

March 17.

mythical creatures.

The tricolor flag. A pint of Guinness. Bagpipes. Each

of these things are symbols of St. Patrick's Day, which

celebrates the patron saint of Ireland every year on

While each of the aforementioned symbols is tangi-

ble, one popular image has proven a little more elu-

sive. Leprechaun imagery is ubiquitous during St.

Patrick's Day celebrations, but even the most ardent

Paddy's Day revelers may know little about these

Now widely depicted as tiny, bearded and mischie-

vous men clad in coats and hats, leprechauns have

been traced to ancient Ireland. The precise etymology

of the word "leprechaun" is unknown, though many

scholars believe the word we use today is derived from

the old Irish "Lú Chorpain," which means "small body."

Some scholars point to the 8th century word "luchor-

pán," meaning "sprite" or "pygmy," as the origins of the

word leprechaun. Another word, "lubrican," which first

The origins of the leprechaun myth

appeared in the English language in a 1604 play written by Thomas Middleton and Thomas Dekker, also has been linked to the modern word leprechaun.

Some historians believe the myth of the leprechaun has origins in ancient Ireland, when people believed the tiny creatures were among the various inhabitants of fairy forts and fairy rings throughout the Emerald Isle.

Another take on the source of the leprechaun myth is that these tiny creatures were modern incarnations of the Euro-Celtic god Lugh, who was the sun god as well as the patron of arts and crafts.

Manuscripts from the 12th to 15th centuries suggest leprechauns lived underwater and were not all male (modern leprechaun depictions are all male). In fact, the resource Ancient-Origins.net states that female leprechauns were depicted during this time as figures devoted to luring human men away for various adventures.

While 21st century celebrants of St. Patrick's Day

might be hard pressed to find images of leprechauns not dressed in green, that wasn't always the case. Prior to the 20th century, leprechauns were described in various depictions as wearing red.







The images of leprechauns can be seen everywhere on and around St. Patrick's Day, and those images have evolved considerably over the centuries.

Community **Education Night**

March 21, 2019 **Canajoharie High School**

6-7PM "Shawna Has A Secret"

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/////

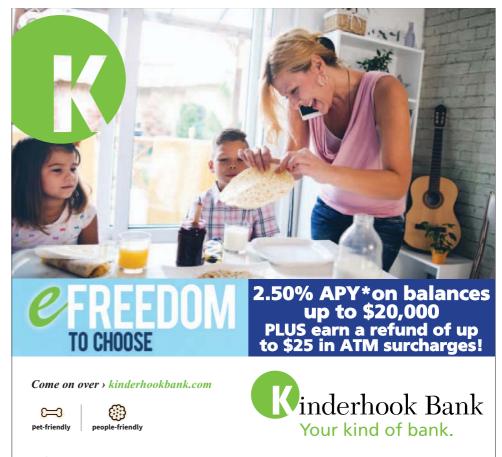
Participants will receive a free training and resources for the opioid overdose reversal drug Naloxone or Narcan. You will also learn more about the opioid epidemic.

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For more information Jenna Mares 518-842-4202 x3121 or questions, contact:

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MOHAWK VALLEY COUNTRY EDITOR

March 16, 2019 • 3







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MOHAWK VALLEY COUNTRY EDITOR

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• On March 20, 1345, according to scholars at the University of Paris, the Black Death plague is created from what they call "a triple conjunction of Saturn, Jupiter and Mars in the 40th degree of Aquarius." The Black Death left an estimated 25 million dead. It's now known that bubonic plague is carried by fleas. • On March 19, 1842, French writer Honore de play Balzac's "Les Ressources de Quinola" opens to an empty house. Hoping to create a buzz for the play, Balzac had circulated a rumor that tickets were sold out. Unfortunately, most of his fans stayed home.

• On March 18, 1937, nearly 300 students in Texas are killed by an explosion of natural gas at their school. Officials at the New London school had been persuaded to save money by tapping into less stable wet-gas lines that ran nearby. The blast was felt 40 miles away.

• On March 21, 1952, the first rock and roll concert in history is held in Cleveland, hosted by legendary disk jockey Alan Freed. Police were overwhelmed when an estimated 20,000-25,000 fans swarmed the Moondog Coronation Ball, held in an arena with a capacity of only 10,000.

• On March 24, 1965, the first "teach-in" is conducted at the University of Michigan as 200 faculty members hold special anti-war seminars. This form of protest spread to many colleges and universities.

• On March 22, 1983, the Pentagon awards a contract worth more than \$1 billion to AM General Corp. to produce 55,000 High Mobility Multipurpose Wheeled Vehicles. Nicknamed the Humvee, the rugged vehicles were used by the U.S. military. In 1992, a civilian version, the Hummer, went on sale.

• On March 23, 1994, Wayne Gretzky scores his 802nd goal, breaking his childhood idol Gordie Howe's NHL record for most goals in a career.

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Now Here's a Tip

• There are good reasons to recaulk your baseboards from time to time. Not only will it give you a clean look, but it will help to stop drafts and block out bugs, which can creep in through the tiniest of cracks.

• "Here's a tip for making a box cake taste like it was made from scratch: Add an extra egg, use melted butter instead of oil and use milk (whole) in place of water. Mix for an extra minute or two, to really aerate the batter. It'll be gorgeous." — T.H. in New Hampshire

• "Hide the cords coming from your wall-mounted television by running them through a length of PVC pipe. It can be painted to match your wall, too! Measure the length you need, and your hardware store may be able to cut a piece for you if you can't find one the right size. It looks so much cleaner, and you can even use double-stick tape to attach the pipe to the wall." — B.B. in Florida

• "Donate extra throw blankets to your local animal shelters. In fact, visit the website of your local shelter and check for a 'wish list' to see if you have anything that can be donated. They are always in need, and so deserving." — F.I. in Texas • "On weekend trips to our cabin, we pack a laundry basket for each bedroom. It includes fresh sheets, towels and the clothing for that person. At the end of the weekend, it's easy to 'pack' those items that need to be laundered. The bonus is that they stack nicely in the back of the car, and they're a snap to unpack, too!" — A.H. in North Carolina

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Kovels: Antiques and Collecting



This group of porcelains, a teapot and two cups, was made in Russia in 1923 in the "Supremist" style. It did not attract any bidders at a Florida auction, even though it is a good example of a special style.

