

# THE Original Valley Pennysaver

Volume 7  
Number 5

Serving the Homes of the Mohawk Valley  
Delivered Weekly by the U.S. Postal Service

August 13, 2016



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On a hot, humid summer day, nothing is quite as refreshing as sipping on an icy cold fruit drink.

- 3 cups (6 medium size) peeled and chopped fresh peaches
- 1/4 cup lime juice
- 2 teaspoons rum extract

- 1 tablespoon Splenda Granular
- 2-1/2 cups cold Diet Mountain Dew

Place peaches and lime juice in a blender container. Cover and process on blend for 10 to 15 seconds or until peaches are mushy. Add rum extract, Splenda and Diet Mountain Dew. Re-cover and process on high until smooth. Evenly pour into six daiquiri glasses. Serve at once.

\* Each serving equals: 40 calories, 0g fat, 1g protein, 9g carb., 9mg sodium, 6mg calcium, 1g fiber; Diabetic Exchanges: 1 Fruit; Carb Choices: 1/2.

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**SPECIAL ANTIQUE AUCTION TUESDAY AUGUST 23RD.** We are looking for Special Antiques, Primitives, Collectibles, and more!! Will be selling with 2 Auctioneers again. Bring your best for this Auction!! Already consigned is a large selection of micrometers and other antique tools!! JR'S Auction 518-993-4668 check auctioning.com for pictures and listing!! Call if you have items you want sold, will also pick up your items!!

20x30 TENT with four sides for rent. Canajoharie Volunteer Fire Department 518-673-3812

MAZDA 3 2013, Gray, 4 door automatic, with 61,000 miles, excellent condition, \$9,500. 518-673-8057

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MENU CHOICES: (All orders served w/ per person)  
• 4 oz. Burger w/Chips  
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• Cold Cut Salad or Sandwich w/Chips

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**Fridays: August 12 & August 26**

4 Person Scramble



Entry fee is \$38 per person  
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Please call Pro Shop to sign up: 518-673-8183

**GLOW PARTY** Live DJ, starts 7pm-? Clubhouse

154 Golf Club Road, Canajoharie, NY 13317  
Exit 29 off Thruway, Take Rte 10 North to Rte 163 (Only 7 Min.)  
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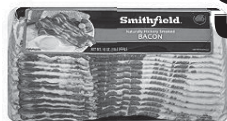
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## CANAJOHARIE CENTRAL SCHOOL NOTICE TO PARENTS OF PRE-KINDERGARTEN REGISTRATION

Opening are still available for Pre-Kindergarten. Parents interested in obtaining a packet should stop by the East Hill Office during the hours of 7:30am-3:30pm

For a child to enter Pre-Kindergarten in September of 2016, he or she must be a district resident, and at least four years of age on or before December 1, 2016. Parents must bring the child's birth certificate, an immunization record signed by a doctor, and proof of residency.

If you have any questions or concerns, please contact Mrs. Sherri Hodge at the East Hill Elementary School at 673-6310



**Original Valley  
Pennysaver**  
The Little Paper with BIG Results

*Serving the Homes of the Mohawk Valley*

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## TOWN OF EPHRATAH

**The Ephratah Town Board  
will hold an information  
meeting and review of the  
zoning draft on**

**MONDAY, AUGUST 15**

**Starting at 6pm  
at the Town Hall  
3782 State Hwy 10**

**THE PUBLIC IS  
INVITED TO ATTEND**

## TOWN OF EPHRATAH ZONING WORKSHOP?

On Aug. 15th there will be a zoning workshop, however no time was given. It is imperative that you contact your Councilman immediately. This is an all out invasion on your rural quality of life since 1838. The LAW is 99 pages of rules and regulations that you must obey. The most alarming is the approximately 1000 acres are to be zoned (Commercial). Realize, Newark International Airport is only 2000 acres, so what is the real plan? Contact your Councilman immediately.

On July 8th, The Leader Herald quoted Mr. Jim Mraz of the Industrial Development Agency as saying "With commercial business wanting to start business in Ephratah". On July 12th a town board meeting was held and not a word on who these businesses were? It seems the fix is in so why have a vote. During the July 12th meeting the only Councilman who spoke up was George Kossleman who stated people were only permitted to make statements, not ask questions. We were told according to "Robert Rules" no questions were to be answered. Not true. The law is clear Roberts rules is not to be used "Carte Blanche" in avoiding questions. Our town attorney Mr. Albanese stated "Zoning" was the only way to protect us from unwanted urban sprawl. Mr. Albanese this isn't protection, this is an all out invasion of industrial development and max capacity housing.

Folks, you must attend once you find out the time! You will know your being had when you hear: "It's a win/win situation", NO it's good for the government and corporations. Never a tax benefit for the taxpayer. Next, "We're here to help". Hold on to your wallet. You watch T.V., all you see is advertisements for Tax Free NY for start up business, not us, we pick up the difference, and the best one of all..... "It's FREE Money". Folks, only birds fly free the rest of us pick up the tab.

**If you like Ephratah and your quality of life,  
speak out loud and clear.**

**The most important, don't forget to vote in Nov.**

Best  
Neil Cronin

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GARAGE SALE: Aug 19+ 20th, 9-4, 82 Reed St., Canjo. A little bit of everything.

MULTI-FAMILY Saturday, August 13' 8am-4pm, 4858 Fordsbush Road, Fort Plain. STIHL Chainsaw, Tools, Christmas Decorations, Furniture, Sports Collectibles, A/C, Garden Supplies, Homegoods, Childrens Items, Bikes.

## Country Preacher

by Pastor Dan West

I like pithy quotes that say a lot in a few words. One that was brought to my mind re-

cently says "When comparison goes out, satisfaction comes in." How true this is with children who are satisfied

FOR RENT: Dump trailer, skid steers, track loaders, mini excavator. For more call Randall Implements. Rt. 5's. 518-853-4500.

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DRESSERS; bookcase headboards, single/queen; bikes: 2 adults, 4 childrens, 1-old fashion; small microwave; fish tanks; computer desks; solid walnut office desk, nice, \$50; picnic table with benches, \$60; electric yard fountain, \$50; Craftsman lawnmower, \$50; white lpc. toilet, \$35, 2 car seats; 2 strollers & more. 315-894-1335

WANTED - CASH PAID For old jewelry, old buttons, books. Dolls toys, even if broken, 1970s older. 1960s & older: Clothing. Old frames, Christmas, Halloween items. Interested in almost anything old. Shirley 315-894-9032

LAWN SALE: 6 School St. Nelliston, August 12th & 13th.

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with what they have until they see what somebody else has.

Even the Apostle Paul addressed this issue. In II Corinthians 10:12 he says "... they, measuring themselves by themselves, and comparing themselves among

themselves, are not wise."

God has given us all different talents, abilities and standings in life — no two are the same, so how can they be compared? He writes to the Corinthians in I Corinthians 12:17 "If

the whole body were an eye, where would the hearing be? If the whole were hearing, where would the smelling be?

Next time you are tempted to compare yourself with someone else, thank God for who you are.



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Mohawk Valley Music Fest  
SAT. SEPT. 3RD



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GRANDSTAND & ARENA EVENTS

Tuesday, August 30th

7:00pm - Painted Pony Professional Rodeo

7:00pm - Demolition Derby

Wednesday, August 31st

10:00am - Out of Field Tractor Pull

7:00pm - NYTPA Modified Tractor Pull

Thursday, September 1st

8:00am - 4-H Horse Show

6:00pm - NBHA Barrel Meet

7:00pm - Demolition Derby

Friday, September 2nd

1:00pm & 7:00pm - 4-Wheel Drive Outlaw Gas Truck Pull

Saturday, September 3rd

4:30pm - Mohawk Valley Music Fest

featuring PARMALEE, Chris Lane & Skeeter Creek

9:30pm - Fireworks

Sunday, September 4th

11:00am - Convoy For A Cause

6:00pm - Semi & 4-Wheel Diesel Truck

Monday, September 5th

9:00am - Open Draft Horse Show

6:00pm - Demolition Derby

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**September 17, 2016**  
**9:00am - 3:00pm**  
**VILLAGE OF AMES MUSEUM**

*Come celebrate the end of summer!*

Crafters	Museum Tours
Woodworkers	Ceramics
Antiques	Baked Foods
Revolutionary War Memorabilia	

All spots for vendors are FREE  
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**5K Run • 9:00AM**

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August 16, 2016

Hello Again,

The sun is shining bright this morning but I had to pull over the red Spyder to put on a jacket. Fall is on its way.

My old Irish heart has not stopped singing since last Monday. While riding the red Spyder, I drove up behind an Amish horse and buggy. When the road traffic was safe I passed — careful not to spook the horse — and waved hello. Looking into the mirror, a grandfather Amish with his grand white beard was

waving with both hands.

I just know that when his Heavenly Father eventually calls him home he will be presented with a beautiful cottage surrounded by friendly trees with songbirds. In my mind's eye, I can picture a white picket fence and grandpa out working in his garden of flowers and vegetables. The buggy will be standing by a barn and the horse will be watching from a green pasture. God bless you, Grandpa. Keep on waving.

While I truly believe we, the voting citizens of

"The greatest Country on the Earth," should study, think and be prepared to vote during the presidential election, we should also pray and hope. Pray to God with thanks that this is not a socialist country and will not become one, and hope that both candidates would behave and talk in a truthful, non-bragging presidential manner.

Until the next Hello Again — stay happy. Say hi with a smile to your neighbor and realize this beautiful world did not just happen, it was created by God.

Some modern cars need to have their batteries charged at an electric station and we can have our hearts and minds charged by attending church on Sunday.

One of the mainstay half dozen men of our breakfast group, Milt, was in a very serious accident. Milt hurry up and heal fast. You're missed. Our prayers are for you.

Wave when you see the red bike putt by.

Fred Lee & Family





12 FOOT FOLD-A-BOAT older model. Folds to 6 inches flat. Great for RV or travel trailer. \$450 negotiable.

APARTMENT FOR RENT: (2) bedrooms, (1) full bath. In Canajoharie, NY. 518-673-4411

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North Creek Auto Is a Dealer for Blizzard All Aluminum Trailers! Enclosed, Snowmobile, Car Haulers, Utility & Dump Trailers. 315-866-3698

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SCENTS AND LURES ARE IN! Antler Ice, Tinks, Buck Bomb, Top Secret, Code Red, Code Blue, and MORE! The Sportsman's Den, 36 Canal St, Fort Plain, NY 518-993-1010.

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**ADVERTISERS:** Get the best responses from your advertisements by including the age, condition, price and best calling hours. Also, we always recommend insertion for at least 2 issues for maximum benefits. DEADLINE for placing ads is THURSDAY 5pm prior to edition date. Call Peg 518-673-0111

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ENROLLEMENT!  
Starts September**

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- Financial Aid is available to qualified applicants**

At Herkimer BOCES we have a long tradition of training practical nurses. Our graduates come from diverse backgrounds and ages. Some come with no health care experience and are in need of training. Others are building upon existing nursing skills. One thing all our students hold in common, is a desire to continue their education and provide a brighter future for themselves and their families.

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**New Location**

**Looking for a fun summer activity?**  
*Attention Young Ladies Ages 5-24  
who reside in Fulton or Montgomery Counties*  
Enter for a chance to be crowned royalty:  
**Miss Fonda Fair - Junior Miss - Princess - Junior Princess**

---

*To Prepare for this Event:*

Spend some time thinking about your future goals and the woman you want to become.  
Plan a speech about yourself and tell your community how you want to help them.  
Think about your manners and about looking and being your best.  
Come enjoy new experiences and make some new friends while being proud of you!

