Herkimer County

December 20, Country Editor

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Volume 9 Number 27

THEREFORE THE LORD HIMSELF WILL GIVE YOU A SIGN: BEHOLD, THE VIRGIN SHALL CONCEIVE AND BEAR A SON, AND SHALL CALL HIS NAME IMMANUEL. ISAIAH 7:14

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Drunk and Drugged Driving Prevention Month

Drunk or drugged drivers can affect many people. According to the U.S. Department of Transportation, three in 10 people will become involved in an alcohol-related motor vehicle crash at some time in their lives

"If you are not directly involved in a motor vehicle crash caused by an impaired driver, the chances are that you will have a friend or family member who is affected. In 2001, nearly 16,000 Americans died in motor vehicle crashes caused by impaired driving," said Diane Ward, CHN of Herkimer County Public Health.

December is Drunk and Drugged Driving Prevention Month, a time when drivers are urged to take extra precautions to avoid unnecessary tragedy during the holiday season.

A common misconception is that beer is less dangerous than liquor or wine. A driver's judgement and reaction time becomes impaired with only one alcoholic drink, whether it is liquor, wine or beer.

"Only the passage of time metabolizes alcohol in the body and sobers a person. Coffee, a cold shower, fresh air or physical activity have no effect on how fast alcohol is metabolized," Ward said.

She said you can help your guests get home safely

- · Offering non-alcoholic beverages, such as fruit juices or soft drinks.
- · Always serving food with alcohol. High protein and carbohydrate foods, such as cheese and meats, are especially good, because they slow the rate at which the body absorbs alcohol.
- Stop serving alcohol about two hours before the party is over. Your guests will then have time for their bodies to absorb any alcohol they've consumed. Serve coffee or other non-alcoholic beverages as well as food.

If you observe that one of your guests is impaired, don't hesitate to intervene. Herkimer County Public Health suggests that you:

- Drive your friend home or ask another sober person to provide a ride.
- · Suggest that your impaired friend stay overnight in your home.
 - Pay for a taxi ride home for your friend.
 - Don't give in. Friends don't let friends drink and

"New York State recognizes that drivers who are under the influence of alcohol or other drugs are a danger to themselves and others. The penalties for driving while intoxicated (DWI) are severe so as to deter dangerous drivers and reduce the tragic toll of injuries and death," Ward said.

The penalty for a first-time DWI conviction is revocation of your driver's license for at least six months. To obtain a new driver's license, you must re-apply to the State DMV following the period of revocation. It is estimated that attorney fees, fines, auto insurance surcharges and other expenses resulting from a DWI conviction can amount to \$8,000 or more.

The New York State Zero Tolerance Law makes it illegal for a person under 21 to operate a vehicle after consuming any alcohol. The penalties for a first-time violation include a six-month license suspension and a fine and fee totaling \$225.

For more information on preventing drunk and drugged driving, call Herkimer County Public Health at 315.867.1176.

Rabid raccoon found in Town of Columbia

Herkimer County Public Health received word from Wadsworth Labs that a raccoon that was sent in to be tested for rabies on Tuesday, Nov. 19 from the Town of Columbia has tested positive for rabies.

A family dog was fighting with the raccoon; the raccoon was shot and sent to Wadsworth lab for testing.

The public can protect themselves or their family pets from rabies by practicing the following:

- 1. Vaccinate your pets against rabies.
- 2. Spay or neuter all animals to reduce the number of strays.
- 3. Do not feed strays or handle unknown animals, wild or domestic.
- 4. Remind children and adults not to play with unknown animals (wild or domestic).

If a bat is found in a house, and there is a possibility it had contact with a person or an animal in the house, call Public Health and we will make arrangements

to have the bat tested, if necessary.

Herkimer County Public Health would like to remind the public to check your pet's rabies vaccination records to make sure that they are up to date. If they are not up to date, make an appointment with their vet as soon as possible to have them vaccinated against rabies.

Call Public Health at 315.867.1176 if you have any questions or concerns. Visit www.herkimercounty.org for more information.





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Central Valley CSD Foundation honors students, employees of the quarter

The Central Valley Central School District Foundation recognized the district's students and employees of the quarter at its Dec. 10 meeting.

of the school year as a way to recognize students for excellence in academics and character," said JoAnn Duga, foundation president. "It's also a great way to

We implemented this program at the beginning

shed light on the employees who go above and beyond for our students."

The program will recognize up to four students and employees each quarter with the hope that there will be recipients from each school building: Fisher and Barringer elementary schools, Jarvis Middle School and CVA High School.

First quarter student recipients include Madeline Green and Makayla Rodgers from Jarvis Middle, as well as CVA students Audreanna Greene and Nicholas Shedd. No nominations for elementary students were received.

The employee recipients were Nancie Cooney, Bar-

ringer Road art teacher; Jonna Costin, CVA physical education teacher and coach; Elizabeth "Betsy" Nemitz, Jarvis teacher assistant; and Laurie Scharett, Jarvis teacher. No nominations for Fisher Elementary School or the CVCSD bus garage were received.

Community members who would like to nominate a CVCSD employee for the quarterly recognition can find the nomination form at www.cvalleycsdfoundation.org or on the Central Valley Central School District Foundation Facebook page.

For more information about the foundation, contact JoAnn Duga at 315.894.3116 or joanndugaCVAFoundation@yahoo.com.



(L - R) Students recognized for the first guarter of the year were Makayla . Rodgers, Madeline Green, Audreanna Greene and Nicholas Shedd.





(L - R) Employees honored were Nancie Cooney, Elizabeth Nemitz, Laurie Scharett and Jonna Costin. Photos courtesy of Central Valley Central School District Foundation



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Now Here's a Tip

by JoAnn Derson

- Be sure to eat a hearty breakfast before heading out to the airport. Pack a piece or two of whole fruit or a portion of nuts for snacking, and bring an empty water bottle so that you can make it through airport security and fill the bottle when you are at the gate. Being hydrated and having healthy snacks will make your travel experience more pleasant.
- "Print a physical copy of your travel itinerary, including flight numbers. Stow a copy inside a secure spot in your luggage so that if it gets lost, you'll be easy to find. I like to put mine inside the zippered net bag that's attached to my suitcase." E.L. in Ohio
 - Pack a hanging luggage scale. This is especially

helpful at the holidays, when you may be both taking gifts to give and returning with gifts given to you.

- When planning a vacation or even a visit home for the holidays, it's important to manage everyone's expectations. Imagine Mom expects her grown kids to spend most of their time seeing extended family, while they are making plans to see childhood friends while in town. Have a chat with parents, siblings and extended family so that everyone has a good idea of what the plan is.
- "For large gatherings, borrow what you need from local friends and family. That includes chairs, servingware, place settings, silverware and linens! Most people are happy to help." R.R. in Alabama

• "We have a large family, and when we all get together at the holidays – or anytime – we share a screenshot of our itinerary in a group text as we make plans. This way, we can try to group up for pickups from the airport or car rentals." – C.A. in Oregon

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Calendar of events

NOTE: Calendar items must be submitted by Tuesday prior to the publication date to be included in the Calendar of Events. Entries may be emailed to cfeditor@leepub.com

December 25-29

The Arkell Museum Presents Water-Marks: Etchings, Monotypes, & Paintings by Deborah 10 a.m. Arkell Museum, 2 Erie Boulevard, Canajoharie, NY. Call 518.673.2314.

January 9

Poland Central School Board of Education Meeting. December Business. Call 315.826.7900 or visit www.polandes.org.

January 11

Arc Herkimer Transportation 2020 NTSI Traffic Survival Workshop 9 a.m. to 4 p.m. at Arc Herkimer's main building at 350 South Washington Street in Herkimer. \$38 per person. Books and materials provided. Call Kelly Bunce at 315.574.7982 to register and make payment.

