-789-4623 to find a location or schedule pickup.	<a href="http://www.ups.com">www.ups.com</a> ; 1-800-PICK-UPS
Fed Ex	Dec. 17 for all FedEx Ground packages.	Overnight by Dec. 21; 2-Day Air by Dec. 20 for delivery Dec. 22; big spenders can get same-day Christmas Day delivery in some areas.	Any FedEx Office location or FedEx authorized shipper.	<a href="http://www.fedex.com">www.fedex.com</a> ; 1-800-GO-FEDEX

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## Are poinsettias poisonous?

Christmas trees, Santa Claus, menorahs, and glittering lighting displays are just a few of the many prominent symbols of the holiday season. And while mistletoe might garner more attention and inspire more displays of affection, poinsettias are another prominent sign that the holiday season has arrived.

Thanks to its bright red and green colors, the poinsettia is perhaps the ideal holiday plant. But as much as it suits holiday decor and seems tailor-made for that special time of year between Thanksgiving and the first of January, the poinsettia has a reputation that few plants would want.

First discovered in Mexico and brought to the United States by Dr. Joel Poinsett, the poinsettia has long been rumored to be poisonous. However, the National Capital Poison Center notes that poinsettias are not deadly. In fact, the NCPC notes that the rumor that poinsettias are deadly may have been around for more than a century, tracing its origins all the way back to a child who was found dead lying next to a poinsettia plant. The plant was blamed for the child's death, and even though that blame was misplaced, the stigma stuck. WebMD notes that others trace the false ru-

mors surrounding poinsettias to 1919, when parents blamed the death of their daughter, who they thought had eaten poinsettia leaves, on this ubiquitous holiday plant.

Even today, when researchers have long since proven that poinsettias are not deadly, many people still believe they can be fatal if consumed.

The NCPC notes that, in most cases, exposure to any part of a poinsettia plant in children or pets has little, if any, effect. However, if the plant is swallowed, some people and pets may experience symptoms including nausea, vomiting or diarrhea. Some who touch the plant may develop a rash after contact.

While poinsettias are not deadly, the NCPC still advises those who plan to include the plant in their holiday decor to take every measure necessary to prevent children and pets from swallowing it. Placing poinsettias beyond the reach of kids and pets is one simple way to accomplish just that.

Poinsettias are seemingly everywhere come the holiday season. And because they're not fatal, celebrants can continue to display these beautiful plants that call to mind the colors of the holiday season.



While poinsettias are not deadly, they should be placed beyond the reach of kids and pets.

## Get Christmas crafty with homemade ornaments

Handmade gifts, trinkets and treats help make the holiday season special. Although cookies and other baked goods are some of the most popular homemade creations this time of year, gift-givers young and old can put their talents to use with various craft projects. Ornaments and decorations are one such idea. Here are some clever and, not-too-time-consuming craft projects to try this holiday season.

- **Mini sleighs:** Create miniature replicas of Santa's famous sleigh. Paint several popsicle sticks to form the main body of the sleigh and glue them together. Put one at the top perpendicular to the others to serve as the steering rudder. Two silver-painted popsicle sticks placed on their thin sides act as the blades of a sled.

- **Popcorn garland:** Garland made of popcorn is a classic handmade holiday project. For a new twist, toss the popcorn with food coloring and allow it to dry before stringing for some bright color on the tree.

- **Photo ornaments:** Print out several different photos that you love. Purchase round or square thin wood pieces from a craft store and attach the photos with Mod Podge®. When dry, drill a hole through the top and thread with twine.

- **Advent calendar:** Make an Advent calendar to count down to Christmas by covering a foam board with fabric. Use paper tags or small ornaments and write a number on

each for each day of the month. Hang these all from the board. As each day passes, move the tag or ornament to the tree.

- **Wooden snowflakes:** Have children collect small twigs from outdoors, as well as holly leaves and some sprigs of evergreen. Arrange similarly sized twigs in the shape of snowflakes and glue together, or tie with twine. Embellish with stickers, glitter, dried berries, and more.

- **Dough ornaments:** Anyone can have fun molding their own ornaments, letting them dry

and then painting them. Use cookie cutters to get perfect holiday shapes. Craft stores sell various types of modeling clays and lightweight modeling materials. Or, make your own salt dough.

- **Reindeer bottle top:** Put to use any wine corks you have lying around. Attach googly eyes and a small fuzzy nose to the front of a cork. Insert twisted, brown pipe cleaners to make the antlers up top. Add ribbons, small snip-pets of faux fur or any other extras you desire.

- **Sweet sentiments:** Use

old Scrabble® letter tiles to form a favorite holiday phrase, like "Joy to the World." Glue the tiles together and hang from the tree on a piece of ribbon.

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❄️ **Visit Santa**

❄️ **Puppet Show**

❄️ **Craft Fair**

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# Christmas in Little Falls

## *A FUN Family Celebration!*

### December 8th, 2018

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### A LITTLE BIT OF HEAVEN

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# Christmas in Little Falls

## A FUN Family Celebration!

### December 8th, 2018

**SCHEDULE OF EVENTS****8am - 9am**

Registration for the Red Nose Reindeer 5K Fun Run, at the Little Falls Family YMCA.

**9am**

Start time for the Red Nose Reindeer 5K Fun Run. Santa Claus will fire the starting gun!

**9am - 10:30am**

Visit with Santa at the Little Falls Fire Station, on the corner of Main Street and William Street. Sponsored by the brave firefighters of the Little Falls Fire Department!

**9am - 3pm**

Indoor Farmers Market and Craft Fair at the Travelodge Motel, in the banquet room. Enjoy awesome Christmas gift and craft shopping, and farm-to-table tasting with local farm products. Buy your Christmas wreath at the Boy Scouts wreath sale, outside.

**9am - 10:30am**

Christmas cookie decorating and children's games at the Little Falls Community Center.

**9am - 11am**

Christmas cookie decorating and children's games at the Little Falls Community Center.

**9am - 4pm**

Visit the Little Falls Historical Society Museum, and see this year's unique and special Christmas exhibit!

**10:00am**

HALO Christmas Tree lighting at Adirondack Bank.

**10am - 11:30am**

Kids! Enjoy a Decorate Your Pancakes Breakfast at the American Legion, just \$3!

**10am - 3pm**

Craft Fair at Emanuel Episcopal.

**10am - 3pm**

Craft Fair at Fitness Farmacy.

**10:30am - 1pm**

Kid's sweet treat decorating and hot cocoa at the Italian Feast (ages 12 and under).

**11am**

Free Christmas movie at Valley Cinema. Enjoy a FREE showing of Frozen on the all new digital screens of our beloved local movie theater!

**11am**

Come and cheer on your favorite wait-staff as they race for charity ... without spilling their trays laden with drinks ... in the Sixth Annual Bartenders Race! The race starts at 11am at Ruggiero's Trattoria!

**11am - 1pm**

FREE Horse and Carriage rides! Take a tour of downtown Little Falls, departing from the Little Falls Historical Society.

**11am - 1pm**

Soup Fest on Main Street: taste all of the delicious soups and stews by the best chefs from Little Falls! All proceeds to benefit local charities.

**11am - 1pm**

The Utica Zoo Mobile will bring some amazing and super-cute animals to Little Falls Fuel and Ace Hardware; there will also be a decoration table.

**11am - 2pm**

Paws 4 All Paws hosts kids' fun at the Community Center on Main Street.

**11am - 3pm**

Chainsaw Artist Mark Tyoe carves a holiday bear at Showcase Antiques.

