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# NYS Snowy CourseDages 10 & up (must be 10 day of course)Ages 10 & up (must be 10 day of course)Sat., November 4<sup>th</sup>, 2017Bi30am-4 pm (lunch provided)Bi30am-4 pm (lunch provided)Canajoharie Moose Lodge<br/>- Erie BlvdSign up at Christman Cycle Shop<br/>or call Barry at 518-993-2225or leave message with return<br/>phone # to 518-630-9485 or<br/>518-673-2916

Parent/guardian must sign student in at beginning of class, can return for pick up (ABSOLUTELY NO "JUST DROP OFFS")

# Improve visibility while trick-or-treating (and other safety tips)

Thousands of costumeclad children will embark on treat-finding missions in neighborhoods all across the country this Halloween. Everyone wants their Halloween festivities to be fun, but it is important that trickor-treaters and their chaperones prioritize safety as well.

The child welfare organization Safe Kids says that twice as many child pedestrians are killed while walking on Halloween compared to other days of the year. In addition, the National Safety Council states that darting out or running into the road accounts for about 70 percent of pedestrian deaths or injuries among children between the ages of five and nine and about 47 percent of incidents for kids between the ages of 10 and 14.

Ensuring trick-or-treating youngsters are visible to motorists can make Halloween safer for everyone involved. The American Academy of Pediatrics and other safety





With the right combination of caution and fun, Halloween can be an enjoyable time for youngsters and adults.

groups suggest the following strategies for safe trick-or-treating.

Supervise the festivities. Adults should chaperone young trick-ortreaters who are unlikely to be focused on safety in the midst of Halloween excitement.
Use reflective tape or

Parents can improve the chances of their kids being seen by motorists by adhering reflective tape onto kids' costumes. Glow sticks and wearable LED lights also can illu-

LED lights. Dark cos-

tumes coupled with twi-

light can make it difficult

for motorists to see trick-

or-treating youngsters.

minate trick-or-treaters. • Carry lanterns or flashlights. Children and/or chaperones who carry flashlights and lanterns can improve their own visibility while also making themselves more visible to motorists. Lanterns and flashlights trick-or-treaters help avoid holes. cracked payement and other obstacles. For those chil-

dren who want to free up their hands for better treat gathering, lights that strap to the head are an option.

ORIGINAL VALLEY PENNYSAVER

• Keep the lights on. Homeowners can do their part by keeping outdoor flood lights and accent lighting on to make paths safer for youngsters on the prowl for Halloween candy.

• Choose face makeup over masks. Children wearing masks may not spot oncoming cars or other hazards. Face makeup won't affect kids' visibility but will still help them look scary.

With the right combination of caution and fun, Halloween can be an enjoyable time for youngsters and adults.

| America<br>Homes |                                 | vailable<br>Immediate<br>Delivery |                     | En                  | 10                   | F Summer Clearance                      |
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|                  | Description                     | Sq. Ft.                           | Was                 | Save                | Now                  | Save<br>Thousands!                      |
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| Alabama          | 3 bed, 2 bath                   | 1,064                             | \$43,995            | \$4,000             | \$39,995             |   |
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| Connecticut      | 3 bed, 2 bath                   | 1,216                             | \$61,995            | \$7,000             | \$54,995             |   |
| Delaware         | 3 bed, 2 bath                   | 1,216                             | \$61,995            | \$4,000             | \$57,995             |   |
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|                  | orida 3 bed, 2 bath SALE PENDIN |                                   |                     | <del>\$4,000</del>  | <del>\$88,995</del>  |   |
| Hawaii           | 3 bed, 2 bath                   | 1,232                             | \$66,995            | \$6,000             | \$60,995             |   |
| Kentucky         | <del>3 bed,</del> S             | OLD                               | <del>\$77,995</del> | <del>\$6,000</del>  | <del>\$71,995</del>  |   |
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GARAGE SALE: October 27th and 28th. 8-4. Household items, kids stuff, something for everyone. 102 Walnut St., Canajoharie.

# **Town of Palatine Residents** Would you like a town government

- Who will continue to be **fiscally responsible**?
- Who will continue to work together and not against each other?
- Who will continue to be **transparent** with no hidden agendas?
- Who will continue to work for **you**?

**Vote on November 7th to RE-ELECT SUPERVISOR SARA NICCOLI** AND **COUNCILMAN NIEL YERDON** 



ST. JOHNSVILLE 25 W. Main St.

October 28, 2017 • A3



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# Good Housekeeping

#### Sicilian Pasta Salad

This recipe brings Sicily right to your kitchen — with only six ingredients!

1 pound dried penne, orecchiette or shell pasta

3 tablespoons white balsamic vinegar

- 1 pint mixed cherry tomatoes
- 1 medium head radicchio

1 cup mixed pitted olives

1 cup crumbled Ricotta Salata cheese

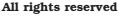
1. Bring a large pot of salted water to a boil. Add penne and cook according to package directions until al dente, about 10 minutes.

2. While pasta is cooking, whisk 1/3 cup extra-virgin olive oil and vinegar in a large serving bowl. Add remaining ingredients and toss until coated.

3. Drain pasta and add to serving bowl. Season with 1/2 teaspoon kosher salt and freshly ground black pepper to taste. Toss to combine. Serves 4.

For thousands of triple-tested recipes, visit our website at www.goodhousekeeping.com/recipes.

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ANALYSIS



Mohawk Valley Ag LLC Dutchman Stoves LLC Mohawk Valley Fabrics 95 Willet Street, Fort Plain, NY 13339 518-993-2543

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**Fort Plain** 

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2014 CHRYSLER 200 Touring S, Red, 44K, V-6, Auto, Moonroof, Full Power, 1-Owner, Clean CARFAX. Sale: \$11,995. John C. Miller Inc. 518-762-7124. www.johncmiller.com

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doors, bathroom, furnace. Great for store or office space. Rent is reasonable. 52 Main Street, Fort Plain 315-794-2399 HAVING A PARTY?

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# Scary movies perfect for Halloween

Scary movies are as much a part of Halloween as candy and costumes. This Halloween, scare up some entertainment with any of the following films. Halloween (1978): Thanks to its title, perhaps no film is more synonymous with Halloween than this John Carpenter classic. A decade and a half after murdering his sister on Halloween night in1963. deranged Michael Myers is back to terrorize his hometown of Haddonfield.

• Night of the Living Dead (1968): Recently deceased writer/director George Romero's tale of the dead suddenly coming back to life is a horror genre classic. Curl up on the couch and watch in horror as a handful of frightened characters attempt to keep flesh eating monsters at bay as they hide in an abandoned farmhouse.

• Pumpkinhead (1988): B-movie legend Lance Henriksen stars as Ed Harley in this cult classic about a vengeful father

who hopes to get revenge on the people responsible for his son's death. After conjuring a towering demon to do his dirty work, Harley experiences remorse as Pumpkinhead kills again and again.

Friday the 13th (1980): Another horror classic, this film follows a group of teenagers who are attempting to reopen an abandoned campground. One by one each teen is murdered by a mysterious killer, who ultimately turns out to be Jason Voorhees, who drowned at the campground as a boy years earlier.

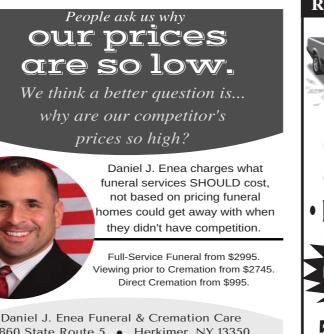
• Hellraiser (1987): A simple puzzle box serves as the catalyst for this classic from horror master Clive Barker, making his directorial debut with this tale focusing on a zombie being pursued by demons.

• Frankenstein (1931): Film buffs who want something scary and historic this Halloween can opt for this nearly century-old adaptation of Mary

Shelley's tale of an obsessed scientist who creates a monster from the body parts of various exhumed corpses.

• Children of the Corn (1984): Based on a short story from horror fiction legend Stephen King, this

film focuses on a couple's relocation to a rural Nebraska town. Upon their arrival, they begin to suspect something is amiss, ultimately learning a religious cult of children is terrorizing the town.



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# 



**Bill MacLauchlin** 

Bill MacLauchlin **Republican Candidate for Supervisor** Town of Palatine



# Work Experience:

Everything from farm labor, mechanical work, automotive sales to real estate and insurance. The Shults Agency was aquired in 1975 with only two employees. I grew the company to 25 full time employees. For more information, visit shultsagency.com. My son Scott in now the owner of that portion of the family business while I am active in the real estate portion.

I am Christian, Conservative, and Republican.

I would appreciate your vote.

Thank you.

# **Open Letter to the People of Town of Palatine** from Bill MacLauchlin

The Town of Palatine is a good place to live, and to raise a family. My wife and I did that. I can sit on the porch and enjoy life. It's good. But the usual conversation goes to the retired people moving away because they can't afford to maintain their homes. By the way, do you know where Joe went after graduating a few years ago? I think he found a job somewhere else.

Rather than just sit and complain, I have decided to do something.

To begin with, I believe a small, well managed, close to home government is better than a larger, far away government. I will seek to improve and retain the Town of Palatine. I will look at sharing services and consolidation with a much different attitude than I see from the present Supervisor and Board. The attitude now seems to be if we wait long enough, the county or state will do this for us.

\*\*\*\*\*\*\*\*\*\*\*\*\*\*

**Our present "Chief Financial Officer" (Supervisor)** appears to be trying to hide (doesn't even attend meetings) the result of a state audit until after the election. The Supervisor, it would seem, doesn't have to address the issue if the meetings are not attended.

Simply put, increasing surplus (to a total of over \$1.4 million) while also raising property taxes, is a questionable practice.

The choice in this local election seems obvious. I offer you something different. Vote for more of the same, or vote for change.

**Candidate for Supervisor Town of Palatine Bill MacLauchlin** 



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# ORIGINAL VALLEY PENNYSAVER

# **Country Preacher**

by Pastor Dan West

In his God-given wisdom Solomon had a lot to say about you and me. In Proverbs 14:29 he observes, "He that is slow to wrath is of great understanding, but he that is impulsive displays great foolishness.'

Tang Soo

Do of

Central New Work

It makes sense that one who thinks through an unemotional response is going to have a better response than one who immediately "flies off the handle."

To complement this concept, Solomon contin-

ues in chapter 15, verse 1 "A gentle answer turns away wrath, but a harsh word stirs up anger." So often our own response to something someone has said only makes the situation worse and determines that the situation will never be settled. In verse 18 he says, "A hottempered person stirs up conflict (or starts fights), but the one who is patient calms a quarrel."

Proverbs 13:10 tells us that "only by pride comes quarrels (contention)."

# **Comfort foods made** fast and healthy

#### by Healthy Exchanges **Butter-Bean Pie**

Here is a vegetable that doesn't get enough attention — the butter bean. If you enjoy this vegetable and are looking for a new way to prepare it, you will truly please your taste buds with this one.

8 ounces extra-lean ground sirloin beef or turkey breast

1 cup finely chopped onion

1 cup finely chopped green bell pepper

1 (10 3/4-ounce) can Campbell's Healthy Request Tomato Soup 1 teaspoon dried parsley

flakes

1/8 teaspoon black pepper 2 (15-ounce) cans butter beans, rinsed and drained 1 Pillsbury refrigerated unbaked piecrust

1. Heat oven to 375 F. Spray a deep-dish 10-inch pie plate with butter-flavored cooking spray.

2. In a large skillet sprayed with butter-flavored cooking spray, brown meat, onion and green pepper. Stir in tomato soup, parsley flakes and black pepper. Add butter beans. Mix well to combine.

3. Spread mixture into prepared pie plate. Top with piecrust. Flute edges and make slashes across top of crust.

4. Bake for 20 minutes. Reduce oven temperature to 350 F. Bake additional 45 minutes or until crust is golden brown. Place pie plate on a wire rack and let set for 5 minutes. Cut into 8 servings.

\* Each serving equals: 224 calories, 8g fat, 8g protein, 30g carbs, 228mg sodium, 33mg calcium, 3g fiber; Diabetic Exchanges: 2 Starch/Carb, 1  $\overline{1/2}$ Meat; Carb Choices: 2.

