

# Mohawk Valley Country Editor

April 27,  
2019

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## How to identify poison ivy

Poison ivy is an unwelcome guest on many properties. Unfortunately, many people don't recognize the presence of poison ivy until it's too late and they've already fallen victim to the uncomfortable, itchy red rash that is the plant's hallmark.

According to Poison-Ivy.org, a website providing information about poison ivy, poison oak and poison sumac, the rash from poison ivy may first appear as just a slight itchy spot. But that spot will gradually get worse and can even cover your entire body with giant red sores if left untreated or if it goes undetected for

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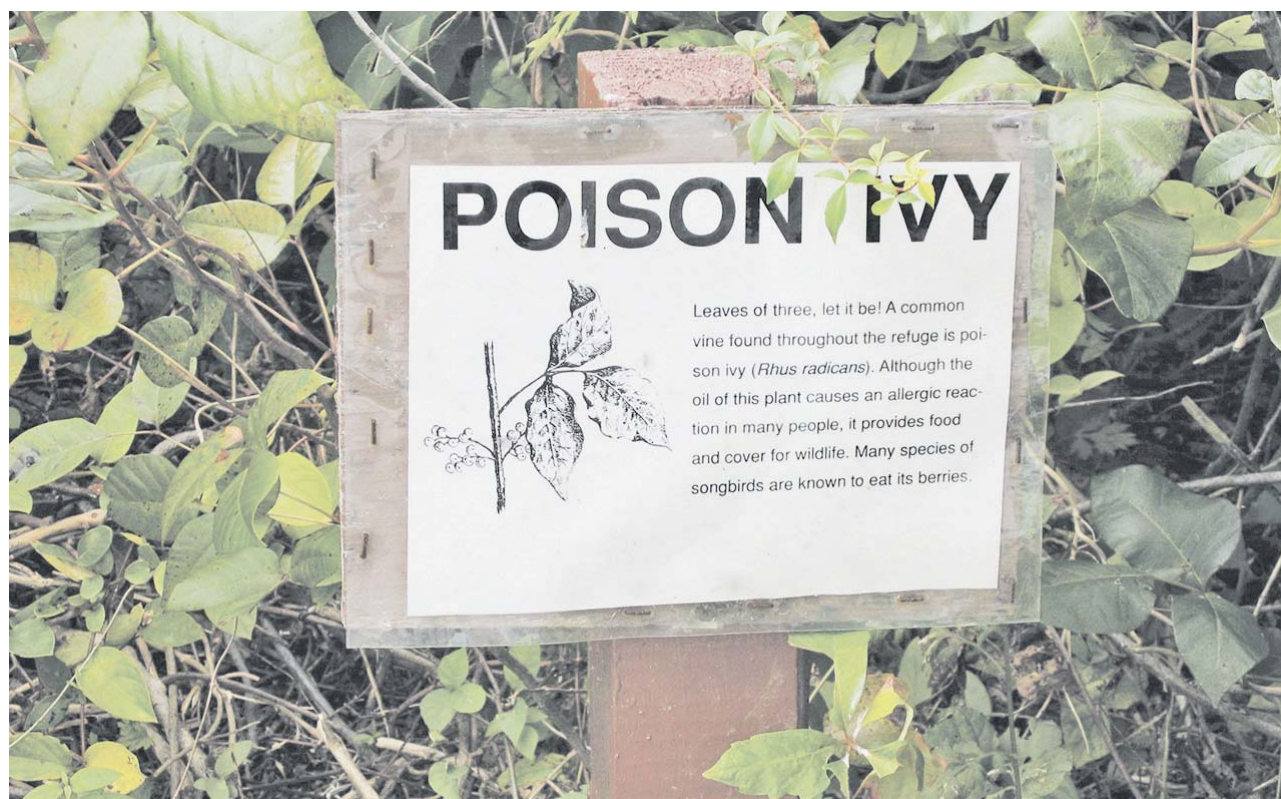
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Learning to identify poison ivy plants can help people avoid the rash.

too long. That only highlights the importance of learning to recognize poison ivy on a property and taking the appropriate measures to prevent anyone from coming into contact with it.

### Is all poison ivy the same?

Many people may be surprised to learn that all poison ivy plants are not one and the same. Poison-Ivy.org notes that there are different types of poison ivy in different places, so curious homeowners should visit the site to determine how to identify the type of poison ivy specific to where they live. Eastern poison ivy grows on the ground, climbs and sometimes appears as a shrub. And despite its name, Eastern poison ivy grows from the East Coast to the Midwest, affecting people in middle American states like Kansas

and Nebraska. Eastern poison ivy also can be found in some parts of Texas and Arizona.

