

Herkimer County
Country Editor

December 6,
 2019

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Volume 9
 Number 25

THEREFORE, SINCE WE ARE RECEIVING A KINGDOM WHICH CANNOT BE SHAKEN, LET US HAVE GRACE,
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Holiday recycling reminders from the Oneida-Herkimer Solid Waste Authority

Many people prepare turkey over the holidays but disposing of the leftover grease does not have to be a challenge. The Oneida-Herkimer Solid Waste Authority (Authority) appreciates the recycling efforts from residents in our region and would like to remind them of the Authority's cooking oil recycling program. The Authority accepts used cooking oil/kitchen grease from residents year-round at the Utica EcoDrop Monday-Friday from 8 a.m.-4 p.m. and Saturday from 7 a.m.-2 p.m.

Residents may deliver liquid cooking grade fats, oils and grease at no charge. The material is stored in 300-gallon plastic containers and picked up by a rendering company to be recycled into animal

feed. Residents should transport used oils/fats/grease in sealed, unbreakable, leak-proof containers. Restaurants and businesses should contact a rendering company for direct pick-up.

Aluminum foil wrap, trays and baking tins are another popular item used by residents throughout the holiday season. Such items are accepted for curbside recycling year-round, however they must be empty and rinsed before placing them in the bin. If you have aluminum foil items that are contaminated with food that cannot be rinsed off, please place them in your regular garbage.

Keep in mind that having clearly marked recycling bins available at your holiday gatherings will significantly reduce

the number of times you have to take out the trash as well as the amount of garbage you send to the landfill. Be sure to recycle food and beverage containers such as plastic bottles and cups, beverage cartons (broth, milk, juice, and juice boxes) and metal and aluminum cans.

If you are not sure how to properly recycle or dispose of an item, the Authority encourages residents to visit its easy-to-use tool at www.AmIRecyclable.com to search hundreds of different items to learn the answers. When non-acceptable items are placed in recycling containers, they interfere with the recycling of acceptable items.

The Authority has constructed a facility that allows for the recovery of food

scraps in order to divert them from the Regional Landfill and recover them for energy. Food scraps may be delivered to the Utica EcoDrop in clear bags, for a fee. There is no requirement to remove packaging, as the Authority can separate the packaging from the food scraps. The recovered food scraps are sent to Oneida County's Water Pollution Control Plant where they are turned into energy through a process called anaerobic digestion. For more information on this program, please visit www.ohswa.org.

For more information on recycling and waste disposal, please contact Authority Director of Recycling Emily Albright at 315.733.1224 ext. 1600 or visit www.ohswa.org.

Flood relief benefit set for Dec. 8

A Flood Fest Benefit on Sunday, Dec. 8 will be hosted by Poland Volunteer Fire Co. & Auxiliary, Newport Volunteer Fire Co. and Middleville Volunteer Fire Co. at the Poland Volunteer Firehouse #1 from 1 - 7 p.m.

The Poland firehouse is located at 216 Main St. (Rt. 8) in Cold Brook (between Poland and Cold Brook).

This event will benefit the flood victims of Kuyahoorra Valley. All proceeds will be donated to the Kuyahoorra Valley Foundation.

Benefit includes food, drinks, a basket raffle, a 50/50 drawing and music. Performing are the Swamp Drivers from 1:30 - 2:30 p.m., Caged Fury from 3 - 4 p.m., and the Dust Devil Band from 4:30 - 5:30 p.m. Sound is by DJ Chris Conover.

Tickets are \$15 per person, \$25 per couple or \$30 per family. For pre-sale tickets and information, call 315.368.4599.

A shuttle bus will be provided from the parking lot at Poland Central School.



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The Mohawk Valley Choral Society in concert.
Photo courtesy of Mohawk Valley Choral Society

The Mohawk Valley Choral Society sings Robert Shaw's "The Many Moods of Christmas"

The Mohawk Valley Choral Society invites the public to get in the mood for the Christmas season by joining them at their performance of "The Many Moods of Christmas," one of the most famous collections of Christmas carols.

The concert will take place on Sunday, Dec. 15 at 7:30 p.m. at the church of Our Lady of Lourdes, 2222 Genesee St., Utica.

Arranged by the legendary Robert Shaw and Robert Russell Bennett, and first performed by the Robert Shaw Chorale, "The Many Moods of Christmas" takes the audience through an evening of carols from many different cultures and eras.

Under the direction of Randy Davis, artistic director of the Choral Society, the chorus will be accompanied by a 40-piece chamber orchestra in this four-suite piece of 18 carols.

Joining the chorus for this event will be local teenage organist Dominic Fiacco. Fiacco began his study of music at age 4. At 8, he started the study of organ. Since then, he has concertized on such famous organs as the Aeolian-Skinner organ at the Cathedral of St. John the Divine in New York City, the Frobenius organ at the United Methodist Church in Saratoga Springs and at United States Military Academy chapel at West Point, NY. He is a three-time winner of the Central New York Music Teachers' Piano Competition, and has also won the Steinway Piano Competition in Syracuse.

The Mohawk Choral Valley Society has been singing exciting classical and light classical vocal music in the Central New York region for 38 years. It has appeared in cities, towns and villages throughout the Mohawk Valley. It has performed at the Episcopal Cathedral of All Saints in Albany, at Hendricks Chapel on the Syracuse University campus, at Hamilton College, at the Presidential Inauguration at Herkimer County Community College, at the 2009 Genesis Group's 9/11 Commemorative Program and with the Albany Symphony Orchestra at the celebration of the 200th anniversary of the Erie Canal.

Tickets for "The Many Moods of Christmas" are \$12 in advance or \$15 at the door. They are available at Center Stage Pianos at 12 Genesee St. in New Hartford, the Mohawk Valley Center for the Arts in Little Falls, Weisser's Jewelers in Herkimer and at the door.

Tickets may also be reserved by calling 315.826.3092 or by contacting the Choral Society via www.mvchoral.org.

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Tips for safe holiday entertaining in pet-friendly households

The holidays are a time to spend with friends and family. Celebrating and entertaining are large components of what makes Christmas, Chanukah and New Year's festivities so enjoyable. Holiday hosts with pets must consider companion animals when planning the festivities.

The holiday season brings added dangers for pets. The American Veterinary Association notes that, by keeping hazards in mind, pet owners can ensure their four-legged friends enjoy the season as much as everyone else.

- **Secure the tree.** Securely anchor the Christmas tree so that it won't tip over on anyone, including rambunctious pets. Also, stagnant tree stand water can grow bacteria. If a pet should drink the water, it may end up with nausea or diarrhea. Replenish the tree basin with fresh water daily.

- **Skip the candles.** When creating mood lighting, opt for electronic or battery-powered lights instead of open flames. Pets may knock over candles, and that can be an instant fire hazard.

- **Keep food out of reach.** Situate food buffets beyond the reach of hungry and curious animals. Warn guests

to promptly throw out their leftovers so that dogs and cats do not sneak away with scraps that may cause stomach upset or worse. Real Simple magazine warns that fatty foods can promote pancreatitis – a potentially dangerous inflammation of the pancreas that produces toxic enzymes and causes illness and dehydration. Small bones can get lodged in a pet's throat or intestines as well.

- **Avoid artificial sweeteners.** Exercise caution when baking sugar-free desserts. The artificial sweetener xylitol can cause dogs' blood pressure to drop to dangerously low levels. Xylitol is found in some toothpastes and gum, so tell overnight guests to keep their toiletries secure to avoid accidental exposure.

- **Be cautious with cocktails.** If the celebration will include alcoholic beverages, the ASPCA says to place unattended adult beverages where pets cannot reach them. Ingested alcohol can make pets ill, weak and even induce comas.

- **Be picky about plants.** Mistletoe, holly and poinsettias can be dangerous in pet-friendly households. These plants can cause gastrointestinal upset and may lead to other problems if ingested. Opt for artificial rep-

licas instead. If guests bring flowers, confirm they are nontoxic to pets before putting them on display.

- **Watch the door.** Guests going in and out may inadvertently leave doors open. In such instances, pets who get scared or are door dashers may be able to escape the house. Put a note by the door to watch for escaping pets.

- **Designate a safe space for pets.** If the holiday hustle proves too much for cats, dogs, birds and more, give the pet a safe, quiet spot away from the crowds.

Holiday hosts should factor in pet safety when they open their homes to guests.

Annual 20-plus year tradition

UTICA — For more than 20 years, Center for Family Life and Recovery, Inc. has partnered with BNY Mellon to provide client families with a Thanksgiving dinner during the holiday season. This year, through the generous support of BNY Mellon, its employees, the help of Hannaford on Commercial Drive and Herkimer, and Tops Markets; 81 families (352 people) received a Thanksgiving meal with all of the trimmings. Volunteers from both organizations distributed the

Thanksgiving Baskets to the identified client families.

CFLR, Inc. would like to extend a special thank you to all of the local businesses and community members that have helped support this event through either gift in-kind contributions, donations and/or volunteerism. If you would like to support this event, please visit our website, www.whenthereshelpthereshope.com/donate/.

Center for Family Life and Recov-

ery, Inc. is proud to be a leader in creating a world where people have the power to achieve and celebrate recovery. As a community partner, The Center for Family Life and Recovery, Inc. values the importance of spreading hope to our community. It is important to us that we continue to support individuals struggling with addiction, mental health and behavioral issues by inspiring hope, providing help and promoting wellness and transforming lives.