HOSKING SALES LLC – CERTIFIED ORGANIC MARKETING AGENCY

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Mon. Mar. 4th - Sold 182 head, Cull ave. \$.47 top cow \$.58, Organic cull ave. \$.58 top cow \$.62, Bulls/Steers \$.77 - \$.104, Bull calves top \$.70 beef calf top \$1.00,heifer calves top \$.25 beef calf top \$1.70,Dairy feeders \$.10 - \$.70, Feeder heifers \$.50 - \$.90, Feeder steers \$.70 - \$.91.

Fri. March 15th - Sale held on the Farm - Annville, PA. 11:30AM Valley River Holsteins Milking Herd & Bred Heifer Dispersal. 75 Head of Registered Holsteins DHI RHA 24,302 4.1 933 3.1 745 BAA 109.9. Retirement Dispersal vou don't want to miss!

Mon. Mar. 18th - Normal Monday Sale & Monthly Sheep, Lamb, Goat & Pig Sale. There will be a real nice load of 10 butcher hogs.

Fri. March 22nd – sale held at the farm Cherry Valley, NY – 11AM. Gravelland Farm – Matt & Dean Utter. Complete Dairy Dispersal. 150 Freestall milking age cows, 25 started heifer calves born since October. DHI 21582 3.8 822 3.2 683 SCC 200,000. 50 first lactation and 35 second lactation in this herd. GPS address: 599 County Highway 32A, Cherry Valley, NY.

Mon. Mar. 25th - Normal Monday sale & Monthly Organic Day

Sat. March 30th – Spring Premier All Breed Sale – 100 head of Registered All Breed Cattle Sell

Mon. April 1st - Normal Monday sale & Monthly Fat Cow & Feeder Sale Sat. April 6th - Sale on the farm - Copake, NY. 10:00AM. Hill-Over Farm

Complete Machinery & Equipment Auction and Barn Equipment. **Mon. April 8th** Normal Monday Sale & Monthly Heifer Sale. Also our first

Easter Lamb, Goat & Pig Sale Mon. April 15th – Normal Monday Sale & Our Second Easter Sheep, Lamb.

Goat & Pig Sale Sat. April 20th – Annual Spring Consignment Machinery Sale – Held at our

Facility

Mon. April 22nd - Normal Monday Sale & Monthly Organic Day

Mon. April 29th - Normal Monday Sale & Our Spring Beef Turnout Sale – Call now to advertise your group. We are doing a Monday sale because of our sale schedule.

Watch for 2019 Sales:

Sat. Oct. 26th – Fall Premier All Breed Sale – 100 head of Registered All Breed Cattle Sell

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by Terry and Kim Kovel Supremist Tea Set

Once in a while, an unfamiliar design shows up in an auction. The Auction Gallery of the Palm Beaches listed a tea set. two cups and a teapot with an Art Deco look and unfamiliar marks. The set was white with black and red blocks of color. The teapot had a vertical spout and rectangular handles creating a new geometric shape. The mark solved the mystery once it was translated. Written on the bottom of each piece in the Russian (Cyrillic) alphabet was the word that translated to "Supremist." Next to it was the familiar hammer-and-sickle logo.

Some quick research told the story: It was an example of Supremist Art popular in Russia from 1913 to the late 1920s. (The teapot was dated 1923.) The Russian who

created the style claimed it to be superior to all art of the past. It was totally abstract, based on the circle, square and cross and the colors red, white and black. Yet something — the extreme look of the set, the high estimate of \$7,000 to \$9,000, the lack of demand for a teapot with cups instead of a set with teapot, creamer and sugar, or perhaps the Russian origin — kept bidders away. The group did not sell.

At any auction, there can be valuable items that are passed over because the day's crowd is looking for something else. Timing and location do have an effect on prices.

Q: How much is an old World War I helmet worth?

A: Steel helmets, sometimes called trench helmets, were developed in France in 1915 to provide protection to troops fighting in the trenches during World War I. Most soldiers wore leather or cloth hats before that. The British and Germans developed their own version of the steel helmet. When the American Expe-



Mohawk Valley Produce Auction 840 Fordsbush Rd. Fort Plain 13339 Hay • Straw • Firewood Every Friday at 10:00 AM April 12th - Meats, Cheese, Snacks & More Office Ph# 518-568-3579 Order Buyer Elam Kauffman Ph# 717-413-3816 ditionary Forces entered the war in 1917, they only had wool hats. Helmets were bought from Britain to outfit troops until the U.S. began making a version known as the M-1917 later that year. The helmets were coated with sawdust while the paint was still wet, making a harder, non-reflective surface.

There are collectors who want anything from World War I, and re-enactors who want authentic equipment. Complete World War I steel helmets in good condition sell for over \$100.

Recent Prices

 \bullet Celery dish, RS Prussia, pink roses, green leaves, light green ground, white handles, 13 1/2 x 7 inches, \$30.

 \bullet Bottle, soda, Catawba Club beverages, 8 1/2 inches, \$120.

• Mardi Gras, parade bulletin, Krewe of Proteus, Zoraster, Walle & Co., 1912, 28 x 42 inches, \$340.

• Comic book, detective comics No. 27, 1st Batman appearance, DC golden age, 10 cents, May 1939, 8 inches, \$660.

Tip: Mix three parts water and one part vinegar and use the mixture to sponge off the white salt stains that form on leather shoes or boots.

For more collecting news, tips and resources, visit www.Kovels.com

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Types of wedding officiants

Many people play a role in a wedding. The bride and groom, bridesmaids, groomsmen, ring bearers, and flower girls are front and center on the day a couple ties the knot.

Another central, and very important, figure on a couple's wedding day is the officiant. Officiants perform the wedding ceremony and are the first to

introduce the newlyweds to their guests as an officially married couple.

Various types of officiants can officiate a wedding, and understanding each type can help couples find the right one for them.

