

5th annual open house at Heather Brooke Hill Clydesdales

by Michael Wren

CARLISLE, NY - A beautiful autumn weekend on Oct. 6 and 7 marked the fifth annual open house at HBH Clydesdales. Here, families and friends come together to take horse-drawn wagon rides and watch the grace and power of Clydesdales. Throughout the day attendees would line up for their chance to ride the wagon around the grounds. There were also children's activities in the barn as well as food, mums and pumpkins for sale. Vendors come to the event each year to sell homemade wares. The Schoharie Valley Animal Shelter hosted a bake sale and kitten adoption at the event with one kitten finding his forever home.

HBH Clydesdales started in 1988 in Sand Lake, NY, and moved to their current location in Carlisle in 2012. HBH is owned by John and Stephanie Leavitt and provides services throughout the year including providing horse-drawn carriage rides at weddings, proms and parades as well as offering horse-drawn sleigh rides in winter. The farm is kept running smoothly by the help of friends and family volunteers. In addition to the nine Clydesdales on the farm there are also goats, chickens and a mini horse on location.

HBH also hosts 4-H and school groups from Schenectady and offers the opportunity for children who have never seen horses to see what life is like on the farm. "We love having groups come to see the horses. A lot of them have never been to a farm," said John Leavitt.

Since moving to the new location in Carlisle, HBH Clydesdales has seen a growth in weddings and parades. HBH has already built another building to house food services and plans to add more in the future.

For more information about HBH Clydesdales you can visit their Facebook page at facebook.com/ HBH-Clydesdales.



John Leavitt at the reigns, toting attendees around the grounds.



HBH Clydesdales started in 1988 in Sand Lake, NY and moved to their current location in Carlisle, NY in 2012.





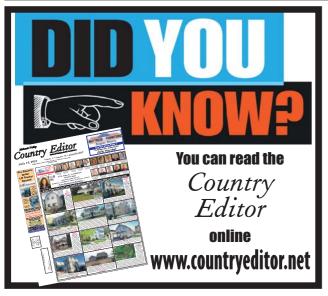
Each year the open house attracts more vendors. Including the Schoharie Valley Animal Shelter.

Photos by Michael Wren



A beautiful fall day kept people coming and staying to enjoy the festivities.







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GOLD STAR

Paw's Corner

by Sam Mazzotta Pets and divorce

Dear Paw's Corner: My husband and I have decided to call it quits after seven years together. We don't have any kids, so we're mainly just splitting up assets. But there's a problem: Both of us want "Spitz," our little terrier mix. What can I do? Is this something that has to be decided by a judge? — Calling it Splits in Sacramento

Dear Splits: Who gets the pets is an issue that often comes up in divorce. And because the way we view pets is changing — they're more often considered an extension of the family, rather than simply property — the way judges decide who gets to keep the pets is changing too.

For example, California now gives judges much more leeway in determining who gets custody of pets in a divorce. Rather than basing the decision on who paid for or who adopted a pet, the judge can look at factors like who walks the dog every day, who takes the cat to the veterinarian and so on.

MOHAWK VALLEY COUNTRY EDITOR

In states with no-fault divorce or that allow mediation rather than hashing it out in court, the divorcing couple can negotiate custody of pets, taking into account factors like who fed them every day, who trained them, who paid for medical care, etc., and determine who's going to be responsible for those things. I even know of a couple who worked out a shared custody arrangement where one of them cared for their two dogs during the week and the other took them on the weekends.

I wish you both the best of luck and hope you'll both agree on an arrangement that is best for Spitz.

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Garage Sales

> One man's junk is another man's treasure!

LAWN SALE: Sat., Oct. 20th, 9-? Kelly's Korner Kuts, 38 Willet Street, Fort Plain. Household items, furniture, name brand clothes-all sizes, tools, plants, etc.

MULTI-FAMILY GARAGE SALES: Churchill Street, Little Falls, October 19, 20, 21, 9am-4pm

GARAGE SALE: 5109 State Hwy. 10, Stone Arabia. 10/20 & 10/21, 9-4.

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2014 FORD FUSION SE, Black, 24K, 4 cyl EcoBoost, leather, auto, alloys, 1-owner, clean CARFAX, Sale: \$13,995. John C. Miller Inc. 518-762-7124. www.johncmiller.com

ATTENTION PUBLIC AUCTION - Used furniture store auction at jr's auction Tuesday Night. OCT 23rd 5pm Lots will be here watch ads for more details.....

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HOT WHEEL VEHI-CLES 3 for \$1-. Willy's Get Around to it! 14 Bridge Street, St. Johnsville, NY 13452 2014 FORD FOCUS SE, Black, 21k, 4-cyl, Auto, AC, CD, Alloys, New tires, clean CAR-FAX, Great on Gas!! Sale: \$11,150. John C. Miller 518-762-7124. ww.johncmiller.com

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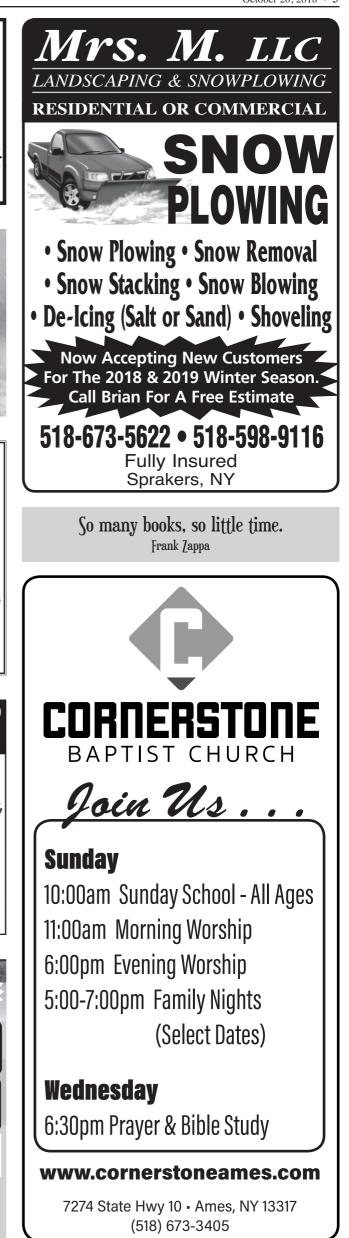
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6 • October 20, 2018



I love deadlines. I love the whooshing noise they make as they go by. Douglas Adams

Calendar of events

NOTE: Calendar items must be submitted by Tuesday prior to the publication date to be included in the Calendar of Events. Entries may be emailed to cfeditor@leepub.com Join David Brooks, the Education

Now - Oct 28

Hyde and Shriek Candlelight Ghost Tours. Hyde Hall, Cooperstown. Visit many places in the mansion where ghostly manifestations have been reported over 150 year. Fridays and Saturdays through Oct. 27, and Sunday, Oct. 28. This is a one hour tour at 6, 6:30, 7, and 7:30 p.m. \$20 per person. Reservations required - Visit HydeHall.org to book on line or call 607.547.5098 Ext 6.

Oct 20-21

Bean Pot Basket Weaving Workshop. Join artisan Beverly Cornelius and make A small round pumpkin shaped basket that will be perfect for Trick or Treating! This class is limited to eight participants, so RSVP soon! Workshop Fee: \$75 for Members, \$95 for non-members. Register online or over the phone by calling 518.673.2314 x 113. For more information, contact Curator of Education & amp; Public Engagement jriley@arkellmuseum.org.

Oct 20

Salisbury Center Grange Luncheon. 11 a.m. - 3 p.m. A variety of sandwiches, sweets and beverages will be served. \$10 donation.