**Miss Fonda Fair Pageant**  
Application Deadline: Wednesday August 17<sup>th</sup>  
*\*Enter Early to Win the Award for First Application Received\**

<b>Interview and Rehearsal Day</b> <b>Saturday, August 27</b>	<p>Contestants check in at Kane Entertainment Building</p> <p>Princess - 9:00 AM • Junior Princess - 10:00 AM</p> <p>Junior Miss - 12:30 PM • Miss - 2 PM</p> <p>On Stage Rehearsal - Princess Pageant 10:30 • Miss Pageant 3:00</p> <p><small>Contestants will practice on stage walking patterns and become acquainted with the microphone</small></p>
--	--

<b>Pageant Day</b> <b>Tuesday, August 30</b> Kane Entertainment Building	<p>Princess Fonda Fair Pageant 5:30</p> <p>Miss Fonda Fair Pageant 7:00</p> <p><small>Contestants check in 30 minutes prior to pageant</small></p>
--	--

**\*Nominate Your Mom for the Mother of the Year Award\***  
Contestants have the option to write an essay explaining why their mom is mother of the year!

For info and application: [WWW.FONDAFAIR.COM](http://WWW.FONDAFAIR.COM)

Join us for the Baby Contests: Kane Entertainment Building - 11 am  
Thursday: 1<sup>st</sup> Birth- 1 year ~ Friday: 2<sup>nd</sup> 1 and 2 years ~ Saturday: 3<sup>rd</sup> 3 and 4 years

2012 HYUNDAI SONATA, Silver, 33K, 4cyl, Auto, CD, Alloys, Great on gas. Sale: \$14,495. **John C. Miller Inc. 518-762-7124.**  
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2001 MAZDA Millenia S, V6, runs good, body good, needs some mechanical work, asking \$500. 518-332-4337

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KOVAL's Major Appliance Repair has over 30 years experience and is affordable.  
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2000 HONDA CIVIC- 64,000 miles, w/ auto; 4cyl; AC/AM/FM/CD; Fair condition - as is. \$2,300. 518-993-3218  
Leave message.

BREEDER AUCTIONS - every 2nd & 4th Sunday of the month at 11:33 am. Kings Auctions, 689 Burrows Rd., West Winfield (315)822-5221

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2010 JEEP LIBERTY LMTD. 4x4, Brown, 67k, V-6, Auto, Leather, Alloys. \$16,495. **John C. Miller Inc. 518-762-7124.**  
[www.johncmiller.com](http://www.johncmiller.com)

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ANTIQUE SHOP now open, Black Bear Antiques 7403 St Hwy 5 St Johnsville NY we have Antiques and Collectibles on display for sale, we are open Tuesdays, and Fridays 10:00am to 5:00pm and Saturdays 10:00am to 2:00pm this is in the front room at JR'S Auction, 518-993-4668. We also buy outright if you have items you want to sell!!

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**HOT FUN IN THE SUMMER TIME** and at **Rag Time.** 39 Main Street, Fort Plain, Thursday - Saturday, 11ish-5. Antiques, collectables, this and that stuff for sale. 50% off to.

SPRING Fishing bait is in..leeches, crayfish, fatheads, shiners, crawlers, and more! Live Bait, Rods, Reels, Tackle, Nets, etc. The Sportsman's Den, 36 Canal St, Ft Plain, 518-993-1010. LIVE BAIT, TACKLE, ARCHERY, AMMUNITION, PET, SPORTS, etc.

**HAVING A PARTY?** Did you know the Canajoharie Volunteer Fire Department rents the kitchen and banquet room. For your convenience we now have an elevator. 518-673-3812

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KOVAL'S APPLIANCE repair is affordable and fast. Call anytime (315) 867-9333.



# Historic wedding re-enactment from Drums Along the Mohawk held in Palatine

by Elizabeth A. Tomlin

A re-creation of the marriage between Gil Martin and Lana Borst took place at the 1770 Palatine Church with re-enactors and many visitors attending the historical event.

The ceremony, taken from Walter Edmonds' 1936 classic American Revolutionary War novel

'Drums Along the Mohawk', was brought to life by a group of re-enactors, including Ness Stark and Dave DeFazio as the bride and groom and Jeff Tew as Rev. Daniel Gros. "You are the marrow in my bones and the blood in my veins," the couple recited to one another during the ceremony.

Following the ceremony, the wedding party formed a receiving line greeting visitors before the newly wedded couple were transported by carriage and horses — pro-

Palatine 11



Re-enactors as relatives and friends of the happy couple greeted them at Fort Klock.



Carle Kopecky and Marilee Urbanczyk performed period music with 'Ron Burch and Friends' at the wedding reception at the historic 1747 Nellis Tavern.



The couple cut the wedding cake, created by Leshe Dolan from a historic recipe.  
Photos by Elizabeth A. Tomlin

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HarborpointEnergyProducts.com



## Alzheimer's workshop at Canajoharie Library encourages participants to "Know the Signs"

by **Elizabeth A. Tomlin**

"Early detection matters!" emphasized Meagan DeMento, Alzheimer's Association Program Manager for Fulton, Montgomery and Schoharie Counties.

DeMento was speaking to a group assembled at the Canajoharie Library for the workshop aimed at identifying early detection of the disease.

DeMento said she always begins the work-

shop by asking attendees to close their eyes and imagine they are on a train, not knowing where they are going or who the other passengers are. When you imagine that you are try-

ing to question the other passengers, you discover they speak a different language. When you become frightened and try to get off of the train you are restrained and forced to stay on, even forced to



Canajoharie Library Director Hanna Ahrens and Meagan DeMento, Alzheimer's Association Program Manager for Fulton, Montgomery and Schoharie Counties, worked together to present an Early Detection of Alzheimer's workshop at the Canajoharie Library.

Photo by Elizabeth A. Tomlin

# Huge 4 Day Event

## Antique Show, Flea Market, Yard Sales and Antique Consignment Auctions!!

### SEPTEMBER 7<sup>th</sup> thru 10<sup>th</sup>

### Wednesday thru Saturday

Show to be held 44 Bridge Street, St. Johnsville, NY  
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**Wednesday 10:00am - 6:00pm Show/Flea Market/Yard Sale**

**Wednesday Night; 6:00 pm Antique Consignment Auction Under Huge Tent**

**Thursday Show All Day; 10am - 6pm**

**Friday Show All Day; 10am - 6pm and at 3:00pm Small Animals, Tack, Horse, and Small Animal Related Items Auction, and at 6:00pm Horses, Riding Horses, and Ponies Auction!!**  
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**Antique Show and Flea Market opens Wednesday September 7<sup>th</sup> at 10:00am.**

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eat, although you do not recognize the food and are afraid to eat it. This is what she said it is like to have Alzheimer's disease.

The frustration of both the patient and the caregiver is immense. "What they're going through may be worse than what the caregiver is going through," acknowledged DeMento.

Several testimonies were shown in a power point presentation, where highly educated professionals that have been struck with the disease, talked about their symptoms and how it has affected their lives.

Fifty percent of people living with Alzheimer's are undiagnosed," DeMento reported.

Six out of 10 will wander. Many will get lost while driving. Most will not dress properly for the weather; wearing sleeveless shirts or shorts in the winter. Personal hygiene will change dramatically.

"Age is the biggest risk factor," DeMento said. "The incidence is higher in women."

The condition may be linked to hormonal change.

Symptoms include loss of short term memory and repeatedly asking the same question, chal-



**Canajoharie** from 10

lenges in solving problems, keeping track of paying bills and making plans, difficulty in completing familiar tasks like cooking, confusion in time and place, trouble with understanding visual images, problems with words and speaking, misplacing things and losing the ability to retrace steps, decreased or poor judgment in making decisions, withdrawal from normal social activities, and

changes in mood and personality.

These signs should not be ignored. Talk to the person about what you see in their behavior, while remembering to keep their dignity foremost in your mind. Get them to visit a doctor and report what you are seeing. Get treatment. Early intervention is best! Symptoms may be from another cause, which can only be determined through testing.

"Look at the brain as a factory," advises DeMento. "If one function breaks down, it affects the whole process."

Remember that a diagnosis takes time, so be patient while waiting for results. "It's a real struggle for caregivers. I encourage all caregivers to contact me!" Contact DeMento at 518-867-4997. A 24/7 Help-line is available at 1-800-272-3900.

**Palatine** from 9

vided by Dan Patterson — to their reception party.

A stop was made at Fort Klock to visit relatives and friends before proceeding on to the historic 1747 Nellis Tavern for the reception, where period music provided by Ron Burch, Carle Kopecky, Marilee Urbanczyk and Olaf Jansson, filled the air.

Attendees enjoyed a lovely three-tier wedding cake created by Leshe Dolan from a historic recipe.

Re-enactor Ed Schneidmuller participated in the wedding party.

"I've been involved with colonial living history reenacting for 10

years as a member of the Tryon County Brigade of Minute Men and the 2nd Albany County Militia, traveling much of the northeast and Canada participating in many colonial history events," said Schneidmuller. "But, this was the first time I participated in Gil and Lana's wedding."

Schneidmuller said he enjoyed being part of the wedding very much since he is especially fond of the movie 'Drums Along the Mohawk', and has read the book.

"I'm looking forward to attending the re-creation of their wedding again next year. Next time I'm thinking of portraying Caldwell, the villain of

Edmonds book."

Schneidmuller remarked that the Mohawk Valley is rich with historic sites.

"Learning the history of where we have been will help guide us to where we should go in the future. Attending some of these events as a family will bring history to life, which is much more interesting than reading about it in a book for the younger folk."

The American classic, Drums Along the Mohawk, follows Gil and Lana Martin in their lives as settlers in the Mohawk Valley during the American Revolution.

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# Wait for the correct weight oil

(BPT) - Most vehicle owners know it is important to regularly have their motor oil changed. Many owners may not know that choosing any oil weight other than the one specified in their owner's manual could damage their engine.

"My dad taught me to switch oil weight depending on the season and the driving conditions. I used 10W-40 or straight 30 weight oil in the summer and switched to 10W-30 in the winter," says Rock-Auto.com Vice President, Tom Taylor. Conventional wisdom for old cars said oils with higher weight numbers had a thicker viscosity that would make them better for hot weather and hard driving while lighter weight oils were better for cold weather.

The newest engines are often designed to use only one specific oil with a weight number that may be unfamiliar, such as 0W-20 or 0W-40. Do-

ing something like substituting "heavy duty" 20W-50 for 0W-20 in the summer could quickly result in big repair bills.

Oil does much more these days than simply lubricate and cool the engine. Engine oil may act like a hydraulic fluid in engines with variable valve timing, cylinder deactivation or other new systems that are pressure sensitive and route oil through tiny orifices. "We see variable valve timing solenoids that are clogged by dirty oil, but they also get clogged by clean oil that is just the wrong viscosity," says Taylor.

Using the right weight oil is made more difficult by all the gas stations and convenience stores that still sell 10W-30 for old cars but do not have the shelf space to stock the many different oil types for newer cars. Do not top off your engine with the incorrect oil because that is all a store carries.

Also, do not choose 10W-30 simply because it is less expensive. Newer engines may take seven or 10 quarts of oil. When buying that much oil, it can be tempting to buy a cheaper weight.

Putting the wrong oil in your engine could cost you much more money down the road. "Imagine an engine oil pump designed to circulate seven quarts of low viscosity 0W-20 oil rapidly around



Do not top off your engine with the incorrect oil because that is all a store carries.

a motor now struggling to move some witch's brew of various weights," says Taylor.

If you hire a shop to change your oil, then make sure they use the correct oil for your engine. Always wait until you can get the oil weight specified in the owners' manual.

