

Herkimer County Country Editor

May 3, 2019

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Lake House on West Caroga Lake \$298,000

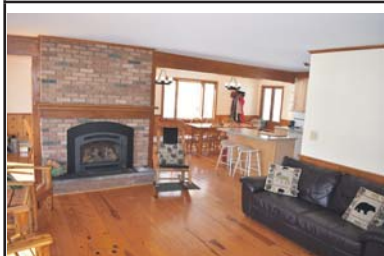
South Shore Rd. 2BR/1BA. Open great room, large lake front sun room. Neat rock features and lakeside patio & dock. 2C garage, extra storage. This owner lived here year round! 2 Back lots included!



PRICE REDUCED

Caroga Lake ACREAGE \$159,000

25 Acres WATERFRONT on the Outlet. APA says OK to Build! Beautiful wooded Lot you can design your dream home!



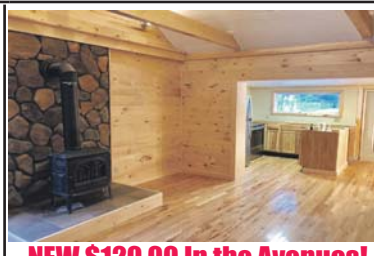
Peck Lake \$545,000

3BR-2BA. One of the finest homes & lots of Peck Lake!! Your own boat launch! Too many fine features to list. Year round, hardwood floors, fireplace, open living space-huge family room. Incredible lake views from everywhere! More pictures on the front page!



NEW W. Caroga Lake! \$275,000

Brand new interior, roof & more. This lake house is 2BR-2BA (Easy to make 3rd BR) Living RM w/pellet stove & FHA furnace. Huge 2+ car garage and awesome sandy lakefront with big dock for your boat!



NEW \$120,00 In the Avenues!

Walk down the street to the East Caroga Association Beach! Completely Remodeled cottage with 1BR plus loft. Everything is New! Come see!



NEW

Caroga Lake \$108,000

3 Lots included for plenty of privacy. 3BR/1BA with Laundry, Full basement. Move In!!



WATERFRONT YEAR ROUND HOME! \$209,900

What a deal! 85 FT. waterfront, Same owners for 65Yrs! It's your turn to make yours! 4BR/1BA, Laundry, Hardwood up. Big living room, Den opens to private porch 2 Car garage. Lots of perennials, Drilled well, modern septic, FHA furnace plus Propane fireplace in the den. Dock stays. You can enjoy YEAR ROUND!!



West Caroga Lake Access! \$89,900

Updated 2BR/1BA cottage w/deeded lake access Modern conveniences ready for you! Some work being finished so you can relax!



Coming Soon- 2 for one!! E Caroga Association Beach!

1 year round cottage and summer guest house! Enjoy year round fun! Just a short walk to the beach.



72+ Acres, Oppenheim \$79,900

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Peck Lake Building Lot- \$30,000



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NEW \$79,900 In the Avenues!

Walk to E. Caroga Assoc. Beach. 1BR w/full basement. Elec. heat, galley style kitchen. Pine floors, insulated. Huge fenced yard!



NEW! Finish this Dream! \$89,000 Adirondack Chalet

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Caroga Lake double Wide w/Giant Garage!

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Gloversville \$117,000

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Coming Soon- Peck Lake!

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Mohawk Valley Choral Society cancer awareness concert

The Mohawk Valley Choral Society will sing "Voices Raised in Hope – A Concert in Support of Cancer Awareness" on Sunday, May 19 at 7 p.m. at Central Valley Academy in Ilion.

Conducted by Mark Bunce, assistant artistic director of the Choral Society, the concert will

honor sufferers and survivors of all cancers but especially breast cancer.

The Choral Society will be accompanied by a chamber orchestra as well as Bonnie Hibbard as narrator, and soloists Nick Abounader and Jennifer Wratten.

"Voices Raised in Hope" explores, in words and

music, breast cancer from the point of view of the sufferer, as well as of friends and of family.

The Choral Society will donate 20% of all ticket sales to breast cancer research. Tickets are \$15 and will be available at Center Stage Pianos in the New Hartford Shopping Center, the Mohawk

Valley Center for the Arts in Little Falls, Weisser's Jewelers in Herkimer and at the door.

Tickets may also be reserved by calling 315.826.3092 or by contacting the Choral Society through www.mvchoral.org.

The Mohawk Choral Valley Society has been

singing exciting classical and light classical vocal music in the Central New York region for 38 years. It has appeared in cities, towns and villages throughout the Mohawk Valley. It has performed at the Episcopal Cathedral of All Saints in Albany, NY, at Hendricks Chapel on the Syracuse

University Campus, at Hamilton College, at the Presidential Inauguration at Herkimer County Community College, at the 2009 Genesis Group's 9/11 Commemorative Program and with the Albany Symphony Orchestra at the celebration of the 200th anniversary of the Erie Canal.

Herkimer HealthNet offering diabetes self-management program

Mohawk Valley residents with type 2 diabetes now have more resources to help manage the diabetes. Herkimer County HealthNet is pleased to announce that there will be a free six-week diabetes self-management program.

Living Well with Diabetes is a workshop series that will help you take control of your diabetes rather than letting it control you! Get more out of life by attending this free 2.5-hour workshop once a week for six weeks. The program will begin on Tuesday, May 28 and will

meet every Tuesday for six weeks from 2 - 4:30 p.m. at the Mohawk Homestead, 62 E. Main St, Mohawk.

If you are one of the millions of people living with diabetes, we have good news. Participating in a self-management education (SME) program can help you manage your diabetes, prevent complications and take control of diabetes symptoms such as tiredness, pain and depression. Find out how an SME program can help you learn more and feel better.

Diabetes SME programs provide knowledge and skills for people who want to manage their type 2 diabetes and related conditions. Diabetes educators conduct each program, which addresses the needs, goals and life experiences of people with diabetes. This program teaches you how to eat healthy, be active, monitor blood sugar levels, take medication, problem solve, reduce risk for other health conditions and cope with your disease.

Executive Director of Herkimer Coun-

ty HealthNet Elyse Enea Bellows said, "This program can help you deal with the symptoms of diabetes – including tiredness, pain and emotional issues – by helping you learn how to eat and sleep better, manage your day-to-day activities more effectively and more."

If you are interested in attending the Diabetes Self-Management Program, contact Herkimer County HealthNet at 315.867.1552 or eenae@herkimercounty.org, or register online at www.healthnetinc.org.

Flea market set for May 5

There will be a flea market on Sunday, May 5 at the American Legion in Mohawk from noon - 5 p.m. There will be food and refreshments, a 50/50 raffle and Zac Brown Band tickets to be raffled.

All proceeds to benefit H.A.L.O. (Helping Animals Live Organization), an animal rescue group that operates a cat shelter called H.A.L.O. House in Little Falls. For more information, call Natalie at 315.520.3112.



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Great add-ons for prom and grad parties

Prom and graduation season is a festive time of year for students and their families. Prom itself is a party that's often followed by after-parties, while many graduates celebrate their academic achievements with less formal, post-ceremony get-togethers with loved ones. When hosting a prom or graduation party, hosts can turn the fun up a notch with these add-

ons.

- **Photo booth:** Smartphones have given people their own portable photo booths, but there's no replacement for the real thing. An old-school photo booth complete with a privacy curtain and rolls of wallet-size film may encourage guests to let loose, showcasing their funniest faces and crowding into the booth together to make memories that

will last a lifetime.

- **Sundae station:** Prom season is in spring, and graduation ceremonies that take place at the end of the school year also occur in spring. The warm weather of spring makes a sundae station a great addition to any prom or graduation party. Hosts can create a homemade sundae station by supplying the ice cream, toppings, whipped cream

and, of course, cherries.

- **Open bar:** Open bars need not serve alcoholic drinks, meaning they can be added to post-prom gatherings. If hosting teens at a post-prom party, a smoothie bar can provide youngsters with extra energy to dance through the night. If hosting a graduation party for a newly minted college graduate who's of legal drinking age, then

an open bar serving specialty cocktails can make the gathering all the more memorable. Hosts can even work with the bartender/catering service in advance of the party to create a special concoction exclusive to the party.

- **Fireworks:** Impress guests with a private fireworks show. Before purchasing any fireworks, confirm with local au-

thorities that they're legal in the area where you and your guests will be celebrating. Safety should always be a priority when using fireworks, so hosts should hire professionals when planning a private fireworks show. Never leave fireworks unattended and always make sure guests stand a safe distance away from the fireworks when the show begins.

Identify and treat a garden mole problem

Lawn and garden enthusiasts often must address unforeseen issues when tending to their lawns. Weeds can be a blight, and drought can compromise the look and integrity of a lawn.

Another more deceptive potential adversary is moles. After a spring and summer spent tending to their gardens, no homeowner wants to have their hard work compromised by moles.

"The Old Farmer's Almanac" says that moles are ground-dwelling insectivores that feast on insects in the soil. Moles grow to be roughly six to eight inches long and have gray or black velvety fur. Their snouts are slender and hairless, and they have very small eyes and ears. Their large front feet have long claws that scoop dirt out of the way like a garden hoe.

Even though moles are more likely to snack on grubs, worms and beetles than plants, they damage gardens and lawns because of their underground tunneling behavior. Moles make subterranean channels throughout the yard in search of food. Some of the telltale signs include sprouted mounds of displaced soil, holes and raised burrows and hills. Tunneling can separate roots from soil, eventually killing vegetation in the process, according to the home and garden experts at BobVila.com.

There are various ways to address mole problems in a lawn or garden. Some professionals may recommend fumigants, home remedies and repellents. But these methods are not always effective, according to Better Homes & Gardens. Using insecticides can rid the lawn of some of the foods that moles dine

upon, ultimately discouraging them from coming onto a property. However, many experts agree that trapping is the only reliable means of stopping these creatures.

Homeowners can trap moles humanely by catching the mole in the act. This involves waiting for a mole to start channeling, then using two shovels to block egress on either side of its path. The mole can be removed to a box and relocated. There also are various mole and gopher traps available for sale that operate with spring-loaded snares. Individuals should check if trapping moles is legal where they live. For more information regarding moles, visit www.almanac.com or www.bobvila.com.



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100in1 Day: Gloversville set to be the first in the U.S.

*There are wonderful things happening
in downtown Gloversville and 2019 is turning
out to be a love letter to our city!*

GLOVERSVILLE - 2019 is a pivotal year in the revitalization of Downtown Gloversville. To that end, the City of Gloversville is embarking on a single day of community action called 100in1 Day: Gloversville, taking place Saturday, May 4. Gloversville will be the first city in the United States to host a 100in1 Day event.