Oct 21

Cline's 'Ready Player One'. 3 p.m. Fort Plain Free Library, 19 Willett St., Fort Plain. It's "game on" at the library this month as science fiction aficionados meet to discuss author Ernest Cline's "New York Times" bestselling novel, "Ready Player One." Discussion facilitated by SUNY Albany Professor James Belflower. To reserve a book or for more information, call 518.993.4646.

Oct 24

Who Wore It Better? The Trials of Progress and the Wise "Future Face of America". 6 - 7 p.m. Director at Schoharie Crossing State Historic Site, as he looks at the similarities and differences between DeWitt Clinton and George Washington as they navigate the waters of internal improvements in early America. Free admission. For more information, call 518.673.2314.

Oct 24

St Johnsville Senior Saints Meeting. Oct 24 18. 12 p.m. Community House, 16 Washington St., St. Johnsville. Luncheon meeting.

Book Discussion, "Bel Canto" by Ann Patchett. 6 p.m. Canajoharie Library and Arkell Museum. Join the Canajoharie Library and the Palatine Literary Society for a discussion of Bel Canto by Ann Patchett. Copies of the book are available at the Canajoharie Library desk. For more information, call 518.673.2314 or email mvoth@ mvls.info. For more information, call 518.673.2314 or email mvoth@ myls.info.

Oct 25

Creative Textile Fibers Group. 12:30 - 2:30 p.m. Fort Plain Free Library, 19 Willett St., Fort Plain. Participants share ideas, tips, and bring knitting, crocheting, needlepoint, embroidery, beading, felting, and other individual, fiber-based projects to work on in a casual setting. Call 518.993.4646 for for information.

Writers Group at Fort Plain. Fort Plain Library, 19 Willett St., Fort Plain. Facilitated by published writer Joan Caska. Call 518.993.4646 for information.

Oct 27

Chicken and Biscuit Benefit Dinner. 4 - 7 p.m. Fonda Reformed Church, Rt. 30A, Fonda, NY. \$8. \$5 for children under 10. Take-out available. \$8. The menu will be corn chowder, tossed salad, chicken and biscuits, coffee, tea, milk. Haven of Hope Farm baked goods as dessert available for purchase.

Nov 3

Schuyler Sisters: Picturing Women in Their Early American Landscape. Canajoharie Library and Arkell Museum. The Broadway show Hamilton: An American Musical introduced the world to three of the five daughters of Philip and Catharine Van Rensselaer Schuyler. Join PhD student and New York State Museum Fellow Danielle Funiciello as she reintroduces and reconsiders all five women and the world in which they lived through image. Admission to this program is free, and donations are welcome. For more information, call 518. 673.2314 or email jriley@arkellmuseum.org.

The Village of Ames Museum will be open to visitors from 9 a.m. to 3 p.m. Check Vist www.amesmuseum.weebly.com or at f@amesmuseum

Nov 17

Arkell Museum and Canajoharie Library's 2018 Holiday Art & Craft **Fair.** This year our Holiday Art & Craft Fair will feature artisan craft vendors, the Library's used book sale, the Palatine Literary Society luncheon to benefit their award to a graduating senior, a bake sale by our local Girl Scouts, free family activities, and a children's toy and winter clothing drive to benefit the Salvation Army Toys for Tots program. Admission to the Holiday Art & Craft Fair will be free, and admission to the Arkell Museum will be discounted to \$5. For more information, call 518.673.2314 or email jriley@arkellmuseum.org.

Dec 5

The Village of Ames Christmas Tree lighting will take place at the museum at 6 p.m. Refreshments will follow at the fire station. Visit www.amesmuseum.weebly.com or at f@amesmuseum

GUN CONSIGNMENT AUCTION Wed October 17th 6:00pm Tak-Consignments... ing JR'S Auction 518-993-4668 also knives and ammunition. More still coming.. watch ads for Auctionzip.com list. Write the date down....

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SPECIAL ANTIQUE AUCTION Tuesday October 16th 5:00pm Consigned is a Antique Well Cover with wooden Bucket, Antique Dust Sprayer, 3 Corner Oak Stand, Victorian Chair, Primitive Medicine Cabinet 2 Door Jelly Cupboard, Antique Oak Ice Box, Leather Chair and Foot Stool, Oak Apple Baskets, 2 large Crocks, 2 Antique Lanterns, 2 Nice Antique Hay Trolleys, 2 Oak Sleds, Implement Seat, Hand Saw Sharpener and much more still coming Also a trailer load of tools and ladders from Grand Gorge...JR'S Auction 518-993-4668

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SNOW THROWERS and Snow dogs have arrived! Behind Every Project is a True Value! 12 Willett St Fort Plain (518)993-3834



Fall's a great time to plant trees and shrubs

by Lee Reich, Associated Press

Fall is a good time to plant trees and shrubs - the best time, in fact, for most of them.

Whether purchased through the mail or locally, these plants are available in three ways:

Bare-root

"Bare-root" trees and shrubs are grown in the field, then dug up while they are leafless, which might be done in either fall or spring. Those dug in fall are sold immediately or are stored through winter with their roots packed in moist material. Root loss during digging is an obvious drawback to bare-root plants.

Although bare-root might seem like a brutal way to treat a tree or shrub, the plants handle the move well as long as their roots are kept moist prior to planting

Bare-root trees and shrubs should not be dug until they have lost all, or nearly all, of their leaves in the fall. And their roots must be cozied into the ground before shoots start growing,

which is not a problem in the fall. This highlights one advantage of fall planting: There's no danger of shoots growing prematurely, because shoot buds stay dormant until they have experienced a winter's worth of cold.

The biggest advantage of bare-root plants is that they are easily and relatively cheaply shipped all over the country, giving you the widest possible selection in varieties. What's more, because you can see the roots, you can easily assess their condition.

Balled-and-burlapped

"Balled-and-burlapped" trees and shrubs are also grown in the field, but they are dug up with a ball of soil that is then snuggled into a wrapping of burlap.

Because clay soils hold together better than lighter soils, balled-and-burlapped plants are usually grown in clay soils. But clay soils also are heaviest, so such plants are heavy. Weight and the need for extra care to avoid breaking up the root ball make mail order shipping of balled-and-burlapped plants unfeasi-

ble. Root loss can be extensive when balled-and-burlapped trees and shrubs are dug, and plant selection is limited.

Container-grown

Increasingly, both local and mail-order nurseries are selling trees and shrubs as "container grown." These nursery plants spent their lives in pots. The potting mix is lighter than field soil, so such plants can be economically shipped through the mail. Container grown plants can be planted any time of year as long as you can dig a hole and water them as needed.

Ideally, a container-grown plant spends long enough in the container so that its roots just fill it.

Watch out, though: Some garden centers and nurseries buy bare-root trees and shrubs, and then pot them up for quick sale as container plants. And equally bad, plants that are truly container-grown are often left too long in their containers. Once the roots start growing round and round in the pot, they can actually choke the plant, a condition that continues to develop even after the plant is set in the ground.

If possible, check the quality of a container-grown plant by sliding it out of its container to make sure it's not rootbound, with roots that are very thick and tangled. The top growth of a wellproportioned potted tree or shrub should be no higher than two to three times the depth of the container to ensure a good ratio of roots to stems.

Whether you're buying bare-root, balled-and-burlapped or containerized trees and shrubs, restrain vourself from buying the largest possible plant. In the case of the first two kinds of nursery plants, small plants suffer less root loss in transplanting.

With smaller plants of any of the three kinds of nursery plants, less water is needed after planting, and new roots more quickly explore surrounding soil to make the plant self-sufficient. Not too long after transplanting, growth of an initially smaller plant frequently overtakes that of an initially larger one.

Writers Group at Fort Plain

FORT PLAIN - The Fort Plain Free Library will host the Writers at Fort Plain each Thursday in October from 3 - 5 p.m. The creative writing group is made up of writers from varied writing backgrounds, genres, interests, goals and experience levels who work on memoirs, novels, short stories, poems and more.