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# ATTENTION **Town of Palatine Residents**

Once again, election time is right around the corner and once again, the issue on a lot of residents' minds is the possible building of a new town hall in Stone Arabia. I really thought that the results of the 2015 election had put this issue to rest. Apparently not.

As is well known, myself, along with Supervisor Niccoli, and Councilmen Vandenburgh and Novak, have been opposed and continue to oppose spending \$500,000 plus for a new building. With the State urging consolidation of municipal courts and Montgomery Court working diligently to utilize the former Beech Nut facility for that very purpose, any thought to spend money toward a new building would be totally irresponsible.

Councilwoman Betty Sanders and former Councilman Shawn Cotton have been strong supporters of a new town hall and continue to be, as proven by the constant dispar-aging remarks regarding the building that has served as this Town's Court and Town Hall for decades

I urge all residents to vote on November 7, 2017 and let your voice be heard as it was two years ago, because the result of this election will effect this town for many years to come

Paid for by Niel Yerdon

**Niel Yerdon, Councilman** Town of Palatine ORIGINAL VALLEY PENNYSAVER

ALPACA CLOTHING IN STOCK. Sweaters, many styles of socks, hats, gloves, scarves, and much more. Paca Gardens, 27 West Main St, Little Falls, NY 315-823-1100 M-F 10-5, Sat 10-4. Layaways available.

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2008 FORD TAURUS SEL, Green, 69K, V-6, Auto, Leather. Sale \$6,995. John C. Miller Inc. 518-762-7124. www.johncmiller.com

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2009 SATURN AURA XE. Silver, 66k, 4cyl., Auto, AC, CD, Alloys, Clean CARFAX. Sale: \$7,495. John C. Miller Inc. 518-762-7124. www.johncmiller.com

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CLOTHES DRYER, Whirlpool, \$50.00 firm. 518-568-2865 leave message

ROUND & ROUND UP WE GO! Where we stop no one knows but I stopped to Esther's Budget Shop. I have to tell you all it's the greatest little shop of all! Esther's Budget Shop, 188 Canal Street, Fort Plain, NY. 518-258-4286 GOT COLD FEET BE-CAUSE OF POOR **CIRCULATION?** Paca Gardens has Alpaca Therapeutic socks. Warm, soft, stretchy and very comfortable. Ideal for diabetics or anyone with cold feet. Your feet will love them. Many colors too choose from. 315-823-1100 M-F 10-5, Sat 10-4. Paca Gardens, 27 West Main St, Little Falls. Layaways avail-

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able.

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CHRISTMAS AUC-TION Friday Nov. 10th at 6:33pm. King's, Burrows Rd., West Winfield, NY 315-822-5221.

# Did you know?

According to Smithsonian.com, the Halloween tradition of trick-or-treating traces its origins to the Celtic tradition of dressing up as evil spirits at the end of the year. But unlike the trick-ortreaters of today, the Celts did not dress up for fun or in search of candy.

According to Celtic belief, the dead and the living would overlap during the transition from one year to the next. Celts also believed that demons would roam the earth during this transition period. So Celts dressed up as evil spirts so the demons they believed were walking the earth would mistake them as one of their own.

But it was not just the Celts who contributed to what Halloween has become today. Historians believe that trick-ortreating may also be rooted in the medieval practice of "souling," in which poor children would go from door-to-door on All Souls' Day and ask for food in exchange for prayers for the dead. Both Celtic traditions and the practice of souling no doubt contributed to modern Halloween traditions, but the Halloween traditions celebrants know today have been practiced for less than 100 years.



Sherry Anne In Concert At Church of the Good Shepherd 26 Moyer St., Canajoharie, NY Saturday, November 4th **2PM** Time of fellowship & refreshments following the concert. A free-will offering will be taken

# Town of Palatine's Clerk Experience with the Responsible Government

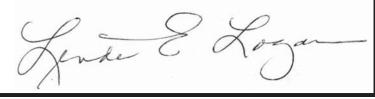
- 1 Have not seen supervisor at a meeting or in the Town office in two months.
- 2 Taxes were raised in last three years causing a surplus of Town funds.
- 3 Did not receive tentative budget on time this year.
- 4 Contracts have been late bringing to board -
  - A) Fire Contract
  - B) Snow & Ice
  - C) Mowing & Brush Removal
  - D) FEMA Flood Prevention

All have contacted me after two months - looking for the contracts.

- 5 Payroll checks late costing the town \$500 FINE.
- 6 Supervisor gave two employees a raise without proper procedure.

Maybe its time for a change Next Scheduled Regular Meeting Oct 25th at 6:30 at the Town Hall in Palatine

# Town of Palatine Clerk,



# **Antiques & auctions**

#### by Terry and Kim Kovel

**Hollywood Deco** 

Fifties furniture is very popular with vintage collectors today, but some earlier Art Deco designs from the 1930s are not in demand. Look at old movies on television to study some of the stranger pieces. The look is sometimes called "Hollywood Deco" because the extravagant rooms with huge round mirrors and sofas were exaggerations of the modern furniture used in average homes.

An unfamiliar cabinet was sold recently at a Garth's auction. It was a flat, round cabinet on a base. When

t., Oct. 28th Consignment Auction ~ 6:33PN Thurs., Nov. 2nd Food Auction ~ 6:33PM t., Nov. 4th Consignment Auction ~ 6:33PM ri., Nov. 10th Christmas Auction ~ 6:33PM t., Nov. 11th Consignment Auction ~ 6:33PN

Nov. 12th Breeder Sale ~ 11:33AM

Burrows Rd., West Winfield, NY - (315) 822-5221 WE ACCEPT CASH - CREDIT CARDS - DEBIT CARDS

# **PUBLIC AUCTION**

Northville Antique Estate Saturday, November 4th • 9:30AM

> Location: Mohawk Valley Produce Auction 840 Fordsbush Rd, Fort Plain, NY 13339

Tractor - 240 International Utility, nice; Lawn Mower-Cub Cadet 60" Zero Turn; Cream Separator-Montgomery Ward Royal Blue, nice condition; Misc. 4 Ft. Bush Hog 3Pt Hitch; 3Pt Hitch Dearborn plow; Antique Cab; Chopper; 6 Plus Sythe; Logging Chains; Electric Motors; Numerous Gas Cans; Electric Grinders; Electric Chainsaws; Numerous Various Size Buzzsaw Blades; Central Machine 10" Meat Saw; Numerous Old Engines; Jack Shafts; John Deere Antique Tractor Engine; Lg. Jig Saw; Fan Mill Antique; Pratt and Whitney Milling Machine; Cutoff Metal Saw; Lg. Soapstone Stove; (Nadley Bros Dairy Milk Crate); Boomer Hay Trolley; Antique Septic Hand Pump;

Tons of Other Items Still Buried. ishei **Sold Along With** Ephraim Peachy Tool Sale 518-993-2543 Auction Zip # 18971 **BBQ CHICKEN & HOT LUNCH** 



ameter of the cabinet and the glass doors and shelves waiting to display a collection. The plain solid base stretched beyond the rounded sides to give safe support for the top-heavy design. This type of cabinet was made in the 1930s, but most for sale today were made in England, not the U.S. Most have no maker's name and the wood choice suggests it was not expensive when new. Some were oak or even mahogany, but many were made of laminate with grain painting.

A cabinet like this sold at a Midwestern auction in 2016 for \$450. A selection of similar round modernist curio cabinets found online had asking prices as high as \$2,000, but most of these are in English shops and prices were cut to less than \$500.

# **HOSKING SALES LLC – CERTIFIED ORGANIC MARKETING AGENCY** Weekly Sales Every Monday 11:30 with

Misc. & Small animals followed by Dairy & Livestock Monday, Oct. 16th – Sold 382 head. Cull Ave. \$.50 Top Cow \$.62,Bulls/ Steers None, Bull calves top \$1.40, heifer calf top \$.90,Dairy feeders \$.35 - \$.84, Dairy grade milking age top \$1200, young heifers top \$550, Lambs 80#-91# \$1.00 - \$1.58, Cull Sheep \$.58 - \$1.38, Goats top \$150.

Saturday, Oct. 28th - Fall All Breed Dairy Sale - Accepting 150 Registered All Breed Dairy Cattle call today to get your group advertised. Exceptional cattle already coming from Sco-Li, Ju-Vindale, Deer-Slope, Locust-Vale,

Hayes Farm, Fantasy-Found, Osborn Bros, Trill-Acres, Kler-Vu, Liddleholm Westan, Apocalypse Jerseys, Oakfield Corners, Crestbrook Jerseys, Hell Hollow Swiss, Carol-Ray, Fox Field, Wisbee Farms, Durkacres, VanKuren Farm, Gaige Farm, Sunny Acres, just to mention a few with exciting pedigrees! Show age heifers, young fresh cows - there will be something here for everyone! Embryos, shipper semen tank & semen also sells. Breeds include Holsteins, Brown Swiss, Ayrshires, Guernsey, Milking Shorthorn, Jerseys and the quality is here!

Monday, Nov. 6th - Normal Monday Sale & 2nd Fall Round up Beef Sale. Kesicke Farm, Rhinebeck, NY sends 30 Angus Beef Cows due for Spring. Monday, Nov. 13th - Normal Monday Sale & Monthly Heifer Sale. Monday, Nov. 20th - Normal Monday Sale & Monthly Sheep, Lamb, Goat & Pig Sale.

#### **Upcoming Sales to Watch for:** 2018 - Sat. March 31st - Spring All Breed Sale.

\*\*Trucking Assistance - Call the Sale Barn or check out our trucker list on our Web-Site. Call to advertise in any of these sales it makes a difference. Watch website for any last minute updates

Directions: Hosking Sales LLC 6096 NYS Rt. 8, 30 miles South of Utica & 6 miles North of New Berlin, NY www.hoskingsales.com Like us on facebook



*Q*: I'd like some information about a pitcher and washbowl made by Edward Clarke. It's marked on the bottom with two touching shields. The words "Edward Clarke, Tunstall, Trade Mark, Stone China" are above the shields and "Stone China" below.

A: Edward Clarke made earthenware and white ironstone at Phoenix Works in Tunstall. England, from about 1865 to 1877. That's when your pitcher and washbowl were made. They probably were part of a commode set that included a soap dish, chamber pot and other items. Before there was indoor plumbing, a commode set or chamber set was kept in the bedroom and emptied each morning.

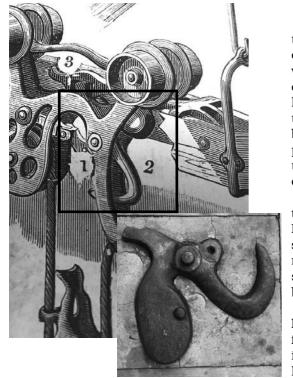
**G**: I came across an old R.C. Allen 10 Key Calculator Model 35 that my dad used for his business. On the front, it says "World Famous 10 Key Calculator, American and Swedish Patents."

A: Ralph C. Allen founded his company in Grand Rapids, MI, in 1932. It also manufactured and distributed cash registers and typewriters. Your calculator was made in 1948 and originally sold for \$397. Old calculators are not very useful and not popular collectibles, so they are very hard, if not impossible, to sell

#### (c) 2017 King Features Synd., Inc.



This unusual round cabinet was made to hold a collection of curios or china. It was sold at a Garth's in Ohio auction for \$450.



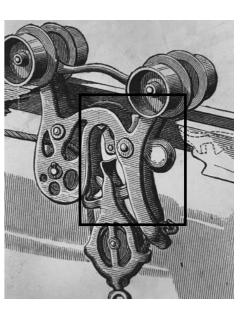
# Whatchamacallits

This week we're going to learn the identity of our genuine Whatchamacallit from a couple of weeks ago. Although this item on our Facebook page got many hits, no one commented on what they thought the item was. To be fair, our Whatchamacallit is a part a larger item. The manufacturer of the item was J.A. Cross of Fultonville, NY.

