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February 3, 2018 • Volume 8 • Number 28 • 518-673-3237



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3 BEDROOM APARTMENT FOR RENT: 50A Walnut Street, Canajoharie. \$800 per month, plus utilities. Off-street parking. Call 518-673-5895 and leave message.

SELF-INKING STAMPS: Great for raffle tickets. \$23.00+ tax. Shipping extra. Call Lee Newspapers at 518-673-0101 or email commercialprint@leepub.com

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2014 CHRYSLER 200 Touring S, Red, 44K, V-6, Auto, Moonroof, Full Power, 1-Owner, Clean CARFAX. Sale: \$11,995. **John C. Miller Inc. 518-762-7124.** www.johncmiller.com

DRAFTY WINDOWS COST MONEY - Viewpoint vinyl replacement windows are durable, low maintenance and ENERGY STAR APPROVED with lifetime warranty against glass breakage. Check out our Facebook to learn more. C.H. BURKDORF & SON, 35 Hough St., St. Johnsville 518-568-7016

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2014 DODGE CHARGER SE, Dk Blue, 37K, V-6, Auto, AC, CD, Alloys, Clean CARFAX. Sale: \$15,995. **John C. Miller Inc. 518-762-7124**. www.johncmiller.com

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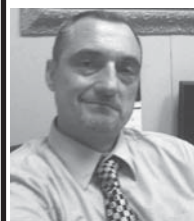
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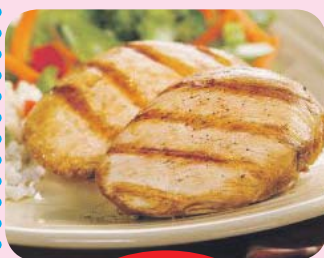


Phone: 518-568-5689 • Fax: 518-568-8112
Email: cal44@mail.com

3 DAY SALE!

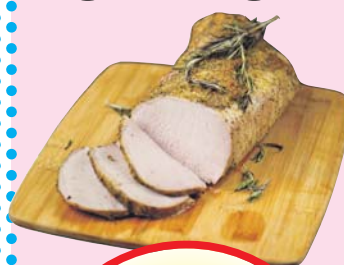
Thursday, February 1st
Friday, February 2nd
Saturday, February 3rd

**Boneless
Chicken**



\$169
Lb.

**Whole
Boneless
Pork Loin**



\$179
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**Digiorno
Pizza**

12 Inch Rising Crust



2/\$10

**Pepsi or
Mt Dew
Cubes**



\$599

Busch
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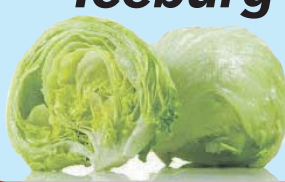
\$369

5 Lbs. **White Potatoes**



\$179

Iceburg Lettuce



\$129

Smithfield Kielbasa



2/\$5

Green Giant **Canned
Vegetables**

69¢



8 Oz. Bars **McCadam Cheese**



2/\$4

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Wunderbar **Bologna**

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Send all correspondence to:
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Country Preacher

by Pastor Dan West

What does the Bible say about fun and happiness? In years past many Christians seemed to convey the message that one should be stern, serious, and dour if they were a true believer. Certainly there are times that require a serious and reverent attitude, but The Bible is clear that joy and happiness are good for us.

Proverbs 17:22 says a merry heart does us good like a medicine! Cheerfulness can make a positive difference in our health. On the other hand, Solomon said in **Proverbs 12:25** that "heaviness in the heart of man makes it stoop, or lower itself. He goes on to point out that a good word makes the heart glad and a merry heart is like a continual feast. (15:15)

In the New Testament both Jesus and the Apostle John spoke and wrote several times "that your joy might be full! Jesus told His followers in **John 15:11** that He taught them about Himself "that My joy might remain in you, and that your joy might be full." In **John 16:24** Jesus tells His followers to ask Him for what they want so He can give it to them and make their joy full.

Jesus also said (**John 13:17**) to His followers about His teachings, "If you know these things, happy are you if you do them." Clearly knowing and doing what the Lord says is the key to joy and happiness in this life, and for all eternity. This writer can personally attest to this fact. What makes you happy, something temporary or Somebody eternal?



Calendar of events

Feb. 6

3:30 p.m. Arkell Art Studio. Artists of all ages and their families are invited to explore basic art techniques, from acrylics to watercolors and everything in between. For more information, contact Curator of Education & Public Engagement Jenna Peterson Riley or call 518.673.2314 x 113.

Feb. 8

11 a.m. Family Art Hour. Arkell Art Studio. Join us for this free weekly program where young students and their families will get hands-on with art in a variety of mediums. For more information, contact Curator of Education & Public Engagement Jenna Peterson Riley at jriley@arkellmuseum.org or call 518.673.2314 x 113.

Feb. 9

3:30 p.m. Arkell Art Studio, MakerSpace. Makers of all ages are welcome to come create, learn, and experiment!

Feb 10

Free Clothing Give-Away. Valley Alliance Church, State Highway 5 just one mile east of the Nelliston traffic light. 9-11 am. Doors open at 8:45 am. Refreshments will be provided.

Feb. 13

3:30 p.m. Arkell Art Studio. Artists of all ages and their families

are invited to explore basic art techniques, from acrylics to watercolors and everything in between. For more information, contact Curator of Education & Public Engagement Jenna Peterson Riley or call 518.673.2314 x 113.

February 14

Adult Workshop. 5:30 p.m. Sahaja Meditation. Start 2018 off right with weekly Sahaja Meditation classes. The Winter session will meet Wednesdays at 5:30 from Jan. 10 through March 14. For more information, contact Instructor Melanie Pandit at melaniep@meditateupstate.com, or by phone at 518.428.4692.

February 15

11 a.m. Family Art Hour. Arkell Art Studio. Join us for this free weekly program where young students and their families will get hands-on with art in a variety of mediums. For more information, contact Curator of Education & Public Engagement Jenna Peterson Riley at jriley@arkellmuseum.org or call 518.673.2314 x 113.

February 16

3:30 p.m. Arkell Art Studio, MakerSpace. Makers of all ages are welcome to come create, learn, and experiment!

February 20

11 a.m. Presidential Portraits at Arkell. Home over Winter Break? Come celebrate a slightly belated Presidents Day with an up-close look at one of the most famous portrait artists of the colonial era; Gilbert Stuart. This is a free program for artists of all ages and abilities. RSVPs and donations are not necessary but are always appreciated, as they help us get a better understanding of the number of supplies to prepare and help cover the cost of materials. For more information, contact Curator of Education & Public Engagement Jenna Peterson Riley or call 518.673.2314 x 113.

May 19

Fort Klock Opening Day. 10 a.m. - 4 p.m. Experience the sights and sounds of 1776! Join us at Fort Klock for a special living history event featuring a chandler, black smith, tin smith, weaver, militia muster hands-on demonstrations and more! Fort Klock, St. Johnsville, NY. 518.568.7779 www.fortklockrestoration.org

NOTE: Calendar items must be submitted by Tuesday prior to the publication date to be included in the Calendar of Events. Entries may be emailed to cfeeditor@leepub.com.

Stunning engagement ring alternatives

White diamonds have been the traditional engagement ring stones for decades. While shoppers have experimented with gold, silver, platinum, and other precious metals for ring bands, the star of the show has long been that twinkling, pristine diamond.

Even though diamonds may be a "girl's best friend," they may not fit every woman's style, particularly the bride who likes to buck tradition and think outside the box. According to Money magazine, the average engagement ring costs more than \$5,800. In addition to being one of the most expensive gemstones, diamonds have become quite commonplace. Some women even eschew diamonds for moral reasons.

Whatever the driving force behind shopping for alternative gems, women who want to set themselves apart from others — and men who want to "wow" their significant others with unique and eye-catching rings — may opt for other dazzling stones.

• **Moissanite:** This crystal naturally occurs in meteorites and is nearly as hard, dense and scuff-resistant as a diamond. Some feel moissanite offers more brilliance and fire than diamonds. Moissanite is a white-colored stone, so it can mimic the look of a diamond. And since it can be made in the laboratory at a fraction of the cost of even lab-made diamonds, it's a frugal option. A nearly flawless one-carat moissanite gem can cost less than \$1,000.

• **Lemon quartz:** This is the trade name for a lemon-yellow stone that is a variety of color-enhanced transparent quartz. Quartz is turned into this sunny hue through an artificial gamma ray irradiation process. Like other quartz gemstones, lemon quartz is considered to be very durable and is therefore suitable for all types of jewelry.

• **Sapphire:** Sapphires tend to be blue stones (of varying intensity), but they also come in peach, pink, yellow, green, and white. Sapphire may not sparkle as much as a diamond or even moissanite. However, with the right cut, it can be hard to distinguish any lack of lus-

ter. Sapphires are the third hardest mineral, and at about one-third the price of diamonds, they make an ideal diamond substitute.

• **Morganite:** According to the blog Bridal Musings, morganite is currently one of the most

popular choices for engagement rings. Its pretty pink hue is romantic and feminine. It also sits at around the same hardness as sapphires, ensuring the rings will endure.

Vividly cut rubies, emeralds and tanzanite — all gems that are rarer

yet less expensive than diamonds — can make beautiful engagement

rings. Some couples also may opt for rings without gemstones, such as tradi-

tional Claddagh or "true lover's knot" rings to signify their union.



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| R21 | 5.5"x15.25 | (68.94 sq. ft.) |
| R30 | 10"x16 | (69.33 sq. ft.) |
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| R38 | 12"x16 | (58.67 sq. ft.) |
| R38 | 12"x24 | (64.00 sq. ft.) |

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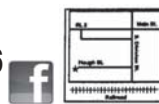


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| 1/27/18 | 9am-3pm | Fort Plain Senior Center |
| 2/10/18 | 9am-3pm | HFM Prevention, Johnstown |
| 3/27/18 | 9am-3pm | Arkell Center, Canajoharie** |
| 4/14/18 | 9am-3pm | Canajoharie High School |
| 5/5/18 | 9am-3pm | Arkell Center, Canajoharie** |

\$30.00 per person

To register for a class call April at the Shults Insurance Agency

518-993-2387 ext. 111 Cell 518-321-9249

**Call Joan Cimino to register for the Arkell Center Classes 518-673-4408

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Opioid Awareness and Prevention Summit



FEBRUARY 3RD

10 AM – 2:00 PM

Fort Plain Reformed Church

165 Canal St., Fort Plain, NY

Including:

- Ø Kent Hogeboom. His son OD'd. He has a story to tell!
- Ø Special Agent from the DEA
- Ø "Shawn has a secret" interactive teenage bedroom
- Ø A panel discussion sharing information and insight
- Ø Information, networking, encouragement, and hope!