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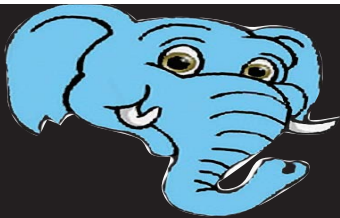
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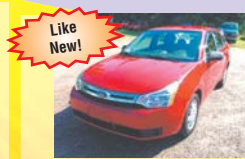
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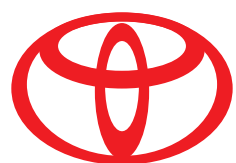
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P1349A	2009	Chevy	Silverado Crew Cab LTZ 4WD	96k	\$20,995	<b>\$379</b>	74829LD	2013	Subaru	Legacy Limited	50k	\$19,995	<b>\$290</b>
16569A	2009	Kia	Spectra	78k	\$5,995	<b>\$64</b>	16360A	2013	Dodge	Ram 1500	42k	\$29,995	<b>\$450</b>
P1396A	2010	Toyota	Camry LE	74k	\$10,995	<b>\$148</b>	P1399	2013	Toyota	Corolla S	37k	\$14,995	<b>\$209</b>
P1317A	2010	Toyota	Highlander LE AWD	69k	\$17,495	<b>\$245</b>	P1414	2013	Toyota	Highlander LE AWD	36k	\$26,995	<b>\$402</b>
U11311	2011	Ford	F350 Dump Diesel	31k	\$35,995	<b>\$547</b>	P1343	2013	Toyota	RAV4	57k	\$17,995	<b>\$257</b>
P1305A	2011	Toyota	Camry LE	71k	\$11,500	<b>\$156</b>	P1423	2013	Toyota	Camry LE	10k	\$16,995	<b>\$241</b>
16362A	2011	Toyota	Venza AWD	55k	\$18,995	<b>\$273</b>	16639A	2013	Toyota	Rav4 LE AWD	46k	\$17,995	<b>\$258</b>
16379A	2011	Toyota	Tacoma	88k	\$16,995	<b>\$241</b>	P3538	2014	Toyota	Highlander Limited	24k	\$36,995	<b>\$563</b>
16464A	2011	Toyota	Avalon Lmt'd	47k	\$18,995	<b>\$273</b>	P1410	2014	Toyota	Tacoma Dbl Cab TRD	17k	\$29,995	<b>\$451</b>
16636A	2012	Honda	CRV EXL AWD	59k	\$19,995	<b>\$289</b>	15926A	2014	Dodge	Journey SE AWD	58k	\$14,995	<b>\$209</b>
16455A	2012	Toyota	4Runner	59k	\$28,995	<b>\$434</b>	P1416	2014	Toyota	Camry Cert.	18k	\$16,495	<b>\$236</b>
16510A	2012	Toyota	Highlander LE AWD	65k	\$21,995	<b>\$395</b>	P1400	2014	Toyota	Camry LE	4k	\$17,990	<b>\$257</b>
16324A	2012	Toyota	Rav4 AWD Sport	40k	\$19,995	<b>\$289</b>	P1356	2014	Jeep	Grand Cherokee Laredo 4WD	37k	\$22,995	<b>\$338</b>
P1349Z	2013	Toyota	FRS	28k	\$17,995	<b>\$257</b>	M1625	2015	Mazda	6 GT	4k	\$24,995	<b>\$370</b>
P1435	2013	Toyota	Camry LE	36k	\$14,995	<b>\$212</b>	P1365	2015	Toyota	Tundra Dbl Cab TRD Cert.	24k	\$32,990	<b>\$499</b>
P1436	2013	Honda	Civic LX	11k	\$14,400	<b>\$199</b>	16554A	2016	Toyota	Corolla LE	11k	\$16,995	<b>\$241</b>
17012A	2013	Toyota	Camry XLE	24k	\$19,995	<b>\$289</b>	P1422	2016	Dodge	Ram 1500 Quad Cab Exp. 4x4	7k	\$32,995	<b>\$499</b>

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# Safe driving tips: how to get the most out of your tires

(BPT) - A tire's tread depth significantly affects driving safety. In fact, to ensure a vehicle drives safely, the National Highway Traffic and Safety Administration recommends a tire be replaced once its tread depth reaches 2/32nds of an inch. Winter tires should be replaced even sooner.

Worn tires cause more than just headaches for drivers. Less tread means longer braking distances and more difficulty handling a car. This is especially true in slippery conditions because the tires are not able to effectively clear water from underneath causing the vehicle to hydroplane.

The contact area between the tire and the road is dramatically reduced when tires wear out and when driving speed increases. While driving 50 mph in 1/8 inch of water, the contact patch between the tire and road is only 16 percent compared to the contact patch of a stationary vehicle.

"Unfortunately, many drivers don't regularly check the depth of tread on their tires. People check tread depths when fitting the tires, but then blissfully forget about them for the entire season," says Matti Morri, technical customer service manager, Nokian Tyres.

Monitoring the condition of tires throughout their lives helps drivers maintain safety on the road. So, what steps should you take to ensure you get the most out of your tires?



Monitoring the condition of your tires throughout their lives helps keep drivers safe on the road.

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1. Monitor and rotate your tires.

Tires wear unevenly, especially on front wheel drive vehicles where the front tires wear down much quicker than the rear tires. For this reason, you should monitor

the tread depth throughout the season and rotate tires from front to back, providing the tire size is the same on both axles.

If a set of tires are installed in the spring and used heavily until the start of autumn without being rotated, it is completely possible for the front tires to be worn down while the rear tires still have up to 70 percent of tread left.

Rotating helps to minimize the performance and grip differences between the front and rear of the car for more predictable handling.

2. How to measure tread depth.

A U.S. penny is a handy tool for measuring the main grooves in the center of a tire's tread. Insert the penny into the main groove so that the edge of the coin touches the tread and Lincoln's head is upside down. If the top of Lincoln's head remains visible from the groove, the tires are fully worn.

Some new tires on the market have innovative tread wear indicators to alert drivers when their tires need replacing. In fact, all new models from Nokian Tyres come fitted with a Driving Safety Indicator (DSI) that indicates how much tread is remaining, as well as a raindrop or snowflake symbol that appears once the tire has worn down to the point where the vehicle could handle unsafely on wet roads.

3. Minimize tread wear through proper inflation.

To help extend tread life, maximize fuel economy and optimize a vehicle's performance, it's important to check a tire's air pressure once per month in the summer and twice per month in the spring and fall when there are large fluctuations in temperature. Tire over-and under-inflation cause tread to wear quicker than normal and can potentially result in a dangerous blowout. Additionally, under-inflation will cause your vehicle to use more fuel (or reduce range in an electric vehicle) and diminish the performance of your vehicle as it requires more effort to for the car to move.

For the most accurate pressure reading, check the tires while they are still cold. Driving heats up the tires causing the air inside to expand resulting with an inaccurate reading. The correct tire pressure for the vehicle and tire size combination can be found on a placard in the driver's door jamb, on the inside of the gas cap, or in the vehicle's owner's manual. Remember also to check the pressure of the vehicle's spare tire (if equipped).

Drivers should keep these simple tips in mind throughout the spring and summer to help ensure a safe driving vehicle and to get the most out of their tires.

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# Canajoharie Police visits Little Friends Nursery School

On Aug. 3, Canajoharie Police Officer Blaine Walker came to visit

Little Friends Nursery School in Canajoharie. The kids loved seeing

him in his uniform and his cool police car. Officer Walker talked with

the kids about stranger danger and showed them his badge. We want to

thank him and everyone in the police department for everything they do for

our community. The kids got to sit in the car and see all the cool gadgets.



## Whatchamacallits



This week's Whatchamacallit almost looks like a breakfast sausage stuffer. It is not one of those. It is, however a tool that was used for making something yourself instead of buying the finished product.

There was a time when many folks manufactured their own cigarettes from local tobacco sources and machines such as this

were used to that end. Today's do-it-yourselfers have a wide variety of machines to choose from. Our example was manufactured by the Crescent Marvel Company and was manufactured in the USA.

There is no date stamp on the item that could be seen.

In order to get the finished product, you

had to slide an empty paper tube over the nozzle-end, add tobacco into hopper and turn the handle. The small auger would feed the tobacco into the tube to the desired amount and as it fed, you'd pull the tube off the nozzle — viola'.

**Do you have your own Whatchamacallit?**

Send a photo and short description to [csuo@leepub.com](mailto:csuo@leepub.com) or call Colleen at 518-673-0145



# Ayres Animal Shelter

133 Hilltop Rd., Sprakers • 518-673-5670

Hours: Tues-Sat 12-5 • Open Wed. Nites till 7PM • [www.ayresanimalshelter.com](http://www.ayresanimalshelter.com)



**POPPI** - 1 year old male Rottweiler. Nice and friendly. Came to the shelter February 28, 2016. Good with other dogs and with older kids.



**DOOLEY** - 2 - 3 year old black and white male Pit Bull. Found on Schultze St., Canajoharie in November 2015. He's a love bug! Likes long walks, car rides and playing ball.



**TY** - Sweet and loving 2 year old white with brindle markings male Pit Bull. Great with other dogs and older kids. Loves to run and play. Knows commands.



**SASHA** - Beautiful female Husky/Chow mix. Came to the shelter because her owner could no longer care for her. She's fine with cats.



**ELISSA** - 6 - 7 year old female brown and white Pit Bull. Good with other dogs and people friendly, too.



**SAWYER** - 4 - 5 year old male Lab/Rottie mix. Knows "sit, lie down, shake". Not good with cats.



**HANK** - 3 year old Beagle/Cavalier King Charles Spaniel mix 27 lbs. Happy personality. A real charmer!



**TIMBER** - Playful 3 1/2 year old male German Terrier. Knows commands and is crate trained. Good with kids and loves all people. Would like a quiet home.



**HAL** - 9 1/2 year old male American Eskimo mix. Fine with other dogs. Crate trained. Adult home only.



**JAYNA** - 1 year old female tiger. Very lovable and good with kids.



**ALANI** - Sweet and lovely 3 year old female orange tiger. Came to the shelter July 10, 2016.



**MARJORIE** - Adorable 7 month old female tiger with orange. Found abandoned on H. Gray Road, Palatine.



**PACO** - Handsome 4 - 5 year old tiger and white male. Found outside McDonald's in Canajoharie.



**HOOVER** - Magnificent 3 to 4 year old male. Found on State Highway 80, Fort Plain on January 4, 2015. Very affectionate. Good with some dogs. Hoover has FELV.



**OLIVER** - Large 2 year old black male with a wonderful round face. Came to the shelter in December 2015.



**OZ** - 1 year old tiger female. Soft silky hair. Friendly and loving.



**JUNE** - Pretty 1 - 2 year old medium-haired female Dilute Tortie. Found under a porch and came to the shelter on June 8, 2016.



**MISSY** - Lovely 2 year old female tiger. Good with other cats.



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**HILL TOP TIRE**  
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Fort Plain, NY 13339  
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**Thursday, Aug 11<sup>th</sup>**  
♦ Chicken-N-Biscuits w/Veg  
♦ Meatloaf Sandwich w/FF

**Friday, Aug 12<sup>th</sup>**  
♦ Fresh Haddock Dinner -  
Baked or Fried w/Potato & Veg  
♦ Mac & Cheese w/Veg  
♦ New England Clam Chowder

**Saturday, Aug 13<sup>th</sup>**  
♦ Prime Rib w/Potato & Veg 3-7 PM  
♦ Fried Scallops w/Potato & Veg

**Sunday, Aug 14<sup>th</sup>**  
♦ Cherry Cheesecake French Toast  
Breakfast Only • Closed at 12:30 PM

**Monday, Aug 15<sup>th</sup>**  
♦ ALL YOU CAN EAT PANCAKES 3-7 PM  
♦ Taco Salad  
♦ Chipped Beef

**Tuesday, Aug 16<sup>th</sup>**  
♦ Lasagna  
♦ Reuben w/FF

**Wednesday, Aug 17<sup>th</sup>**  
♦ ALL YOU CAN EAT SPAGHETTI 3-7 PM  
♦ Roast Beef Cold Plate  
♦ Spaghetti w/Meatballs,  
Hot Sausage and/or Toss Salad

**Thursday, Aug 18<sup>th</sup>**  
♦ Chicken-N-Biscuits w/Veg  
♦ Frontier Burger w/FF

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by **Brooks of Oneonta**

**Thursday, August 18<sup>th</sup>**

**Starting at 4:00 PM**  
**Salem United Methodist Church**  
1254 Stone Arabia Road, Fort Plain (in the Pavilion)  
Adults: \$10.00 Children: \$6.00 Chicken half: \$6.00  
Dinner includes: Half chicken, baked potato, fresh sweet corn,  
winter slaw, roll, cupcake & beverage.