**11am - 3pm**

Santa visits Ole Sal's.

**11am-11pm**

Write and mail letters to Santa Claus, at Ed's Pizza.

**Noon - 2pm**

Open house and tours at the WCA historical mansion. Come visit Santa at noon, and take a family photo by our lovely fireplace!

**Noon - 2pm**

Winter hat and mitten giveaway, at St. Paul's Universalist Church on Albany Street. Refreshments served.

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Pros and cons to early retirement

A lifetime of working compels many people to look forward to their retirement. Some people even work to retire early. But what are the advantages of early retirement beyond starting a life of leisure? And are there any detriments to this plan?

A 2014 survey by the financial services provider TIAA-CREF found that 37 percent of Americans plan to retire before age 65. However, many of them will not have control over the matter. Those who do may want to consider the pros and cons of early retirement.

Advantages

Many people seek early retirement so that they can live a life free of the constraints of schedules. In retirement, time be-

comes, more or less, a retiree's own.

Leaving a job can be a boon to a person's health as well. Relieving oneself of the pressures and stresses of professional life can free up the mind and body. Stress can affect mental and physical health, taxing the heart and contributing to conditions such as depression or anxiety. According to the Mayo Clinic, stress can cause headache, muscle and chest pain and contribute to trouble sleeping.

The earlier the retirement, the more opportunity to travel before health issues begin to limit mobility. Early retirement also can be a way to volunteer more or even start a new job op-

portunity – one where workers have greater control over their schedules and careers.

Disadvantages

One of the disadvantages of early retirement is a loss of income. Contributions to retirement accounts also ceases at retirement. This can lead to financial setbacks if adequate savings were not allocated for retirement. According to the resource Wealth How, some people who retire early fear outliving their savings.

While retiring early may be good for health, it also can have negative consequences. An analysis from the National Bureau of Economic Research found that retirement can lead to declines in mental health and mobility as well as feelings of isolation. Retiring early may jump start these health implications.

Another consideration is that health insurance



Retiring early is a complex issue that requires weighing the pros and cons.

provided by an employer typically ends at retirement. That means having to pay out of pocket until a person ages into government-subsidized healthcare, such as Medicare in the United States, at age 65.

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2 medium plum tomatoes  
2 medium dill pickles  
1/2 cup reduced-fat, cholesterol-free mayonnaise dressing  
2 teaspoons prepared white horseradish  
3 tablespoons plain dried bread-crumbs  
1/2 teaspoon paprika  
1/2 teaspoon salt  
2 (8-ounce) flounder fillets  
2 tablespoons salad oil  
4 frankfurter rolls

1. Chop tomatoes and pickles. In small bowl, combine tomatoes, pickles, mayonnaise dressing and horseradish.

2. On waxed paper, combine breadcrumbs, paprika and salt. Cut each flounder fillet lengthwise in half, then cut each half into 2 pieces. Coat fish with breadcrumb mixture.

3. In 12-inch skillet over medium-high heat, in hot salad oil, cook fish until golden on both sides and fish flakes easily when tested with

a fork, about 4 minutes.

4. Place 2 pieces of fish in each frankfurter roll. Spoon mayonnaise mixture over fish. Serves 4.

\* Each serving: About 400 calories, 21g total fat, 54mg cholesterol, 1,220mg sodium.

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## Poland Veterans Day Assembly an emotional experience for local veterans

POLAND – Near the end of Poland Central School District's annual Veterans Day Assembly, students in kindergarten through eighth grade sang "God Bless the USA" to veterans and completed the song by standing up to wave red, white and blue ribbons.

Ted Ossont, who started in the U.S. Navy and is currently in the U.S. Army, said veterans held their emotions in until about that moment in the assembly.

at them, and it elates me at what these kids do."

More than 35 local veterans attended the Veterans Day Assembly and breakfast on Friday, Nov. 9 at Poland Central School District. The hallways were decorated with signs thanking veterans, and many students and staff dressed in red, white and blue.

Before the Veterans Day Assembly, local veterans are treated to breakfast in the cafeteria, and their families and any students

Guard members Zyanna Irving Summers, Carter Cookinham, Owen Yost, Ty Teel, Anthony Caruso, Jared Young, Titan Warney, MaKenna Gemelli and Marisa Cheuvront.

- The "Pledge of Allegiance" led by kindergarten students.

- A singing of the "National Anthem" by students Madisyn Kraeger, Isabella Mowers, Sarah Zuchowski, Nathan Nellis, Hunter Houghtaling and Jarrett Papp, along with music teacher Joce-

lyn Rauch.

- A singing of "Thank a Vet" by fourth grade students.

- Comments from Poland Principal Greg Cuthbertson.

- A reading of a presidential proclamation by student Jamie Weakley.

- A reading of "America's White Table" by student Sarah Ahles and a setting up of the "Missing Man Table" by students Alexis Bates and Shelby Rommel.

VETERANS 19



Ted Ossont, who started in the Navy and currently serves in the Army, poses with his niece, Poland Central School District fourth grader Julia Ossont, 9, following the school's annual Veterans Day Assembly.



Poland Central School District students and staff wave red, white and blue ribbons while singing "God Bless the USA" to local veterans during the school's annual Veterans Day Assembly on Friday, Nov. 9.

Photos courtesy of Herkimer BOCES

"The singing part always chokes up everybody," Ossont said.

Joseph Ancona, an Army veteran and director of the Feed Our Vets Utica pantry, said the same about the reaction to the students singing.

"They make me cry every year – every stinkin' year," Ancona said. "I look

who are relatives, friends or neighbors may join them. The assembly then takes place in the Trzepacz Gym with veterans seated up front and students in kindergarten through eighth grade seated throughout the gym.

**The assembly included:**

- A color guard presentation by Drum Line and



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## VETERANS from 18

- Self-introductions by all the veterans, who stood up one at a time to say their military experience and which students invited them to the event.
- A presentation of donated canned goods and money to Feed Our Vets.
- A singing of "God Bless the USA" by all students in kindergarten through eighth grade.
- The playing of "Taps" by students Kaiden Stemmer and Emily Smith.

**Feed Our Vets**

This is the sixth year that Poland Central School District has donated canned goods and money to Feed Our Vets during the Veterans Day Assembly.

This year's goal was to collect 500 cans, and more than 830 were donated. Through a staff dress down day and a donation for the second year in a row by fifth grader Maddox Clark, the school also raised \$250

to donate to Feed Our Vets.

Cuthbertson presented the items and a check during the assembly to Ancona and Feed Our Vets co-founder Michele Synek.

The Poland community repeatedly finds a way to top itself with donations, Ancona said. "Every year, it goes up and up," he said.

Feed Our Vets thanks everyone who supported the effort, Ancona said.

The assembly – including the breakfast beforehand – ranks at the top of local school events for veterans, Ancona said. "They treat us great," he said. "And the food's good."

**The ceremony**

Ossont attended the Veterans Day Assembly at the invitation of family friend Poland third grader Kaylee Lewandowski, and he was also welcomed by his

niece, Poland fourth grader Julia Ossont. He has been to the event in the past when his daughters were in school, he said.

"The ceremony is always very nice," he said.

Hearing from veterans during the assembly also lets students learn more about potential military career paths, Ossont said.

"It gives them the opportunity to know what's available – there are so many jobs in the military," he said. "You can be anything from an airplane pilot to a veterinarian. And you get to travel around the world."

Army veteran Charles Clifford attended the breakfast with his great-grandson, Poland fifth grader Connir Morrison. Both said that the school hosting the event for veterans is "a good thing."