100in1 Day is an international movement currently in 31 cities across the globe. The event is meant to bring people together on one single day to perform 100 acts of positivity for their community. This one day of service inspires the larger community to continue small acts the re-

maining 364 days of the year. These small actions are low-cost community projects that are open to anyone and designed to create positive, lasting change.

"100in1 Day: Gloversville is set to be a day full of love, positive action and pride," said Jennifer Jennings, downtown development specialist in Gloversville and organizer of the event. "The support we have received in the planning of this massive city-wide day of action has been tremendous and the event's success will be based upon the relationships, pride and love so many businesses, organizations and individual community mem-

bers have in the city. Another point of pride is the fact that Gloversville is the first city in the United States to host a 100in1 Day event. 2019 is truly turning into a love letter to our city and to the people who live, work and believe in our future."

100in1 Day: Gloversville will take place Saturday, May 4 beginning at 9 a.m. Activities will be held at locations throughout the city including downtown, in city parks, at elementary schools and along the FJ&G Rail Trail. The event has pulled together a coalition of volunteers and activity hosts with the sole purpose of doing good works throughout the city.

"The school district enthusiastically supports the 100in1Day event in Gloversville and hopes participation exceeds all expectations," said David Halloran, superintendent of schools in Gloversville. "We have a number of student service groups and schools participating on May 4. Events such as this go a long way in teaching children that giving back to your community, even in small ways, can have a profound impact."

100in1 6

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100in1 from 5

Taylor Made Products will see many of their employees participate in volunteer activities during 100in1 Day as well. "Taylor Made is pleased to be participating in the 100in1 Day event in Gloversville as part of our Acts of Service initiative," said David Karpinski, president of aftermarket products. "Throughout 2019, LCI and Taylor Made are asking all team members, volunteers and community partners to donate their time across the country to help us reach a collective total of 200,000 hours of community service. We understand that local non-profits especially need a helping hand to accomplish their goals," Karpinski added, "Giving back to the community that has supported our business for over 100 years is the least we can do."

Individuals, community organizations and businesses throughout Gloversville were asked to become involved in the 100in1 Day: Gloversville event. An online activity sheet is available and the list grows daily. A full list of 100in1 Day activities for May 4 is available at www.downtowngloversville.org. 100in1 Day: Gloversville activities will be large and small, and take a matter of minutes or hours – they depend upon the activity, hosts and locations. Some activities planned include two days of spring cleaning at the Glove Theatre, a book swap, volunteering at the Gloversville Senior Center breakfast, singing on street corners, apple tree plantings at Wohlfarth's Pond, street cleaning and more. The number and type of activities have only been limited by the imagination of the community. There is still time to sign-up to host an activity or to volunteer at one of the many events throughout the city. Activity and volunteer forms are available at www.downtowngloversville.org.

The event would not be possible without the generous contribution of community sponsors including major sponsor the Family Counseling Center. Michael Countryman, executive director of the organization, said, "We are honored to sponsor such a wonderful

and creative event. Events such as these are so important to the health of our community and give people a sense of togetherness and purpose. Many view volunteerism as a small necessity and do not realize the weight it actually carries in a community like ours. Something as small as lending your opinion by sitting on a local Board of Directors or giving an hour of your time to a local shelter can make an immeasurable difference in someone's life. If we all join together and each give just a small amount, we can be the catalyst to a healthier and happier community."

Sponsors of 100in1 Day: Gloversville include major sponsor the Family Counseling Center, media sponsor the Leader-Herald, community sponsors Correll Con-

tracting Corp., Ricmar Design & Print and Walmart Distribution Center.

A full list of 100in1 Day: Gloversville activities with descriptions and locations is available at www.downtowngloversville.org. Some activities are asking for volunteers. A volunteer sign-up sheet is also available on the website.

Contact Gloversville Downtown Development Specialist Jennifer Jennings if you have any questions about the day at jenniferj@fccrg.org or at 518.725.7700 ext. 1004.

Full details about 100in1 Day: Gloversville and other downtown events are available at www.downtowngloversville.org.

Good Housekeeping

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Whatchamacallits

Let there be dim, flickering light!

Before electricity and widely available well-burning oils, candles and other wick-burning items were used to light up the dark. However, candles were not always available either. Many people had to make do with what they had, using their ingenuity.

That's how the Betty lamp came about. The Betty lamp is thought to be of German, Austrian or Hungarian origin, first coming into use in the 1700s. (The term "Betty lamp" comes from the German word "besser," meaning better, as it was designed to improve the performance of grease lamps by creating a wick holder in the base of the lamp.)

These lamps were often made of iron or brass and most commonly used in homes or workshops. They provided light by burning fish oil or fat trimmings and often had wicks made of twisted cloth – and whale oil, when it could be obtained, gave

off the best light. Fun fact: Whale oil emits light about equal to that of two ordinary candles!

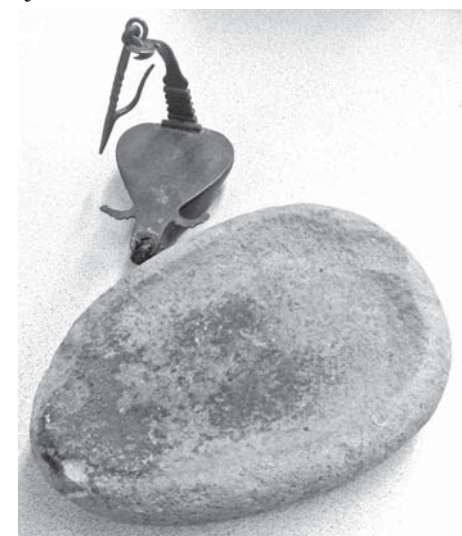
An iron hook which resembled a miniature hearth tool was attached to the lamp so it could be stuck into a rafter or hooked on a peg or over the rung of a ladder back chair. In more isolated rural areas, Betty lamps were used until the mid- to later part of the 19th century in both America and Europe.

Betty lamps are still being made and used today, but most people burn olive or vegetable oil in them rather than those from animals. Apparently, they are popular with living history buffs and members of Third World nations lacking other resources.

Because of its association with colonial domestic activity, the Betty lamp was chosen as the symbol for the American Home Economics Association in 1926.

Of course, not everyone could af-

ford a Betty lamp. Those truly in need could craft the most basic version of an oil or grease lamp using a rock with a shallow reservoir, like the one pictured, with some twisted cloth acting as a wick. It wasn't pretty, but it worked.



Do you have your own Whatchamacallit?

Habitat for Humanity Big Breakfast

The Herkimer County Habitat for Humanity will sponsor its annual Big Breakfast Buffet on Saturday, May 4 at the Herkimer VFW on Mohawk Street in Herkimer. The breakfast is served from 8 - 11 a.m.

The breakfast will include donuts, French toast, eggs, sausage, applesauce, home fries and beverages. Serving will be assisted by the Court St. Bridget #265 of the Catholic Daughters of the Americas. Thrivent Financial for Lutherans is also a co-sponsor.

Donations will be \$8 for adults, \$5 for children (under 12).

A basket auction will also be included.

For tickets call 315.868.2770 or 315.866.4322.

Herkimer County HealthNet offering free three-week tobacco cessation program

HERKIMER – Herkimer County HealthNet will offer a free three-week tobacco cessation program called Freshstart beginning Wednesday, May 8 from 5 - 6:30 p.m. at Little Falls Hospital, 4th floor, 140 Burwell St., Little Falls. This program will meet every Wednesday for three consecutive weeks.

Freshstart is designed to help smokers plan a successful quit attempt by providing essential information, skills for coping with cravings and group support.

Freshstart incorporates the most current guidelines for tobacco cessation support into face-to-face group support sessions. Program

participants choose a combination of techniques and cessation treatments they will use in their quit attempt.

The Freshstart evidence-based approach helps participants increase their motivation to quit, learn effective approaches for quitting and guide them in making a successful quit attempt through information, activities and discussion. The evidence-based components of Freshstart include motivational intervention activities, practical counseling, social support and education about medication and different approaches to quitting.

Freshstart program participants can expect a participant guide handed out at the beginning

of the first session to use in the program sessions and for personal review outside of class. They can also expect group support from other program participants, the opportunity to learn from past quit attempts and new techniques to incorporate into their future quit attempt.

For more information or to register for this program call Herkimer County HealthNet Program Coordinator Elyse Enea at 315.867.1552 or email eenae@herkimercounty.org.

Herkimer County HealthNet is a 501(c)3 non-profit corporation, and its mission is to improve the health and well-being of individuals who live, work, play and learn in Herkimer County and the Mohawk Valley.

Calendar of events

NOTE: Calendar items must be submitted by Tuesday prior to the publication date to be included in the Calendar of Events. Entries may be emailed to cfeditor@leepub.com

May 3-4

Herkimer Reformed Church Annual Spring Rummage Sale at 102 Church Street, Herkimer (at the historic four corners). Friday, 9 a.m.-4 p.m. Saturday, 9 a.m.-noon. \$1 bag sale day.

May 3, 4, 10, 11, 18 and 25

Pierogi Sale: Friday - May 3, 10 and 17, 11 a.m. - 1 p.m. Saturday, May 4, 11 and 18, 9:30 a.m. - 2 p.m. at St. Mary's Ukrainian Orthodox Church, 324 Moore Ave, Herkimer. Pierogi sell for \$7 a dozen fully cooked. **Golumbki and Pierogi Sale:** Saturday, May 25, 9:30 a.m. to 2 p.m.

May 4

Kuyahoora Valley Rotary The Kuyahoora Valley Rotary has two annual events (27th Annual Auction and the 21st Annual Fishing Derby) coming in the spring of 2019. The Auction will be May 4 and the Fishing Derby will be May 18. The Fishing Derby is for the grade school students of the Poland Central and West Canada Valley Central School Districts. Anyone wishing to donate call John at 315.725.2393 or Tom at 315.794.2995 or email to tomlin@roadrunner.com.

Herkimer County Habitat for Humanity annual Big Breakfast Buffet. Herkimer VFW, Mohawk Street, Herkimer. 8-11 a.m. Donations will be: adults: \$8 children (under 12) \$5. A basket auction will also be included. For tickets call 315.868.2770 or 315.866.4322.

May 6

Paul & Pat Briele Spaghetti Dinner Fundraiser. Lost home and belongings due to fire that was a total loss. Monday 3:30-7:30 p.m. H.C. Smith Benefit Club, St. Johnsville. Adults: \$8. Children: \$5.50 (under 5 free) Take-outs available. Bake Sale too.

Chicken Bar-B-Que. 3:30 p.m.-?. Dining room or take outs. Adults \$10. Children \$5. Stratford United Methodist Church, 1511 St. Rt. 29A, Stratford, Call 315.429.7058.