J. A. Cross, Manufacturer eventually became the The Fultonville Mfg. Co. They manufactured and sold hay carriers, wheel oiling machines, pulleys and "other specialties" according to a 1902 bill of sale.

Our Whatchamacallit was the hook of the carrier or track used for conveying grain and/or hay into barns. In the 1887 circular, J. A. Cross explained "A few years ago, carriers or tracks were in little use, except for unloading or conveying hay and grain in long barns, now where once introduced, every farmer not only has his barns all tracked but he runs a feeding car upon an elevated track in front of his cattle with another in the rear for conveying out the manure, tracks over his silos for taking out the ensilage, tracks to his grain lofts and corn cribs and various other uses.'

I've put a box around our Whatcha on the illustrations that were in the circular. The one to the left shows the hook disengaged from the travelling pulley as a load is lifted, the image to the right shows the hook secured to the pulley ready to move along the track.



Do you have your own Whatchamacallit?

Send a photo and short description to csuo@leepub.com or call Colleen at 518-673-0145

# **Antiques & auctions**

# Hardworking kitchens can still have style

(BPT) — Years ago, the kitchen served a very utilitarian function — a place to prepare food and clean the dishes. Today, it's truly the nerve center of the house where people eat meals, discuss the day's events, plan calendars, do homework, check e-mail and entertain guests.

With that increased demand on the kitchen, and the trend towards creating flexible living spaces, homeowners are seeking ways to maximize their overall layout and make their kitchens work harder.

Expanded work surfaces, smart appliances and carefully thought-through floor plans are just a few elements that have recently emerged in kitchen trends. But one of the most noticeable differences in today's kitchen is the demand for multiple sinks and various water sources.

According to Katherine Riley of Danze, a manufacturer of decorative plumbing products, many homeowners are using multiple sink areas to increase efficiency and literally spread out the work. However, they don't want to sacrifice the ability to showcase their personal tastes and eye for design.

"Homeowners and designers place a lot of emphasis on a sink's role when planning a kitchen remodel," says Riley. "While convenience and functionality have always been key factors, today's homeowners also want to enhance the room's ambiance and decor they've worked hard to achieve. In fact, the kitchen is one of the best rooms in the house to showcase a home's personality through design."

If you're looking for ideas on how to make your kitchen more functional and stylish, consider integrating these options into your kitchen remodeling plan: Main sink

An all-purpose station primarily used for cleanup duty, the main sink often features a deeper, single basin to handle dishes and oversized pots and pans. Riley suggests pairing these sinks with a pre-rinse faucet. These faucets improve

functionality of the sink area by allowing users to literally "take the water to the work," but are noticeably fashionable.

In addition to the primary functional faucet, many kitchens feature a water filtration faucet or tap as part of their main sink configuration.

#### Second sink

Often located in a center island, this sink helps avoid congestion at the main sink and is a great way to increase a kitchen's workflow. Many refer to this sink as a prep sink, which quite literally is one of its primary uses. Homeowners commonly use this extra workspace for cutting vegetables, chilling wine or washing hands before a meal. Choosing a faucet style and finish that complements the room's decor can add an eyecatching decorative piece to an otherwise "ho-hum" island.

#### Bar sink

Sometimes referred to as a convenience sink or a beverage center, this area is traditionally used for entertaining purposes. It's occasionally located on the center island, but is often placed on a separate countertop in the kitchen or adjacent room (if space allows). Make sure to choose a faucet that matches the other kitchen faucets. Danze offers several types of bar faucets, including high-arc options, small-scale faucets and pull-down faucets. Choose a style that will make this space "entertaining."

Looking for another water source without a full sink? Try incorporating a pot filler faucet at your stovetop. These faucets provide a convenient, safe way to add more water to boiling pots or saute pans.

As you plan your kitchen remodel or look for ways to maximize your work areas, don't be shy about making your sinks, work surfaces and water sources work hard for you. However, since this space serves as the epicenter of most homes, be sure to also use the room as a way to express your unique style.

Visit www.danze.com for more kitchen (and bath) solutions from Danze.



This "right-sized" pull-down faucet is perfect for any kitchen island.

# **PUBLIC FARM MACHINERY &** EQUIPMENT CONSIGNMENT AUCTION JR'S Auction 7403 St Hwy 5 St Johnsville NY 518-993-4668

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# **PUBLIC AUCTION** Saturday, November 4th • 9:30AM

Location: Mohawk Valley Produce Auction 840 Fordsbush Rd, Fort Plain, NY 13339

# **CONSTRUCTION, FARM, GREENHOUSE** AND LAWN & GARDEN EQUIPMENT

Werner Fiberglass Ladders: 28' Ext Ladder, 24' Ext Ladder, 19' Extending Step Ladder, 15' Extending Step Ladder, 12' Step Ladder, 10' Step Ladder, 4' Step Ladder, 5' Step Ladder, 2' Step Platform, 10' Drywall Lift, Blue Hawk Elec. 20gal Compressor, 20pc Lenox Hole Saw Kit, Milwaukee 1/2" Hole Hawg, Sledge, Shingle Shovel, Rakes, Digging Iron, 4,000lb Bucket Forks, 2-100' Cords, 1-50' Cord, 1-25' cord, 3 Gas Cans, Tarps. Power Concrete Trowel: Air Flooring Nailer - Stapler, Work Lights, Grace LTS 15 Paint Sprayer, Paint Crew

Sprayer, Marshalltown Skywalker Stilts. 2 Set Bakers Scaffolding, Angle Iron Cutter, Roof Jacks, 4 20 T Bottle Jacks, 3 12T Bottle Jacks, 4 Pole Jacks, 2 Set 6' Walk Through Scaffolding, 50' Drain Snake, Full Roll 4' Perforated Drain.

Cordless Tools: 2 New 18v Sawzall, 2 New 20v Skil Saw, 2 New 20v Angle Sawzall, 2 New 20v Flashlights: **Used:** 20v Miter Saw, 18v Impact, 18v Sawzall, 18v Hammer, 18v Drill, 20v Impact, 20v Hammer, 20v Skil Saw, 18v Grinder, 18v Jig Saw, 20v Sawzall, 18v Vacuum, 18v Skil, 18v Finish Nailer, 20v Framing Nailer, 12 Batteries, 60v Flex Skil Saw - 2 Batteries, 5 Battery Chargers.

Electric Tools: Milwaukee Skil, Bosch SDS & Hammer, Dewalt Sawzall, Dewalt Router, Bosch Hand Planer, Makita Skil Saw, Dewalt 12" Sliding Miter, 10" Compound Miter, Ryobi Rotozip, Senco Drywall Driver, Saw Stand, 2 T Squares, Job Box, 8' Trim Brake, Bosch Transit, Drywall Tools, 2 4' Bull Floats, Bolt Cutters, Ladder Jacks, Vinyl Floor Roller, Dewalt 10" Tablesaw with stand, Bosch Grinder new in box, Dewalt Sander.

Air Tools: Porter Cable 1/4 Stapler, Bostich Finish Nailer, Bostich Siding Nailer, Bostich Joist Hanger Nailer, 1/4" Stapler, Hitachi Roofing, Paslode Framing, Bostich Roofing, 16ga Finish Nailer New in Box.

Greenhouse Supplies: 16 4-18-38 Fertilizer 25lb, 4 55lb Epsom Salt, 50lb Potassium Nitrate, 6 50lb Calcium Nitrate, 14 40lb Lawn Lime, 2 30"x40" Radiators, 100s Tomatoe Stakes, 25lb 20-20-20, Fert Injectors, 56 25lb Loose Bag Pro-Mix BX.

Home, Farm & Misc: 12 Volt 2.500lb ATV Winch New in Box. 7 Railroad Jacks. Homemade Sap Cooker. Assorted Used Door Panels, 12' Landscape Trailer, 20' Trailer Dual Axle-No Floor, 2 Way Plow, 1 Row Cultivator for Parts, 1 Fore-Cart, Troy-Bilt 26" Snowblower, 8 164' Rolls Poultry Fence Netting, 21pc 3/4" Drive Socket Set, 2 5 Gal Hyd. Oil, 7.5 HP Elec Motor, 80,000 Propane Job Heater, Brick Carrier, Tool Boxes, Saw Horses, Kreg Jig, 2 Shop Stoves Wood, 2 36" Elec. Fans, 5 HP MTD Chipper, 300,000 BTU DS Wood-Coal Stove, Hay Wagon on Steel Wheels, 5500 Pallet Jack, Generac 2800 PSI Pressure Washer, 200,000 Modine Air Controls Used 1 Season, 2 275 Gal Water Totes, Ice Fishing Hut, 15 3.8 Cu Ft Bag Peat Moss Bedding. Solar Equipment: 90w Solar w/Controller, 80w Solar w/Controller, 230w Solar w/Solar Boost 3024i MPPT, 60w

Solar w/Controller, 30,000 Btu Space Heater, 20,000 Btu Space Heater, 10,000 Btu Space Heater

Also selling antique tools etc. from an estate in Northville!!!

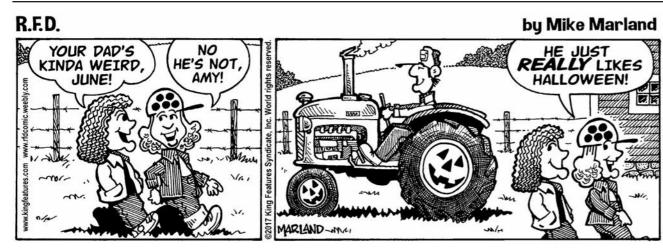


518-993-2543

Auction Zip # 18971

Sale Held For Ephraim and Emma Peachev Due to relocating they are doing inventory reduction 518-568-5678

**BBQ CHICKEN & HOT LUNCH** 



<image>

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We want to hear from you! Send your comments & suggestions to the Original Valley Pennysaver PO Box 121, Palatine Bridge, NY 13428 OR email jsnyder@leepub.com

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# Ayres Memorial Animal Shelter benefits from 4th annual 'Hairball'

#### by Elizabeth A. Tomlin

Who could benefit from a hairball?

Ayres Memorial Animal Shelter! And they did with the 4th annual 'Hairball' event hosted by the Canajoharie — Fort Plain Elks Lodge, located in Nelliston, NY.

"We are very fortunate to have such good friends in the Elks!" remarked Ayres Memorial Animal Shelter Treasurer Melanie Shibley. "We appreciate the support and effort they put forth on the shelter's behalf."

The fundraiser featured the live music of the Vibratones, well known in the Capital District for their dance music of all time favorites.

"The Vibratones show their support by coming out for the benefit," attested Shibley.

"You name it we can play it," says Frank Esposito, lead vocalist/keyboards and composer of "God Bless America Again."

"The Vibratones provide great music at a nice discount to us," commented Canajoharie — Fort Plain Elks Exalted Ruler Michele Whiteman.



Members Karen Nellis, Jo Ann Waner, and Nancy Swartz worked selling raffle tickets at the event. Besides the draw of dance music, the event also featured raffles of gifts and gift baskets donated by Elk's members, community members and local businesses. A 50/50 raffle was won this year by Mary Clayburn.

"Our members enjoy being able to support the Ayres Shelter and to assist their endeavors to care for the homeless dogs and cats in our area," said Whiteman. "We spend hours every year to plan and hold this benefit."



Canajoharie – Fort Plain Elks Exalted Ruler Michele Whiteman, Elks Hairball committee Co-Chair Wanda Hazlett and Eleanor Cardinal greet attendees at the door of the 4th annual event.

More than \$1,000 was raised for Ayres Shelter by the Hairball.

"We are greatly touched by the support of the Elks Lodge and the community that comes out to support the Ayres Memorial Animal Shelter," said Suzanne Listing Stegich, Vice President of the Shelter. Stegich



Ayres Memorial Animal Shelter Board of Directors President Joe Rosmeyer (rear center), Vice Pres Suzanne Stegich, 2nd Vice Pres Dale Folmsbee, Corresponding Secretary Elizabeth Wilson, Treasurer Melanie Shibley, and Recording Secretary Elaine Nalli are joined by Elks Hairball committee Co-Chair Kirk Bayes and Canajoharie – Fort Plain Elks Exalted Ruler Michele Whiteman at the 4th annual event.