### What are some telltale signs of the poison ivy plant?

Eastern poison ivy is the most widespread poison ivy plant, and these are some of its characteristics. (Note: People who live outside of regions where Eastern poison ivy grows can learn about the characteristics of plants in their area by visiting [www.Poison-Ivy.org](http://www.Poison-Ivy.org)).

- Poison ivy plants always have leaves of three. No poison ivy plants have more than three leaves.
- Poison ivy always grow left, then right. That means that the stem/branch of leaves closest to the root of the plant will always lean left. Subsequent stems/branches of leaves can lean right. Stems/branches of poison ivy leaves are never side by side.
- Poison ivy plants never have thorns.
- The edges of poison ivy leaves are never saw-toothed or scalloped.

• Poison ivy leaves will appear differently depending on the season. In spring, Eastern poison ivy leaves will appear red. As spring turns into summer, the leaves will gradually appear more green. Come autumn, the green leaves will look as if they were brushed with red, with some leaves featuring patches or spots of red.

The poison ivy rash can be very uncomfortable. Learning to identify poison ivy plants can help people avoid the rash.

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## Music events at the Amsterdam Elks Lodge 101

Music events at the Amsterdam Elks Lodge 101 have been announced. Mark your calendars and tell your friends. All are invited, so spread the word.

The schedule is as follows:

- Friday, May 3: Joe's Boys Band, 7 - 10 p.m. Doors open 5:30 p.m. Always a crowd pleaser. Albany's favorite rock/pop band. Also craft brews and wings available.

- Friday, Aug. 9: Georgie Wonders Band, 7 - 10 p.m. Doors open 5:30 p.m. Big Band. Large variety. Everyone will love this band.

- Friday, Sept. 27: Grand Central Station Band, 7 - 10 p.m. Doors open 5:30 p.m. Very popular party/dance band.

All music/dancing events are \$10 at the door.

Location: Amsterdam Elks Lodge 101 is located at 8 Fourth Ave., Amsterdam. There is a cash bar and food for purchase. There is also a large wooden dance floor.

For more information, call Michelle Egelston at 518.339.2260 or see facebook.com/amsterdam.elk-slodge .

## Canajoharie Central School notice to parents of kindergarten registration

The Canajoharie Central School District will be conducting kindergarten screening and registration on Friday, May 10 for children entering kindergarten in September. It will take place at the East Hill Elementary School.

New York State Education Law requires schools to screen every child entering kindergarten in or-

der to identify conditions that may affect their education. For a child to enter kindergarten in September 2019, he or she must be at least five years old on or before Dec. 1, 2019. Parents must bring to screening the child's birth certificate, an immunization record signed by a doctor, proof of residency and completed entrance forms.

Parents of eligible students are requested to contact Sherri Hodge at the East Hill Elementary School at 518.673.6310 to schedule an appointment.

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# top ten

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2. Hybrid poplar
3. Algae
4. Duckweed
5. Eastern cottonwood
6. Giant Sequoia
7. Acacia
8. Wisconsin Fast Plants
9. Kudzu
10. Transgenic eucalyptus

Source: Conservation Institute

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## Identify and treat a garden mole problem

Lawn and garden enthusiasts often must address unforeseen issues when tending to their lawns. Weeds can be a blight, and drought can compromise the look and integrity of a lawn.

Another more deceptive potential adversary is moles. After a spring and summer spent tending to their gardens, no homeowner wants to have their hard work compromised by moles.

"The Old Farmer's Almanac" says that moles are ground-dwelling insectivores that feast on insects in the soil. Moles grow to be roughly six to eight inches long and have gray or black velvety fur. Their snouts are slender and hairless, and they have very small eyes and ears. Their large front feet have long claws that scoop dirt out of the way like a garden hoe.

Even though moles are more likely to snack on grubs, worms and beetles than plants, they damage gardens and lawns because of their underground tunneling behavior. Moles make subterranean channels throughout the yard in search of food. Some of the telltale signs include sprouted mounds of displaced soil, holes and raised burrows and hills. Tunneling

can separate roots from soil, eventually killing vegetation in the process, according to the home and garden experts at BobVila.com .

There are various ways to address mole problems in a lawn or garden. Some professionals may recommend fumigants, home remedies and repellents. But these methods are not always effective, according to Better Homes & Gardens. Using insecticides can rid the lawn of some of the foods that moles dine upon, ultimately discouraging them from coming onto a property. However, many experts agree that trapping is the only reliable means of stopping these creatures.

Homeowners can trap moles humanely by catching the mole in the act. This involves waiting for a mole to start channeling, then using two shovels to block egress on either side of its path. The mole can be removed to a box and relocated. There also are various mole and gopher traps available for sale that operate with spring-loaded snares. Individuals should check if trapping moles is legal where they live. For more information regarding moles, visit [www.almanac.com](http://www.almanac.com) or [www.bobvila.com](http://www.bobvila.com) .

