



CROSSROADS AT WAGNER SQUARE • FREDDY BEAR'S DEN • LEE'S CHRISTMAS CORNER

### **Craft Festival seeking applicants**

Applications are currently being accepted for the Friendship Craft Festival sponsored by the Church of Christ Uniting in Richfield Springs. It will take place on Saturday, June 9 from 9 a.m. to 3 p.m. in Spring Park on Scenic U.S. Route 20.

Crafter application deadline is "officially" May 1. For space availability after May 1 crafters can call Lani King at 315.858.9451. For event info email friendshipcraftfestival@yahoo.com . For an application and festival details go to www.rschurchofchristuniting.com .

### **Sexual violence** awareness

dark

lence include:

tle with you

roundings

times

class

• Never walk alone in the

• If you are walking

• Be aware of your sur-

• Know your sexual de-

sires and limits and com-

municate your limits as

• Lock all doors to your

• Before you drive home,

call a family member or a

friend so they will expect

you and be aware if you

• Take a self-defense

• Avoid excessive use of

are excessively late

car and residence at all

clearly as possible

alone, try to have a whis-

Sexual violence is a very serious public health problem that affects millions of women and men. In the United States, 1 in 5 women have experienced completed or attempted rape, and about 1 in 15 men have been made to penetrate someone in their lifetime. Most victims first experienced sexual violence before age 25. Statistics underestimate the problem because many victims do not tell the police, family or friends about the violence. Sexual violence is defined as a sexual act committed against someone without that person's freely given consent. Sexual violence impacts health in many ways and can lead to long-term physical and mental health problems. For example, victims may experience chronic pain, headaches and sexually transmitted diseases. They are often fearful or anxious and may have problems trusting others. Anger and stress can lead to eating disorders, depression and even suicidal thoughts. The goal of sexual violence prevention is simple — to stop it from happening in the first place.

There is no absolute way to prevent sexual assault, but it helps to think about how you can stay safe. Everyone should be aware and have a plan. The tips below may help decrease the chance of sexual vio-

alcohol and drugs • Don't share drinks or leave drinks unattended • Trust your instincts • Always keep your cell phone charged and with vou The only person responsible for committing sexual assault is a perpetrator, but all of us have the ability to look out for each other's safety. The ultimate goal in preventing sexual violence is to stop sexual violence before it begins.

But by using common sense, situational awareness and trusting your instincts, you can reduce the risk of sexual assault. For additional information visit CDC at www.cdc.gov/violenceprevention/sexualviolence/in dex.html.



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### AD SALES

John Snyder, Sales Manager 518-673-0129, jsnyder@leepub.com

Jordan Hurd, Sales Associate 518-673-0131, jhurd@leepub.com

Mary Skinner, Sales Associate 518-673-0130, mskinner@leepub.com

Reader ads 518-673-0111 or 800-218-5586 **Kal Shariff** - Corporate Sales Manager 518-673-0116, kshariff@leepub.com **Accounting/Billing** - Pauline Tripp 518-673-0150, ptripp@leepub.com **Commercial Printing** 518-673-0101, commercialprint@leepub.com

> Send all correspondence to: PO Box 121, Palatine Bridge, NY 13428 Advertising email: jsnyder@leepub.com Editorial email: jkarkwren@leepub.com Website: www.vpennysaver.com 518-673-0129 Phone • 518-673-2699 Fax

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# Looking for a new church to call <u>"home"?</u>

Come join us this Sunday at 11AM and see what makes Cornerstone different.

Pastor Todd Lozier



USED TIRE SALE: Huge Inventory, mounting & balancing FREE. No appointment necessary! Save money call Auto World, 534 North Perry Street, Johnstown 12095 518-762-7555

PACA GARDENS, 27 West Main St, Little Falls, NY stocks Fine Clothing. Alpaca Socks, sweaters, fur hats, scarves, gloves, mittens and much more. Alpaca is warmer than wool and softer than cashmere. 315-823-1100 M-F 10-5, Sat 10-4. Layaways available.

At **RAGTIME**, beauty is in blemishes, all our pieces are intended to be used every day, sometimes chipped but always enjoyed. 3000 sq. ft. , 2 floors, 39 Main St. Fort Plain, Thurs. through Sat. 11ish-5.

WE HAVE! Timberwolf log splitters. Call for pricing + models available. North Creek Auto 315-866-3698

FOR SALE: Certified organic, first cutting baleage, individually wrapped, \$25 per bale. 518-857-1411

KOVAL's Major Appliance Repair knows customer satisfaction, affordable and prompt! Call (315)867-9333

KOVAL's Major Appliance Repair has over 30 years experience and is affordable. Call (315)867-9333

NEED YOUR APPLI-ANCE REPAIRED? Koval's has over 30 years experience and is affordable! Call (315)867-9333

STOP IN and check out the GIGANTIC selection of Cub Cadet products for 2018! Behind Every Project is a True Value! 12 Willett St Fort Plain (518)993-3834

20x30 TENT with four sides for rent. Canajoharie Volunteer Fire Department 518-673-3812

ORIGINAL VALLEY PENNYSAVER

**ATTENTION** RUN-NERS! Paca Gardens has the ideal ankle sock for runners. Cushioned on the bottom, Light and breathable on the top. Alpaca is odor resistant and wicks away moisture better than any other natural fiber. We guarantee you will love them. Paca Gardens, 27 West Main St, Little Falls. 315-823-1100 M-F 10-5, Sat 10-4. Layaways available.

SHEDS, GARAGES. AND STORAGES **BUILDINGS** FOR SALE !! FREE DELIV-ERY within 30 miles. Stop buy and buy off the lot or order any size you need!! Garage Packages Available up to 40 feet long!! stop by at JR'S Auction 7403 St Hwy 5 St Johnsville NY 13452 518-993-4668

CENTRAL BOILER EClassic OUTDOOR FURNACES. Cleaner and Greener. EPA Certified. Call North Creek Heat 315-866-3698

CHECK YOUR AD. ADVERTISERS should check their ads on the first week of insertion. Lee Newspapers shall not be liable for typographical, or errors in publication except to the extent of the cost of the first weeks insertion of the ad, and shall also not be liable for damages due to failure to publish an ad. Adjustment for errors is limited to the cost of that portion of the ad wherein the error occurred. Report any errors to 518-673-0111

8x10 Photos only \$3.00 or get 2-5x7's for \$3.00. Lee Newspapers, 6113 State Hwy. 5, Palatine Bridge, NY 13428. 518-673-3237

TREE SERVICE: Unique Tree Service "Doc Davis" Pruning & removal, trimming, tree & stump removal, excavating, 70' bucket truck, fully insured. 40 years experience. 518-673-5604, cell 518-332-7808

HANDYMAN SERVICE Interior & exterior cleaning, basements, garages & attics. Also CARPENTRY Service: Doors, windows, sheetrock, stairs, painting & taping. Fully insured. Call Ken 518-542-1280

BEST MAN FOR THE JOB: Weed Whacking, brush & trees cut buildings, around ponds, houses, fields etc. No job too big or small, bulldozing, & logging have also equipment. Lewis Page Sr. 518-548-6685

HAVING A PARTY? Did you know the Canajoharie Volunteer Fire Department rents the kitchen and banquet room. For your convenience we now have an elevator. 518-673-3812

RICK LYNCH General Contracting - All phases of construction, 40 years experience, fully insured and references available. 315-868-4453

North Creek Auto Is a Dealer for Blizzard All Aluminum Trailers! En-Snowmobile, closed Car Haulers, Utility & Dump Trailers. 315-866-3698

HAVING PROBLEMS with your well or pump? Call The Water People - Provost Brothers! 518-868-2126

8 FOOT TABLES & folding chairs for rent. Canajoharie Volunteer Fire Department 518-673-3812

**Everything Must Go!** Fri April 20 (3-7) Sat April 21 (12-5) Sun, April 22 (12-4) Over 900 Items LuLaRoe Leggings, Shirts, Dresses, Skirts, **Disney and Kids Sizes** 21 Main St, Cherry Valley, NY 13320 Call 607-437-0114

HERKIMER Food & Grocery Auction FRI-DAY NIGHT March 23rd 6:0pm 129 Mohawk St. at the VFW across from Burger King!! Do not miss this **AUCTION!!** Auction by JR'S Auction 518-993-4668

SHEETROCK ON SALE! - 1/2" x 4'x8', 10', 12' and 14'. Also 1/2 x 4' x 8' moisture resistant and 5/8" x 4'x8', 10', & 12' fire code. Joint compound, tape, drywall screws and primer available to complete the job. - C.H. BURK-DORF & SON, 35 St., Hough St. Johnsville 518-568-7016

ATTENTION HIKERS! Paca Gardens has the ideal mid-calf sock for hikers. Cushioned from top to bottom for less fatigue. Many styles and colors to choose from. Alpaca is odor resistant and wicks away moisture better than any other natural fiber. We guarantee you will love them. Paca Gardens, 27 West Main St, Little Falls. 315-823-1100 M-F 10-5, Sat 10-4. Layaways available.