May 8

Tobacco Cessation Program Freshstart Herkimer County HealthNet 3-week program; 5-6:30 p.m.; Little Falls Hospital, 4th floor, 140 Burwell St., Little Falls. Call Elyse Enea at 315.867.1552 or email eenae@herkimercounty.org.

May 9, 10 and 11

Rummage Sale and Bake Sale. Middleville United Methodist Church, Route 29, Middleville. Thursday 9-3. Friday 9-5. Saturday 9-12.

Spring Rummage Sale. Town Hall, Salisbury Center, 10 a.m.-5 p.m. on May 9 and 10 and 9 a.m.-noon on May 11. Sponsored by Salisbury Historical Society.

May 11

West Winfield race to benefit those battling hunger. **The 5K Run/Mile Walk for Hunger** is part of the annual Route 20 Road Challenge. The route starts and ends at the Federated Church in West Winfield at 452 East Main St., Route 20. 9 a.m. \$15. To register see www.nyroute20.com/events/2019-road-challenge.

Arc Herkimer National Traffic Safety Institute's six-hour Traffic Survival Workshop. 9 a.m. to 4 p.m. in the agency's Training Center at 350 S. Washington St., Herkimer. \$38. Call Kelly Bunce at 315.574.7982.

May 12

Mother's Day Breakfast Buffet. Sponsored by Poland Vol. Fire Co. Auxiliary. Sunday. 8-11 a.m. Poland Fire Station #1, 216 Main St., Cold Brook (NYS Rt. 8, between Poland & Cold Brook). Buffet Style. Adult - \$10. Youth (12-6) - \$5. Children 5 and under - free. Handicap accessible. For information, call 315.826.7141.

May 18

Mohawk Homestead Chicken Barbecue at The Mohawk Homestead at 4:30 p.m. until all dinners are sold. Advanced sale tickets available for \$10 each by calling The Mohawk Homestead at 315.866.1841 or stopping at The Mohawk Homestead.

A One Day Bus Trip to visit Hartford, CT and the Mark Twain House. Departing from Clinton and Herkimer. Attractions include the Capitol Building, Museum of CT History, Old State House, and the Wadsworth Atheneum Museum of Art and the Mark Twain House and Museum." The cost is \$60 per person. For more information or to sign up, call the Herkimer County Historical Society at 315.866.6413.

Rabies Vaccination Clinic. 10 a.m. -12 p.m. East Herkimer Fire Department, 193 Main Rd. East Herkimer. To pre-register call 315.867.1176.

H.A.L.O. (Helping Animals Live Organization) annual "Spring Trash & Treasure Sale". 9 a.m.-4 p.m. Herkimer V.F.W., 129 Mohawk St., Herkimer, NY. Proceeds benefit H.A.L.O. and their cat shelter H.A.L.O. House in Little Falls. If anyone would like to donate clean, gently used items for the Sale, please call Debbie at 315-219-0384.

Town of German Flatts Drop-Off. 8-11 a.m., at the Town of German Flatts Town Garage, Creek Road, Mohawk. This is for Town of German Flatts residents including Ilion and Mohawk at no charge. There is a \$4 charge for tires up to 19 inches. Must have permit which are available at the Town Clerk's Office, 66 E. Main Street, Mohawk. For more information call 315.866.1370.

A Film Screening of the documentary "A North Woods Elegy" on the famous 1906 murder case of Chester Gillette and Grace Brown at Big Moose Lake will be held at 5 p.m. at the Valley Cinema in Little Falls. \$7 advance tickets (\$8 at the door). Proceeds benefit the "Save The Jail" project for the Friends of Historic Herkimer County. For more information, email Katie Nichols at knichols47@aol.com or call the Historical Society at 315.866.6413.

May 19

Mohawk Valley Choral Society "Voices Raised in Hope — concert in support of cancer awareness". 7 p.m. Central Valley Academy in Ilion. Choral Society will donate 20 percent of all ticket sales to breast cancer research. Tickets are \$15. Tickets may be reserved by calling 315.826.3092 or by contacting the Choral Society at www.mvchoral.org.



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Simple ways to prevent dog-related lawn damage

Dogs love spending time outdoors. Dog owners with yards know that dogs benefit greatly from some exercise in the backyard. While that time might be great for dogs, it can take its toll on lawns.

Dog urine and feces can adversely affect the look and health of a lush green lawn. Nitrogen is essential to healthy soil, but only at certain levels. When those levels are exceeded, the result can be lawn damage. According to The Spruce Pets, an advisory site that offers practical tips and training advices to pet owners, this is what happens when pets frequently urinate on grass. Urine is naturally high in nitrogen, so when pets urinate on lawns, the grass might turn yellow or brown due to the excess nitrogen content. Nitrogen also is present in lawn fertilizers, further exacerbating the problem for pet owners who fertilize their lawns.

In addition to urine damage, dogs can trample frosted grass, contributing to problems that may not become evident until spring, and get into areas like gardens where they wreak additional havoc.

Pet owners who want to let their dogs run free in the yard but don't want damaged grass may be tempted to put their pooches in diapers or confine them to crates when letting them outside. But such an approach isn't necessary. In fact, some simple strategies can be highly effective at preventing dog-related lawn damage.

- Speak with a landscaper about planting new grass. Certain types of grass, such as Bermuda grass, can withstand dog damage better than others. Local climate will dictate which types of grass are likely to thrive in a given area, so speak with a professional landscaper about the viability of plant-

ing new grass.

- Install fencing. Pet owners with expansive yards can install fencing that allows dogs to spend time exercising outdoors without granting them access to the entire property. Large dogs will need more room than small ones, but try to build fenced-in areas that allow dogs to run freely and get the exercise they need to stay healthy.

- Work with a dog trainer. Dog trainers might be able to work with dogs so they only urinate in certain areas of the yard, greatly reducing the damage they can cause to a lawn. Trainers also might help curb digging and clawing behaviors that can damage lawns as well as gardens.

- Consider hardscaping. Hardscaping might be most effective for pet owners with small properties. Hardscaping does not include grass and can add visual appeal to a property while saving pet

owners the headaches of dealing with dog-related lawn damage.



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Expert lawncare tips for a happy summer lawn

(BPT) — It's been a rough winter in many parts of the country, but spring is here at last — and that means it's time to give your lawn a bit of TLC.

Although grass is highly resilient, you can help your lawn recover from winter and make sure it's in top shape for summer with these tips from turf-grass researchers around the U.S.

1. Aerify to relieve soil compaction.

If your lawn is old or heavily trafficked, or if it sat under wet snow for much of the winter, the soil may be compacted. Aerifying the turf with a core aerator (you can rent the equipment or hire a professional) can open up the soil, allowing water, nutrients and oxygen to reach the roots of the grass more easily. Aerification is recommended annually for cool-season lawns, but according to Clint Waltz, Ph.D., of the University of Georgia, a warm-season lawn that suffered drought-induced dormancy the previous

summer can also benefit from aerification through mid-May.

2. Interseed for a thicker lawn.

Lawns that are sparse or have worn patches can be interseeded when the soil warms up in the spring. Aaron Patton, Ph.D., of Purdue University said, "The earlier in the year that you seed, the more time the turf will have for root development before summer." Be sure to use a high-quality seed that is a good match for your geographic region and your lawn's soil type, sun exposure and irrigation patterns.

3. Watch your mowing height.

Don't wait too long to start mowing your lawn. Scalping an overgrown lawn causes stress that can affect the grass the rest of the season. As a rule of thumb, never cut more than one-third of the grass blade height at a time. Leaving the grass a bit taller can also improve the wear tolerance of the turf, said Geoffrey Rinehart of the University of



A little spring maintenance can pay off big later in the year.

Maryland. More leaf tissue allows the grass to better withstand foot traffic and protects the growing point at the base of the blade.

4. Grasscycle to feed your lawn naturally.

You'll probably want to remove the grass clippings the first few times you mow, to reduce shading, but once your lawn gets going, consider "grasscycling" — simply leaving the clippings on the lawn. Grady Miller, Ph.D., of North Carolina State University said, "Grass clippings decompose quickly and can provide up to 25 percent of the lawn's fertilizer needs."

5. Fertilize - but sparingly.

Even if you're grasscycling, you should fertilize your lawn at least twice a year (mid-May and mid-September work well in most areas). Cale Bigelow, Ph.D., of Purdue cautioned that the spring application should be sparing and should fea-

ture slow-release nitrogen fertilizer to minimize excess growth. Too much fertilizer can lead to rapid but weak growth, leaving your turf more susceptible to wear and stress.

6. Water properly.

Proper irrigation in the spring can help prevent or reduce pest problems and environmental stress later in the summer, said Miller. He recommended watering to a soil depth of 4 to 6 inches. (You can check the depth by pushing a screwdriver into the soil. If it goes in easily, the soil likely has enough moisture.) Watering deeply once or twice a week is better than frequent light watering.

7. Take it easy.

Moss, mushrooms and other lawn pests may make an appearance in early spring, but once your grass comes out of

dormancy and begins growing quickly in late spring, the hardy turf-grass will push many of these invaders out. Issues will often resolve themselves if you create the conditions that favor the grass. If infestations recur, your county extension agency can help you identify the underlying problem and provide recommendations that are specific to your region and type of grass.

A little spring maintenance can pay off big later in the year. If you want healthy, wear-resistant turf for the high-traffic summer season, now is the time to start setting your lawn up for success. Learn more about quick, easy lawn improvement and maintenance tips from the experts at Grass Seed USA at www.WeSeedAmerica.com

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To Your Good Health

by Keith Roach, M.D.

Is acupuncture for real?

Dear Dr. Roach: You have mentioned acupuncture as a treatment for several conditions. I have read otherwise. How strong is the evidence for its use? – R.L.

Answer: The effectiveness of acupuncture for over 50 different medical conditions was reviewed by the Cochrane Collaboration, an evidence-based medicine group. Some of these show significant benefit; for example, acupuncture improves pain and function in people with fibromyalgia and osteoarthritis, when compared with placebo pills.

Acupuncture also was better than doing nothing and better than some other treatments.

On the other hand, the Cochrane group could not find enough evidence to say whether acupuncture is effective for many other conditions, such as depression or shoulder pain. More importantly, some authors have argued that the benefit from acupuncture is a placebo response, and that the apparent benefit of acupuncture compared with a placebo pill is merely that acupuncture is a more effective placebo than just a pill.