For more information or to register, contact:

Jenna Mares

Opioid Prevention Educator

Catholic Charities of

Fulton and Montgomery Counties

1 Kimball Street; Amsterdam, NY 12010

518-842-4202 x3121

jenna.mares@cc-fmc.org

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Fort Plain Reformed Church

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Now Here's a Tip

by JoAnn Derson

• Keep makeup brushes in tip-top shape: Wash with a good brush cleaner weekly, and store upright in a jar (bristles up). Don't toss them in a box, bag or drawer with your makeup! They may pick

up unwanted pigments and the facial bacteria can compromise makeup!

• If your dryer is taking a long time to run its cycle and the clothes STILL aren't dry, check your lint trap. Follow the hose all the way to the end, and be sure to check the grate that is in place where the hose exits an exterior wall. Lint can build up here, making it hard for heat and steam to escape. It's also a fire hazard.

• "In our house, we use nail polish to distinguish whose plastic leftover containers are whose. My roommate and I both bought the same set (a good deal!), and we painted a little X on the bottom and on the top of the lids in contrasting colors. So I only use the red dot ones, and she uses the dark

blue." — M.T. in Florida

• "I purchased a couple glass-cleaning cloths that were nice and big. I used my sewing machine to sew the edges together and make a little sack. It stores my reading glasses, and I can keep them clean and not scratched up." — R.E. in Missouri

• "I wanted to use my staple gun to attach a cord along a board for a craft project. I taped a craft stick to the bottom so that the staple would not go in all the way, leaving an allowance for the cord. I just used extra-long staples. It worked great and turned out very secure, and I didn't have to worry about a staple slicing up an electrical cord!" — F.D. in Texas

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XOXO



XOXO

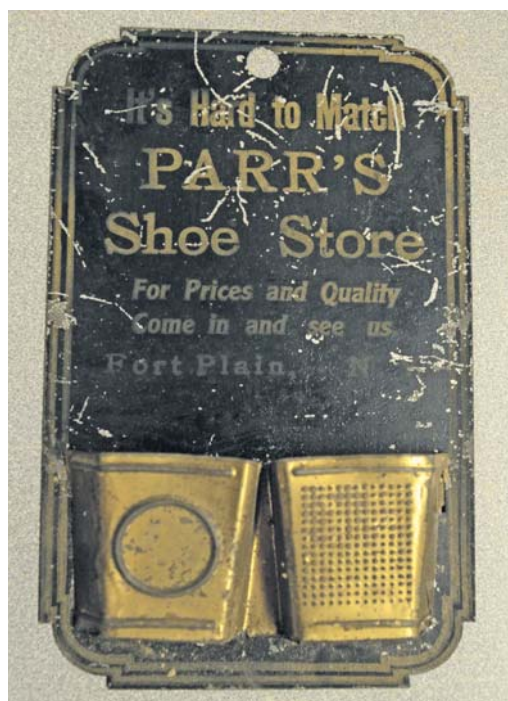


XOXO

| |
|---|
| <p>JR's Auction 7403 St Hwy 5 • St. Johnsville, NY 13452 • (518) 993-4668</p> |
| <p>ANTIQUE, FURNITURE, & TOOLS CONSIGNMENT AUCTION TUESDAY JAN 31st 5:00pm A large load of Furniture and items coming from Westmoreland!! 1 New Wall Mount Propane Heater, Large Sofa and 2 Chairs, Love Seat, Antiques and much more!!</p> |
| <p>ANTIQUE, FURNITURE, & TOOLS CONSIGNMENT AUCTION TUESDAY FEB 6th 5:00pm Looking for consignments and clean outs!!</p> |
| <p>FOOD & GROCERY AUCTION WED FEB 7th 6:00pm Our Regular Grocery Auction First Wednesday of the Month in St Johnsville. 10 CASES OF SLICED AMERICAN CHEESE, 2 CASE MILD CHEDDAR CHEESE, 2 CASES CABOT MONTEREY JACK CHEESE, 2 CASES PEPPER JACK CHEESE, 3 CASES COLBY LONG HORN CHEESE, 3 CASES SHREDDED CHEESE, 2 CASES SHARP CHEDDAR CHEESE, 2 CASES MARTINS FARMERS CHEESE, 2 CASES MARBLE JACK CHEESE, 3 CASES MUNSTER CHEESE, 3 CASES SHREDDED YELLOW CHEESE, SHRIEBLERS WHITE AMERICAN CHEESE, 1 SKID OF VARIOUS YOGURT (if available at Auction time) 6 CASES OF BACON, 4 CASES OF BUTTER AND BUTTER BLEND, COTTAGE CHEESE, HAMS, 4 CASES OF APPLE CIDER, CHICKEN BREAST BITES, BUFFET HAM, HATFIELD SAUSAGE LINKS, and PATTIES, POLLOCK FISH FILLETS, PIZZA'S CEREALS, COOKIES, DRINKS, PAPER TOWELS, TOILET PAPER, LAUNDRY SOAPS, CANDY BARS & MUCH MORE!! DO NOT MISS THIS AUCTION...WE LOVE TO SELL... FREE HAM GIVE A AWAY!!</p> |
| <p>Gun & Ammunition Auction WED FEB 17th 6:00pm Expecting some new guns for this Auction Don't Miss These Auctions!! LOOKING FOR CONSIGNMENTS! BUY SELL & TRADE!! GUNS AND AMMUNITION!!</p> |
| <p>ATTENTION Farm Machinery Equipment & Restaurant Equipment Auction Sat February 24th 10:00am. Looking for complete Farm Equipment, Tractors, Trailers, Farm Trucks, Machinery. Equipment, Welding Equipment, Woodworking Equipment, Blacksmith Tools, Hand Tools, Chain Saws, and more!! CONSIGN EARLY FOR FREE ADVERTISING</p> |

| |
|--|
| <p> KING'S</p> |
| <p>Thurs., Feb. 1st Food Auction ~ 6:33PM</p> |
| <p>Sat., Feb. 3rd Consignment Auction ~ 6:33PM</p> |
| <p>Sat., Feb. 10th Consignment Auction ~ 6:33PM</p> |
| <p>Sun., Feb. 11th Breeder Sale ~ 11:33AM</p> |
| <p>Sun., March 18th Fishing Auction ~ 1:33PM</p> |
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Whatchamacallits



Matches were a tremendous part of life once they were invented. But they were made a bit too well, as they would combust easily just by rubbing up against another coarse surface, be it a table or even another match. This led to the invention of this week's Whatchamacallits — match holders.

There are a variety of different match holders, depending on the purpose or time period. These are wall-mounted match holders, made out of tin these particular match holders were molded and soldered into form. Each one has a strike pad and space to keep the matches from igniting when they weren't meant too. They each also feature advertisements of local businesses around the Capitol Region of New York. However, they differ in the style.

The one of the left reads, "It's hard to match Parr's Shoe Store for prices and quality. Come in and see us.

Do you have your own Whatchamacallit?

Send a photo and short description to cbarden@leepub.com or call Camden at 518-673-0144

Fort Plain, NY." The holder on the left side would have a small piece of sandpaper glued to the tin, offering another option for a striker. In 1890, John Parr opened the store and was a part of it until 1953. The match holder would have hung outside of his store to offer a match while promoting his business.

The match holder on the right reads, "Adriance Farm Machinery" while displaying an illustration of the Adriance Corn Binder. This company, the Adriance, Platt & Co., was located in Poughkeepsie, NY. Despite being in business for roughly 70 years, the company was purchased by Moline Plow Co. in 1913.

The use of the match holders was an average occurrence, as matches were needed to light stoves, lanterns, cigarettes and many other items.



Food and water safety in the event of a power outage

In rural areas during a power outage you may be forced to gather water for personal use from other sources. Avoid drinking water from a source that may have become contaminated to avoid becoming ill from bacteria or other microorganisms (germs) that may be in the water. You can also become ill from germs on your hands or in contaminated food. Food may become contaminated if not properly stored. Avoid eating food that has become contaminated during a power outage. Follow these recommendations to make sure your water is safe:

- Make sure your drink-

ing water is safe, whether from a public system or a private well. Observe “boil water” and other notices about your water supply.

- Use bottled water that has been purchased from a known source. If bottled water is not available, tap water can be boiled for safety.
- Practice good personal hygiene. Wash your hands carefully with soap and water after using the bathroom and before eating, and make sure that your other family members do too. If you do not have clean water, use an antibacterial hand gel.

Follow these recommendations to make sure any food you consume is

safe, but “when in doubt, throw it out!”

- Keep the refrigerator and freezer doors closed as much as possible to maintain the cold temperature.
- The refrigerator will keep food safely cold for up to 4 hours if it is unopened. A full freezer will hold the temperature for approximately 48 hours (24 hours if it is half full) and the door remains closed.
- Discard refrigerated perishable food such as meat, poultry, fish, soft cheeses, milk, eggs, leftovers and deli items after four hours without power.
- Food may be safely re-

frozen if it still contains ice crystals or is at 40°F or below when checked with a food thermometer.

- Never taste a food to determine its safety!
- Obtain dry or block ice to keep your refrigerator and freezer as cold as possible if the power is going to be out for a prolonged period of time. Fifty pounds of dry ice should hold an 18-cubic-foot full freezer for two days.
- If the power has been out for several days, check the temperature of the freezer with an appliance thermometer. If the appliance thermometer reads 40°F or below, the food is safe to refreeze.

- If a thermometer has not been kept in the freezer, check each package of food to determine its safety. If the food still contains ice crystals, the food is safe.
- In cold weather, animal safe food storage containers may be used outdoors as long as the temperature remains under 40 degrees.

“Keeping Food Safe During an Emergency” at: <https://tinyurl.com/32zokc>.

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Senior News Line

by **Matilda Charles**
Flu hitting seniors
hard this winter

Flu season is cutting a wide swath this winter, and seniors are being hit hard. Depending on your source, the flu shots we were given in the fall are between 10 percent and 30 percent effective. That’s not very good. The worst one this year is the Influenza A (H3N2) strain. Your protection will depend on the type of shot you got (trivalent or quadrivalent). If you’re over age 65, chances are

you were given the high-dose trivalent, which produces a better immune response.

To keep tabs on how the flu is moving through your state, go online to your state’s department of health. Many of the sites have weekly updates showing lab-verified flu statistics, flu-like illness stats, hospitalizations and deaths. Or you can check the Centers for Disease Control and Prevention’s Influenza Surveillance Report. Look for the USA map and click on

your state. You’ll also see that the age range that’s being hit the hardest is age 65 and over, followed by those in the 50-64 age range.