January 21

Dolgeville Central School Board of Eduction Meeting 6 p.m. High School Cafeteria. Visit www.dolgeville.org.

January 22

Herkimer Board of Education Meeting 6–7 p.m. Call 315.866.2230.

January 28

Poland Central School Board of Education Meeting. Call
315.826.7900 or visit www.polandcs.org.

February 11

Dolgeville Central School Board of Eduction Meeting 6 p.m. Elementary Library. Visit www.dolgeville.org.

February 12

Herkimer Board of Education meeting 6-7 p.m. Call 315.866.2230.

February 18-20

Safe Tractor and Machinery Operation Program at Clinton Tractor 8:30 a.m. - 3 p.m. For youth and adults 14 years of age and

older. 4-H members: \$25. Non 4-H members: \$35. Lunch and materials included. Registrater by Feb. 11 at: https://reg.cce.cornell.edu/TractorSafety2020-2-2_221 or call the 4-H Office at 315.866.7920 or email Jennifer Collins at jlr34@cornell.edu.

February 27

Poland Central School Board of Education Meeting. Call
315.826.7900 or visit www.polandcs.org.

Register now

Registration is now open for the **Winter 2020 session at Herkimer County Community College.** For more information, go to http://www.herkimer.edu/winter

March 14

Arc Herkimer Transportation 2020 NTSI Traffic Survival Workshop 9 a.m. to 4 p.m. at Arc Herkimer's main building at 350 South Washington Street in Herkimer. \$38 per person. Books and materials provided. Call Kelly Bunce at 315.574.7982 to register and make payment.

March 17

Dolgeville Central School Board of Education Meeting High
School Cafeteria. Visit www.dolgeville.org.

March 24

Poland Central School Board of Education Meeting. Call
315.826.7900 or visit www.polandes.org.

April 15

Dolgeville Central School Board of Eduction Meeting and Top Senior Dinner 5 p.m. High School Cafeteria. Visit www.dolgeville.org.

April 15

Poland Central School Board of Education Meeting. Call
315.826.7900 or visit www.polandes.org.

April 21

Dolgeville Central School Board of Eduction Meeting and Tenure Celebration High School Cafeteria Visit www.dolgeville.org.

May 5

Poland Central School Board of Education Meeting. Budget Hearing 6 p.m. Call 315.826.7900 or visit www.polandes.org.

May 9

Arc Herkimer Transportation 2020 NTSI Traffic Survival Workshop 9 a.m. to 4 p.m. at Arc Herkimer's main building at 350 South Washington Street in Herkimer. \$38 per person. Books and materials provided. Call Kelly Bunce at 315.574.7982 to register and make payment.

May 12

Dolgeville Central School Board of Eduction Meeting and Budget Hearing High School Cafeteria. Visit www.dolgeville.org.

May 19

Dolgeville Central School Budget Vote 2-8 p.m. High School Cafeteria. Visit www.dolgeville. org.

Poland Central School Board of Education Meeting. 8:05 p.m. Call 315.826.7900 or visit www.polandes.org.

May 20

Dolgeville Central School Board of Eduction Meeting High School 6 p.m. High School Cafeteria. Visit www.dolgeville.org.

May 28

Poland Central School Board of Education Meeting. Call
315.826.7900 or visit www.polandcs.org.

June 16

Dolgeville Central School Board of Eduction Meeting 6 p.m. High School Cafeteria. Visit www.dolgeville.org.

July 9

PolandCentralSchoolBoardofEducationMeeting.Call315.826.7900orvisitwww.polandes org

Country Editor

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BSA Leatherstocking Council announces Class of 2019 Eagle Scouts

UTICA - On Jan. 5, the Leatherstocking Council will celebrate the lifelong achievements of 64 young men who achieved BSA's highest rank of Eagle Scout in 2019 (as of Dec. 3). The recognition dinner will be at Francesca Banquets & Catering, 144 E. Main St., Ilion, from 2 - 4 p.m.

Primarily, attendees will include friends and family, but corporate executives interested in sitting with an Eagle Scout interested in pursuing their chosen career

may join us for a \$250 sponsorship, which includes recognition at the dinner.

To achieve the rank of Eagle, Scouts must progress through a series of advancements that become increasingly more difficult and complex, requiring mastery of outdoor skills, citizenship, leadership and community service. Only 2% of approximately 100,000,000 Scouts across the U.S. have ever reached the rank of Eagle since 1910. Each year, approximately 6% of

the Leatherstocking Council and nationwide.

The culmination of the Trail to Eagle is the Eagle Scout project. This service project must benefit the community and require the Scout to lead a team of volunteers to complete the project on time and to the satisfaction of the beneficiary. In 2019 the 64 Eagle Scouts from the Leatherstocking Council contributed 8,482 combined Eagle project service hours to the community.

Christmas carol spotlight: **Deck the Halls**

Holiday cheer is front and center in communities across the globe during the holiday season. This year, celebrants can make this joyous season even more special by singing some of their favorite holiday songs.

"Deck the Halls" is a favorite among holiday celebrants who love to "fa la la." In fact, those who sing the song in its entirety can expect to sing "la la" dozens of times before moving on to sing another holiday favorite.

"Deck the Halls"

Deck the halls with boughs of holly, Fa la la la la, la la la la. Tis the season to be jolly,

Fa la la la la, la la la la. Fill the meadcup, drain the barrel, Fa la la la la, la la la la. Troul the ancient Christmas carol, Fa la la la la, la la la la.

See the flowing bowl before us, Fa la la la la, la la la la. Strike the harp and join the chorus, Fa la la la la, la la la la. Follow me in merry measure, Fa la la la la, la la la la. While I sing of beauty's treasure,

Fa la la la la, la la la la.

Fast away the old year passes, Fa la la la la, la la la la. Hail the new, ye lads and lasses! Fa la la la la, la la la la. Laughing, quaffing all together, Fa la la la la, la la la la. Heedless of the wind and weather, Fa la la la la, la la la la. English lyrics written by Thomas Oliphant Lyrics courtesy of Digital Music News

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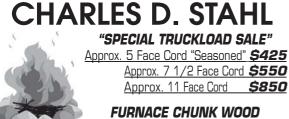
Phone: 518-727-6024

Holiday sing-a-long at VHS with Greg Jenkins

Residents and staff at Valley Health Services in Herkimer enjoyed a holiday sing-a-long with Greg Jenkins, entertainer, whose philosophy is to get your mind off your troubles by making people laugh or sing along with him.

With over 40 years' experience, Jenkins has been entertaining crowds of all ages, playing guitar, telling stories and reminiscing. Jenkins croons such toons as "New York, New York," "Moon River" and "Mack the Knife," as well as singing show tunes such as "The Impossible Dream" and "Cheek to Cheek." VHS's residents and staff had a great time singing along, and are looking forward to the upcoming holiday season.

From our family to yours, happy holidays!



315-823-1982 Prices may include extra delivery charge.