2010 FORD ESCAPE XLS 4x4, black, 70k, 4cyl., Auto, AC, Alloys, New Tires, 1-owner, clean CARFAX. Sale: \$9,750. John C. Miller 518-762-7124. Inc. www.johncmiller.com

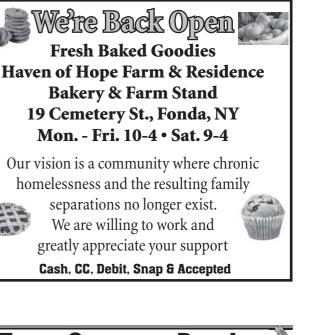
GOT COLD FEET because of Poor Circulation, Diabetes, Neuropathy or Renauds? Paca Gardens has Alpaca Diabetic/ Therapeutic socks. Warm. soft, stretchy and very comfortable. Ideal for diabetics or anyone with cold feet. Your feet will love them. Many colors too choose from. 315-823-1100 M-F 10-5, Sat 10-4. Paca Gardens, 27 West Main St, Little Falls. Layaways available.

DOES YOUR APPLI-ANCE NEED REPAIR? Need prompt service that's affordable? Call KOVAL's Major Appliance Repair. (315)867-9333

LET US HELP you get rid of your unwanted stuff. Place a reader ad today. Only \$4.00 for the first 14 words. Call 518-673-0111







April 21, 2018 • 5

We are willing to work and greatly appreciate your support Cash, CC, Debit, Snap & Accepted Trap Season Begins Weekly Trap shooting begins on Fri., April 13th at 7pm and Wed., April 18th at 9am. Rounds of 25 for \$3 and Line shoots for \$2 with a \$3 dollar pay back. We are open to the public and are willing to shoot Doubles, Cincinnati's, Buddy Shoots. Our facility will be open so come on over and have a night (time) of fun and let's start breaking some clays. ð **ATA Shoot Events** April 29th at 9am and 9 June 17th at 9am ATA Memberships available at their web site or for applications/questions M 1 call Donna at 518-944-1172. 1 Canajoharie Forest, Fish & Game Assn., Inc. PO Box 117 ~ 149 Fish & Game Club Road Canajoharie, NY 13317

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# Antiques & auctions... Going, going...yours!

#### **JR's Auction**

7403 St Hwy 5 • St. Johnsville, NY 13452 • (518) 993-4668

### FOOD MEATS & CHEESE AUCTION FRIDAY APRIL 27TH 6:00PM

At the VFW Mohawk Street Herkimer NY

BACON WRAPPED SHRIMP, BREADED CRAB & SHRIMP, BREADED FISH STICKS, DELI FRESH HONEY HAM, COOKED SLICED HAM, SLOW ROASTED TURKEY BREAST, MEDIUM RARE ROAST BEEF, CHICKEN DRUM-STICKS, SMOKED TURKEY PASTRAMI, TURKEY BREAST CUTLETS, POLLOCK FISH NUGGETS, BREADED BEEF FINGERS, BREADED CHICKEN STRIPS, BREADED CHICKEN TENDERS, BREADED CHICKEN TENDER FRITTERS, CRISPY SHRIMP, SALAMI, BEEF SAUSAGE, GROUND SAUSAGES, HASH BROWNS, BREADED FISH, TAIL OFF SHRIMP, LACY SWISS CHEESE, SHARP AMERICAN CHEESE, SWISS CHEESE SLICES, RICOTTA CHEESE, MOZZARELLA CHEESE, SOFT RIPENED BRIE CHEESE, SWISS CHEESE SHOULS, RICOTA CHEESE, MOZZARELLA CHEESE, SOFT RIPENED BRIE CHEESE, CHEESECAKE CUPS, BREADED ONION RINGS, BUTTER, FROZEN STRAWBERRIES, OLIVE OIL, ELBOW PASTA, PIZZA PRETZELS, MINUTE MAID OR-AGNE JUICE, APPLE JUICE, GRAPE JUICE, CRANBERRY JUICE, BEEF PIZZAS, BONELESS HAMS, BROCCOLI FLORETS, BROCCOLI SPEARS, VEGETABLE SOUP MIX, FRENCH FRIES, COOL WHIP, FRENCH TOAST BAT-TER, CHIPS AHOY COOKIES, SNAP COOKIES, OREO COOKIES, SNACK CRACKERS, CANDY BARS, PEANUT BUTTER CUPS, CERALS, SAUCES, MARSHMELLOWS, TURKEY GRAVY. Cases of Paper Towels, Cases of Toilet Paper, and more still be ordered!! Do not miss this one...happy bidding!!!! AND MUCH MORE.. DO NOT MISS THIS AUCTION...518-993-4668 Do not miss this Auction...we have items here that we never had before...Free Ham Give Away Every Hour!!!!!!

### Trees, Shrubs, Flower Consignment Auction **SAT MAY 5TH 9:00AM**

Trees...Shrubs...Fruit Trees...Evergreen Trees...Flowers...Annuals...Hanging Baskets... Local greenhouses will be bringing there Hanging Baskets, Plants, and David Stoltzfus is bringing a trailer load of Trees and Shrubs are coming from Lancaster Co.. DO NOT MISS THIS AUCTION !!!!

#### **UPCOMING!!!**

Farm Machinery Consignment Auction Sat April 14th 9:00am St Johnsville Huge Flower Consignment Auction Sat May 5th 9:00am in St Johnsville HUGE 2 Day Consignment Auction at the Fordsbush Produce Auction Friday & Saturday May 11th & 12th Heifers, Machinery, Equipment, Tools, Shrubs, Flowers, Crafts, Furniture, Sheds, Carriages, and more!! On Site Welding Shop Auction (John Fisher Welding is changing ownership and selling) Sat May 19th 9:00am 170 Youngs Rd Fort Plain NY

## PUBLIC AUCTION **Antique Farm Equipment & Tools** Saturday, April 21st - 10:00 AM

Location: 259 Buel Rd., Sharon Springs, NY 13459

#### 1984 BMW 131,063 miles w/good title; Antique Doctor's buggy.

FARM EQUIP: Oliver self propelled combine; Fordson tractor on tracks, shed kept; Worthington mower; LE-RO diesel power unit w/clutch; Jacobsen golf ball machine; Allis Chalmers U tractor; wooden roller; Allis Chalmers trailer plow; antique Allis Chalmers round baler; side rakes; John Deere 352 trailer plow; potato digger; JD side rake; ant. wooden JD manure spreader, nice; John Deere hay elevator; JD 2 row planter; lg. 4 wheeler; ant. corn sheller; JD grain drill; John Deere corn binder with loader; 2 row transplanter; Oliver grain drill; 2 way ant. Wiard Plow Co. Batavia, NY; wooden ant. kicker tedder; JD 2 way, 2 bottom plow; JD 2 bottom plow; JD 3 bottom plow; JD trailer disc.

Threshers: 1 Westinghouse #6576 thresher, nice; 1 Clark machine thresher. nice

Hand Plow Collection: Syracuse hand plow; Oliver wooden beam hand plow; W.E.P. Co. hand plow and many more land plows, planters, and misc. Antiques: Wooden copper lined bath tub, nice; wooden wheels; drop handle milk cans; ice packs; saws; hand tools; signs; chicken coop; parts for hops roller; cradles; JD corn shellers; apple polisher; wooden wheelbarrow; Kohler gen set; wooden barrel and much, much more.

Auctioneers Note: This is a collection that the Wren Family has worked on for many years. Come and join us for an old fashion country sale.