HALO Tree of Love

H.A.L.O.'s (Helping Animals Live Organization) seventh Tree of Love, a holiday remembrance and in honor of our pets and loved ones, will be on display during December, showcased in the lobby of the Little Falls Adirondack Bank. For a donation of \$5 for each pet or person, a special ornament with their name on it will be placed on the Tree of Love. This year's tree is in memory of H.A.L.O.'s founder Faye Bunk and a very special cat at H.A.L.O. House named Gordy. Faye loved every cat at the house, but she had a special relationship with Gordy, who passed away only a week after she did. A special Tree of Love ceremony will take place at Little Falls Adirondack Bank at 9:15 a.m. on Saturday, Dec. 14.

During December, you can increase the impact of your giving to H.A.L.O. Every donation made to the group will be matched by the Staffworks Fund Save A Life Campaign. Donations can be mailed to H.A.L.O., 615 Albany St., Little Falls, NY 13365 or made online on H.A.L.O.'s website at www.halorescue.net.

Since 2014, the Save A Life Campaign has raised more

than \$1.25 million for non-profit organizations caring for at-risk animals in our regional community, with donors contributing more than \$800,000 to secure matching funds from the Staffworks Fund. This year there are 29 participating animal welfare organizations located in 13 counties. Anita Vitullo, founder of the Save A Life Campaign, stated, "Organizations that provide direct care and support services for homeless and abused animals sustain overwhelming costs. They cannot save animal lives without our donations. Also consider that the root cause of companion animal suffering is over-population and organizations that provide spay neuter services also deserve our support."

H.A.L.O. is a nonprofit animal welfare organization that operates a shelter for homeless cats called H.A.L.O. House. For more information, call 315.985.3738.

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Cherry Valley-Springfield Central School Honor Roll and Principal's List

Honor Roll

Seventh grade:

Beauregard, River
Buck, Sydney M
Cade, Kristopher
Carley, Katelyn
Druse, Kyrallynn
Heinrich, Elizabeth
Meade, Karsin C
Munson, Matthew
O'Neill, Faustin M
Rockwell, Alexander
Rockwell, Austin
Sheldon, Landyn
Valentine, Chloe
Whiteman, Brin
Eighth grade
Decker, Camden
Delaney, Declan

Hurley Jr., Curtis
Jicha, Gabrielle
Johnson, Jacob
Lefevre, Duane
Sturtevant, Anjelia
Webster, Paige
Williams, Erin

Ninth grade

Barnes, Ryan
Hillhouse, Jeremiah
Johnson, Jillian
Kukulech, Sydney
Mance, Riley
Prime, Oren
Wilson, Meredith

Tenth grade

Crawford, Cendra
Fink, Jesse
Flint, Cameran

Huff, Dylan
Jicha, Kaitlyn
Lamoree, Donja
Reyome, Madisyn
Wait, Mary Beth
Webster, Sean
Whiteman, Emma

Eleventh grade

Dewey, Zoe
Dubben, Luke
Johnson, Owen
Lowry, Hope
Mance, Jesse
Mosenson, Johanna
Rockwell, Hannah
Smith, Dylan
Sprague, Jordan
Thalheimer, Chloe
Twelfth grade
Barner, Michael
Bartlett, Luke
Douglas, Valissa
Hillhouse, Raymond
Kroon Jr., Lawrence
Yerdon, Austin

Principal's List

Seventh grade:

Canary, Charlise
Dygert, Lexi
Frasier, Jacob
Gridley, Jonathan
Oram, Abigail
Rockwell, Hailey
Rood, Maddison
Spaulding, Carly
Eighth grade

Aramini, Mina
Barnes, Kailey
Brodie, Karis
Calhoun, Ava
Dubben, Amelia
Gallup, Evelyn
Horvath, Max
Huff, Morgan
Morrison, Hope
O'Leary, Kelan
Ray, Caitlyn
Ross, Colin
Thalheimer, Mason
West, Daphnee

Ninth grade

Abbruzzese, Julianna
Benson, Chase
Bosc, Ariana
Goldsmith, Emma
Lusk, Joleen
Lusk, Lydia
Mosenson, Arianna
Sniffen, Kyle
Thalheimer, Jade
West, Cheney

Tenth grade

Bresee-Kelsey, Arianna
Erkson, Vanessa
France, Kyle
Hastings, Madison
House, Dakota
Kroon, Marijke
Morrison, Conner
Oakley, Gabriel
Pressly, Joseph
Preston, Brandon

Rauscher, Maeve
Rockwell, Alyssa
Rockwell, Andrew
Seeley, Jack
Tabor, Camilla
Valenta, Gavin
Webster, Oskar
Eleventh grade
Abbruzzese, Marissa
Benson, Brady
Climenhaga, Zoe
Horvath, Mia
Jaquay, Jaelyn
Lennebacker, Allison
Lewis, Sarah
Lighthall, Lillian
Oram, Andrew
Peterson, Abigail
Twelfth grade:
Brinig, Heather
Collins, Morgan
Dea, Rylee
Decker, Kyrarah
Dove, Kathleen
Girard, Kelsey
Jicha, Olivia
Kubis, Phillip
Latella-Devine, Alana
Loveland, Luke
McGovern, Kendra
Misiewicz, Alexandria
Mosenson, Matthew
Stanton, Christine
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Wilson, Silas

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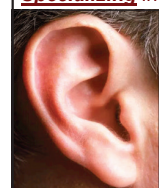
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Help make your poinsettias last longer

Poinsettias are synonymous with the holiday season. These colorful plants brighten up homes with their vibrant hues in variations of red, white and pink, making them a holiday decoration many people cannot live without.

While they're most visible during the often chilly holiday season, poinsettias prefer warm weather. Poinsettias are native to Central America and originally flourished in an area of southern Mexico. The Aztecs used the plant for decorative and medicinal purposes.

The poinsettia may have remained a regional plant if not for the efforts of Joel Roberts Poinsett, who was the first United States Ambassador to Mexico under President James Madison. Poinsett, who would later found the Smithsonian Institution, had a love of botany and became enamored with the brilliant red plants he saw in Mexico. Eventually, Poinsett began growing the plants at home in South Carolina, and friends and others soon coveted them.

Poinsettias are beautiful and the bracts (modified leaves) can be vibrantly colored. That signature vibrancy is why many people would like to preserve their poinsettias to last beyond the New Year, which is possible with the right care. The following are some tips, courtesy of Mother Nature's Network, Habersham Gardens, Oregon Live and Phoenix Flower Shops, to keep poinsettias thriving past the holiday season.

Smullen announces DEC Smart Growth Grant recipients in 118th Assembly District

Assemblyman Robert Smullen (R, C, Ref - Mec) is announcing that over \$300,000 has been awarded to localities in the 118th Assembly District from the Department of Environmental Conservation's Smart Growth Grant program.

"I want to congratulate the recipients of this grant funding," Smullen said. "I hope that this funding is utilized to preserve our environment and enhance the beautiful landscape that is New York Assembly District 118 and the rest of upstate New York. I am passionate about environmental conservation and economic development and I will continue to work tirelessly on these issues during the next legislative session."

The full list of recipients and their grant awards in the 118th Assembly District can be found below:

- Town of Webb: \$100,000
- Village of Speculator: \$100,000
- Hamilton County: \$66,500
- Town of Caroga: \$64,367

Assemblyman Robert Smullen represents the 118th Assembly District, which includes Hamilton and Fulton counties as well as parts of Herkimer, Oneida, and St. Lawrence counties.

- Start with healthy plants that have full leaves, bracts and deep colors.

- Poinsettias do best when the temperature is between 65 and 75°F. Temperatures below that or drafts from cold windows can cause leaves to drop.

- Position the plant in a room that gets indirect sunlight for at least six hours per day. If direct sunlight can't be avoided, diffuse the light with a sheer curtain.

- Poinsettias need well-drained soil. Overwatering or allowing roots to sit in wet soil can cause the leaves to fall off prematurely. Water thoroughly only when the pot looks dry. In households with temperatures around 70°F, the plant should be watered about once a week.

- Fertilize the plant after the blooming season with a balanced, all-purpose fertilizer.

- Try placing poinsettias in or near a bathroom, as they prefer high humidity.

It may be possible to get poinsettias to rebloom next season. Allow the poinsettias to dry out a little more in the spring. In May, cut about four inches from each stem to produce a lush, full plant during the winter. The plants can be moved outside in June and during the summer, but keep them away from direct sunlight. Return the poinsettias indoors beginning around October. Make sure the plants get at least 12 hours of darkness per day for around eight weeks in October and November. This will help them develop a deep hue and bloom on time for Christmas.

Calendar of events

NOTE: Calendar items must be submitted by Tuesday prior to the publication date to be included in the Calendar of Events. Entries may be emailed to cfeditor@leepub.com

December 6-7

Used Book & Jewelry Sale Friday and Saturday 9 a.m. - 5 p.m. at Mohawk Reformed Church, 20 South Otsego Street, Mohawk. Contact 315.866.4292 or office@mohawkreformedchurch.org. Donations accepted Dec. 3-5.

December 6 and 9

Holiday Craft Sale Friday and Monday 9 a.m.-4 p.m. at Arc Herkimer Training Complex, 350 South Washington St., Herkimer. Crafts, pottery, photography, decorations and more. Proceeds go toward more craft supplies for Arc Herkimer's activities.

December 7

Holiday Craft and Vendor Event, including a bake sale and raffles. 10 a.m. - 3 p.m. at Trinity Lutheran Church, 443 Henry St., Herkimer.

Christmas at the Fort Plain Museum. Includes a local author book fair, holiday cheer and much more. For more information, contact brianm248420@hotmail.com or call 518.774.5669.

Christmas Bazaar - Luncheon & Bake Sale 10 a.m. - 3 p.m. Newport United Methodist Church, Route 28 in the village of Newport.

December 8

Christmas Organ Program at Holy Trinity Lutheran Church, Little Falls, 2 p.m. With singer and instrumentalists. Free will offering.