There certainly is evidence that even surgery

has a potential for a placebo response, and one interesting recent study showed that people with Parkinson's disease got more improvement in motor skills from a placebo pill they were told cost \$1,500 than they did with the identical placebo if they were told it cost only \$100. This shows me that our minds have a tremendous ability to improve our bodies if we really believe we can. I think that to a very large extent, and perhaps entirely, the real benefits seen by people who undergo acupuncture are a manifestation of the placebo response.

Acupuncture has far fewer side effects than

many medications and helps people with a variety of conditions. Whether its effect is "real" or placebo is almost not an issue.

Dear Dr. Roach: Last year, I started getting Raynaud's. I can remember from my youth that my father had it, so it didn't seem too terrible. It's not just the fingertips that turn white, but also some of my toes are affected.

I asked people who know of it or have it how one gets this. What is the cause? No one knows. So I asked my doctor. Even he said he did not know.

How do I get these episodes, and what can I do

to prevent them? – R.S.

Answer: Raynaud phenomenon is an exaggerated response to cold or stress, causing color changes in the skin of the fingers and toes. There is a long list of causes of Raynaud phenomenon. Often, no cause is ever found (in which case it is called primary Raynaud, which just means we don't know what's causing it). The most common known causes are the autoimmune rheumatic diseases, especially scleroderma, lupus and Sjogren's syndrome. Hypothyroidism is an unusual cause, and some drugs can cause it as well.


The current thinking is

that primary RP is caused by abnormalities in the alpha receptors in blood vessels (alpha receptors respond to adrenaline and similar molecules).


Keeping the whole body – and especially the hands – warm is the first step. Sudden temperature changes can trigger the effect. Warming the hands in warm water at the onset of an attack can stop it. Anxiety makes it worse, so a positive attitude can really affect this condition. Medications, such as amlodipine, may be necessary for prevention in more severe cases.

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Arc Herkimer to offer May traffic survival workshop

Arc Herkimer will offer the National Traffic Safety Institute's six-hour Traffic Survival Workshop on Saturday, May 11 from 9 a.m. - 4 p.m. in the agency's Training Center at 350 S. Washington St., Herkimer.

Individuals who successfully complete the course will receive up to four points reduction from the total on their New York State driving record and a 10% reduction, for three years, in the base rate of the motorist's current automobile liability, no-fault and collision

premiums.

Access for the course is the building's main entrance. The course is open to the public, and the fee is \$38. Books and materials are provided. Payment and registration can be made by calling Kelly Bunce at 315.574.7982. Classes are subject to cancellation due to an insufficient number of registrants.

For more information regarding the Arc Herkimer or to view when additional courses will be offered, visit www.archerkimer.org.

Gillette/Brown murder film screening

A film screening of the documentary "A North Woods Elegy" on the famous 1906 murder case of Chester Gillette and Grace Brown at Big Moose Lake will be held on Saturday, May 18 at 5 p.m. at the Valley Cinema in Little Falls. The 62-minute documentary film investigates the circumstances surrounding

the murder of Brown by Gillette on July 11, 1906 in the Adirondacks. Covering the ensuing trial and Gillette's subsequent incarceration and execution, the film explores the fascination America had, and still has, with the case. The Gillette/Brown story has pervaded recent history and inspired many cultural artifacts (movies, plays, novels and an opera), but the "accurate" story has never truly been portrayed on the screen.

Meet film director Derek Taylor and Jack Sherman, editor of the "Prison Diary and Letters of Chester Gil-

lette" and featured in the documentary. Both will be in attendance to answer questions afterward.

The cost is \$7 for advance tickets (\$8 at the door) and can be purchased at the Herkimer County Historical Society, 406 N. Main St., Herkimer, Monday - Friday, 10 a.m. - 4 p.m., and Ilion Wine & Spirits.

Proceeds will benefit the "Save The Jail" project for the Friends of Historic Herkimer County. For more information, email Katie Nichols at knichols47@aol.com or call the Historical Society at 315.866.6413.

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Health and safety in a flood emergency

Spring heralds the arrival of warmth and beauty to New York State. But it also brings one of the most common and widespread emergencies – flooding.

Whether caused by spring rains or melting winter snow and ice thaws, water damage in your home can create serious health and safety concerns. Standing water and excessive moisture can lead to the growth of bacteria, mold and insects. After a flood, you must take precautions to protect your family from developing illnesses associated with contaminated water, food and air.

It is critical to practice basic hygiene during the emergency period. Always wash your hands with soap and water that has been boiled or disinfected.

Diane Ward, CHN of Herkimer County Public Health, offers the following advice to help keep homes and families healthy during and after a flood:

Water

- Listen to and follow public service announcements to learn whether the community water supply is safe to drink and use.
- If the water is not safe, use bottled water or boil or disinfect water for cooking, cleaning or bathing until tap water is safe again.

Foods

- Discard frozen foods that may have thawed during a power outage.
- Raw foods exposed to flood waters should be avoided because of possible contamination. If raw foods must be used, clean thoroughly and rinse with chlorinated water (two teaspoons of liquid chlorine bleach per gallon of water).

- Destroy the contents of crown-capped bottles and foods in glass jars. Their food safety seals may have been broken. Destroy canned foods when swelling, rusting or serious denting is visible.
- Cook all foods thoroughly. Frozen foods that have been thawed should be discarded if not consumed immediately, unless you are sure they have been kept refrigerated at 45° Fahrenheit or lower.

Household Clean-Up

- Power should be turned off in cellars before flooding. If possible, wait for ground waters to drop below floor level before going into the cellar. Otherwise, drain or pump water from flooded cellars. Wash down the walls, floors and other areas exposed to flood waters. Keep windows and doors open for ventilation. Disinfect the washed areas by applying a solution of bleach with a broom. The solution is prepared by adding four tablespoons of bleach to five gallons of water. Allow the solution to remain on the surface for about 10 minutes. Rinse with cold water as soon as possible to minimize staining. You may also use a commercial disinfectant.
- Furniture: Clean and then wash metal and leather surfaces with mild soap and water and wipe dry immediately. Some upholstery may be washed on the surface with soap and water and wiped dry. Expose to open air and sunshine.
- Floor coverings: Flush rugs and carpets with a hose and squeegee, then wash with lukewarm water containing a detergent. Rinse and dry in sun.

Safety

- Rubber gloves should be worn while scrubbing

damaged interiors with a bleach solution.

- Don't neglect supposedly minor cuts, scratches or other injuries or sickness experienced during the emergency.

For more information, Ward recommends the New York State Department of Health brochure "Don't Be Left in the Dark" available at www.health.ny.gov/publications/7064.pdf or call Herkimer County Public Health at 315.867.1176.





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Car show and chicken BBQ

The Motor-In Methodists of Acme Road Car Show and Chicken BBQ will be held Saturday, June 1 from 11 a.m. - 3 p.m. at the Morning Star Church, 4224 Acme Rd., Frankfort.

The car show registration fee is \$10 per car with judging at 2 p.m. and prizes awarded at 3 p.m.

J&D Entertainment will provide music. A chicken barbecue meal (chicken prepared by

Butch Parese) including homemade salt potatoes, cole slaw, baked beans and a brownie prepared by church members, will be available from noon until sold out for \$11.

All proceeds benefit the Morning Star

UMC of Ilion and Frankfort.

For more information or if you have questions, contact Barbara Horwald at 315.894.4520 or barbara.horwald@gmail.com.

Did you know?

Many an amateur landscaper has encountered grubs while tending to their lawns, but even the most attentive green thumb may have a lawn infested with grubs and not know it.

According to the pest and weed experts at Roundup®, grubs often go unnoticed until late summer, when they've

already done substantial damage to a lawn. Oddly enough, one of the telltale signs of a grub infestation is not the grubs themselves but the animals looking to dine on them. Fully grown grubs make for hearty meals, so homeowners who notice raccoons, skunks and/or birds digging up their lawns may have a grub infestation. That's because these

unwanted guests like to dine on mature grubs who have spent summer feasting on organic matter in the soil.

Another sign of a possible grub infestation is a lawn that feels spongy when stepped on. Patches of dead grass that peel back easily are a sign that grubs have eaten the roots that keep healthy grass in place.

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<p>2015 Ford F-150 XLT</p> <p>\$33,300 Navi, Low Miles One Owner</p>	<p>2016 Honda Civic</p> <p>\$15,595 Gas Saver One Owner, LX</p>	<p>2016 Hyundai Elantra</p> <p>\$15,490 Gas Saver One Owner</p>

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Outdoor improvements that boost home value

Whether home improvement projects are designed to improve the interior or exterior of a

house, focusing on renovations that make the most financial sense can benefit homeowners in

the long run. The right renovations can be assets if and when homeowners decide to sell their homes.



So how does one get started? First and foremost, speak to a local real estate agent who is knowledgeable about trends in the community. While a swimming pool may be something coveted in one area, it may impede sales in another. It also helps to study generalized trends and data from various home improvement industry analysts to guide upcoming projects.

The following outdoor projects are just a few renovations that tend to add value.

- **Fire pit:** A fire pit is a great place to gather most months of the year. Bob Vila and CBS news report that a fire pit realizes a 78 percent return on investment, or ROI.

- **Outdoor kitchen:** Many buyers are looking to utilize their yards as an

extension of interior living areas. Cooking, dining and even watching TV outdoors is increasingly popular. Outdoor living areas can be custom designed and built. In addition, prefabricated modular units that require a much smaller commitment of time and money are available.

- **Patio:** Homeowners who do not already have a patio will find that adding one can increase a home's value. Patios help a home look neat, add useable space and may help a home to sell quickly. The experts at Space Wise, a division of Extra Space Storage, say that refinishing, repairing and building a new patio offers strong ROI.

- **Deck:** Decks can be as valuable as patios. A deck is another outdoor space that can be used

for entertaining, dining and more. Remodeling magazine's 2018 "Cost vs. Value" report indicates that an \$11,000 deck can add about \$9,000 in resale value to the home, recouping around 82 percent of the project's costs.

- **Door update:** Improve curb appeal with a new, high-end front door and garage doors. If that's too expensive, a good cleaning and new coat of paint can make an old door look brand new. These easy fixes can improve a home's look instantly.

- **New landscaping:** The National Association of Realtors says an outdoor makeover that includes well-thought out landscaping can net 105 percent ROI. Installing a walkway, adding stone planters, mulching, and planting shrubs are ideas to consider.

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Moments in Time The History Channel

• On April 23, 1014, Brian Boru, the high king of Ireland, is assassinated by retreating Norsemen shortly after his Irish forces defeated them. A small group of fleeing Norsemen stumbled on Brian's tent, overcame his bodyguards and murdered the elderly king.