Sale Held for Charlene Wren

**Hot Food All Day** Auction Will Be Held Indoors in a Morton Building

### Fire safety for elders with special health needs

Decreased mobility, sight, hearing or cognitive capabilities may limit a person's ability to take the quick action necessary to escape during a fire emergency. People over the age of 65 are twice as likely to suffer injuries or lose their lives in fires compared to the population-at-large, according to the U.S. Fire Administration, part of the Federal Emergency Management Agency (FEMA).

If your elderly loved one has Alzheimer's or Dementia, problems with mobility, or is vision or hearing impaired, there are certain precautions that need to be taken in the event of a house fire. These precautions go above and beyond the traditional fire safety guidelines for families.

Here are some fire safety tips for elderly people with special needs, provided by the U.S. Fire Administration and the Federal Emergency Management Agency (FEMA):

#### **Mobility impairments**

If your elderly loved one uses a cane, walker or wheelchair, traditional escape routes may no longer be viable.

Check all exits to make sure wheelchairs or walkers can get through the doorways. Make necessary accommodations to facilitate an emergency escape.

• Keep a phone by the bed for emergency calls in case the person becomes trapped and is unable to escape.

· Fire protection devices such as sprinkler systems, fire-safe compartment walls, and flame-resistant blankets can be used. The key is to have the room fireproofed before an emergency happens.

#### Blind/visually impaired

The most important thing a blind or visually impaired person can do to improve his or her chances of surviving a fire is to be prepared ahead of time.

• Plan and practice two escape routes from each room in the home. By practicing an escape plan, a blind or visually impaired person can escape to safety, without losing time searching and feeling for an exit.

• A blind or visually impaired person must rely on other senses - the smell of smoke or the sense of heat. Test doors before opening them. Use the back of the hand, reach up high and touch the door, the doorknob and the space between the door and the frame. If anything feels hot, keep the door shut and use the second exit route.

• A person may be forced to crawl along the floor to avoid smoke. Placing tactile markers along the baseboard of exit routes to help a visually impaired person feel their way to safety.

#### Hearing impaired

Conventional smoke alarms that sound during a fire aren't effective for someone who is hard of hearing.

• Consider installing smoke alarms that use flashing light or vibration if diminished hearing is a concern.

• Smoke alarms with high intensity strobes can be used to wake the deaf or others who have profound hearing loss.

• Pillow or bed shakers are required to be used with strobes.

• Find out if the 911 center is equipped to accept cell phone text messages or text telephone (TTY/TDD) calls.

#### Alzheimer's or dementia

If your relative has Alzheimer's or dementia, know that even cognitively impaired people oftentimes have an innate understanding that something is wrong during an emergency and may be more clear-headed than you would imagine.

• Remain calm during an emergency. Explain what is happening clearly and simply. Validate their concerns, but provide clear direction without losing patience.

· Providing a picture book of emergency procedures may assist a cognitively impaired person to follow visual instructions more easily.

• Practice escape routes. If escape is practiced continually, instinct may take over and guide the elder to safety.

• The person should sleep in a room that has easy access to the outdoors. A ground floor bedroom is best.

Regardless of their disability, all elderly people should live in a home with working smoke alarms and sprinkler systems. A working smoke alarm can reduce the risk of dying in a fire by as much as 60 percent, FEMA says.

Practicing escape plans is also vital for all elders. Knowing their escape plan is one of the most important steps elders can take to save their life in a fire. Plan the escape around your loved one's capabilities. Know at least two exits from every room.

#### 2 Day Annual Spring Consignment Benefit Auction!! OUR HUGE SPRING FLOWER AUCTION AT THE PRODUCE AUCTION **840 FORDSBUSH RD FORT PLAIN NY**

Friday May 11th 4:30 to 8:00pm • Saturday May 12th starts at 8:30am Friday night we will be selling Flowers, Hanging Baskets & Trailer Load of Groceries!! Selling on Saturday; Machinery, Equipment, Heifers up to 100 head, Small Animals, Carriages, Buggies, Sleighs, Lawn and Garden, Tools, Hand Tools, Chain Saws, Woodworking Tools, New Tools, Trees, Flowers, Shrubs, Hanging Baskets, Furniture, Quilts, Crafts, Food, Groceries, and hundreds of other items will be here to sell and for you to buy! Receiving Consignments Week of the Auction on Wednesdays and Fridays from Dawn to Dusk.... We will be closed Thursdays!!

Already Consigned: Large load of Trees, Shrubs, Flowers, and Perennials from Lancaster Co. 6 to 10 loads of Hay Straw and Shavings, also a load of items coming from Chupp Brothers; Including Lifetime Tables, Makita Air Compressor, Camping Chairs, Office Chairs, Camp Grills, Garden Tools, BB Guns, Fishing Rods, Line Traps Fire Proof Safes, Saddle Racks, Wrenches, Horse Dewormer, Gate Latches, Brushes, Lead Ropes, Vet Wran, Tack, Snaps and Hardware, Buckets, Feeders, Water Tubs & More!!!!! 6 Skids of Groceries!!

Receiving Heifer consignments Saturday morning up to 8:00am, \$5.00 per head yardage fee. All Heifer Consignments information must be to Alvin Stoltzfus by May 1st Contact Alvin at 518-993-9926 to consign your heifers.

All items must be removed by Wed May 16th 6:00pm Items left after May 16th will be considered abandoned and then will be disposed of. Contact any of the committee if you have questions; JR 518-993-4668 • Alvin 518-993-9926 • Aaron 518-673-8040 Elmer 518-673-1073 • Mose 518-673-4459

#### by JoAnn Derson

• Don't throw toads out of your garden! There's hardly a better pest-control method than these good old-fashioned bug eaters. Toads can eat hundreds of bugs a week, and they don't cost a dime. They are a gardener's good luck!

• "How to never have cloudy ice tea: Brew tea bags in hot water; steep for 4-5 minutes and remove bags to cool. Mix to taste with room temperature water and let the whole business cool down before you put it in the fridge." — J.G. in Alabama

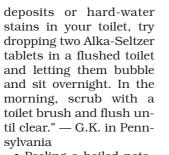
• To clean your car's cup holders, use this sneaky trick: "Find a large cup that just fits inside the holder. Slip it down inside a sock, and then spray the bottom of the sock with all-purpose cleaner. When you put the sock-covered cup in the cup holder, it can get down in there and scrub off the gunk." — R.E. in Texas

• "To get rid of mineral

and a

ESTATE SALE 101 FON CLAIR ST., JOHNSTOWN, NY 12095 FRI., APRIL 20<sup>TH</sup> • 10 AM - 5 PM SAT., APRIL 21<sup>TH</sup> • 10 AM - 2 PM Ethan Allen hutch & entertainment center; Bose DVD/radio combination; 2 kitchen sets; flowered sofa; queen size bedroom set, complete; full size bed, complete; twin size set, complete; safe; end tables; lamps; mirrors; prints; crystal; Corningware; Syracuse china; pots & pans; linens; bedding; collection of Playboy magazines; 30 gallon crock; tools & garden supplies. All items in prime condition & priced to sell. LOOKING FORWARD TO SEEING YOU ALL

FOLLOW THE HOT PINK SIGNS Questions 518-752-6461 or 518-725-0922



• Peeling a boiled potato? Drop it quickly in an ice bath, and the skin may just slip right off! If you prep peeled potatoes, be sure to keep them submerged in water and add a tablespoon of white vinegar to keep them from browning.

• It's hard to measure out sticky substances like honey or molasses when you're using a measuring cup. They cling to the inside, and you're never sure that you added the right amount. The next time you're cooking with something sticky, spray the inside of the measuring cup with cooking oil. It will slide right out. (c) 2018 King Features

(c) 2018 King Features Synd., Inc.



ADIRONDACK AUCTION SALES

**Spring Roundup** 

Horse, Pony and Tack Auction

SATURDAY May 5, 2018

Save the Date! Come early & plan to stay late.

Last spring was a great sale and horses sold well!

Selling used and new tack at 10:00 a.m. followed by outside equipment and

trailers at 1:00 p.m. Then on horses and ponies.

Like us on Facebook- Adirondack Auction Sales----All announcements made day of sale take precedent over all written material.

# Antiques & auctions... Going, going...yours!

Sun., April 22nd Breeder Sale ~ 11:33AM Sat., April 28th Consignment Auction ~ 6:33PM Thurs., May 3rd Food Auction ~ 6:33PM Sat., May 5th Consignment Auction ~ 6:33PM Burrows Rd., West Winfield, NY • (315) 822-5221

WE ACCEPT CASH - CREDIT CARDS - DEBIT CARDS

### 49<sup>th</sup> Annual Mohawk Valley Machinery Consignment Sale Sat. April 28, 2018 • 9:30 AM

at the corner of State Hwy 163 and Clinton Rd.