One of the best ways to fend off the flu is to wash your hands frequently, especially after you’ve been out. At the grocery store, make use of sanitizing wipes on cart handles, or slather the handles with alcohol-based hand sanitizer. When you get home, wash your hands before you put away the groceries, and

even before you pet the dog or cat that’s been waiting for you.

Other helpful ideas are to use your own pen at the bank. Keep your hands away from your face. Wrap antibacterial wipes around doorknobs and leave them there until they dry. Wipe down the refrigerator door handle, microwave buttons and cellphone the same way.

And did I mention washing your hands?

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Strange But True

by **Samantha Weaver**

- It was noted educator and civil-rights activist W.E.B. DuBois who made the following sage observation: “The theory of democratic government is not that the will of the people is always right, but rather that normal human beings of average intelligence will, if given a chance, learn the right and best course by bitter experience.”
- Those who make the finest wigs from human hair typically avoid buying hair from Americans. Evidently, hair grown in

the United States is more likely to have damage caused by hairspray, hairdryers, dyes and polutants.

- You might be surprised to learn that the tiny nation of the Netherlands, located barely 1,000 miles from the Arctic Circle, is the world leader in yield for tomato production, producing 144,352 tons of tomatoes per square mile under cultivation.
- In 1900, a prairie dog colony was found in Texas. That’s not surprising — prairie dogs are

fairly common out West — but this colony was unique. Researchers say it was the largest colony ever discovered, providing a home to 400 million prairie dogs and stretching over 25,000 square miles.

- If you’re planning a summer trip to Maine, be sure to visit Peaks Island; the town is home to what is quite possibly the world’s only museum devoted to umbrella covers.
- The first seven presidents of the United States were not born American citizens.

- Thanks to continental drift, the Atlantic Ocean is getting about a centimeter bigger every year, and the Pacific Ocean is shrinking by the same amount.

Thought for the Day: “Pride, like laudanum and other poisonous medicines, is beneficial in small, though injurious in large, quantities. No man who is not pleased with himself, even in a personal sense, can please others.” — Frederick Saunders

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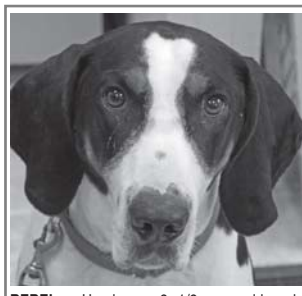
NORMAN - Darling 6 month old Lab mix, black with white. Found on Spring St., Fort Plain



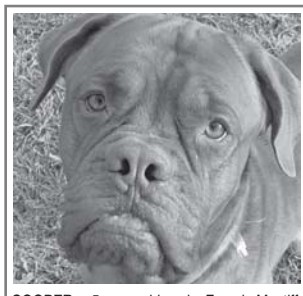
LACEY - 5 - 6 year old female Shepherd mix. Good with other dogs. Knows 'sit' and 'shake'.



BoBo - 4 year old male Coonhound mix. Good with other dogs and with kids.



REBEL - Handsome 2 1/2 year old male Coonhound. Good with some dogs and older kids, not good with cats.



COOPER - 5 year old male French Mastiff. Good with calmer dogs. Best in quiet adult home.



TRIXIE - Adorable 3 year old female Pit Bull mix. Good with some dogs. Friendly and lively.



LOLA - 1 1/2 year old female Pit Bull/Lab mix. A sweetheart, playful and friendly.



MOOSE - 9 year old male Pit Bull mix. Fine with most dogs. Loves people.



DAISY - Beautiful 4 year old female Akita mix. Very friendly and very strong. Not good with small animals.



PATCH - Sweet and shy 7 month old female, white with gray patches. Loves other cats. Playful.



DONNY - Wonderful 9 - 10 year old large orange and white male. Found abandoned in a box in 2011. Very playful. Fine with other cats and with dogs.



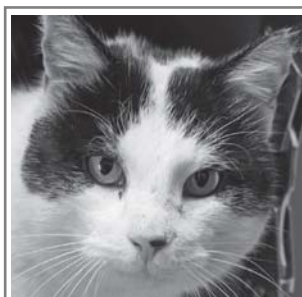
OZ - Pretty 3 - 5 year old tiger female. Soft and silky. Not good with cats or dogs.



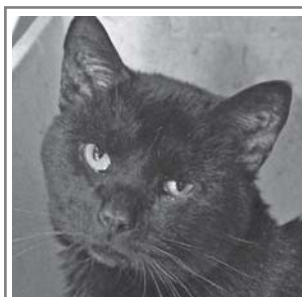
BRIDGET - Lovely 1 year old female Tortie.



SNUGGLES - Beautiful, affectionate 13 - 14 year old male tiger. Good with cats and dogs.



TEDDY - 6 - 7 year old male. Good with cats and dogs. Sweet natured. Loves to be petted.



LINK - Black male about 2 years old. Extra toes.



ELLY - 3 1/2 year old tiger and white female. Abandoned in St. Johnsville in December.



TINSLEY - Handsome 1 - 2 year old male tiger with white. Came to the shelter in January 2018.



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Snow on a roof may look idyllic, but too much weight can cause structural damage.

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Kovels: Antiques and Collecting

by **Terry and Kim Kovel**
Strange wooden table

As fashions change in clothing, so do fashions in furniture and design. Norman Rockwell was considered a commercial artist of little value for many years, but now his

original paintings for magazine covers can sell for millions of dollars.

A strange table made by John Scott Bradstreet (1845-1914) recently was offered at a Cowan auction in Cincinnati. Bradstreet was a leading inte-

rior designer, decorator and tastemaker in Minneapolis for many years before he died in a car crash in 1914. The table was in the Arts and Crafts style — sort of. Bradstreet went to Japan many times, and his de-

signs were influenced by Asian arts and bits of many other styles: English Arts and Crafts, Moorish, Gothic, the Aesthetic Movement and the works of Whistler.

The wooden center table sold in the auction

was covered with shallow carvings that followed the grain. The technique, called by the Japanese name jin-di-sugi, used cypress, a soft wood that, after a long time in water or mud, develops raised lines in the grain. The wood was then scorched, brushed, carved and waxed, a process that was modernized and patented by Bradstreet. Few pieces like this are known, and many of these are in museums.

The auctioned table had side panels that flipped down to make small display shelves on each side. We looked for more information about this table and the maker, and found that it had sold in 2005 for an estimated price of \$50,000 to \$75,000. This time, the table brought \$24,000.

Q: We were recently given a collection of hatpins. They were passed on from my fiancée's grandmother. We believe they are from around 1921. We'd like to know more about them.

A: Women wore bonnets that tied under the chin until about 1860. Hatpins came into use when hats without ties became fashionable and the pins were needed to hold them on. Hatpins also were used to pin hairpieces on to create the puffy hairstyles popular in the late 1800s and early 1900s. When smaller hats and shorter hair became popular in the 1920s, hatpins were no longer needed. Hatpins have been made of a variety of materials, can be simple or ornate, and can be as long as 12 inches. They sell today for less than \$15 to a few hundred dollars. Their value is determined by workmanship and the materials. Gold, silver or valuable jewels increase the hatpin's value.

Tip: To clean the stem and bowl of a collectible briar pipe, dip a pipe cleaner in vodka, and push it through the stem. Use a dry pipe cleaner for any pipe but a briar pipe.

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This rare table with carved top and sides was made in Minneapolis in 1905. It sold in 2016 for \$24,000.



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Unique ways to celebrate Valentine's Day

Valentine's Day is an opportunity for couples to celebrate their love for each other, whether their relationship is relatively new or has endured through many years.

The National Retail Federation estimates that Americans are expected to spend close to \$20 billion on Valentine's Day this year. While chocolates and

champagne are high on the list of most-purchased items for Feb. 14, couples should not feel beholden to tradition on Valentine's Day. This year may be the perfect time to try something new, even if it's out of couples' comfort zones. Here are some novel ideas for couple's looking to set their celebrations apart.

• **Paint and sip:** Couples

can take part in a growing trend this Valentine's Day. At paint-and-sip events, people are guided step-by-step through the process of painting their own masterpieces. Breaks are provided through the evening to indulge in beverages and snacks of choice. Couples can bring along a bottle or two of wine and a platter of cheeses, chocolates or other Valentine's Day fare. Those interested can inquire at their nearest paint and sip location, such as Pinot's Palette, for Valentine's Day specials.

• **Activity night:** Couples who are naturally competitive or devoted sports fans can enjoy the evening by engaging in some healthy competition. Some restaurants host trivia nights, or couples can head to the nearest arcade and battle it out. Panic and escape rooms are cropping up in towns across the country. These employ 60-minute real-life experiences in which participants must solve clues to escape the room. This can be a great



Valentine's Day might be a time for romance, but couples should not hesitate to buck tradition and spend the day together engaging in activities that accommodate their interests.

bonding experience for fun-loving couples.

• **Chef lessons:** Although some couples may dine out on Valentine's Day, men and women who like to dabble in culinary arts can prepare their own meals from the comforts of their own kitchens. Others may want to enroll in classes that provide expert instruction from area chefs or culinary instructors. Cooking classes can be an ideal way to spend time together learning skills that can be put to use again and again.

• **Adventures:** Couples who like to push the envelope can explore the possibilities of thrill-seeking activities. Some may include bungee-jumping, hot-air balloon rides, taking laps at the racetrack, or hitting the ski slopes.

Valentine's Day might be a time for romance, but couples should not hesitate to buck tradition and spend the day together engaging in activities that accommodate their interests.

This Valentine's Day... ..Turn Her Heart Upside Down!

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Second Course (for 2)
Salad Choice; arugula salad with blue cheese, drunken cranberries and candied pecans with a champagne dressing or Traditional Garden Salad, Roasted Beet Salad

Third Course (Choose)
French Onion Soup
Broccoli and Cheddar Soup

Fourth Course
Seared Steak and Green Bean with herbed butter, Shrimp/Scallop Tomato Fra Diavolo, Haddock En Croute

Fifth Course (Dessert)
Chocolate Raspberry Cake, Chocolate Cannoli, Chocolate Fritters w/a Strawberry Sauce

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Valentine's Day numbers to know

Valentine's Day is one of the most popular days of the year to celebrate. Here's a look at some interesting numbers associated with this day to celebrate the love people have for one another.

400: The year that Pope Gelasius declared Feb. 14 a day to honor Saint Valentine.

62: The percentage of adults who say they celebrate the holiday.

1.7: The amount, in billions, that is spent on candy for Valentine's Day, according to the National Retail Federation.

512: The average dollar amount spent per person for Valentine's Day.

58: The number of pounds, in millions, of chocolate bought during Valentine's Day week.

150: The number of cards and gifts, in millions, sent each year for the day of

love.

1: The dollar amount, in billions, that Americans are expected to spend on Valentine's Day cards.

61: Percentage of men who purchase flowers or plants for Valentine's Day.