Flood Fest Benefit 1-7 p.m. at Poland Volunteer Firehouse #1, 216 Main St. (Rt 8), Cold Brook (between Poland & Cold Brook). Hosted by local fire departments to benefit the flood victims of Kuyahoorra Valley. All proceeds will be donated to the Kuyahoorra Valley Foundation. Pre-sale tickets and information 315.368.4599.

December 9

Free Autism Workshop on Sensory Processing Disorder 9 a.m. to 5 p.m. in Herkimer College's Hummel Amphitheater. Pre-register online at www.archerkimer.org or by calling 315.574.7000.

December 12

Business After Hours at Foltsbrook 5-7 p.m. at Foltsbrook Center Nursing and Rehabilitation, 104 N Washington St., Herkimer. <https://tinyurl.com/yybj4ld>

December 13

Annual Arts Legacy Exhibition Opening Reception 6-9 p.m., at the Reach Center, 205 W. Dominick Street, Rome. Free. The annual Reach Center exhibition will highlight the 4 Elements Studio Arts Legacy Program, which preserves and showcases the historic and current works of local artists who have played important roles in shaping the Mohawk Valley arts community. For more information on 4 Elements Studio, please visit www.4elementsonline.com.

Ladies Night 7-10 p.m. at the Travelodge, Little Falls. Proceeds to benefit the Just Dance Studio Competition Team. Enjoy a night out with your friends and support our competition team and local Woman Business Owners. A great way to finish your Christmas shopping. Costs: Guests - \$20 per person. \$35 per vendor. Additional \$10 if having wine/food. Vendors contact Kim @ kimmiejosabo@gmail.com.

Friends of the German Flatts Town Park Presents Santa and Mrs. Claus 5-8 p.m. at 555 Route 5S, Mohawk NY (next to Ft. Herkimer Church). At the Community Center. Santa will have presents for the kids. Refreshments available. Christmas Chinese Auction. Door prizes. For more info contact Carol Vercz at 315.866.6791 or pvercz@twcny.rr.com.

December 14

Candlelight Evening 2019 by the Farmers' Museum 3 - 7 p.m. The Farmers' Museum, 5775 Rt. 80, Cooperstown. Visit the Farmers' Museum for one of the region's best-loved holiday traditions. Tickets will also be available for purchase at the door. Adults (13 - 64) \$12, seniors (65+) \$10.50, juniors (7 - 12) \$6. Children (6 and younger) and museum members are free. December 14 St. Nicholas Bazaar and Luncheon 10 a.m. - 3 p.m. at Emmanuel Episcopal Church at The Parish Hall, 594 Albany St.,

Little Falls. Christmas crafts, Quilt raffle, Jewelry, Chinese auction and much more. Homemade soups and sandwiches for lunch.

St. Nicholas Bazaar and Luncheon 10 a.m. - 3 p.m. at Emmanuel Episcopal Church at The Parish Hall, 594 Albany St., Little Falls.

Murder and Mayhem in Herkimer County author book signing 10 a.m.-noon at the Gift Shop, Eckler Building, 406 N. Main St., Herkimer. The book may be purchased for \$23.99. Contact Caryl Hopson or Susan R. Perkins at Herkimer County Historical Society at 315.866.6413 or herkimerhistory@yahoo.com or visit www.herkimercountyhistory.org

Holiday Concert 2 p.m. at St. Pauls Universalist Church, 565 Albany Street, Little Falls. The ABC Trio will be performing Christmas and classical favorites. Tickets are \$5, available at the Little Falls Community Co-op, Little Falls Veterinary Clinic and at the door. Proceeds benefit the Organ restoration fund.

Delaney Brothers Bluegrass Christmas Concert 1-3 p.m. at the historic 1914 Masonic Hall, 5 Prospect Street, Little Falls. For tickets: littlefallsbluegrassfestival.com/christmas-concert/, or contact David Warner at dave@littlefallsbluegrassfestival.com or 315.508.5310.

Ilion's Holiday Hoopla 9 a.m. - 3 p.m. at locations all around the village including many activities at Annunciation Church. Questions? Contact Jackie Moore, Village of Ilion's Activity Coordinator, at 315.796.4296.

December 15

Mohawk Valley Choral Society sings Robert Shaw's "The Many Moods of Christmas" 7:30 p.m. at the church of Our Lady of Lourdes 2222 Genesee St., Utica. Tickets are \$12 in advance or \$15 at the door. They are available at Center Stage Pianos at 12 Genesee St. in New Hartford, the Mohawk Valley Center for the Arts in Little Falls, Weisser's Jewelers in Herkimer and at the door. Tickets may also be reserved by calling 315.826.3092 or by contacting the Choral Society at its website at www.mvchoral.org.



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**DOLGEVILLE
NEW HOPE CHRISTIAN FELLOWSHIP**
Pastor Pat Andreoli
32 Spencer St.
Sunday School 9:30 AM
Sunday Worship 10:30 AM
Tuesday Bible Study 7 PM

GRACE BAPTIST CHURCH OF DOLGEVILLE
Pastor Len Byarty
12 Van Buren St.
Sunday School (All Ages) 10-11 AM
Morning Worship 11-12:30 PM
Lunch 12:30-2 PM
Afternoon Worship 2-3 PM

**DOLGEVILLE UNITED
METHODIST CHURCH**
Rev. Anthony Bradseth
21 N. Helmer Ave.
Church Phone 429-7381
Sunday Church Service
Oppenheim @ 9:30 AM
Dolgeville @ 11 AM

DOLGEVILLE CHRISTIAN FELLOWSHIP
Pastor Marvin Isum
3 Elm St. Phone 429-8390
Sunday Worship 10:30 AM
Mid-week Service Tuesday 7 PM

**UNITED LUTHERAN
PRESBYTERIAN PARISH**
26 E. Faville Ave.
Worship 11 AM

**ST. JOSEPH'S ROMAN
CATHOLIC CHURCH**
Deacon Jim Bower, Administrator
Rev. T. Healy, Sacramental Minister
31 N. Helmer Ave.
Phone 429-8338
Mass 9 AM Sun, Mon & Wed

**EAST SCHUYLER
CHRISTIAN ASSEMBLY OF SCHUYLER**
Pastor Mark Sowersby
3659 Route 5, East Schuyler
Sunday Worship 10:30 am
Wednesday Night 6:30 pm
Phone 315-895-0926
Christianassemblyofschuyler.com

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OUR LADY QUEEN OF APOSTLES**
414 Frankfort St., Frankfort, NY
Pastor: Father Paul Catena
Deacon: Micheal Carbone
Mass Schedule: Saturday 5:30 pm;
Sunday 9:00 am; Tuesday & Thursday 9:00 am

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SS PETER and PAUL ORTHODOX CHURCH**
Rev. Thaddeus Franta
305 Main Rd., East Herkimer
Phone 866-3272
Wednesday Vespers 5PM
Saturday Evening Vespers 5 PM
Sunday Divine Liturgy 9:30 AM
Holy Day Liturgy 9:30 AM

TEMPLE BETH JOSEPH
327 N. Prospect St.
Phone 866-4270
Friday 7 PM

ST. FRANCIS de SALES CHURCH
Rev. Mark Cunningham, Pastor
219 N. Bellinger St.
Phone 866-4282
Saturday Vigil Mass 4 PM
Sunday Mass 8 & 10:30 AM

**CHURCH OF SAINTS
ANTHONY and JOSEPH**
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Phone 866-6373
Saturday Vigil Mass 6 PM
Sunday Mass 10 AM

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Sunday Divine Liturgy 10 AM
Holy Day Liturgy 9 AM
Phone 866-1336

NEW LIFE CHURCH
Pastor David Hayner
337 Protection Ave.
Phone 866-1164 • www.nlc-mc.org
Worship 10 AM
Wednesday Worship 6:30 PM

**TRINITY EVANGELICAL
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Corner of West German & Henry Streets
Phone 866-6474
Sunday Services 8 AM Spoken
Sunday Worship Service
10:30 AM with Music
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THE SALVATION ARMY
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Phone 866-1240
www.thesalvationarmy.org
Sunday School 10 AM
Morning Worship 11 AM

**FIRST UNITED
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OF HERKIMER AND LITTLE FALLS**
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Sunday School 10am during school year

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OF LATTER-DAY SAINTS (MORMONS)**
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Gros. Blvd., East Herkimer
Phone 315-866-8095
Priesthood/Relief Society 12:10 PM
Sunday School 11:20 AM
Sacrament Meeting 10 AM
Family History Center hours by
appointment; please leave a message at
315-866-7189

HERKIMER REFORMED CHURCH
102 Church St.
Phone 866-1523
Worship 9:30 AM
Sunday School 11 AM
Shepherd's Table:
Tuesday 11-12:30 PM
Thursdays 11:30-12:30 PM
Shepherd's Table Dinner:
First & Third Tuesday 6 PM

CHRIST EPISCOPAL CHURCH
Rev. Jill Stellman
300 N. Main St.
Church Office (315) 866-0551
Email: christchurchherkimer@gmail.com
www.christchurchherkimer.org
Sunday Services: 10:30 AM
Bible Study: Fridays 7:00 PM (Parish Hall)
Free Community Dinner: Next-to-last and Last
Saturday of the month 5:00 PM (Parish Hall)
Entrance to Parish Hall is on Mary Street

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EPISCOPAL CHURCH**
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78 2nd Street
Phone: (315) 894-3775
Sunday School at 8:45 AM
Adult Bible Study at 8:45 AM
Holy Eucharist at 9:35 AM

FIRST PRESBYTERIAN CHURCH
90 Morgan St., Ilion, NY, 13357
Reverend Richard Riggle
Bible Study 9:30am
Church Service 10:30am
315-894-2070