Selling: New 11L Imp Tires, 2 Sizes New Skidsteer Tires, 2 Case 1070 Tractors w/Cab, Allis Chalmers 175 Tractor (nice), AC 7000, Belarus 805 w/loader, Case-Int 475 20' Disc, Massey 7 Shank Chisel, 5', 6' & 8' Bush Hogs, Killbros 350 Fert Wagon, 12' Int Hyd Drive Haybine, 40' Hay Elevator, 28' Hay Elevator, 9' JD Haybine, Gehl Grinder-Mixer, Multiple Small Tools and Equipment, Much, Much More.

Go to Auctionzip.com #35160 for pictures and more consignments

**Refreshments** Available

Terms: Cash or Check, Photo ID

Armitstead Auctions •518-993-2290

## Whatchamacallits

Despite recent trends, tin has been a great commodity and a valuable metal for thousands of years, being significant in the production of bronze and other metals. In fact, for many years, tin was an expensive metal and many things claimed as "tin" were actually only plated with tin. This week's Whatchamacallits are a pressed tin container and a plate.

The creation of these two items start out the

same. The tin is layered on top of another metal, such as steel. The ratio is close to about 98 percent steel to two percent tin.

The metal would be made into a sheet. When creating a container, the sheet would be cut to the width of the container and then soldered into shape. The container pictured does have a pressed picture, and that requires another step.



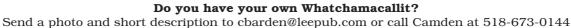
То create pressed image or pattern in the metal, cast iron molds would be made. The sheet of tin would be placed on top of the mold and a second. interlocking mold would be raised up by ropes and then dropped on to the other mold and the tin sheet. This drop would

cause the pattern to be permanently pressed into the tin.

The plate and the container shown were most likely created in this manner. The container needed a little more work, as the walls needed to be cut and soldered.

They were valuable pieces to have for use during the time of their creation.

### April 21, 2018 • 7



#### 8 • April 21, 2018

### **Rabies vaccination clinic announcement for April**

On Saturday, April 14 at the Palatine Town Barn, located at 817 Stone Arabia Rd., Fort Plain, from 9 a.m. – 11 a.m., the April rabies vaccination clinic will be held.

New York State Public Health Law requires that all dogs, cats and domestic ferrets shall have initial vaccinations administered against rabies no later than four months of age and stay up to date with re-vaccinations. Re-vaccinations are required one year later and a booster shot every three years. It is important to have pets vaccinated in a timely manner in order for the pet to be considered protected against the virus.

Pet owners should bring proof of their pet's last rabies vaccination. This helps the veterinarian determine whether the pet will receive a one- or three-year vaccination; without it your pet will receive a one-year vaccination only.

Veterinarian administration fee for rabies vaccine is \$10 per vaccine. Other vaccines will be available for additional fees.

To assure the safety of other pets and people, dogs must be leashed and cats and ferrets must be contained in a pet carrier or box when attending the rabies clinic.

For more information about rabies contact Montgomery County Public Health at 518.853.3531, Monday – Friday 8:30 a.m. – 4 p.m., or your veterinarian.

### **Calendar of events**

Rabies Clinic 9 a.m. - Noon, Mo-

hawk Town Barn, 2-4 Park Street,

Fonda. For more information call

Free — EPA Lead Trainings, May

17. 7:45 a.m. - 4:30 p.m., Mont-

gomery County Public Health, New

York, Participants must pre-regis-

ter. Class size is limited to 24 par-

ticipants. Please register online:

https://tinyurl.com/y7kgo9xb For

more information contact Mont-

gomery County Public Health at

518.853.3531 (M-F) 8:30 a.m. - 4

p.m. Visit our website at: https://

30th Annual Towpath Trail Run.

For more information, contact St.

Johnsville Chamber of Commerce.

PO Box 144, St. Johnsville, NY

**May 17** 

Free — EPA Lead Trainings.

7:45 a.m. - 4:30 p.m. Montgomery

County Public Health. Participants

must pre-register. Class size is lim-

ited to 24 participants. Please reg-

ister online: https://tinyurl.com/

y7kgo9xb For more information

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Rabies Clinic 9 a.m. - Noon. 2 Park

Drive Amsterdam. Requested dona-

tion is \$10. For more information

call 518-853-3531.

ration.org or call 518-568-7779.

https://tinyurl.com/y7ovgsyc

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Towpath Trail,

13452

518-853-3531.

#### April 21

Schoharie Crossing - Canal Clean Sweep 8 a.m. - 12 p.m. Schoharie Crossing State Historic Site, 129 Schoharie Street, PO Box 140, Fort Hunter For more information call 518.829.7516 or visit https://tinyurl.com/ydewefp6

#### April 24

Alzheimers presents "Caregiver Stress" 9:30 a.m. This program will take place directly before our Caregiver Meeting. Arkell Hall, Canajoharie.

**2018 Friends of Schoharie Crossing meeting** 6:30 p.m. E n d e r s House, Schoharie Crossing, 129 Schoharie St., Fort Hunter.

#### April 27

John DeValve Presents Birds of the Local Area, 1:30 p.m. Arkell Hall, Canajoharie.

#### May 1

Ames Mesuem Open to Visitors. 9 a.m. - 3 p.m. Ames Museum Ames Contact: 518-673-5820, f@ amesmesuem or www.amesmeseumweebly.com.

**Rabies Clinic** 6:30 - 7:30 p.m. Minden Town Barn, 134 Route 80, Fort Plain. Requested donation is \$10. For more information call 518-853-3531.

#### May 5

**Canajoharie High School All Class Reunion** Contact Nancy Hoak at 203.880.4166.

#### May 7

**Spaghetti & Meatball Dinner,** 4 - 7 p.m. HC Benefit Club, Fundraiser for the Ephratah Rural Cemetery. \$8 -12 to Adult; 5-11 \$5.50; under 5- Free. Take Outs Available. Raffles and Bake Sale. Tickets sold by Cemetery Trustee Members and at the door., 538 Crum Creek Rd,, St. Johnsville.

#### May 12

**Rabies Clinic** 9 a.m. - Noon, Town of Amsterdam Highway Dept., 283 Manny's Corners Rd., Amsterdam. For more information call 518-853-3531.

#### June 3

**Rhubarb Festival** 11 a.m. - 4 p.m. 1747 Nellis Tavern historic site, 7355 NYS Rt. 5, St. Johnsville. For more information, contact Mary at 315.866.2619.

#### June 7 - 10

**2018 American Revolution Mohawk Valley Conference** FMCC, 2805 State Highway 67, Johnstown. Hosted by the Fort Plain Museum. For more information visit www.fortplainmuseum.com

#### June 9

Friendship Craft Festival 9 a.m. - 3 p.m., Church Of Christ Uniting Spring Park on Scenic U.S. Route 20, Richfield Springs. For more information e-mail friendshipcraftfestival@yahoo.com.

#### June 16

Ames Meseum Open to Visitors 9 a.m. - 3 p.m. Contact: 518-673-5820, f@amesmesuem or www. amesmeseumweebly.com

#### June 23

**Rabies Clinic** 9 a.m. - Noon. Canajoharie Fire Dept Garage, 39 Mohawk St. Canajoharie. For more information call 518-853-3531.

#### July 4

**Strawberry Festival at Fort Klock** Enjoy Strawberry Shortcake and ice cream while hearing the Declaration of Independence read. For more information call 518-568-7779 or visit www.fortklockrestoration.org

NOTE: Calendar items must be submitted by Tuesday prior to the publication date to be included in the Calendar of Events. Entries may be emailed to cfeditor@leepub.com

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Mon. April 9th - Sold 253 head. Cull Ave. \$.49 Top Cow \$.56, Organic Cull ave. &.65 top cow \$.71, Bulls/Steers \$.62 - \$.72, Bull calves top \$1.15, heifer calf top \$.90.