It is facilitated by published writer Joan Caska and features constructive feedback in a friendly, fun and supportive setting. The forum is free and open to the public. Call 518.993.4646 or visit the library at 19 Willett St. for more information.



FORT PLAIN - It's "game on" at the Fort Plain Free Library this month as science fiction aficionados meet to discuss author Ernest Cline's New York Times bestselling novel, "Ready Player One." The discussion, facilitated by SUNY Albany professor James Belflower, will take place at the 19 Willett St. library on Sunday, Oct. 21 beginning at 3 p.m.

Set in a bleak and dystopian future, the novel is about a competitive teenage internet gamer named

Fort Plain Free Library to discuss "Ready Player One" Oct. 21

Wade Watts, whose escape to OA-SIS - a virtual utopic world - takes on added significance when the creator dies and launches an ingame treasure hunt. The winner of that globally networked, online game - steeped in 1980s minutiae, riddles, clues and puzzles - will inherit the creator's fortune.

As noted on the book jacket, the intensity amps up a notch when Watts encounters players "willing to kill to take this ultimate prize.'

Belflower, who will be leading the forum, is an author and English professor at SUNY Albany.

Books or audiobooks are available through the library. There is no cost to participate.

The program is made possible by the New York State Council on the Arts with the support of Gov. Andrew Cuomo and the New York State Legislature. It is sponsored by the Mohawk Valley Library System and the Fort Plain Free Library.

To reserve a book or for more information, call 518.993.4646. The Fort Plain Free Library is located at 19 Willett St. Follow the library on Facebook for updates.

Whatchamacallits -

We're done with candles! We're moving on to the future of lanterns (at least, it was the future of lanterns about 160 years ago). Ladies and gentlemen, may I present to you...a kerosene lamp! This lamp uses the kerosene (also known as paraffin) as fuel to keep a flame glowing steadily. Kerosene is a light fuel oil obtained by distilling petroleum, used especially in jet engines and domestic heaters and lamps and as a cleaning solvent. The kerosene lamp was invented by Polish pharmacist Ignacy Lukasiewicz in 1853. It has a wick or a mantle as its light source and is almost always protected by a glass chimney or globe. The lamps can be used on flat surfaces or carried around as lanterns.

There are three kinds of kerosene lamps - flat wick, central draught and mantle. The lanterns used for portable lighting, like the one pictured here, employ flat wicks.

This particular lantern was manufactured by the Steam Gauge and Lantern Company, or SG&L Co., when it was headquartered in Syracuse. SG&L Co. started in Buffalo before moving to Rochester (from

1881 to 1888) and then finally to Syracuse. At the same time, the R.E. Dietz Company of New York City sold lanterns manufactured by SG&L Co. R.E. Dietz Co. sold sperm oil, whale oil, camphene, candlesticks, glass lamps and lanterns before incorporating kerosene.

During the 1860s, Civil War contracts, the growth of railroads and westward expansion made the lamp business a big success. After the war ended, the price of kerosene lowered to a level where Dietz could sell lamps and lanterns to people who were still using candles.

After a devastating fire, R.E. Dietz Co. regrouped and became the majority shareholders of SG&L Co. The Syracuse-based stamp continued to be used on lamps until it was phased out around 1900.

Today, kerosene lamps are still widely used for lighting in rural regions of Africa and Asia where electricity is not available. Kerosene lamps use an estimated 77 billion liters of fuel a year, which is about the same as 1.3 million barrels - close to the annual U.S. jet fuel consumption of 76 billion liters per vear.

Do you have your own Whatchamacallit?

Send a photo and short description to cllewellyn@leepub.com or call Courtney at 518.673.0144

MOHAWK VALLEY COUNTRY EDITOR

HELP WANTED on Little Falls, NY dairy, morning shift, approx. 30 hours per week. 315-823-1309 leave message.

SPAGHETTI DINNER to benefit local paralyzed Navy veteran. Needs handicapped 'wet room' for showers. Friday, November 2, from 4:30-7pm, St. Johnsville Community House, 16 Washington St., St. Johnsville. \$8 adult/\$5 ten and under. Sponsor: Coming Alongside/A Community Relief.

Photos only 8x10 \$3.00 or get 2-5x7's for **\$3.00**. Lee Newspapers, 6113 State Hwy. 5, Palatine Bridge, NY 13428. 518-673-3237

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Fire Prevention Week

"Look. Listen. Learn. Be aware -

fire can happen anywhere." The risk of injury and death from home fires is real. Consider that:

• In 2017, fire departments across the country responded to 499,000 home structure fires, and of that number 21 fires or explosions were considered catastrophic multiple-death fires. These fires caused a total 2,810 civilian deaths.

Your home should be a safe and comfortable place and you can help keep it firesafe by following these prevention tips:

• Cook with care. When you cook, never leave cooking food unattended on the stove. Keep anything that can catch on fire, like potholders and towels, away from the cooking area. Avoid wearing clothes with long, loose-fitting sleeves that can catch on fire. Also, keep pot handles turned in and supervise young children whenever they're near cooking surfaces.

• If you smoke, attempt to quit. Don't smoke inside your home. If you do smoke in your home, never smoke in bed or leave burning cigarettes unattended. It is unsafe to smoke while drowsy or under the influence of alcohol or medications. Also, don't empty burning or hot ashes in a trash can, and keep ashtrays away from upholstered furniture and curtains.

• Stay warm – safely. If and when you

use a space heater, keep it more than three feet away from anything that can catch on fire, like draperies.

• Be alarmed. Install smoke alarms on every floor of your home, including the basement, and make sure you have smoke alarms near all sleeping rooms. For better protection, install smoke alarms in sleeping rooms, especially if they are occupied by a smoker. Test all smoke alarms once a month using the test button.

• Make and practice an escape plan. Create a home fire escape plan. Know at least two ways out of every room, if possible, and have a meeting place outside. Practice your escape plan twice a year with everyone living in your home.

• Keep all matches and lighters out of reach of children. Store them up high, preferably in a locked cabinet.

Through three simple calls-to-action, this year's theme, "Look. Listen. Learn. Be aware - fire can happen anywhere," identifies basic but essential ways people can reduce their risk to fire and be prepared in the event of one:

• Look for places fire can start

• Listen for the sound of the smoke alarm

• Learn two ways out of each room For more information on Fire Prevention Week 2018 go to www.nfpa.org/fpw . Like us on Facebook at Montgomery County - NY.

ing, felting and other individual, fiberbased projects to work on in a casual setting.

The free, drop-in gathering at the 19 Willett St. library is open to the public. Call 518.993.4646 for more information.

2. In a large skillet sprayed with but-

ter-flavored cooking spray, lightly

brown meat on both sides. Place

browned meat in prepared baking dish.

meat. Lightly sprinkle with nutmeg.

Arrange apricot halves over sweet pota-

toes. Drizzle reserved apricot juice over

4. Place baking dish on a wire rack

* Each serving equals: 227 calories, 3g

and let set for 5 minutes. Serves 4.

top. Bake for 25 minutes.

3. Evenly sprinkle sweet potatoes over

Comfort Foods Made Fast and Healthy

by Healthy Exchanges Pork 'n' Apricots

Two of our favorite fall flavors are pork and sweet potatoes. This recipe gives you both, with an added bonus of sweet apricots.

12:30 - 2:30 p.m. Participants share

ideas and tips and bring knitting, cro-

cheting, needlepoint, embroidery, bead-

4 (4-ounce) lean pork tenderloins or cutlets

2 1/2 cups (12 ounces) diced cooked sweet potatoes

1/8 teaspoon nutmeg

1 (15-ounce) can apricot halves, packed in fruit juice, drained and 1/3 cup liquid reserved

1. Heat oven to 350°F. Spray an 8-by-8-inch baking dish with butter-flavored cooking spray.

fat, 20g protein, 30g carbs, 77mg sodium, 49mg calcium, 4g fiber; Diabetic Exchanges: 2 Protein, 1 Starch, 1 Fruit; Carb Choices: 2.