#### Photos by Elizabeth A. Tomlin

said that the majority of funds for Shelter comes from donations and fundraisers.

"The funds raised help the Shelter do the extra things for our animals that otherwise may not be possible."

Whiteman and the Lodge's Ayres Hairball committee extends a huge thank you to the community for their support of this event.

"We are extremely grateful to the community for their continued support of our Hairball," said Whiteman.

For more information or to donate to the Ayres Memorial Animal Shelter, call 518-673-5670 or visit them at 133 Hilltop Road, Spraker, NY.





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| Provolone   | \$3.84 lb | Off Bone Double Smoked Ham | \$4.19 lb |  |  |  |
| Farmers   | \$4.33 lb | Black Forest Ham           | \$3.99 lb |  |  |  |
| Baby Swiss  | \$4.49 lb | Roast Beef                 | \$5.99 lb |  |  |  |
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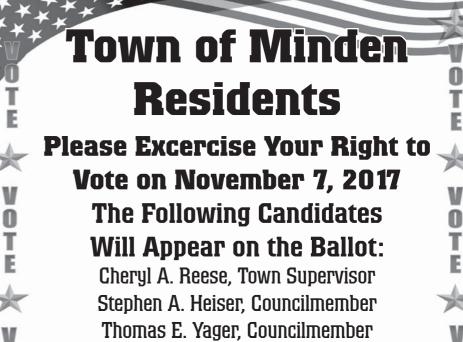
FOR SALE: (2) 2002 Ski-Doo MXZ 660's, nearly new, tracks w/reverse, \$1,400; 2000 MXZ 700, \$1,200; 2014 Arctic Cat Wildcat, low hours, extras, \$6,500; 2015 Honda CBR 600RR. low miles. \$6,900. 518-673-3587

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Janet I. Trumbull, Town Clerk/Tax Collector Scott A. Crewell, Town Highway Superintendent

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This ad is paid for by the candidates above

# **ATTN: TOWN OF PALATINE RESIDENTS**

In response to Niel Yerdon's Pennysaver Ad, I will set the record straight. Councilman Niel Yerdon should know that I have not brought up the mention of a new town hall for this election. In fact I am in favor of the consolidated shared services for the county. I am also not opposed to having fire ponds but I would rather see fire hydrants instead of ponds for several reasons. It would be more cost effective to install hydrants as the source of water, it would be much more dependable and also have consistent water pressure. We have three village water mains running through our town. They are Canajoharie, Fort Plain, and the Village of Palatine Bridge. In my opinion I feel we could do two to three hydrants for the price of one pond.

One of the things I strongly believe in is public comment. Now questions are asked but answers are not given. I would answer the question when asked and if I did not know I would have the answer at the next meeting. Communication is the main key to our town. Residents would be welcome to call me at home, email me or write me their concerns. I will respond.

 $\star$   $\star$   $\star$   $\star$   $\star$   $\star$   $\star$ 

Shawn Cotton Candidate for Town Council

**True Value Hardware** 12 Willett Street Fort Plain, NY 13339 **518-993-3834** 

**Pavlus Orchard** 272 Hickory Hill Road Fort Plain, NY 13339 518-993-2643

Hungry Bear Cafe 7304 Štate Hwy 5 St. Johnsville, NY 13452 **518-568-2700** 

The Tire Shop 155 Erie Blvd Canajoharie, NY 13317 **518-673-5399** 

The Tepee 7632 US Hwy 20 Cherry Valley, NY 13320 **607-264-3987** 

**Dan's Auto Repair** 6500 State Route 5 Little Falls, NY 13365 315-508-5061

Frank's Welding & Fabrication 339 East Main Street Canajoharie, NY 13317 518-673-2797

> Jacksland Associates (The Hearn Agency) 209 Erie Boulevard Canajoharie, NY 13317 **518-673-3263**

**Fuccillo Autoplex** of Nelliston, NY 518-993-5555

St. Johnsville Rehabilitation & Nursing Center 7 Timmerman Ave St. Johnsville, NY 13452 518-568-5037

> The Tryon Inn 124 Main Street Cherry Valley, NY 13320 607-264-3331

**Barrett's Transmission** 148 Ripple Road Cherry Valley, NY 13320 **518-993-2002** 

**Cherry Valley Memorials** 11 Genesee Street Cherry Valley, NY 13320 607-264-8201

Becker's Auto Salvage 796 McKinley Road Palatine Bridge, NY 13428 **518-673-3238** 

M.W. Roosevelt and Son 210 Erie Boulevard Canajoharie, NY 13317 **518-673-3214** 

**Midway Body Shop** 6152 Štate Hwy 5 Palatine Bridge, NY 13428 **518-993-2215** 

**5S Diner** 12 Hancock Street Fort Plain, NY 13339 518-993-5306

**Colonial Overhead Doors** 1272 State Hwy 67 Johnstown, NY 12095 518-762-3671

> **Krutz Properties** 59 West Main Street Canajoharie, NY 13317 **518-673-2820**

> **Unique Tree Service** Canajoharie, NY 13317 518-673-5604

A BAG OF TRICKS FOR HALLOWEEN SAFETY

> Play it safe this Halloween with these simple trick-or-treating tips.

- Never trick-or-treat alone, and always stay in familiar neighborhoods.
- Carry a flashlight, and wear a watch you can read in the dark to obey your curfew.

Make sure your shoes fit properly, and that your costume doesn't drag on the ground.

Make sure swords and other props are flexible, and avoid wearing a mask while walking.

- Wear bright or reflective clothing, adding reflective tape if necessary.
- Approach only houses that are lit, and don't cut across yards or driveways.
- Stay away from pets. Even pets you know may not recognize you in costume.

**Mattice and Sons** 6054 State Hwy 5 Palatine Bridge, NY 13428 **518-441-0142** 

Lombardo's 7845 State Hwy 5 St. Johnsville, NY 13452 **518-568-7111** 

**Shults Auto Center** 243 West Grand Street Palatine Bridge, NY 13428 518-673-5246

**Ripepi's Restaurant** 7850 State Hwy 5 St. Johnsville, NY 13452 518-568-7656

W. Davis Insurance Agency 2 East Main Street St. Johnsville, NY 13452 518-568-2576

Celano 566 State Hwy 162 Sprakers, NY 12166 **518-391-8368** 

Saltsman's Hotel 104 County Hwy 140 Ephratah, NY **518-993-4412** 

Jim's Irish Harbour 20 Little Mohawk Street Canajoharie, NY 13317 518-673-2474

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**McFee Memorials** 65 Hancock Street Fort Plain, NY 13339 518-993-2259

**B-Subik Farms** 518-848-4669

Mrs. M LLC 1299 Carlisle Road Sprakers, NY 12166 518-673-5622

**Nice 'n Easy** 95 Main Street Fort Plain, NY 13339 518-993-3337

Shults Agency 3 Canal Street Fort Plain, NY 13339 518-993-2387

**Patriot Bank** 211 Erie Boulevard Canajoharie, NY 13317 518-673-4400

Geesler's 64 Canal Street Fort Plain, NY 13339

6133 State Hwy 5 Palatine Bridge, NY 13428 **518-673-8200** 

3051 State Hwy 28 Herkimer, NY 13350 315-866-4471

**Gray-Houtaling** 34 Center Stree 518-993-3361

20 Otsego Street Canajoharie, NY 13317 **518-673-2233** 

**Fisher Auto** 14 River Street Fort Plain, NY 13339 518-993-2391

Nelliston, NY 13410 518-993-3480

4 Wells Street 58-762-2445

at Wagner Square 24 Church Street 518-673-0292

**Enea's Funeral Services** 20 Bridge Street St. Johnsville, NY 13452 518-568-7040

518-993-4261 **Dutchtown Ace Hardware** 

**Humphrey Memorials** 

Fort Plain, NY 13339

**Houghtaling & Smith** 

Longhorn Trucking 6605 State Hwy S

McDonald's Johnstown, NY 12095

Lee's Shop Canajoharie, NY 13317

# Preserve carved pumpkins in various ways

Jack-o'-lanterns and other carved pumpkin designs are frequently the centerpieces of Halloween festivities. The twinkling lights and orange glow of jack-o'-lanterns can add ambiance to any autumn event. The trouble with carving pumpkins is that most people want to do it right away, only to discover their pumpkins wilt and decay long before Halloween.

Nothing ruins Halloween more

than visiting a home to trickor-treat and not getting candy. Equally disappointing is a sad pumpkin display withering away on a front porch. Even though all pumpkins will eventually rot, certain tips can keep carvings from collapsing too soon.

Choose a sturdy pumpkin. Inspect the pumpkin of your choosing carefully, looking for gouges, spots and holes. Even a small blemish can quickly expand into a mushy mess. Select pumpkins with even color and firm flesh, and make sure that the pumpkin doesn't feel tender when you push on the skin.

• Visit local pumpkin stands. Pumpkins that

have been shipped miles and miles in hot cargo trucks may be overly ripened or battered. Pumpkins that were grown nearby may be fresher. Plus, buying pumpkins locally supports local farmers.

• Scrape the insides of the pumpkin thoroughly. Any moist bits inside the pumpkin will mold quickly. The pumpkin carving experts at Pumpkin Masters recommend scraping as much of the "guts" out as possible, leaving about a one-inch thickness of the wall of the pumpkin.

• Coat the pumpkin. Preservation methods may aim to keep the pumpkin hydrated and inhibit mold and other microbial growth. Commercially sold pumpkin preservation products, such as Pumpkin Fresh®, hold up well. Soaking and spraying carved pumpkins with a bleach-andwater solution also seems to preserve designs.

• Keep it out of the elements. Store carved pumpkins in a cool, dry place. This will help slow

may aim to keep the pumpkin hydrated and inhibit mold and other microbial growth. Commercially sold pumpkin preservation products, the carving.

• Skip the carving. Once pumpkin skin is compromised, microbes can enter. In lieu of carving, paint or decorate pumpkins in other ways if you want them to stay fresh for a long time. Glow in the dark paint can help pumpkins stand out at



Keeping pumpkins hydrated and mold-free will prolong your designs.

down the rotting processfor pumpkins exposed tooutdoor fungi, other microbes and warm sunlight.Use an artificial lightsource. Reduce the heat

night. Carved pumpkins may last a week or two, while uncut pumpkins can last for a month or more.





JOW OPEN!!!

# Lee's Christmas Corner

The magic of Christmas all year long. Collectibles, gifts, Nutcrackers, ornaments, books, stocking stuffers and so much more!

Karen Didion, Possible Dreams, Dept. 56, Kurt Adler, Mid West, Byer's Choice, Bethany Lowe, Muller & more!





# Freddy Bear's Den & Toy Emporium

Home of our very own collectible Freddy Bear (still in production...coming soon!) as well as Charlie Bears, Steiff, Bearington Bears and DITZ stuffed animals. Games, books, puzzles, Kathy Kruse dolls, and so much more to discover! Melissa & Doug 20% OFF through October 31st Stocking Stuffer Heaven!!

# CROSSROADS AT WAGNER SQUARE

Featuring home decor, housewares, kitchenware, seasonal decorations, furniture and rugs. Gifts for all occasions!