Sat. April 21st - New Berlin, NY. Annual Spring Consignment Spring Machinery Sale & Plant, Shrub & Tree Auction. Special Line of Equipment all shed kept: JD 456 Silage Special Round Baler; NH HT154 Wheel Rake; JD 936 Moco Discbine; Knight 8114 Manure Spreader; Eby 8'x24' punch side cattle trailer; Tubeline 980 bale trailer-excellent condition. Also consigned: 104 White 2WD Tractor w/540 & 1000 RPM cab w/heat & air. 2003 3500 1 ton Dodge Dumptruck (35,000 miles) with Fisher snowplow. Bombardier 4-wheeler. Cub Cadet 54" lawn mower. Fern Hill Farm is selling the rest of barn equip. - 2-52" fans on wheels like new, Farm Dump wagon 5'x10', cedar fence posts, plastic fence posts, portable cement mixer, Portable Zimmerman hoof trimming chute, Zimmerman Heavy & Med. Duty gates & Corral panels, New Peifet creep feeder, mineral feeder, Roller Mill w/10HP Motor, 16" gutter grates with over 100' available. Selling for creditor: Complete line of Farm Equip. Load of new hand tools, shovels etc. Note that plants, shrubs will start at 9:30AM and we will move right along with the small tools we will have several Auctioneers and will do the large equip. at 12:30. Come early and stay late! Watch for pictures on Facebook & our website.

Mon, April 23rd - Normal Monday Sale & Monthly Organic Day

Friday. April 27th – 11:00 AM sale held on the farm Cherry Valley, NY. Van-Acres LLC, Complete Registered Holstein Dispersal GPS: 2750 Cty Rt. 31, Cherry, Valley, NY. Tremendous herd top to bottom well worth the trip!

Mon. April 30th - Normal Monday Sale

Sat. May 5th – sale held on the farm Norwich, NY. Roweview Farm Complete Cattle & Machinery Dispersal. 85 Tiestall cows. Full line of Machinery – Harvest, Tillage & Barn Equip. Watch future ads for complete details.

Mon. May 7th - Normal Monday Sale & Monthly Fat Cow & Feeder Sale. SPECIAL: Belle Hill Farm, Poland, NY - Complete Herd Dispersal. 170 Head of Dairy Cattle - 84 milking age, balance bred heifers & youngstock. This grazing herd consists of Holsteins, Jersey, Jersey Cross, Guernseys, Ayrshires Linebacks, Brown Swiss, Dutchbelts. Cows are ave. 50#, SCC 150,000 strictly Hay & Grain.
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Freestall Cows & heifers. All Al sired & Bred. Cows are ave. 75#/day on 2X. Watch for more complete details. **Mon. May 14th** – Normal Monday Sale & Monthly Heifer Sale. Group

of real nice open Holstein heifers ready to breed.

**Sat. July 14th** – sale held on the farm Cazenovia, NY. Meadows Farm Complete Registered Waygu Beef Dispersal. We will be selling over 100+ cattle – Cows, heifers, bulls & steers. Watch for more complete details.

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### Grandpa's feed bag towels

Each year as April 28 approaches my memory drifts back to my grandfather Benjamin J. Garlock (1877-1971). That was Grandpa's birthday. He has been gone a long time now but not from my memory. I have written a lot about him for it was he who awakened an interest in me of old times. I look at various of my possessions that he once used. He was a good cook and housekeeper so it's not so strange that I remember a really insignificant piece of cloth. Somewhere in his long life he became expert at using the sewing machine and, for that matter, hand stitching also. Grandpa was a very saving person probably because it was a necessity during much of his life. After he was gone and my father lived alone he would say I'm wearing one of Bennie's feed bag aprons or using his feed bag towels. I have kept them also and one I still use. They have to be tough to last so long just like Grandpa.

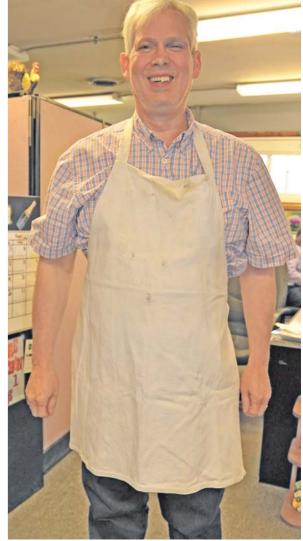
They are really absorbent as well as tough. They say a picture is worth a thousand words. You be the judge as you see this photo in this week's Pennysaver.

Skip Barshied Stone Arabia





This feed bag was repurposed and hemmed into a towel.



This apron is one of the aprons made from repurposed feed bags, made by Skip's Grandpa Garlock.





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# All things automotive

### Comfort Foods Made Fast and Healthy

#### by Healthy Exchanges

Chicken with Caribbean Pecan Sauce

April is National Pecan Month, and it's one of the good-foryou nuts. The pecan lends this recipe some real tropical magic.

16 ounces skinned and boned uncooked chicken breast, cut into 4 pieces

- 1/2 cup unsweetened orange juice
- 2 tablespoons cornstarch
- 1/3 cup Splenda Granular

1 (8-ounce) can crushed pineapple, packed in fruit juice, undrained

1 (11-ounce) can mandarin oranges, rinsed and drained 2 tablespoons chopped pecans

- 1 1/2 teaspoons dried parsley flakes
- $1 \ 1/2$  teaspoons dried onion flakes

1. In a large skillet sprayed with butter-flavored cooking spray, brown chicken pieces for 4 to 5 minutes on each side. Meanwhile, in a covered jar, combine orange juice, cornstarch and Splenda. Shake well to blend. Pour mixture into a medium saucepan sprayed with butter-flavored cooking spray. Stir in undrained pineapple. Cook over medium heat until mixture thickens, stirring constantly.

2. Remove from heat. Add mandarin oranges, pecans, parsley flakes and onion flakes. Mix well to combine. Evenly spoon sauce mixture over browned chicken pieces.

3, Lower heat and simmer for 5 minutes. When serving, evenly spoon sauce over chicken pieces. Serves 4.

\* Each serving equals: 253 calories, 5g fat, 24g protein, 28g carbohydrate, 61mg sodium, 26mg calcium, 1g fiber; Diabetic exchanges: 3 Meat, 1 Fruit; Carb Choices: 2.



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### Donna's Day: Creative family fun

#### by Donna Erickson

**Remember spring travel with free souvenirs** I've been doing a "just for fun" survey about freebie souvenirs that friends collect on trips (No, not hotel towels... legal!). Those of the "backpack through Europe" generation recalled with nostalgia bringing back varieties of sheets of TP! Whether waxy, stiff or sandpapery, each prompted a humorous adventure to tell.

Coasters, theater playbills, golf scorecards, fishing licenses, lift tickets and mini bottles of hotel shampoo are favorites today. Gone are days, it seems, of collecting postcards, matchbooks and paper airplane tickets.

Always on the hunt for the unique, I was committed to find a special something to bring home from my trip to Europe last spring. Happily, it landed unexpectedly in-flight on my KLM tray table. A mini, stylish cardboard snack box illustrated with classic Amsterdamthemed houses contained a tasty Dutch cake and cup of mineral water.

"This is it!" I thought. When home, I put soil in each empty box (I collected a few extras from those seated by me), sprinkled wheat berry seeds on the soil and spritzed with water. Within a few days, spring-green wheat grass sprouted and grew quickly. I inserted tulips (a nod to Holland) in water-filled floral tubes in the grass for spring-y arrangements to place in my windowsill and give to others.

Here's an idea for kids who want to start collecting freebie souvenirs on your spring break trip or weekend near home. Steer away from mass-produced trinkets, and think "rocks" to begin "rock-a-state!" activities.

Here's how:

Whether in-state or traveling to another, start a collection of smooth, rounded rocks from each state you visit. Who knows, some day you might have one for all 50!

On a nature walk, look for that perfect smooth rock, about 2-3 inches across — smaller if in Connecticut or Rhode Island! When home, use a map as a reference, and draw the shape of the state with a dark marker on top. Use a thin paintbrush and acrylic paint in a contrasting color to fill in the shape. Let dry.

(If you use white paint, you might add thin blue squiggles going down or across to represent a river, like the mighty Mississippi.)

On the back, print the name of the state and date you found it with a marker.

Keep them in a bowl or jar, and use the growing collection as story starters of trips together. Take them out one by one and enjoy identifying them and telling a memory from your trips. You also might challenge one another to arrange them geographically on a table — like chunky puzzle pieces of a U.S. map.