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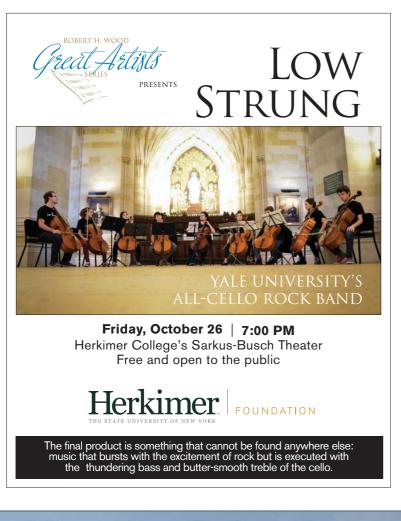
Something for everyone & every budget! Thurs 10-8; Fri 10-6; Sat 10-5; Sun 11-4

Interrupted Harvest at Fort Klock brings history to life

by Elizabeth A. Tomlin Over the weekend of Sept. 29 - 30, cannon

blasts shook the ground and the explosion of mus-

history was brought to life during Fort Klock's ket shots filled the air as re-enactment of Adam





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Helmer's famous, heroic run and the "Interrupted Harvest" of the late 1770s in the Mohawk Valley.

Militia and settlers, Loyalists, natives and British army re-enactors in authentic period clothing could be seen encamped on the grounds at the fortified homestead, where tents stood against the skyline.

Activities including cooking, washing and other daily activities that were carried on as they would have been in that time period. Blacksmith activities were also demonstrated.

Bernadette Weaver, an active member of Fort Klock and president of the Valley History Alliance/Burning of the

Valleys Military Association (VHA/BVMA), narrated historic events and scripted tacticals over a speaker system at the fort as they took place.

Helmer's run, warning settlers of the approach of Joseph Brant, his Iroquois followers and Tories in 1778, was taken

INTERRUPTED 13



Fort Klock members and re-enactors under the leadership of Capt. Robert Metzger, 1st Tryon County Militia (second from left), prepare to fire a cannon prior to the re-enactment of "Adam Helmer's Run."

Photos by Elizabeth A. Tomlin



INTERRUPTED from 12

from the historical novel "Drums Along the Mohawk" by Walter D. Edmonds.

Re-enactors described the horrific attacks, burning and scalping that took place during that time and emphasized the sacrifice and hardship that settlers endured. Some re-enactors have

been taking part in these events for most of their lives.

Bob Smith of Batavia said he has been an active re-enactor for 25 years. "I've done a lot at Fort Niagara," Smith explained, adding that he had been to Fort Klock several times in the past, where he acted as a Loyalist. Jeff Harding of Youngstown, NY, is involved at Fort Niagara and said he has been reenacting since the late 1970s.

C.T. Oakes, a retired professor, said he has

been involved in the Living History Village, Genesee Country Village & Museum in the town of Mumford, NY, where he has done blacksmith and tinsmith demonstrations since the early '90s. His family is also involved in

re-enacting. "My daughter has been run down, clubbed and scalped eight times!" he laughed. Native Thunder in the Morning of Bainbridge, NY, said he has been re-

INTERRUPTED 15



Foundation member Skip Barshied explained to German Flatts residents Ken, Chris and Ellen Sturcke the history of Fort Klock's renovation.



Children toured the fort during the weekend to observe live demonstrations of cooking and other daily routines.



St. Johnsville Senior Saints

24.

Thirty-eight St. Johnsville seniors celebrated October birthdays and enjoyed refreshments prior to a Wednesday, Oct. 10 business meeting led by President Barbara Croce.

Kathy LaCoppola, RN and Cres Smith held the monthly blood pressure clinic for members.

Travel Chair Eleanor Smith announced a holiday shopping trip to Colonie Center Mall in Albany on Nov. 5. After mall shopping the bus stops at United Buffet in Schenectady and Job Lots. Cost of the trip is \$18, which includes transportation, meal and driver's tip. Call Eleanor Smith at 518.993.3947 for information. Non-members are invited to take the trip.







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Raffle winners were Linda VanValkenburgh and Dayle Chandler. Heide Onish won a dozen fresh eggs.

The next meeting and luncheon is Wednesday, Oct.

happy BIRTHDAY

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MOHAWK VALLEY COUNTRY EDITOR

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LOOKING for it? Selling it? Looking for work? Looking to hire... give us a call at 518-673-0111 to place your reader ad today.

Kinderhook Bank partners with Junior Youth Program of Canajoharie

Kinderhook Bank has partnered with Junior Youth Program of Canajoharie to provide healthy snacks to the children registered in the afterschool program each day. A sponsorship check of \$750 was presented to JYP Coordinator, JoAnn Douglass to offset the cost for this year's program. Additional funding for activities,

toys, books and other educational materials are needed, as well as regular volunteers who want to help make the program a success. Visit www.jypcanajoharie.org for more info and to donate or find them on Facebook at www.facebook.com/jypcanajoharie for supplies needed and how you can volunteer.



L-R: Dori McDannold-VP Marketing, Sue Barker-Business Development Officer, JoAnn Douglass-JYP Coordinator, Angela Baker-AVP & Branch Manager Canajoharie, Carl Marucci-Business Development Officer.

Photo courtesy of Kinderhook Bank

INTERRUPTED from 13

enacting nearly 20 years and said he attends all Revolutionary events at Fort Klock. He talked about his elaborate paint and costume. "The native warriors wanted to be beautiful and terrifying," he explained.

"These events are good," said Ellen Sturcke of German Flatts, who attended the event with her husband Ken and son Chris. "We need these to teach the children. Our children are going to be lost to this.'

Robert Metzger, Capt. 1st Tryon County Militia and Fort Klock board president, remarked, "The event was a great success and well attended by both Loyalists and Patriot forces. The public

had a good view of the action on the field as the scenario played out before them, with a Patriot victory on Saturday of the re-enactment of 'Adam Helmer's Run,' and a Loyalist victory on Sunday of the 'Raid on German Flatts."

Metzger reported that the activities and demonstrations, including children's games, a kids' muster, cannon demonstrations and fifing and drumming, were all well received.

A Saturday evening presentation by author Jennifer de Bruin was also part of the program, and was well received, Metzger added.

Be sure to attend the St. Nicholas Day celebration at Fort Klock on Sunday, Dec. 2 from noon - 3:30 p.m.



Militia rally to defend their homesteads and do battle with the British Army.



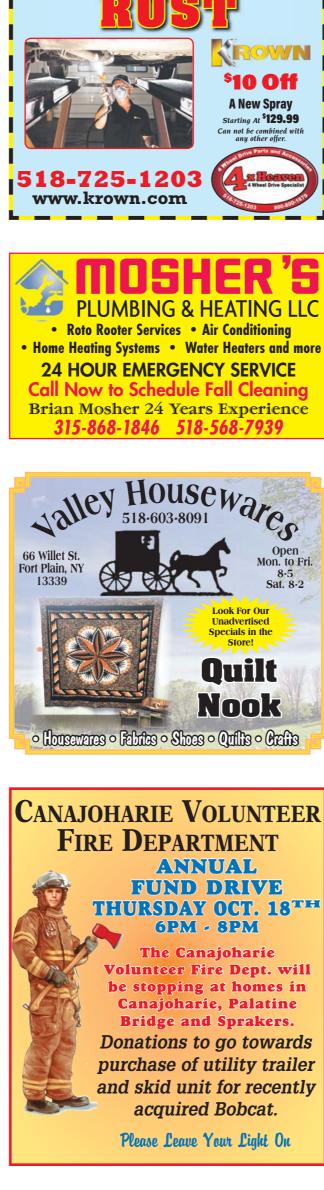
More to come from the Youth Center - watch future ads for details.