Religious officiant

Couples who want traditional religious ceremonies often choose a re-

ligious officiant, such as a parish priest or rabbi, with whom they're familiar. For example, couples who grew up attending a particular church might choose the priest who's been preaching to them since they were children, while others might choose the priest at their current place of worship. Religious officiants may

be governed by certain rules that restrict them to performing ceremonies in a house of worship, which might rule them out for couples who want outdoor or destination weddings. Couples should inquire about such restrictions as early as possible in the planning process so they aren't caught off guard.

Calendar of events

NOTE: Calendar items must be submitted by Tuesday prior to the publication date to be included in the Calendar of Events. Entries may be emailed to cfeditor@leepub.com

Mar 19

Toddler-preschool Story Times. 11 a.m. Fort Plain Free Library, 19 Willett St., Fort Plain. For more information, call 518-993-4646.

Mar 21

Water Color with Shanna Becker. 1:30 p.m. Arkell Center, 2 Lower Maple Ave., Canajoharie. In the Gallery. Cost is \$10. Call 518.673.4408.

Mar 22

Canajoharie Senior Citizens Club Meeting. 1 p.m. Arkell Center, 2 Lower Maple Ave., Canajoharie. Call 518.673.4408.

Mohawk Valley Dance Theatre with Shanna Becker. 1:30 p.m. Arkell Center, 2 Lower Maple Ave., Canajoharie. Performance for the Senior Citizens Group. All are welcome. Call 518.673.4408.

Free Film - "Sustainable". 7 p.m. At Van Alstyne Homestead, 42 Moyer St., Canajoharie.

Mar 23

Wild Irish Acres Dancers with Terri Hughes. 10:30 a.m. Arkell Center, 2 Lower Maple Ave., Canajoharie. Call 518.673.4408.

Mar 26

Understanding Alzheimers & De-mentia with Meagan DeMento. 9:30 a.m. - 11 a.m. Arkell Center, 2 Lower Maple Ave., Canajoharie. Followed by Caregiver Meeting. Call 518.673.4408.

Mar 28

Breakfast with Our Senior Neighbors. 9:30 a.m. Arkell Center, 2 Lower Maple Ave., Canajoharie. Bring a dish to share. Call 518.673.4408.

POUND workout to benefit those ext. 1004. fighting cancer. 6 - 7 p.m. Cana-joharie CYC, 9 Erie Blvd. Jackie Kline of Work It With Jackie and Jenn Knapp of Jenn POUND with Jenn will be leading a fundraising POUND workout, with the money raised going toward METAvivor, an organization that supports metastatic breast cancer research, support and awareness.

Mar 29

The Sound of Music. Friday, March 29 and Saturday, March 30 at 7 p.m. Sunday, March 31 at 2 p.m. At the Canajoharie High School auditorium. The Fort Plain-Canajoharie Drama Club invites you to The Sound of Music". Tickets \$7 for adults. \$5 for students/seniors.

Apr 11

Defensive Driving – 2019 class. 9 a.m. - 3 p.m. Arkell Center, 2 Lower Maple Ave., Canajoharie. \$20. Call 518.673.4408 to reserve your spot.

Friends Speaker & Meeting. For

information, contact Schoha-rie Crossing State Historic Site at 518.829.7516 or www.nysparks. com.

May 4

100in1 Day: Gloversville. Full details about 100in1 Day: Gloversville and other downtown events are available at www.downtowngloversville.org. Please contact Jennifer Jennings, Gloversville Downtown Development Specialist if you would like to help plan the event or have an activity you would like listed. She may be reached at jenniferj@fccrg.org or at 518.725.7700 I Love My Park. For more information, contact Schoharie Crossing State Historic Site at 518.829.7516 or www.nysparks.com.

May 18

Kids to Park Day. For more information, contact Schoharie Crossing State Historic Site at 518.829.7516 or www.nysparks.com.

Market Basket Workshop with Beverly Cornelius. 9 a.m. - 4:30 p.m. Inside the Enders House, Schoharie Street, Fort Hunter. Registration is encouraged for this program as seating is limited. For online registration information. https://form.jotform. com/83604950008151 or please contact 518.829.7516 / david. brooks@parks.ny.gov.

May 21

Friends Speaker & Meeting . For more information, contact Schoharie Crossing State Historic Site at 518.829.7516 or www.nysparks. com.

Philo Café' discussion forum. 6:30 - 8:30 p.m. Fort Plain Free Library, 19 Willett St., Fort Plain. For more information, call 518.993.4646.

May 25

Geocache Challenge Starts. May 25 19. For more information, contact Schoharie Crossing State Historic Site at 518.829.7516 or www. nysparks.com.

June 1

National Trails Day (Kayak-ing Tour). June 1 19. For more information, contact Schoharie Crossing State Historic Site, 129 Schoharie Street, Fort Hunter at 518.829.7516 or www.nysparks. com.

Civil officiant

Civil officiants are officers of the court, such as a judge or justice of the peace. Many couples who are planning destination weddings abroad still choose to have a civil officiant perform a wedding ceremony at home. This is because some overseas officiants may not be authorized to marry couples in their home countries, meaning their marriages won't be recognized once they return home. Civil officiants make sure marriages are legal, and they also make great options for couples who just want to get hitched without a grand ceremony.

Professional officiant

Professional officiants are not affiliated with a particular religious organization. That makes them great choices for couples who aren't religious as well as those who come from different religious backgrounds and won't be converting to the same faith. Professional officiants typically meet with a couple once or twice to get to know them before writing the



speech they will give during the ceremony. Many will share the speech with the couple in advance of the big day, and some even allow couples to write the speech.

Loved ones

Many couples ask a friend or family member to officiate their weddings, which can add a fun and very personal component to the ceremony. Couples who want to take this route should research local laws to determine the steps loved ones must take to become ordained ministers who will be recognized by the state or country where the ceremony will take place.



Officiants play a significant role during a wedding, and couples can choose one who best fits their personalities and ceremony preferences.

Apr 23

more information, contact Schoharie Crossing State Historic Site at 518.829.7516 or www.nysparks. com.