### (c) 2018 Donna Erickson

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P1801	2017	Toyota	Tundra CrewMax SR5	9k	\$39,99		18054A	2014	Toyota	Camry XLE Sunroof	39k	\$15,990	\$227
R107	2017	Toyota	Sienna LE AWE	)9k	\$31,99	<b>\$483</b>	P1769	2014	Toyota	4Runner SR5	35k	\$27,950	\$419
R108	2017	Toyota	Tacoma TRD Spor	t3k	\$34,99		18424A	2014	Toyota	Prius V5	47k	\$18,990	\$273
18337 <i>A</i>	2017	Toyota	Highlander SE	16k	\$37990		18254B	2014	Ford Exp	lorer Leather AWD	) 50k	\$22,990	\$337
		2	Corolla LE Cert.	15k	\$15,99		18238A	2014	Honda	Pilot EX	46k	\$22,490	\$331
P1798		2	Rav4 LE	25k	\$21,99		18403A	2014	Tacoma	Dbl 4WD	57k	\$27,990	\$418
P1802			cus Titanium Loadec		\$14,99	-	18281A	2014	Honda	Accord Cpe EXL V6	36k	\$16,960	\$242
		5	Prius III Touring		\$21,99		18500A	2013	Toyota	Corolla LE	80k	\$8,990	\$113
P1811		2	Camry LE Cert.		\$17,99		1710174	42013	Toyota Taco	ma ExtCab TRD Sport 4WE	96k	\$20,990	\$307
P1807		,	Rav4 LE AWD Cert.		\$20,99				-	Avenger SE	34k	\$10,990	\$146
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P1795				57k	\$17,99				-	Prius V	, 46k	\$15,490	
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### **Good Housekeeping**

Spring Ramen Chicken Soup

5 cups water

2 packages (3 ounces each) chicken-flavor ramen noodle soup mix (substitute Oriental-flavor)

2 cups (about 6 ounces) snow peas

2 green onions 1 large carrot pound chicken 1 breasts, skinless and boneless 1 teaspoon Asian

sesame oil 1. In 4-quart saucepan, heat water with seasoning packets from ramen

soup mix to boiling over high heat. Meanwhile, remove strings from snow peas and cut each diagonally in half. Slice green

2. When water mixture boils, add snow peas, green onions, carrot, chicken and noodles. Cook 3 to 5 minutes over high heat or until chicken just loses its pink color throughout. Remove saucepan from heat. Stir

\* Each serving: About 355 calories, 11g total fat

(4g saturated), 32g protein, 32g carbohydrate, 3g fiber, 66mg cholesterol, 920mg sodium.

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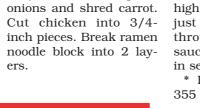
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### Catnip, not just for cats

My cat Maditra has an appointment for his rabies vaccination soon. The last time nothing could coax him into his cat carrier. Food and toys had always worked before, but all of a sudden he got wise to it. I finally had to get him a carrier that was large enough I could put him in it even if he didn't want to go. But once he was in there, he had too much room. Without the small space to make him feel safe, the car ride was very traumatic.

This time I'm determined to try to get him back into the small carrier. Over the weekend I brought his carrier into the living room, put it on top of the mat he likes to scratch and sprayed catnip in it. So far so good, he goes in to investigate anytime I apply the catnip and he's even been taking naps in there!

Meanwhile it got me to wondering how does catnip work? Turns out it's a fascinating plant and could be useful for more than just cat behavior modification.

Catnip is a member of the mint family and comes from Europe. It likes full sun, welldrained soils, and adequate moisture. It's a

perennial that grows from a taproot and rhizomes. It can grow as tall as 3 feet, but the leaves die back to the ground for the winter. Similar to other mints, it can spread, and while cats love its scent, humans generally don't. One source even described it as vaguely skunk like. It's hardy in zones 3-9 so we can grow it here.

But why do cats like it? Catnip has oil glands on the stems and the undersides of its leaves that produce nepetalactone which attracts some cats. The attraction is an inherited trait, so not all cats are susceptible. However, according to my research, if your cat has the trait you might see playfulness, aggression, anxiety, hyperactivity, drowsiness, purring or drooling. I can't say I've ever noticed Maditra or any other cat drooling, but he will roll around sniffing anything sprayed or sprinkled with catnip.

Catnip has also been shown to have some value in repelling insects. Hotwater extracts repelled flea beetles in one study, and fresh catnip has shown some effectiveness in repelling ants. A 2015 study showed that while it was not remotely as effective as synthetic pyrethroids, essential oils made from

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catnip did repel mosquitos. A 2009 study indicated the essential oil could help repel flies.

Bees and wasps will visit the flowers looking for nectar, so if you are looking to grow plants that would provide food for pollinators, catnip could be an option. Two sources said catnip is not a favorite food of deer, which is a good thing in my neighborhood. One author advised putting them in a hanging basket if you want to avoid attracting the neighbors' cats to your yard.

Small catnip plants don't outcompete other plants well, so if you want to grow them, start the seed in the house first

and then transplant them outside after they get 5 sets of leaves. To harvest and store your catnip, cut the stems prior to flowering, remove the leaves and dry them for two to three weeks in an area out of direct sunlight. Turn them daily, and when the leaves begin to crumble you can store them in a jar or zipper bag.

The effects of the catnip only last 10-15 minutes, but with any luck that will be long enough to get Maditra into the carrier! For more information on catnip see tinyurl.com/y7h8kv5b and to learn more about it. growing visit tinyurl.com/ybgxqc6s



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<u>Roofs:</u>	SEAL COAT	(wood, metal, vinyl)	<ul> <li>STONE</li> </ul>				
NEW or REPAIR	LINE STRIPING	-	• CRUSHER RUN				
SHINGLE	Excavation:						
RUBBER	SEPTIC SYSTEMS						
• TIN	• DRAINAGE	SPECIAL SENIOR CITIZEN DISCOUNT					
<u>Retaining Walls:</u>	• TILE						
CONCRETE	• WELLS &	Schodule	NOW for				
BLOCKS							
WALL STONE	WATERLINES	Lawnmowing &	Spring Clean-Up				



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20 • April 21, 2018



#### ORIGINAL VALLEY PENNYSAVER

DRAINAGE PIPE Perf. & solid drainage pipe 4" x 100', 4" x 250' 6" and х 100'. SMOOTHWALL PIPE in 4" x 10' lengths. Fittings also available. SCHEDULE 40 in 1 1/2", 2", 3" & 4" x 10" pipe & fittings. CUL-VERT PIPE - 8" thru 24" x 20'. Also PEX pipe and fittings. C.H. BURKDORF & SON, 35 Hough St., St. Johnsville 518-568-7016

PRESSURE TREATED LUMBER AND PLY-WOOD – always a good supply just in time for your spring outside projects -available at C.H. BURKDORF & SON, 35 Hough St., St. Johnsville 518-568-7016

HUGE **FLOWER** CONSIGNMENT Auction, Sat. May 5th, 9:00am at JR's Auction 7403 St. Hwy 5, St. Johnsville 518-993-4668. Looking to have from Lancaster PA a large load of trees, shrubs, Fruit trees, perennials, hanging baskets, Annuals, Vegetable plants, also local Greenhouse consignments....If you have flowers and want to sell bring them....518-993-4668

ST. JOHNSVILLE: One bedroom store front combined, \$700+. 518-301-5739.

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THOUGHT FOR THE WEEK: "Let's Attend Church This Sunday". You and your family are welcome at Grandview Baptist Church, corner of Lydius & Washington St., Ft. Plain, NY. Sunday School 10am. Morning Worship 11am.

FULL OR PART TIME HELP WANTED on Farm. Call 518-568-2643

HELP WANTED: PT production entry shop help. 518-703-0866

### **To Your Good Health**

#### by Keith Roach, M.D. How low is too-low blood pressure?

Dear Dr. Roach: You have written many articles about high blood pressure, but I want to know about low blood pressure. What is normal? What is low, and what is dangerously low? I have a heart issue for which I take medication. I want to know if my blood pressure is too low. -Anon.

**Answer:** Among young adults, only 5 percent of men will have a blood pressure below 110/60 or so, and for young women, it's 90/46. Blood pressure tends to go up with age, so low blood pressure numbers are higher for older adults.

For people with healthy hearts, the only time we worry about low blood pressure is if there are symptoms, and the most common symptoms are lightheadedness and fainting.