Clifford said he appreciates that the event introduces younger students to the idea of appreciating veterans. Connir said he likes having the opportunity to thank veterans during the assembly.

"It makes me feel good," he said.

Cuthbertson spoke during the assembly about the goal being to honor veterans and remember their dedication and sacrifice to the country. The servicemen and servicewomen show many positive character traits such as courage, pride, determination and selflessness, he said.

"Today is a day to remember and say thank you," he said.

Poland's small event serves as a reminder about thanking veterans and how they've affected everyone's lives, Cuthbertson said.

"Be thankful," he said. "Appreciate your freedoms."



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Army veteran Charles Clifford poses with his great-grandson, Poland Central School District fifth grader Connir Morrison, 10, after they had breakfast together at school prior to the annual Veterans Day Assembly.



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Michelle Neff with VHS President Lisa M. Betrus and VRS Administrator Jennifer Miller.

Photo courtesy of VHS

## Michelle Neff named VHS' Employee of the Year

HERKIMER – Michelle Neff has been named as Employee of the Year 2018 and was recognized at Valley Health Services and Valley Residential Services' employee recognition banquet on Tuesday, Nov. 13 at Francesca's Banquets & Catering in Ilion.

Neff has been a Home Health Aide and weekend supervisor at Valley Residential Services (VRS) since 2015. Her co-workers indicate that she displays a strong work ethic and it shows in the

quality of her work. Residents' wellness and care is one of her utmost priorities.

Lisa M. Betrus, president, Valley Health Services, and Jennifer Miller, administrator, VRS, acknowledge that Neff embodies the qualities of exemplary judgment, kindness and compassion as well as exhibiting strong leadership qualities and going above and beyond on a daily basis.

As Employee of the Year, Neff received a \$100 gift card and one paid day off.

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## Wise winter weather tips for your family yard

When Old Man Winter comes calling, homeowners need to keep everyone in the family — including your pets — safe. Follow these wise winter weather tips from the Outdoor Power Equipment Institute (OPEI) and TurfMutt.

- **Bring pets inside:** Dogs and cats should be kept inside during cold weather months. Wipe their paws and bellies after they've been outside, and check for ice accumulation between paw pads. If you're using a de-icing agent, remove that salt and other agents, too.

- **Pick up debris:** Before it snows, remove debris and household items from your family yard. Doormats, hoses, toys and sticks can hide under a layer of snow that could harm your snow thrower, family or pets.

- **Clear a path:** Your snow thrower is a convenient way to clear your driveway and sidewalks. It also gives your pet a path to their bathroom area.

- **Trim trees carefully:** When using a chainsaw, stand with your weight on both feet, adjust your stance so you are angled away from the blade and

hold the chainsaw with both hands.

- **Ventilate portable generators:** If a winter storm knocks out your power, a generator can be a life-saver, if used properly. Place the generator outside and away from windows, doors and vents that could allow carbon monoxide to come indoors.

- **Watch where you throw:** Keep kids and pets away from the equipment, and never put your hand in the chute or auger to clear a blockage. Turn the machine off and always use a clean-out tool.

## Calendar of events

**NOTE:** Calendar items must be submitted by Tuesday prior to the publication date to be included in the Calendar of Events. Entries may be emailed to [cfeditor@leepub.com](mailto:cfeditor@leepub.com)

### Nov 30

**Johnson Hall Holiday Open House.** 5 - 8:30 p.m. Johnson Hall State Historic Site, 139 Hall Avenue, Johnstown, NY. Call Johnson Hall at 518.762.8712 or visit [www.friendsofjohnsonhallny.org](http://www.friendsofjohnsonhallny.org).

### Dec 1

**11th Annual Holiday Dinner and Auction.** 5 p.m. Dinner at 6:30 p.m. Richfield Springs Community Center, 6 Ann Street, Richfield Springs. For donations and more information regarding the event, contact the Center at 315.858.3200, check out our website at [www.richfieldspringscommunitycenter.org](http://www.richfieldspringscommunitycenter.org) and Like us on Facebook: Richfield Springs Community Center.

**Holiday Auction and Dinner.** 5 p.m. Richfield Springs Community Center, 6 Ann Street, Richfield Springs. 5 p.m. dinner and auction preview. 6:30 p.m. auction. \$9 donation.

### Dec 2

**St. Nicholas Day at Fort Klock.** Noon-3 p.m. Fort Klock, 7214 State Route 5, St. Johnsville. For more information visit <http://www.fortklockrestoration.org>.

### Dec 3

**Tai Chi Class.** 10-11 a.m. John Guy Prindle Apartments, 80 E. North St., Ilion NY. Classes begin on Dec. 3 and continue every Monday and Wednesday for eight weeks with the exception of Dec. 24, 2018. The location will be John Guy Prindle Apartments at 80 E. North St., Ilion NY 13357. Please call to Jackie Murphy at 315.867.1371 to sign up. Limited enrollment.

**Little Falls Community Blood Drive.** Noon-5 p.m. Little Falls Elks Lodge. To schedule an appointment download the free Red Cross Blood Donor App, visit [redcrossblood.org](http://redcrossblood.org) or call 1-800-RED CROSS (1.800.733.2767).

### Dec 3-7

**Food \$en\$e Food Bank.** Presbyterian Church, 90 Morgan St., Ilion. SIGN-UP: Dec. 3-7, 10 a.m. - 11:30 a.m. PICK UP: Dec. 21, 10 a.m. - 11 a.m. December 2018 cost is \$20.50.

### Dec 4-21

**Kateri's Christmas Bag Sale.** Dec 4-21 18. The store is open Tuesday through Friday from 10 a.m. to 3 p.m. Little Falls Community Center, 45 Furnace Street in Little Falls. Volunteers are always welcome. If you would like to become a part of the Kateri's Team, please contact Sue at 315.823.1793 or Rae at 315.894.9917.

### Dec 6

**AARP Driver Safety Class.** 9 a.m.-3:30 p.m. American Legion Post in Mohawk. Formerly known as "55 Alive," completion of the six hour session will qualify participants for auto insurance and point reductions as authorized by the New York State Department of Motor Vehicles. Space for the class is limited and people interested in signing up are asked to call the American Legion at 315.866.4870.

### Dec 7, 14, 21 and 28

**Pierogi Sale.** St. Mary's Ukrainian Orthodox Church, 324 Moore Ave., Herkimer. Pierogi \$8 dozen.

### Dec 8

**H.A.L.O. (Helping Animals Live Organization) 6th "Tree of Love" fundraiser "Tree Lighting Ceremony".** 10 a.m. The Tree will be showcased in the lobby at Little Falls Adirondack Bank, 500 E. Main Street, for the month of December. New York.

### Dec 8, 15, 22 and 29

**Pierogi Sale.** 9:30 a.m. - 2 p.m. St. Mary's Ukrainian Orthodox Church, 324 Moore Ave., Herkimer. Pierogi \$8 dozen.

### Dec 9

**Valley Voices for Christ Holiday Vocal Concert.** Dec 9 18. 6 - 7 p.m. Church of Christ Uniting, 22 Church Street, Richfield Springs. Light refreshments. Free will offering during intermission.

### Dec 12

**Wednesday Night Fly Tying Class.** 5:30 - 7:30 p.m. Otsego Land Trust office, 101 Main St. Pioneer Alley, Cooperstown (this is the same building as the Farmers' Market). Children ages 11 and up are more than welcome, but must come with an adult. Pizza and beverages will be provided throughout the evening, compliments of the land trust. Pre-registration is recommended. To RSVP and for more information, please contact OLT's Communications and Outreach Manager Becky Talbot by email: [becky@otsegolandtrust.org](mailto:becky@otsegolandtrust.org) or by calling 607.547.2366 ext. 108.