Apr 27

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• It is still not known who made the following sage observation: "The difference between 'involvement' and 'commitment' is like an eggs-and-ham breakfast: The chicken was 'involved'; the pig was 'committed.""

• Those who study such things say that if you were (for reasons unspecified) to eat the liver of a polar bear, you'd die. The amount of vitamin A stored in that organ constitutes a fatal dose for humans.

• You might be surprised to learn that high-quality opals can be more valuable than diamonds.

• John Tyler, born March 29, 1790, was the 10th president of the United States. He was married twice and had a total of 15 children. These children, collectively, were witness to a surprisingly large swath of American history. The oldest, Mary Tyler Jones, was born in 1815, the year that saw the end of the War of 1812; the youngest, Pearl Tyler Ellis, survived until 1947, two years after the end of World War II.

• The next time you're planning a trip to Indiana, keep in mind that in that state it is illegal to talk behind a person's back or engage in "spiteful gossiping."

• In 1915, the average annual income for a family in the United States was \$687, the equivalent of \$17,088 today.

• In 1889, a magazine called The Literary Digest made the following prediction: "The ordinary 'horseless carriage' is at present a luxury for the wealthy, and although its price will probably fall in the future, it will never, of course, come into as common use as the bicycle."

• Squirrels are wonderful foresters. Every year, thousands of trees grow from caches of nuts and acorns that squirrels forgot about.

Thought for the Day: "An inconvenience is only an adventure wrongly considered; an adventure is an inconvenience rightly considered." — Gilbert Keith Chesterton

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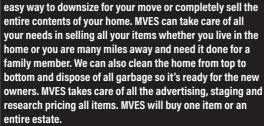
Time to replace old wiring?

Old homes can be charming and contain ar-

often seen in many mod-

chitectural elements not ern housing developments. But what older







In today's electronicsdriven society, electricity that works is an essential component of daily life. Over time, wiring can be compromised through simple aging, pest infiltration, weather, or other conditions. Deteriorated wiring can present a shock hazard and also a serious fire hazard, warn

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the home renovation experts at The Spruce. Furthermore, the home improvement site This Old House advises that the amperage of old wiring may not be able to meet the needs of the devices used in homes - overpowering the circuits. This can cause breaker blowouts and other problems, such as overheated wires that may spark and cause fires from within the wall.

Wiring often falls into the "out of sight, out of mind" category. Homeowners may make allowances for inadequate electrical systems, such as running extension cords or using multiplug connectors to increase their wiring capacity. However, they may not be diligently keeping on top of upgrades needed to stay safe. Confirming that a home's electrical system is safe is a necessary part of home maintenance.

For those who haven't already done so, schedule an inspection with a licensed electrician to go over the home's wiring. He or she can determine if any areas pose a safety risk and/or do not conform to local code requirements and the National Electrical Code. Failure to meet code can lead to difficulty obtaining permits to make other home renovations, or difficulty selling a home later on.

The electrician can also go over improvements that can improve safety and function. Additional outlets, including GFCI outlets in kitchens and bathrooms, may be part of the plan, as well as rewiring a fuse box or circuit panel to allow for better flow of power around the house. Frayed wiring or underinsulated wiring also may need to be replaced.

Owners of old homes should recognize possible electrical system dangers that require attention. Plus, considering electrical codes change quite frequently, it is always in a homeowner's best interest to work with a qualified electrician to keep wiring inspected and up to date.



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Tips for staying safe with keyless systems

Auto manufacturers have long embraced technology that can streamline the automotive experience for drivers. For example, several years ago keyless entry and ignition systems were introduced, initially on high-end vehicles before they became standard on many other models.

Keyless entry systems require a fob, which sends a signal to the receiver inside the vehicle. The fob transmits a lowfrequency code to the car's internal computer system, which engages the locks and will allow the driver to push a button on the dashboard or console to start the vehicles. The fob can be stashed away in a pocket or purse and still send the signal, which makes it convenient for drivers. Drivers with arthritis or hand injuries also may find keyless systems an asset.

Because fobs work on wireless systems, hackers potentially can intercept the fob-to-car signal. That enables a thief to not only open the vehicle's doors, but also to potentially drive away as well. Even though the fob/car security pairing

is unique and can create billions of codes, researchers at Radboud University in the Netherlands and the University of Birmingham found that, by intercepting the wireless signal just twice, they could narrow down the possible combinations from billions to just 200,000. After that, a computer can figure out the code in just half an hour and unlock the car. Potentially, a thief can gather car codes as drivers enter their vehicles during the day, then return later to steal a number of cars.

Thieves who purchase signal amplifiers also pose a threat. These amplifiers magnify the reach of the fob signal so that a vehicle owner can be in his or her house with the fob, but the thief can walk up to the car and open it — even if the fob is far enough away that it should not engage. One way to circumvent this is to buy a signal-blocking pouch that can hold the key fob. Also, an oldschool steering wheel or gear shift lock is an effective way to provide another layer of protection.

Drivers also should be aware of their surroundings as they approach their vehicles. Thieves may count on keyless entry systems to be able to hop into a vehicle once the owner gets within range and drive away.

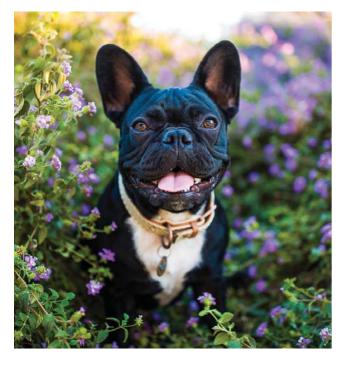
Vehicle technology thrives to make driving as convenient as possible, but some features also may make things more convenient for prospective thieves.