In people with congestive heart failure, low blood pressure usually is not concerning in itself, but because it might indicate that the heart is getting weaker. However, many of the medications used for CHF reduce blood pressure, which can even limit the amount of medication that can be used. In people with blockages in their arteries, too low a blood pressure can cause inadequate blood flow to parts of the heart and cause angina symptoms. The blood pressure is dangerously low when a disease process is causing the low blood pressure. In extreme cases, low blood pressure is one of the most dangerous signs of shock. But in general, for healthy people, low blood pressures are not worrisome.

Dear Dr. Roach: I would like to know about warts. I know they are common in both children and adults. I have one on my thumb. I am 50 years old. Where can the warts spread to? I heard you can find them only on your hands and feet. Is that true? - J.S.

Answer: Warts are raised round or oval growths, caused by the human papilloma virus. Although they most commonly occur on the hands and feet, some strains of HPV are more likely to cause warts in the genital region. Warts can appear on any part of your body, and you can spread them from one part of your body to another, as well as from person to person. Warts are more likely to occur in areas of skin that are irritated, such as cuts,

scrapes and even areas that are shaved. For this reason, it's a good idea to treat the wart quickly, preferably before it gets bigger and harder to treat.

Over-the-counter wart treatments are most commonly salicylic acid. A nail file or pumice stone to get rid of dead skin first increases effectiveness. Liquid medicine is used for thinner warts, and a plaster is more effective for thicker warts.

One home remedy is as follows: Apply silver duct tape to the wart and leave it on for six days. Follow up by soaking the wart and removing any dead skin, then leave the tape off overnight. Repeat the process by applying duct tape for another six days. This is effective in some people. You should see your doctor if these home remedies don't work.

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License. Starting Pay - Minimum Wage

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#### **Canajoharie Central School NOTICE TO PARENTS OF** NDEXGR E **KINDERGARTEN REGISTRATION** The Canajoharie Central School District will be

conducting Kindergarten Screening and Registra-tion on Friday, May 11, 2018 and Saturday, May 12, 2018 for children entering Kindergarten in September. It will take place at the East Hill Elemen tary School.

New York State Education Law requires schools to screen every child entering Kindergarten in order to identify conditions which may effect his/her education. For a child to enter Kindergarten in September 2018. he or she must be at least five years old on or before December 1, 2018 Parents must bring to screening the child's birth certificate, an immunization record signed by a doctor, proof of residency and completed entrance forms.

Parents of eligible students are requested to contact Mrs. Sherri Hodge at the East Hill Elementary School at 673-6310 to schedule an appointment.

#### **Pre-Kindergarten Registration Canajoharie Central School**

Applications for Pre-Kindergarten are available at the East Hill Elementary Office for the 2018-2019 school year.

In order for the District to plan for the next school year, please submit the application as soon as possible.

Applications should be received no later than May 4, 2018 to be included in the drawing for placement.

For a child to enter Pre-Kindergarten in September 2018, he or she must be a district resident, and at least four years of age on or before December 1, 2018.

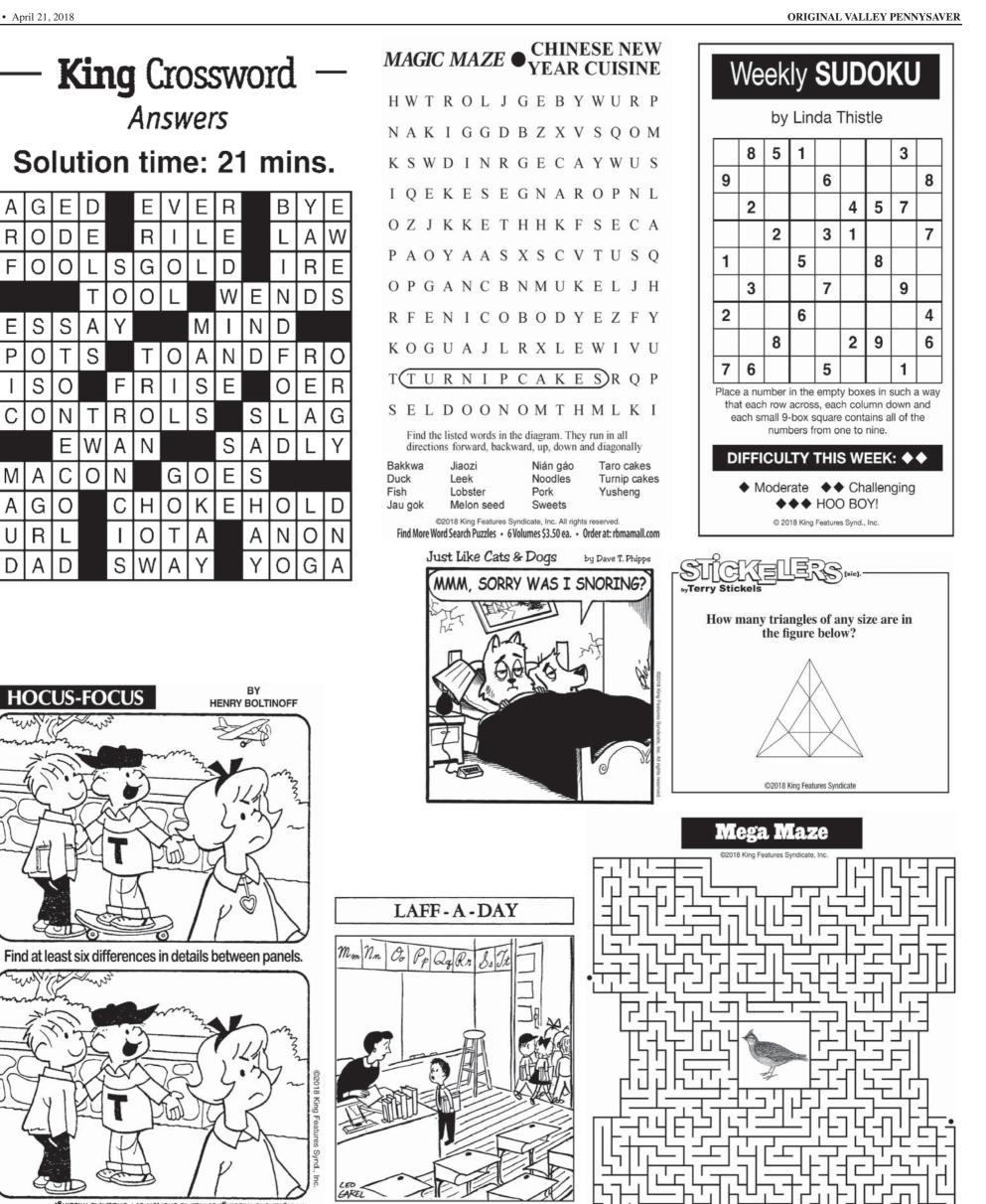
The 2018-2019 program will be full day. The hours are 8:30 am to 2:30 pm. Transportation is provided.

If you have any questions or concerns, please contact the East Hill Elementary School at 673-6310.

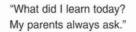


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4. Airplane is missing. 5. Hair is shorter. 6. Pendant is missing. Differences: 1. Book is missing. 2. Cap is reversed. 3. Skateboard is missing. New! 24 HOCUS FOCUS puzzles \$3.50 • 24 Volumes • Order at: rbmamall.com



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2011 DODGE NITRO HEAT 4x4, DK. Blue, 78K, V-6, Auto, Moonroof, Alloys, Clean CAR-FAX. Sale: \$11,995. John C. Miller Inc. 5 1 8 - 7 6 2 - 7 1 2 4 . www.johncmiller.com

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### Some lesser known allergy symptoms

Allergy symptoms are a result of a person's immune system overreacting to something that is harmless to most people

people sensitive to the trigger. Some symptoms but sparks a reaction in of allergic reactions, such



— Weekly SUDOKU —							U.		Stickeler	s Answe	er				
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as sneezing, are widely known. But people may be surprised to discover some of the other common allergy symptoms.

According to the American College of Allergy, Asthma, and Immunology, a host of physical symptoms are indicative of allergic reactions.

• Wheezing, shortness of breath: The ACAAI says that wheezing or shortness of breath are telltale signs of asthma, but notes that such symptoms also may be indicative of an allergic reaction. The ACAAI recommends people see an allergist if they develop unexplained wheezing that keeps returning or if the wheezing occurs alongside symptoms like rapid breathing or difficulty taking in air. Wheezing that appears after a person is stung by an insect, takes a medication or eats something he or she is allergic to is symptomatic of an allergic reaction and requires immediate medical attention.