FIRST BAPTIST CHURCH
8 Second Street
Reverend John Partise
Wednesday Mid Week Service 7 PM
Sunday Morning 11 AM

**MORNING STAR UNITED
METHODIST CHURCH**
36 Second Street
Reverend Bob Wallaber
Sunday Worship 10 AM
November 1 - May 1
4224 Acme Rd, Frankfort
May 1 - November 1
36 Second Street, Ilion

**ILION
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109 West Street, Ilion, NY
Pastor: Father Paul Catena
Deacon: Micheal Carbone
Mass Schedule: Saturday 4:00 pm; Sunday
11:00 am; Monday & Wednesday 9:00 am

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555 Albany St.
315-823-3392
Morning Worship 10:15 AM
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615 E. Gansevoort St.
Phone 823-0793
Sunday Mass 11 AM

**ST. PAUL'S UNITARIAN
UNIVERSALIST CHURCH**
Minister Jeffrey J. Frank
Mark Bunce, Organist
565 Albany St.
Phone 823-2284
Sunday Service & Religious Education 10 AM

**HOLY FAMILY PARISH OF THE ROMAN
CATHOLIC COMMUNITY OF LITTLE FALLS**
Deacon Jim Bower, Administrator
Rev. T. Healy, Sacramental Minister
763 E. Main St.
Phone 823-3410
Saturday Vigil Mass 4 PM
Sunday Mass 10:30 AM

EMMANUEL EPISCOPAL CHURCH
588-594 Albany St.
Sunday Schedule:
High Mass, Rite II 10 AM
Nursery & Sunday School 9:45 AM
(Sept.-May)
Fellowship Coffee Hour 11:15 AM
Choir Rehearsal 11:30 AM
Holy Day Masses as announced
Confessions by appointment

**LITTLE FALLS
FIRST ASSEMBLY OF GOD**
Senior Pastor Timothy Parisi
559 E. Jefferson St.
Phone 823-4043 • firstaglf@gmail.com
Sunday Morning All Worship 10 AM
Thursday Bible Study 6:30 PM

HOLY TRINITY LUTHERAN CHURCH
512 E. Gansevoort St.
Sunday Worship 9:30 AM
Sunday School 9:15 AM
Wednesday Services 12:10 PM & 7 PM

FIRST PRESBYTERIAN CHURCH
Pastor Tamara Razzano
16 Jackson St.
Phone: 315-823-3004
Email lfirstpres@gmail.com
www.presbylif.org
Sunday Worship 10 AM
Sunday School 10 AM

INGHAMS MILLS BAPTIST CHURCH
Rev. Gary L. Busch, Pastor
Sunday Worship Service 10AM
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Little Falls, NY 13365
Pastor's Phone (315) 717-9936

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or 315-520-4723
Holy Eucharist 10 AM

**DENNISON CORNERS
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Pastor Donald King
219 Robinson Rd. • Phone 866-5215
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Morning Worship 11 AM
Evening Worship 6 PM
Wednesday Prayer 7 PM

MOHAWK REFORMED CHURCH
Rev. Brian Engel, Pastor
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& Couples) 9:30 AM
September - June

EMMANUEL BIBLE CHURCH
Pastor Gary Wilcox
54 W. Main St. • Phone 717-3011
Sunday School 9:45 AM
Morning Worship 11 AM
Fellowship Lunch 12:30 PM
Afternoon Bible Study 1:30 PM
Wednesday Prayer & Bible Study 6 PM

**MOHAWK
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SACRAMENT**
Sr. Mary Jo Tallman, CSJ,
Parish Life Director
Rev. Mark Cunningham,
Sacramental Minister
71 E. Main St.
Phone 866-1752
Saturday Vigil Mass 5:30 PM

Sunday Mass 9:30 AM
CHRISTIAN BIBLE CHURCH
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167 Ward Rd.
Phone 858-1282
www.christianbiblechurch.us
Sunday School 9 AM
Sunday Worship 10 AM
Wednesday Bible Study
& Prayer Meeting 7 PM

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Sunday Services at 10 AM
Intercession - Tuesdays at 7 PM
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Thursday of the Month at 6 PM

**NEWPORT
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Pastor's Phone 315-790-1877
Sunday Worship at 9:45am

UNITED METHODIST
Pastor Wayne Getman • Phone 845-8730
Sunday School 11 AM
Morning Service 11 AM

KUYAHOORA COMMUNITY CHURCH
Pastor Dwayne Durand
West Canada Valley
High School Auditorium
5447 St. Rt. 28
Mailing Address PO Box 50
Middleville, NY 13406
Phone 315-292-1303
www.kuyahoracc.org
Weekly Service Sunday 10:08 AM

**ST. JOHN THE BAPTIST
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Sunday Mass 8 AM

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ARCHES program honored for helping students with intense emotional, behavioral management needs

What began as one class and two students has grown in four years to three classes and 16 students because of a commitment in the Herkimer-Fulton-Hamilton-Otsego BOCES region to serving students with intense emotional and behavioral management needs.

The ARCHES program (Academics Re-imagined Connecting Healing, Education and Supports) recently won a Genesis Group of the Mohawk Valley Region Award as a program of distinction for its efforts. ARCHES is a partnership between Herkimer BOCES and the Integrated Community Alternatives Network, which was formerly known as Kids Oneida and now goes by ICAN.

"This collaboration serves the entire family, which in turn benefits our individual students," Herkimer BOCES Director of Special and Alternative Education Roberta Matthews said. "The staff in these classrooms are caring, dedicated professionals. Their ability to make connections with students, even on their worst days, is nothing short of life saving."

The Genesis Group of the Mohawk Valley Region presented ARCHES with a program of distinction award at the Genesis Group's 14th annual Celebration of Education on Thursday, Nov. 21.

The Herkimer BOCES and ICAN partnership began four years ago, and ARCHES has grown as a result of the recognition in the region that the students are well served by the program, Matthews said. The program's goals for the students are always graduation and employment.

The name of the ARCHES program is intended to embody the work and level of support provided to the stu-

dents and families served in these classes, Matthews said.

A teacher, teaching assistant, behavior manager and clinical care coordinator are the professionals that serve this fragile population each day. A licensed psychiatric nurse practitioner also works closely with students and families on medication management.

Working with ICAN allows for wrap-around services

such as mentorship, behavior management and "rise and shine," Matthews said.

"Our region and students have benefitted from this collaborative team approach," she said. "Having this level of support for students enables them to get the care that they need and be able to be educated close to home."



Representatives from Herkimer BOCES and the Integrated Community Alternatives Network pose with a program of distinction award they received for the ARCHES program. ARCHES is an acronym for Academics Re-imagined Connecting Healing, Education and Supports, and it is a collaboration between Herkimer BOCES and ICAN. Photo courtesy of Herkimer BOCES

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Kovels: Antiques and Collecting

by Terry and Kim Kovel

Bird whistle

"I bought a wooden whistle, but it wouldn't whistle" is part of an old children's song that goes on to joke about buying a metal whistle. But a modern metal whistle used by a police officer looks very different from the wooden whistle made centuries ago. And today, if a whistle is wood, it usually is carved into an interesting shape or painted to hide the wood surface.

Very early whistles were made from a hollow reed or bird bones. By the 17th century, ceramic whistles were made, often in the shape of an owl or other bird. The center of the whistle held water. Blowing into a hole on its back made the water move and make a sound. There also were wind whistles handmade or molded from clay. Many have been made since the 17th century, but few of the early clay bird whistles remain. Most are not marked, but are decorated with an identifiable regional design.

Today you can find a lot of whistles made of pot metal, celluloid or plastic. An unmarked earthenware bird whistle with colorful paint decoration was sold at a Hess Auction Group auction that featured Pennsylvania wares. The four-inch-long bird sold for \$212.

Q: I'd like information about a Mary Gregory vase I

own. It's purple glass with white figures of a girl and boy playing tennis. The vase is cylindrical and is 8 inches tall and 5 inches in diameter. Can you tell me its age and value?

A: Mary Gregory glass was first made about 1870. Similar glass is being made today. All early Mary Gregory glass was made in Bohemia. Later it was made in several other European countries. The first American glassware with Mary Gregory-type decorations was made by the Westmoreland Glass Company beginning in 1957. These pieces had simpler designs, less enamel paint and more modern shapes. Vases like yours are worth about \$300. The tennis game adds value.

Q: I've seen some interesting "antique" telephones online and was wondering if they work with modern wiring. I'd like to buy one if I can use it as a phone.

A: It depends on the mechanism and wiring in the phone. We tried hooking up two old phones and couldn't get either of them to ring. There are sites online that show how to rewire an old phone so it works, and there are companies that will do the work for you. They also have replacement parts.

Current prices

- Ginger jar, dark green body, 5 country scenes, gold trim, Gerold, West Germany, 10 inches, \$25.

- Photography, tintype, Geo. W. Butler, sea captain, holding octant, tinted, Civil War era, \$120.

- Ride-on toy, St. Bernard, hard plastic, painted steel frame and wheels, handle bar, England, c. 1905, 19 x 24 inches, \$325.

- Decoy, merganser duck, wood, polychrome, gold and black, overlay, 17 1/2 inches, \$740.

Tip: Be careful handling birdhouses, bird cages and bird feeders, old or new. It is possible to catch parrot fever (psittacosis) through a cut or even from breathing the dust.

For more collecting news, tips and resources, visit www.Kovels.com.

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Bird whistles are still made, but of modern materials. This multicolored bird, a whistle that would whistle, sold for \$212.