Downtown Shops will stay open late watch ads for specific specials!

Elves will take over the town! Lots of photo opportunities... snacks... bargains... fellowship.. watch for more details!!

For information contact Chamber President, **Janet Stanley** M-F 10-5 518-673-0292





MOHAWK VALLEY COUNTRY EDITOR

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Battle commemoration set for Oct. 20

The Mohawk Country Association will hold a ceremony commemorating the 238th anniversary of the Battles of Stone Arabia and Klock's Field on Saturday, Oct. 20 at 10 a.m. at the Stone Arabia Dutch Church. A wreath will be laid at the grave of Col. John Brown. Berkshire, MA, the colonel who gave his life in the battle. Several units of the Tryon County Militia will be on hand to

fire a musket and cannon salute to the fallen patriot. Representatives of the Sons of the American Revolution will also be on hand to take part in a wreath laying ceremony at the gravesite.

Mohawk Country Association President Norm Bollen reported that they will also be unveiling a new exhibit program at the church as well. A new audio presentation, featuring writer and talk show host Bob Cudmore, will tell visitors the story of Stone Arabia in the American Revolution in a five-minute automated recording. According to Bollen, the new automated recording will ensure that visitors to the site leave with a sense of understanding of what happened on these fields over 230 years ago.

"We are so excited about adding this new dimension to our exhibits," said



A wreath will be laid at the grave of Col. John Brown, the Berkshire, MA, colonel who gave his life in the battle.

Photo courtesy of Mohawk Country Association

Good Housekeeping

Easy Huevos Rancheros

1 medium ripe avocado 6 large eggs 1/4 cup water

- 1 tablespoon margarine or butter
- 1 cup mild salsa 1 can 15 to 19 ounces,

black beans, rinsed and drained 3/4 cup shredded Mex-

ican cheese blend (3 ounces)

8 corn tortillas, warmed 1. In cup, with fork, mash avocado. In bowl, with wire whisk, mix eggs and water.

2. In nonstick 10-inch skillet, melt margarine over medium heat. Add egg mixture and cook 1 to 1 1/2 minutes or until eggs just begin to set, stirring constantly with heat-safe spatula or wooden spoon.

3. Spoon salsa over eggs; top with beans and cheese. Cover and cook 2 to 3 minutes longer or

until cheese melts and beans are heated through, but do not stir. 4. Serve egg mixture with tortillas and avocado.

* Each serving: About 505 calories, 26g total fat (9g saturated), 23g protein, 51g carbohydrate, 13g fiber, 338mg cholesterol, 855mg sodium.

For thousands of tripletested recipes, visit our website at www.goodhousekeeping.com/recip es/.

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16 Hours Week, commission plus hourly wage. Send resume to jsnyder@leepub.com or call 518-378-3279 Bollen. Mohawk Country is planning to work with Cudmore to produce more of these audios for other Montgomery County historic sites. The Stone Arabia Dutch Reformed Church was burned in the battle and was rebuilt shortly after the war in 1788. It is currently operated by the Stone Arabia Preservation Society as an historic attraction and is open daily to the touring public during the summer months.



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To Your Good Health

by Keith Roach, M.D. Reducing eye strain

Dear Dr. Roach: Would you mind providing some guidelines for preventing eye strain? I'm a graduate student, so I spend a lot of time reading, both from computer screens and from books. I will always need to read to get things done, but I'd also like my eyes to last me my whole life. — B.I. **Answer:** We tend to spend a lot of time reading or in front of computer screens, and eye strain is very common. I think eye problems from excess screen time and reading fall into two categories: dry eyes and muscle strain. Computer users in par-

ticular can get dry eyes, largely from decreased blinking. Unfortunately, "blink more" isn't likely to be successful advice, so I recommend an eye lubricant, used periodically during computer work if you have any sense of eye fatigue or strain. If dry eyes are part of your problem, you will feel relief immediately, and you should use a drop in each eye every few hours.

Muscle strain comes from staring at one point of focus — your computer screen — for long periods of time. Also, many people tend to hold their shoulders and neck in an uncomfortable position during computer work or play. The solution is to get away from the computer for a while. I recommend getting up and pacing periodically, since prolonged sitting isn't good for you.

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Another option is the 20-20-20 rule (I haven't been able to discover who made the rule, but I think it makes sense): Look at something 20 feet away for 20 seconds every 20 minutes. This can help prevent fatigue to the ciliary muscles, the muscles of the eye. Some people, especially those who are nearing or past their 50th birthday, might benefit from very mild reading glasses when using the computer.

There is a science behind adjusting your workspace, lighting and monitor settings to reduce strain. There are apps to remind you to take breaks periodically and to change the color of your computer to make it easier on the eyes.

Dear Dr. Roach: I have had nail fungus since 1985 in both my toenails and my fingernails. I was treated with oral Lamisil, but it did nothing for my big toe. I have been treated by skin and foot specialists, but the problem has continued progressively over the years. I am 80 years old, and it's still there. Is there really any hope for cases like mine? — C.J.R.

Answer: Are you sure you really want the condition treated? The treatments have potential for real harm, even though it isn't likely. If the issue is strictly cosmetic, I wouldn't recommend treatment. If it's for pain or because you have had skin or soft tissue infections in the area, then treatment is reasonable.

If you pursue treatment, get a culture done to be sure you know what you are treating. Sometimes what looks like a nail infection is really something else (psoriasis, eczema, lichen planus or others). Depending on what the culture shows, you might benefit from itraconazole, an oral antifungal agent.

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Home sweet home? Six safety tips when moving with kids

(BPT) — Moving to a new home can be an exciting undertaking, a fresh start that brings with it the potential for new friends, opportunities and experiences.

For parents of young children, though, the process of adapting to a new home can be stressful. While you may have been proactive about averting safety hazards in your old house, a move to a new one calls for renewed awareness of anything that could potentially harm your kids. Unfortunately, the National Safety Council advises that more than a third of child injuries and deaths happen at home, with household injuries the No. 1 reason children younger than 3 visit emergency rooms.

Fortunately, conscientious parents can do much to avoid such injuries. Consider these tips for keeping your children safe through the moving process and beyond.

• Be proactive about precautions. Don't wait until all your belongings are moved in and you're adding the finishing touches. Instead, evaluate potential safety hazards before the move even begins, buying important tools and fixtures so you can make adjustments early rather than retrofitting. Then, once everything is in place, reevaluate results one more time. "The first step to a safe home ... is to look at the world through your baby's eyes," writes Laura McHolm in the Huffington Post. "See what looks interesting and what can be reached. And I mean it literally

get down on your hands and knees in your new home and check for small things your baby can choke on.

• "Switch all your blinds to the cordless variety. Kids and cords don't mix, and the string-like attachments that adjust old-style blinds and other window coverings are strangulation hazards. If the windows of your new home have corded window coverings, replace them immediately with the cordless varieties available at major U.S. retailers. Look for the Best for KidsTM label that certifies window coverings that are best suited for young children, finding more info at Windowcoverings.org.

• Separate and secure household chemicals. The moving process can be chaotic, and it's all too easy to lose track of where movers are placing potentially harmful substances such as cleaning products, medicines, vitamins, alcohol, pet food, paint, gasoline and poisonous plants. That's why you should deliberately pack anything that could hurt your kids into marked boxes that travel with you in your car, separate from the belongings handled by your movers. Upon arrival, keep those boxes apart and sealed until you're ready to unpack them into locked cabinets.

• Secure furniture and TVs against tip-overs. As your furniture and heavy electronics are arranged, install safety latches to ensure they can't inadvertently fall onto young children. Installation will be faster and easier if you label the latches ahead of



A move to your new home should be a happy time. Make sure you're keeping it that way by fully protecting your children as you make the transition.

time.