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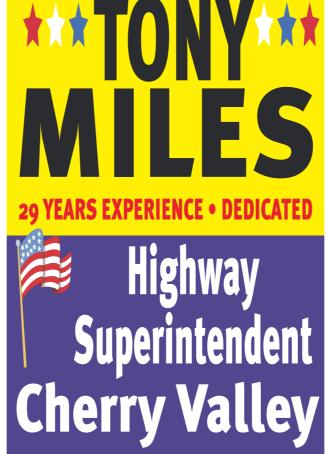
LEE'S SHOPS AT WAGNER SQUARE 24 CHURCH STREET, CANAJOHARIE, NEW YORK 13317 518-673-0292



Like our page to get updates about our Grand Opening! @leesshopsatwagnersqaure





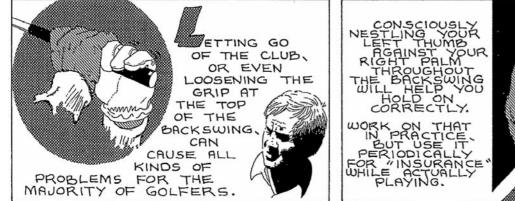


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8 FOOT TABLES & folding chairs for rent. Canajoharie Volunteer Fire Department 518-673-3812

FOR SALE: Blue Point tool box, 30" wide, 20" deep, 60" high, 11 drawers, plus opening top, \$450. 518-993-2275

HIPPTY HOP RIGHT ON DOWN TO ES-THER'S BUDGET SHOP. It's a wonderful place to shop! Don't delay come in today! Esther's Budget Shop, 188 Canal Street, Fort Plain, NY. 518-258-4286

LAND FOR SALE: Shoemaker Rd., Town of German Flats 10.1 acres, views, \$28,000; 8.2 acres, views, \$25,000; 5.1 acres, view, \$20,000. Owner Financing. Helderberg Realty 518-861-6541, 5 1 8 - 2 5 6 - 6 3 4 4 www.helderbergrealty.com

FORT PLAIN: One & two bedroom apartments for rent. Includes stove, refrigerator, off-street parking. Walking distance to restaurants, grocery & convenience stores and beautiful park. Sorry no pets. 315-794-2399

UP AND DOWN, ALL AROUND THE TOWN. Stop in and shop. Christmas items, Snowmen, glassware, jewelry, toys and more. Esther's Budget Shop, 188 Canal Street, Fort Plain, NY. 518-258-4286

ALPACA SWEATERS in stock. Hundreds to choose from. NEW luxurious styles. Warmer than wool, softer than cashmere, smoother than silk and hypo-allergenic. Paca Gardens, 27 West Main St, Little Falls, NY 315-823-1100 M-F 10-5, Sat 10-4. Layaways available.

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ILION: 1 Bedroom, floor, 1st near downtown. Fully furnished, utilities included, stove & refrigerator, parking. Newly remodeled, carpeted. Enclosed side entrance porch. Well kept. No pets/smoking. References, security, \$600. 315-894-1335

ESTATE SALE: Rome, 7901 S Pennystreet Rd. Oct 27, 28, 29 - 9-5. 2 Family members homes combined together. Fantastic collections. Antique fire hose cart & fire fighting helmets, buckets, axes & more. Civil war items, Vietnam era items, oak Hoosier, hall tree, many lanterns and lamps, ornate bed & dressers set, 2 drawer stands, primitive & country items- blanket boxes. whriligigs. buckets, barrels, milk cans. tables. snowshoes, cast iron, copwashtub, per telephone booth, school masters desk, carnival glass, porch glider, boxing bell, antique linens, snow blower, Ariens mower, tools & so much you must see pictures at Estatesales.net, Craigslist & FB. SALE BY VALLEY GIRLS.



# **Donna's Day: Creative Family Fun**

#### by Donna Erickson Playing with pairs

Let's pair up, everybody! Sounds like we might be on a basketball court doing drills. Or maybe lining up for recess. Remember second grade? Lots of things we

have a pair of drawings that might be identical, very similar or, in some cases, completely different, even with the same shapes or designs within them. When one person is done, switch roles with the other partner drawing

the circle. An adult or older child hides one member of each pair of objects in rooms throughout the house. Work in pairs to hunt for the objects. As one is found, bring it to the circle and match it with its mate.

(c) 2017 Donna Erickson

Distributed by King Features Synd.

Include







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do and use every day such as clothing and accessories come in pairs and kids become aware of the combinations at a very young age. Even 3and 4-year-olds like to help sort socks.

As children grow, they become more skillful at distinguishing things that are alike and different. No wonder that matching games like Old Maid, Concentration and dominoes are favorites from generation to generation.

Here are a pair of activities for adults and kids who enjoy matching things up. First find a partner, because in both activities you will play in pairs.

# Drawing in pairs

Each member of the pair will need some paper and a marker or pencil. Sitting back to back, one person draws a simple object, such as a car, house or baseball glove, and gives his or her partner directions on how to draw the same thing. The goal of the activity is to provide enough explanation (without saying what the object is) so that when you're done, you'll

a new picture and giving directions. Compare results.

#### Scavenger hunt

Start by gathering items that come in pairs, such as mittens, socks, gloves, shoes, earrings and cufflinks. All players sit on the floor in a circle. Place all items in the middle of

letch

Pet Grooming

& Accessories

FETCH

**}**, ⊒-i

See how many pairs each team can make.

Extra idea: Ask your kids to think of things that are referred to as a "pair" even though they are really one item. For example, a pair of pants, eyeglasses, scissors. binoculars, pliers, shorts, tights, earbuds, etc.

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<u>Friday Specials</u> - Haddock Dinner \$12.00 Seafood Cakes - Entrée New Appetizer - Tuscan Bruschetta

Saturday Prime Rib - 4 Sizes Cattlemen Cut 22oz. Seafood Alfredo - Shrimp, Crab and Lobster

> <u>New Wings;</u> Mr. Happy - Ginger, Wasabi and Honey Teriyaki

Special cokctails nightly try our pumpkin martini or caramel apple totie. Last week it was Blackberry Sangria

Upcoming Events Tompkins Drive 10/27/17 Halloween Party and Costume contest prizes given out - 10/28/17 \*\*Pick-up Orders\*\*

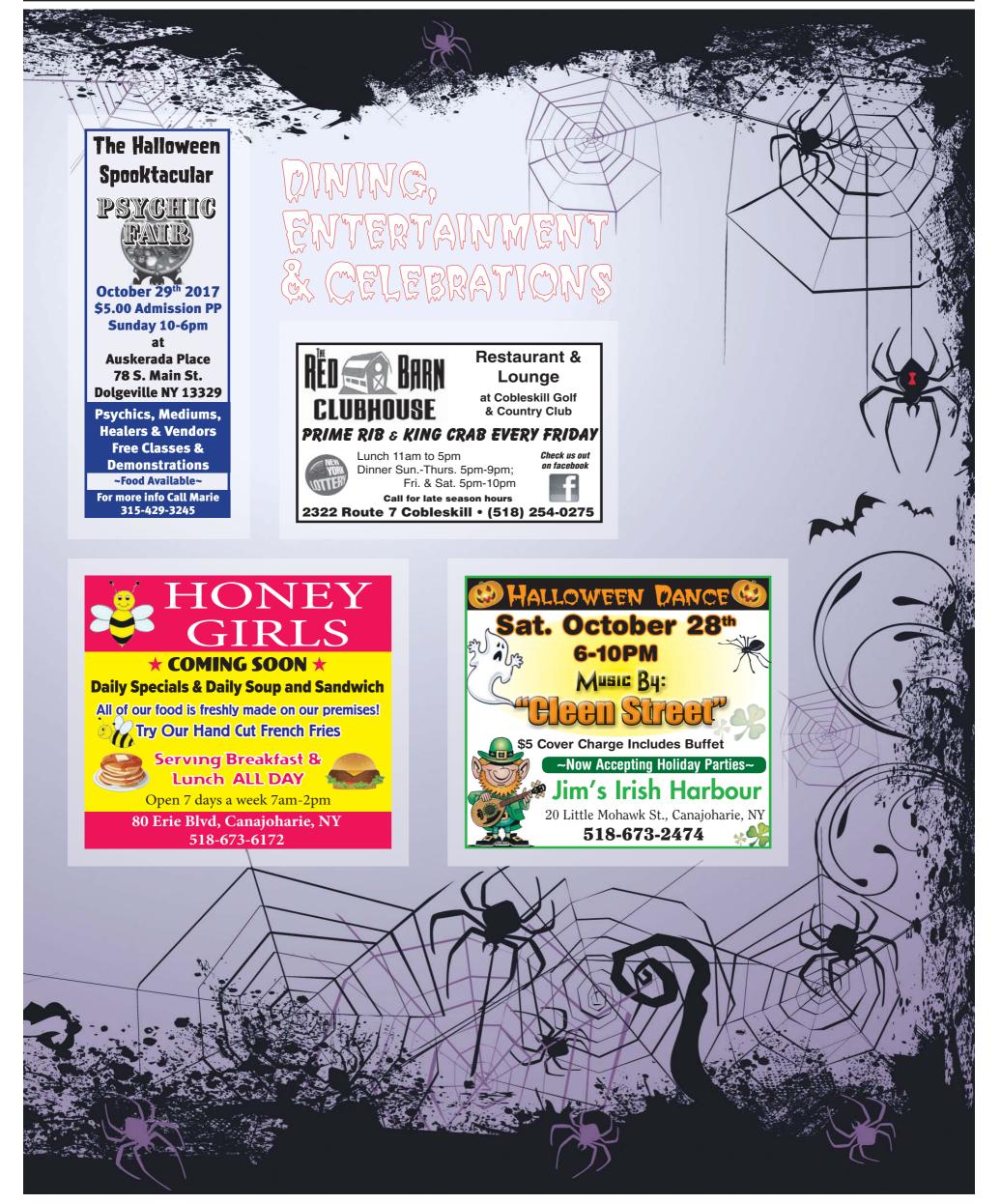
Hours: Wednesday, Thursday 4-close • Friday and Saturday 2 to close Dinner served until 9 Wednesday and Thursday, Friday and Saturday to 9:30

Like us on Facebook & check out our weekly lunch/dinner specials 7 Canal Street, Fort Plain 518-993-5679



Chicken & Biscuit Dinner Friday, November 3rd 4 - 7 PM Adults 13 & Over \$10.00 · Children 5-12 \$5.00 Under 5 Free Masked Potatoes, Cole Slaw, Vegetable, Dessert

Oppenheim Senior Center 108 Tobacco Rd., Oppenheim



# Haunted castles across the globe

a cliff, Predjama Castle in

Slovenia was once inhab-

ited by the robber baron

Erazem Lueger. After

murdering a relative of

Holy Roman Emperor

Frederick III in 1483, Er-

azem managed to hole up

and survive in the castle

thanks to secret passage-

ways in the cave that

made it possible for him

to secure food and other

provisions. But Erazem

was ultimately betrayed

by one of his men, and

legend has it he haunts

• Burg Eltz, Germany:

Surrounded by the

serene Eltz Forest, Burg

Eltz has, somewhat in-

credibly, been owned and

cared for by the same

family for more than 800

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the castle to this day.

Haunted buildings tend to garner more attention around Halloween. Some people believe in ghosts and haunted buildings while others feel apparitions are nothing more than a byproduct of superstitious imaginations running wild.

But even those who don't subscribe to the

#### Letter to the Editor

To the voters in the Town of Palatine, I, Betty Sanders, am writing in response to the letter to the editor by Neil Yerdon in the Courier Standard and the Pennysaver. I have been unfairly targeted as a former board member who had tried to construct a New Town Hall.

\* \* \* \* \* \* \* \* \* \* \* \* \*

However, I have NOT mentioned a new town building as stated by Mr. Yerdon. This is his strategy.

In SCARING the voters to vote in his favor. (which he lost the Republican Primary in September) The building has been squashed and new options may be available since the county is suggesting to consolidate the Beech Nut site. I feel spending thousands of dollars in the current town hall is a waste of money.

I'm an honest and caring person as well as a taxpayer in the Town of Palatine. I care about the residents and the Town and any board decisions affect myself and my family too.

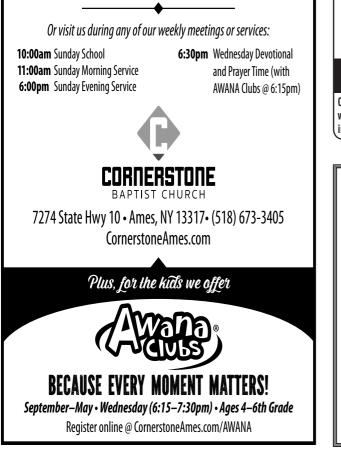
Your vote on November 7th would be greatly appreciated and I will continue to do my best for the residents of the Town of Palatine.

Sincerely, ¥ Betty Sanders, Councilwoman Paid Political Ad

# Looking for a new church to call "home"?

Come join us this Sunday at 11AM and see what makes Cornerstone different.