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Also for sale: Baked Goods (Chocolate Jumbles & Pies, etc.)  
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5 yr old with severe Epilepsy (Lennox Gastaut Syndrome)

August 12<sup>TH</sup> & August 26<sup>TH</sup> for

Serving Dinner 5-9pm  
Including Prime Rib  
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**Horseshoe  
Tournament**

**Saturday  
August 20<sup>th</sup>  
Noon**

**Canajoharie  
Moose Lodge**  
205 Erie Blvd.  
Canajoharie, NY




**Dining, entertainment  
& celebrations...**



**Chicken Thursday**  
**BBQ** August 18<sup>TH</sup>  
4:30-7:00  
**Canajoharie**  
**Moose Lodge**  
205 Erie Blvd.  
1/2 Chicken, Salt Potatoes,  
Cole Slaw & Corn on the Cob  
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Open to public

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**Canajoharie**  
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PHONE: 518-993-5506







# Church Directory



**Ames - Sprout Brook UMC**  
613 Latimer Hill Rd.  
Ames, NY 13317  
518-673-3495  
**Pastor Jeff Rauhauser**  
Sunday Service 9:30am

**Cherry Valley Assembly of God**  
37 Alden St., Cherry Valley,  
607-264-3306  
**Pastor David Carpenter, Jr.**  
Sundays 9:30am

**Christian Church of Charleston Four Corners**  
1380 E. Lykers Rd., Sprakers  
518-922-9088  
**Pastor Brett Popp**  
Sunday School (adult & children) 10am,  
Worship 11am,  
Sunday Eve. Prayer 6:30pm,  
Thurs. Eve. of Encouragement 6:30pm  
www.christianchurchcharlestonfourcorners.org

**Church of Christ Uniting**  
PO Box 896  
Richfield Springs, NY 13439  
**Rev. Mark Ioset**  
315-858-1553  
Service: Sunday 9:15am  
Church School: Sunday 10:30am

**Church of the Nazarene**  
3316 State Route 29 W  
Johnstown, NY 12095  
Offices: 518-762-2982  
Cell: 857-523-8417  
**Pastor, Rev. Mark Fowler**  
Sunday Morning Service 11:00am  
Sunday School for All Ages 10:00am

**Community Bible Church**  
Corner of Cliff & Walnut Streets  
Canajoharie, NY 13317  
(518) 993-1016  
**Pastor Wally Braemer**  
Sunday - Adult Sunday School Class - 9:15am  
Worship Service - 10:30am  
*God is Good All the Time*  
& *All the Time God is Good*

**Cornerstone Baptist Church**  
7274 St. Hwy. 10, Ames  
518-673-3405  
Sunday School 10am, Adults & Children  
Morning Worship 11am, Youth Ministry  
5:45pm, Evening Worship 6pm,  
Wed. Bible Study & Prayer Meeting 7pm,  
Awana Club 6:15-8:15pm

**Currytown Reformed Church**  
829 St. Hwy. 162, Sprakers  
518-922-8422  
**Rev. Donald Hoaglander**  
*Visiting Pastor Jane Hubschmitt*  
518-705-2201  
Sunday School 9:15am  
Worship Service 10:00am

**Dolgeville Christian Fellowship**  
3 Elm St., Dolgeville, NY 13329  
315-429-9142  
**Dr. Marvin Isum, Pastor**  
Worship Sunday 10:30am  
Midweek Fellowship Tuesday 7pm  
www.dolgevillechristianfellowship.org

**Dolgeville United Methodist Church**  
21 N. Helmer Ave., Dolgeville  
**Rev. Jack Ford**  
315-429-7381  
Worship 11:00am  
Sunday School @ 9:30am beginning  
September 18th  
Bible Study - Wednesdays @ 12:30pm

**Emmanuel Episcopal Church**  
588-594 Albany St., Little Falls, NY  
315-823-1323  
Sunday Mass 10am  
Coffee Hour following Sunday Mass  
Sunday School & Youth Group  
Tuesday 10am Mass & Bible Study  
Friday 10am-2pm Thrift Shop

**Ephratah Reformed Church**  
140 Co. Hwy. 140, Ephratah, NY  
To live and share Jesus Christ both locally and globally.  
Everyday/Everywhere/Everyone.  
**Pastor Jeff Hindrliter**  
Sunday School for all ages  
10am September-June  
Sunday Morning Worship 11am  
Prayer & Praise Thursdays 7pm

**Episcopal Church of the Good Shepherd**  
26 Moyer St., Canajoharie  
518-673-3440  
Holy Communion Sundays at 9:30am  
Fellowship Time to Follow  
Call for Holy Day services  
**The Rev. Virginia L Ogden, Rector**  
churchgood@frontier.com

**Everlasting Joy Believers Fellowship**  
66 Hancock St., (Rte. 5S)  
Fort Plain, NY 13339  
315-858-2112  
**Pastor Carolee Coye**  
Sunday Service 10am

**Faith, Hope and Love Christian Fellowship**  
**Rev. David W. Bowley, Pastor**  
*Saturday Night Hope*  
Sat. bring-a-dish-to-pass meal at 5pm followed by a message  
from the Bible through music, teaching and/or movies at  
United Methodist Church  
50 E. Main St., Canajoharie  
see facebook "Faith, Hope and Love Christian Church"  
for details or call 518-673-5128

**First Baptist Church Springfield Center, NY**  
**Rev. - Gary Tyler**  
Sunday School 10:00am  
Morning Worship 11:00am  
Sunday night Worship 8:00pm  
Wed. night Bible Study 7:00pm  
Free meal & music every  
2nd Sat. of the month 4-7pm

**Fonda Fultonville United Methodist Church**  
11 Montgomery St., Fultonville  
**Pastor Nancy Pullen • 853-3311**  
Sunday Morning Worship 9:15-10:15,  
Sunday School 9:15-10:30, Coffee  
Fellowship Following Service  
**Our Mission-To Actively Follow Christ**  
**and To Inspire Others To Accompany Us.**

**Fordsbush Bible Church**  
131 Clark Rd., Fort Plain  
518-568-7606  
**Pastor Joe Miller**  
Sunday School 10am, Morning Service  
11am, Eve. Service 6pm, Wed. Service  
6:45pm, Thurs. Visitation 6pm  
**www.fordsbushbiblechurch.com**  
Home of Victory Christian Academy

**Fort Plain United Methodist Church**  
39 Center St., Fort Plain  
**Rev. Alan Griffith**  
Church Office 518-993-3863  
Parsonage 518-993-3645  
Office Hrs Tues & Thurs. 10am-4pm  
ALL WELCOME,  
Worship Service 11am

**Freysbush United Methodist Church**  
Freysbush Rd., Fort Plain  
518-842-1357  
**Rev. Cindy Leonard, Officiating**  
Worship 9am,  
Sunday School 10am ALL ARE WELCOME  
coffee hour to follow service

**Fultonville Reformed Church**  
Corner of 5S & 30  
**Pastor Jane Hubschmitt**  
Sunday School 10AM  
Family Worship 10:30AM

**Glen Reformed Church**  
State Hwy 161 in the  
Hamlet of Glen  
4 miles South of Fultonville  
**glenreformed@nycap.rr.com**  
Sunday Worship at 9. Sunday School  
immediately following Children's Message

**Grace Christian Church**  
20 Center St.,  
St. Johnsville, NY 13452  
**Rev. Harry J. Teuchert**  
315-866-8626  
Sunday School 9:30am  
Worship 11:00am

**Grace Episcopal Church**  
32 Montgomery St., Cherry Valley  
315-858-4016  
**Fr. Kyle Grennen, Rector**  
Sunday School 11:00am  
Holy Communion/sermon 11:00am

**Grandview Baptist Church**  
15 Washington St., Fort Plain  
518-993-9929  
**Pastor Dan West**  
Sunday School 10am  
Morning Service 11am  
Bible Study & Prayer Meeting,  
Wednesday 6:30pm

**Holy Family Parish**  
Little Falls, NY  
315-823-3410  
Saturday 4pm  
Sunday 10:30am

**Joy Fellowship**  
296 Co. Hwy. 119  
St. Johnsville, NY 13452  
518-568-3217  
**William Hayes Pastor**  
**Joyce Loughran Assistant Pastor**  
Sunday School 9am, Morning Worship 9:30am  
Wednesday Evening Worship 6:30pm

**Lassellsville United Methodist Church**  
State Hwy. 29  
**Pastor Robert A. Lindsay**  
Worship: Sunday 9:30am  
Sunday School to start soon

**Lighthouse Baptist Church**  
1524 St. Rt. 29A, PO Box 114  
Stratford, NY 13470-0114  
315-429-8854  
**Pastor Martin Smith**  
Sunday Morning Worship 10:30am; Wed.  
Eve. Prayer Meeting 6:00pm; 2nd & 4th  
Sunday Dinner following Morning Service  
with Afternoon Service following dinner  
"Old-Fashioned Bible Preaching"

**Marshville Evangelical Church**  
Route 10 South  
**Rev. David Bowley**  
Worship Sunday 9am

**National Kateri Tekakwitha Shrine and Indian Museum**  
3636 St. Hwy. 5, PO Box 627  
Fonda, NY 12068-0627  
518-853-3646  
Weekly Masses: Sat. 4:30pm, Sun. 10:30am  
friars@katerishrine.com  
www.katerishrine.com

**New Hope Christian Fellowship**  
32 Spencer St., Dolgeville, NY 13329  
**Pastor Pat Andreoli**  
315-429-3630  
NewHopeChristianFellowship.net  
Sunday School 9:30AM  
Worship Service 10:30AM

**Oppenheim United Methodist Church**  
Route 29  
**Rev. Jack Ford**  
315-429-7381  
Worship 9:30 Sundays,  
Totally Awesome God-TAG time 6:30pm  
Wednesdays beginning in Oct., Sunday  
School 9:00am beginning September 18th

**Our Lady of Hope R.C. Church**  
115 Reid St., Fort Plain, NY 13339  
Parish Office 518-993-3822  
ourladyofhope@frontier.com  
**Pastor: Father Dennis Murphy**  
Mass Schedule: Saturday, 4pm; Sunday,  
8:30am & 11am; Mon.-Thurs. 8:30am.  
Confessions: Sat. 3 & by appointment  
Please call parish office for Holy Day schedule

**Paines Hollow United Methodist Church**  
Intersection of 167 & 168, Paines Hollow  
**Pastor Peg Donaghy**  
518-568-7604  
Sunday Worship 9:30AM  
Fellowship Hour to Follow

**Randall Christian Church**  
NY Rte. 5S  
Sunday Service 10am  
**Pastors**  
**Winston Hallett & Carl Hawver**

**Reformed Church of Canajoharie**  
15-19 Front St., Canajoharie  
518-673-2816  
**Rev. Matt Draffen**  
Sunday 9am Christian Education  
9:20 Choir Practice  
10am Worship Nursery provided  
Fellowship hour follows worship

**Reformed Church of Fort Plain**  
165 Canal St., Fort Plain, NY 13339  
518-993-4302 • fortplainrca@yahoo.com  
**Rev. Nancy E. Ryan**  
Sunday Worship 10:30am,  
AA meetings on Tues. 7pm,  
Home of Manna House Meals, A  
Community Meal Program-Sat. Noon-1:30pm

**Reformed Church of Sprakers**  
112 Sprakers Hill Rd  
**Rev. Nancy Ryan**  
Worship ~ 9AM  
**All Welcome!!!**

**Richfield Springs Bible Church**  
19 Church St  
Richfield Springs, NY 13439  
**Rev. David Tosi**  
315-858-0564  
Sunday School (all ages) 10am  
Worship Service 11am & 7pm  
Wednesday - Prayer & Praise  
Call for info on various Youth Ministries  
www.richfieldspringsbiblechurch.org

**River of Jubilee Church**  
5057 State Highway 5 S  
Sprakers, NY 12166  
**Pastor: Gail Adamoschek**  
**Pastor: Steve Adamoschek**  
518-322-1427 / 518-224-4455  
Sunday Service 10:00am  
Children's Church Available  
Other Learning Opportunities Available  
Visit us on Facebook

**To Place or Up Date Church Listings Call**  
**518-673-0129 or email**  
**jsnyder@leepub.com**

**Sacred Heart Catholic Church**  
111 3rd Ave., Tribes Hill  
518-829-7301  
Mass Saturday  
4:00pm

**Saint Cecilia Church**  
26 Broadway, Fonda  
518-853-4195  
Sunday Worship  
9:00am

**Salisbury Center United Methodist Church**  
2545 St Rt 29, PO Box 104  
Salisbury Center, NY 13454  
315-429-9085  
**Rev. Lynn R. Lockwood**

**Seeker's Fellowship**  
14 Park Place  
St. Johnsville, NY 13452  
518-568-7700  
**Pastor Mike Yeziarski**  
Sunday Worship 6pm, Tues. Prayer 7pm,  
Bible Study 7pm (Wed., Thurs. & Fri.)  
We teach the fullness of God's Word,  
a life of holiness for the believer,  
and salvation for all who trust  
in Christ's sacrifice.