Keyless entry and ignition systems might be convenient, but they require

as quire ole, caution and lso common ore sense. ec-





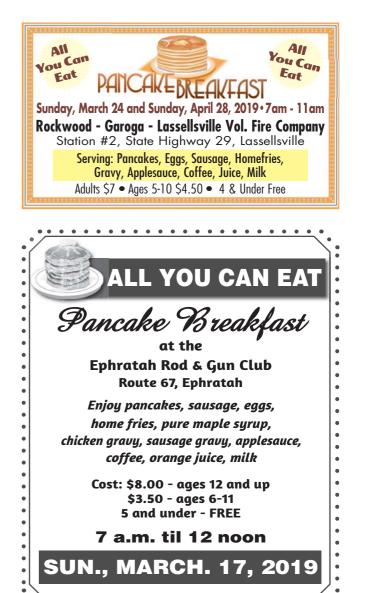






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Don't mistake a shamrock for any old clover

Much like New York City's Empire State Building or Egypt's great pyramids are in their respective countries, the shamrock is an icon in Ireland that has grown to symbolize Irish heritage and culture. Many products, sports teams and businesses with ties to Ireland feature shamrocks in their logos.

So it should come as no surprise that shamrocks also are a major part of St. Patrick's Day celebrations. After all, this is a day to pay homage to Ireland's patron saint — as well as the country itself.

The Irish are quite protective of their shamrocks, and some are quick to point out that shamrocks and certain clovers, including the supposedly lucky fourleaf clover, are not interchangeable. Some botanists will agree.

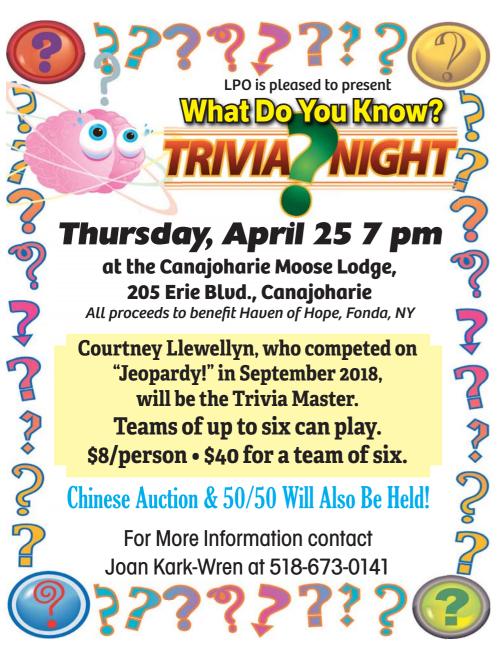
All shamrocks are clovers, but not all clovers are shamrocks. The home and garden resource The Spruce indicates that the term "shamrock" comes from the Gaelic word seamrog, meaning "little clover." There is no consensus as to which species of clover is the true shamrock. However, many botanists agree that the white clover (Trifolium repens) is the shamrock. However, the lesser trefoil, or hop clover, the black medick and red clover all can be contenders.

Four-leafed clovers of any variety are not shamrocks and should not be por-

trayed as such. That is because the shamrock is a three-leafed sprout that was believed to be utilized by St. Patrick to demonstrate the principle behind the Holy Trinity. St. Patrick, pointing to the three leaflets united by a common stalk, used this visual analogy to spell out the mystery of Christianity's doctrine of three entities making up one Lord: God the Father, God the Son, and God the Holy Spirit. Therefore, for all of the purported good luck finding a four-leaf clover may bring — based on mythology imparted by ancient Celts called Druids - it cannot be passed off as a shamrock.

Both clovers and shamrocks hold special meaning to the Irish. However, it is the three-leaf variety of clover that defines the shamrock.







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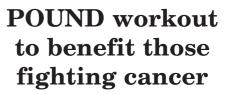
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by Courtney Llewellyn

CANAJOHARIE – Even though October is usually associated with breast cancer awareness, this March, the Canajoharie CYC will be going pink for one night to benefit the cause.

Jackie Kline of Work It With Jackie and Jenn Knapp of Jenn POUND with Jenn will be leading a fundraising POUND workout, with the money raised going toward METAvivor, an organization that supports metastatic breast cancer research, support and awareness. The group workout will take place in memory of Heather (Sprague) Carpenter, a member of the class of 2000 from Canajoharie High School who passed away two years

ago from breast cancer.

The POUND workout combines cardio, conditioning and strength training with yoga and Pilates-inspired movements, all while using extra large, neon green drum sticks called Ripstix. The class instructors are only asking for their regular \$5 donations but noted attendees can donate more, "as this cause is very dear to our hearts."

"Heather was my sister's best friend as well as Jenn's friend," Kline said. "We chose METAvivor [as the recipient of our fundraising] because Heather ended up with metastatic breast cancer. METAvivor has a great rating and aids in cancer research, awareness and support. This is our third year in holding an event in her honor and we will continue to do so.'

Kline added that they also hosted a fundraiser for Carpenter prior to her passing away. The first year of having this fundraiser was the day she passed away, and so they ended up donating all of the money raised to her family. Last year, funds were donated to METAvivor.

"If you can't make it for class and still want to donate, please see me or Jenn prior to the class," Kline said. "We would love everyone to wear pink (or purple, as that was Heather's favorite color) for this event as well!"

The POUND for Pink workout fundraiser will be taking place March 28 at the Canajoharie CYC, located at 9 Erie Blvd., from 6 - 7 p.m.



Last year was the first year that the workout class benefitted METAvivor, an organization assisting those fighting metastatic breast cancer.





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The workout fundraiser is being held in honor of Heather Carpenter, who passed away two years ago from breast cancer.

Photos courtesy of Jackie Kline



COM

Quick and simple ways to make a front door pop

Visitors' impressions of a home are often dictated by the home's entryway. Must as one may judge a book by its cover, the same can be said about the impression that a front door and entryway can create, regardless of how accurate that impression is.

Making certain changes to an entryway can go a long way toward improving curb appeal. Entryways also can set the scene for a home's interior. Whether one chooses to be classic or bold, modern or traditional, there are various ways to quickly transform a home's entryway.

• Bold front door color: Color can dramatically enhance an entryway. Painting an existing door or replacing it with a more vivid option can do the trick. The DIY Network says certain colors stand out as favorites. These include turquoise, yellow, red, indigo, orange, and black. The door color should complement the other shades of the home, such as those on siding and trim.