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Church Servi

COLD BROOK COLD BROOK
UNITED METHODIST CHURCH

467 Main St Sunday Worship 10:30 AM

<u>Dolgeville</u> New hope Christian Fellowship

Pastor Pat Andreoli 32 Spencer St. Sunday School 9:30 AM Sunday Worship 10:30 AM Tuesday Bible Study 7 PM

GRACE BAPTIST CHURCH OF DOLGEVILLE

Paster Len Byarty
12 Van Buren St.
Sunday School (All Ages) 10-11 AM
Morning Worship 11-12:30 PM
Lunch 12:30-2 PM Afternoon Worship 2-3 PM

DOLGEVILLE UNITED

METHODIST CHURCH Rev. Anthony Bradseth 21 N. Helmer Ave. Church Phone 429-7381 Sunday Church Service Oppenheim @ 9:30 AM Dolgeville @ 11 AM

DOLGEVILLE CHRISTIAN FELLOWSHIP

Pastor Marvin Isum 3 Elm St. Phone 429-8390 Sunday Worship 10:30 AM Mid-week Service Tuesday 7 PM

UNITED LUTHERAN PRESBYTERIAN PARISH

26 E. Faville Ave Worship 11 AM

ST. JOSEPH'S ROMAN

CATHOLIC CHURCH
Deacon Jim Bower, Administrator Rev. T. Healy, Sacramental Minister 31 N Helmer Ave Phone 429-8338 Mass 9 AM Sun, Mon & Wed

EAST SCHUYLER CHRISTIAN ASSEMBLY OF SCHUYLER Pastor Mark Sowersby

3659 Route 5, East Schuyler Sunday Worship 10:30 am Wednesday Night 6:30 pm Phone 315-895-0926 Christianassemblyofschuyler.com

<u>Frankfort</u> Our lady queen of apostles

414 Frankfort St., Frankfort, NY Pastor: Father Paul Catena Deacon: Micheal Carbone Mass Schedule: Saturday 5:30 pm; Sunday 9:00 am; Tuesday & Thursday 9:00 am

HERKIMER SS PETER and PAUL ORTHODOX CHURCH

Rev. Thaddeus Franta 305 Main Rd., East Herkimer Phone 866-3272 Wednesday Vespers 5PM Saturday Evening Vespers 5 PM Sunday Divine Liturgy 9:30 AM Holy Day Liturgy 9:30 AM

TEMPLE BETH JOSEPH 327 N. Prospect St Phone 866-4270 Friday 7 PM

ST. FRANCIS de SALES CHURCH Rev. Mark Cunningham, Pastor 219 N. Bellinger St. Phone 866-4282 Saturday Vigil Mass 4 PM Sunday Mass 8 & 10:30 AM

CHURCH OF SAINTS

ANTHONY and JOSEPH 229 S. Main St. Phone 866-6373 Saturday Vigil Mass 6 PM Sunday Mass 10 AM

REDEEMER CHURCH

astor Michael Servello 931 Herkimer Rd. Utica, NY 13503 Phone 792-4748 Saturday 6 PM • Sunday 9 & 11 AM

OAK RIDGE FREE METHODIST CHURCH

Pastor Chris Schumske 838 W. German St. Worship Service for adults & children 8:30, 10:00 & 11:30 AM with iPraise for the children (K-5th grade) Phone 866-0575

UKRAINIAN ORTHODOX CHURCH OF ST. MARY'S PROTECTRESS

326 Moore Ave. Sunday Divine Liturgy 10 AM Holy Day Liturgy 9 AM Phone 866-1336

NEW LIFE CHURCH

Pastor David Hayne 337 Protection Ave.
Phone 866-1164 • www.nlc-mc.org
Worship 10 AM Wednesday Worship 6:30 PM

TRINITY EVANGELICAL LUTHERAN CHURCH

Corner of West German & Henry Streets Phone (315) 866-6474 Sunday Worship Services 9 AM Spoken Service 9 AM Faith Formation Sunday School 10:30 AM Service with Music Bible Studies on Thursday Mornings at 10 AM

THE SALVATION ARMY

Lieutenants John and Lori Wood 429 N. Prospect St. Phone 866-1240 www.thesalvationarmv.org Sunday School 10 AM Morning Worship 11 AM

FIRST LINITED METCHODIST CHURCH OF HERKIMER AND LITTLE FALLS

Pastor Joelle Faulks Prospect St & Park Ave. Sunday Worship 8:30 & 10am Sunday School 10am during school year

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS (MORMONS)

Branch President Blake Francisco Gros Blvd Fast Herkimer Phone 315-866-8095
Priesthood/Relief Society 12:10 PM
Sunday School 11:20 AM Sacrament Meeting 10 AM
Family History Center hours by appointment; please leave a message at 315-866-7189

HERKIMER REFORMED CHURCH

102 Church St Phone 866-1523 Worship 9:30 AM Sunday School 11 AM Shepherd's Table: Tuesday 11-12:30 PM Thursday 11:30-12:30 PM Shepherd's Table Dinner First & Third Tuesday 6 PM

CHRIST EPISCOPAL CHURCH

Rev. Jill Stellman 300 N. Main St. Church Office (315) 866-0551 Email: christchurchherkimer@mail.com www.christchurchherkimer.org Sunday Services: 10:30 AM Bible Study: Fridays 7:00 PM (Parish Hall) Free Community Dinner: Next-to-last and Last Saturday of the month 5:00 PM (Parish Hall) Entrance to Parish Hall is on Mary Street

ILION ILION COMMUNITY CHURCH Pastor Dean Mabry 44 Central Plaza Sunday Worship 10am Child Care/Kids Church Available ilionchurch.com

SAINT AUGUSTINE'S EPISCOPAL CHURCH

Bishop - Dan Herzog 78 2nd Street Phone: (315) 894-3775 Sunday School at 8:45 AM Adult Bible Study at 8:45 AM Holy Eucharist at 9:35 AM

FIRST PRESBYTERIAN CHURCH

Morgan St., Ilion, NY, 13357 Reverend Richard Riggle Bible Study 9:30am Church Service 10:30am 315-894-2070

FIRST BAPTIST CHURCH

8 Second Street Reverend John Partise Wednesday Mid Week Service 7 PM Sunday Morning 11 AM

MORNING STAR UNITED

METHODIST CHURCH 36 Second Street Reverend Bob Wallaber Sunday Worship 10 AM November 1 - May 1 4224 Acme Rd, Frankfort May 1 - November 1 36 Second Street, Ilion

ILION ANNUNCIATION CHURCH 109 West Street, Ilion, NY Pastor: Father Paul Catena Deacon: Micheal Carbone Mass Schedule: Saturday 4:00 pm; Sunday 11:00 am; Monday & Wednesday 9:00 am

<u>LITTLE FALLS</u> FIRST BAPTIST CHURCH

555 Albany St. 315-823-3392 Morning Worship 10:15 AM Rev. Chris J. Wintermute, Lead Pastor

Rev William Whalen, Associate Pastor Nursery (infants through age 4) Meet and Greet Sunday at 8:30 am Sunday School Classes 9:00 am (nursery

through adult)

**Our Service is aired on 100.3 FM,
91.1 FM & 88.7 FM on Sundays from 11-12 with a 1 week delay.

HOLY SPIRIT POLISH NATIONAL CATHOLIC CHURCH

Father Rafael Dadello 615 E. Gansevoort St. Phone 823-0793 Sunday Mass 11 AM

ST. PAUL'S UNITARIAN UNIVERSALIST CHURCH

Minister Jeffrey J. Frank Mark Bunce, Organist 565 Albany St. Phone 823-2284

Sunday Service & Religious Education 10 AM

HOLY FAMILY PARISH OF THE ROMAN CATHOLIC COMMUNITY OF LITTLE FALLS

Deacon Jim Bower, Administrator Rev. T. Healy, Sacramental Minister 763 E. Main St. Phone 823-3410 Saturday Vigil Mass 4 PM Sunday Mass 10:30 AM

EMMANUEL EPISCOPAL CHURCH

588-594 Albany St. Sunday Schedule: High Mass, Rite II 10 AM Nursery & Sunday School 9:45 AM (Sept.-May) Fellowship Coffee Hour 11:15 AM Choir Rehearsal 11:30 AM Holy Day Masses as announced Confessions by appointment

LITTLE FALLS FIRST ASSEMBLY OF GOD

Senior Pastor Timothy Parisi 559 E. Jefferson St. Phone 823-4043 • firstaglf@gmail.com Sunday Morning All Worship 10 AM Thursday Bible Study 6:30 PM