• On April 25, 1719, Daniel Defoe's "The Life and Strange Adventures of Robinson Crusoe," a fictional work about a shipwrecked sailor who spends 28 years on a deserted island, is published. It's based on the experiences of Alexander Selkirk, a Scottish sailor who spent four years on a small island off South America.

• On April 26, 1865, John Wilkes Booth is killed when Union soldiers track him to a Virginia farm 12 days after he assassinated President Abraham Lincoln. Killing Lincoln was part of a conspiracy to simul-

taneously kill the vice president and secretary of state, neither of which happened.

• On April 22, 1915, German forces shock Allied soldiers along the Western Front by firing more than 150 tons of lethal chlorine. The Germans were perhaps as shocked as the Allies by the devastating effects of the poison gas.

• On April 27, 1956, world heavyweight champion Rocky Marciano retires from boxing at age 31. He ended his career as the only heavyweight champ with a perfect record, 49-0. Marciano had started boxing in the Army to get out of kitchen duty.

• On April 28, 1969, following the defeat of his proposals for constitutional reform, Charles de Gaulle resigns as president of France. He had first resigned in 1946, but was called back in 1958 when the Algerian War sent nearly a million Algerians into France.

• On April 24, 1996, the Pittsburgh Penguins beat the Washington Capitals, 3-2, in 139 minutes of game play, making it the fifth-longest match in NHL history. Playoff games aren't allowed to end in a tie.

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Land Bank runs logo contest

LITTLE FALLS – The Greater Mohawk Valley Land Bank (GMVLB) needs a logo and is running a competition for the concept design.

GMVLB Executive Director Tolga Morawski announced that the competition has a \$1,000 first prize, a \$500 second prize and two \$250 honorable mention prizes.

"While the contest is open to amateur and pro-

fessional designers and artists, GMVLB will make every effort, depending on the quality of the submissions, to include the submission of a student as a prize winner," said Morawski.

Complete details including all contest rules and the required entry form can be found at the land bank's website, www.gmvlb.org.

Also find key docu-

ments outlining the vision, mission, values and general operations of the land bank on the site. GMVLB's Strategic Plan is posted there. Participants are urged to review

the plan and the website to help inform the creative process.

The deadline for submissions is May 17. Email info@gmvlb.org with questions.

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Weekly SUDOKU

by Linda Thistle

		2		7	5	1		
	6		4					3
3					2			9
	5		8					6
		4		3				2
6					9	8	1	
		1		8		6		
7			5					8
9	3				6		5	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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King Crossword

ACROSS

- 1 Fellow
5 "— Blue?"
8 Barbershop item
12 Mentor
13 CD-
14 Sheltered, at sea
15 Office machine
17 Tarzan's transport
18 Scrooge's outcry
19 Hateful
21 Future mare
24 Met melody
25 Sandwich cookie
26 Site of many sites
30 Swindle
31 Paquin and Quindlen
32 Id counterpart
33 Gap
35 Bartlett, for one
36 Line of stitching
37 Papa
38 Triangular letters
41 "— Town"
42 Pelvic bones
43 Lyon-based crimefighting group
48 Expansive

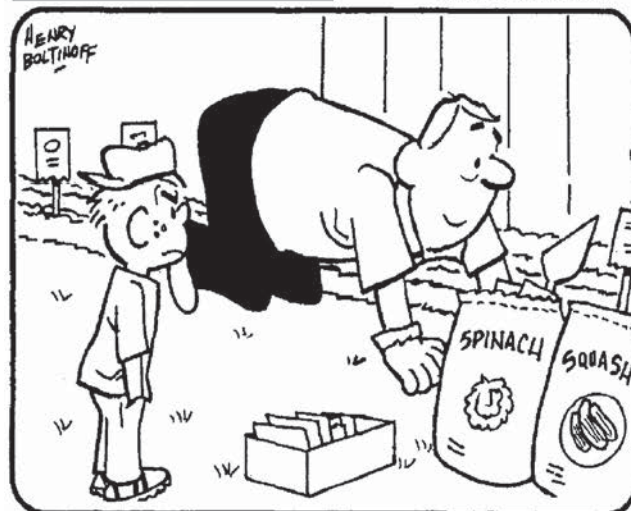


- 49 Old hand
50 Norway's capital
51 Initial chip
52 Author Umberto
53 Spruce (up)
8 Ritzy spread
9 Hodgepodge
10 Server's handout
11 Honey bunch?
16 Shaft of light
20 Conks out
21 Central points
22 Press
23 Fasting period
24 Region of Vietnam
26 Tending to spread
27 Requirement
28 "Zounds!"
29 British conservative
31 Neighborhood
34 Subject of a will
35 Buccaneer's bird
37 Payable
38 Prima donna
39 Verve
40 Roster
41 Sgt. Snorkel's dog
44 Asian electronics giant
45 Omega pre-ceder
46 On in years
47 Actress Myrna

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HOCUS-FOCUS

BY
HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Boy's cap is backward. 2. Bags have been switched. 3. Man's shoe is different. 4. Fence is longer. 5. Box is closer to boy. 6. Extra marker is in garden.

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AN ANCIENT PROBLEM! Hidden in the above frame is a famous old saying. You can find it by reading every other letter as you go around it counterclockwise. The trick is finding the right first letter.

Answer: Starting with the "R" on the right: "Rome was not built in a day."

BATTER UP! Let's start the baseball season with an Alpha-Math puzzle. You must replace the letters to the right with the digits 0 through 9 so that you have a correct addition problem. The same letters get the same digits.

One Answer: H=2, A=8, D=9, R=4, B=3, L=1, T=6, I=7, M=0, E=5.
(2894 + 3811 = 6705)

THIS SHOULD KEEP YOU HOPPING! Pictured below are two puzzle grids for you to fill in. Hints are given for each word. The words in Grid B contain the same letters as the words in Grid A.

- Partially opened.
- Belongs to us.
- Electrical currents.
- Obvious.

J		
U		
M		
P		

GRID A

R		
O		
P		
E		

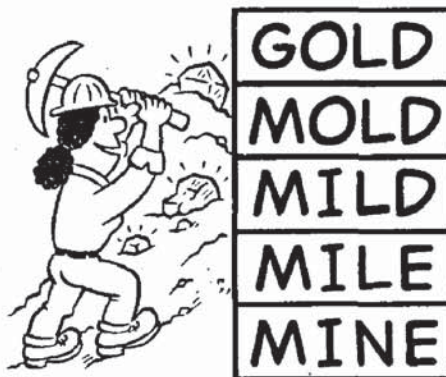
GRID B

- Prince of India.
- Tart or tangy.
- Useful guides.
- Informal "no."

- Aja-Raja.
- Ours-sour.
- Amps-maps.
- Open-hope.

Junior Whirl

by Charles Barry Townsend



TRY SOLVING THESE PUZZLE NUGGETS!

In this type of puzzle, you are given a word that must be changed into another word in a series of moves. During each move you must change one letter in the previous word so as to form a new word. In our example we changed GOLD to MINE in four moves. See if you can change the following five words in four moves.

- FOOT to BALL
- POST to CARD
- CLAM to SOUP
- HOLE to DARN
- LICE to BATH

Answers:
1. FOOT, BOOT, BOLT, BOLL, BALL.
2. POST, PAST, CAST, CARD.
3. CLAM, SLAM, SLAP, SOAP, SOUP.
4. HOLE, DOLE, DALE, DARE, DARN.
5. LICE, LACE, LAKE, LATE, BATE, BATH.

Celebrate today!

May the fourth be with you!



Buyers' guide to financing a vehicle

The price of the average car continues to rise. Analysts at Edmunds estimate the average transaction price of a new vehicle now hovers at roughly \$36,000. Few people can walk into a car dealership and pay such a price in cash, which means that savvy shoppers need to familiarize themselves with the financing process in order to get their dream rides.

In addition to finding the perfect car or truck, buyers must spend time

researching the ideal way to pay for it. Car loans are key to the car-buying process. Too often shoppers wait until they're in the negotiating seat at the dealership before they even know what they can spend, and this can be a mistake. A poor financing deal hurts buyers over the long run and may lead to defaulting on the loan and dealing with the credit fallout that defaulting produces.

Vehicle financing is a step-by-step process that

should begin long before consumers even pick out a car.

• Examine your spending and saving. Start by looking at your finances and establish a budget. How much cash do you have on hand for a down payment? Also, how much can you comfortably devote to a new car payment and requisite auto insurance? You can use automotive loan calculators to get a rough idea of what a particular car will cost you in terms

of monthly payments.

• Know your credit standing. Great credit will give you financing leverage. Understand your credit score and which factors may be bringing it down. Resolve any issues well before you apply for financing so a bad score will not hurt you.

• Visit lenders. The financing deal offered by the dealership might not be the best price possible. You can get preapproved/prequalified for an auto loan the same way you do

for a home mortgage at banks and credit unions. This helps you secure the best interest rate possible. It also provides negotiating power. A preapproval letter puts you in the position as a stronger "cash buyer," states the financial resource NerdWallet.

• Set a firm buying price. Preapprovals and working with a third-par-

ty lender gives you a specific amount of money you know you can borrow. Use this as a tool to keep the negotiated price low because you cannot exceed your preapproved amount. It also may be a way to push dealership finance managers to contact their own captive lenders to try to beat the rate offered by your existing lender.

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527 Furniture
529 Garage Sales
530 Garden Supplies
535 Generators
537 Gifts
575 Greenhouse Supplies
585 Guns
587 Hair Styling
589 Hardware
600 Health Care/Products
605 Heating
610 Help Wanted
653 Hotel / Motel
683 Jewelers
700 Lawn & Garden
711 Lessons
760 Lumber & Wood Products
790 Maple Syrup Supplies
805 Miscellaneous
810 Mobile Homes
811 Monuments
812 Multi Media
813 Music
815 Motorcycles
817 Nails
820 Nurseries
910 Plants
950 Real Estate For Sale
955 Real Estate Wanted
960 RVs & Motor Homes
975 Rentals
980 Restaurant Supplies
1040 Services Offered
1075 Snowblowers
1080 Snowmobiles
1096 Sports
1109 Thrift
1140 Trailers
1147 Trains
1148 Travel
1165 Trees
1170 Truck Parts & Equipment
1180 Trucks
1187 Vacuum
1190 Vegetable
1200 Veterinary
1205 Wanted

Announcements

ADVERTISING DEADLINE

FRIDAY • 2:00 PM

(Week Prior to Each Friday Dated Paper)

For as little as \$4.00 - place a classified ad in

The Country Editor

Call Peg at **1-800-836-2888**

or **518-673-0111**

or email classified@leepub.com

Announcements

NEW HOURS: Randy's Ridge, Ilion, Opens May 18th, Weekend visitors, Sat. Sun., Mon, only 10am-6pm located 216 Avery Road 315-894-0250.