Mohawk Valley Hay & Grocery Auction
Starting at 10:00 AM
Second & Fourth Friday of Month
Hay - Straw - Firewood - Groceries
 ~ Payment Made to Consignors Day of Sale ~
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Office 518-568-3579 - Market Report 712-432-8545
Order Buyer Elam Kauffman 717-413-3816

HOSKING SALES LLC – CERTIFIED ORGANIC MARKETING AGENCY
Weekly Sales Every Monday approx. 11:30 with Misc. & Small animals followed by Dairy & Livestock
Mon. Nov. 25th Sold 296 head Cull ave. \$.40 top cow \$.55, Beef Breed Cull Ave. \$.51 top cow \$.55, Organic cull dairy ave. \$.63 top cow \$.83, Grassfed Organic Cull Ave. \$.61 - \$.86, Bulls/Steers \$.34- \$.67, Organic Bulls/Steers None, heifer calves top \$.15, bull calves top \$.90 top beef calf \$1.25.
Mon. Dec. 9th - Normal Monday Sale & Monthly Heifer Sale
Mon. Dec. 16th - Normal Monday Sale & Monthly Sheep, Lamb, Goat & Pig Sale. Also NOTE this will be our Monthly Organic Day
Mon. Dec. 23rd - WE WILL BE CLOSED FOR THE HOLIDAYS- WISHING EVERYONE A SAFE AND HAPPY HOLIDAY
Mon. Dec. 30th - WE WILL BE CLOSED FOR THE HOLIDAYS -HAPPY NEW YEAR!! WE WILL REOPEN 1/6/20.
Mon. Jan. 6th - Normal Monday Sale & Monthly Fat Cow & Feeder Sale
SALES TO WATCH FOR 2020:
Sat. March 28th Premier Spring All Breed Sale. Selling 150 Head of Registered All Breed Dairy Cattle. - Call to advertise your group! This sale fills up fast so don't miss out!
Sat. April 18th - Annual Spring Machinery Consignment Sale - at our facility.
Sat. May 2nd - reserved for on the farm Machinery Sale
Sat. May 9th - reserved for on the farm Machinery Sale
Sat. Oct. 31st - Premier Fall All Breed Sale. Selling 150 Head of Registered All Breed Dairy Cattle
****Trucking Assistance** - Call the Sale Barn or check out our trucker list on our Web-Site. Call to advertise in any of these sales it makes a difference. Watch website for any last minute updates.
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 Tom & Brenda Hosking & Family 607-847-8800
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Whatchamacallits

The next two weeks of Whatchamacallits are tools from the vast arsenal of the North Bros. line of "Yankee" tools. This week's is a chain drill — the No. 1500 Automatic Chain Drill to be exact — and is actually more like an attachment for a drill as shown in the advertisement from Popular Mechanics. The "pointed" end of the chain drill snapped into the brace handle and the chuck end held the bit.

Founded in 1878 in Philadelphia, PA, North Brothers Manufacturing Company is most well-know for their Yankee line of ratcheting hand tools, which greatly improved productivity before the advent of power tools.

Trying to understand how this item worked, naturally I went online and

was surprised that the best information regarding this and other Yankee tools was found on a "tool nerd" chat site from the UK. As stated by one of the participants, "...the square drive tang of the chain drill is gripped in the jaws of a brace, the chain is wrapped around the work piece and as you crank merrily away, the feed mechanism automatically advances the drill bit..." I have to admit, this still didn't make sense to me until I saw the ad from Popular Mechanics.

In 1946, North Bros. was acquired by Stanley in order to improve their own line of hand tools and Stanley continued to use the Yankee product name into the 2000s, when in 2013 they sold the brand to Schroeder of Germany.

POPULAR

YANKEE TOOLS Make Better Mechanics

The Automatic Feed Saves Drills
 Every mechanic—whether machinist, plumber, metal worker or garage man—needs this No. 1500 "Yankee" Chain Drill, with Automatic Friction and Ratchet Feed. Friction feed tightens chain and quickly brings drill point to the work, or as speedily draws drill from hole after job is finished. Shift the lever and the Automatic Ratchet feed maintains a uniform pressure as the drill bites through the work. The workman pays no attention thereafter to the feeding as it is automatically, uniformly and exactly adjusted for all drills from smallest up to 1/2 inch in diameter. You save drill points with this chain drill, and work speedily and accurately.

Your Dealer Can Supply You
 Write for "Yankee" Friction Drill Book—describing and showing the various styles of "Yankee" tools and handwork, and how to use them.
 North Bros. Mfg. Co., Philadelphia, U. S. A.

"YANKEE" Chain Drill No. 1500

The "Yankee" Chain Drill comes in two styles:
 No. 1500—2-jaw chuck
 Length, 10 1/2 in.
 Weight, 3 1/2 lb.
 Holds square shank drills up to 1/2 in. diameter.
 No. 1500—3-jaw chuck
 Length, 9 1/2 in.
 Weight, 2 1/2 lb.
 Price, \$3.50
 Chuck holds round shank drills up to 1/2 in. diameter. Has steel jaws were fully hardened. Square tapered steel drill wires.

Do you have your own Whatchamacallit?
 Send a photo and short description to csuo@leepub.com or call Colleen at 518-673-0145

Poland 2nd-graders learn about Thanksgiving



Poland Central School District second-graders in teacher Heather Judd's classroom pose for a picture on Nov. 26 while dressed up for their "Mayflower Munchies" activities. The students learned about Thanksgiving and enjoyed some "Mayflower Munchies" food. Photo courtesy of Herkimer BOCES

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Holiday sales in the Herkimer County Historical Society Gift Shop

The Herkimer County Historical Society is hosting a holiday sale in their gift shop until Monday, Dec. 23. All regular priced items will be 10% off, and their popular "Images of America" series books, including "Herkimer," "German Flatts," "Little Falls" and "Valley Towns," are on sale for \$15, and "Frankfort" just for \$10.

The gift shop features a wide selection of books on local history and the Adirondacks, and by local authors as well as unique gifts and Herkimer diamond jewelry. New books include "Mur-

der and Mayhem in Herkimer County," an updated version of "Night of Disaster" on the 1940 Gulf Curve Wreck, and Jim Greiner's "A Woman Condemned." To see a listing of their books, visit www.herkimercountyhistory.org.

They are located at 406 N. Main St. in Herkimer, open Monday - Friday from 10 a.m. - 4 p.m. They will be open on Saturday, Dec. 14 from 10 a.m. - 1 p.m. with an author book signing event for the new "Murder and Mayhem" book until noon. For more information, call 315.866.6413.

How to organize shopping receipts

The season of giving has arrived and with it comes frequent trips to stores and more time spent shopping online in the name of finding those perfect gifts for friends and family. With purchases come receipts, and it can be easy to lose track of receipts as the holiday season hits full swing.

While keeping track of receipts is important for small business owners and entrepreneurs, it's equally essential for anyone trying to maintain

and keep a budget. Receipts are also key around the holidays because they help facilitate the return or exchange of gifts that may not be the right fit.

There are various ways to organize receipts, says the financial resource Tough Nickel, and some methods depend on the person doing the shopping. Here are some ways to conquer receipt clutter.

- Say "Yes" when asked "Receipt in the bag?" When making purchases, have the receipt placed in the bag. This makes it easier to match purchases and receipts and decreases the chances that the receipt will vanish at the bottom of purses or pockets.

- Attach the receipt to the item. Consider taping or using a paper clip to attach a receipt to the price tag when buying personal items. This way if you choose to return the item, the receipt is right there.

- Opt for gift receipts. Gift receipts are handy to have for gifted items. While everyone likes to believe they've found the perfect gift, presents may need to be returned. En-

sure the recipient can get the full purchase price with the gift receipt. You can keep the original copy as backup if needed.

- Use a coupon organizer. Coupon organizer pouches and envelopes can be divided by gift recipients, retailers or however you see fit.

- Scan and save. Various apps and software enable you to transition hard copy receipts to digital files. Some may further categorize purchases so shoppers can keep track of their spending habits more easily.

- Discard old receipts. There is no point in keeping receipts after the return or exchange period has ended. One notable exception is purchases that will count for tax deductions, such as charitable donations.

- Hold onto proof of purchase. In many instances, warranties or product registrations require a copy of the receipt and the UPC on the product. Store receipts for big-ticket items with the user manuals or other essential packaging for this purpose.



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<p>2015 DODGE JOURNEY</p>  <p>One-Owner Low Miles Third Row! \$19,695</p> <p>THIRD ROW!</p>	<p>2016 HONDA PILOT</p>  <p>EX-L Low Miles! \$27,500</p> <p>THIRD ROW!</p>	<p>2016 TOYOTA HIGHLANDER</p>  <p>XLE Loaded \$26,100</p> <p>THIRD ROW!</p>
<p>2017 HYUNDAI SANTA FE</p>  <p>Limited Ultimate One Owner \$25,900</p> <p>THIRD ROW!</p>	<p>2016 FORD FUSION SE</p>  <p>AWD! \$17,595</p>	<p>2017 KIA SPORTAGE SX</p>  <p>New Body Style \$22,900</p>

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Beat The Spring Rush Call Today



Elves Night Out! sponsored by the Canajoharie-Palatine Bridge Chamber of Commerce Friday, December 6 4:30 - 8-ish

The HBH Clydesdales from Carlisle, NY will be here again with wagon rides throughout the village.

4:30PM ~ Santa will be at the Canajoharie Post Office on West Main Street to accept the letters from your children. Letters will be replied to! Sponsored by the Canajoharie Women's Club.

6:00PM ~ Join the Canajoharie Elementary Choir under the direction of Carlie Legrande for a Sing around the Christmas Tree with Santa at the Village Green, corner Church and Little Mohawk Streets (near the dummy light).



After the Sing Along the Canajoharie Library/Arnell Museum will host Santa for visits with the children and the Canajoharie-Palatine Bridge Chamber of Commerce will provide hot cocoa and homemade cookies to families.