HOLY TRINITY LUTHERAN CHURCH

512 E. Gansevoort St. Sunday Worship 9:30 AM Sunday School 9:15 AM Wednesday Services 12:10 PM & 7 PM

FIRST PRESBYTERIAN CHURCH

Pastor Tamara Razzano 16 Jackson St. Phone: 315-823-3004 Email Iffirstpres@gmail.com www.presbylf.org Sunday Worship 10 AM Sunday School 10 AM

INGHAMS MILLS BAPTIST CHURCH

Rev. Gary L. Busch, Pastor Sunday Worship Service 10AM 443 Inghams Mills Rd. Little Falls, NY 13365 Pastor's Phone (315) 717-9936

MIDDLEVILLE MIDDLEVILLE UNITED METHODIST

stor Wayne Getm 24 Rte. 29 Phone 845-8730 Sunday School 9:30 AM Worship Service 9:30 AM

MOHAWK GRACE EPISCOPAL CHURCH Rev. Sally Heiligman 7 E. Main St. Phone 315-866-4782 or 315-520-4723 Holy Eucharist 10 AM

DENNISON CORNERS COMMUNITY CHURCH

Pastor Donald King 219 Robinson Rd. • Phone 866-5215

Sunday: Sunday School 9:45 AM Morning Worship 11 AM Evening Worship 6 PM Wednesday Prayer 7 PM

MOHAWK REFORMED CHURCH

Rev. Brian Engel, Pasto 20 S. Otsego St. Phone 866-4292 Email mohawkpastor@verizon.net Follow us on Facebook Morning Worship: 10:30 AM Sept. - June • 9:30 AM July - Aug. Youth Sunday School (Pre-K - Sr. High) 9 AM Adult Sunday School (Men, Women & Couples) 9:30 AM

EMMANUEL BIBLE CHURCH

Pastor Gary Wilcox 54 W. Main St. • Phone 717-3011 Sunday School 9:45 AM Morning Worship 11 AM Fellowship Lunch 12:30 PM Afternoon Bible Study 1:30 PM Wednesday Prayer & Bible Study 6 PM

MOHAWK Church of the blessed SACRAMENT

Sr. Mary Jo Tallman, CSJ, Parish Life Director Rev. Mark Cunningham Sacramental Minister 71 E. Main St. Phone 866-1752 Saturday Vigil Mass 5:30 PM

CHRISTIAN BIBLE CHURCH H. Ed Reed, Pastor/Teacher

167 Ward Rd. Phone 858-1282 www.christianbiblechurch.us Sunday School 9 AM Sunday Worship 10 AM Wednesday Bible Study & Prayer Meeting 7 PM

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Pastor Gene Kipper 27 E. Main St. Phone 868-1790 Sunday Services at 10 AM Intercession - Tuesdays at 7 PM Free Community Dinner the last Thursday of the Month at 6 PM

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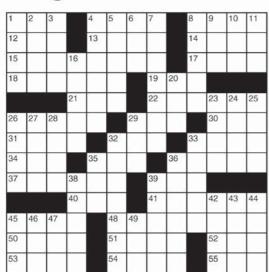
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- 1 Chum 4 With 29-
- Across. Conrad novel
- 8 Faction
- 12 Whatever amount
- 13 Dermatology subject
- 14 Horn sound 15 Related to summer the ater
- "That hurts!"
- 18 Decorate a T-shirt, '60s-style
- 19 Old Olds "- the fields
- we go' 22 Trite 26 McCartney
- cohort 29 See 4-Across 30 Praise in
- verse 31 Doves' place
- 32 Eviscerate
- 33 Actress Cannon 34 Commotion
- 35 Trot 36 Part of a
- Santa cos-37 1935 Astaire/
- Rogers movie 39 Oppositionist
- 40 Swelled head
- 41 Pester 45 Oodles



city

ters

10 Elmer, to

Bugs

11 Biblical verb

20 Shade source

23 Georgetown

athlete

month

24 Hebrew

25 See to

26 "Shoo!"

ending

16 Worship

8 Remained

upright

9 Debtor's let-

- 48 Western hero's trademark
- 50 Suitor 51 Draftable
- 52 List-ending abbr.
- 53 Complain 54 Peruse 55 "Quiet!"
- DOWN
- History Oppositionist Orpheus'
- instrument Attorney Earth tone
- - 28 On © 2019 King Features Synd., Inc.

HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



tons. 5. Tree has extra limb. 6. Mom's bangs are different. fle. 3. House has more windows. 4. Woman's coat has but-Differences: 1. Woman's hat is different. 2. Blanket has a ruf-

Weekly **SUDOKU**

by Linda Thistle



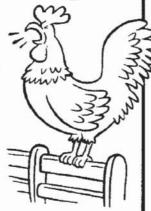
Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine

DIFFICULTY THIS WEEK: ◆

♦ Moderate ♦ ♦ Challenging ♦ ♦ ♦ HOO BOY!

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- 1. Why is a rooster sitting on a fence like a penny?
- 2. When is a pie like a poet?
- 3. Why is a goose like an icicle?
- 4. When is a man like a
- 5. What gets wetter and wetter the more it dries?



29 Moonshine

container

32 Commence

hostilities

33 Thick

35 Binge

36 Went by

38 Excited

water

39 Porcelain

44 Leave an

42 "I'll have what

43 Wooden strip

impression 45 "The Chew"

network

47 Rowing need

49 Weeding tool

46 Meadow

having'

both grow down. 4. When he is a little hoarse (horse). is on the other. 2. When it is Browning. 3. Because they Answers: 1. Because its head is on one side and its tail





Illustrated by David Coulson

ELECTROCARDIOGRAPHICALLY is the longest word we could find in our English Language Dictionary! We also found one word that can actually be made shorter by adding one syllable to it. Can you guess what this word is?

syllable to it.

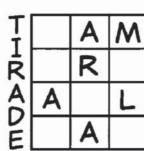
Answer: The word is SHORT. It becomes SHORTER when you add one

FIND THE SEVEN WORDS PUZZLE! In the word square at the right, we've removed six of the letters to spell out the word "TIRADE." See if you can replace these letters in the squares so that you'll have four three-letter words across and three four-letter words down. The time limit is 60 seconds.

Answers: (Across): Dam, era, ail, rat. (Down): Dear, aria, malt.



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CALLING DR. WHIRL!

In this type of puzzle you are given a word that must be changed into another word in a series of moves. During each move, you must change one letter in the previous word so as to form a new word. In our example, we changed PAIN to WELL in four moves. See if you can change the following five words in four moves.

- HAVE to LEND
- 2. PAID to FULL
- 3. PEAT to WARM
- 4. SALT to DOME
- CREW to TEAM

5. CREW, CRAM, CRAM, TRAM, TEAM. 4. SALT, SALE, DALE, DOLE, DOME. 3. РЕАТ, РЕВТ, РАВТ, WART, WARM. 2. PAID, PAIL, PALL, PULL, FULL 1. HAVE, LAVE, LANE, LAND, LEND.

The Kitchen Diva

by Angela Shelf Medearis Pair refreshments with holiday cookies

I love hosting parties, but I find the best parties are the ones where everyone brings a great story and their favorite recipe to share. A cookie Christmas party checks all those boxes, and it's an inexpensive way to entertain.

The first cookie exchange party started more than 70 years ago. It was usually a social event for women and extremely popular with women's clubs and church groups. Each person baked one or two dozen of their favorite cookies and exchanged one with each person in attendance. The party also is a wonderful way to collect the personal stories behind the cookies. Sharing stories also acts as an icebreaker and a way for guests to get to know each other.

- Set a beautiful table and arrange all the cookies as the guests arrive. You can place the plates of cookies at different heights using a few books covered by a tablecloth, or by using cake pedestals.
- If the cookies or candies have been frozen, label them "Previously Fro-

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zen." This will prevent the recipients from freezing the items again, which may alter the flavor and texture of the cookie.