15: Average cost, in dollars, of a box of chocolates.

8.6: Amount of dollars, in millions, spent on sparkling wine for Valentine's Day, making it the second most popular occasion, after New Year's Eve, to enjoy some bubbly.

150: The average amount, in dollars, men spend on gifts. Women spend an average of \$74 on gifts.

2: The ranking of red roses in comparison to other types of flowers gifted.

Sources: NRF, Greeting Card Association, National Confectioners Association, U.S. Postal Service, USDA.



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What various flowers can represent

Flowers are popular come Valentine's Day, as various blooms can signify love and affection. Roses are one of the most popular flowers to gift on Valentine's Day, and according to Bankrate, men and women can expect to

spend \$41.66 on a dozen roses.

Some gift-givers may want to deviate from the standard bouquet of roses and offer flowers that are more in tune with their recipients' preferences.

Flowers have long been used to convey certain feelings in many cultures. Folklore, poetry and mythologies have played a role in defining the various meanings associated with certain blooms.

Understanding the

who works in the legal profession.

- **Carnation:** A less expensive alternative to roses, carnations represent pride and beauty. Furthermore, the colors of carnations represent different meanings. Red symbolizes love, while pink is for a mother's love and white represents innocence and pure love.

- **Daisy:** Innocence and purity are the meanings behind the yellow and white daisy. This can be the perfect pick for new, young love.

- **Freesia:** Those wanting to evoke passionate feelings can choose freesia, which is also said to mean "joy."

- **Hydrangea:** Hydrangeas symbolize heart-felt emotions and can be used to express gratitude for being understood. This may be the perfect "making amends" flower.

- **Lilac:** Couples seeking tranquility and passion can turn to lilacs. The calming lavender hues also can be a welcome change in floral arrangements.

- **Rose:** Of course, no Valentine's flower roundup would be complete without roses. Roses represent love and passion, and, like carnations, their colors symbolize different things. Red roses represent desire, pink roses suggest happiness and white roses symbolize worthiness. Avoid yellow roses, which suggest fading love.

- **Zinnia:** Zinnias symbolize thoughts of distant friends and can make a thoughtful friendship arrangement to send to a faraway comrade.

Flowers are part of many Valentine's Day celebrations. By learning the meanings behind different flowers, men and women can make their feelings better known.



Customize Valentine's Day bouquets with flowers that have specific meanings.

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meanings behind various flowers can help Valentine's Day celebrants more accurately express their feelings toward the special people in their lives. Read on to learn more about what certain blooms may symbolize.

- **Amaryllis:** This flower symbolizes splendid beauty and can be given to indicate worth beyond beauty.

- **Aster:** The popular aster symbolizes wisdom and devotion.

- **Bird of Paradise:** The interesting shape and rarity of these blooms symbolizes joyfulness and magnificence. It can be an exciting flower, and one that evokes feelings of anticipation.

- **Black-eyed Susan:** These vibrant blooms represent justice and can be ideal for the person

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Paw's Corner

by Sam Mazzotta

Pet hospice care a growing option

Dear Paw's Corner: A few months ago, I lost one of my cats, "Enos," to a lengthy illness. He was a senior cat and had a number of issues, like diabetes, that caused him to go downhill fairly quickly. When it became apparent that he was only going to get worse, not better, his veterinarian suggested that we go ahead with euthanasia.

Enos wasn't ready to go, however. He was tired and barely able to walk, but his eyes were still bright and he still responded to us. I asked

if there was any other way to ease his pain without putting him to sleep, and the veterinarian suggested hospice care specifically for pets.

This turned out to be a wonderful option. The vet recommended another veterinarian who specialized in pet hospice. There was some additional expense and more time needed to properly care for Enos, but he lived like a king, largely free from pain, for almost six months before passing quietly. I highly recommend that owners of senior pets consider hospice as an option to euthanasia. — Carol in Boone, NC

Dear Carol: Condolences on the

loss of Enos. It sounds as if you were able to extend his life comfortably thanks to hospice care.

This can be a good option for owners trying to cope with the impending loss of a pet, but it's important to research hospice care and to pair with a veterinarian who is knowledgeable and experienced with this option. It requires much closer observation and care by the owner, and much more frequent treatment by the vet. Owners need to be prepared for the greater investment both time and money.

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To Your Good Health

by Keith Roach, M.D.

Beware use of Prevagen for Alzheimer's disease

Dear Dr. Roach: Could you please discuss the use of Prevagen for Alzheimer's disease? My chiropractor wants me to take it because my mother had Alzheimer's. She says her father is doing well and not progressing. What do jellyfish have to cause this result? I have not seen any research from medical facilities that back this up. — L.C.

Answer: I could not find any peer-reviewed literature that supports the use of Prevagen for Alzheimer's disease or other neurological disease. The manufacturer has unpublished data on its website that suggests there may be a benefit in memory. There is also a study in rats that suggests the active protein, apoaequorin, may protect nerve cells against loss of glucose and oxygen. This protein was originally identified from luminescent jellyfish but is made synthetically in Prevagen. The rat research result is surprising, since proteins are normally broken down in the

GI tract, and would not be expected to have activity in the brain.

There are reports made to the Food and Drug Administration of serious adverse events from this product. A supplement is not required to show its benefit; in fact, the product information for Prevagen clearly states that it is "not intended to diagnose, treat, cure, or prevent any disease." I don't recommend using this product until there is clear, peer-reviewed evidence that it is better than placebo. In my mind, taking any treatment — drug or supplement — to prevent a condition requires the highest level of certainty.

Dear Dr. Roach: I am a 50-year-old female. How accurate are the results of fecal blood tests? In May, then July, I saw what looked like blood in my stool. My GP ordered the fecal blood test, three smears over three days. Results negative. Then in November I saw it again. My doctor said since the fecal test showed no blood, there is no blood.

My sister had colon cancer at age 45. I have had pre-cancerous polyps removed every three years

for the past 10 years. Can I trust the fecal blood test results? — S.C.

Answer: The fecal occult blood test uses an enzyme that causes a color change in the presence of heme, a component of hemoglobin, the major protein in blood. Although the fecal blood results are pretty accurate, they can be erroneous in two ways: a false positive and a false negative.

A false positive means the stool test is positive when there is no blood. This can happen from eating raw vegetables (many types, especially turnips and radishes) and meat. A false negative can happen in the presence of large amounts of vitamin C, but more importantly, many lesions of the colon, including colon cancer, bleed only intermittently.

In my opinion, someone with a history like yours, including pre-cancerous polyps and a family history of colon cancer, should have a colonoscopy as the screening test rather than stool cards.

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Here's how the tax reform plan could affect you

(BPT) — With the newly passed tax reform bill, the Tax Cuts and Jobs Act (TCJA), now is the time to start thinking about how this will affect you so that you can plan ahead for the outcomes you will start to feel in your paycheck as early as February 2018.

This tax reform affects virtually everyone; however, families, homeowners, residents of high-tax states, the medically uninsured and small businesses will be especially affected. Most taxpayers will experience changes that could reduce or increase their taxes owed. If you're not sure how this may affect you, here is a summary of possibilities.

Families

Like most taxpayers, many families will be affected by the loss of personal and dependent exemptions of \$4,050 per person. However, families with income under \$200,000 (\$400,000 for joint filers) will be eligible for an increased child tax credit of \$2,000. Those with income over that amount may be eligible for a smaller credit. This, along with larger standard deductions, may or may not make up for the loss of the personal exemption. Families with dependents over the age of 16 may also qualify for a new family tax credit of \$500 for each dependent who does not qualify for the child tax credit.

Homeowners and residents of high-tax states

Homeowners and residents of high-tax states like California, New York and New Jersey, who typically itemize because they have large expenses like real estate taxes and state and local income taxes, may not be able to get the full tax benefit for these expenses, which are capped at \$10,000. Some may not find it worthwhile to itemize going forward. Itemizing deductions is only worthwhile if all expenses exceed the standard deduction.

Medically uninsured

Starting in 2019, there will no longer be a penalty for those without health insurance. The penalty, which had become more and more expensive since first im-

plemented in 2014, will not apply to taxpayers without insurance in 2019. Taxpayers who did not have insurance for all of 2017 and do not expect to be insured in 2018 need to make sure to talk to a tax professional, who can help you identify if you qualify for a penalty exemption.

Small-business owners

Some of the largest changes in the tax reform legislation apply to businesses, both large and small. These changes may also affect some rental activities. Corporations will see their top tax rate reduced to 21 percent from the current top rate of 35 percent, starting in 2018. Pass-through entities (LLCs, partnerships and S corporations) and self-employed individuals will be able to deduct 20 percent of their business income, subject to some limits (based on the type of business and income) and phase-outs (based on the partner's/shareholder's total income).

Retirement

Under the current law, taxpayers can reconvert a Roth IRA into a traditional IRA. This allows taxpayers to avoid paying high tax bills on an amount of money that had fallen in value after the conversion. Now, taxpayers will no longer be able to reconvert a Roth IRA to a traditional IRA.

The bottom line is that with this new tax legislation, you're still going to need to get your documents in order and file your taxes, as well as decide if you're going to itemize and what deductions work for your personal situation. This year, it's more important than ever to talk to a tax professional about how this affects you to ensure that your taxes are done right and that you have a clear understanding of how changes that take effect in 2018 will impact how you file in 2019.

To learn more about the tax reform, how it may affect you and what steps you can begin taking to reduce what you owe in 2018, visit www.hrblock.com or make an appointment with a tax professional.



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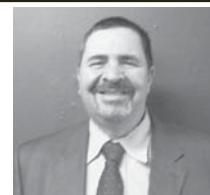
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Most taxpayers will experience changes that could reduce or increase their taxes owed.



Easy houseplants ~ peperomia

by **Dr. Leonard Perry, Horticulture Professor Emeritus, University of Vermont**

Few species of foliage plants offer the diversity of leaf size, shape, color, and texture of peperomias (pep-er-OH-mee-uhz). These members of the pepper family (the name means "resembling pepper"), native to tropical America, are highly decorative houseplants that are easy to grow. Plus, they are non-toxic to pets.

Most peperomias are dwarf and compact, rarely exceeding 12 inches in height. Some species have thread-like trailing stems, while others have thick, succulent, upright stems. Some species are particularly well suited for hanging baskets or dish gardens. They're grown for the decorative leaves, the flowers (if seen at all) being elongated, upright spikes resembling a tail.

Leaf shapes may vary from heart-shaped to lance-shaped, although the most common peperomias have rounded leaves. Colors may range from solid green to striped or marbled. Leaves may be outlined in pale green, yellow, creamy white, red, or gray. The leaf stems of some types are red or pinkish. Leaf surfaces may be smooth, shiny, or rippled.