**St. John's Lutheran Church**  
774 St. Hwy. 163, Fort Plain, NY  
518-705-7552  
**Rev. David A. Johnson, Ph.D.**  
Sunday Worship 9:00am, Sunday School 10:00am,  
Ladies Aid W.E.L.C.A.  
Handicapped Accessible

**St. John's Reformed Church**  
68 W. Main St., St. Johnsville  
518-568-7396  
Faithfully Following Jesus Christ  
Sunday Worship 10:30am

**St. John's & St. Mark's Lutheran Church**  
143 Church St., Canajoharie  
518-673-2224  
**Pastor Zach Labagh**  
Sunday Worship 11am,  
Christian Ed. 9:45am  
stjstm@frontiernet.net

**St. Johnsville Methodist Church**  
7 East Main St.,  
St. Johnsville, NY 13452  
**Pastor Corey Jones**  
518-568-7983 • 315-866-8626  
Worship Sunday 3pm

**St. Joseph's Roman Catholic Church**  
31 North Helmer Ave., Dolgeville  
315-429-8338  
Sunday Mass is 8:30am

**St. Mary's Episcopal Church**  
7690 Rt. 80, Springfield Center  
315-858-4016  
**Fr. Kyle Grennen, Priest-in-Charge**  
Sunday Eucharist. 9:30am  
Coffee - Fellowship follows service  
Holy Days - as announced

**St. Paul's Lutheran Church**  
36 Lydius St., Fort Plain, NY 13339  
518-993-2040  
**Pastor Jonathan Litzner**  
405-250-8395  
Sunday School 9:45-10:45am  
Bible Study & Coffee Hour Sunday 10-10:45am  
Church Service 11am

**St. Paul's Lutheran Church**  
32 W. Main St.,  
St. Johnsville, NY (next to NBT Bank)  
518-568-3007 Church  
518-568-2405 Parsonage  
**Rev. David Johnson**  
Sunday Worship 10:30am,  
Tues. Bible Bungee-Jumping 7pm,  
"Bible Study" that actually makes sense!  
A Vibrant, Welcoming Community of Faith & Vision

**St. Paul's Universalist Church**  
565 Albany St., Little Falls  
315-823-2284  
Service Sunday 10am  
Coffee hour following service.  
Our Church is a home to inquisitive,  
spiritual free thinkers with diverse  
religious beliefs. All are welcome.

**St. Thomas the Apostle Catholic Community**  
1 Church St., Cherry Valley  
607-264-3779  
Masses Sunday  
8:30am & 11am

**Stratford United Methodist Church**  
Route 29A  
315-429-9085  
**Rev. Lynn R. Lockwood**  
Worship 9am

**The Christian Church of Rural Grove**  
170 Rural Grove Rd., Sprakers, NY 12166  
518-922-7831  
**Pastor Joshua Fetterhoff**  
pastorjosh@ruralgrovechurch.org  
Sunday School (all ages) 9:45am,  
Morning Service 11am, Eve. Service 6pm,  
Wed.-Family Night 7pm,  
"Where Bible Teaching is Fundamental"

**The Holy Spirit Polish National Catholic Church**  
618 E. Gansvoort St.  
Little Falls, NY  
315-823-0793  
**Father Rafal Dadello**  
Mass at 11am on Sunday  
www.holyspiritpncc.org

**The House of Zion, Inc.**  
580 Dillenbeck Road,  
Palatine Bridge  
518-577-3069  
**Pastors Richard & Denise Allen**  
Saturday Morning  
Worship Service 11:30am  
Listen to UMT on live radio 97.5FM  
the 1st Sunday of every month 3pm-4pm

**The Time for Truth Ministries**  
PO Box 351  
Amsterdam, NY 12010  
Phone 518-843-2121  
Cell 518-774-8558

**Trinity Lutheran Church**  
5430 St. Hwy. 10,  
Palatine Bridge  
518-673-2224  
**Rev. Zach Labagh**  
Sunday Worship 9am, Sunday School 10am,  
(No services in July, meet at St. John's St.  
Mark's Lutheran Church in Canajoharie).  
Communion on the first & third Sundays

**United Methodist Church of Canajoharie**  
50 E. Main St.  
518-673-2717  
Jesus says - "Come Unto Me" Join us-  
Special Music Ministry, Beautiful  
Surroundings, Friendly People  
Sunday Service 10:30am - Email:  
umc673@frontiernet.net  
Communion Last Sunday of the Month

**Valley Alliance Church**  
85 E. Main St., Nelliston  
518-993-3458  
**Pastor Dave Prahst**  
Sunday School (all ages) 9:15am,  
Sunday Worship 10:30am,  
Wed. Praise & Prayer 7pm,  
Fri. Youth Group 7pm (7-12th grade)

**Victorious Life Church RMI Fellowship**  
104 Main St. & 431 St. Hwy. 80  
Fort Plain, NY  
518-993-3102  
Sunday School 9am,  
Morning Worship 10:30am,  
Youth Group 5pm,  
Evening Worship 7-8pm

**Warriors in Christ**  
28 Church St. Canajoharie  
Sunday Service:  
Morning 10am • Evening 6pm  
Bible Study Tuesday 7pm  
at 122 Moyer St., Canajoharie  
**Rev. Fred Jones**  
518-423-9115  
PO Box 34, Canajoharie, NY 13317



# MAGIC MAZE • PUT IN ITS PLACE

C N K I F C A X V S Q O L J H  
E C A X V T D R D P N L J H F  
D B Y D D T I E D U P X V T R  
P O D D E E H M K E K I D G E  
D B D E E T V Z X N R W E U T  
T R Q E R H N L O N A O W L F  
J A I E K E S A E G F B O D I  
C A B Y X R G A L H W V T M L  
T S R L P E A N T P S O S N E  
L K J I E D G P A S T O R E D  
D E K C O D E R O H C N A F E

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Anchored Hangered Shelved Tabled  
Banked Moored Stashed Tethered  
Berthed Parked Stored Tied up  
Filed Planted Stowed

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## Puzzles4Kids by Helene Hovanec

### RIDDLE SEARCH - AUTOMOBILE PARTS

Look up, down, and diagonally, both forward and backward to find every word on the list. Circle each one as you find it. When all the words are circled, take the UNUSED letters and write them on the blanks below. Go from left to right and top to bottom to find the answer to this riddle: What do you have if your car's engine is in flames?

AIR BAG  
ARMREST  
AXLE  
BATTERY  
CAR SEAT  
DOOR  
FILTER  
FRAME  
GAUGE  
HEADLIGHT  
HUBCAP  
KEY  
LOCK  
MAT  
MIRROR  
MOTOR  
PEDAL  
RADIATOR  
RADIO  
TIRE  
VISOR

Y R E T T A B D A F  
I R O S I V O M T T  
E R E R E O O H T S  
N M B G R T G M I E  
E A A E O I D A R R  
G L L R L I M T E M  
U X A D F I L T E R  
A R A D I A T O R A  
G E T A E S R A C N  
H U B C A P E Y E K

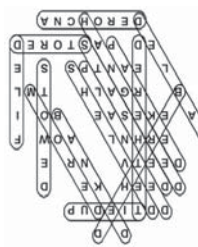
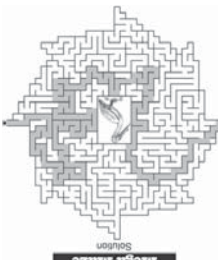
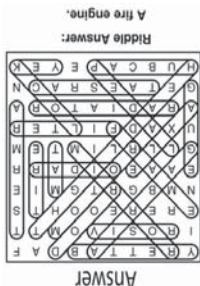
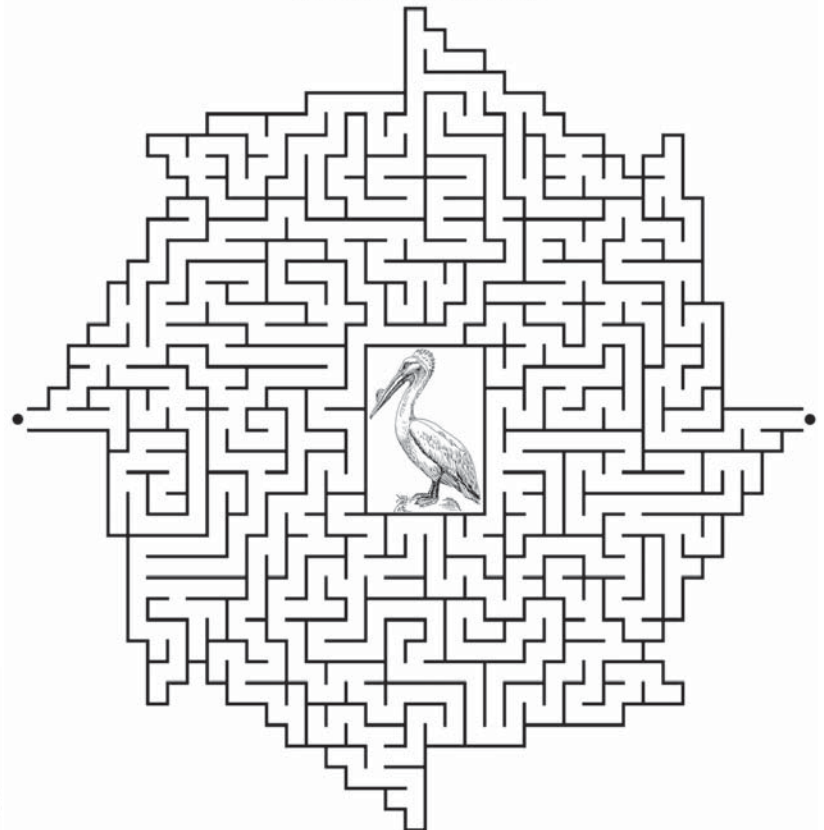
Riddle answer: \_\_\_\_\_

R.F.D.



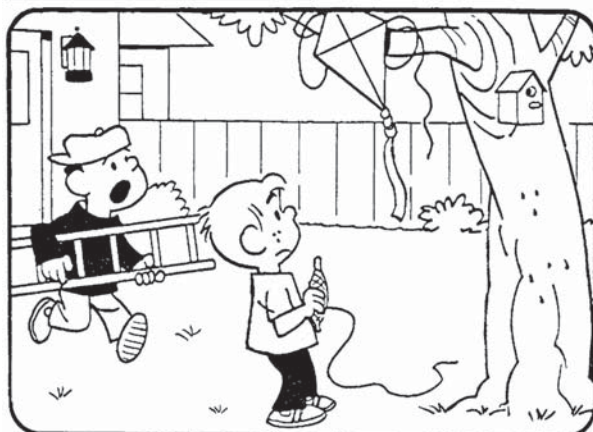
## Mega Maze

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## HOCUS-FOCUS

BY HENRY BOLTIFF



Find at least six differences in details between panels.