★ ★ ★ ★ ★ ADVERTISERS

Get the best responses from your advertisements by including the age, condition, price and best calling hours. Also, we always recommend insertion for at least 2 issues for maximum benefits. **DEADLINE** for placing ads is **FRIDAY** at 2:00 PM- **Week Prior** to Each Friday Dated Paper. **Call Peg at 1-800-836-2888 or 518-673-0111**

SELF-INKING STAMPS: Great for raffle tickets. \$23.00+ tax. Shipping extra. Call Lee Newspapers Inc. at 518-673-0101 or email commercialprint@leepub.com

CHECK YOUR AD - ADVERTISERS should check their ads on the first week of insertion. Lee Newspapers shall not be liable for typographical, or errors in publication except to the extent of the cost of the first weeks insertion of the ad, and shall also not be liable for damages due to failure to publish an ad. Adjustment for errors is limited to the cost of that portion of the ad wherein the error occurred. **Report any errors to 800-836-2888 or 518-673-0111.**

LOOKING FOR VENDORS friends of German Flatts town Park will have a garage sale on June 8th, 2019 from 9am-5pm at 555 Rte.5S Mohawk NY. (Next to Fort Herkimer church) Contact Carol Vercz to register 315-866-6791 email pvercz@twcny.rr.com **FREE!** must supply own table/chairs.

Antiques

VINTAGE TIGER MAPLE bed, vanity, dresser, late 1800's great condition, \$1,200. 315-429-3183

Announcements

Antiques

ANTIQUES/FINE ART and unusual collectibles. 9200 State Route 365, Holland Patent. From Pete Rose autographs to Coca Cola ceiling fans. 315-794-9175.

WANTED TO BUY: BEECH-NUT Penny Machines, Wood Sap Buckets, Oak Bookcases, Decorated Crocks & Jugs, Old Paintings, Oak Frames, Old Christmas & Halloween, 1920's Postcards. Tin & Porcelain Signs, Decorative PYREX, Cabinet Cards, Scrapbooks, Holiday Blow Molds, Glass Negatives, Old Costume & Gold Jewelry, Quilts, Farm Primitives, Old Hats & Dresses, Pocket Watches & Knives, Early Comic Books, Railroad Items, Bakelite, Dairy Bottles, Cast Iron Toys, Griswold Pans, Old COKE & PEPSI Soda Signs, Large Thermometers, Civil War Items, Antique Baseball Stuff, Wood Boat & Plane Models, Taxidermy, Needlepoint, Doilies, Cigar Stuff, Hunting, Fishing, Advertising of all sorts. We absolutely DO NOT buy anything with barcodes, says CHINA, or made after 1975. **WE WANT OLD STUFF!** Free House Calls... Cash Paid... We R Fun! Showcase Antiques, Little Falls, 10-5pm, Dave or Deb, 315-823-1177.

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INSULATION: All Types. New/Existing Buildings. Free Estimates. Fully Insured. Call Upstate Spray Foam Insulation 315-822-5238. www.upstatesprayfoam.com

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Custom Services

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Estate Sales

MOVING/ESTATE SALE: 200 Carney Ave., East Herkimer May 4/5; 9am-3pm. Sign in at 8 am; No early birds! Antiques, leather couches that recline, flat screen television, books, jewelry, kitchen table, bedroom set, toys, clothes priced to sell! **CASH ONLY** please!! (NO checks)

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3 pth Side Arm Extension



M.X. Martin 5' offset cutter arm extension, new!

\$4,950 or BRO

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Construction Services

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Farm Machinery For Sale

For Rent

VILLAGE OF FRANKFORT: APARTMENTS (2). Second floor- 2 bedrooms each. No pet policies- smoke free. Take a visual tour. www.crossettrees.com Applications available. Email: louise@crossettrees.com Call: 315-894-8557

1300 Sq. Feet Office/Retail Space available for lease/rent. Additional storage space available, handicap accessible with parking lot. Located at 284 West Main Street, Ilion, NY. Call 315-866-4960 for information.

For Sale

BANNERS: VINYL - Single Sided - Double Sided, various sizes. Free shipping. **Call Lee Newspapers Inc.** at 518-673-0101 or email commercialprint@leepub.com

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FOR SALE: Air conditioner, exercise bike, glassware, 220 electric dryer. 315-200-0054

TOTAL GYM, As seen on TV, complete, paid, \$350, yours for \$150. 315-219-0624.

Garage Sales

HERKIMER 5 family garage sale: 327 dewey ave. May 16th-18th Thurs. & Friday, 9-4, Saturday 9-12. All kinds of items, household, lamps, mirrors, glass table top, furniture, lane theatre chest, tools, toys, antiques, and much more!

Help Wanted

RELIEF MILKER ON 30-COW DAIRY FARM in Sprakers, NY. Several times per month, May-August. 267-496-1747.

Lawn & Garden

Husqvarna Mower Sale! zero-turn z248, prices start at \$3,199. Lawn tractors WT42SLX, prices start at \$2,699. Trimmers, chain-saws, push mowers in stock. Financing available. **Randall Implements.** 2991 St. Hwy 5S Fultonville 518-853-4500

Miscellaneous

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Corrugated Signs, Gift Certificates, Invitations, Labels, Magnets, Business Cards, Rack Cards, Banners, Postcards, Business Forms, Non-Carbon Reproduction Forms (NCR), Signs, Pull-Up Banner Stands, Feather Banner Stands, Door Hangers, Envelopes, Posters, Calendars, Self-Inking Stamps, Flyers/Brochures. **Call with your needs. Lee Newspapers Inc. 518-673-0101 or** commercialprint@leepub.com

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COMMERCIAL PROPERTY FOR SALE ILION: Property surveyed. **Asking price \$165,000.00.** Take a visual tour www.crossettrees.com All Broker inquires welcome. Email louise@crossettrees.com OR Crossett Real Estate Services 315-894-8557

LITTLE FALLS LAND: 5.4 acres, open, \$17,500. 2.2 acres, well, electric, shed w/tractor, \$23,000. St. Johnsville land: 5.4 acres, dead end road, open wooded, \$29,000. 4.5 acres Allen Heights, \$15,000 cash. 518-673-3212 www.vinyard-schoice.com

VILLAGE OF FRANKFORT: Vacant building lot, 6,350 Sq.Ft. (50x127). Owner financing available. Take a visual tour www.crossettrees.com **Asking \$8,500.00** All Broker inquiries welcome. 315-894-8557

ONE FAMILY HOUSE for sale in Herkimer 327 Dewey Ave. 3 bedrooms, 1.5 bath, garage with a car port, extra storage in and out, very large lot, recently redone, ready to move into. Qualified buyers only, \$93,500. 315-868-2921

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2 Acres **\$18,900**
6.9 Acres/Creek **\$23,900**
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MAN WITH A PICKUP TRUCK: Clean-outs, junk removal, small moves, Spring leaf clean-ups. 315-982-9302, 315-269-5884

BOILING POT PHOTOGRAPHY 518-378-3279 Graduation Photos, Weddings, Baby and more. Find us on Facebook

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8x10 PHOTOS, only \$3.00, or get two 5x7's for \$3.00. Lee Newspapers Inc., 6113 State Hwy. 5, Palatine Bridge, NY 13428. 518-673-3237

Tires & Tire Repair Service

USED TIRE SALE: Huge Inventory, mounting & balancing FREE. No appointment necessary! Save money call Auto World, 534 North Perry Street, Johnstown 12095 518-762-7555

Trailers

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SPRING FIREWOOD SALE, cut winter of 2019. Cut and split hardwoods, 10 or more facecords, \$60/facecord. Free delivery 315-894-0117

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Name (Print): _____

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Payment Method: ☐ Check/Money Order ☐ American Express ☐ Discover ☐ Visa ☐ MC

Card #: _____ Exp. Date: _____ MM / YY

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Amount Paid: _____

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Mail: Country Editor, PO Box 121, Palatine Bridge, NY 13428

Mother's Day ideas for moms from all walks of life

Mother's Day is a celebration of women who devote so much of their effort and energy to their families. Celebrating Mom on Mother's Day lets her know all of her efforts haven't gone unnoticed.

Mothers may perform similar tasks, but no two moms are the same. Finding ways to celebrate Mom's uniqueness can make the day that much more meaningful and memorable.

put them together. Dads can visit rare bookstores and look for original copies of Mom's favorite books that she might not find elsewhere.

The Nature Lover

Fishing and other outdoor activities might have a reputation as predominantly male hobbies, but studies show that's not really the case. A 2016 report from the Outdoor Foundation found that 46 percent of people who

pole, hiking gear or other items that align with her favorite nature activity.

The Relaxation Specialist

Of course, some mothers may want to simply unwind with a relaxing morning at the spa on Mother's Day. In fact, the 2018 U.S. Spa Industry Study found that the spa industry has enjoyed seven consecutive years of consistent growth, with more than 187 billion spa



The Crafter

Mothers who are avid crafters may enjoy a craft-themed Mother's Day. A family crafting project can make for a fun afternoon and produce mementos that Mom will cherish for years to come. Dads and kids can plan the project in advance without Mom's knowledge, arranging all of the materials ahead of time and setting up the crafting station the night before or while Mom is relaxing on Mother's Day morning. Kids can even get a head start on the day by making their own craft for Mom and giving it to her as a Mother's Day present. Dads can keep the craft theme going at dinner and get a laugh out of Mom by pouring her a craft beer when dinner is served.

The Reader

A 2017 survey from the U.S. Bureau of Labor Statistics found that women read more than men. Women read an average of 19.8 minutes per day, which can make a Mother's Day focused on Mom's love of books an ideal and unique way to spend the day. Kids can write Mom their own books, and Dad can help

participated in outdoor activities were women. If Mom is a nature enthusiast, families can plan a Mother's Day enjoying the great outdoors, even giving Mom a new fishing

visits in 2017 alone. A relaxing morning at the spa can be the perfect way for moms to begin Mother's Day before they enjoy a brunch of dinner out with their families.

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Special Mother's Day Menu

Featuring...Prime Rib, Roast Pork,
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Ham, Steaks, & Seefood

Your 4 course dinner includes a first course selection plus corn fritter, creamed potatoes, baked onion casserole, vegetable of the day, coleslaw and fresh baked bread.



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& Sunday thru October

www.saltsmans.com

Mother's Day

Midline Greenhouses

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Beautiful Assortment of Hanging Baskets

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Wave Petunias

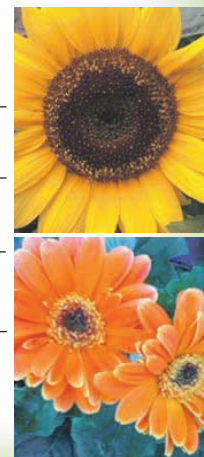
4" Pot \$2.95 ea • \$33 doz.