Pastor Todd Lozier



idea that ghosts can linger on earth and haunt certain buildings no doubt enjoy a good story. The following castles are among the many buildings across the globe purported to be inhabited by spirits.

• Predjama Castle, Slovenia: A cave castle situated in the middle of

**MOSHER'S MEAT CUTTING Open For the** 2017 Season Cut <u>& Wr</u>ap <sup>\$</sup>65 Let us give you a finished product you will be proud to serve your family & friends Ernest Mosher 1 Murphy Rd., Little Falls 315-868-6275 DAMIN FARM **USDA Inspected BEEF SAUERKRAUT SWEET CORN** EBT & Credit Cards Accepted 8075 St. Hwy 5 St. Johnsville, NY 13452 518-568-2643 Open 7 Days a Week 9am-6pm

# Lafayette Court Senior Apartments 129 Lafayette Street, Palatine Bridge, NY 13428

518-673-1006 (Mon., Wed., & Fri. mornings)

# **APPLICATIONS BEING ACCEPTED** Lafayette Court offers affordable housing to eligible seniors; Twenty three, one bedroom apartments

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Community Room | 24-Hour Maintenance | Phone & Cable Hookups Subsidized Rent | Laundry Facilities | Tenant Controlled Heat One bedroom apartments for individuals or couples

with a household member over 62 years old. Household income must meet Federal Income Guidelines.



Please Take Notice:

The Water meter

at Walt's Road - Pond

Is Broken until further notice

Metered water is available "behind the Village DPW on Canal St. Fort Plain" Or "The Spring" - on Freda's Way, off River Rd. Fort Plain

> Thank You Town of Minden 518-993-3443

years. Legend suggests it is haunted by Countess Agnes, who the legend states died while defending the castle from an unwanted suitor.

• Chillingham Castle, England: Visitors to Chillingham Castle can visit its torture chamber, which includes a stretching rack, cages, a bed of nails and a spiked chair. A ghost tour of the castle teaches visitors about its extensive history of supposed paranormal activity.

• Larnach Castle, New Zealand: Among the world's more recently built castles, Larnach Castle was built in the 1880s to serve as the home of merchant and politician William Larnach. Legend suggests

that Larnach's daughter Kate, for whom he built the castle's ballroom, has haunted the room since her death from typhoid at age 26. Larnach himself would ultimately commit suicide away from castle grounds.

• Himeji Castle, Japan: Built in 1333, Himeji Castle is featured in various local legends. Among the most popular involves lost dishes. According to that legend, the character Okiku was falsely accused of losing dishes that were valuable to the family residing within Himeji Castle. That accusation would prove the undoing of Okiku, who was killed and thrown into a well, which Okiku haunts to this day.



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# **Strange But True**

by Samantha Weaver • It was German dramatist, poet, philosopher and statesman Johann Wolfgang von Goethe who made the following sage observation: "Too many parents make life hard for their children by trying, too zealously, to make it easy for them."

• At one time in Ireland, a traditional Halloween activity was predicting future romance. It was one of the few times of the year when young men and women could mingle, and fortune-telling games to predict who they would marry were popular.

• Those who are experiencing money-related relationship issues might be interested to note the results of a survey conducted by TD Ameritrade. When asked who manages the household budget, 87 percent of women said they did, while 81 percent of men claimed that responsibility.

• Until Alfred Hitchcock's iconic psychological horror film "Psycho" premiered in 1960, no American film had ever shown a toilet being flushed.

• Buick is one of the oldest automobile brands in the world, so you might expect that the company's founder did pretty well for himself. Unfortunately for David Dunbar Buick, who incorporated the company in 1903, that wasn't the case. In less than a year, the company was sold. Buick stayed on as a manager and worked on engine development, but only for two more years. When he left his namesake company in 1906, he sold his one remaining share of Buick for \$100.000. That was a rather hefty sum at the time, but he lost it all in a series of unsuccessful ventures. At the time of his death in early 1929, he was virtually penniless.

• It's been reported that a shaved guinea pig bears a remarkable resemblance to a tiny hippopotamus.

Thought for the Day:

# Sweet Halloween statistics

Candy reigns supreme on Halloween. Candy compels trick-or-treaters voung and old to don costumes and spend hours scouring neighborhoods for the best treats. Kids know which houses give out full-sized chocolate bars and which are offering other coveted goodies. Although consumer spending in October may not be as high as it is during the holiday season. Halloween shopping is considerable. Here is a look at some notable statistics for the season.

• Financial resource The Balance states that 171 million Americans celebrated Halloween in 2016. Total spending for the holiday reached more than \$8.4 billion, which was an all-time record.

• Around 65 percent of Americans plan to celebrate Halloween, including getting dressed up or handing out candy. The U.S. Census Bureau says 41.2 million trick-ortreaters are children between the ages of five and 14.

• The National Retail Federation says 70 percent of Americans hand out candy, spending around \$25 per person on sweets.

• Many people associate Halloween with children, but the day gives everyone the chance to dress up. The NRF estimates Americans will that spend more money on adult costumes than those for children. Witchpirates, vampires, es, Batman, and cats are the most popular adult costumes.

• Halloween is celebrated in many different countries. In addition to the United States and Canada, areas of Europe, Asia and Latin America have their own Halloween celebrations.



"Absolute faith corrupts as absolutely as absolute power." — Eric Hoffer (c) 2017 King Features Synd., Inc.









518-284-2256

**Open 9-5 Daily** 

# To your good health

**Senior News Line** 

#### by Keith Roach, M.D.

Is there a cure for keloids? DEAR DR. ROACH: Is there a cure for keloids? My husband is 56 and has several keloids on his body, but there is one on his chest that has gotten considerably larger over the years and causes the most problems. He has experienced pain and discomfort, and it also bleeds at times. My husband would prefer not to have surgery. He was born with a keloid on his ear. At a very young age it was operated on and it returned larger in size. He has tried numerous types of remedies, but none has prevented the keloid from growing or bleeding. - J.B.

ANSWER: A keloid (from a Greek word meaning "tumor-like") is a complication of scar tissue. In some people, when the skin heals from a cut or a burn, the healing cells keep growing,

creating a variably sized, disfiguring, sometimes painful lesion called a keloid.

The best treatment in people who are predisposed to keloids is to avoid them by avoiding any unnecessary surgery (including ear and other body piercings). Once a keloid has formed, there are several possible treatments. Unfortunately, the longer a keloid has been there, the harder it is to treat.

I have seen great results from silicone gel sheeting. This is particularly effective when used immediately after surgery, but may have some effectiveness on your husband's chest keloid. Another potentially effective treatment is injection of steroids, which help flatten and shrink keloids up to 75 percent of the time.

DEAR DR. ROACH: I had a fall on ice

and suffered a severe concussion. I was unconscious for several minutes. At the hospital, I had a CT scan, but there was no damage. Two months later, I had an episode where I became disoriented and the room was spinning. I was taken to the hospital, given Antivert without success and kept overnight. A physical therapist came the next day, did some vestibular rehab that helped some, and I continued it at home as needed. The episodes are getting worse, and neither the Antivert nor the exercises are helping. Could this be due to the fall? My ENT savs no. - G.M.

ANSWER: You clearly have vertigo, but whether it is due to the fall isn't clear. Certainly, people with postconcussion syndrome get dizziness and vertigo, but in most cases I have seen, it starts soon after the trauma: Two months is longer than I have seen. Headaches also are common in postconcussion syndrome, but their absence doesn't mean your vertigo is not due to the fall.

Meclizine (Antivert) is an antihistamine commonly used for vertigo; however, prolonged use (more than a few days) prevents the brain from adapting to the changes in the balance system that caused the vertigo. Thus, it's concerning that you may still be taking it. I have seen many people taking meclizine long term and having persistent vertigo.

Vestibular rehab is the best treatment we have for vertigo. If it's not working, it may be time to reevaluate and make sure there isn't another cause for the vertigo.

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#### by Matilda Charles **Hurricane** pets need homes

If you've considered getting a pet, this might be the perfect time to adopt one. A side effect of all the hurricanes we've had is the number of animal shelters that are completely filled. Either the owners can't be found or the families have no homes to go back to and are living in shelters that won't allow pets. In hurricane-hit areas, adoptions have plunged because people have so much to do just to take care of their families.

Across the country, other shelters have taken up the cause and have run caravans leven

planes) to bring rescued it if you adopt a pet? The animals to areas that weren't hit by hurricanes.

Many shelters have lowered adoption fees so more animals can find homes. When adopted, all the animals will have been through quarantine and given shots and exams.

What do you get out of

short list is more social interaction, less stress, lower blood pressure, increased physical exercise and structure to your days. Add to that the gratitude of an animal that's been through crisis and is now in a loving, forever home.

If it's not possible for you to adopt a pet, consider being part of the welcoming committee when the animals arrive. They'll be anxious from the long ride, eager to move around. They'll need lots of TLC to calm down, and baths and soothing words. The shelter might need extra toys, leashes, food and blankets. Perhaps you can volunteer to be a collection point for those items.

Or you could foster an animal on a short-term basis. Who knows... it's possible that in opening your home and heart to a homeless cat or dog that you'll decide to make the arrangement permanent. (c) 2017 King Fea-

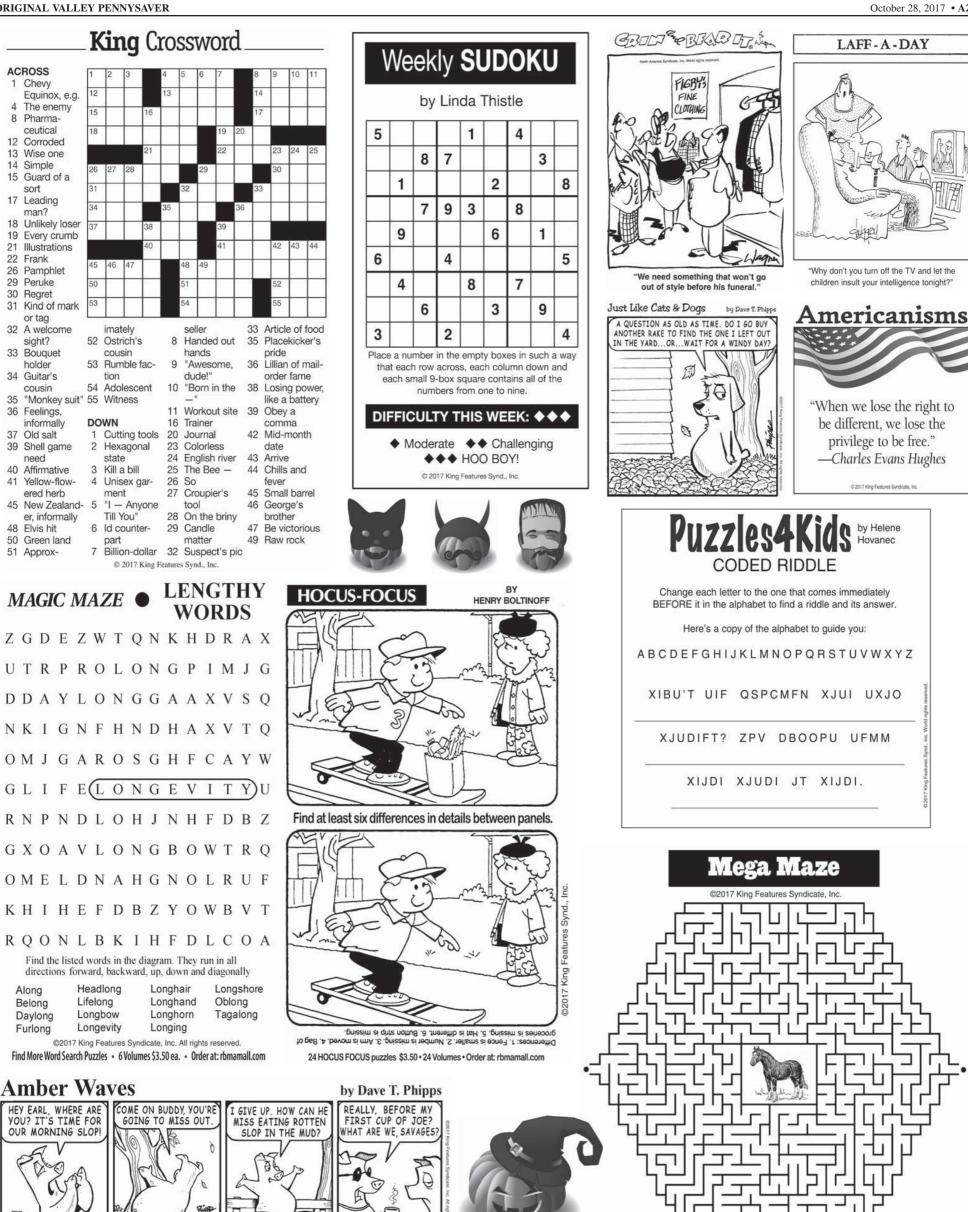
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# **Employment opportunities...** In the market for a new job?