Differences: 1. Light fixture is missing. 2. Ladder is shorter. 3. Bird house is missing. 4. Kite tail is shorter. 5. Bush is missing. 6. Bird house is missing.

## King Crossword

ACROSS

1 Atomizer output  
5 Annoy  
8 Picnic invaders  
12 Pub  
14 Old Italian coin  
15 Poisonous evergreen  
16 Alternative to Windows  
17 Greek consonants  
18 Electrical resistance  
20 Some silverware  
23 Soon, in verse  
24 Individuals  
25 "Hamlet" Oscar winner  
28 Schedule abbr.  
29 "Once upon..."  
30 Periodical, for short  
32 Semisweet sherry  
34 Location  
35 Study of the past (Abbr.)  
36 Wild  
37 Crazy one  
40 Silent  
41 Sandwich cookie  
42 Quadrennial games

DOWN

1 Chinese chairman  
2 Ailing  
3 Witness  
4 "Much obliged"  
5 Unopened roses  
6 Exploit  
7 Apache leader  
8 Graduates  
9 1492 vessel  
10 Advanced math  
11 Old German duchy name  
13 Responsibility  
19 Hoisted, at sea  
20 Enemy  
21 Aware of  
22 Authentic  
23 Preferred invitees  
25 Ear doctor's device  
26 Eastern potentate  
27 -tat-tat  
29 Operatic solo  
31 Toothpaste style  
33 Buckeye  
34 Always, in music  
36 Show anger  
37 Relocate  
38 Desert-like  
39 Actress Campbell  
40 Legend  
43 Long, crosser  
44 - and outs  
45 Baseball hat  
46 Crafty

## Weekly SUDOKU

by Linda Thistle

7				9	8				
	3	9	1				5		
		8		4					2
		2			5	9			
5			6						4
	8			2		1	7		
		1			8		2		
3			7	9					8
	7		4			6			

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦♦

♦ Moderate ♦♦ Challenging  
♦♦♦ HOO BOY!

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# Calendar of events

## ORIGINAL VALLEY PENNYSAVER

**NOTE:** Calendar entries must arrive at the Original Valley Pennysaver office by **Friday, August 5th** for them to be included in the calendar of events for our **Saturday, August 20th** publication. Send events to Lee Publications c/o The Original Valley Pennysaver, 6113 State Highway 5, PO Box 121, Palatine Bridge, NY 13428 or email: [dshariff@leepub.com](mailto:dshariff@leepub.com)

Any entries arriving past this deadline will be included with the next available publication issue date as long as they are not out-dated.

### AUG

**Arkell Center Programs** for ALL AREA Seniors during August are as follows:

**Monday-Friday:** 11:45 am. The OFA Meals of Montgomery Program serves hot meals, suggested \$3 donation for 60 and older. Call 673-2000 for reservations.

**Tuesdays:** 10 am-11 am. Tai Chi Workshop #10 continues. Sponsored by Montgomery County Office for Aging. Mon., Wed. & Fri: 10-10:30 am. Senior Exercise Program is in the basement. Open to all area Seniors. Coffee after.

**Wednesdays:** 2:30-3:30 pm. Gentle Yoga with instructor Patty Pietrowicz in the basement. Open to all Area Seniors. \$5 donation.

### SPECIAL EVENTS

**Aug. 17, 24 & 31:** 12:30-4 pm. Senior Citizens Pinochle Card Party, donation \$2, prizes & refreshments. If you would like to sub, call Terry-673-5635.

**Aug. 18:** 10 am-Noon. Alzheimers Meagan DeMento presents "The Basics," Memory Loss, Dementia & Alzheimers disease. This program will also include a Virtual Dementia Tour. Rsvp Tonya Garlmei at 867-4999 ext. 200 or [tgarmley@alz.org](mailto:tgarmley@alz.org).

**Aug. 22:** 1:30 pm. Presentation of a trip to Italy & Spain by Hannah.

**Aug. 25:** 1 pm. Arkell Center. Water Color Class with instructor Joanne Resch. \$10 fee, includes all supplies needed to complete a picture the same day. Call 673-4408.

**Aug. 29:** 2 pm. Join us

for a Coloring Day. Light refreshments will be served.

### MEETINGS

**Aug. 18 & 25:** 10:15-11 am. The Diet Club meets in the Gallery at Arkell Ctr. The goal is to be accountable while losing or maintaining your weight. Call 673-2112.

**Aug. 23:** 10-11 am. Alzheimers Caregiver Support Group. Please join us.

**Aug. 26:** 1 pm. Canajoharie Senior Citizens Meeting.

• *There will be no Canajoharie/Palatine Bridge Chamber of Commerce Meetings in August. Next meeting is Sept. 13.*

### AUG - NOV

#### Canajoharie Farmers Market

Arkell Museum Parking Lot. 10am-2 pm. Every Sunday.

### AUG 13

#### 4th Annual River Through Time Celebration

Haslett Park, Ft. Plain. Noon-5 pm. No cost to the public. Visit <http://mohawkvalleycollective.com/upcoming-events/> for more information.

**Free Clothing Giveaway** Valley Alliance Church, State Highway 5. 9-11 am. Doors open at 8:45 am.

### AUG 13 - 14

#### The 8th Annual Medieval Renaissance Fair

Windfall Dutch Barn, Cty. Route 31, Salt Springville. 11 am-5 pm. \$5. Call 993-2239 or [kmacgreg@roadrunner.com](mailto:kmacgreg@roadrunner.com) or visit [www.windfalldutchbarn.com](http://www.windfalldutchbarn.com) for more information.

### AUG 14

#### Special Music

Trinity Lutheran

Church, Stone Arabia, Rt. 10. 10 am. A covered dish picnic will follow the service. Each family is asked to bring a dish to pass. Call 673-2224 if you plan on attending the picnic.

### AUG 17

**Richfield Springs Area Chamber of Commerce Summer Concert Series** Spring Park, Main Street, Richfield Springs. 7 pm. Stoddard Hollow String Band. For more information call 315-858-0964.

### AUG 17 - 31

#### Learn To Meditate - Weekly

The Arkell Museum, 2 Erie Boulevard, Canajoharie. Wednesdays from 5:30-6:30 pm. Free admission. For more information email [melaniep@meditateupstate.com](mailto:melaniep@meditateupstate.com), call 518-428-4692 or visit [www.meditateupstate.com](http://www.meditateupstate.com).

### AUG 18

#### Board of Education Meeting

Cherry Valley-Springfield Central School, Room 145. 7 pm.

### AUG 20

#### The Ames Museum

Ames, NY. 9 am-3 pm. Visit our website at [www.amesmuseum.weebly.com](http://www.amesmuseum.weebly.com). Vendors needed for Sept. 17 summer's end celebration. Space is free. For more information call 518-673-5820.

#### Free Family Fun Day

Valley Alliance Church, State Highway 5. 1-8 pm. Free light supper. Mark Bolos Band Concert at 6 pm. Everyone welcome. For more information call 993-3458.

### AUG 22

#### "Healing Strong" Natural Healing Support Group - Monthly

River of Jubilee Church, 5057 Route 5S, Sprakers. 1 pm. This group provides information and encouragement for those who wish to enjoy the benefits of a healthy lifestyle or heal a chronic disease. Meetings will be the 4th Monday of each month. For more information call Jane at 518-673-3016.

### AUG 24

**Richfield Springs Area Chamber of Commerce Summer Concert Series** Spring Park, Main

Street, Richfield Springs. 7 pm. John Keller. For more information call 315-858-0964.

### AUG 27

#### 7th Annual Herkimer County Family Day

Raycliff Farm, 795 Snells Bush Road, Little Falls. 10 am-4 pm. Free event that emphasizes agriculture, family and old-fashioned fun. For more information or to become a vendor or volunteer contact Ray or Judy at 315-823-4321.

#### New York County Night

Unity Hall, 39 Mohawk St., Ft. Plain. Performers include Tumbleweed Highway, Steven Albert Wood, and Aircrafting. Visit <http://mohawkvalleycollective.com/upcoming-events/> for more information.

### AUG 28

#### Robin & Linda Williams Concert & Pot Luck Supper

Windfall Dutch Barn, Cty. Route 31, Salt Springville. 3 pm concert, Pot Luck supper to follow \$10 adult admission. Call 993-2239 or [kmacgreg@roadrunner.com](mailto:kmacgreg@roadrunner.com) or visit [www.windfalldutchbarn.com](http://www.windfalldutchbarn.com) for more information.

### SEP 1

#### Rabies Clinic

Salisbury Fire Department, 2549 St. Rt. 29, Salisbury Center. 5:30-7 pm. Pre-register at [www.herkimercounty.org](http://www.herkimercounty.org). A \$5 donation per pet is suggested to defray costs.

### SEP 10 - 11

#### Craft Fair

Fort Klock, St. Johnsville.

• Saturday, 10 am-5 pm.  
• Sunday, 10 am-4 pm.  
Call 518-568-7779 for more information or visit [www.fortklockrestoration.org](http://www.fortklockrestoration.org).

### SEP 14

#### Fort Plain Museum and Historical Park Membership Meeting

For more information email [fortplainmuseum@yahoo.com](mailto:fortplainmuseum@yahoo.com).

### SEP 15

#### Board of Education Meeting

Cherry Valley-Springfield Central School, Room 145. 7 pm.



## WANTED

### Part-Time, On Call Tow Truck Driver

Nights & Weekends, Must Have Experience, References & Clean Drivers License, Reply in Person or By Email [melanie@skinnersales.com](mailto:melanie@skinnersales.com)

#### Skinners Service Station

5637 State Route 5, East Herkimer, NY 13350  
(315) 866-3530

## HELP WANTED

Looking for help in our production department for Stuffing and Machine Work. On the job training will be provided. Must be able to lift 20 lbs and have own transportation.

• 15 to 30 hours per week ~ No Weekends •

Stop by between 8am-5pm  
and fill out an Application  
**No Phone Calls Please**

## LEE PUBLICATIONS

6113 State Hwy 5, Palatine Bridge, NY 13428

### SEP 17

#### The Ames Museum Summer's End Celebration

Ames, NY. 9 am-3 pm. Visit our website at [www.amesmuseum.weebly.com](http://www.amesmuseum.weebly.com). For more information call 518-673-5820.

### OCT 6, 13, 20 & 27

#### Fort Plain Museum and Historical Park Fall Lecture Series

For more information email [fortplainmuseum@yahoo.com](mailto:fortplainmuseum@yahoo.com).

### OCT 8

#### The Mohawk Central School Class of 1966 50th Class Reunion

Mohawk American Legion. We would like to contact all classmates. Call Mary Haeefe at 315-866-1804 if you can provide email/address.

### OCT 15

#### The Ames Museum

Ames, NY. 9 am-3 pm. Visit our website at [www.amesmuseum.weebly.com](http://www.amesmuseum.weebly.com). For more information call 518-673-5820.

### OCT 20

#### Board of Education Meeting

Cherry Valley-Springfield Central School, Room 145. 7 pm.

### NOV 5

#### The Ames Museum

Ames, NY. 9 am-3 pm. Visit our website at [www.amesmuseum.weebly.com](http://www.amesmuseum.weebly.com). For more information call 518-673-5820.

### NOV 17

#### Board of Education Meeting

Cherry Valley-Springfield Central School, Room 145. 7 pm.

### DEC 3

#### Fort Plain Museum and Historical Park - Christmas at the Fort

For more information email [fortplainmuseum@yahoo.com](mailto:fortplainmuseum@yahoo.com).

### DEC 4

#### Saint Nicholas Day

Fort Klock, St. Johnsville. A traditional holiday custom that dates from the fourth century. Call 518-568-7779 for more information or visit [www.fortklockrestoration.org](http://www.fortklockrestoration.org).