Peperomias may be grown in pots, shallow pans (dish gardens), or in hanging baskets. A soil composed of peat moss, loam, or sand, or any potting mixture with good water drainage can be used. Peperomias, as a rule, should be kept slightly pot-bound.

The soil should not be overly fertile. Too much fertility can injure roots, or cause excessive growth. Use a houseplant fertilizer, according to label rates, about once a month in summer or when plants are growing, and about every three to four months otherwise. Or, you can use half strength fertilizer, twice as often.

Don't let the soil for peperomias get too wet, as these plants are highly susceptible to stem and root rot and to "oedema" (o-DEE-mah) — a non-parasitic disease

that appears as corky, raised swellings on the undersides of leaves. Water plants only when the soil is quite dry, and in winter make sure water is room temperature and not cold. Often, watering once a week is sufficient. Drench the soil thoroughly and make sure the pot drains excess water, and that saucers are emptied. If in doubt, don't water. Plants are much happier when the soil is too dry, than too wet.

On the other hand, coming from humid rain forests originally, they prefer higher humidity than is found in most homes, particularly during winter. Place them near a humidifier, or on a tray of pebbles which is kept moist, in order to keep humidity levels higher around them in dry rooms.

These plants thrive in bright light, although they will tolerate poor light even at high temperatures. Variegated leaves, however, lose their coloration in poor light. They grow well under plant grow lights or on lighted plant stands. Avoid direct sun in summer. Peperomias do well in average to warm temperatures during the day (65 to 75 degrees F is a good range), and no lower than about 50 degrees.

If you trim back plants, or want to propagate them, this can be done with leaf cuttings, similar to African violet propagation. Remove a large leaf with piece of the stalk, and stick this end into a seedling starting mix or combination of vermiculite and perlite. Using a rooting hormone on the cut end may help. Place cuttings in a warm spot and bright, but not direct, light. "Tent" them in a plastic bag to maintain high humidity.

The only pest that you usually may find on these are the white, cottony mealybugs. Simply wipe these off with a damp cloth, or with a cotton swap dipped in rubbing alcohol.

Of the over 1,500 different peperomias, several are commonly found at garden outlets.

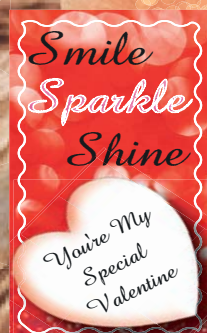
The next time you're looking for an easy houseplant for yourself or to give someone, particularly a beginning gardener or even a non-gardener that likes houseplants, consider one of these peperomias or their many other varieties with names such as Beetle, Belly button, or Bibi.



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Coyote Hunt

Registration \$20 prior to hunt:
Fri., Feb. 9th • 5pm-8pm • Sat., Feb. 10th • 6am-8am
Hunt: Sat., Feb. 10th • 8am-4pm
Must be back to club house by 4pm!
Weigh in starts at 4pm
60/40 Cash Prize Payout ~ 1) Heaviest Male
2) Heaviest Female

Gun Raffle • Item Raffle • 50/50 Drawing
Kitchen Open from 8am day of the hunt.

HUNTERS MUST COMPLY WITH ALL DEC REGULATIONS
THE DECISIONS OF THE JUDGES ARE FINAL.

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Monday, Feb. 5th – Normal Monday Sale & Monthly Fat Cow & Feeder Sale

Monday, Feb. 12th – Normal Monday Sale & Monthly Heifer Sale

Monday, Feb. 19th – Normal Monday Sale & Monthly Sheep, Lamb, Goat & Pig Sale

Monday, Feb. 26th – Normal Monday Sale & Monthly Organic Day

Upcoming Sales to Watch for:
2018 – Sat. March 31st – New Berlin, NY. 11:30AM Spring Premier All Breed Sale.

Sat. April 14th – Alfred State College Spring Fling – sale held at Alfred College

Sat. April 21st – New Berlin, NY. Annual Spring Consignment Spring Machinery Sale

Friday, April 27th – 11:00 AM sale held on the farm Cherry Valley, NY. Van-Acres LLC, Complete Registered Holstein Dispersal. 75 Milking age & 75 youngstock. Watch future ads for more details!

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King Crossword

ACROSS

1 "Mamma Mial" group

5 Apprehend

8 Colorful fish

12 Clay-rich soil

13 Blunder

14 Portrayal

15 Democrat or Republican

17 Radiate

18 Faucet

19 Arouse

21 Fireworks reaction

22 Delany or Carvey

23 Venomous viper

26 Zodiac cat

28 Passenger

31 Prosperous time

33 Knock

35 Pepsi competitor

36 Soothe

38 Tatter

40 Actor Danson

41 A long time

43 Bugging device

45 Tranquil

47 Pencil end

51 Impulse carrier

52 Multiple marriage

54 Expectorate

12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59

55 Ailing

56 Malaria symptom

57 Pop

58 Oklahoma city

59 Untouchable Eliot

6 Curved path

7 Wide

8 Occurring naturally

9 Bikini pattern?

10 Lotion additive

11 Chopped

16 Implement

20 Card game for two

23 Lawyers' org.

24 Scale member

25 Edwin Land's company

27 Rowing need

29 — out a living

30 Primary color

32 Purplish

30-Down

34 Kneecap

37 Longing

39 Indiana city

42 Brownish tone

44 Heathen

45 Back talk

46 World's fair

48 Wise one

49 Ostriches' kin

50 Deli loaves

53 On in years

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N L E R U J B A I F H C Z W T

Q W N K W I B F C S Z W U R P

M J O H E A B D I C A T E C Z

X U S D N Q R U N L P J C G E

C Z X D D E Q D V T U R N R P

N L O N S N J H H E E E U C A

Y N D I I I A W V T V T O R P

N L G L K E I T I A I A N F G

E N E C E V V R S C G W E O B

Z R X W U I E A S A R P R L O

M L J I G G Y E C V D B A D Y

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

| | | | |
|----------|---------|------------|----------|
| Abandon | Fold | Relinquish | Vacate |
| Abdicate | Give in | Renounce | Withdraw |
| Abjure | Give up | Resign | Yield |
| Cave in | Leave | Stand down | |

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Weekly SUDOKU

by Linda Thistle

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 4 | | | | 9 | | | 5 |
| | | 7 | 8 | | | 6 | |
| | 1 | | | 3 | | | 7 |
| | | 2 | 4 | | | | 3 |
| | 9 | | | | 5 | | 8 |
| 7 | | | | 6 | | 9 | |
| 3 | | | 1 | | | | 4 |
| | 6 | | | | 3 | 1 | |
| | | 8 | 9 | | | | 2 |

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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Americanisms

"This nation will remain the land of the free only so long as it is the home of the brave."
—Elmer Davis

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LAFF-A-DAY



"C'mon, James! You gotta laugh at your problems! Everybody else does!"

GRIN & BEAR IT



"Here's the key to the bike rack."

Just Like Cats & Dogs by Dave T. Phipps



Amber Waves

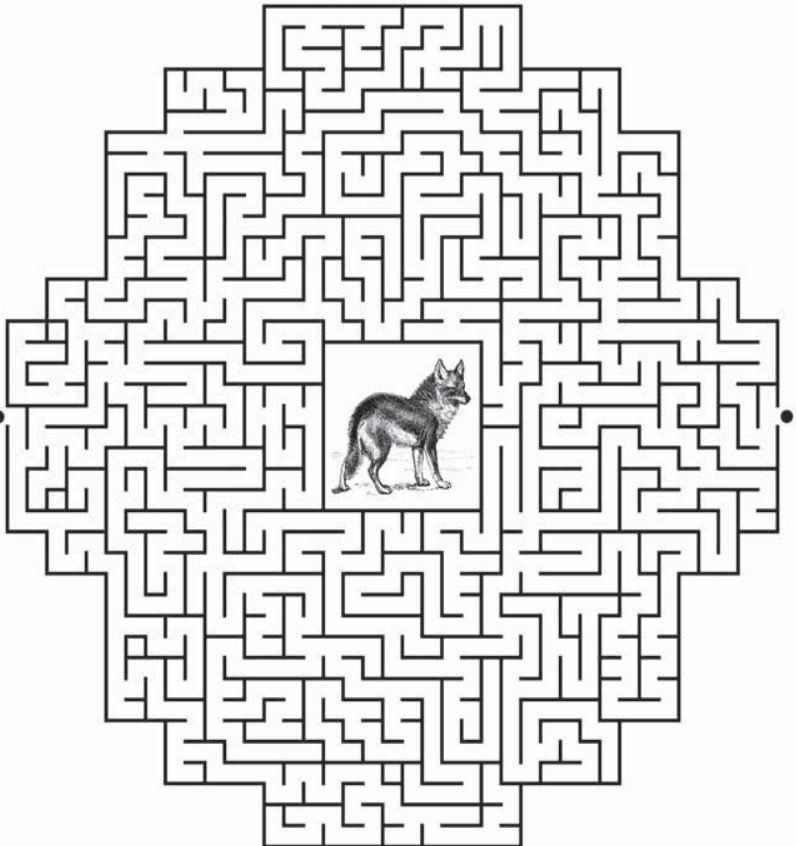


by Dave T. Phipps



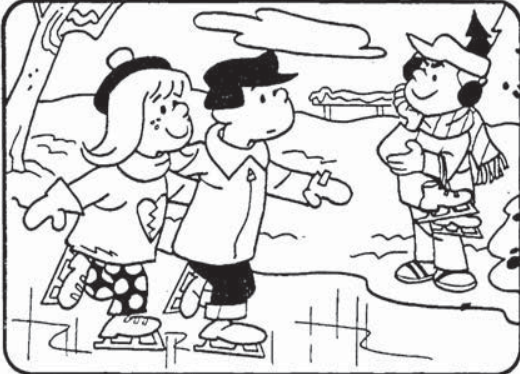
Mega Maze

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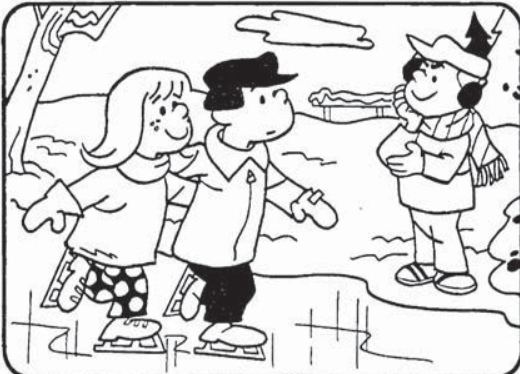


HOCUS-FOCUS

BY HENRY BOLTINGOFF



Find at least six differences in details between panels.



Differences: 1. Hat is missing. 2. Heart is missing. 3. Cloud is missing. 4. Cuffs are missing. 5. Arm is moved. 6. Skates are missing.