# Protect the planet this Halloween



In the minds of children and even many adults, Halloween is one of the best days of the year. Youngsters love to dress up as monsters, beloved television characters or superheroes in the pursuit of candy, while their parents often enjoy some Halloween fun of their own

Celebrants might not have the environment in mind come Oct. 31, but there are a handful of opportunities for all those participating in Halloween festivities to make their celebrations more eco-friendly.

• Hand out locally-produced treats. Candied apples can be found at Halloween parties, and some people even give them out to trick-ortreaters. When buying apples that will ultimately be transformed into candied confections, buy your apples from local farmers. Locally produced apples did not have to travel far, reducing the fuel needed to go from farm to table. And locally produced apples may taste fresher than those shipped from far away. making this beloved dish even more delicious.

• Exchange costumes with neighbors. Rather than buying new costumes each year, parents can save money and help the planet by exchanging costumes each year. Halloween costumes are typically worn just once, which is wasteful when considering the amount of materials, energy and packaging required to produce and sell such costumes. Homemade costumes also are less wasteful, as parents won't have to package such getups in potentially harmful plastic.

• Clean up throughout the evening. Trick-ortreaters are many things, but are not likely to be conscious of the trash they produce as they sneak candy bars here or there during their travels. Candy wrappers and other litter can quickly accumulate on Halloween. Unless this trash is promptly picked up, it may ultimately find its way into drainage systems and nearby waterways. Sweep up throughout the evening to keep lawns and driveways clean and protect the environment.

• Add pumpkins to compost piles. Pumpkins, and jack-o'-lanterns in particular, are symbolic of Halloween. But pumpkins deteriorate rather quickly, and homeowners might be quick to simply toss them into the garbage with the rest of their trash. But pumpkins can make great additions to compost piles. Before adding pumpkins to your pile, remove any seeds from inside the pumpkin, as lingering seeds may germinate within the pile. In addition, remove any decorations and lighting



from the pumpkin, and do not add pumpkins that have been coated in preserving sealant to your compost pile.



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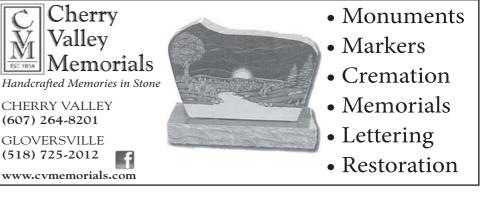
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#### by Angela Shelf Medearis Small diet changes

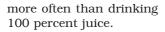
#### reap big results When it comes to our daily meal routine, change sometimes can be challenging. Studies have shown that it takes between two to eight months to form a new habit. You can create an eating style "habit" that can improve your health now and in the future by making small changes over time, such as elimi-

nating sugary drinks and high-sodium foods. making Consider healthy changes that reflect your personal preferences, culture and traditions. Think of each change as a "win" as you build positive habits and find solutions that reflect your new healthy eating

style. Use the tips below courtesy of My Plate (www.choosemyplate.gov /start-small-changes) to find little victories that work for you!

#### Make half your plate fruits and veggies

• Focus on whole fruits



• Snack on fresh, frozen, canned or dried fruits instead of cookies, brownies or other sugarsweetened treats.

• Offer whole fruits without saturated fat, sodium or added sugars as dessert.

• Vary your vegetables to include green, red and orange choices.

• Add fresh, frozen or canned vegetables to salads, side dishes and recipes.

• Prepare your vegetables without sauces, gravies or glazes to lower the amount of sodium. saturated fat and added sugars.

#### Make half your grains whole grains

• Choose whole-grain foods more often than refined grains. Make at least half the amount of grains you eat each day whole grains.

high-fiber, • Find whole-grain foods by reading the nutrition facts label and ingredients list.

popcorn. Move to low-fat and

# fat-free dairy

 Choose low-fat or fatfree milk and yogurt.

• Buy low-fat or fat-free cheese more often than regular cheese.

• Regular cream cheese. butter and cream are not in the dairy food group because they have little or no calcium. They also are high in saturated fat.

#### Vary your protein routine

• Mix up your protein foods to include seafood, beans, nuts, seeds, soy, eggs, lean meats and poultry.

• Select seafood twice a week, including fish and shellfish.

• Add beans or peas, unsalted nuts and seeds and soy in main dishes and snacks.

When planning your daily meals, try healthy new ways to prepare family favorites. This recipe for Greek pork chops with mixed veggie rice incorpo-

rates fresh fruit and juices into savory dishes and mixes grains and vegetables. Greek pork chops

with veggie rice

1 pound pork cutlets (or 4 boneless pork chops) 2 tablespoons vegetable

oil

1/2 cup orange juice

2 teaspoons soy sauce 1 tablespoon dried oregano

2 cloves garlic (peeled and minced)

1/2 teaspoon salt

1 teaspoon black pep-

1/4 teaspoon dried crushed red pepper

4 (1/4-inch-thick) orange slices

1. Make a marinade for the pork by combining 1 tablespoon of the oil, the orange juice, soy sauce, oregano and garlic in a glass bowl or re-sealable plastic bag and mix well. Add pork chops. Cover bowl, if using, and refrigerate the pork chops for at least 4 hours or overnight.

2. Remove pork chops from marinade; discard marinade. Sprinkle pork chops with salt and pepper.

3. Place a large skillet on the stove over high heat. When hot, add the remaining tablespoon of oil to the skillet. Add the pork chops to the pan, waiting about 30 seconds between each addition.

m 10000 10.00



Grilled pork with mandarin oranges decorated with basil on a white plate.

4. Cook about 3 minutes on each side until crispy. Set pork chops aside on a plate. Add the orange slices to the pan and cook on each side about 30-seconds. Serve the pork chops over a bed of the Mixed Veggie Rice and top with the orange slices. Serves 4.

#### Mixed veggie rice

If using leftover, already cooked vegetables, add

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them to the hot, cooked rice immediately, cover and let them come up to temperature for 3 to 5 minutes before serving. 1 tablespoon olive oil

1 cup uncooked longgrain rice

1/2 onion, diced

2 cloves garlic, minced

2 teaspoons dried

oregano

1 teaspoon salt 1 teaspoon ground black pepper

2 cups water (or 1 cup water and 1 cup low-sodium chicken or vegetable broth)

2 cups frozen mixed vegetables or 2 cups fresh, diced vegetables.

1. In a large saucepan over medium-high heat, add the oil. Add in the rice, onion, garlic, oregano, salt and pepper. Cook, stirring, for 2 minutes to toast the rice.

2. Pour in the water and/or the broth. Stir and bring the rice to a boil. Add the vegetables; return to a boil. Reduce the heat to low and cover pot with tight-fitting lid. Do not remove the lid during the cooking process!

3. After 15 minutes, turn off the heat and let the rice sit, covered, for another 5 minutes to steam. Fluff rice and vegetables with a fork and serve immediately. Makes 4 to 6 servings

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You cannot tell which witch is which.

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**Kitchen Diva** • Some common whole grains include oatmeal, whole-wheat flour and

# House hunting and credit: What you need to know

(BPT) — By now it is something of a cliche to call homeownership the American dream. But even if sitting on your own deck, looking over your picket fence and sipping lemonade doesn't move you, homeownership is still one of the best ways to build wealth.

For many, owning a home is cheaper than renting and, in the long run, the biggest investment they will ever make. It is also a practical financial move thanks to the fact that you're likely building equity while getting a mortgage interest tax break.

So although it is perfectly fine to dream about backyard barbecues and the smell of fresh-cut grass, the path to owning your own home should also involve taking the time to do some financial sightseeing.



# **Real estate...** New beginnings

As a leader in creating credit scoring models, VantageScore Solutions has made it a priority to educate consumers on the important role a good credit history plays in buying a home.

Whether you're about to set out to buy your first home or if you are getting ready to sell and buy another home, here are the basics of how credit impacts the home-buying process.

#### **Basics**

If you are like most people, you will probably need to take out a loan. If you are able to pay cash for your home instead, count yourself among the lucky few!

A huge part of taking out a loan involves your credit history and credit score. Basically, you must prove to lenders that you can be a responsible borrower and can be trusted with a mortgage of many thousands of dollars. A strong credit score may provide proof of this trustworthiness.

Different types of loans have different credit requirements. Some loans require you to have a credit score of at least 620, although it is possible (with some difficulty) to be approved for a loan with a credit score as low as 580. But getting loan approval is only part of the story.

#### Better credit, better rate

Home loans come in all shapes and sizes. Some are fixed interest mortgages, some have adjustable rates or longer terms and the list of variables goes on. Just like anything else, some loans are better for you than others. To get the loan that has the lowest interest rate, which right now is around four percent,

usually requires a higher credit score. Rates can be considerably higher when you have a lower credit score, and the result is paying significantly more monthly over the life of the loan.

The reason is that a higher credit score demonstrates that you are skilled at managing debt and have a history of responsibly paying back many types of loans. Therefore, the lender is taking on less risk when lending you money. The less risk for them, the better the interest rate for you.

While there are, of course, more nuances to the process, your credit score plays an instrumental role in determining the type of loan you may qualify for. Therefore, before you go to your first open house, check your credit score to better understand the factors that typically impact your scores. Many websites provide free access to your VantageScore, which is a perfectly fine barometer to use to directionally gauge your creditworthiness. Mortgage lenders use FICO scores in their underwriting.

You can stay on top of things by subscribing to the monthly credit scoring newsletter, The Score. In The Score, you can find information on VantageScore 4.0, the fourth-generation scoring model that will be available to consumers in early 2018.

Knowing your credit history and understanding the factors that could impact your credit score will help you plan, budget and come up with a realistic wish list for your house.

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Asking \$94,900

# Kennel cough and how to treat it

Caring for pets is no small task. Pets require shelter, nourishment, water and socialization, and when they become ill, pets need veterinary care.

One illness that can befall pets is kennel cough. Kennel cough affects dogs, and very often is prevalent among shelter dogs or dogs that are boarded because of the close confines they share with infected canines.

# What is kennel cough?

Kennel cough is similar to bronchitis in humans and, similar to bronchitis, it is highly contagious. The American Kennel Club says kennel cough is often referred to as "canine infectious tracheobronchitis." However, the ASPCA adds that kennel cough may be used to refer to any complex respiratory condition, be it viral or bacterial, which causes inflammation of a dog's voice box.

One common cause of kennel cough is a bacterium known as Bordetella bronchiseptica (kennel cough is often referred to as "Bordetella").

Kennel cough is not often a serious ailment. However, puppies younger than six months of age or immunocompromised dogs may have more severe infections. Veterinarians urge pet owners to bring all coughing issues to the attention of their family vet because more serious diseases, such as distemper and canine influenza, both start off with symptoms identical to kennel cough.

#### Symptoms of kennel cough

The most recognizable symptom of kennel cough is a persistent, forceful cough. This cough can sound like a honking horn or a goose honk. Some dogs may also ex-

# Real estate... New beginnings



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hibit other symptoms, including eye discharge, sneezing and a runny nose. The sneezing should not be confused

with reverse sneezes that can be normal among certain breeds. **Reducing kennel cough risks** 

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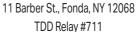
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Dogs commonly catch kennel cough when they share close quarters with other dogs that are affected. In such instances, dogs inhale bacteria or virus particles that are spread by other coughing dogs.