- Arrange the furniture and the serving tables so that your guests can move easily around the room and the serving ta-
- Provide small cups, mugs, plates and napkins so that your guests can serve themselves.
- · Eating sweets induces thirst! Have selfserve pitchers of ice and sparkling water on hand, along with coffee, cider, hot chocolate, juices or sodas.

Here are two recipes one for a cool and refreshing Christmas Fizz, and another for a warm and flavorful Tres Leches Hot Chocolate with Coconut Milk. Both recipes go perfectly with cookies! Enjoy, and Merry Christmas!

Christmas Fizz

For the Simple Syrup: If your cranberry and/ or pomegranate juice is already sweetened, reduce the amount of sugar in the simple syrup to ½

cup unsweetened 100% cranberry juice

½ cup unsweetened 100% pomegranate juice

1 cup sugar

To Make Simple Syrup:

- 1. In a small pot, stir together fruit juices and sugar.
- 2. Set pot over medium-high heat and bring to a boil. Turn to low and simmer for 5 minutes, stirring until sugar completely dissolves.
- 3. Pour syrup in a jar and cool completely. Store in refrigerator until ready to use.

For each Christmas

1 oz simple syrup

3 - 4 oz seltzer

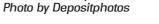
Squeeze of fresh lime iuice

Whole cranberries and slices of lime for garnish, optional

To make the Christmas

- 1. Pour 1 oz of cranberry-pomegranate simple syrup into a champagne flute or glass. Top with 3 - 4 oz of seltzer. Squeeze a wedge of lime into the glass.
- 2. For a garnish, use a toothpick to skewer a whole cranberry and half slice of lime, if desired.

To make a pitcher of the Christmas Fizz, mix 1 cup of cranberry-pomegranate simple syrup with



3 cups of seltzer water. Squeeze in the juice of one lime. Taste and add additional simple syrup, if desired. Chill before serving.

behind the recipes

Tres Leches Hot Chocolate with Coconut Milk

If you're expecting a crowd, double the recipe and place the hot chocolate in a slow cooker on low heat. To serve, ladle drink into mugs and top with whipped cream, chocolate shavings and toasted coconut, if de-

3 cups almond milk 1 (14-oz) can unsweet-

A cookie exchange party is a wonderful way to collect the personal stories

ened coconut milk 2/3 cup (14-oz) can

sweetened condensed milk

2 tbsp unsweetened cocoa powder

½ tsp vanilla Whipped cream

1/4 cup chocolate shavings (optional)

1/4 cup toasted, sweetened coconut flakes

1. In medium saucepan combine fat-free milk, coconut milk and

sweetened condensed milk. Bring to a simmer over medium-low heat. stirring occasionally. Whisk in cocoa powder until well-combined.

2. Remove from heat; stir in vanilla. Serve in mugs topped with whipped cream, and a sprinkle of chocolate shavings and toasted coconut. Makes 5 (1 cup) servings.

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accurately check tread depth. The snowflake symbol is the Winter

Safety Indicator (WSI). Once the snowflake has worn out, the

driver should purchase new tires to ensure winter driving safety

tread provide more sharp edges that improve grip on snow **Driving Safety and Winter Safety Indicators (DSI, WSI):**

How to make holiday wreaths the easy way

There are many different ways to decorate homes and businesses for the holidays. Tall evergreen trees are among the most visible symbols of the holiday season. However, wreaths hung on doors, windows or fences also are ubiquitous this time of year.

Wreaths adorn homes primarily during the holidays of Easter and Christmas. Wreaths have also been worn around the head or neck in ceremonial events around the globe for centuries. It is believed the first wreaths date back to ancient Greece and Rome. Members of the Greco-Roman society were known to hand-make ring-shaped items using fresh tree leaves, small fruits, flowers and twigs. Oftentimes these headdresses symbolized a person's social status. Others suggest wreaths evolved to become a Christian symbol of immortality.

Regardless of how wreaths are viewed, many people like to display wreaths for the holidays. Wreaths can be purchased premade, but making a wreath on your own can make the holidays even more fun.

One of the easiest ways to make a wreath is to design it around a circular floral foam form. Gather supplies to make the wreath. For traditional wreaths, supplies will include sprigs of evergreen (real or artificial), ribbon, floral wire, bows and artificial berries. Working around the foam form, arrange the boughs of evergreen, using the floral wire to wrap or pin into the foam itself. Keep the layers coming until you get the desired coverage. Embellish with a ribbon or place a bow.

The blog A Piece of Rainbow says that creating a wreath jig is an easy way to make a wreath. Cut

a dollar-store laundry basket bottom from the top ring to make a template, on which you can place wreath-making materials so they keep their circular form. Use floral wire or natural jute string to tie the materials together. Experiment with fresh evergreen, twigs, holly branches or whatever materials vou choose.

Thick card stock also can serve as the wreath template. Attach artificial flowers or leaves, spray snow, ornaments or other items to the card stock ring with a firm adhesive.

Many craft stores sell wreath forms made of natural vines that have been strung in a ring. These can be decorated in their entirety or left a little sparse to let the natural twine show through.

Wreaths may seem like complicated creations. But a little imagination and the right materials is all it takes to create a homemade wreath.

> Wreaths can be purchased premade, but making a wreath on your own can make the holidays even













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Learn the best ways to build a college fund

College is the next logical step for many newly minted high school graduates. The National Center for Education Statistics indicated that, in autumn 2019, roughly 19.9 million students were slated to attend colleges and universities in the United States.

Families need to begin thinking about how to pay for college as early as possible. According to the Wall Street Journal, the average college graduate's student loan debt is \$37,172. And the most recent data from the Federal Reserve Bank of New York indicate the overall student loan debt in America alone is roughly \$1.3 trillion. The average expense of sending a child to college has been rising at double the rate of inflation for more than a decade, offers CNBC.

A robust college savings account can help future students avoid considerable debt. The following are some ways to save for college.

• Open a tax-advantaged 529 college savings plan. The U.S. Securities and Exchange Commission says a 529 is a savings plan designed to encourage saving for future education costs. The person funding the account pays taxes on the money before it's contributed to the 529 plan. Funds can be used for education expenses. There are two types of 529 plans: prepaid tuition plans and education savings plans. The prepaid plans allow account holders to purchase units or credits at participating colleges and universities. With education savings plans, account holders open investment accounts to save for qualified future higher education expenses, including room and board.

• Invest in a Coverdell Education Savings Account. A Coverdell account is a tax-advantaged method to contribute up to \$2,000 per year to a child's account. Individuals need to be under a certain income level to

contribute. The funds will grow free of federal taxes.

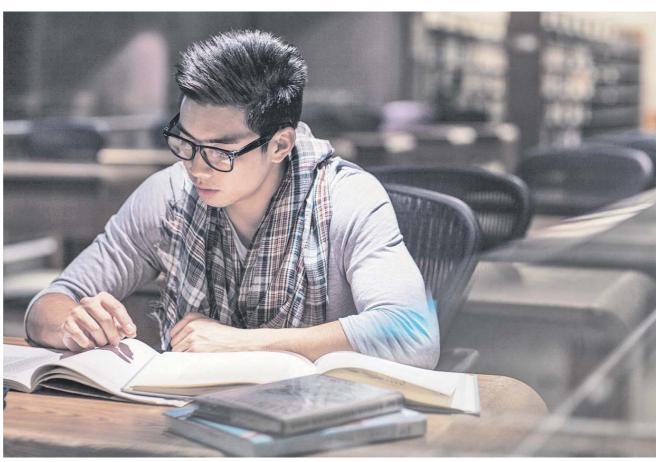
• Consider a Uniform Transfer/Gift to Minors account. This is a custodial account that holds and protects assets for beneficiaries, who are typically donors' children. The custodian controls the assets until the minor reaches legal age. The money will not grow tax-free, and it can be used for purposes other than school expenses. The account also may count against the student and parent when applying for financial aid, which is something to keep in mind.