### Dec 15 and 22

**Golumbki Sale.** 9:30 a.m. - 2 p.m. St. Mary's Ukrainian Orthodox Church, 324 Moore Ave., Herkimer. Golumbki \$26 dozen; \$13 half dozen; three-piece \$6.50.

### Dec 15

**December Bus Trip.** A One Day Bus Trip to Vermont. Bus will be departing from Clinton and Herkimer. The bus will visit Weston in the morning, home of the Vermont Country Store, where you will find unique gifts for family and friends. In the afternoon, you will have the option to stop at Manchester for the best outlet shopping in Vermont or visit Hildene, the home of Robert Todd Lincoln, decorated as the family might have done when they stayed there for the holidays in 1912. The cost is \$50 per person and if you wish to visit Hildene, it is \$65. The trip is a fundraiser for the Dolgeville Forward C.A.T. To sign up or for more information, call Caryl Hopson at 315.429.8660.

## AARP

## Driver Safety Class to be held in Mohawk

An AARP Driver Safety class will be held at the American Legion Post in Mohawk on Thursday, Dec. 6. The session will start at 9 a.m. and last until about 3:30 p.m., with a lunch break around noon. Participants must attend the entire time and are asked to bring a bag lunch.

Although designed for people ages 50 and up, New York State licensed drivers of any age may participate. Students are taught to go "beyond the law" to compensate for reactions that slow down as one gets older.

Formerly known as "55 Alive," completion of the six-hour session will qualify participants for auto insurance and point reductions as authorized by the New York State Department of Motor Vehicles.

The cost of the class is \$20 for AARP members and \$25 for non-members. Payment may be by check or money order, made out to AARP, and students are asked to not pay with cash.

Space for the class is limited and people interested in signing up are asked to call the American Legion at 315.866.4870.

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## Number / Classification

20 Air Compressors  
25 Air Tools  
35 Announcements  
45 Antiques  
55 Appraisal Services  
75 ATV  
80 Auctions  
82 Auto Body  
110 Bedding Plants  
120 Bees-Beekeeping  
130 Bird Control  
140 Books  
155 Building Materials/Supplies  
157 Building Repair  
160 Buildings For Sale  
161 Bulk Foods / Spices  
165 Business Opportunities  
170 Butchering Supplies  
173 Carpentry  
175 Cars, Trucks, Trailers  
180 Catalogs  
182 Catering  
190 Chain Saws  
195 Cheesemaking Supplies  
205 Christmas  
214 Clocks & Repair  
215 Collectibles  
216 Clothing  
235 Computers  
253 Consignment  
265 Construction Equipment For Rent  
275 Construction Machinery Wanted  
277 Construction Services  
280 Construction Supplies  
312 Crafts  
325 Custom Butchering  
330 Custom Services  
360 Deer-Butchering & Hides  
370 Dogs  
410 Electrical  
415 Employment Wanted  
440 Farm Machinery For Sale  
445 Farm Machinery Wanted  
447 Farm Market Items  
460 Fencing  
470 Financial Services  
480 Fish  
483 Flooring  
494 For Lease  
495 For Rent  
500 For Sale  
510 Fresh Produce, Nursery  
525 Fruits & Berries  
527 Furniture  
529 Garage Sales  
530 Garden Supplies  
535 Generators  
537 Gifts  
575 Greenhouse Supplies  
585 Guns  
587 Hair Styling  
589 Hardware  
600 Health Care/Products  
605 Heating  
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1109 Thrift  
1140 Trailers  
1147 Trains  
1148 Travel  
1165 Trees  
1170 Truck Parts & Equipment  
1180 Trucks  
1187 Vacuum  
1190 Vegetable  
1200 Veterinary  
1205 Wanted

## Announcements

### ADVERTISING DEADLINE

**FRIDAY • 2:00 PM**

(Week Prior to Each Friday Dated Paper)

For as little as \$4.00 - place a classified ad in

*The Country Editor*

Call Peg at **1-800-836-2888**

or **518-673-0111**

or email [classified@leepub.com](mailto:classified@leepub.com)

## Announcements

**CHECK YOUR AD - ADVERTISERS** should check their ads on the first week of insertion. Lee Newspapers shall not be liable for typographical, or errors in publication except to the extent of the cost of the first weeks insertion of the ad, and shall also not be liable for damages due to failure to publish an ad. Adjustment for errors is limited to the cost of that portion of the ad wherein the error occurred. **Report any errors to 800-836-2888 or 518-673-0111.**



## ★ ★ ★ ★ ★ ADVERTISERS

Get the best responses from your advertisements by including the age, condition, price and best calling hours. Also, we always recommend insertion for at least 2 issues for maximum benefits. DEADLINE for placing ads is FRIDAY at 2:00 PM- **Week Prior** to Each Friday Dated Paper. **Call Peg at 1-800-836-2888 or 518-673-0111**

**SELF-INKING STAMPS:** Great for raffle tickets. \$23.00+ tax. Shipping extra. Call Lee Newspapers Inc. at 518-673-0101 or email [commercialprint@leepub.com](mailto:commercialprint@leepub.com)

## Antiques

ANTIQUES/FINE ART and unusual collectibles. 9200 State Route 365, Holland Patent. From Pete Rose autographs to Coca Cola ceiling fans. 315-794-9175.

## Announcements

## Antiques

**WANTED TO BUY...** ANTIQUE 1800's Books, Ledgers, Bottles, Decorated Crocks & Jugs, Tools, Dolls, Paintings, Keys/Locks, Glass Negatives/Photographs, Postcards, Lamps, Quilts, Marbles, Hunting & Fishing. VICTORIAN Jewelry & Watches, Buttons/Sewing, Clothing.PRIMITIVE Buckets, Barrels, Bowls, Kitchen. VINTAGE Pre-1975 Halloween, Christmas, Vending/Gumball Machines, Scrapbooks, Greeting Cards, Jadeite, Hats, New Undergarments, Hankies, Doilies, Lionel Trains, Head Vases, Radios, Railroad Items, Knives, Lawn & Garden, Travel Brochures, Zippo Lighters, Church Pews, Rock Albums, Local Dairy Bottles. ADVERTISING Mirrors, Signs & Crates, Coke, Pepsi, Gas/Oil. CIVIL WAR, WWI, WWII Badges & Helmets. FREE House Calls...CASH PAID!!! Showcase Antiques, Little Falls, 10-5pm, 315-823-1177.