New! 24 HOCUS FOCUS puzzles \$3.50 • 24 Volumes • Order at: rbmamall.com

Puzzles4Kids

by Helene Hovanec

WORD FUN

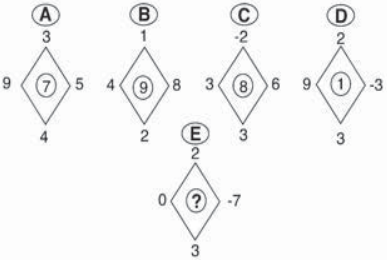
Study the two words on each line to find the ONE letter in the left column that is NOT in the word in the right column. Write the extra letter on the blank space. Then read DOWN to answer this riddle:

WHAT DO YOU CALL TWO BIRDS WHO ARE IN LOVE?

| | | | | | |
|--------|---|-------|--------|---|-------|
| LUSTER | — | LURES | GUSHER | — | SURGE |
| SWIVEL | — | LIVES | HAYDEN | — | HANDY |
| BERTIE | — | TRIBE | MARION | — | MINOR |
| FOREST | — | FORTS | SANDER | — | DANES |
| SETTER | — | TERSE | ASCENT | — | CANES |
| | | | CASTER | — | TRACE |

STICKELERS

Based on the logic of figures A, B, C, and D, what is the missing number?



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Kitchen Diva

by **Angela Shelf Medearis**

Spend less, save more at the grocery store

Benjamin Franklin famously wrote that "a penny saved is a penny earned," meaning that money not spent is money in your pocket. If saving money is on your mind these days, one of the best places to start is with your food budget. Small changes in your shopping and food consumption habits can add up, helping you save lots of money.

Here are some tips for budget-friendly shopping:

- Compare brands and look at the cost of food per serving. If you will use all of it, the bulk or economy size is often (but not always) a better price per serving. Use a calculator to figure the actual cost per serving.
- Buy non-food items from discount stores. This includes pet food, cleaning supplies and personal-care items. You'll pay more for these at the grocery store.
- Stock up on non-perishable foods when they're on sale — so long as you'll eat them and they won't go to waste.
- Purchase the store's brand of products as much as possible. Many

large chains have private-label agreements with major food producers. It's the same product as name-brand labels, but with the store's packaging and a lower price.

- You'll pay more for junk foods and convenience foods: Ready-to-cook or already cooked foods are more expensive. If you prepare it yourself, you'll save money and have control over what goes in the food, such as less fat and salt. Nutritious foods are a better value. Remember, the fiber in fruits and vegetables fills you up and keeps hunger away.

- Look high and low. Bargains are usually on the top or bottom shelves, not at eye level.

- Use coupons and track your store's loss-leaders — low-priced items to get you into the store so you'll buy other higher-priced products. Different sections of the store are featured each week, and some stores have coupons near sale items. Stock up and save!

- Repackage large containers of food into smaller containers and bags. This will make foods more convenient to grab and go.

- Cook once, eat twice. Buy enough ingredients

to cook more than one meal and freeze meal-sized portions. This also ensures that you'll use leftovers and won't waste food.

This week's recipe uses a roasted chicken and a few simple ingredients for two meals. Serve the Herb and Lemon Roasted Chicken with your favorite sides for one meal. Reserve two cups of chicken meat and use it for the Creamy Lemon Chicken Pasta. One chicken, served twice, saves money!

Herb and Lemon Roasted Chicken

- 1 (5 1/2 pounds) chicken
- 1 1/2 teaspoons Kosher salt
- 1 1/2 teaspoons freshly ground black pepper
- 1 small yellow onion, cut in half and peeled
- 1/2 lemon (reserve the rest for 2nd recipe)
- 2 cloves garlic, peeled (reserve the rest for the 2nd recipe)



Homemade Herb and Lemon Whole Chicken
Photo by Depositphotos.com



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DEALER # 4220003

CARS

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- 2016 Ford Fusion SE
Silver, 16,000 Miles
- 2016 Nissan Versa SV
4 Dr., White,
7,600 Miles
- 2014 Ford Mustang
V6, Black, Loaded,
23,000 Miles
- 2006 Buick Lucerne
Silver, Loaded

TRUCKS TOO!

- 2015 GMC Sierra 1500
4x4, 4 Dr.,
18,000 Miles
- 2010 Ford Box Truck
w/Lift Gate,
81,000 Miles

Flat Bed Towing

All things automotive

Olive oil for drizzling
2 tablespoons poultry seasoning

1. Heat oven to 425°F. Line a rimmed sheet tray with parchment paper.

2. Pat the chicken dry with paper towels. Place chicken on sheet tray. Sprinkle salt and pepper inside and outside of the chicken. Place the onion, half a lemon and the garlic into the cavity of the chicken. Drizzle with olive oil and sprinkle the poultry seasoning on the outside of the chicken and rub the mixture all over the chicken.

3. Roast chicken for 1 1/2 hours, until the juices run clear and a thermometer inserted in the thickest part of the thigh reads 165°F. Re-

move from oven and rest for 20 minutes before carving. Makes 4 servings.

Creamy Lemon Chicken Pasta

- 1 pound penne or ziti
- 3 ounces cream cheese
- 1/4 cup heavy cream
- 1 small clove garlic, finely chopped
- 2 teaspoons grated lemon zest
- 2 tablespoons lemon juice
- 2 tablespoons poultry seasoning
- 1 teaspoon salt
- 1 teaspoon ground black pepper
- 1/8 teaspoon red pepper flakes
- 2 cups frozen peas, thawed
- 2 cups cooked, skinless, shredded chicken

1. Bring a large pot of salted water to a boil over high heat. Stir in pasta and cook according to package directions.

2. Using a small bowl, mash cream cheese, cream, garlic, lemon zest, lemon juice, poultry seasoning, 1/2 teaspoon of the salt and pepper and the pepper flakes together with a fork.

3. Set aside 1/2 cup of the pasta cooking liquid and drain pasta. Return pasta to pot and add cream cheese mixture, peas and chicken. Stir in cooking liquid. Season with remaining salt and pepper. Makes 4 to 6 servings.

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Mega Maze Solution

Weekly SUDOKU Answer

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 4 | 2 | 6 | 1 | 7 | 9 | 3 | 8 | 5 |
| 9 | 3 | 7 | 8 | 5 | 2 | 6 | 4 | 1 |
| 8 | 1 | 5 | 6 | 3 | 4 | 2 | 7 | 9 |
| 5 | 8 | 2 | 4 | 9 | 1 | 7 | 3 | 6 |
| 6 | 9 | 3 | 7 | 2 | 5 | 4 | 1 | 8 |
| 7 | 4 | 1 | 3 | 6 | 8 | 9 | 5 | 2 |
| 3 | 5 | 9 | 2 | 1 | 7 | 8 | 6 | 4 |
| 2 | 6 | 4 | 5 | 8 | 3 | 1 | 9 | 7 |
| 1 | 7 | 8 | 9 | 4 | 6 | 5 | 2 | 3 |

CALL IT QUITS

Puzzles4Kids Answer

| | | |
|--------|---|-------|
| LUSTER | T | LURES |
| SWIVEL | W | LIVES |
| BERTIE | E | TRIBE |
| FOREST | E | FORTS |
| SETTER | T | TERSE |
| GUSHER | H | SURGE |
| HAYDEN | E | HANDY |
| MARION | A | MINOR |
| SANDER | R | DANES |
| ASCENT | T | CANES |
| CASTER | S | TRACE |

King Crossword Answer

Solution time: 25 mins.

| | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|
| A | B | B | A | N | A | B | O | P | A | H |
| L | O | A | M | E | R | R | R | O | L | E |
| P | O | L | I | T | I | C | O | G | L | O |
| S | P | I | G | O | T | A | W | A | K | E |
| O | O | H | D | A | N | A | | | | |
| A | S | P | L | E | O | R | I | D | E | R |
| B | O | O | M | R | A | P | C | O | K | E |
| A | L | L | A | Y | R | A | G | T | E | D |
| A | G | E | S | T | A | P | | | | |
| S | E | R | E | N | E | R | A | S | E | R |
| A | X | O | N | P | O | L | Y | G | A | M |
| S | P | I | T | I | L | L | A | G | U | E |
| S | O | D | A | A | D | A | N | E | S | S |

Stickelers Answer

-12

Subtract the sum of the 2 vertical numbers from the sum of the 2 horizontal numbers.

(-7) - (2 + 3) = -7 - 5 = -12



JR'S Auction is accepting consignments for RESTAURANT EQUIPMENT for our Sat Feb 24th Auction.. also Tractors, Farm Machinery, Equipment, Shop Tools, Woodworking Equipment, and much more.. If you have a complete shop clean out that you want to sell give us a call 518-993-4668

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OR email jsnyder@leepub.com

Staying safe on the mountain this winter

(BPT) — You can feel it in the air: The ski and snowboard season is in full swing. As snow sports continue to gain popularity, millions of people will be hitting the slopes this winter. During the 2016-2017 ski season, the National Ski Areas Association (NSAA) reported that U.S. ski areas tallied an estimated 54.7 million skier and snowboarder visits, up 3.7 percent from the previous season's 52.8 million total.

With the increase in skier and rider visits, safety is always a top concern. Substantial growth in the number of skiers and riders wearing helmets has made participation in snow sports safer, along with awareness and education campaigns that emphasize the responsibility each skier and rider has every time they take to the slopes. For example, The NSAA and Craig Hospital, a world-renowned rehabilitation and research hospital in Denver for people who have sustained a spinal cord and/or brain injury, are partnering to promote several industry safety campaigns: #RideAnotherDay and ParkSmart.

Helmet usage on the rise

Eighty percent of skiers and snowboarders wore helmets during the most recent ski season, setting yet another record for helmet usage at ski areas across the country. While helmets can help to reduce or prevent certain injuries, they are not foolproof, and there are other safety concerns while skiing.

Proving that helmets alone do not prevent all injuries, data from Craig Hospital shows an increase in the number of patients admitted each year from snow sports accidents (up 50 percent in 2017 over 2012).

As an avid skier, ski racer and one of the early pioneers of adaptive skiing programs, Dr. Thomas E. Balazy, medical director of Craig Hospital, is a strong proponent of helmets. "Helmets can definitely prevent head injuries while skiing or riding," said Dr.

Balazy. "I would never go out without one, and while I believe that everyone who participates in this sport should wear one at all times, responsible, safe skiing and riding is the best way to prevent serious injuries on the mountain."

Ride another day

Kelli Johnson, along with her daughter Elise, inspired the #RideAnotherDay campaign. On the day before Christmas in 2010, Kelli was skiing in northern Wyoming near their home with her oldest child, Elise, 5. When Kelli stopped to help Elise put her ski back on, a snowboarder traveling at more than 50 mph collided with them. The accident was devastating. Elise and the 23-year-old snowboarder died instantly, and Kelli sustained a traumatic brain injury and paralyzed arm.