• Open an IRA. IRAs are often associated strictly

with retirement savings. However, they also can be used for qualified college payments as long as the contributions have been made for at least five years, advises Nationwide Insurance.

• Use a standard savings account. Even though it may not grow as quickly as investment accounts, routinely saving money in a savings account can be another means to saving for college.

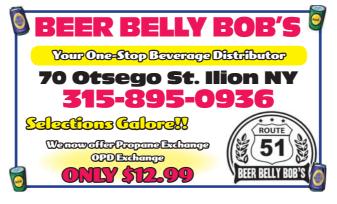
Starting early can give families ample time to save substantial amounts of money for youngsters' college educations.



Parents and guardians should start saving early to help finance children's college educations.

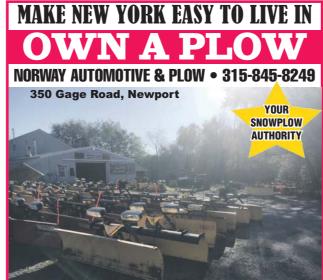














Who needs life insurance?

Life insurance is one of many components of estate planning. Statistics from the insurance industry groups Life Happens and LIMRA indicate that 70 percent of Americans consider life insurance a necessity. However, 41 percent of respondents in 2017 did not have any life insurance

Even though most people deem life insurance important, it is not necessary for everyone. Determining if you are a good candidate for life insurance involves doing a little research. These qualities often make life insurance a smart move.

You're married or in a committed relationship

If you are married or in a relationship in which your partner depends on you financially — even if just partially — it is smart to have a life insurance policy. This way your significant other does not have to rely entirely on

his or her income to pay off debts or maintain the quality of life you currently enjoy. Many households cannot function without two incomes. Life insurance can ensure financial burdens do not rest entirely on the shoulders of surviving loved ones.

You have children

If you have children who depend on you, life insurance is a must-have. If your spouse and children could not continue their standard of living on one income, then life insurance can fill in the gap or pay for future plans, such as college educations.

Even if you are a stay-at-home parent, your contribution to the household still holds weight. Should you pass away, your spouse will have to pay for tasks that you would normally perform, such as child care, cleaning services, cooking, and transportation.



Entrepreneurs benefit from life insurance since it can help pay off business debts, advises the online financial resource Nerd Wallet. When business owners pass away, their heirs might be able to use life insurance payouts to pay off estate taxes or fund a buy-sell agreement.

You want to leave an inheritance

If you do not have a vast accumulation of assets, investing in permanent life insurance can provide a small sum of money to heirs upon your death.

A life insurance policy is a wise investment for people whose survivors could benefit from some financial assistance in the wake of their deaths.





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Arctic blast wake-up call: Winterize your vehicle now

The recent record cold weather in a large part of the country should be a wake-up call to motorists who have not yet winterized their vehicles, warns the Car Care Council.

"Freezing cold temperatures can stress out a vehicle, as well as its driver," said Rich White, executive director, Car Care Council. "The recent record low temperatures are a harsh reminder to be car care aware. Motorists should invest a little time now to check their vehicles so they have one less worry when arctic temperatures strike again."

Very cold temperatures reduce a vehicle's battery power so it's important to keep the connections clean, tight and corrosion-free. Batteries don't always give warning signs before they fail completelv. so if the vehicle's battery is more than three years old, it's wise to replace it.

diligent changing the oil and filter at recommended intervals. Dirty oil can spell trouble in winter. Consider changing to "winter weight" oil if you live in a cold climate. Check the fuel air and transmission filters at the same time.

Have the brakes inspected and check the tire tread depth and tire pressure. If snow and ice are a problem in your area, consider special tires designed to grip slick roads. During winter, tire pressure should be checked weekly.

Winter magnifies existing problems such as pings, hard starts, sluggish performance or rough idling, so if you're due for a tune-up, have it done before the temperatures drop again. Also, clean, flush and put new antifreeze in the cooling system and have the exhaust system checked for

carbon monoxide leaks, which can be especially dangerous during cold weather driving when windows are closed.

For good visibility, make sure that exterior and interior lights work and headlights are properly aimed. Also check to see that heaters, defrosters, lights and wipers work properly. Consider winter wiper blades and use cold weather washer fluid. Wiper blades that are cracked or torn, or that chatter, streak and don't properly clean your windshield should be changed.

Keep the gas tank at least half full at all times to decrease the chances of moisture forming in the gas lines and possibly freezing. Lastly, stock an emergency kit with an ice scraper and snowbrush, jumper cables, flashlight, flares, blanket, extra clothes, candles/matches, bottled water, dry food snacks and needed medication.

The Car Care Council is the source of information for the "Be Car Care Aware" consumer education campaign promoting the benefits of regular vehicle care, maintenance and repair to consumers. For the latest car care news, visit the council's online media room at media.carcare.org. To order a free copy of the popular Car Care Guide, visit the council's consumer education website at www. carcare.org.

Source: Car Council

How much exercise does a person need?

Exercise is an essential component of a healthy lifestyle. Exercise helps people maintain healthy weights, improves mood, reduces the risk for various health ailments and much more. But how much exercise is necessary for optimal health? Research indicates that the answer to that question depends on the person and his or individual health goals.

According to David Bassett Jr., Ph.D., a professor of exercise physiology at the University of Tennessee in Knoxville, having a clear set of exercise goals can help a person determine just how much exercise they need, particularly if a person is exercising to control their weight or reduce their stress.

The U.S. Department of Health and Human Services recommends that most healthy adults get at least 150 minutes of moderate aerobic activity or 75 minutes of vigorous aerobic activity, or a combination thereof, every week. Try to engage in strength training for all major muscle groups at least two times per week. The Mayo Clinic says a general goal for most people is to aim for at least 30 minutes of moderate physical activity every day.

Health experts say that this exercise needn't all occur at once, either. If a 30-minute walk is not possible, split that up into a few 10-minute walks throughout the day. Any activity is better than doing nothing at all.

For those with specific fitness goals, it could be wise to speak with a trainer or a doctor about which types of exercises (and durations) are effective. Physicians may be able to map out a fitness plan that works.







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This design trend is coming back

Design trends come and go, but some have a funny way of resurfacing years after they first became popular. Homeowners who may have been considering renovating their home to remove a design element they believe to be passé might want to see if that feature has experienced a resurgence in popularity. In fact, one of the more derided home decor trends of yesteryear has slowly crept back into style, albeit in moderation.

Wood paneling is back and better than ever, advise many design professionals. It's the formerly ugly duckling that filled homes starting in the 1950s, creating drab dens and faux-wood family rooms.

Paneling had long been an element of choice because it is relatively easy to install and can camouflage problem walls in a home, like those covered in boisterous wallpaper prints.

Wood paneling reach the peak of its popularity in the 1970s, and since then homeowners have been tearing down these faux offenders for years or masking them

in paint to brighten up spaces. However, the experts at Apartment Therapy report that wood paneling in shades of brown are making a comeback in cozy spots such as dens or studies. The warm tones of wood paneling elicit a retro vibe. But unlike their fake predecessors, today's paneled walls are being outfitted in real wood, making them more eco-friendly and stylish than ever before.

Designers have flocked to reclaimed wood and veneer panelings to incorporate them into design elements. And while wood paneling used to be hung vertically, designers now experiment with horizontal-hanging paneling.

Many people no longer use paneling to cover an entire space. Paneling is used sparingly as an accent wall or another feature for character. Wood walls can be stained in a rich mahogany to look upscale or be weathered and rustic.