• Cough: The appearance of a dry, persistent cough may indicate an allergy. Coughs are often a byproduct of a cold or flu, but such coughs tend to taper off after a few days. Chronic dry coughs that linger for more than three weeks may indicate the presence of an allergy. Allergy-related coughs may be more prevalent during certain times of year or in certain environments. The ACAAI notes that chronic dry cough has been linked to allergies such as hay fever and may indicate an allergy to pet dander, dust, pollen, or mold.

• Headache: Though few people associate headaches with allergies, some headaches can be allergy-related. According to the ACAAI, sinus headaches and migraines have been linked to allergies. Sinus headaches may be characterized by localized pain over the sinus area and/or pain in the face that may or may not be accompanied by a

headache. A throbbing pain on one side of the head indicates a migraine, the symptoms of which may worsen when exposed to light. Among the more painful allergy symptoms, headaches should be discussed with an allergist.

• Nausea and vomiting: Nausea and vomiting may be a byproduct of food allergies. Seasonal allergies rarely, if ever, lead to nausea or vomiting. However, when a person eats a food he or she is allergic to, the immune system reacts to this allergy in much the same way it does to allergies like hay fever, releasing a chemical called histamine. When a person is dealing with seasonal allergies, the histamine his or her body releases can cause sneezing, runny nose or other symptoms commonly associated with such allergies. But when histamine is released to combat food allergies, it can cause nausea and vomiting.

### Seward to be honored at Hyde Hall

organization dedicated to

the preservation and

restoration of Hyde Hall

as a museum and cultur-

Jonathan Maney, Hyde

Hall, Inc. executive direc-

tor and CEO, cites Sena-

tor Seward's advocacy for

museums and education

as the reason for this

honor. He said, "Jim's

work securing state aid

for local school districts

and special education ini-

tiatives makes him a

friend to all who care

about education and pre-

serving history and our

local heritage. The work

he's done to improve edu-

cation as well as his tire-

less commitment to giv-

ing back to the communi-

ty make him an obvious

choice to be this year's

Hyde Hall Gala honoree."

al center.

The Trustees of Hyde Hall, the National Historic Landmark and State Historic Site located in Glimmerglass State Park, are pleased to announce that New York State Senator James L. Seward will be honored for his service to the community at the Aug. 4 Hyde Hall summer Gala.

First elected to the state senate in 1986, Senator Seward serves as state senator for the 51st District, which is comprised of all or part of nine counties. A long supporter of Hyde Hall, in 2016 Seward co-sponsored legislation that would extend for another 30 years the public/private partnership between the State of New York and Hyde Hall, Inc., a 501 c3 non-profit



"Jim Seward has done so much for our area and for Hyde Hall," said Gilbert T. Vincent, Hyde Hall, Inc. Board Chairperson. "The grants he helped us get have made it possible for us to spring forward with major restorations. Tin Top, the original gatehouse that is now our Visitors' Center, the new pine floors inside the house, and repairs to the Portico would not have been completed without his support."

A native of Otsego County, Senator Seward attended Oneonta public schools and graduated from Hartwick College with a B.A. degree in political science. He also studied at the Nelson Rockefeller Institute of SUNY Albany. In 1999, Hartwick College honored Senator Seward with an honorary Doctor of Laws degree.

Please visit www.hydehall.org for more information about special events such as the Aug. 4 Jane Austen-themed Gala. Tickets may be purchased by calling 607.547.5098 x8.

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Organ Variety Concert Friday, May 4, 2018 • 7PM Trinity Lutheran Church, Stone Arabia Rte. 10N, Palatine Bridge, NY Organists - Dr. Eric Stroud & Norma Bowley Vocalists - Rev. Mark Fowler, Paul & Jeannette Kling - Irena Garin & Connie Chamberlain - Susan Crua Saxophone - Jan Cronkhite • Bag Pipes - Misha Murdoch Flutes - Anne & Alice Cooper • History - Glenn Bents Refreshments provided

Free will offering

PSYCHIC FAIR April 29<sup>th</sup> 2018 \$5.00 Admission PP Sunday 10-6pm at Auskerada Place 78 S. Main St. Dolgeville NY 13329 Psychics, Mediums, Healers & Vendors Free Classes & Demonstrations ~Food Available~ For more info Call Marie

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# **Real estate...** New beginnings



hay storage and acres of grazing. The views are outstanding and the old orchard setting is fabulous. The property is fronted by the Qtsquago Creek which is annually stocked with trout by the NYS DEC. Must see to appreciate all of the details the current crafts owner has added to this charming home. Asking \$159,





stainless appliances will tempt your inner chef. The deck right out back also has views of beautiful farmland so you'll enjoy relaxing and grilling this summer. Asking \$135,000

### Safety tips for grilling season

• Check for gas leaks.

they bubble from leaking

• Keep baking soda

nearby. Baking soda can

control grease fires, but

it's also helpful to have a

gas.

People have been cookafter the fire has ignited. ing meals over open flames since the discov-Whether the gas grill is ery of fire. Even today, hooked up to a propane when there are so many tank or the natural gas ways to cook a meal, supply of a home, ensure many still insist there's that the hoses or tanks nothing better than the are not leaking. Apply a taste of food cooked on light soap-and-water sothe grill. lution to hoses to see if

The Hearth, Patio & Barbecue Association, which tracks industry trends, points out that one-third of consumers plan to use their grill or smoker more often this Even though vear. grilling is widely associated with summer, a growing number of people are embracing yearround grilling. HPBA's CEO Jack Goldman has said, "Barbecuing is no longer just a pastime, but an integral part of the North American lifestyle.'

Seven in 10 adults in the United States and eight out of 10 in Canada own a grill or smoker. With so many people firing up their grills, it's important to recognize the importance of grilling safety. Each year an average of 8,900 home fires are caused by grilling, and close to half of all injuries involving grills are due to thermal burns, advises the National Fire Protection Association. Here's how to stay safe.

• Only grill outside. Propane and charcoal barbecue grills should only be used outdoors. Grills should be placed well away from the home. Keep grills away from deck railings, eaves, overhangs, and tree branches.

• Keep the grill clean. Thoroughly clean the grill prior to first use, and keep it tidy all year long. Grease or fat buildup can ignite and cause a fire.

• Always attend the grill. Grill distraction-free and keep an eye on the food being cooked. Simply stepping away for a few moments can lead to a fire or accident.

• Start fires safely. Charcoal grills and gas grills may be lit using electronic starters that do not require fire. If using starter fluid, only do so on charcoal, and do not add more fluid or other flammable liquids fire extinguisher or a bucket of sand on hand for other types of fires.

• Watch children and pets. Keep children and pets at least three feet away from grilling areas. • Wait for the grill and coals to cool. Practice safety around the grill until all coals are cool and the grill is no longer hot to the touch. Only then should the grill be moved or relocated.





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Summer's coming & you can move into this immaculate, furnished

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10 Franklin Street, Gloversville \$32,500

Come on! This is less than rent! 2BR/1BA down, open upstairs

dry basement, hardwood floors, open floor plan, BIG fenced vard

& one car garage.

86 West Street, Gloversville \$49,900 2 Family, fully rented for easy investment! Big barn, ter extra \$5 for use! Lots of updates. Come see! ts pay

**East Caroga Lake Access!** 

All APA and town approved, 100 ft road frontage, Great views of the lake! 8.5 Acres **\$44,000** 



Bleecker! \$94,000

80 acresw!! Off the grid cabin with wood stove! Drilled well!

Plenty of privacy and trails through the acreage. Get away from it all. Start a Hunting club!!

**INVESTORS! LOOK HERE! 31 NORTH ST GLOVERSVILLE \$48,900** Making \$\$\$ 2 family w/garage. Renters want to stay!



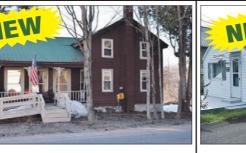
8.5 ACRES TOWN OF WELLS! \$39,900 8+ Surveyed acres on W. River Road. Electric at the road. Small pond and access Lake Algonquin Public Beach!



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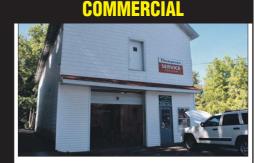
UCED

161 Acres and a 4 Bedroom/1 Bath year round home. Extremely private, trails thru the acres, furnishings all stay. Caroga Lake is approx. 1 hour from the Capital Disctrict.

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