St. John's St. Marks Lutheran Church will sponsor their Chili and Hot Dog Supper featuring Loretta's meat sauce! Also they will have the SERRV Fair Trade Sale. JYP-Junior Youth Program of Canajoharie will offer face painting at the church as well!

The Canajoharie Youth Center will be hosting a basket raffle and vendor tables. Contact the youth center at 518-378-2235 for more information.

Cornerstone Baptist Church will be at the Art Box with balloon animals, kid's crafts and free hot cocoa!

Berean Bean/Reformed Church will once again be offering homemade soups and will host the Chamber Angel Tree! Join us at the Bean for Christmas Karaoke!



CHOOSE AN ANGEL IN MEMORY OF AN ANGEL



\$5

Angels will be displayed during Elves Night Out. (Dec 6th)

CELEBRATE THE MEMORY OF YOUR LOVED ONE BY PLACING THEIR ANGEL ON THE CHRISTMAS TREE AT BEREAN BEAN COFFEE HOUSE

All proceeds to benefit the activities of the Palatine-Canajoharie Chamber of Commerce



FOR MORE INFORMATION, CONTACT SARAH (518) 673 0002

BUG Radio live remote sponsored by The Tire Shop! Remote will be set up in front of the Office Aging at their new location on Church Street.

Free Hot Chocolate Bar 4-8 pm at 38 Church Street, sponsored by "Soulstice" the Mohawk Valley Arts and Ag Festival. Raffle items available, drawing at 8 pm.

Raffle to benefit the Canajoharie-Palatine Bridge Chamber of Commerce for a giant Momma and Baby Bear will be hosted by Lee's Christmas Corner, 24 Church St. They will also be offering tastings of their gourmet food line.

The Boiling Pot Eagles, 62 Church St., are offering vendor tableals for Elves Night Out. Anyone who has something they would like to sell, please call 518-673-3846 for more information.

Many local shops will be open late and will have unadvertised in-store specials, activities and refreshments. The town will be alive with the magic of Christmas and there will be so much to see and do with your entire family! Keep an eye on Facebook for any last minute information or more details!

Call Chamber President, Janet Stanley at Lee's Shops for questions or Facebook additions at 518-673-0292.



Come Visit the Most Talked About Gift Shop in Central New York Lee's Shops at Wagner Square Home of



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- Lamps
- Soap
- ADK Products
- Cuckoo Clocks
- Tin Signs for the Man Cave

Christmas Department

- Personalized Ornaments
- Snow Globes
- Nut Crackers
- Smokers
- Pyramids
- Buyers Choice Carolers
- Wall Decor
- Advent Calendars
- Greeting Cards
- Candy
- Gift Baskets

Charlie Bears

A room full of collectable bears handmade in the U.K. by artist Isabella Lee

DATES TO REMEMBER:

Fri. Dec. 6 Elves Night Out

Free Gift Wrapping!

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The various types of IRAs

Discussions about retirement planning typically include mention of individual retirement accounts, or IRAs. IRAs are retirement investment vehicles that can be used in place of or in conjunction with 401(k) plans.

Many investors like IRAs because they give them a certain measure of choice in regard to their investments while allowing investors to postpone paying taxes on gains until money is withdrawn during retirement.

One common misconception about IRAs is that there are only two types, when there actually are many more. Depending on which definitions and resources you go by, there are as many as 11 types of IRAs. Financial advisors can help people choose the appropriate IRA based on their needs and goals. Here's a look at just a few of the more popular IRAs.

Traditional IRA

Traditional IRAs are very popular, according to data from the Investment Company Institute. Classic

features include a tax break of up to \$6,000 initially, and investment earnings are not taxed as long as the money remains in the account. Money Management International says one advantage of a traditional IRA is that contributions can be taken as tax deductions in the tax year they are made. This type of IRA might be good for someone who anticipates being in a lower tax bracket upon retiring, since taxes are paid when funds are withdrawn.

Roth IRA

A Roth IRA is different than a traditional IRA in various ways. Contributions to a Roth IRA are not tax-deductible, but funds will grow tax-free. Also, with a Roth IRA, the taxes are paid upfront, so account holders will not pay taxes when the money is withdrawn. This is beneficial for those who expect their income tax bracket to rise after retirement.

SEP IRA

This type of IRA is a traditional IRA, but one set up

and funded for employees by an employer. SEP stands for simplified employee pension. Employers must contribute equally to all employee accounts, and personal contribution limits are much higher for these accounts than on other tax-favored accounts.

Spousal IRA

The financial resource The Motley Fool notes that spousal IRAs are either traditional or Roth IRAs funded by a married taxpayer in the name of his or her spouse who has less than \$2,000 in annual compensation. The couple must file a joint tax return in the year of the contribution.

Education IRA (EIRA)

Not all IRAs are strictly for retirement funds. EIRAs help pay for higher education. No tax deductions are allowed, but deposits and earnings may be withdrawn tax-free so long as they are used to pay for higher education.

IRAs are tax-advantaged tools for setting aside funds for retirement and other needs.

Ilion's Holiday Hoopla

Ilion's Holiday Hoopla will take place Dec. 14 from 9 a.m. - 3 p.m. Events are held all around the village. The events will include an old-fashioned horse and carriage ride at Annunciation Church, as well as the following:

- Ziyara Clowns – Annunciation Church
- Face painting – Annunciation Church
- Utica ZooMobile – Annunciation Church
- Craft fair – Annunciation Church
- Stocking hop around town to different businesses
- Pictures by DSP Images with Santa and Mrs. Claus

These are just a small glimpse of what the event will be. There will be lots to do all day long.

If you have any questions contact Jackie Activity Coordinator, at 315.796.4296.



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- We are one of Herkimer County's largest employers with over 350 Employees
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- We have several different divisions throughout the community
- We support over 700 people with disabilities in Herkimer County



'Gobble, gobble, gobble'



Poland Central School District kindergarteners parade through the school hallways in turkey costumes on Tuesday, Nov. 26, saying "gobble, gobble, gobble" all along the way. Following the parade, they participated in a Thanksgiving feast in the school cafeteria. Poland kindergarten teachers Julie Dutcher, Christina Kress and Carrie Roark led the activities. Photo courtesy of Herkimer BOCES

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Weekly SUDOKU

by Linda Thistle

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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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King Crossword

ACROSS

- 1 Temperate
- 5 Owns
- 8 Lovers' quarrel
- 12 Sandwich treat
- 13 Final (Abbr.)
- 14 Small combo
- 15 "Desperate Housewives" actress Eva
- 17 Cincinnati team
- 18 Ingratiate
- 19 Warehouse pile
- 21 Pigpen
- 22 Deck for a 10-count
- 23 Wife of Saturn
- 26 Embrace
- 28 Become one
- 31 Addict
- 33 Shell game item
- 35 "My Heart Will Go On" singer
- 36 Ringworm
- 38 Egypt's boy king
- 40 Toss in
- 41 Transmit
- 43 Afternoon party
- 45 "Jane Eyre" author
- 47 Do, re, mi, fa, sol, la, ti, do
- 51 Mongolian

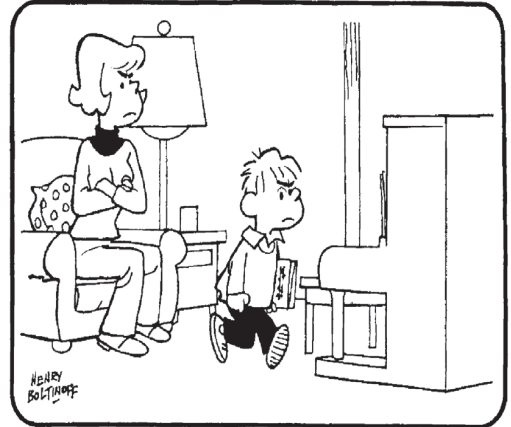
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- tent
- 52 Great bliss
- 54 Mideastern potentate
- 55 Fields or Butterworth
- 56 Villain's look
- 57 Fix, in a way
- 58 Crafty
- 59 Young woman
- 5 "Get a move on!"
- 6 Foreman foe
- 7 Pile
- 8 Wandered off
- 9 Transvaal city
- 10 Staffer
- 11 Pitch
- 16 Inauguration recitation
- 20 Ewe's mate
- 23 No longer stylish
- 24 Omega preceder
- 25 Brain's stimulus receptors
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- 53 Web address

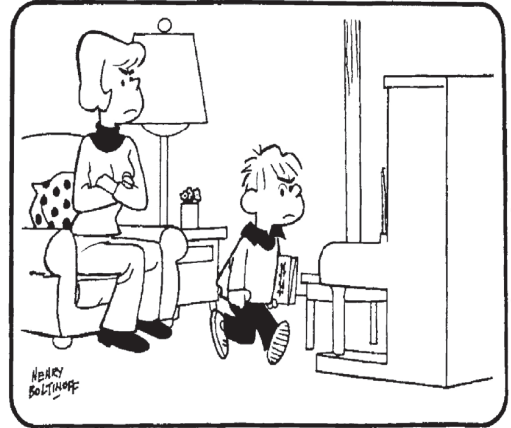
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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Pillow pattern is different. 2. Boy's shirt is black. 3. Mom's shoes are black. 4. Flowers are added to vase. 5. Piano is taller. 6. Mom's hairstyle is different.

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Mega Maze

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STICKELERS [sic]

by Terry Stickels

Match the formulas on the left with their creators on the right.