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Have fun at the prom regardless of the company you keep

Prom is a milestone steeped in tradition. Perhaps because of that, many teenagers put immense pressure on themselves to make sure that their prom experiences are perfect.

Some of the stress that results from that desire for a perfect prom experience stems from who to take as a date. It's a misconception that every person who intends to attend the prom must have a steady boyfriend


or girlfriend. In fact, it's perfectly acceptable, and even common, to attend prom without a date. The latest research from YouGov, a data- and information-gathering site engaging communities, found that among Americans who went to prom, only around half (51 percent) went with a date.

It's possible to have a great time at the prom even if you attend without a date. Teenagers should feel confident and have fun whether they attend prom with a date, a friend, a group, or even alone. Here are some

- ways to maximize the fun.
- Leave the expectations behind. Even though prom fever may not be as intense as it was for generations past, teens may ultimately regret skipping their proms. Attend the prom with no expectations except mingling with classmates, having a bite to eat and making a few memories to share with others in the future. Prom can provide an early foray into feeling special by donning formal attire, a chance that, for teens, doesn't come around all that often.
 - Mingle as much as possible. Solo prom-goers have the benefit of being able to converse and move between different groups of people. This can inspire entertaining conversation throughout the night, and can even help students form stronger bonds with their friends.
 - Get up and dance. The DJ or the band will be playing, so grab a partner and get out on the dance floor. Now is not the time to be self-conscious. Students who are going off to college or careers may not see their classmates often after prom night, so make the most of the night by cutting a rug.
- Attending prom can be a great experience whether teenagers have a date on their arm or attend alone.



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EARLY CONSIGNMENTS FROM LOCAL FARMER RETIRING:

JD 16ft transport drags, Knight 8018 Slinger spreader, JD 6115 D loader ready 4x4 w/ cab, 704 hrs, JD 2020 gas tractor, JD 1010 gas tractor, JD 3020 tractor w/148 loader & cab, JD 449 round baler silage special w/ mega pickup head, NH 258 hay rake, NH 256 hay rake, hyd dbl hitch for rakes, Stretch O Matic mdl-7500 inline round bale wrapper, Cory bale wrapper w/ lift arm, 12 round bale wagon w/ 12 ton tandem gear(excellent shape), 3pt round bale spear, 3pt hitch high lift round bale spike hyd lift -up to 4ft, 3pt hitch double round bale carrier-carry 2 bales at once!! , Bri-Mar dump trailer 612LE like new-never registered(new in August 2018 from Clinton Tractor), Brillion ML-1803 culti-mulchers(excellent shape)

CONSIGNMENTS:

JD 3 btm 3 pt hitch plows, Fisher minute mount snow plow 7 1/2' straight blade complete w/ wiring harness off '08 Chevy ¾ ton, International 584 diesel & loader w/ joy stick controls & cab(2872 hrs, very nice), JD 456 silage special(excellent shape),NH 311 hay baler w/kicker, Kuhn digi-drive 4 star tedder, New Idea 4160 hay rake, New Holland 479 haybine, (2) 8 ton running gears, Kuhn 6522 rotary rake, Kuhn discbine FC 4000, New Idea discbine 5212, NH 256 rake, Hyd.double hitch for rakes, JD loader mdl 48 off a 4020, JD 450C bulldozer w/ 6 way blade & open rops, NI 5212 discbine, Gehl 312 Scavenger spreader, Skid steer snowblower, Dion forage wagon, IH 720 5 btm plows, Brush Hog 15' offset disc, Brillion 24' transport drags, Degelman PTO driven rock picker, Uhler 812 silage cart, water tub, 1971 L-8000 Ford truck w/ 1160 Cat engine & new hyd lines pumps w/ 2yr old 4,500 gal Husky manure tank, NH 258 rake, NH baler mdl 565 w/ thrower, NH mdl 25 corn silage blower

NOTE: This is only a partial listing. Please no junk or tires of no value. Management reserves the right to reject same. Management not responsible for items listed that do not show.

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Answers

Solution time: 21 mins.

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G	U	R	U		R	O	M		A	L	E	E	
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Just Like Cats & Dogs

by Dave T. Phipps



Answer

4	9	2	3	7	5	1	8	6
1	6	7	4	9	8	2	3	5
3	8	5	1	6	2	7	4	9
2	5	9	8	4	1	3	6	7
8	1	4	6	3	7	5	9	2
6	7	3	2	5	9	8	1	4
5	2	1	9	8	4	6	7	3
7	4	6	5	1	3	9	2	8
9	3	8	7	2	6	4	5	1

Americanisms

"Cut out all these exclamation points. An exclamation point is like laughing at your own joke."
— F. Scott Fitzgerald

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Believe
in yourself!

Did you know?

When tending to their lawns, homeowners are advised to pay attention

to areas that may feature standing water. According to the World Health Orga-

nization, standing water is a breeding ground for mosquitoes, which can

breed in great numbers in pools of water.

Mosquitoes are known to carry diseases like malaria, West Nile virus and Zika. Furthermore, mosquitoes that bite pets can transmit heartworms, a serious problem if gone it goes undiscovered.

Standing water also can be a haven for bac-

teria, mold and parasites that are dangerous to human health. If standing, stagnant water is a problem in your yard, remediation is necessary. Directing downspouts away from the house can remediate standing water. Changing the grading of soil so that low spots are elevated is another way to

reduce instances of standing water. This may be a project that requires the assistance of a drainage professional. In addition, homeowners can remove standing water from empty flower pots, pool covers, bird baths and more to reduce the likelihood that mosquitoes will appear on their properties.



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ANNUAL DRINKING WATER QUALITY REPORT FOR 2018

FRANKFORT (V) WATER WORKS

110 RAILROAD ST. SUITE 1, FRANKFORT, NY 13340 (PUBLIC WATER SUPPLY ID#NY2102301)

INTRODUCTION

To comply with State regulations, Frankfort (V) Water Works, will be annually issuing a report describing the quality of your drinking water. The purpose of this report is to raise your understanding of drinking water and awareness of the need to protect our drinking water sources. Last year, your tap water met all State drinking water health standards. We are proud to report that our system did not violate a maximum contaminant level or any other water quality standard. Last year, we conducted tests for over 80 contaminants. This report provides an overview of last year’s water quality. Included are details about where your water comes from, what it contains, and how it compares to State standards.

If you have any questions about this report or concerning your drinking water, please contact **Mike Irons (Water Operations Specialist) at 315-894-0620**. We want you to be informed about your drinking water. If you want to learn more, please attend any of our regularly scheduled village board meetings. **The meetings are held the First and Third Thursday of each month at 6:30 PM at the Village Hall 110 Railroad St., Frankfort, NY 13340.**

WHERE DOES OUR WATER COME FROM?

In general, the sources of drinking water (both tap water and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs, and wells. As water travels over the surface of the land or through the ground, it dissolves naturally occurring minerals and, in some cases, radioactive material, and can pick up substances resulting from the presence of animals or from human activities. Contaminants that may be present in source water include: microbial contaminants; inorganic contaminants; pesticides and herbicides; organic chemical contaminants; and radioactive contaminants. In order to ensure that tap water is safe to drink, the State and the EPA prescribe regulations which limit the amount of certain contaminants in water provided by public water systems. The State Health Depmiment’s and the FDA’s regulations establish limits for contaminants in bottled water which must provide the same protection for public health.

Our water source is a groundwater source consisting of three (3) drilled wells located on Industrial Drive within the Village of Frankfort. During 2018, our system did not experience any restriction of our water source. Each well is 60 feet deep and each well has the capacity to produce 750 gallons per minute. Our raw water is Air Stripped to treat and remove any existing tetrachloroethene (a Principal Organic Chemical discovered in our raw water in the 1990’s). We continue to airstrip our raw water as a precautionary treatment. It is then disinfected with a sodium hypochlorite solution. We also add orthophosphate (a polyphosphate solution) for the purpose of sequestering possible lead and copper in the distribution system. After treatment any water not consumed by our customers is then stored in three (3) glass lined storage tanks.

SOURCEWATER ASSESSMENT SUMMARY

The NYS DOH has completed a source water assessment for this system, based on available information. Possible and actual threats to this drinking water source were evaluated. The state source water assessment includes a susceptibility rating based on the risk posed by each potential source of contamination and how easily contaminants can move through the subsurface to the wells. The susceptibility rating is an estimate of the potential for contamination of the source water, it does not mean that the water delivered to consumers is, or will become contaminated. See section “Are there contaminants in our drinking water?” for a list of contaminants, if any, that have been detected. The source water assessments provide resource managers with additional information for protecting source waters into the future.

As mentioned before, our water is derived from 3 drilled wells. The source water assessment has rated these wells as having a very high susceptibility to halogenated solvents; a high susceptibility to herbicides, pesticides, metals, nitrates, petroleum products and industrial organic compounds; and a medium-high susceptibility to bacteria, viruses and protozoa. These ratings are due primarily to the proximity of the wells to permitted discharge facilities (industrial/commercial facility that discharges wastewater into the environment and is regulated by the state and/ or federal government), industrial activity, toxic chemical release facilities, hazardous waste sites, mining activity, chemical storage facilities and low intensity residential activities in the assessment area. In addition, the wells draw from an unconfined aquifer of unknown hydraulic conductivity.

While the source water assessment rates our wells as being susceptible to microbials, please note that our water is disinfected to ensure that the finished water delivered into your home meets New York State’s drinking water standards for microbial contamination.

A copy of the assessment, including a map of the assessment area, can be obtained by contacting us or the **New York State Department of Health (Herkimer District Office) at 315-866-6879**

FACTS AND FIGURES

Our water system serves a population of 3800 through 1569 metered service connections. This includes the four (4 - Town of Frankfort Water Districts), that the Village of Frankfort provides finished water to. The total amount of water withdrawn from the aquifer and treated in 2018 was 235,430,000 gallons. The daily average of water treated and pumped into the distribution system was 645,000 gallons per day. Our highest single day was 1,350,000 gallons. The amount of water delivered to customers was 211,887,000 gallons. This leaves an unaccounted for total of 23.5 million gallons. This water, used to flush mains,

fight fires, and leakage, accounts for the remaining 20.8 million gallons (10% of the total amount produced). In 2018, water customers were charged \$6.40 per 1,000 gallons of water and the annual average water charge per user was \$390.00. It should be noted that these numbers are estimated and customers in the Town of Frankfort Water Districts and those customers paying sewer use fees may differ depending on their circumstances. The Village of Frankfort Water Rate Chait is available at the Village of Frankfort office at 110 Railroad St., Suite 1, Frankfort, NY 13340.