Calendar 25



# Antiques & auctions... Going, going...yours!

## Calendar of events

Calendar from 24 —  
**DEC 7**

**Village of Ames Tree Lighting at the Museum**  
Ames, NY. 6:30-7 pm. Refreshments to follow at the Ames Fire Department.

**DEC 15**

**Board of Education Meeting**  
Cherry Valley-Springfield Central School, Room 145. 6 pm.

**JAN 19, 2017**

**Board of Education Meeting**  
Cherry Valley-Springfield Central School, Room 145. 7 pm.

**FEB 16, 2017**

**Preliminary Budget Presentation**  
Cherry Valley-Springfield Central School, Room 145. 7 pm.

**MAR 16, 2017**

**Board of Education Meeting**  
Cherry Valley-Springfield Central School, Room 145. 7 pm.

**APR 6, 2017**

**Board of Education Meeting**

Cherry Valley-Springfield Central School, Room 145. 7 pm.

**APR 27, 2017**

**Board of Education Approves Budget**  
Cherry Valley-Springfield Central School, Room 145. 7 pm. Coop [erstownFarmersMarket.org](http://erstownFarmersMarket.org).

**MAY, 2017**

**Fort Plain Museum and Historical Park - Boy Scout American History Camporee**

For more information email [fortplainmuseum@yahoo.com](mailto:fortplainmuseum@yahoo.com).

**MAY 4, 2017**

**Budget Hearing**  
Cherry Valley-Springfield Central School, Room 145. 7 pm.

**MAY 16, 2017**

**Budget Vote**  
Cherry Valley-Springfield Central School, Room 145. 7 pm.

**JUN 8 - 11, 2017**

**Fort Plain Museum and Historical Park's 3rd Annual Conference on the American Revolution in the Mohawk Valley**

For more information



# KING'S

**Sat., Aug. 13th - Consignment Auction ~ 6:33pm**

**Sun., Aug. 14th - Breeder Auction ~ 11:33am**

**Sat., Aug. 20th - Consignment Auction ~ 6:33pm**

**Sat., Aug. 27th - Consignment Auction ~ 6:33pm**

**Sun., Aug. 28th - Breeder Auction ~ 11:33am**

Burrows Rd., West Winfield, NY • (315) 822-5221

WE ACCEPT CASH - CREDIT CARDS - DEBIT CARDS

## Huge Estate Sale

58 West Grand St., Palatine Bridge  
(Old Palatine School House)

**Thursday, Friday, Saturday**

**August 11th, 12th, 13th**

**9:00 AM - 4:00 PM**

Antiques, Furniture, Local Items,  
Wagon, Church Pews, Kitchen  
Ranges, Ovens, Artwork, Sports  
Memorabilia & More

**www.estatesales.net**  
**zipcode 13428**

**Mohawk Valley Estate Sales**  
**518-921-2992**

email [fortplainmuseum@yahoo.com](mailto:fortplainmuseum@yahoo.com).

**JUN 15, 2017**

**Board of Education Meeting**

Cherry Valley-Springfield Central School, Room 145. 7 pm.

## WEEKLY SALES EVERY MONDAY HOSKING SALES – CERTIFIED ORGANIC MARKETING AGENCY

Weekly Sales Every Monday 11:30 with Misc. & Small animals, 1:00 Dairy, followed by feeders, sheep, lamb, goats, pigs. Calves start at 5PM followed by cull beef.

**Monday, Aug. 1st** - Sold 449 Head. Cull ave. \$.63 Top Cow \$.88, Organic cull dairy ave. \$.70 top cow \$.80, Bulls/Steers \$.65 - \$1.05, Dairy feeders \$.32 - \$1.14, Feeder bulls \$.30 - \$.96, Feeder Steers \$.42 - \$1.32, Bull calves top \$1.70, heifer calves top \$1.65, Goats up to \$125, Meadow Farms Reg. Jersey Dispersal top Milking age \$1525, top bred heifer \$1300, top Open Heifer \$1025, top young heifer \$800. Other Dairy consignments top Milking age \$2950, bred heifers top \$1600.

**Monday, Aug. 15th** - Normal Monday Sale & Monthly Sheep, Lamb, Goat & Pig Sale. Special: 35 Slaughter hogs, 35 Roasters 80# - 120#, 30 piglets.

**Monday, Aug. 22nd** - Normal Monday Sale & Monthly Organic Day. Special: (Conventional) Otsego County Dairy 100 Head sell with 80 Milking age, 20 bred heifers. Holsteins, Jerseys & Jersey Crosses. Also Papa's Little Farm consigns 6 Reg. Brown Swiss & 1 Reg. Jerseys, 1 Holstein. Watch future ads for complete details. **SPECIAL ORGANIC** - Windchille Farm sends 13 Certified Organic cows 3 fresh and the rest in various stages of lactation & bred back - Holsteins & Crosses.

**Monday, Aug. 29th** - Normal Monday Sale  
**Sat. Sept. 10th** - 10:30AM Homer, NY. Westan Farm Registered Holstein Dispersal. 250 Head of NYS Finest!! 150 Milking age, 60 sensational bred heifers, all calves born after Dec. 1, 2015. Milking herd goes out everyday averaging 66#/day. 9EX, 64 VG, 61GP on 134 cows BAA 106.2. Closed herd for 40 years, the milking herd goes out everyday. Owners: Dan & Bud Weddle.

**Mark your calendars for these upcoming sales:**

**Sat. Nov. 5th** - 11:30AM Fall Premier All-Breed Sale

**Sat. March 25th** - 2017 Spring Premier All-Breed Sale

**LOOKING TO HAVE A FARM SALE OR JUST SELL A FEW - GIVE US A CALL.**

**\*\*Trucking Assistance** - Call the Sale Barn or check out our trucker list on our Web site. **Call to advertise in any of these sales, it makes a difference. Watch Web site for any last minute updates.**

Directions: Hosking Sales, 6096 NYS Rt. 8, 30 miles South of Utica & 6 miles North of New Berlin, NY.

[www.hoskingsales.com](http://www.hoskingsales.com) Call today with your consignments.

**Like us on Facebook**

Tom & Brenda Hosking **HOSKING SALES** 607-847-6274  
& Family or 607-847-8800  
6096 St. Hwy. 8, New Berlin, NY 13411 cell: 607-972-1770 or 1771

**We are in need of Organic Herds please contact us at the numbers above**

**OUR NEW LOCATION!!**  
**JR's Auction**  
7403 St Hwy 5 • St. Johnsville, NY 13452 • (518) 993-4668  
(Formerly Springers)

**Consignment Auction!! Tuesday Night August 9th 5:00pm**  
**ANTIQUES, FURNITURE, COLLECTIBLES AND MORE!!**  
We want to sell your items!! If you have items you want to sell give us a call or bring them on Mondays, Wednesdays, and Fridays!! No consignments on Tuesdays!! Don't Miss The Opportunity!! Complete Estates, Clean Outs, Farm Machinery, Equipment, Real Estate, & More!!

**Special Consignment Auction!!**  
**Tuesday Night August 16th 5:00pm**  
We will be selling with 2 Auctioneers!! We are looking for Machinery, Industrial Equipment, Tractors, Trailers, Lawn and Garden Equipment and more!! Already consigned are 2-48' Storage Trailers, A large load of items from Syracuse, and more still coming!! This is in conjunction with our regular Tuesday Night Auction!! Inside we will be selling: ANTIQUES, FURNITURE, COLLECTIBLES AND MORE!! We want to sell your items!! If you want to sell give us a call or bring them on Mondays, Wednesdays, and Fridays!! No consignments on Tuesdays!! Don't Miss The Opportunity!! CASH IN NOW!! Complete Estates, Clean Outs, Farm Machinery, Equipment, Real Estate, and More!!

**SPECIAL ANTIQUE AND PRIMITIVE CONSIGNMENT AUCTION**  
**(In conjunction with our regular Tuesday Night Auction)**  
**August 23rd 5:00pm Second auctioneer starts on the block at 6:00pm**  
August 23rd 5:00pm Second auctioneer starts on the block at 6:00pm  
Just Consigned for this SPECIAL AUCTION is a large collection of micrometers and other Antique tools!! Watch for listing next week!! Consign Your Special Tools!! Call so we advertise them!!  
**WE ARE LOOKING FOR SPECIAL ITEMS INCLUDING COUNTRY CUPBOARDS, ANTIQUES, COLLECTIBLES, PRIMITIVE FURNITURE & ACCESSORIES, ALSO OUTSIDE WILL BE SELLING SPECIALTY ITEMS INCLUDING ANTIQUE TOOLS, LAWN & GARDEN, LAWN TRACTORS, SNOWMOBILES, COLLECTIBLES AND MORE!! IF YO HAVE THAT SPECIAL AND WANT TO SELL IT LET US KNOW SO WE ADVERTISE THEM FOR YOU.** We want to sell your items!! We receive consignments Mondays, Wednesdays, and Fridays!! Don't Miss The Opportunity!! Complete Estates, Clean Outs, Farm Machinery, Equipment, Real Estate, and More!!

**Huge 4 Day Event**  
**Antique Show, Flea Market, Yard Sales, Antique Consignment Auction**  
**Horse and Pony Auction, Antique & Vintage Car Auction!!**  
**SEPTEMBER 7th thru 10th Wednesday thru Saturday**  
Show to be held 44 Bridge Street St Johnsville NY across from the St Johnsville Marina, (Large 14 Acre Lot)  
Wednesday 10:00am Show/Flea Market/Yard Sale; Wednesday Night 6:00pm Antique Consignment Auction Under Huge Tent Thursday Show All Day Friday Show All Day; and at 3:00pm Small Animals, Tack, Horse, and Small Animal Related Items Auction, and at 6:00pm Horses, Riding Horses, and Ponies Auction!! LOOKING FOR CONSIGNMENTS!! Saturday Show All Day; and at 10:00am Antique Classic Car and Car Parts Consignment Action!! CONSIGNMENTS WANTED!! Classic Cars, Trucks, Car Parts, Engines, Engine Blocks, and more, Must be Vintage, Classic, or Antique!!



## 5TH ANNUAL DOLGEVILLE CONSIGNMENT AUCTION

**Proceeds to Benefit Little Falls Amish School**

Stop by Friday Evening with your family to browse and have dinner & homemade ice cream. Homemade ice cream will be available all day Saturday.

**SATURDAY, AUGUST 13TH @ 9:00 AM**

**Dolgeville Athletic Field • 240 Lotville Road, Dolgeville, NY 13329**

Directions: From Johnstown take 29 West to Lotville Rd on right. From Little Falls take Route 5 East to 167 North to 29 East to Lotville Rd on left.

**New Tools:** Dewalt cordless tools, weed eaters, chainsaws, open end wrench sets, socket sets, levels, ratchet straps, bench vise, tape measures, flashlights, trailer jack, barrel pumps, digging bars, shoeing knives, shoeing hammers, rasps.

**New Furniture & Crafts:** 1 load of top quality poly lawn furniture - great variety of colors, 1 load of top quality rustic log furniture, 5 pc. bedroom set w/queen size bed, (2) beds w/wildlife engraved headboards, 3'x5' stump table set, pub table set, benches w/wildlife engravings, bar w/stools, farm benches, end tables, 1 load of crafts from Zooks, 2 used bureaus.

**Quilts:** 1-85x92 Sunshine Shadow, 1-96x108 Diamond Star, 1-100x111 Puffed Dahlia, 1-38x38 Diamond Star, 1-Hand Painted Scenery Quilt with Peckville Bridge

**Quilt Tops:** 1- Lone Star Deluxe 100x110 Black & White, 1-Giant Dahlia 106x112 Black/ White/ Natural, 1-Giant Dahlia 101x110 Blue Willow Blues, 1-Log Cabin/ Bear Mountain 101x109 Blue/ Green/ Beige

**Shrubs & Flowers:** 1 load of shrubs and flowers from Sauders Nursery

**Building Materials:** Metal roofing, windows, 13-24' trusses, 3/4" and 2", 4'x8' sheets, 3HT Insulation

**Skid Steer Attachments:** 1-grapple bucket, 1-post hole auger, 1-6" bit, 1-9" bit, 1-12" bit, 1-18" bit

**Ag Supplies:** 1 Load of misc. Ag supplies from Mohawk Valley IBA, horse feed, dog food, winter boots, hydraulic oil.

**Miller's Chicken BBQ**

**Auction Held Under Tents**

Taking Consignments August 12th from 9:00 AM till 7:30 PM.