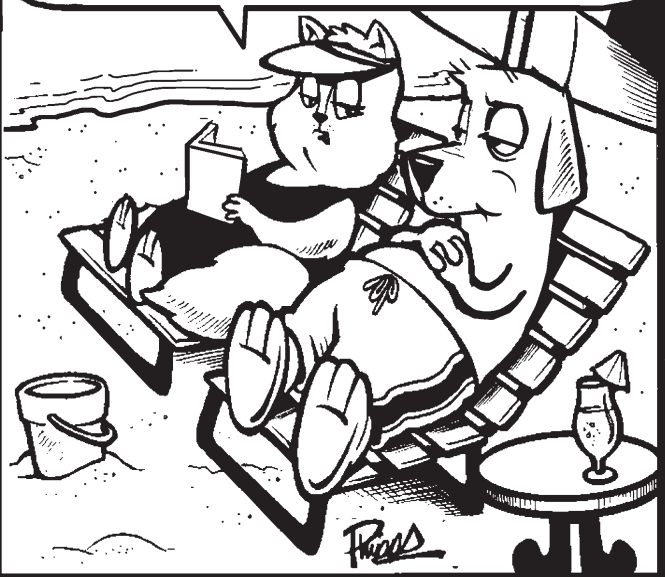
- 1) $F = \frac{Gm_1 m_2}{r^2}$
- 2) $F_1 X_1 = F_2 X_2$
- 3) $e^{i\pi} + 1 = 0$
- 4) $C^2 = A^2 + B^2$
- 5) $\angle A + \angle B + \angle C = 180^\circ$
- a. Archimedes
- b. Euler
- c. Newton
- d. Euclid
- e. Pythagoras

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Just Like Cats & Dogs

by Dave T. Phipps

I REALIZE IT'S ALL INCLUSIVE BUT YOU'RE LITERALLY STILL CHEWING AND UPSET THE NEXT BUFFET ISN'T READY.



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Holiday Pops Concert

Sean O'Loughlin, Principal Pops Conductor of Symphoria will present "Magic of the Holidays" at the Herkimer JR/SR High school, on Sunday, Dec. 15, 3 to 5 p.m. This is the 12th performance of Symphoria in the Village of Herkimer.

The Guest Artist features Lizzie Klemperer, a native of Syracuse, is delighted to be back on stage in Central New York. She previously performed with several area arts organizations including the Syracuse Symphony Orchestra, The Syracuse Opera Company and Syracuse Stage. Upon leaving Syracuse, she moved to Ann Arbor, MI where she received a BFA in Musical Theater from the University of Michigan under the tutelage of the late opera great, Shirley Verrett.

Now based in New York City, Lizzie was most recently seen on Broadway in Andrew Lloyd Webber's School of Rock. She also appeared in the Tony nominated musical Bright Star (written by Steve Martin and Edie Brickell) after a sold out run at the Kennedy Center. Other New York credits include a Christmas Story and the The Most Happy Fella at City

Center Encores. Lizzie has toured the country with shows such as The Addams Family, Little House on the Prairie, The Musical, starring Melissa Gilbert. Regionally she has performed the roles of "Marian" in the Music Man, "Eponine" in Les Miserables, "Crissy" in Hair and "Mary Jane" in Big River. Other solo concert work includes appearances at the Kennedy Center, Lincoln Center and with the Southwest Florida Symphony Orchestra.

She has spent this last year playing "Lily Craven" in a revamped Broadway bound production of the Secret Garden, working with the creators of the piece, Lucy Simon & Marsha Norman.

General Admission tickets at \$15 are available at Big Apple Music New Hartford, & M&T Bank of Herkimer, Herkimer Eye Care Ctr, Herkimer County Historical Society, St. Francis deSales Parish Office, Village Market Mohawk & Iliion Wine & Spirits. Call 315.866.1563 for reserved seats at \$20. Online at <http://experiencesymphoria.org/event/regional-herkimer-holiday-traditions>.



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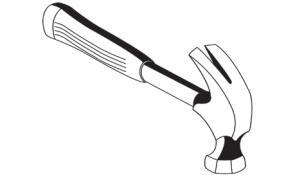
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Christmas carol spotlight: Jingle Bells

Holiday cheer is front and center in communities across the globe during the holiday season. This year, celebrants can make this joyous season even more special by singing some of their favorite holiday songs.

"Jingle Bells" is a popular holiday tune that many celebrants might be surprised to learn is more than 150 years old. Written by New England native James Lord Pierpont, "Jingle Bells" was originally published in 1857 under the title "One-Horse Open Sleigh." Only after a friend of Pierpont's referred to the song as a "merry little jingle" did the name "Jingle Bells" take.

"Jingle Bells"

(Extended version)

Dashing through the snow
 In a one-horse open sleigh
 O'er the fields we go
 Laughing all the way

Bells on bobtail ring
 Making spirits bright
 What fun it is to ride and sing
 A sleighing song tonight! Oh,
 Jingle bells, jingle bells
 Jingle all the way,
 Oh what fun it is to ride
 In a one-horse open sleigh. Hey!
 Jingle bells, jingle bells
 Jingle all the way,
 Oh what fun it is to ride
 In a one-horse open sleigh.

A day or two ago
 I thought I'd take a ride
 And soon, Miss Fanny Bright
 Was seated by my side,
 The horse was lean and lank
 Misfortune seemed his lot
 He got into a drifted bank
 And then we got upstot.
 Jingle bells, jingle bells

Jingle all the way,
 Oh what fun it is to ride
 In a one-horse open sleigh. Hey!
 Jingle bells, jingle bells
 Jingle all the way,
 Oh what fun it is to ride
 In a one-horse open sleigh.

A day or two ago,
 The story I must tell
 I went out on the snow,
 And on my back I fell;
 A gent was riding by
 In a one-horse open sleigh,
 He laughed as there I sprawling lie,
 But quickly drove away.
 Jingle bells, jingle bells
 Jingle all the way,
 Oh what fun it is to ride
 In a one-horse open sleigh.
 Jingle bells, jingle bells
 Jingle all the way,

Oh what fun it is to ride
 In a one-horse open sleigh.

Now the ground is white
 Go it while you're young,
 Take the girls tonight
 and sing this sleighing song;
 Just get a bobtailed
 Two forty as his speed
 Hitch him to an open sleigh
 And crack! you'll take the lead.
 Jingle bells, jingle bells
 Jingle all the way,
 Oh what fun it is to ride
 In a one-horse open sleigh.
 Jingle bells, jingle bells
 Jingle all the way,
 Oh what fun it is to ride
 In a one-horse open sleigh.

Lyrics written by James Lord Pierpont
 Lyrics courtesy of Digital Music News

Christmas Bible Trivia

by Wilson Casey

1. Which Old Testament prophet (book) said the most about the birth of Christ? Nehemiah, Isaiah, Daniel or Obadiah
2. Where did the angel Gabriel appear to Mary saying, "Blessed art thou among women"? Nazareth, Tyre, Ninevah or Gazi
3. For the journey to Bethlehem, how did Mary and

- Joseph travel? Walked, Rode donkey, Boat or Bible not specific
4. What priest was told he would not die until he saw the Savior? Joazar, Matthias, Simeon or Elioneus
5. Of these, which wasn't a gift from the wise men? Silver, Myrrh, Gold or Frankincense
6. Where does the Bible tell us that Jesus was born on Dec. 25? Matthew 3:4, Mark 1:1, Luke 7:7 or Nowhere

7. Who informed Joseph that the baby's name was to be Jesus? Herod, Pilate, Mary or an angel
 8. Who plotted to kill the baby Jesus? Archelaus, Herod, Pontius Pilate or Caesar Augustus
- Answers:** 1) Isaiah; 2) Nazareth; 3) Bible not specific; 4) Simeon; 5) Silver; 6) Nowhere; 7) An angel; 8) Herod
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Understanding feline diabetes

Diabetes is a condition most often associated with humans. But this potentially debilitating disease can even affect pets, including the family cat.

Feline diabetes can greatly affect cats' quality of life. The Cornell University College of Veterinary Medicine estimates that between 0.2 - 1% of cats in the general population suffer from feline diabetes. While that's a low number, the potential dangers faced by cats with undiagnosed cases of feline diabetes makes it imperative that cat owners understand this disease and how to recognize it.

What is diabetes?

The cells in a cat's body require sugar in the form of glucose for energy. Glucose in the blood requires the hormone insulin, which serves as something of a key that unlocks the doors to the cells, making them capable of employing the glucose for energy. The insulin attaches to the cells and lets the body know when to absorb the glu-

cose. That process is essential for muscle function. When a cat has type 1 diabetes, glucose concentrations are high because of a decrease in insulin production. Type 2 diabetes, which is more common among felines than type 1, occurs when glucose levels are high because the cells are not responding to the insulin in an appropriate way.

What are some signs that may indicate feline diabetes?

Diabetes deprives the body of a necessary energy source, so when cats are suffering from diabetes, be it type 1 or type 2, weight loss is likely to occur. That weight loss occurs because cats' bodies will turn to sources other than glucose for energy. In these instances, the body breaks down fats and proteins, resulting in weight loss. The CUCVM notes that this weight loss occurs even though cats' appetites increase.

Excessive thirst and urination is another potential in-

dicator of feline diabetes. Cats' bodies respond to elevated levels of glucose in their blood by excreting excess amounts of the glucose in their urine. That high concentration of glucose in the urine pulls excessive amount of water into the urine. According to the CUCVM, this results in increased urine volume, increased urinary loss, a higher likelihood of dehydration, and an increase in thirst.

Some cats experience nerve damage in their hind legs as a result of feline diabetes. However, the CUCVM notes that this is a rare occurrence.

Cat owners who suspect their cats may be suffering from diabetes should report their concerns to their veterinarians immediately. Treatment can be very effective and restore quality of life to cats.