## Building Materials/Supplies

INSULATION: All Types. New/ Existing Buildings. Free Estimates. Fully Insured. Call Upstate Spray Foam Insulation 315-822-5238. [www.upstatesprayfoam.com](http://www.upstatesprayfoam.com)

## Buildings For Sale

USED 12X24 COTTAGE SHED. Sold new for \$4,167 used price \$3,000. Yoder Quality Sheds. 315-858-0841

USED 10x12 cottage shed with vinyl siding. Sold new for \$2,850, used price \$2,000. Yoder Quality Sheds 315-858-0841



## Construction Services

## Construction Services

### ANTHONY MACRI



### PAVING CONCRETE MASONRY

**Commercial & Residential**

**Call With Your Needs**

**315-866-2733 or 315-717-3333**

## Custom Services

**BUSINESS CARDS: 1,000 for only \$60.00, full color glossy.** Give us your existing card or we will design one for you! **FREE SHIPPING** included. Call Lee Newspapers Inc. at 518-673-0101 email [commercialprint@leepub.com](mailto:commercialprint@leepub.com)

## Farm Market Items

### DAMIN FARM JAMS & JELLIES CHICKEN

**USDA Inspected  
BEEF & PORK**

EBT & Credit Cards Accepted  
8075 St. Hwy 5  
St. Johnsville, NY 13452  
**518-568-2643**  
Open 7 Days a Week 9am-6pm

## For Rent

**ILION:** First floor-two bedroom apartment: all electric. Smoke free and no pet policy. Take a visual tour [www.crossettrees.com](http://www.crossettrees.com) email [louise@crossettrees.com](mailto:louise@crossettrees.com) Call 315-894-8557. Applications available.

**ILION:** Nice cozy & quiet 1 bedroom downstairs apt. Washer/dryer hookups. Private parking. No smoking in or outside. Absolutely no pets. Must pay own village electric. Proof of income required. \$650 plus Security deposit. 1 year lease. 315-794-8812

**LITTLE FALLS:** Apartment. 2+ bedroom, laundry room, off street parking, yard, 90% efficient gas heat, very nice, security & references required. 518-568-5299

**SOUTH ILION:** House for rent 3 bedroom, nice deck, nice back yard, new high efficiency furnace, parking, no smoking, no pets, \$900+ utilities. 315-542-7294

**ILION AVAILABLE** Dec.1st, efficient 2 bedroom 1st floor apartment, parking, laundry facility, front porch, \$575 plus utilities. 315-717-4470.

**VILLAGE OF ILION:** First floor. Two bedroom all electric apartment. Applications available. Call Crossett Real Estate Services 315-894-8557 OR contact [louise@crossettrees.com](mailto:louise@crossettrees.com)

## For Rent

**NEWPORT:** One bedroom apartment, first floor. Utilities, stove & refrigerator included. Parking. \$550 plus security. 315-845-1592, 315-725-2760



## For Sale

**BANNERS: VINYL** - Single Sided - Double Sided, various sizes. Free shipping. **Call Lee Newspapers Inc.** at **518-673-0101** or email [commercialprint@leepub.com](mailto:commercialprint@leepub.com)

**RAFFLE TICKETS** - 500 - \$60, 1,000-\$75, 1,500 - \$90, 2,000-\$100. Other quantities available. Call Lee Newspapers Inc. 518-673-0101, 6113 State Hwy. 5, Palatine Bridge, NY 13428 or email [commercialprint@leepub.com](mailto:commercialprint@leepub.com)

## Help Wanted

**EMPLOYMENT OPPORTUNITY.** Do you have a farm background and work ethic but are looking for something else just as rewarding? Want to stay connected to agriculture but want Monday to Friday 8:00 AM to 5:00 PM work hours in an air conditioned office in the summer and heated office in the winter? For more details about this opportunity please call 518-210-2066 EOE

## We Can Print For You!

Newspapers • Newsletters • Flyers  
Advertising Circulars • Brochures  
Post Cards • Rack Cards

*On Newsprint, Glossy, Matte or Flat*

~ Composition Services ~

6113 State Highway 5 • Palatine Bridge, NY 13428

Call 518-673-0101

[commercialprint@leepub.com](mailto:commercialprint@leepub.com)



**Lee Newspapers Inc.**



**PO Box 121, 6113 State Hwy. 5  
Palatine Bridge, NY 13428  
800-836-2888 • Fax: 518-673-2381  
classified@leepub.com**

## Services Offered

## Services Offered

**Call 315-360-0130**  
**For all your service needs**  
**Home services also.**



# Country Editor

**\$4.00/14 words**  
**\$ .10 each additional**  
**per week**

• CLASSIFIED READER AD FORM •

			14 words - \$4.00	15 words - \$4.10
16 words - \$4.20	17 words - \$4.30	18 words - \$4.40	19 words - \$4.50	20 words - \$4.60
21 words - \$4.70	22 words - \$4.80	23 words - \$4.90	24th word - \$5.00	25 words - \$5.10
26 words - \$5.20	27 words - \$5.30	28 words - \$5.40	29th word - \$5.50	30 words - \$5.60
31 words - \$5.70	32 words - \$5.80	33 words - \$5.90	34th word - \$6.00	

**Mail: Country Editor, PO Box 121, Palatine Bridge, NY 13428**



# Area Church Services

**COLD BROOK**  
**COLD BROOK**  
**UNITED METHODIST CHURCH**  
467 Main St.  
Sunday Worship 10:30 AM

**DOLGEVILLE**  
**NEW HOPE CHRISTIAN FELLOWSHIP**  
Pastor Pat Andreoli  
32 Spencer St.  
Sunday School 9:30 AM  
Sunday Worship 10:30 AM  
Tuesday Bible Study 7 PM

**GRACE BAPTIST CHURCH OF DOLGEVILLE**  
Paster Len Byarty  
12 Van Buren St.  
Sunday School (All Ages) 10-11 AM  
Morning Worship 11-12:30 PM  
Lunch 12:30-2 PM  
Afternoon Worship 2-3 PM

**DOLGEVILLE UNITED**  
**METHODIST CHURCH**  
Rev. Anthony Bradseth  
21 N. Helmer Ave.  
Church Phone 429-7381  
Sunday Church Service  
Oppenheim @ 9:30 AM  
Dolgeville @ 11 AM

**DOLGEVILLE CHRISTIAN FELLOWSHIP**  
Pastor Marvin Isum  
3 Elm St. Phone 429-8390  
Sunday Worship 10:30 AM  
Mid-week Service Tuesday 7 PM

**UNITED LUTHERAN**  
**PRESBYTERIAN PARISH**  
26 E. Faville Ave.  
Worship 11 AM

**ST. JOSEPH'S ROMAN**  
**CATHOLIC CHURCH**  
Deacon Jim Bower, Administrator  
Rev. T. Healy, Sacramental Minister  
31 N. Helmer Ave.  
Phone 429-8338  
Mass 9 AM Sun, Mon & Wed

**EAST SCHUYLER**  
**CHRISTIAN ASSEMBLY OF SCHUYLER**  
Pastor Mark Sowersby  
3659 Route 5, East Schuyler  
Sunday Worship 10:30 am  
Wednesday Night 6:30 pm  
Phone 315-895-0926  
Christianassemblyofschuyler.com

**FRANKFORT**  
**OUR LADY QUEEN OF APOSTLES**  
414 Frankfort St., Frankfort, NY  
Pastor: Father Paul Catena  
Deacon: Micheal Carbone  
Mass Schedule: Saturday 5:30 pm;  
Sunday 9:00 am; Tuesday & Thursday 9:00 am

**HERKIMER**  
**SS PETER and PAUL ORTHODOX CHURCH**  
Rev. Thaddeus Franta  
305 Main Rd., East Herkimer  
Phone 866-3272  
Wednesday Vespers 5PM  
Saturday Evening Vespers 5 PM  
Sunday Divine Liturgy 9:30 AM  
Holy Day Liturgy 9:30 AM

**HERKIMER**  
**TEMPLE BETH JOSEPH**  
327 N. Prospect St.  
Phone 866-4270  
Friday 7 PM

**ST. FRANCIS de SALES CHURCH**  
Rev. Mark Cunningham, Pastor  
219 N. Bellinger St.  
Phone 866-4282  
Saturday Vigil Mass 4 PM  
Sunday Mass 8 & 10:30 AM