• Custom walkway: Guide guests right to the front door with an attractive (and safe) walkway. Stamped concrete or decorative paver blocks may fit the bill. This walkway can extend to the street or to the driveway.

• Contain plants. Landscaping around the entryway should be neat and welltended. Overgrown plants or shrubbery may give off an air of neglect. Container plants and carefully curated shrubs can create a neat and inviting aura.

• Highlight the address. Make sure the home can be found easily with bold and decorative house numbers. Consider two different address signs: one illuminated and easily viewed from the curb, and another closer to the front door.

• Utilize high-end materials. The relatively small area of real estate by the front door enables homeowners to splurge on more opulent materials that can really add a feeling of luxury. These can include colorful tiles, ornate planters, decorative wooden doors, or elaborate knobs and lighting fixtures.

• Add architectural details. Find out which architectural elements will meld with the style of the home and then incorporate them. Moldings, columns, shutters, and trim are areas to consider.

The entryway to a home garners a lot of attention. Homeowners can enhance their spaces with entryways that really make a statement.

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to turn his practice over to hasn't been easy. However, he recently met Dr.

Matthew Wadas who practices in nearby Herkimer. Upon meeting, Dr. Mur-

cray immediately knew he was leaving his patients in good hands and the two agreed to work together to make sure his patients aren't left without

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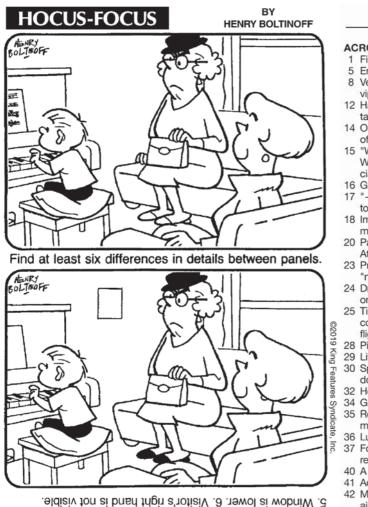
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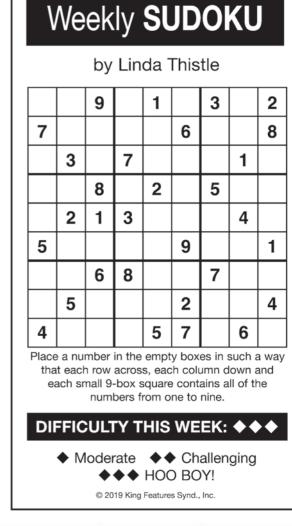


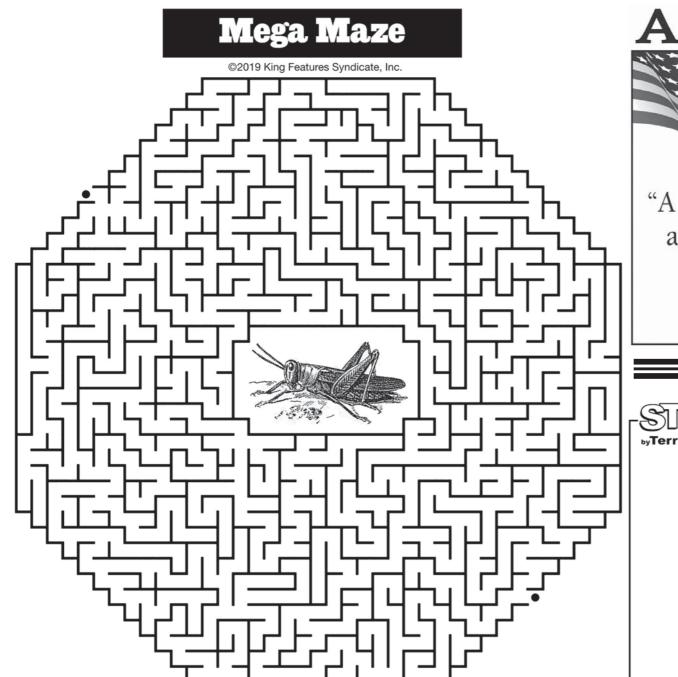


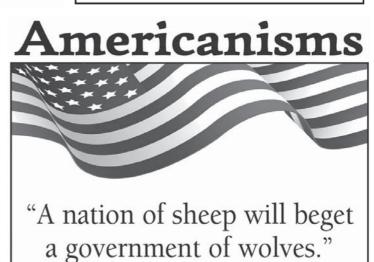


Differences: 1. Visitor's shoes are different. 2. Sheet on piano is blank.3. Mom's hair is longer. 4. Picture is added to wall. 5. Window is lower. 6. Visitor's right hand is not visible.









— Edward R. Murrow

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С by Terry Stickels

One of the following words is misspelled. Which one?

- 1) repertoire
- 2) cemetery
- 3) sergeant
- 4) perserverance
- 5) harass

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March of the Antiques - Palatine Settlement Society's 14th annual antique show

by Rachael Takacs

On March 2, the Palatine Settlement Society hosted its 14th annual antique show at the Arkell Museum in Canajoharie. The spring-like weather attracted many shoppers and sightseers, as well as 25 vendors. Delicious refreshments were created and served by members of the Palatine Settlement Society, and the event also included an appraisal booth run by dealer George Heigel of Ballston Spa.

Greeting guests were Palatine Settlement Society members Ron Burch (secretary), Sandy Nellis Lane (treasurer) and John Case (trustee). They manned the sale of show tickets and appraisal tickets and offered folks the opportunity to participate in a 50/50 raffle. Also offered was the Palatine Settlement Society Newsletter, a reliable source for information on upcoming events and information on the Nellis Tavern/Homestead. This historic landmark was constructed in 1747 by Christian Nellis Sr., and all proceeds from the event and the 50/50 raffle will help continue the restoration and maintenance of this piece of history.