ARE THERE CONTAMINANTS IN OUR DRINKING WATER?

As the State regulations require, we routinely test your drinking water for numerous contaminants. These contaminants include: total coliform, inorganic compounds, nitrate, nitrite, lead and copper, volatile organic compounds, total trihalomethanes, haloacetic acids, radiological and synthetic organic compounds. The table presented below depicts which compounds were detected in your drinking water. The State allows us to test for some contaminants less than once per year because the concentrations of these contaminants do not change frequently. Some of our data, though representative, are more than one year old.

It should be noted that all drinking water, including bottled drinking water, may be reasonably expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the EPA’s Safe Drinking Water Hotline (800-426- 4791) or the Herkimer District Office of the New York State Department of Health at (315-866-6879)

DEFINITIONS:

Maximum Contaminant Level (MCL): The highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible.

Maximum Contaminant Level Goal (MCLG): The level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.

Maximum Residual Disinfectant Level (MRDL): The highest level of a disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.

Maximum Residual Disinfectant Level Goal (MRDLG): The level of a drinking water disinfectant below which there is no known or expected risk to health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbial contamination.

Action Level (AL): The concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a water system must follow.

Treatment Technique (TT): A required process intended to reduce the level of a contaminant in drinking water.

Level 1 Assessment: A Level 1 assessment is an evaluation of the water system to identify potential problems and determine, if possible, why total coliform bacteria have been found in our water system.

Level 2 Assessment: A Level 2 assessment is an evaluation of the water system to identify potential problems and determine, if possible, why an E. coli MCL violation has occurred and/or why total coliform bacteria have been found in our water system on multiple occasions.

Non-Detects (ND): Laboratory analysis indicates that the constituent is not present.

Nephelometric Turbidity Unit (NTU): A measure of the clarity of water. Turbidity in excess of 5 NTU is just noticeable to the average person.

Milligrams per liter (mg/l): Corresponds to one part of liquid in one million parts of liquid (parts per million - ppm).

Micrograms per liter (ug/l): Corresponds to one part of liquid in one billion parts of liquid (parts per billion - ppb).

Nanograms per liter (ng/l): Corresponds to one pair of liquid to one trillion parts of liquid (parts per trillion - ppt).

Picograms per liter (pg/l): Corresponds to one part of liquid to one quadrillion parts of liquid (parts per quadrillion - ppq)

Picocuries per liter (pCi/L): A measure of the radioactivity in water.

Millirems per year (mrem/yr): A measure of radiation absorbed by the body.

Million Fibers per Liter (MFL): A measure of the presence of asbestos fibers that are longer than 10 micrometers.

WHAT DOES THIS INFORMATION MEAN?

As you can see by the table, our system had no violations. We have learned through our testing that some contaminants have been detected; however, these contaminants were detected below the level allowed by the State.

IS OUR WATER SYSTEM MEETING OTHER RULES THAT GOVERN OPERATIONS?

We are required to monitor your drinking water for specific contaminants on a regular basis. Results of regular monitoring are an indicator of whether or not your drinking water meets health standards. In 2018 our system met all the Rules and Regulations that govern Operations.

DO I NEED TO TAKE SPECIAL PRECAUTIONS?

Some people may be more vulnerable to disease causing microorganisms or pathogens in drinking water than the general population. Immuno-compromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elder-

Table of Detected Contaminants							
Contaminant	Violation Y/N	Date of Sample	Level Detected (Avg/Max) (Range)	Unit of Measure	MCLG	Reg. Limit (MCL, TT or AL)	Likely Source of Contamination
INORGANIC CONTAMINANTS							
Nitrate as N	NO	03/23/18	2.0	mg/l	10	10	Runoff from fertilizer use; Leaching from septic tanks, sewage; Erosion of natural deposits
Barium	NO	04/07/17	170	ug/l	2000	2000	Discharge of drilling wastes, discharge from metal refineries, erosion of natural deposits
Chromium	NO	04/07/17	3	ug/l	100	100	Discharge from steel and pulp mills; Erosion of natural deposits
Nickel	NO	04/07/17	1.7	ug/l	N/A	N/A	Erosion of natural deposits
Selenium	NO	04/07/17	2.1	ug/l	50	50	Discharge from petroleum and metal refineries; Erosion of natural deposits; Discharge from mines.
Flouride	NO	04/07/17	340	ug/l	N/A	2200	Erosion of natural deposits; Water additive that promotes strong teeth; Discharge from fertilizer and aluminum factories
Cyanide	NO	04/07/17	52	ug/l	200	200	Discharge from steel/metal factories; c
Copper (See Note 1)	NO	6/22/18 8/3/18	200 12-240	ug/l	1300	AL-1300	Corrosion of household plumbing systems; Erosion of natural deposits; leaching from wood preservatives
Lead (See Note 2)	NO	6/22/18 8/3/18	1.6 <1-9	ug/l	0	AL=15	Corrosion of household plumbing systems; Erosion of natural deposits
DISINFECTION BY-PRODUCTS							
Free Chlorine Residual	NO	3/23/18	1.06	mg/l	N/A	4.0	By-product of drinking water disinfection needed to kill harmful organisms
District11 (TWD) Haleocetic Acids (HAA5)	NO	7/27/17	2.9	ug/l	N/A	60	By-product of drinking water disinfection needed to kill harmful organisms
District11 (TWD) Total Trihalomethanes (TTHM's)	NO	7/27/17	10	ug/l	N/A	80	By-product of drinking water chlorination needed to kill harmful organisms. TTHMs are formed when source water contains large amounts of organic matter
District3 (TWD) Haleocetic Acids (HAA5)	NO	7/27/17	2.9	ug/l	N/A	60	By-product of drinking water disinfection needed to kill harmful organisms
District3 (TWD) Total Trihalomethanes (TTHM's)	NO	7/27/17	11	ug/l	N/A	80	By-product of drinking water chlorination needed to kill harmful organisms. TTHMs are formed when source water contains large amounts of organic matter
District8 (TWD) Total Haleocetic Acids (HAA5)	NO	7/27/17	1.5	ug/l	N/A	60	By-product of drinking water disinfection needed to kill harmful organisms
District8 (TWD) Total Trihalomethanes (TTHM's)	NO	7/27/17	11	ug/l	N/A	80	By-product of drinking water chlorination needed to kill harmful organisms. TTHMs are formed when source water contains large amounts of organic matter
District2 (TWD) Haleocetic Acids (HAA5)	NO	8/3/18	1.7	ug/l	N/A	60	By-product of drinking water disinfection needed to kill harmful organisms
District2 (TWD) Total Trihalomethanes (TTHM's)	NO	8/3/18	4.3	ug/l	N/A	80	By-product of drinking water chlorination needed to kill harmful organisms. TTHMs are formed when source water contains large amounts of organic matter
Frankfort (V) Haleocetic Acids (HAA5)	NO	8/3/18	4.9	ug/l	N/A	60	By-product of drinking water chlorination needed to kill harmful organisms. TTHMs are formed when source water contains large amounts of organic matter
Frankfort (V) Total Trihalomethanes (TTHM's)	NO	8/3/18	26	ug/l	N/A	80	By-product of drinking water chlorination needed to kill harmful organisms. TTHMs are formed when source water contains large amounts of organic matter

- The level presented represents the 90th percennle of the 20 snes tested. A percennle 1s a value on a scale of 100 that indicates the percent of a distribution that is equal to or below it. The 90th percentile is equal to or greater than 90% of the copper values detected at your water system. Inthis case, (20) samples were collected at your water system and the 90th percentile value was the 220 ug/l value. The action level for copper was not exceeded at any of the sites tested.
- The level presented represents the 90th percentile of the (20) samples collected. The action level for lead was not exceeded at any of the 20 sites tested.

ly, and infants can be particularly at risk from infections. These people should seek advice from their health care provider about their drinking water. EPA/CDC guidelines on appropriate means to lessen the risk of infection by Cryptosporidium, Giardia and other microbial pathogens are available from the **Safe Drinking Water Hotline (800-426-4791)**. Lead. If present ,elevated levels of lead can cause serious health problems , especially for pregnant women, infants ,and young children .It is possible that lead levels at your home may be higher than at other homes in the community as a result of materials used in your homes plumbing. The Village of Frankfort is responsible for providing high quality drinking water , but cannot control the variety of materials used in plumbing components . When your water has been sitting for several hours you can minimize the potential for lead exposure by flushing your tap foe 30 seconds to 2 minutes before using water for drinking or cooking . If you are concerned about lead in your water, you may wish to have your water tested . Information on lead in drinking water ,testing methods ,and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline (1-800-426-4791) or at llwww.epa.gov/safewater/lead.

WHY SAVE WATER AND HOW TO AVOID WASTING IT?

Although our system has an adequate amount of water to meet present and future demands, there are a number of reasons why it is important to conserve water:

- Saving water saves energy and some of the costs associated with both of these necessities of life;
- Saving water reduces the cost of energy required to pump water and the need to construct costly new wells, pumping systems and water towers; and
- Saving water lessens the strain on the water system during a dry spell or drought, helping to avoid severe water use restrictions so that essential firefighting needs are met.

You can play a role in conserving water by becoming conscious of the amount of water your household is using, and by looking for ways to use less whenever you can. It is not hard to conserve water. Conservation tips include:

- Automatic dishwashers use 15 gallons for every cycle, regardless of how many dishes are loaded. So get a run for your money and load it to capacity.
- Turn off the tap when brushing your teeth.
- Check evety faucet in your home for leaks. Just a slow drip can waste 15 to 20 gallons a day. Fix it and you can save almost 6,000 gallons per year.
- Check your toilets for leaks by putting a few drops of food coloring in the tank, watch for a few minutes to see if the color shows up in the bowl. It is not uncommon to lose up to 100 gallons a day from one of these otherwise invisible toilet leaks. Fix it and you save more than 30,000 gallons a year.
- Use your water meter to detect hidden leaks. Simply turn off all taps and water using appliances, then check the meter after 15 minutes. If it moved, you have a leak.

SYSTEM IMPROVEMENTS

In 2018 we re-habilitated Storage Tank #1 on Joslin Hill Rd.. Please note that our Water Dept. and DPW are constantly working to deliver “Quality on Tap”.

CLOSING

Thank you for allowing us to continue to provide your family with quality drinking water this year. We ask that all our customers help us protect our water sources, which are the heart of our community. Please call our office if you have questions at (315) 894-0620.

Thank You,
Michael Irons, Foreman VOF Water Department

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