**CHURCH OF SAINTS**  
**ANTHONY and JOSEPH**  
Rev. Quy Vo, Pastor  
229 S. Main St.  
Phone 866-6373  
Saturday Vigil Mass 6 PM  
Sunday Mass 10 AM

**REDEEMER CHURCH**  
Pastor Michael Servello  
931 Herkimer Rd.  
Utica, NY 13503  
Phone 792-4748  
Saturday 6 PM • Sunday 9 & 11 AM

**OKA RIDGE FREE METHODIST CHURCH**  
Pastor Chris Schumske  
838 W. German St.  
Sunday School (All Ages) 9:30-10:20 AM  
Worship Service 8:30-10:30 AM  
with iPraise for the children (K-5th grade)  
Phone 866-0575

**UKRAINIAN ORTHODOX CHURCH OF**  
**ST. MARY'S PROTECTRESS**  
326 Moore Ave.  
Sunday Divine Liturgy 10 AM  
Holy Day Liturgy 9 AM  
Phone 866-1336

**NEW LIFE CHURCH**  
Pastor David Hayner  
337 Protection Ave.  
Phone 866-1164 • www.nlc-mc.org  
Worship 10 AM  
Wednesday Worship 6:30 PM

**TRINITY EVANGELICAL**  
**LUTHERAN CHURCH**  
Rev. Ann Zimmerman, Pastor  
Corner of West German & Henry Streets  
Phone 866-6474  
Sunday Services 8 AM Spoken  
Sunday Worship Service  
10:30 AM with Music  
Bible Studies on Thursday Mornings at 10 AM

**THE SALVATION ARMY**  
Lieutenants John and Lori Wood  
429 N. Prospect St.  
Phone 866-1240  
www.thesalvationarmy.org  
Sunday School 10 AM  
Morning Worship 11 AM

**FIRST UNITED**  
**METCHODIST CHURCH**  
**OF HERKIMER AND LITTLE FALLS**  
Pastor Joelle Faulks  
Prospect St & Park Ave.  
Sunday Worship 8:30 & 10am  
Sunday School 10am during school year

**HERKIMER**  
**CHURCH OF JESUS CHRIST**  
**OF LATTER-DAY SAINTS (MORMONS)**  
Branch President Blake Francisco  
Gros. Blvd., East Herkimer  
Phone 315-866-8095  
Priesthood/Relief Society 12:10 PM  
Sunday School 11:20 AM  
Sacrament Meeting 10 AM  
Family History Center hours by  
appointment; please leave a message at  
315-866-7189

**HERKIMER REFORMED CHURCH**  
102 Church St.  
Phone 866-1523  
Worship 9:30 AM  
Sunday School 11 AM  
Shepherd's Table:  
Tuesday 11-12:30 PM  
Thursdays 11:30-12:30 PM  
Shepherd's Table Dinner:  
First & Third Tuesday 6 PM

**CHRIST EPISCOPAL CHURCH**  
Rev. Jill Stellman  
300 N. Main St.  
Church Office (315) 866-0551  
Email: christchurchherkimer@gmail.com  
www.christchurchherkimer.org  
Sunday Services: 10:30 AM  
Bible Study: Fridays 7:00 PM (Parish Hall)  
Free Community Dinner: Next-to-last and Last  
Saturday of the month 5:00 PM (Parish Hall)  
Entrance to Parish Hall is on Mary Street

**ILION**  
**ILION COMMUNITY CHURCH**  
Pastor Dean Mabry  
44 Central Plaza  
Sunday Worship 10am  
Child Care/Kids Church Available  
ilionchurch.com

**SAINT AUGUSTINE'S**  
**EPISCOPAL CHURCH**  
Bishop - Dan Herzog  
78 2nd Street  
Phone: (315) 894-3775  
Sunday School at 8:45 AM  
Adult Bible Study at 8:45 AM  
Holy Eucharist at 9:35 AM

**FIRST PRESBYTERIAN CHURCH**  
90 Morgan St., Ilion, NY, 13357  
Reverend Richard Riggle  
Bible Study 9:30am  
Church Service 10:30am  
315-894-2070

**FIRST BAPTIST CHURCH**  
8 Second Street  
Reverend John Partise  
Sunday Worship 11 AM

**MORNING STAR UNITED**  
**METHODIST CHURCH**  
36 Second Street  
Reverend Bob Wallaber  
Sunday Worship 10 AM  
November 1 - May 1  
4224 Acme Rd, Frankfort  
May 1 - November 1  
36 Second Street, Ilion

**ILION**  
**ANNUNCIATION CHURCH**  
109 West Street, Ilion, NY  
Pastor: Father Paul Catena  
Deacon: Micheal Carbone  
Mass Schedule: Saturday 4:00 pm; Sunday  
11:00 am; Monday & Wednesday 9:00 am

**LITTLE FALLS**  
**FIRST BAPTIST CHURCH**  
555 Albany St.  
Morning Worship will begin at 10:15 AM  
Rev. Chris J. Wintermute will be speaking  
this morning.  
Nursery (infants through age 4)  
Junior Church (K-4) during Morning

**FIRST BAPTIST CHURCH CONTINUED**  
Worship Service  
Sunday School Classes 9 AM  
(nursery through adult)  
Morning Worship Service 11 AM and is  
broadcast live over radio station WIZR,  
930 on the AM dial with a one week delay.  
Monday School Board Meeting 6:30 PM  
Tuesday Trustee Meeting 7 PM  
Wednesday Final Bible Study & Prayer  
Time at homes 7 PM  
Thursday Choir Practice 7 PM

**HOLY SPIRIT POLISH NATIONAL**  
**CATHOLIC CHURCH**  
Father Rafael Dadello  
615 E. Gansevoort St.  
Phone 823-0793  
Sunday Mass 11 AM

**ST. PAUL'S UNITARIAN**  
**UNIVERSALIST CHURCH**  
Minister Jeffrey J. Frank  
Mark Bunce, Organist  
565 Albany St.  
Phone 823-2284  
Sunday Service & Religious Education 10 AM

**HOLY FAMILY PARISH OF THE**  
**ROMAN CATHOLIC COMMUNITY OF**  
**LITTLE FALLS**  
Deacon Jim Bower, Administrator  
Rev. T. Healy, Sacramental Minister  
763 E. Main St.  
Phone 823-3410  
Saturday Vigil Mass 4 PM  
Sunday Mass 10:30 AM

**EMMANUEL EPISCOPAL CHURCH**  
588-594 Albany St.  
Sunday Schedule:  
High Mass, Rite II 10 AM  
Nursery & Sunday School 9:45 AM  
(Sept.-May)  
Fellowship Coffee Hour 11:15 AM  
Choir Rehearsal 11:30 AM  
Holy Day Masses as announced  
Confessions by appointment

**FIRST ASSEMBLY OF GOD**  
Senior Pastor Timothy Parisi  
559 E. Jefferson St.  
Phone 823-4043 • firstaglf@gmail.com  
Sunday Morning All Worship 10 AM  
Thursday Bible Study 6:30 PM

**LITTLE FALLS**  
**HOLY TRINITY LUTHERAN CHURCH**  
512 E. Gansevoort St.  
Sunday Worship 9:30 AM  
Sunday School 9:15 AM  
Wednesday Services 12:10 PM & 7 PM

**FIRST PRESBYTERIAN CHURCH**  
Pastor Tamara Razzano  
16 Jackson St.  
Phone: 315-823-3004  
Email lffirstpres@gmail.com  
www.presbylff.org  
Sunday Worship 10 AM  
Sunday School 10 AM