Homeowners ready to re-embrace wood paneling can choose to enhance one wall in a room. Think about the

space above a fireplace or a strip of wall behind a sitting chair and side table. Paneling also can serve as a headboard behind a bed in a master suite. Painted horizontally, paneling can add dimension and texture to walls, even in a bathroom.

Wood paneling is slowly making a comeback, proving that no design trend every truly goes away.











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Winter begins on Dec. 21 and extends to March 19, 2020 in the Northern Hemisphere. Those three months can be both beautiful to behold and difficult to endure.

Winter has its share of safety hazards, and extra effort may be required to protect one's health and well-being when the chill creeps in. In recognition of that, the National Safety Council and the Centers for Disease Control and Prevention offer these winter safety tips.

- 1. Winterize your home to keep interior temperatures comfortable and prevent weather-related damage. Winterizing includes insulating water lines that run along exterior walls, cleaning out gutters, installing weather stripping and replenishing insulation.
- 2. Exercise in cold temperatures can put many people at risk of heart attack - especially those who are typically inactive. If you must exercise in cold weather, remember to stretch beforehand. Take breaks when shoveling or ask for help.
- 3. Check carbon monoxide alarms to see if they are working properly. Every year in the U.S., more than 400 people die from and 50,000 are treated for carbon monoxide poisoning. Exhaust from improperly vented heating appliances can contribute to carbon monoxide sickness.
- 4. Prepare a winter emergency kit and keep it in your car in case you are stranded in inclement weather. The kit can include food, water, blankets, first aid supplies,



Ten tips for winter safety

flares and booster cables, among other items.

- 5. Wear appropriate clothing for the temperature and precipitation. Layers can be added or removed as need-
- 6. Sprinkle sand or cat litter on icy patches of walkways to improve traction. Sand or cat litter is easier on the environment than some chemical ice melt products.
- 7. Consider a whole-house generator as an emergency backup if the power goes out in winter. Generators can keep the heat running and the refrigerator humming along until power is restored.
- 8. Exercise caution with space heaters and other supplemental heating devices. Turn them off when you leave the room, and do not leave them on overnight

while you are sleeping.

- 9. Slow down when driving in the snow. Black ice patches can be difficult to see, and snow itself can reduce tire traction. Leave extra time to get where you need to be.
- 10. Consider switching from gloves to mittens. With fingers touching each other inside mittens, they help generate more body heat than when they're inside

These are just a few safety tips to heed during winter.



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Mon. Dec. 9th - Sold 258 head Cull ave. \$.41 top cow \$.55, Beef Breed Cull Ave. \$.40 top cow \$.49, Organic cull dairy ave. \$.70 top cow \$.88, Grassfed Organic Cull Ave. \$.77 - \$.78, Bulls/Steers \$. 52 - \$.62, Organic Bulls/Steers None, heifer calves top \$.20, bull calves top \$.75 top beef calf \$1.12, Dairy feeders \$.40 - \$.70, Feeder heifers \$.40 - \$1.10, Feeder bulls \$.40 - \$.55, Feeder Steers \$.30 - \$.70.

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Whatchamacallits



This week's whatchamacallit is the first in a series of unique antique wrenches. This week we have the Bullard Automatic No. 2 wrench, manufactured in Providence, RI. The patent (#742,389) for this wrench was issued to Frank D. Bullard of a universal wrench that could Los Angeles, CA, in 1903. I am be used equally well on pipes

assuming he was a family member and he held several different patents for pipe wrenches and improvements in wrenches.

The Bullard company was known for making self-adjusting wrenches. The No. 2 was billed of all sizes, fittings or nuts. It was also advertised as the only wrench that imitated the natural grip of the hand.

An ad from 1906 claims the wrench has a rigid, unbreakable and "unslippable" grasp on the nut or pipe and the point of great strength in the Bullard



is the angle of the upper jaw. The ad appeared in Domestic Engineering and the Journal of Mechanical Contracting, Volume 37.

By 1909 the company had failed and their property and equipment was sold at auction to satisfy creditors.

Country Editor

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Announcements

Announcements

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Announcements

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Announcements

NOVENA TO THE HOLY SPIRIT: Holy Spirit, you who solve all problems, who light all roads so I can obtain my goals, you who give me the Divine gift to forgive and forget all evil against me and in all instances of my life you are with me. I want, in this short prayer, to thank you for all things and to confirm once again that I never want to be separated from you even in and in spite of all material illusions. I wish to be with you in eternal glory. Thank you for your mercy toward me and mine. Amen. The person must say this prayer for 3 consecutive days. After 3 days the favor requested will be granted, even if it seems difficult. This prayer must be published immediately after the favor is granted without mentioning the favor. M.T.

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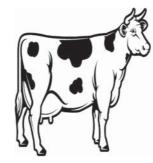
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21 words - \$4.70	22 words - \$4.80	23 words - \$4.90	24th word - \$5.00	25 words - \$5.10			
26 words - \$5.20	27 words - \$5.30	28 words - \$5.40	29th word - \$5.50	30 words - \$5.60			
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Prevent growth of mold/mildew in colder months

Mold and mildew are not only unsightly, but unhealthy. These fungi grow readily in damp areas and are found in the air breathed both indoors and outside. If left unaddressed, mold and mildew can threaten the health of a home's inhabitants.

Mildew is a type of mold that remains relatively flush with the surface it grows on. Other molds can grow puffy in appearance. Molds serve the purpose of destroying organic materials, but in high amounts, these microorganisms can respiratory problems, sinus congestion, throat irritation, headaches and other issues, particularly when mold grows unchecked indoors, says Better Homes and Gardens As a result, it is essential to address mold before it becomes problematic.

According to Polygon, a drying technology and temporary climate solutions company, the wet season in winter is when molds often grow and expand. Mold can break down the integrity and strength of the surfaces where it grows.

Homeowners can employ the following strategies to prevent

- Keep all surfaces clean, using proper cleaning products. Diluted bleach solutions are highly effective at killing microscopic fungi, viruses and bacteria.
- Reduce moisture and humidity by ensuring sufficient air circulation in rooms, particularly bathrooms and kitchens. An exhaust fan will help remove moisture quickly.
- Fabrics covered in mildew that can be laundered should carefully removed and washed in chlorine bleach and hot water. An oxygen bleach

product also can be effective.

- Invest in a dehumidifier that can reduce moisture in the home in problem areas, such as damp basements or garages.
- Fix plumbing leaks as soon as possible.
- Remove damp leaves and snow from areas around the foundation of the home. Ensure that gutters and downspouts are clear of debris and can shuttle water away from the house effectively.
- · Replace cracked or defective mortar in basements.
- · Make sure all seals on windows and doors are not com-

promised and are in good working condition.

- Be sure an HVAC in-line humidifier is adjusted to the right setting and isn't pumping too much moisture into the heated air; otherwise, the added humidity can contribute to
- If there is a flood or water infiltrates a home in other ways, hire a professional service to help clean and dry the home effectively.

Mold and mildew are problematic, but with diligence they can be kept at bay.

Moments in Time The History Channel

- On Dec. 16, 1773, in Boston Harbor, a group of Massachusetts colonists disguised as Mohawk Indians board three British tea ships and dump 342 chests of tea into the harbor. The raid was in protest of the British Parliament's Tea Act of 1773, which granted the East India Company a virtual monopoly on the American tea trade.
- On Dec. 19, 1843, Charles Dickens' classic

story "A Christmas Carol" is published. Dickens was sent to work in a factory at age 12 when his father was thrown into debtors'

- On Dec. 22, 1864, Union Gen. William Sherman presents the city of Savannah, GA, to President Abraham Lincoln. Sherman captured the key Confederate port after his famous March to the Sea from Atlanta.
 - On Dec. 18, 1878,

John Kehoe, the last of the Molly Maguires, is executed in Pennsylvania. The Irish secret society, which had allegedly been responsible for incidences of vigilante justice in the coalfields of eastern Pennsylvania, defended their actions as attempts protect exploited Irish-American workers.