Many dealers and antiquers crowded the Great Hall to examine the unique jewelry, paintings, silverware, tools, furniture and other assorted items for sale. One savvy shopper was Ron Dievendorf, who was more than satisfied with the event and what vendors had to offer. "The turnout was huge and the people enthusiastic. It was great to see so many people looking at and buying items ranging from Beechnut memorabilia to fine vintage linens, furniture and items both small and delicate to large and impressive. You could find beautiful glassware, and in the next booth, vintage tools. We bought a very cute little book about birds that had once been a free giveaway at the former Esso station on Erie Boulevard, Canajoharie. The Arkell Museum was a great venue for this popular event."

Also in attendance was dealer Donna Reston, who had spearheaded the event for over 10 years. She has since retired from that position, but her love for antiques remains. Her show manager position was assumed by Joan Draus, a longtime member of the Palatine Settlement Society. She, along with her husband Ray Draus, have been managing the event for the past two years. Draus expressed how excited she was to have four new dealers involved with the event, and how the weather was really creating a huge improvement in attendance. She was thrilled with the quality of items showcased that day, stating, "We have quality antiques - the age and the kinds of antiques you don't find in a lot of antique shows. A lot of shows have collectables.

We have antiques, and we don't have reproductions. We have real antique items, which is really nice to be able to say!"

Draus explained how a few members of the Palatine Settlement Society had purchased the building and the eight acres it sits upon in the mid-1980s. Restorations have been slowly coming to fruition, thanks to grants, donations and events like this one.

Draus thanked Studio Herbage Florist in Johnstown for their donation of flower bouquets for the dining tables as well as the many busy hands working hard to bake and cook the goodies for the event. She was grateful to the antique dealers for their support and publicity. "We had a very nice attendance this year, most likely due to ... considerable advertising we did, including social media, with the dealers' help. Many posted show information on their own websites and Facebook pages. Most food items sold out - our ladies are marvelous bakers and chefs, so it's not surprising. We look forward to another successful show next year!"

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(L - R) President Mary Nellis Davis, Show Manager Joan Draus, Member Bonny Sweet, Member Judi Mihal and Volunteer Gloriann Steciak.

Photos by Rachael Takacs



Candus Kwiatkowski, the business partner of George Heigel, poses with some of the wide variety of unique items they have for sale.

An old carpenter plane tells its own story

I am an old iron plane belonging to a Stone Arabia man named Skip. I must tell why I'm recording this story. My owner was asked to give one of the planes found most useful to his friend Emanuel as a remembrance. I'm pretty happy that I was chosen. I will try to describe myself. My cast body is 15 inches long and accommodates a cutting blade 2 1/4 inches wide. The sole of my frame has long corrugations to help me glide over rough sawn boards. That is why I bear the 5 $\frac{1}{2}$ C size number. As to my age, I believe I was made by the Stanley Company somewhere between 1898 and 1958. Do you see the long word "BAILEY" cast into my frame? That is because Leonard Bailey patented my ancestor way back in the 1850s. I am one of the family of Stanley planes starting from Number 1 and running to Number 8. My little brother #1 is only 5 $\frac{1}{2}$ inches long and my big brother #8 is 24 inches.

shape as I was always used to plane the surface of rough sawed lumber. My companion, number 5 $\frac{1}{2}$ C, had a perfectly square sharpened blade.

That was so edges of boards were made square to make them correctly fit together.

Did someone ask who owned me before Skip? I do remember the day Skip bought me. It was sometime in the 1950s. Land had been acquired to build the New York Thruway. A man named Art Schrell had sold his property. Somehow Skip heard he was selling his tools. Skip and his Grandpa Ben stopped there and bought me. Schrell's initials were scratched into my side. They are there yet today. I like to think that I

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have been Skip's companion for over half a century. The feeling of his hand on me is just as real as a handshake. I'm glad to know that Skip's friend Emanuel now owns me. He probably will use me only occasionally but I know I will still be prized.

Written by the 5 $\frac{1}{2}$ Stanley (with Skip's help)

Stone Arabia

(P.S. How could I forget? When Skip and his friend Vern worked together years ago, Vern often helped to keep me sharp along with the other planes.)

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16 Canal Street, Fort Plain My handle and knob (518) 993-3388 are made of rosewood and are as perfect as when first made. Skip always said he preferred the 5 ½ over the 5 since it was wider and more controllable than the narrower number 5. My cutting blade was always sharpened in a slight convex

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Drug Mules — Many seniors have been conned into sneaking drugs into other countries. A new love will ask a senior to travel overseas, even making the arrangements. Unfortunately, those arrangements include taking along an extra piece of luggage. It could contain anything, but it's often drugs. If the senior gets caught, claiming innocence doesn't help when stuck in a foreign jail.

Financial Assets — Co-mingling of assets or accounts is another red flag. Don't do it, especially if intend to leave money to your heirs. The more assets you have, the more you're at-risk of having your money stolen. Be careful how much financial information you give out about yourself.

Setting up a senior to be scammed doesn't have to happen overnight. Sometimes the scheme can play out for months while trust is built and information disclosed. If you suspect you've been scammed, call the anti-fraud hotline at 855 303 9470

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Time flies like an arrow: fruit flies like a banana. Anthony G. Oettinger

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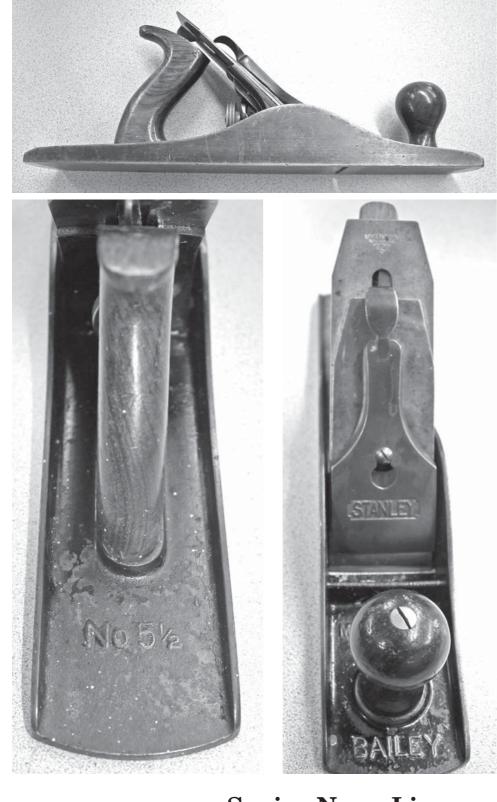
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by Matilda Charles Don't be seduced by romance scams

Romance can be lovely ... except when it isn't. Disaster can be part of the package if the new "perfect match" is a scammer. There are far too many ways for thieves to con seniors.