• Update locks inside and out. When shopping for locks and deadbolts for your new home, seek the BHMA Certified Secure HomeTM label that ensures your new products have been tested in all the areas of most importance to you and your family: security, durability and finish.

• Install baby gates at staircases. Don't wait; do this as soon as you arrive on moving day. Children will be curious about their new surroundings, but at the same time unfamiliar with potential hazards.





Díníng, Entertaínment, & Celebratíons









Fall Snaps

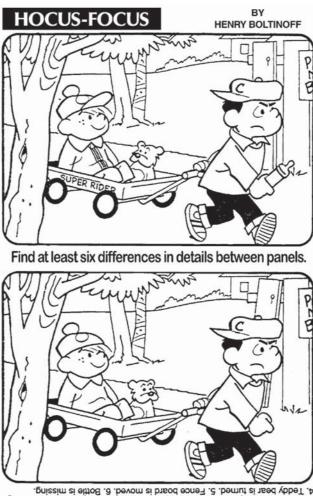




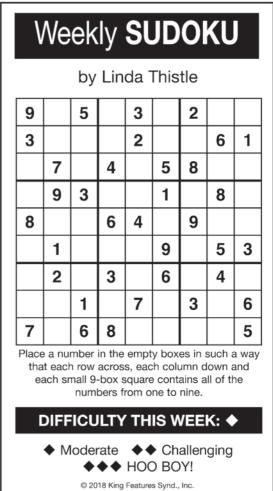








Differences: 1. Cap is different. 2. Zipper is missing. 3. Wagon name is n Differences: 1. Cap is different. 2. Zipper is moved. 6. Bottle is missing.



PUZZ es4kids by Helene Hovanec WORD FUN

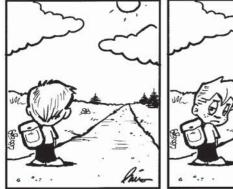
Study the two words on each line to find the ONE letter in the left column that is NOT in the word in the right column. Write the extra letter on the blank space. Then read DOWN to answer this riddle:

WHAT DO YOU CALL A GHOST WHO DOESN'T WANT TO WORK?

ALLIED	 IDEAL	BI
CARSON	 CORNS	VI
GRAZES	 RAGES	S
PRAYED	 PARED	FI
		B

BEINGS		SINGE
VERONA	<u> </u>	RAVEN
STRAND		DARTS
FICKLE		FLICK
BASTES		BEATS

Amber Waves











"If you lose money you lose much, If you lose friends you lose more, If you lose faith you lose all." –Eleanor Roosevelt © 2018 King Features Syndicate, Inc



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Weekly Sales Every Monday 11:30 with Misc. & Small animals followed by Dairy & Livestock

Monday, Oct. 8th - Sold 293 head. Cull Ave. \$.40 Top Cow \$.50, Bulls/Steers \$.75, Bull calves top \$.95, beef calves \$1.75, heifer calf top \$.75, beef heifer calf \$2.15, Dairy milking age top \$1125, bred heifers top \$950, young heifers top \$560.

Saturday, Oct. 20th - sale held in Jasper, NY. 103rd Annual Allegany-Steuben Holstein Sale. A select offering of show age, deep pedigree calves along with springing heifers & Fresh cows. Sale hosted by Allegany Steuben Holstein Club & Hosking Sales LLC. GPS address: 3123 Rt. 36, Jasper, NY. Sale Chairman Lavern Warriner 607-426-0521. Monday, Oct. 22nd - Normal Monday Sale & Monthly Organic Day. Special: Conventional herd: Michael & Dynall York Dairy Complete Dispersal. 55 Milking age, 20 head of youngstock from bred heifers to started heifers. 100% Al sired & bred. DHI RHA 19,951 4.0 807 3.1 613. This is a nice homebred Dairy with great udders. Herd Ave. 60-65# in the tank year around. SCC ave .for 6 mths 220,000. Mgrs. Note: Really nice well managed group of cattle. A group of Organic Grassfed Milking age cows all stages of lactation. Another group of Organic heifers from another farm. Also Cummings Farm

sends Certified Organic 42 Cow Dairy - Mostly Fall Freshening these all are English White Face cows. Friday, Oct. 26th - 11:30 AM Sale is held at the salebarn. Fall Premier All Breed Sale - accepting 100 Registered Dairy Cattle All breeds. Call today with your quality consignments. Watch for consignments from Sco-Li, T-Farm, Oakfield Corners, Fantasy-Found, Gaige Farm, Woodmansee, Weissmann, Roseland, Locust-Vale, Mac-Mara,

Grocott, Sunny-Acres, Cedar Ridge, Cie-Le-Denn, Osborne Farm, Ceder-Lane, Bur-Le-Acres, Hope-Hill Marshman Farms, Billy Gray The pedigrees run deep this year with a lot of fancy young fresh cows, springing heifers and calves. Always a great sale to attend to purchase great replacements!

Monday, Oct. 29th - Normal Monday Sale and Also due to all the sales we have booked we are having our Fall Round up Beef Sale on this day. Call to advertise your group it makes a difference. We will be selling Cow/calf pairs, dairy & beef feeders. A small Angus & Angus Cross herd Cow/calf pairs, bred cows and feeder cattle. A really nice group of 15 Herefords consisting of Cows, Heifers and 2 young bulls. Many more calls have been coming in we expect a good run.

Friday, Nov. 9th - Sale held at the sale barn 11:00AM. Wisbee Farm Complete Registered Holstein Milking Herd & Bred Heifer Dispersal. 100 Head sell. Watch for more details.

*Trucking Assistance – Call the Sale Barn or check out our trucker list on our Web-Site. Call to advertise in any of these sales it makes a difference. Watch website for any last minute updates.

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Strange but True

by Samantha Weaver

• It was 17th-century French author Francois de La Rochefoucauld who made the following sage observation: "Some people with great virtues are disagreeable, while others with great vices are delightful.

• If you wanted to dig to the center of the earth, you'd have to go down about 4,000 miles.

• If you're a fan of fishing, here's a cautionary tale regarding the weather: A 48-year-old Colombian man named Felipe Ortiz (for reasons unknown) decided to go out fishing in a raging storm. He cast his line into a strong wind, but the line blew back and caused the baited hook to lodge in his throat, killing him.

• Are you a dipsomaniac? The root of the word is from the Greek "dipso," meaning "thirst" - and we're all familiar with the "mania" part. "Dipsomaniac" is just a fancy name for a drunk.

• Feeling pressed by ever-increasing postage rates? Well, consider this:

To send mail by Pony Express originally cost \$5 per ounce — the equivalent of more than \$150 in today's dollars.

• At one time the game of checkers was known as "chess for ladies."

• Unless you're a professional dairy farmer who milks cows on a daily basis, it's unlikely that you're aware of the fact that it takes, on average, 350 squirts to get a gallon of milk.

• Jewelry lovers, pay attention: Oysters aren't the only creatures with the capability to make pearls. Pearls can come from any mollusk that makes a shell, including mussels, clams, conchs and even land snails.

Thought for the Day: "I like an escalator because an escalator can never break, it can only become stairs. There would never be an escalator temporarilv out of order sign, only an escalator temporarily stairs. Sorry for the convenience." - Mitch Hedberg

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I'm not afraid of death; I just don't want to be there when it happens. Woody Allen

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Kovels: Antiques and Collecting

by Terry and Kim Kovel

Racehorse weathervane The recent hurricane and flooding in the Carolinas show how important weather, rain and wind are to everyday life, both now and in the distant past. Weathervanes told the direction of the wind and aided in forecasting the weather. The earliest known weathervane was used as early as 48 B.C. in Greece. It was in the shape of a god: half man, half fish.