• On Dec. 21, 1945, Gen. George Patton, commander of the U.S. 3rd Army during World War II, dies from injuries suffered not in battle, but from a freak car accident less than two weeks earlier. He was 60.

- On Dec. 20, 1963, more than two years after the Berlin Wall was constructed by East Germany to prevent its citizens from fleeing its communist regime, nearly 4,000 West Berliners are given one-day passes to cross into East Berlin to visit relatives.
- On Dec. 17, 1979, Hollywood stuntman Barrett Stan blasts across a dry lakebed at California's Edwards Air Force Base in a rocketand missile-powered car, becoming the first person to travel faster than the speed of sound on land. He reached an estimated top speed of 739 mph.

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Wrapping gifts is a very old tradition

The holiday season is rife with tradition. One of the most recognizable traditions involves wrapping gifts. While the wrapping paper many gift givers use today is a relatively recent phenomenon, the tradition of wrapping gifts is centuries old, with some historians even suggesting it dates back to ancient times. The Children's Museum of Indianapolis® notes that many ancient cultures celebrated various holidays that included exchanging gifts, adding that it's very likely that, even in ancient times, gifts were wrapped to surprise their eventual recipients.

Bojagi is a traditional Korean wrapping cloth that might have begun being used some time during the Three Kingdoms of Korea period, which began in 57 BC and ended in AD 668. The Japanese tradition of furoshiki, which can be traced back to the 17th century and possibly as far back as AD 710, involves using a traditional wrapping cloth to transport certain items, including gifts. As for the gift wrap familiar to today's holiday celebrants, that traces its origins to the early

The Children's Museum of Indianapolis® notes that Eli Hyman and Morris Silverman founded the first gift wrap company in the United States in 1903. Unfortunately for gift givers back then, adhesive tape had not yet been invented in 1903, and wouldn't be for another 27 years.

Answer

1	8	6	4	7	2	5	9	3
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Weekly SUDOKU — King Crossword — Answers

Solution time: 27 mins.

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Just Like Cats & Dogs

by Dave T. Phipps

THIS REMOTE IS JUST IGNORING



This Week's Holidays Dec. 21 – Crossword

Puzzle Day Dec. 22 – Winter Solstice Dec. 23 – Festivus Dec. 24 - National Egg Nog Day Dec. 25 - National Pumpkin Pie Day Dec. 27 - Make Cut Out Snowflake Days

Advertising Consultant

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Get the facts about the cold and flu

The common cold and influenza are two contagious viruses that many people may be all too aware of. Although colds and flu can be contracted any time of the year, winter tends to be a prime time for cold and flu outbreaks, as more time spent indoors in close proximity to others provides an easy way for viruses to pass from one person to another.

Despite how common these illnesses can be, there seems to be no shortage of misinformation concerning prevention and treatment of the viruses. Those who think they know all about a cold or the flu can still benefit from a refresher course, which may even debunk some prevailing myths about both ailments.

Cold

Colds are relatively minor infections of the throat and nose that are caused by more than 200 different viruses. Rhinovirus is the most common cause, which accounts for between 10 and 40 percent of infections, advises the American Lung Association. Adults get an average of two to four colds per year, while children suffer six to eight colds annually. In fact, in the United States, colds account for more visits to the doctor than any other condition, says the ALA.

The Cleveland Clinic states colds are contracted from inhalation of microscopic particles in the air or from contact with contaminated surfaces. Symptoms can include runny nose, sneezing and nasal con-

gestion, often with sore throat, mild cough, mild aches/ fatigue, and fever in youngsters.

The flu is a contagious respiratory illness that is caused by the influenza virus. It infects the throat, nose and sometimes the lungs, advises the Centers for Disease Control and Prevention. Like colds, the flu also can be spread through tiny droplets made when individuals infected cough, sneeze or talk, or by touching infected surfaces.

One common misconception about the flu is that it can be contract-

ed from the flu vaccine. This is not true. Harvard Medical School says the flu shot is made from an inactivated virus that can't transmit infection. People who get sick after receiving a flu vaccination were going to get sick anyway, as it takes a week or two to get protection from the vaccine. Many people assume that because they became sick after getting the vaccine, the flu shot caused their illness.

Even though the flu and colds share some symptoms, such as runny nose, sneezing, hoarseness, and cough, the flu is not just a bad cold. While very few people have landed in the hospital with a cold, the flu can be so severe as to require hospitalization.

Steering clear of people who are sick, frequently washing hands, sterilizing common surfaces, and getting the flu shot are ways to prevent illness. Antibiotics are not effective against the cold and flu, and antiviral medication can lessen the effects and shorten the duration of flu but may not be able to prevent it.

The ALA notes that herbal and mineral products have received a lot of publicity as cold and flu remedies, but insists that such claims are not solidly supported by science. If symptoms do not abate, see a doctor.





315-570-1985









Gideon Fisher 518-673-5458 John Fisher 518-669-5754 280 Buel Road, Canajoharie, NY 13317











How to protect wood floors from inclement weather

Wood floors are a worthwhile investment that can improve the beauty and function of just about any room in a home. Even though wood floors are durable, and new protective treatments help seal out many of the things that may have damaged floors in the past, homeowners still need to prioritize protecting their hard-

wood floors

Certain seasons of the year can be more harsh on wood floors than others. For example, seasons characterized by moisture and precipitation, particularly the early spring, winter and autumn, can be hard on wood floors. The experts at Service-Master Clean say that cold, snowy days can damage wood floors, and Lumber Liquidators agrees that winter weather can be harsh on flooring.

Homeowners need not give up on hardwood if they live in an area that sees all four seasons. They just need to take a few steps to keep floors looking beautiful.

- Clean up the salt. Salt that keeps sidewalks and streets clear of snow and ice inadvertently gets tracked inside a home. Hard chunks of salt can scratch wood floors, and, if left to sit, that salt can eventually cause white marks and other stains. Routinely vacuuming and sweeping up salt is necessary to protect wood floors.
- Invest in shoe storage. Wet or snowy boots can create puddles around the house. Have a special mat or tray by the front door where wet shoes can be kept. A nice bench in the entryway makes it easy for residents and guests to remove their shoes until it's time to go back outside.
- Use water-wicking mats. Homeowners will probably need a few extra mats around to tame errant drips and wipe shoes. Any entrance that might be used

by people or pets should be protected. Try to avoid petroleum-based, rubber-backed mats, as they could discolor the wood floor

- Control humidity indoors. Cold, dry air in a home can be problematic because the moisture in the wood can eventually evaporate into the air. The heat will suck that moisture from the flooring, causing it to shrink, creak and splinter and become more brittle. Think about investing in an in-line humidifier for the home's HVAC system that can keep a moderate amount of humidity in the home. Hardwood floorboards are installed to accommodate minor temperature and humidity fluctuations. This is typically a range of between 60 80° F with a relative humidity range of 35 55%, advises ServiceMaster.
- Use the right cleaning products. Avoid excessive water to clean wood floors, and select soaps that are specially designed for wood flooring. Consult with the flooring manufacturer for a list of detergents that are safe to use.

With proper care, hardwood flooring can survive rain, snow and cold weather.









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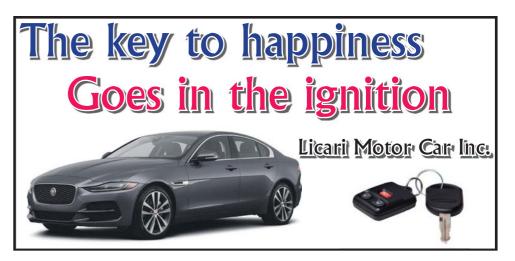
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