Online Dating Sites — You can't really know who's on the other end of the ads you view, but there are some warning signs that a potential date might not be honest. He or she might profess love all too quickly, or send photos that don't look real. You might be encouraged to delete your profile and instead exchange direct email. Maybe you'll be told you can't meet yet because the other person is out of the country, and there are excuses about why you can't talk on the phone. Eventually there will be an "emer-





Canajoharie graduate receives Marine of the Year

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Troy DeBlock, son of Debbi and Art Logan and Greg and Peg DeBlock, was recently named the Marine Aircraft Group 39 Marine of The Year.

Troy attended school in Johnstown until his junior year. At that point he switched to Canajoharie High School, where he graduated in 2014.

Troy joined the Marine Corps in January 2017. He is now stationed at Camp Pendleton, which is the major West Coast base of the United States Marine Corps. Camp Pendleton is also one of the largest Marine Corps bases in the U.S. Troy lives at the base with his wife Kaila and their son Jason. Troy and Kaila are both corporals in the Marine Corps. Troy is a Rt Cass Technician and his wife is 6324 o-level avionics technician.

In the past year, Troy



DeBlock was awarded the Marine Aircraft Wing Marine of the quarter for 4th quarter 2018.

has accomplished many honors doing what he loves - being a United States Marine!

Some of Troy's accomplishments include:

• Graduating as honor guard receiving Meritorious Mast during combat marksmanship coach training.

• Awarded the MAL 39 Marine Aviation logistics squadron Marine of the quarter for both 3rd and 4th quarter in 2018

• Awarded the MAG 39 Marine Aircraft Group Marine of the quarter for both 3rd and 4th quarter in 2018

• Awarded the MAW Marine Aircraft Wing Marine of the quarter for 4th quarter 2018

• Was meritoriously promoted to corporal on Dec. 2, 2018

• Was most recently named the MAG Marine Aircraft Group 39 Marine of the Year where he received a Navy and Marine Corps Achievement Medal. He placed second overall in the third Marine Aircraft Wing which consisted of 17,000 eligible Marines.

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_	- V		ekly	-	JDO	OKI	7.65		– — King Crossword — Answers		
8	6	9	5	1	4	3	7	2	Solution time: 21 mins.		
7	1	4	2	3	6	9	5	8	HONOLULUSHAH		
2	3	5	7	9	8	4	1	6			
6	7	8	4	2	1	5	3	9	OCEANVETO		
9	2	1	3	8	5	6	4	7	C H U G L A Y O V E R T A R G A L O P P I F		
5	4	3	6	7	9	2	8	1	P O P O V E R L I C E E D I T Y A C H T		
1	9	6	8	4	3	7	2	5	DURESSEON		
3	5	7	1	6	2	8	9	4	A V O W H A N G O V E F M E M E E N V I S A G E		
4	8	2	9	5	7	1	6	3			
									JUST Like Cats & Dogs by Dave T. Phipps JOE, YOU'VE ONLY BEEN MARRIED FOR A MONTH. TRUST ME, THERE WILL COME A TIME YOU WILL MISS THE "SILENT TREATMENT."		
									Stickelers Answer		

4) The word should be spelled "perseverance."



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When one's vision is compromised, his or her whole life can change in the blink of an eye. Many conditions can affect a person's vision, and one of the more common is glaucoma, a leading cause of blindness across the globe.

The global impact of glaucoma is significant. The World Health Organization estimates that 4.5 million people are blind due to glaucoma. In addition, the International Agency for the Prevention of Blindness notes that some estimates have suggested that there will be approximately 80 million people with glaucoma by 2020. If such estimates prove true, that would mean an additional 20 million cases of glaucoma were diagnosed between 2010 and 2020.

Vision loss is often associated with glaucoma. However, the National Eve Institute notes that

The facts about glaucoma

coma, its risk factors and how to

What is glaucoma?

Glaucoma is a term used to de-

scribe a group of diseases that

damage the eye's optic nerve.

When such damage occurs, vi-

sion loss and even blindness can

What is the optic nerve and

The NEI notes that the optic

why does it matter?

nerve is a bundle of more than

one million nerve fibers that con-

nects the retina to the brain. The

retina is the light-sensitive tis-

sue at the back of the eye that

contains cells which are sensi-

tive to light. These cells trigger

nerve impulses that pass via the

optic nerve to the brain, where

recognize it.

result.

visual images are then formed. early detection and treatment can protect the eyes against seri-Because its role is so significant, ous vision loss. That makes it the optic nerve must be healthy imperative that individuals from for good vision. all walks of life learn about glau-

What are the most common types of glaucoma?

According to the IAPB, primary open angle glaucoma, or POAG, and primary angle closure glaucoma, or PACG, are the most common types of the condition. POAG is most common in white Caucasians and black individuals of African origin, while PACG, which is associated with a greater risk of blindness than POAG, is most common in people from southeast Asia.

The Glaucoma Research Foundation says that POAG develops slowly and is the most common form of glaucoma and is caused by the slow clogging of the drainage canals that produces increased pressure on the eye. PACG, which the GRF notes is

quick to develop, results when the drainage canals are blocked, resulting in a sudden rise in intraocular pressure.

What are the symptoms of glaucoma?

Because POAG develops slowly, its symptoms often go unnoticed. Symptoms of PACG, however, are often very noticeable and may include severe and sudden eye pain; blurred vision; bright halos appearing around objects; eve redness, tenderness, and hardness; and nausea and vomiting.

Can glaucoma be treated?

While there is no cure for glaucoma and vision lost to it cannot be restored, the NEI notes that treatment for early-stage POAG can effectively delay progression of the disease.

More information about glaucoma is available at www.nei.nih.gov.

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