**INGHAMS MILLS BAPTIST CHURCH**  
Rev. Gary L. Busch, Pastor  
Sunday Worship Service 10AM  
443 Inghams Mills Rd.  
Little Falls, NY 13365  
Pastor's Phone (315) 717-9936

**MIDDLEVILLE**  
**MIDDLEVILLE UNITED METHODIST**  
Rev. Robert Lindsay  
24 Rte. 29  
Phone 845-8730  
Sunday School 9:30 AM  
Worship Service 9:30 AM

**MOHAWK**  
**GRACE EPISCOPAL CHURCH**  
Rev. Sally Heiligman  
7 E. Main St.  
Phone 315-866-4782  
or 315-520-4723  
Holy Eucharist 10 AM

**DENNISON CORNERS**  
**COMMUNITY CHURCH**  
Pastor Donald King  
219 Robinson Rd. • Phone 866-5215  
Sunday:  
Sunday School 9:45 AM  
Morning Worship 11 AM  
Evening Worship 6 PM  
Wednesday Prayer 7 PM

**MOHAWK REFORMED CHURCH**  
Rev. Brian Engel, Pastor  
20 S. Otsego St.  
Phone 866-4292  
Email mohawkpastor@verizon.net  
Follow us on Facebook  
Morning Worship:  
10:30 AM Sept. - June • 9:30 AM July - Aug.  
Youth Sunday School (Pre-K - Sr. High) 9 AM  
Adult Sunday School (Men, Women  
& Couples) 9:30 AM  
September - June

**EMMANUEL BIBLE CHURCH**  
Pastor Gary Wilcox  
54 W. Main St. • Phone 717-3011  
Sunday School 9:45 AM  
Morning Worship 11 AM  
Fellowship Lunch 12:30 PM  
Afternoon Bible Study 1:30 PM  
Wednesday Prayer & Bible Study 6 PM

**MOHAWK**  
**CHURCH OF THE BLESSED**  
**SACRAMENT**  
Sr. Mary Jo Tallman, CSJ,  
Parish Life Director  
Rev. Mark Cunningham,  
Sacramental Minister  
71 E. Main St.  
Phone 866-1752  
Saturday Vigil Mass 5:30 PM  
Sunday Mass 9:30 AM

**CHRISTIAN BIBLE CHURCH**  
H. Ed Reed, Pastor/Teacher  
167 Ward Rd.  
Phone 858-1282  
www.christianbiblechurch.us  
Sunday School 9 AM  
Sunday Worship 10 AM  
Wednesday Bible Study  
& Prayer Meeting 7 PM

**THE WORD CHRISTIAN CENTER**  
Pastor Gene Kipper  
27 E. Main St.  
Phone 868-1790  
Sunday Services at 10 AM  
Intercession - Tuesdays at 7 PM  
Free Community Dinner the last  
Thursday of the Month at 6 PM

**NEWPORT**  
**FIRST BAPTIST CHURCH OF NEWPORT**  
7497 Main Street  
Pastor's Phone 315-790-1877  
Sunday Worship at 9:45am

**UNITED METHODIST**  
Rev. Robert Lindsay • Phone 845-8730  
Sunday School 11 AM  
Morning Service 11 AM

**KUYAHOORA COMMUNITY CHURCH**  
Pastor Dwayne Durand  
West Canada Valley  
High School Auditorium  
5447 St. Rt. 28  
Mailing Address PO Box 50  
Middleville, NY 13406  
Phone 315-292-1303  
www.kuyahorracc.org  
Weekly Service Sunday 10:08 AM

**ST. JOHN THE BAPTIST**  
**CATHOLIC CHURCH**  
Rev. Quy Vo, Pastor  
St. John the Baptist Parish  
7516 N. Main St. • Phone 845-8017  
Monday & Wednesday 9 AM  
Saturday Vigil Mass 6 PM  
Sunday Mass 8 AM

**PAINES HOLLOW**  
**PAINES HOLLOW UNITED METHODIST**  
Lay Servant Gregg Sponburgh  
Rtes. 167 & 168 • 315-866-1128  
Worship 9-10AM

**SALISBURY CENTER**  
**FULL GOSPEL ASSEMBLY OF GOD**  
Pastor Robert Brent  
106 Plant Road  
Sunday Worship 11 AM  
with Children's Church offered  
during the service

**Pohlig's**  
Area's Leading  
Wallcovering Store  
**315-823-2640**  
634 E. Main Street  
Little Falls, NY 13365

**COLLIS**  
*True Value.*  
**HARDWARE**  
*Help Is Just Around The Corner*  
104 N. Main St., Herkimer,  
Ph. 866-0826

**Whiter-Hendrix**  
*Funeral Home, Inc.*  
**Since 1893**  
"When Experience Matters"  
**100 Otsego Street**  
**Ilion, New York**  
**894-3781**

**DANS AUTO**  
**REPAIR**  
*Old Fashioned Service and Honesty*  
**Dan Hight - Owner/Operator**  
6500 State Route 5  
Little Falls, NY 13365  
**Shop Phone 315-508-5061**  
**Cell 315-868-8166**  
**or 315-868-1575**

**Humphrey Memorials, Inc.**  
  
3051 State Rte. 28,  
Herkimer, NY 13350  
*Monument Sales & Engraving*  
*Professional Memorial Cleaning*  
*Specialty Sandblast & Etching*  
**315-866-4471**  
*humphreymemorials.com*

**Superior**  
**Home**  
**Health Care**  
*Providing Care In The Home*  
**(315) 866-7932**  
703 Middleville Rd.,  
Herkimer, NY 13350

**BIG**  
**M**  
SUPERMARKET  
Lamberson St.,  
Dolgeville • 429-8518

**Big**  
**Willy's**  
**Pizzeria**  
**894-2057 • 894-7855**  
**121 East Main St.**  
**Frankfort, NY**

**DIEDRICH**  
Associates  
**Valley Realty**  
**315-866-7702**  
**Cell 315-868-4339**

**LYNCH**  
*Heating*  
*& Cooling*  
11 South Main St.,  
Dolgeville  
**518-527-9881**

**Main Street**  
**Chiropractic**  
Health and Wellness Center  
• Flexible Walk in Hours  
*Dr. Kathleen Fusco*  
• Insurance Not Necessary  
8841 N. Main Street  
Poland, NY 13431  
(315) 826-7772

**W.E. AUTENRITH**  
**SONS, INC.**  
  
Funeral  
Home  
**845-8532**  
Newport, NY  
*Eric J. Newman, Director*

**115 Court Street**  
**Herkimer, NY**  
**(315) 866-4590**  
**40 West James Street**  
**Richfield Springs, NY**  
**(315) 858-1810**  
*Same Ownership*

**Gina Trzepacz - Timpano**  
1309 Champlin Ave. PO Box 123  
Yorkville, NY 13495  
**MEMORIALS • PRE-PLANNING**  
**MEMORIAL RESTORATION**  
Ph/Fax: 315-736-1781 Cell: 315-723-7445  
*gina@yorkvillememorials.com*

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**NET**  
**Newport**  
**Telephone**  
**Company**

*"It's Always Worth A Trip To Zipp"*  
**ZIPP**  
**True Value**  
**Hardware**  
73-77 N. Main St. Dolgeville  
**315-429-9761**

**Whitcomb AUTO**  
**SALES**  
6500 St. Rt. 5, Little Falls, NY 13365  
*Thomas C. Whitcomb, Owner*  
**Phone 315-823-1320**  
*www.whitcombautosales.com*



**CANAJOHARIE -  
PALATINE BRIDGE  
CHAMBER OF COMMERCE  
ANNOUNCING . . . .**

# Elves Night Out

## Friday, December 7th

**4:30PM** ~ Santa arrives at the Canajoharie Post Office to pick up the letters from our children.

**6:00PM** ~ Lighting of the Christmas Tree & Carolling led by our elementary choir and of course Santa & his elves. (Park is downtown adjacent to Little Mohawk Street, near the dummy light.)