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Seven facts about the winter solstice

evat- Nocturnal animals and
ssivehuman night owls may
cen-rejoice during the winter
ts of solstice. On the winter
s re-solstice, people can wit-
aterness the Earth's longest
easenight and shortest day of
the year for their respec-
mbstive hemispheres. For
otes individuals living in the
northern hemisphere, the
pring winter solstice generally
teri-occurs between Dec. 20
and 23 each year. Those
in the southern hemi-
sphere experience the
winter solstice between
June 20 and 23.

In 2019, the northern
hemisphere's winter sol-
stice occurs on Dec. 21.
The solstice may come
and go unnoticed, but it's
an interesting day on the

calendar.
1. Not only will the
winter solstice occur on a
specific date, it also
occurs at a specific time
when the Earth's semi-ax-
is tilts furthest from the
sun. This corresponds to
when the North Pole is
aimed away from the sun
on the 23.5-degree tilt of
the Earth's axis. At this
point, the sun also shines
directly over the Tropic of
Capricorn. The informa-
tion and trivia site Men-
tal Floss says the solstice
happens at the same mo-
ment for everyone on the
plane. However, the hour
it occurs depends on your
time zone.
2. Areas of the North-
ern Hemisphere can have

varying lengths of day and
night on the solstice. For
example, New York City
may have nine hours and
15 minutes of sunlight
on the winter solstice. If
that upsets New Yorkers,
they may be happy to be
outside parts of Finland,
some of which get less
than six hours of sunlight
on the solstice.

3. The word "solstice"
is derived from Latin and
means "sun stands still."
It was chosen to describe
this cosmic phenomenon
because the solstice sun
seemingly appears in the
same position at noon-
time for several days be-
fore and after the winter
solstice - at its lowest
point in the sky.

4. It is easy to mistake
the solstices for the equi-
noxes, which also occur
twice a year. However,
the equinoxes occur in
autumn and spring and
mark when the sun is di-
rectly above the equator
and night and day are of
equal length.

5. Despite the winter
solstice indicating the be-
ginning of the astrological
winter, it may not be the
coldest time of the sea-



In 2019, the northern hemisphere's winter solstice occurs on Dec. 21.

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— King Crossword —

Answers

Solution time: 25 mins.

M	I	L	D	H	A	S	S	P	A	T		
O	R	E	O	U	L	T	T	R	I	O		
L	O	N	G	O	R	I	A	R	E	D	S	
E	N	D	E	A	R	C	R	A	T	E	S	
			S	T	Y		K	A	Y	O		
O	P	S		H	U	G		M	E	R	G	E
U	S	E	R		P	E	A		D	I	O	N
T	I	N	E	A		T	U	T		A	D	D
			S	E	N	D		T	E	A		
B	R	O	N	T	E		O	C	T	A	V	E
Y	U	R	T		E	U	P	H	O	R	I	A
E	M	I	R		M	R	S		L	E	E	R
S	P	A	Y		S	L	Y		L	A	S	S

— Weekly SUDOKU —

Answer

2	7	9	1	4	5	3	6	8
1	8	3	6	2	9	4	5	7
5	4	6	7	3	8	1	9	2
9	1	2	8	7	6	5	3	4
3	6	7	4	5	1	2	8	9
4	5	8	2	9	3	7	1	6
7	9	1	5	6	4	8	2	3
8	3	4	9	1	2	6	7	5
6	2	5	3	8	7	9	4	1

Stickelers Answer

1-c, 2-a, 3-b, 4-e, 5-d.

This week's holidays

- Dec. 7 - National Pearl Harbor Remembrance Day
- Dec. 8 - Pretend To Be A Time Traveler Day
- Dec. 9 - Weary Willie Day
- Dec. 10 - Dewey Decimal System Day
- Dec. 11 - National App Day
- Dec. 12 - National Ding-a-Ling Day
- Dec. 13 - National Cocoa Day
- Dec. 14 - Monkey Day

Mega Maze
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son. Usually those temperatures are reserved for January and February.

6. The Farmer's Almanac reports that many cultures marked the arrival of the solstice as a time of death and rebirth. Early man also kept track of the days by observing the sun's position in the sky. In fact, historians believe Stonehenge was created to monitor the sun's yearly "movement."

7. Many traditions associated with Christmas originated during Pagan cel-

ebrations for the winter solstice. For example, Scandinavians would burn a juul (yule) log in the hearth in honor of the god Thor. Thor's job was to bring the sun's warmth back to the people.

While the winter solstice and the lack of sunlight synonymous with it may not be something everyone looks forward to, there is a silver lining. Following the winter solstice, the hours of sunlight gradually increase by the day, eventually paving the way for the spring equinox.

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In memoriam of Stella Wojcicki

Stella Wojcicki, 84, of Route 5S, Town of Danube, Little Falls, NY passed away peacefully and unexpectedly on Sunday, Nov. 24, 2019 at her home.

She was born August 26, 1935 in Poland, the daughter of Frank and Mary (Pawelek) Rugla and was educated in her native country.

Her marriage to Teddy Wo-

jicki took place on June 10, 1961 at the Holy Spirit Polish National Catholic Church in Little Falls, NY.

For many years she worked along side of her husband Teddy on the family farm on Fordsbush Road in Fort Plain until their retirement in 1990. After they retired from the farm, they enjoyed traveling, especially to her homeland of Poland.

She is survived by her loving husband of 58 years, Teddy; her son, Mark Wojcicki of the Town of Danube; and a daughter, Tammy V. Heiser and husband Steve of Fort Plain.

In keeping with Stella's wishes funeral services will be private and held at the convenience of the family. Arrangements are under the caring guidance of the Vincent A. Enea Funeral Service, 527 East Albany Street, Herkimer, NY.

Prayers and condolences may be sent to the family at www.vincenteneafuneralservice.com.



Stella Wojcicki

Simple ways to incorporate more fruits and veggies into your diet

Parents imploring their children to eat their fruits and vegetables is a nightly occurrence at many dinner tables. Reluctant youngsters may have a seemingly innate resistance to vegetables, but parents should stay the course, as the importance of making fruit and vegetables a routine part of one's daily diet is hard to overstate.

Children might be seen as the most resistant to fruits and vegetables, but reports indicate they're not alone. A 2017 report from the Centers for Disease Control and Prevention found that just 12% of adults in the United States are meeting the standards for fruit consumption as established by the Dietary Guidelines for Americans, which are determined by the Office of Disease Prevention and Health Promotion. Even fewer people (9%) are meeting the standard for vegetables. That's unfortunate, as fruits and vegetables have been linked to a host of health benefits.

Why eat fruits and vegetables?

The U.S. Department of Agriculture notes that fruits do not contain cholesterol and are naturally low in fat, sodium and calories. In addition, fruits contain a host of essential nutrients, including potassium, dietary fiber, vitamin C and folate, that are historically under-consumed. Similarly, studies have shown that vegetables, which also are great sources of vitamins and

minerals, can help people reduce their risk for a variety of conditions, including heart disease, stroke and certain types of cancer.

How can I include more fruits and vegetables in my diet?

Routine is a big part of many people's lives, and some may find it hard to change their dietary routines. But people who aren't eating enough fruits and vegetables likely don't need to completely overhaul their diets in order to include more fruits and vegetables. In fact, the American Heart Association notes that the following are some easy ways for people to sneak more fruits and vegetables into their diets.

- **Breakfast:** When sitting down for a bowl of cereal, add some bananas, raisins or berries to your bowl. When making eggs or breakfast potatoes, add chopped up onions, celery, green or red bell peppers or spinach.

- **Lunch:** Forgo sandwiches in favor of fruit or vegetable salads at lunchtime. If you must have a sandwich, top it off with vegetables like cucumbers, sprouts, tomatoes, lettuce and/or avocado.

- **Dinner:** Replace less healthy side dishes with fruit or vegetable salads, and don't forget to include steamed vegetables, even frozen ones, on your dinner plate every night. Add chopped vegetables, such as onions, garlic and celery, when creating soups, stews or sauces.

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How to care for wild birds this winter

The arrival of winter forces everyone to confront the changes synonymous with the season, and local wildlife is no exception. Low temperatures, harsh winter storms and a scarcity of food can make it challenging for wildlife, including birds, to thrive throughout the winter.

Even though several species of birds are migratory and travel to warmer climates to wait out winter, many others stay put. The Audubon Society says that keeping close to home helps some species of birds maintain their territories.

Some birds will puff up to retain heat; others will seek shelter in dense foliage or cavities to avoid the elements. Many birds will huddle together to share warmth.

Another way of keeping warm is building up fat as an insulator and energy source. The Audubon Society says more than 10% of some birds' winter body weight may be fat. That can be challenging to maintain when

common sources of food, such as insects and berries, disappear as winter wears on. This is when some human intervention can prove handy, advise ornithologists. A few simple efforts may benefit birds and other wildlife that may not hibernate winter away or escape to the tropics.

- Have a supply of food, bird feeders, houses and any other bird-related gear at the ready before the storms really rev up.

- Invest in nutritious food, such as black oil sunflower seeds or blends that are high in black oil sunflower seeds. You also can make available more foods that are high in fat, such as suet, peanut butter or even whole peanuts. Mother Nature Network also suggests adding meal worms if they can be found.

- Choose feeders that will keep seed dry; otherwise, it will be prone to bacterial and fungal growth.

- Don't discard fallen leaves or any downed twigs or pruned boughs

from trees. This will give birds material for creating shelter or hiding away when the weather gets especially brutal. When the Christmas tree is finished for the season, place it in the yard as a windbreak for birds.

- Put shallow water sources around so birds can drink. Replace them frequently if water freezes.

Wild birds can benefit from some help when the temperatures start to drop in winter.



A few simple efforts may benefit birds and other wildlife that may not hibernate winter away or escape to the tropics.

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Questions? Call Molly at OFA - 518-843-2300.
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