The first American weathervane was used in Albany, NY, in 1656. The best-known early weathervane is the rooster put on a Boston building in 1742. During the mid-1700s, makers created weathervanes in many

bullet hole made when someone used it for target practice. The weathervane honored a famous thoroughbred that raced from 1868 to 1875. She died in the middle of an important race. The racetrack built a statue of the horse, and the country remembered American Girl as a horse who tried her best in every race.

Q: My friend has her floor-model Enterprise coffee grinder for sale for \$600, and I want to know how much it's worth. Is she too high or too low on price? It's in good shape. A: Enterprise Manufacturing Co. was founded in Philadelphia in 1864. The company's 1904 catalog of "patented hardware specialties" included

Silex in 1955. Enterprise's floor-model coffee grinders were made in several sizes. The value of your friend's model depends on condition and size. They usually sell for \$500 to over \$1,000.

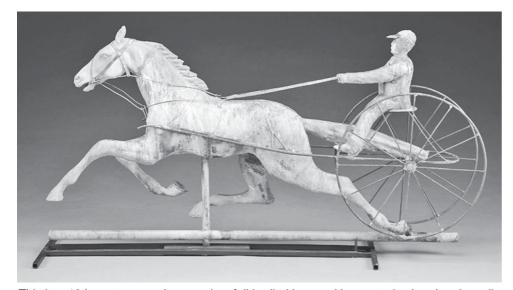
Current prices

• Planter, Abingdon, yellow, sprigs, boat reeded, scroll shape. ends, c. 1945, 4 x 9 inches, \$20.

• ABC plate, "Mary Had A Little Lamb" nursery rhyme, embossed, tin, c. 1885, 8 inches, \$75.

• Boot sole, aluminum, cleats, rivet holes on rim, Overland Shoe Co., marked, c. 1916, 10 inches, \$165.

• Captain Marvel ring, compass, rocket raider, lighting bolt, brass,



This late 19th-century weathervane is a full-bodied horse with a cast zinc head and a sulky driver with cast head and boots. It was made by Fiske & Co. The 45-inch-long vane sold for over \$18.000.

shapes, including a Native American, banner, rooster and even a dove of for President peace Washington's George home in Mt. Vernon. By the 1800s, weathervanes were featured on many roofs as decorations as well as useful additions. The Goddess Liberty and the American eagle were new designs celebrating the new country. But another favored design was a reminder of a popular sport, the racehorse.

Today, collectors want the factory-made metal weathervanes of the past or the antique flat folk-art copies made from sheet metal. It took \$18,150 to buy this Fiske & Co. "American Girl" horse and sulky molded copper weathervane at a James Julia auction. Like many weathervanes, it has a

kitchen utensils like grinders and choppers, apple peelers, cheese knives, cherry pitters, graters, jelly presses, raisin seeders, sad irons and slaw cutters, as well as banks, bung-hole borers, faucets, flag holders, lawn sprinklers, tobacco cutters, traps and more. The company was sold to

315-823-1982

enamel, adjustable, c. 1946. \$253.

Tip: Never display a stuffed trophy in bright sunlight. Feathers and hair become stiff and brittle, and colors fade. For more collecting

news, tips and resources, visit www.Kovels.com (c) 2018 King Features

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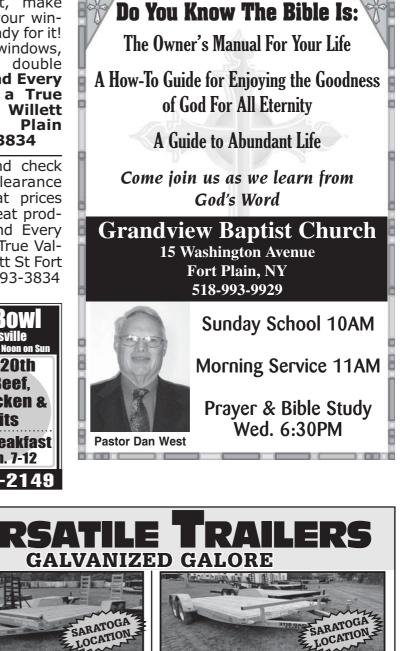
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24 • October 20, 2018

Senior News Line

by Matilda Charles Paper check scams

Back in the day the typical way we received monev was via check. Getting a check in the mail, perhaps a paycheck or refund, was common. Now thieves have decided to capitalize on what is most familiar to us ... paper checks.

Why are they using paper checks? Because electronic transfers can be instantaneous; paper checks take a few days to clear ... just long enough to scam you.

You might be told you've won a prize when a check arrives in the mail, or that it's a refund or payment for a service.

Mystery shopping is a perfect example. After you do a few shops, they might tell you that you're so reliable they have a bigger job for you: investigating money-transfer companies. They'll send you a big check, which you'll deposit into your account, and your job is to quickly wire the money back as a test. The bogus check won't have cleared yet, however, and the money you wire them will be your own cash.

A fake check in the mail isn't the only way you can run into a scam. If you decide to sell a few things via online auctions, you might be tempted to accept a check from the

buyer. Don't do it. Make yourself familiar with a pay service such as Pay-Pal, and especially don't accept a check that is over the amount you're expecting. You'll likely be told to send the "extra" money back.

If you receive a check vou're not expecting. don't cash it until you get all the details about where it came from and why you've received it. If you decide to deposit it, tell your bank what you're doing so it can keep an eye on things. Do not spend the money. Wait a few weeks to see what happens.

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How to recognize potential brake problems

Maintaining a vehicle is more than just a way to protect one's financial investment. Vehicle maintenance can protect against accidents and make the road safer for drivers and their passengers as well as their fellow motorists.

Fully functioning brakes are an important component of automotive safety. In its 2015 Crash Stats report, the National Highway Traffic Safety Administration said that brake-related problems accounted for 22 percent of crashes where vehicular failure was cited as the cause of the collision. Bad brakes are particularly notorious for rear-end collisions. Faulty, worn brake lines, antilock brake system malfunctions and worn brake pads and discs are some potential brake problems.

It is important that motorists learn to recognize the first symptoms of brake trouble so they can address issues before they put drivers, their passengers and other motorists at risk of accident or injury.

• Unusual noises: Screeching, grinding, rubbing and high-pitched sounds are common indicators that brake pads, rotors and other parts of the braking system need attention. Worn pads can cause damage to other vehicle parts, resulting in more expensive repairs if they're not addressed promptly.

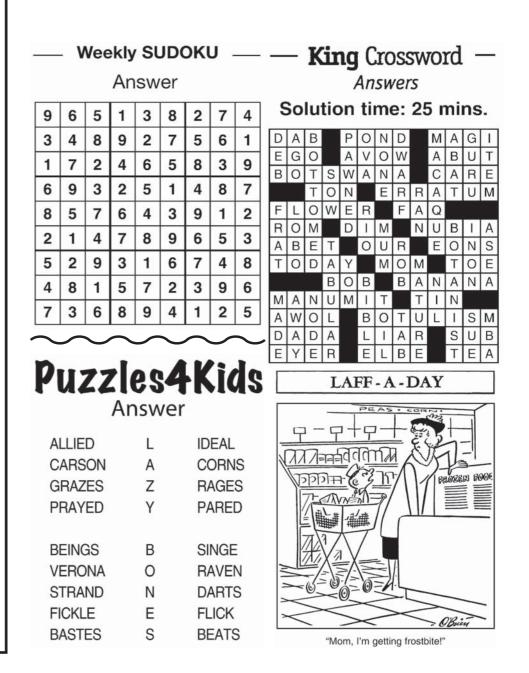
• Pulling: If the car pulls to one side when applying the brakes, this may indicate brake pad linings are wearing down unevenly. A brake adjustment may be necessary. Pulling also may be indicative of an object or debris caught in the brake fluid.