Reducing crowding and poorly ventilated conditions can help slow down the spread of kennel cough in boarding facilities or shelters. Keeping temperatures warm also may help. Pet owners should reduce their dogs' exposure to dust or cigarette smoke, which can compromise the protection of mucus in the respiratory tract. Reducing animal stress also may boost natural immune system responses.

Another way to reduce risk is to have the dog vaccinated. The Bordetella vaccine is recommended for dogs who are frequently boarded or those that often spend time among large numbers of dogs.

#### **Treatment options**

Veterinarians often prescribe an antibiotic and cough medicine to ease the symptoms of kennel cough. Rest is also a good idea. A nebulizer or vaporizer may be suggested.

The AKC says to use a harness when walking a dog with kennel cough so as not to further irritate the trachea with a neck collar.

Kennel cough is a common, contagious disease that is easily transferred between dogs. Learning to recognize its symptoms can help dogs and reduce the spread of the disease.

# How to identify a flood damaged vehicle

Following one of the worst hurricane seasons in years and record-setting rainfall in many areas of the country, flooding has taken its toll on vehicles. It is important for those considering the purchase of a used vehicle to be car care aware and check for signs of water intrusion or contamination, says the nonprofit Car Care Council.

"Purchasing a used vehicle and later learning it has been flood damaged can be very problematic and lead to costly issues down the road. Worst yet, these vehicles can be unhealthy to occupy because of mold and bacteria growing in the carpet and ventilation system,"

said Rich White, executive director, Car Care Council.

The Car Care Council and the Car Care Professionals Network (CCPN), a network of professional automotive service providers, say it all comes down to how much water the vehicle took in and where it can be reached and together recommend taking the following steps to determine if a vehicle has been flood damaged:

• Take the sniff test. Close all the windows and doors and let the car sit for about five minutes then crack open a door and sniff. Mildew and mold have very distinctive smells and it doesn't take long for that smell to

1/2 teaspoon salt and

freshly ground black pep-

2 tablespoons unsalted

4 slice fontina or pro-

1. Heat oil in a large

skillet over medium heat

and cook onions and pep-

pers 10 minutes, or until

tender. Add sopressata

and cook 1 minute

longer. Remove from

heat; stir in basil. Keep

2. In large bowl, whisk

eggs, mascarpone cheese,

salt and pepper until

volks and whites are

completely blended. Melt

butter in a large nonstick

skillet over medium heat.

Did you know?

1 loaf ciabatta bread

per

butter

warm

volone cheese

**Good Housekeeping** 

present itself.

• Try the touch test. Get some paper towels and press them against the low spots in the carpet. The paper towels will draw the moisture out and reveal if the carpet is wet under the surface. Some carpets can be several inches thick to insulate from heat and sound. If the paper towel becomes wet it could mean water has gotten into the car.

• Investigate the interior. Look under the seats and dash for corrosion and rust and look for exposed metal that is untreated. There are metal springs under the front seats that are usually not painted. If they are rusted that is a sign the interior

Push eggs gently with

spatula in a figure-8 mo-

rubber

heat-resistant

7 minutes.

ately. Serves 4.

es/

For thousands of triple-

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has been wet. Look for mud and debris in places it does not belong.

• Inspect the instrument panel. Turn on the key and perform a bulb test. Make sure every bulb lights up. If a system has an issue, removing the warning bulb can hide it. Many times vehicles that have flooded have malfunctions in their anti-brake and air bag systems. Ensuring the light comes on and then goes out after the bulb test is an indicator that the system is on and has no active faults.

• Take it to a professional. Let a service and repair technician inspect your vehicle. They can raise the car and look un-

any mud. sticks or rocks in the suspension. A professional can check the oil in the differentials to make sure they contain no water in them. Spend a few dollars to have it looked over to give you peace of mind.

derneath to see if there is

All things automotive

The Car Care Council is the source of information for the "Be Car Care Aware" consumer education campaign promoting the benefits of regular vehicle care, maintenance and repair to consumers. For a copy of the council's Car Care Guide or for more information, visit www.carcare.org.

Source: Car Care Council





# **Italian Peppers and**

#### **Egg Sandwiches** scrambled Creamv

eggs, enhanced with mascarpone cheese, are topped with sautéed peppers, onions and sopressata in this tantalizing Italian-inspired sandwich.

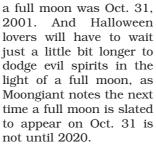
- 1 tablespoon olive oil 1 large onion
- 1 medium yellow bell pepper
- 1 medium red bell pepper
- 2 ounces sliced sopressata, Genoa salami or prosciutto
  - 1/4 cup basil
  - 10 large eggs

1/4 cup mascarpone cheese or whipped cream cheese

While the image of a witch riding her broomstick across a full moon is one of the more indelible images associated with Halloween, the likelihood of witnessing a full moon on Halloween is pretty slim.

According to Moongiant.com, a full moon on

Halloween happens an average of just once every 18 or 19 years. That means Halloween celebrants will likely only witness a full moon on Halloween five times every century. In fact, the last trick-or-treaters time went on the prowl for Halloween candy beneath



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When butter begins to munications. Inc. foam, add egg mixture. All rights reserved Reduce heat to medium.



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# Trick-or-treating tips for rural residents

If someone were commissioned to paint a picture of Halloween bliss, it would probably showcase a neighborhood full of children ringing doorbells and gathering treats. Millions of children and adults participate in the annual ritual of trick-ortreating. For urban and suburban children, closeby neighbors make it quite easy to fill up sacks of candy. However, people

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who live in rural areas where homes may be miles away from one another — may find that traditional trick-or-treating poses a challenge.

For kids who live by farmland or off country roads, trick-or-treating may not be a stroll through a well-lit area with sidewalks and welcoming neighbors with open doors. Such youngsters may have to traverse dark roads and dodge motorists who do not expect people to be walking on the shoulder. So what is a rural kid,

or any child whose resides in an area that is not conducive to trick-ortreating, to do?

• Hit the road. Plan a road trip to a neighborhood where trick-or-treating is encouraged in full force and is safe and inviting. Friends or family

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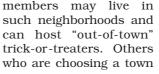
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off a map may want to try an app called Nextdoor. It is a free and private social media site for neighbors that employs a Treat

All things automotive



Map. Halloween fans can see exactly which houses are trick-or-treat friendly. In 2014, Zillow issued a list of the 20 best neighborhoods for trick-ortreating as well.

• Head to a shopping center. While it may not be the same as going door-to-door, rural residents can trick-or-treat at nearby shopping centers. Many shopping centers and malls host area children and dispense treats.

• Organize a trunk-ortreat. Trunk-or-treat events involve various participants parking in a community lot and opening their trunks or truck hatches to crowds of trick-or-treaters. Often these events are hosted by churches, schools or organized clubs.

Trick-or-treating can be challenging for kids growing up in rural areas. But with a little ingenuity, such youngsters can secure their Halloween bounty as well.





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# **Calendar of events**

#### ORIGINAL VALLEY PENNYSAVER

NOTE: Calendar arrive entries must at the Original Valley Pennysaver office 10 Days Prior to the publication date. Send events to Publications c/o Lee Original Valley The 6113 Pennysaver, Highway State 5, P.O. Box 121, Palatine Bridge, NY 13428 or email: dshariff@leepub. com . Any entries arriving past this deadline will be included with the next available publication issue date as long as they are not outdated. OCT

**Arkell Center Programs** for ALL AREA Seniors during October are as follows:

**Monday-Friday:** 11:45 am. The OFA Meals of Montgomery Program serves hot meals, suggested \$3 donation for 60 and older. Call 673-2000 for reservations.

**Tuesdays:** 9-10 am. A Core Strength & Stability Class in the basement. \$5 donation. Instructor Sharon Charles. For more information call 673-4408. **Tuesdays:** 10-11 am. Tai Chi Workshop. 11:10 am-12:10 pm intermediate Tai Chi. Both sponsored by Mont. County OFFA. Earl O'Bryon Instructor. Donations accepted.

**Mon., Wed. & Fri:** 10-10:30 am. Senior Exercise Program in the basement. Open to all area Seniors. Coffee after.

**Wednesdays:** 2-2:25 pm Chair Yoga in the Gallery and 2:30-3:30 pm Gentle Yoga in the basement with instructor Patty Pietrowicz. \$5 donation.

Fridays: 9-10 am. Vinyasa Flow Yoga with Bonnie Fiore in the Gallery. \$10 fee. SPECIAL EVENTS

**Oct. 31:** 11:15 am. The Canajoharie Kindergarten class will have their Annual Halloween Parade and will come to Arkell Center to sing songs, and thrill us with their costumes. Please come by and bring a friend.

# **OCT 28**

Craft Fair Frisbie House, Rt. 29A, Salisbury Center. 10 am-4 pm. Something for Halloween, Thanksgiving or Christmas. OCT 29

Bus Trip to See Buffalo

**Bills vs. Oakland Raiders** Sponsored by St. Johnsville American Legion. For more information call 518-332-1556 or 518-727-6024.

#### OCT 30 Fall Festival

HomeLife at Folts and Folts/Claxton, 104 N. Washington St., Herkimer. 1-4 pm. Free. \$5 to enter the Chili contest. For more information call Barb Mc-Gregor at 315-866-6964 ext. 317.

#### NOV 4 The Village of Ames Museum

611 Latimer Hill Road, Ames. Open for tours 9 am-3 pm. The museum will close for the season at 3 pm. For more information visit www.amesmuseum.weebly.com .

#### Fourth Annual Veterans Day Breakfast

Cherry Valley-Springfield Central School District. 8:15 am. Short program immediately following breakfast in the gymnasium. Rsvp to Laura Carson at 607-264-9332 ext. 501. **NOV 11** 

Veteran's Day Event-

#### Military Theaters of the American Revolution Symposium

Schenectady County Community College, 78 Washington Avee in the Stockade Building's Lecture Hall. 8 am-4:15 pm. Free but need to register at 518-774-5669 or email arrthudsonmohawkvalleys@gmail.com . Visit www.fortplainmuseum. com for more details. NOV 18

#### St. Joseph Craft Fair

W. State St., Dolgeville. 10 am-4 pm. Vendors needed. For more information call Linda at 315-429-9149. DEC 3

#### St. Nicholas Day

Fort Klock. Noon-3:30 pm. For more information call 518-568-7779, email FortKlock@gmail.com or visit www.fortklockrestoration.org.

#### DEC 6 The Village of Ames

**Museum** 611 Latimer Hill Road, Ames. Village of Ames tree lighting celebration in front of the museum 6:30 pm. Refreshments to follow at the fire station.

# All things automotive

# Now Here's a Tip

#### by JoAnn Derson

• If your razor has seen better days, try running it over a pair of jeans. The material can sharpen and realign the blades to get a little more life out of your razor.

• Use a small, lidded plastic container to store the following items in your vehicle through the cold winter months: flashlight, portable USB battery pack (charged, with charging cable for your device), blanket(s), road flares, first aid kit, ice scraper, sand or other traction-creating material, bottles of water and some snacks, a weatherproof poncho/jacket and a pair of walking shoes with socks.

• The National Sleep Foundation says that exercise can contribute to better sleep. Work out at least 4-5 hours before you expect to hit the hay, though, because exercise can keep the heart rate elevated and give you energy for hours after you are done. Afternoon workouts are the best, but morning sessions are great, too.

• "For a successful morning, prep breakfast and clothing, and go over your to-do list the night before. Have your kids do the same. Since we started doing this, mornings are so much easier to bear and we all get to sleep in a little longer too!" — N.L. in Ohio

• Hand-held heat. Fill an old sock (no holes) with uncooked rice and knot at open end. Pop in the microwave for no more than 2 minutes for a long-lasting heater-upper.

• "Prevent outdoor padlocks from freezing up by covering the keyhole with a small piece of duct tape, and then put the whole lock in a sandwich-size baggie to seal." — G.O. in New York

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