After months of rehabilitating at Craig Hospital, learning to walk, eat and swallow, Kelli has made a remarkable recovery, although she still has some paralysis on the right side of her body. To honor their daughter and create a lasting legacy, Kelli and her husband, Chauncy, partnered with the NSAA to launch a safety campaign titled #RideAnotherDay.

"My hope is to get this message out to others," said Kelli. "If anyone hears this message just once, they will hopefully change how they act and conduct themselves out on the mountain."

These types of accidents, while horrific, are rare. In fact, during the 2015-2016 season, only 39 fatalities occurred at

U.S. ski areas out of the 52.8 million skier/snowboarder days reported for the season. To put that in perspective, more than 1,000 people died from bicycle collisions with automobiles during that same time.

Keeping skiers and riders safe while skiing and riding is top of mind for those in the ski industry. The following tips are from the #RideAnotherDay campaign, which is being promoted at more than 300 ski areas around the country:

- Be ready to avoid objects and other skiers.
- Maintain a safe speed and always ski in control.
- Stay alert to what's going on around you, especially other skiers and riders.

• Plan ahead and ease up at blind spots, check uphill when merging onto trails and give others plenty of room when passing.

Terrain park safety

The explosive growth of terrain parks at ski resorts (94 percent of U.S. ski resorts have at least one terrain park), has led to the NSAA launching the ParkSmart campaign. It tackles some of the unique differences between skiing or riding on traditional ski area trails versus riding in the ever-popular terrain parks. Freestyle terrain parks can include jumps, half pipes, rails, ramps and more. Some simple safety and etiquette tips for terrain parks include:

- Start small — Work your way up. Build your skills. Know your limits and ability level and select the appropriate freestyle terrain for you.
- Make a plan — Every

All things automotive

feature. Every time. Some features are set up to be used one after the other, without stopping, and others individually; jumps are for jumping and rail takeoffs are for using the rail.

- Always look — Before you drop.
- Respect — The features and other users.
- Take it easy — Know your limits. Land on your feet.

Learning how to ski and ride safely and understanding the rules and etiquette of the mountain can help ensure a fun, safe season on the slopes. For more information on the #RideAnotherDay campaign or ParkSmart, visit NSAA.org.

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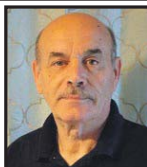
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020: 92 Reed Street, **CANAJOHARIE**: LOOKING FOR A HOME IN THE VILLAGE WITH THE FEEL OF THE COUNTRY? This is it!!! 1.5 acres of well-groomed lawn, with three vegetable gardens, a flower garden and fruit trees. Home is well maintained, but needs updating. Second floor has a sitting area with a large bay window overlooking the beautiful backyard. Two bedrooms on first floor with full bath, one bedroom on second floor. There is a great in-law studio separate from the main house. It has a kitchen and updated bathroom, this could be used as an artist or music studio. A two stall garage has a large second floor storage area. \$1,000 bonus to agent that brings a buyer by Nov. 15th. **Asking \$114,900**



021: 503 Route 20, **SHARON SPRINGS**: Nice home located in Historic Sharon Spa, NY. This is a very active community with plenty of things to do for everyone. You are within walking distance of the school, post office, library and more. This home has retained much of its original charm with oak floors and woodwork/molding through the home. It also has a fantastic backyard for kids to play and family barbecues. This is a good starter family home with opportunities to expand into a second floor. This is an easy commute to surrounding communities. **Asking \$120,500**



046: 389 Dingman Road, **FORT PLAIN**: This property is as close to perfect as you can get. 360 degree panoramic view, 43 acres gently sloping tillable land with 10 acres of Hardwood trees. Multifaceted property: Farming, Vegetable Gardens, snowmobiling, dirt bikes, hunting, star gazing, sunrises and sunsets, cross country skiing, fruit trees, use your imagination. Solar farm, QUIET!, 36 X 50 Utility Barn with 2nd floor loft area. The home is very cozy with a view from every window, a complete wrap around porch, outdoor hot tub, small greenhouse, four bedrooms and one full bath. **Asking \$369,000**



217: 25 N. Division Street, **ST. JOHNSTVILLE**: 1870's 2nd Empire Style House. Featuring distinctive mansard roof design. Two-sided porch designed for relaxation and entertainment. Double door front entry opens to a beautiful staircase. Formal living room w/hardwood, formal dining room w/hardwood. Galley style kitchen w/ceramic floor, granite counter tops and new back splash. Antique chandeliers and lighted ceiling fans throughout the home. This could be a beautiful Bed and Breakfast or a great home for entertaining. **Asking \$99,500**



258: 181 Mohawk Street, **CANAJOHARIE**: Small living? Looking to simplify your life? Do you want to reduce your utility bills? Or stop renting? 760 square feet of living space! Outside a small yard, which makes it easy and enjoyable with a deck and patio. Home has been completely re-done. Updated roof, wiring, walls, bathroom and kitchen. Second floor features your bedroom with a full bath, a walk-in closet and sliding glass doors and a balcony. **Asking \$47,500**



260: 6490 Thomas Road, **WHITESBORO**: Two-story office building with 3712 est. sq. ft. Six private office spaces on the first floor with a reception area and six private office spaces upstairs with two large reception areas. Handicapped accessibility on the first floor. Off-street parking. Ideal space for a call center or professional office. **Asking \$90,000**



262: 237 Genesee Street, **ONEIDA**: Stand-alone office building in an ideal location on Genesee Street. Twelve private office rooms on the first floor with a reception area and one office area and one office and waiting room on the second floor. **Asking \$225,000**



265: 156 Montgomery Street, **CANAJOHARIE**: Step onto your front deck and enjoy the gorgeous view of the valley from your cozy ranch style 2 bedroom home with a finished room in the basement. This home features a nice back deck and an enjoyable backyard. **Asking \$99,500**



405: 7 Spring Street, **FORT PLAIN**: This Colonial home has hardwood floors throughout. The heating system (hot water) and roof are less than a year old. Upstairs there is a new deck off the large master bedroom with a nice view. The second bedroom was once two bedrooms and could easily be converted back to two. There is a charming alcove at the top of the staircase. A large porch covers the entire side of the home. The yard is fenced in. There is a two-car detached garage. **Asking \$75,900**



406: **MOTIVATED SELLER!!!** 230 Moyer Street, **CANAJOHARIE**: This is a very nice Bungalow Style Home. It has a working kitchen with tiled backsplash. New stove, refrigerator, microwave and new tip-in tip-out windows. There is a good size dining room and large living room with a fireplace/pellet insert (included 3+ tons of pellets). Full bath, one bedroom and office/den on 1st floor. Two bedrooms upstairs. The double wide driveway (fits 6 cars) ends at the two car garage with an attached workshop (workshop has separate entrance). Nice private yard. **Asking \$94,900**



450: 3-5 Lincoln Street, **FORT PLAIN**: Duplex home with separate utilities. Three bedrooms in each unit. Dining rooms in each unit. Left unit has living rooms, right unit has one living room. Full bath upstairs and 1/2 bath down in each unit. Back yard with deck. Both units rented. **Asking \$79,000**



452: 29 Danube Street, **LITTLE FALLS**: This is an older 4 unit rental property on the south side of Little Falls. One unit is a three bedroom, two units have two bedrooms and one unit is a single bedroom unit. There is a large parking area. Each unit comes with stove and refrigerator. In need of TLC. Open to offers. **Asking \$39,900**



514: 66 Otsego Street, **CANAJOHARIE**: Step in the front door of this Center Hall Colonial and you will want to call it home!!! Perfect home for entertaining family and friends. Formal dining room, living room and den with fireplace. Nice kitchen with updated counter tops and appliances. Master suite with full bath. Features hardwood floors, stain glass window, tiled bathroom and a lot of closet space. Back yard is fenced with a patio. **Asking \$134,900**



685: 6804 State Highway 5, **PALATINE BRIDGE**: Opportunity to start your own business or take over one that has been successful for 35 years. Highly visible building on busy road. Here's your opportunity to start a business without having to invest in repairs. This building has been maintained and in great shape as well as the paved parking lot. There are 4 auto lifts that the owner can include with the building. **Asking \$249,000**



751: 55 West Main Street, **NELLISTON**: Get creative with this business opportunity and apartment upstairs. Used as an antique shop and owner lives upstairs. Downstairs has open space with wood flooring and walls, pellet stove and bathroom/laundry hookup. Upstairs has kitchen, dining area with deck off of it overlooking Fort Plain. Living area with built-ins, full bath, and bedroom with large closet. **Asking \$54,900**



838: 32 Maple Ave., **CANAJOHARIE**: Lovely two family that has many updates--new roof, furnaces, windows, sheet rock to mention a few. Walking distance to school and downtown. Plenty of off street parking. **Asking \$69,900**



841: 30 East Main Street, **ST. JOHNSTVILLE**: Great older brick home. Wide Plank flooring that has been refinished, original window molding, yet modernized with some up-dated windows, Corian countertop, stainless steel appliances, newer furnace, new rubber roof, modern bathrooms. A large garage with a large upstairs which would make a nice studio. A fence-in yard, very large enclosed back porch. **Asking \$109,900**



842: 251 Heiser Road, **CANAJOHARIE**: Home built in 2006 has cathedral ceilings, a double-sided fireplace that faces both the family room and living room. Geo Thermal for heating and cooling. Walk-out basement which also has a walk-in cooler in it. The location is great - just 4 miles to NYS Thruway Exit 29 - close to Albany, Cooperstown and Saratoga. This would make a great hobby farm. **Asking \$249,900**



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NEW LISTING \$49,999
66 Lincoln St, Gloversville, NY



Nicely remodeled 3 BDRM, 1.5 bath home is priced to sell. Move-In-Condition, Beautiful hardwood floors, nice yard, shed & low taxes at \$1,864 annually w/ NO exemptions. Listing Agent is related to seller. Call Katie-Anne Isabella at (518) 866-1089 to view.

REDUCED \$239,000
281 South Line Rd, Galway, NY



Nice 3 BDRM ranch w/a HUGE 2+ car garage, work shop/ bonus room above it, finished basement, screened in front porch, deck, patio, covered hot tub area, NICE Kitchen, open concept, soapstone wood stove. Annual taxes NO exemptions \$3,090, & 1.02 +/- acres.

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REDUCED \$315,000
530 Sager Rd, Town of Florida



This is one very unique & very nice, custom built home w/a large master suite downstairs, 3 bedrooms upstairs, 2.5 baths and one ridiculously huge and beautiful living room that is post & beam style w/a cathedral ceiling. This home is nothing short of beautiful, situated in a quiet country setting on 2.8+/- acres w/a HUGE 3 car garage & RV/carport. Minutes to the Thruway for an easy commute.