• Less responsive: If when pressing on the brake pedal the brakes just do not seem to be as effective as they once were, or it is necessary to press the pedal harder for the brakes to engage, there may be a brake fluid leak or an air leak. Check under the vehicle to see if any fluids are pooling.

• Pungent odors: Firestone Tire Company says a burning smell may be indicative of worn out brake pads and friction on the tires. Each of these issues require immediate attention.

• Vibrations: Certain vibrations may indicate brake issues. Rotors can become warped from metal-on-metal rubbing, potentially leading to a failure of the vehicle to brake properly. Vibrations also may indicate tires are misaligned. These problems can be properly assessed by a trained mechanic.

Keeping brakes in good working order helps drivers stop more readily and avoid collisions.



Gourds, squashes and pumpkins, oh my!

Halloween takes place during a time of year characterized by earthen-colored chrysanthemums, leaflined walkways and crisp autumn air. As colorful as the costumes children wear for trick-or-treating may be, nature's beauty is unsurpassed this time of year, and the scores of pumpkins, gourds and squashes on display only add to that colorful melange.

The Cucurbitaceae family may be best known for pumpkins, squash and gourds, but there actually are 800 species that belong to this family. While they share many of the same properties, these fruits each have their own unique attributes.

The main differences between squashes, gourds and pumpkins is their intended purposes — whether they're ornamental or edible.

Squash

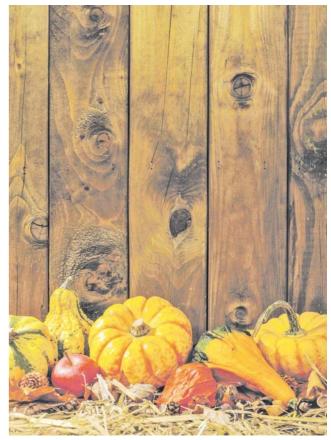
Squashes come in summer and winter varieties. Winter ones do not actually grow in the winter; in fact, they're harvested in late summer and early fall, but the name references the hard shell casing that protects the tender pulp inside. Zucchini are summer squash because their outer flesh is tender, while butternut, acorn, spaghetti, and hubbard squashes are winter squashes because they feature a tough skin. Even though it takes some effort to crack that shell, the dense, nutrient-rich flesh inside is well worth the workout.

Gourds

Gourds are essentially ornamental squashes; they aren't cultivated for eating. Instead they are bred to look beautiful and unique in autumn centerpieces. Types of gourds include autumn wing gourd, warted gourds, turban gourds, and bottle gourds. Each gourd is unique in its shape and color.

Pumpkins

Pumpkins come in ornamental and edible varieties. Even though all pumpkins can be consumed, some taste better than others. Small pumpkins tend to be decorative because, according to Nutritious Life, they do not have enough meat inside to make them worthy of cooking. However, sugar pumpkins are best for baking and cooking favorite recipes, states the resource Pumpkin Nook.



The festive hues and flavors of squashes, gourds and pumpkins are one more thing that makes Halloween and autumn special.

Fall Harvest





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Three tips to drive more efficiently

Unlicensed drivers learning to drive are often taught the benefits of de-

fensive driving. Safety is lessons, but the benefits

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of driving safely and effioften the focus of such ciently extend far beyond safety.

Department of Energy, aggressive driving can lower gas mileage by roughly 15 to 30 percent at highway speeds. In addition, a 2017 study from researchers at the DOE's Oak Ridge National Laboratory found that aggressive driving can contribute to a reduce fuel

According to the U.S.

other motorists at risk of accident and injury. By taking these steps to drive more efficiently, drivers can save money and potentially even lives. 1. Avoid rooftop cargo.

Rooftop cargo units can be beneficial for family vacations or other extended getaways. But using rooftop cargo boxes as forcing them to burn more fuel than they would need to burn while moving without anything attached to the roof. DOE estimates suggest that large, blunt rooftop cargo boxes can reduce fuel efficiency by as much as 25 percent when a vehicle is moving at speeds between 65 and 75 miles







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efficiency by as much as 40 percent in stop-and-go traffic.

Speeding as well as rapid acceleration and braking are hallmarks of aggressive driving, and each of these habits puts drivers, their passengers and

items you don't need on a daily basis or simply keeping empty units attached to vehicle roofs compromises fuel efficiency. Rooftop cargo bins increase the aerodynamic drag on vehicles,

traveling storage units for



per hour.

2. Don't treat your trunk like a closet.

Trunks are not closets. so resist the temptation to use them to store golf clubs and other items that are better stored in a house or garage. Research has indicated that an extra 100 pounds in a vehicle can reduce gas mileage by about 1 percent. Because that figure is based on the percentage of extra weight relative to the vehicle's weight, drivers of small vehicles may find using their trunks as closets to be especially costly and inefficient.

3. Use cruise control when possible.

Cruise control makes it possible for vehicles to maintain constant speeds. That helps drivers ensure they are always obeying the speed limit, and it keeps cars from the constant acceleration and deceleration that wastes fuel.

Efficient driving is safe, cost-effective and ecofriendly. With some simple strategies, drivers can do their part to protect the planet and make roads safer, all while saving money.

MOHAWK VALLEY COUNTRY EDITOR



Vehicles are considerable investments. According to Kelley Blue Book, the estimated average transaction price for light vehicles in early 2018 was \$36,270.

Perhaps because of that price tag, many people in the market for cars and trucks shop for preowned vehicles, which statistics indicate are considerably less expensive than new a u t o m o b i l e s . Edmunds.com notes that the average transaction price for a used vehicle purchased in the first quarter of 2018 was \$19,700.

Of course, preowned vehicles carry more risk than new cars. That said, car buyers in the market for preowned vehicles can take steps to protect themselves against the risks associated with buying used cars.

• Shop for certified pre-

owned vehicles. Certified preowned vehicles, or CPOs, typically come with an inspection and extended warranty. That can ease the concerns of buyers worried about buying a lemon. Many CPOs are recently returned off-lease vehicles that tend to have low mileage. Lessees are obligated to return leased vehicles in good condition or suffer financial penalties, meaning most offlease vehicles will be wellmaintained.

• Recognize "certified" and "CPO" are not the same thing. Edmunds.com notes that there's sometimes a difference between vehicles that are characterized as "certified" and "certified preowned." The CPO designation typically means the vehicle manufacturer stands behind the vehicle

Some humans would do anything to see if it was possible to do it. If you put a large switch in some cave somewhere, with a sign on it saying 'End-of-the-World Switch. PLEASE DO NOT TOUCH', the paint wouldn't even have time to dry. Terry Pratchett



How to approach buying a preowned vehicle

and its warranty. A vehicle described as "certified" may only be backed by the dealership itself. That's an important distinction for buyers who may travel a lot or those who plan to move, as a manufacturer-backed warranty should allow them to take the vehicle to any of the manufacturer's dealerships for repairs, regardless of where those dealerships are located. Drivers of vehicles

that are only certified by a dealership may only be able to take their cars in for repairs at that particular dealership.

• Get a vehicle history report. Some sellers, whether it's dealerships or private citizens, may provide vehicle history reports. But even if they don't, the cost of such reports is negligible compared to the value of the information they provide. These reports indicate if a vehicle has been in any serious accidents and indicate mileage that can alert buyers to illegal odometer adjustments, and some may even indicate if maintenance was performed at manufacturer-recommended intervals. If sellers are reluctant to provide reports or the VIN numbers of a vehicle necessary to order them, then walk away.

• Take a long test drive. A long test drive through various conditions (hills, curvy roads, highways, etc.) can give buyers a feel of how a preowned vehicle handles. Don't succumb to pressure to cut test drives short, and be wary of sellers who want to keep test drives to a minimum.

Preowned vehicles can be great investments, especially when buyers take steps to make the most informed decisions possible.





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