*Many More Items Expected.*

**Terms of Sale:** Cash or Good NY Check.

Owner and Auctioneers not responsible in case of injury or accident. All information day of sale takes precedence over written ads.

**Amish Lunch Stand Serving Breakfast From 7AM to 10AM**

- Pancakes, bacon, sausage and eggs. Come hungry and bring your family and friends, bring your lawn chairs and spend the day with us!

**Auctioneers:** Jonathan Esh, Aquillas Esh, Amos Wengerd, Eli Wengerd

**To have your items consigned call:**

Emanuel Byler 315-429-3061 • David Swarey 315-429-9582

Reuben Peachey 315-429-9141

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NY STATE MLS

# Real estate...

## New beginnings

### Kitchen Diva: Freeze a little summer

by Angela Shelf Medearis

The key to enjoying the best summer berries all year long is hidden inside your freezer. A little prep time and cold temperatures are the secret to enjoying fresh summer flavors even in the depths of winter. Not only are berries a tasty treat, they're a healthy one, too. The June 2013 issue of Tufts University Health and Nutrition Letter reports on results published in the journal Circulation that "women who ate the most strawberries and blueberries — three or more servings per week — were 34 percent less likely to suffer such an early heart attack."

Researchers followed about 93,600 women aged 25 to 42 for 18 years, checking in periodically to see what they were eating and how it was affecting their health. The heart health benefits were likely due partly to the presence of anthocyanin, an antioxidant compound found naturally in bright red fruits like strawberries.

Tufts University researchers also have studied older rats that would approximate 65 year old humans. After various berries were added to the rats' diets, they were put through a series of tests to evaluate memory (comparable to remembering where you parked your car) and balance (comparable to us walking on a slippery, ice covered sidewalk).

Pretty much every berry studied — blueberries, strawberries, blackberries, cranberries — improved learning, memory and balance in aging rats. Early results have led researchers to move forward with studying these potential benefits using human subjects.

Berries offer other health benefits as well. One cup of strawberries provides 140 percent of the recommended daily allowance of vitamin C, more than a medium orange. They also provide 16 percent of recommended dietary fiber. This fiber content makes strawberries low on the glycemic index, meaning they help slow the body's process of turning the berries into blood sugar, despite their sweetness. Strawberries also contain potassium, folate and more than 25 percent of recommended manganese, which helps process cholesterol.

Likewise, a cup of red raspberries has nearly 50 percent of the recommended daily allowance of vitamin C and 30 percent of recommended fiber, as well as some potassium, magnesium, calcium and vitamin A.

For a nutritious, tasty treat that also may help memory and balance, consider eating fresh berries in the summer

and follow the recipes below to preserve summer berries for the winter. Eating berries, whether fresh, preserved or frozen, all year long is a delicious way to improve your health.

Preserving Berries and suggested uses

Just before freezing, gently wash berries in cool water and pat them dry with paper towels. Remove and discard stems, leaves and any under-ripe or damaged fruit. Any of the suggested preservation methods below are a good way to store berries. Freezing berries with sugar helps retain their color and texture. Use berries frozen without adding sugar as an addition to quick breads or cakes.

1. Flash Freezing: Place berries in a single layer on a jelly roll pan; freeze until firm. Pack into zip top plastic freezer bags, leaving 1-inch headspace. Squeeze out excess air; seal and freeze up to eight months. Quick Tip: Add frozen berries to muffin, cake or quick bread batter; spoon over oatmeal or cereal.

2. Sliced, Crushed or Pureed: Add 1/2 to 3/4 cup sugar per quart of berries; gently stir until sugar dissolves. Spoon into plastic freezer jars, leaving 1/2-inch headspace. Wipe jar rims clean; secure lids. Freeze up to 12 months. Quick Tip: Use to top off shortcakes, stir into yogurt or layer in an ice cream parfait.

3. Dry Sugar Pack: Pat one quart of berries just until damp. Gently toss with 1/2 to 3/4 cup sugar. Place in a single layer on a jelly roll pan; freeze until firm. Pack into plastic freezer containers; cover and seal. Freeze up to 12 months. Quick Tip: Add frozen berries to cobblers or pies, stir into pancake batter.

4. Packing Berries in Syrup: Stir together one quart cold water and 2-1/2 cups sugar until sugar dissolves. Pack berries in wide mouth canning jars; cover with syrup, leaving 1/2-inch headspace. Wipe jar rims clean; secure lids. Freeze up to 12 months. Quick Tip: Thaw in fridge and use like fresh berries. Remember to drain and reserve the syrup to use as a topping for desserts or to sweeten and flavor drinks.

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# Real estate...

## New beginnings

### Get fit the smart way

Exercise is an important component of a healthy lifestyle. Many people establish bold fitness goals with a mind toward getting in shape. It's tempting to jump right in, especially when friends or relatives reach their own fitness goals. However, inactive men and women risk injury when diving right in and not taking a gradual approach to fitness and weight loss regimens. To reap the most rewards from exercise, take the proper precautions and follow these guidelines.

- Speak with your doctor before beginning an exercise regimen. Get medical clearance before you begin a new exercise regimen, especially if you have any preexisting medical conditions. Your doctor may suggest certain modifications that

can reduce strain on certain parts of the body or advise you on the most effective activities for people with your condition. Healthy individuals may be cleared outright and can begin their fitness regimens immediately. It's also wise to inform doctors of fitness plans and goals so they can help track your progress.

- Don't eat heavy meals before exercising. Avoid large meals before engaging in strenuous physical activity. A light, healthy snack gives you a little fuel without affecting your ability to exercise. After eating, the body diverts blood flow to the gastrointestinal tract to aid with digestion. Exercising while this blood flow is centralized in the gastrointestinal tract may cause

muscle cramps or generalized weakness. Nutrition experts at the University of California, Los Angeles, say that people who exercise strenuously on a full stomach also may experience reflux, hiccups, nausea, and vomiting. Wait at least an hour after eating full meals to exercise.

- Warm up. It's important to warm up muscles before beginning a workout. Stretches, light movements and range of motion exercises can improve flexibility and prepare the body for more to come. If muscles aren't fully stretched and warm, injuries like strains and tendon tears may occur. Take the time to warm up; otherwise, you may find yourself on the sidelines.

- Wear the appropriate equipment. Invest in

quality athletic shoes and other equipment made for the activity you will be performing. The right equipment can help prevent injury. Athletic shoes that fail to provide adequate support can increase your risk of injury. Good shoes do not have to cost a fortune, as there are plenty of brands that will work quite well. If you need suggestions, discuss your exercise regimen and goals with a podiatrist or orthopedist. Orthotic inserts can be used to modify footwear and provide additional support. You also may need equipment specific to a given activity. For example, wrist supports and quality gloves are essential for kickboxing classes. Speak with a trainer or gym employee if you need assistance.

- Take weather into consideration. Ice, snow, rain, and wind can make

jogging or other outdoor activities more challenging, if not dangerous. Always exercise caution when your workout regimen involves exercising outdoors. Stay indoors if you see thunder and lightning.

- Stay hydrated. The Better Health Channel of the Victoria State Government says a person can lose around one and a half liters of fluid for every hour of exercise. Drink water before, during and after each exercise session. If you need water while exercising, take small sips.

- Be aware of your body. Take notice of how you feel. If something doesn't feel just right, then stop immediately, rest and/or seek medical attention.

- Pace yourself and take the time to rest. Don't try to do everything all at once. Slowly build up your durability

and stamina by gradually increasing the intensity of your workouts. Give yourself time to recover between workouts as well.

Exercise is a key part of a healthy lifestyle. Remember to do so safely and effectively.



*Staying motivated and avoiding injury can help people get in shape and maintain healthy lifestyles for years to come.*



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**Krutz Properties is #1 per Capital District MLS for property SOLD in Montgomery County!**



023: **NEW LISTING!!!** 0 Green Road South, **SPRAKERS:** Looking for land to build your home that is within a great commuting distance to the Capital District Region? This property (3.6 acres) is easy access to State Route 20 and Exit I-90 in Fonda. **Asking \$25,000**



834: **NEW LISTING!!!** 118 Montgomery Street, **CANAJOHARIE:** Great 2 bedroom home with option of a 3rd bedroom in den area. Full bath., laundry, dining room, living room with picture window on first floor. Bedroom with large closet and 1/2 bath and second bedroom on 2nd floor. There is a large coat closet, kitchen with lots of cabinets, double wall oven, counter top stove and a large pantry. There is a patio outback with a large back yard and a relaxing front porch out front. Walking distance to downtown and schools. Open area with dining room, kitchen and den. **Asking \$69,900**



025: 573 West Ames Road, **FORT PLAIN:** Are you a handyman, interested in Historic Preservation or someone just looking for move-in-ready? The owners are getting ready to renovate.

If you are interested in purchasing at a considerable lower price (lower than \$85,000 without the renovation), take a look. As the work progresses, there is less room for negotiations. This is a 196 year old brick colonial with a large garage, a 20x55 two story storage barn and a separate milk house that can be converted to anything you wish. All have good roofs and in very good condition. Call for more details. **Asking \$85,000**



835: **NEW LISTING!!!** 196 Groff Road, **PALATINE BRIDGE:** Nice older single-wide in good condition situated on a country lot! It has a lot of extras - deck on the front of home - large deck and patio out back and an enclosed entrance porch. A work/utilities room, garage with a work area and a small old barn currently used as a shed. Living room has a gas fireplace and sliding glass doors leading to the back deck. Lovely large trees shade the back yard. NO SLAB UNDER TRAILER, THEREFORE WILL HAVE TO BE CASH!!! **Asking \$31,900**



214: 33 Lamberson Street, **DOLGEVILLE:** This is a nice starter home for a young family. Many improvements have been made to the home, including new carpet, tile flooring in the bathroom and new windows, electrical entrance and central air. Walking distance to super market. Low taxes, great school district, quiet street and a very nice community. The private backyard with a small stream is partially enclosed - great for children. **Asking \$69,999**



974: 84 West Main Street, **ST. JOHNSVILLE:** Charming two story home located in the Historic Mohawk Valley. Large kitchen with custom maple cabinets, original tin ceilings, hardwood floors in the living and dining rooms. Enjoy your morning coffee on the wrap-around porch. All new electric and plumbing. Centrally located in Upstate New York. Only 1 hour to Albany or Saratoga, 45 minutes to Cooperstown, Utica or the Adirondack Park. **Asking \$159,000**



Johnstown. Short ride to many stores and restaurants. Roof and furnace are both older. **Asking \$59,900**



992: 869 Fordsbush Road, **FORT PLAIN:** Country living at its best!!! Nicely maintained ranch on 3.6 acres. Large yard for the family to roam. 30 x 40 heated garage, 10 x 20 run in shed. **Asking \$149,900**



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Mozzarella	\$3.95 lb.	Cooked Salami	\$3.75 lb.
Muenster Cheese	\$3.95 lb.	Hard Salami	\$3.50 lb.

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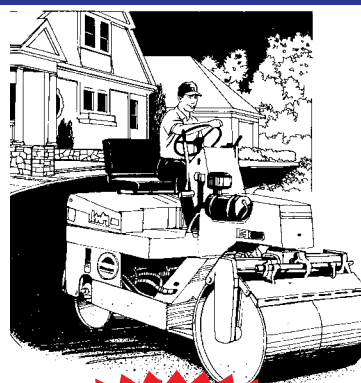
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