REDUCED \$57,000
53 Townsend Ave, Johnstown



This is a cute little home that could offer someone low maintenance, easy living OR this could be used one again for commercial space. Large paved driveway & near Comrie Ave in Johnstown could make this place a great little office for someone.

REDUCED \$115,000
463 Locust Ave, Amsterdam



This is a very cute, 3 BDRM, 1.5 bath home that has a lot of character to it & all rooms are large. 1st floor laundry, dry basement, nice back yard, paved driveway, large shed & priced to sell.

New Camp Listing \$59,900
130 Scott Rd, Caroga Lake



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REDUCED \$179,900
489 Co. Hwy. 107, Johnstown



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6726 St Hwy 30, Town of Florida



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REDUCED \$79,900
3 Park Row, Ft. Johnson



This is one very cute & well maintained 2BR home w/a large 2 car garage in the Village of Ft. Johnson. Public sewer & garbage pick up. Take Route 5 to Lower Lepper Rd., driveway for the home is just up the hill on the right off Lower Lepper Rd. Look for sign.

REDUCED \$29,000
50 Woodside Ave, Gloversville



SALE PENDING
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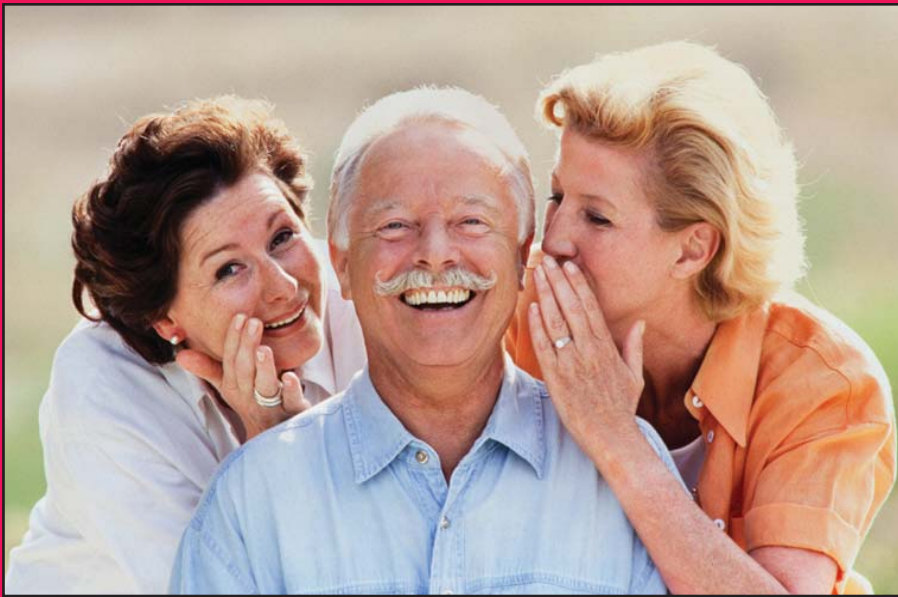
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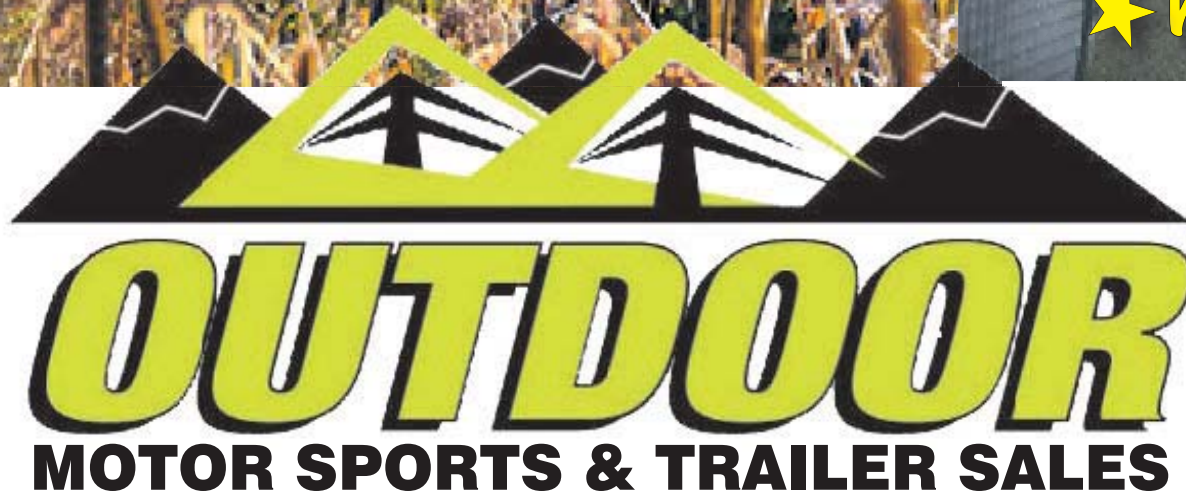
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and Mike Suchy*

AMSTERDAM



MLS 201717341 **\$110,500** This ranch style home with 1500 sq ft is situated on a large lot with new cabinets, new carpet in living and dining areas, new water-tops. Also features a newer roof, furnace and hot water heater. Close to hospital, shopping and NYS Thruway.

TOO LATE



MLS 201717041 **\$119,000**

Great income potential! Nice two family on large corner lot with each unit having 3 bedrooms and 1 bath. Full basement with laundry area plus full attic. 2 car detached garage, plus 3 car off street parking. Currently owner occupied with 2nd unit rented. All utilities are separate. All of this on a double lot.

CAROGA LAKE:



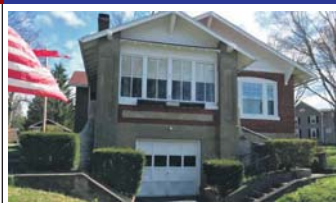
MLS 201717433 **\$285,000** (2 SPOTS) An Adirondack retreat next to plenty of State land with lots of privacy. This home offers 5 bedrooms and 3 full baths in the main house Plus a large apartment over the garage. Warm and inviting Adirondack Charm w/large livingroom w/a wood burning stove plus a spacious family room. Also has an office, an Art studio and another craft room. The grounds are Spectacular with flowers and fruit trees and the Wild Life activity that will keep you amused all year long. Just a few minutes to the lakes and the trails.

CAROGA LAKE:



MLS 201713075 **\$127,000** Looking for a water view from every room? This 3 br, 1 full bath camp overlooks Stoner Lake but also has approximately 120' of direct waterfront across the road. Camp sits tucked into woods with all knotty pine floors, walls and beautiful deck to enjoy life!

CANAJOHARIE



MLS 201607919 **\$128,742** Solid 3 BR, 2 BA brick bungalow. Beautiful hardwood floors on first floor. Large loft master BR with full bath. Partial walk-in attic for storage could be finished as a bonus room. Fireplace with pellet stove in LR and natural gas stove in office. Bright enclosed front porch. Garage underneath with access to home. New roof installed in 2010. 5 minute walk to schools. 2 minute drive to NYS Thruway. Centrally located to Albany, Cooperstown, the Adirondacks and Utica.

FONDA



MLS 201702681 **\$350,000** 5.9 acres of land with garages and outbuildings right next to the Thruway toll booths. One of the last spots available to Tractor trailer parking for Double trailers.



MLS 201712337 **\$275,000** Over 100 years in age is this 2 story home sitting on a hill with 6 acres. A magnificent view of a creek from the front porch brings nothing but solitude. 4 bedrooms, 1 and 1/2 baths, fireplace and a gorgeous stairway to second floor is just a few amenities. New furnace and new door to basement. Call or email today for an appt.

FORT PLAIN:



MLS 201710601 **\$65,000** Great property on a double lot located along Sprite Creek. Great spot for Hunting lodge. Catch fish in your own back yard. Room for every kind of outdoor recreation possible. Business opportunity is endless- beautiful 20' bar, walk-in cooler, restaurant style kitchen with Ansil system. Lastly would make a great family home. Outdoor wood furnace heats entire building and helps lower heat bills dramatically. New sheet rock throughout.



MLS 201711877 **\$119,900** If you love Victorian architecture, this house is for you! There's plenty of space in this 4-bedroom/2-bath home close to Fort Plain Elementary and High School. This traditional floor plan delivers a tasteful dining room, formal living room with wood floors, fireplace, huge gathering room, sunny updated kitchen with walk-in pantry, breakfast area. New roof in 2011, thermal windows, and beautiful woodwork. Large 1st floor bonus room could be used for family room, art studio, or even a day care center!

FULTONVILLE



MLS 201524577 **\$339,000** Beautiful, peaceful location, 63 acres of cleared fields. 36 x 50 Barn with a 16 x 20' apartment with kitchen, living rm, bedroom and bath. It has 50yr a/s roof insulation and plywood, engineered trusses, concrete floor. 3 doors 9 1/2 high x 10' wide, underground wiring, septic and ponded well. 22 acres electric fence cedar post. Second barn 32 x 48 metal roof, chicken coops. Fields are clear and have had no fertilizer on them for over 10yrs. They have been used for hay.



MLS 201623416 **\$31,900** A country cottage. Open concept, ready for your personal touch. It is a great piece of property and has gardens, carport and patio. Many possibilities for this home. It has been used as a vacation home on week-ends for the last 10yrs.

GLOVERSVILLE:



MLS 201714322 **\$99,900** This is a must see inside!! This home features all hardwood floors and natural woodwork throughout. The updated kitchen offers newer appliances and plenty of cupboard space, as well as, a walk in pantry. The living room has a row of windows that lets in lots of natural light. The upstairs has three bedrooms with a possible 4th bedroom option. Don't miss out on a chance to see this beautifully maintained home!



MLS 201717150 **\$119,900** IT'S PRICEY BUT PERFECT! This com- with modern kitchen, patio, fenced yard, two car garage, hard wood floors, arched doorways and a finish lower level bedroom... a great value close to school.

JOHNSTOWN:



MLS 201716936 **\$169,900** Step through the sliding glass doors to the deck and watch the color of the seasons change in your own backyard. Open concept, 28 years young clean home with 4 bedrooms. 2 bedrooms down with a full bath and 2 bedrooms up with a half bath. Full basement for storage and washer/dryer hookup. This home offers a double lot, which could easily be sold off later or used for extra enjoyment and space.



MLS 201718381 **\$69,900** Well kept 2-unit property which has owner occupant or investor looking for a great investment. Downstairs has 2 bedrooms, full bath and washer/dryer. Separate utilities, easy yard maintenance, thermal windows through-out.

TOO LATE