**After the Tree Lighting** ~ Santa entertains the little ones and hears their "wish lists". Christmas cookies and hot cococa will be served at the Canajoharie Library/Arnell Museum.

**Horse Drawn Wagon Rides from 5-8:30PM**

**Basket Raffle - New This Year!** Hosted by Canajoharie Reformed Curch at their downtown ministry location - 64 Church St., Canajoharie. See baskets available starting Wed., Dec. 5 @ 3PM.

**The Canajoharie United Methodist Church, 60 East Main Street,** will be offering face painting, arts and crafts, cider and other refreshments from 4:30-9

**50/50 Raffle Tickets** will be available at participating downtown businesses All Week Long!

Canajoharie Youth Center will once again be hosting vendor tables in their gym - Interested vendors should contact Amanda Sweet 518-673-5117.

More to come from the Youth Center - watch future ads for details.

**Downtown Shops will stay open late-  
watch ads for specific specials!**

Elves will take over the town!  
Lots of photo opportunities... snacks... bargains...  
fellowship.. watch for more details!!

For information contact  
Chamber President,  
Janet Stanley  
M-F 10-5  
518-673-0292



## Gingerbread goodness

Gingerbread is a broad term that can describe anything from a firm and crispy cookie to a moist, soft cake. Traditionally, gingerbread is seasoned with ginger, cloves, nutmeg, and other aromatic spices. Molasses and brown sugar counteract the spice with sweetness.

North Americans have been baking gingerbread in various shapes or forms for more than 200 years, and the recipes even pre-date the American revolution. However, gingerbread dates back even further to the Shakespearean era, with The Bard having mentioned it in one of his plays.

Gingerbread's name can be traced to medieval England and once referred to any kind of preserved ginger. The term went on to reference ginger-flavored cakes in the 15th century, and gingerbread eventually became popular throughout the world.

Even though gingerbread cakes and cookies have been made for centuries, Germans are often credited with creating gingerbread houses, according to Smithsonian. They were probably modeled after the witch's candy cottage in the German fairy tale, "Hansel and Gretel."

Even though gingerbread can be made any time of year, it is particularly associated with the Christmas season, with gingerbread men and other fanciful shapes turning up on cookie platters.



*Gingerbread's name can be trace to medieval England and once referred to any kind of preserved ginger.*



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## Senior News Line

by Matilda Charles

### Newest phone scam: Social Security

If you see the number 1.800.772.1213 on your Caller ID, beware. Social Security has put out a warning about scams involving spoofed phone numbers. Scammers can make any numbers they want appear, even the number for the Social Security Administration!

Social Security is not likely to call you. They certainly won't call you and ask you to verify your number (especially the new number on the card you were recently sent), or the bank where your automatic deposit is sent, or any other personal information. Social Se-

curity won't call and threaten to take away your benefit if you don't answer their questions or tell you they can help get your benefits increased. If you get one of these calls, hang up and report it at the Office of the Inspector General (800.269.0271).

But there's more. The newest phone scam trick is to make your caller ID look like the call is from someone in your town, with state and local area codes. While you might be suspicious of out-of-country area codes or calls from out of state, you're more likely to pick up the phone if you think it might be one of your neighbors. This is what the scammers count on.

If you do pick up one of these calls, or any number you don't recognize, the most important thing to remember is to never say "yes." Your voice is being recorded, and if you answer "yes" to any question, scammers will use that as verification that you want to sign for whatever it is they're peddling.

Instead of answering any of their questions, ask your own questions. Ask who is calling, ask where they got your number ... or better yet, just hang up without saying a word.

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## Busted: Five of the biggest holiday myths

(BPT) – Holiday fantasies are not just for children. It turns out grownups actually celebrate the holidays living by their own set of myths, and they probably don't even know it.

If all the holiday prep and bustle is giving your inner Grinch a migraine, you may find yourself in very good company! A recent Coinstar survey, conducted among 2,000 adults by Atomik Research, uncovered some of these hidden attitudes toward the holidays.

The findings revealed truths behind the following five myths we often cling to when it comes to the holiday season.

### Myth #1: Regifting is in poor taste.

Many people have a secret stash tucked into drawers and stuffed way back into closets: Presents from the past they don't really want but the guilt is too strong to let them go. If you think regifting is a tacky solution to lightening the load, here's a good secret you should know. Nearly two-thirds of us (65 percent) do it anyway, according to the survey. So if you can picture your aunt's wide grin when she sees that over-the-top holiday sweater, by all means, wrap it up and give it to her. She'll commend you for your excellent taste and your holiday budget will also give a tiny gasp of relief.

### Myth #2: Sticking to a holiday budget is just too hard.

After past failures to make a holiday budget, you decided it's just easier to close your eyes and dive into a credit coma until January. Because it's impossible to keep up with the unexpected extras that keep popping up: added gifts, events, replacement decorations, holiday attire and food. Here's a reality check. Some 68 percent of people stick to a holiday budget. Maybe past failures can be chalked up to not having enough information to create a good plan. Look back on last year's bank and credit card statements to help you make a better plan for this year.

### Myth #3: Adding spare change to your budget doesn't add up.

These days, you think pocket change won't even cover the cost of a cup of coffee, which is why you may not be in the habit of counting on your change to fill out your holiday budget. Remember this: Most people who cash in spare change have more than they think, and according to the survey that's about \$78 on average. So don't discount the power of pocket change. Grab a container and explore the nooks and crannies of your house just to see what you find. Check handbags, car consoles, spare change jars, dresser drawers and sofa cushions. With this new cash stash, you can easily knock out an item or two on your budget.

### Myth #4: Spending time with family is what the holidays are all about.

No better occasion than the holidays to spend quality time with your family, eating a delicious meal, followed by opening gifts in the soft glow of the fireplace and twinkling lights. If picturing your extended family in this idyllic holiday scene is more than a stretch of the imagination, you're not alone. One in five people say they'd rather bow out of the family celebration. In fact, they'd prefer to spend time with friends, be alone or go to work. But for those who enjoy family time, holidays are perfect for making new memories.

### Myth #5: Gift-giving comes from the heart.

Ideally, every single gift is a pure expression of love and generosity from the giver, right? Wrong. You probably have a competitive gift giver in your group. And maybe it's even you! One quarter of Americans confessed to getting into an altogether different kind of holiday spirit when it comes to buying presents. They want to be the one behind the most talked-about, flashiest or best gift at the gathering. Whatever the motivation, keep on giving.



Watch out for the competitive gift giver in your group.





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## HAPPY HOLIDAYS! THANK YOU FOR YOUR SUPPORT



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**Country Living! New Turnpike Rd, Ephratah \$41,000**

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**West Caroga Waterfront! \$298,000**

South Shore Rd. 2BR/1BA. Open great room, large lake front sun room. Neat rock features and lakeside patio & dock. 2C garage, extra storage. This owner lived here year round! 2 Back lots included!



**121 Balsam Ave \$118,000**

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