## A little auto care goes a long way

(NAPS) – Performing simple preventative maintenance on your vehicle will go a long way toward protecting your vehicle investment, say the experts.

"Buying a new car today comes with a hefty price tag when you add up the down payment, monthly car payments and higher insurance rates. Neglecting its care can mean even higher costs down the line in the form of more extensive repairs and lost resale value," explained Rich White, executive director of the nonprofit Car Care Council. "By following a proactive auto care plan, the typical car should deliver at least 200,000 miles of safe, dependable, efficient and enjoyable performance."

The organization recommends following a vehicle service schedule, keeping a free copy of its "Car Care Guide" in the glove box and performing the most common routine maintenance procedures to keep your vehicle performing at its best.

Consider this checklist:

- Check all fluids, including engine oil, power steering, brake and transmission, as well as windshield washer solvent and antifreeze/coolant.
- Check the brake system annually and have the brake linings, rotors and drums inspected at each oil change.
- Check the tires, including pressure and tread. Un-

even wear indicates a need for wheel alignment. Tires should also be checked for bulges and bald spots.

- Check the hoses and belts to make sure they're not cracked, brittle, frayed, loose or showing signs of excessive wear.

- Check the heating, ventilating and air conditioning (HVAC) system as proper heating and cooling performance is critical for interior comfort and safety reasons, such as defrosting.

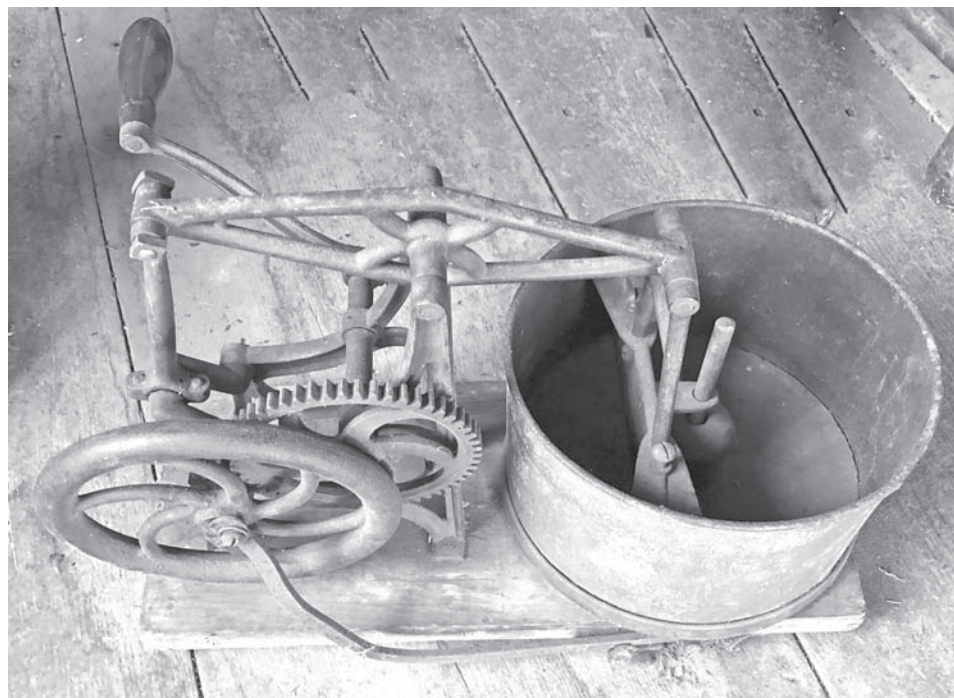
- Check the wipers and lighting so that you can see and be seen. Check that all interior and exterior lighting is working properly and replace worn wiper blades so you can see clearly when driving during precipitation.

"Be sure to fully inspect your vehicle annually, including performing a tune-up and wheel alignment," continued White. "If you ever suspect there is a problem, it's a good idea to address it quickly before minor repairs become more complicated, expensive repairs."

The Car Care Council is the source of information for the "Be Car Care Aware" consumer education campaign promoting the benefits of regular vehicle care, maintenance and repair to consumers.

To order a free copy of the "Car Care Guide," visit [www.carcare.org](http://www.carcare.org) .

## Whatchamacallits



Isn't this an interesting looking piece of history?

This whatchamacallit is the great-great-grandfather of the Magic Bullet, an ancestor of the food processor. (We know, because we have DNA tested it.) This lovely kitchen tool could be used to finely grind up anything that needed to smaller and smoother, from apples to ground chuck.

As far as our esteemed whatchamacallit researchers can tell, this vintage piece of equipment comes from about the 1860s. It is a hand-cranked, gear-driven food chopper or hasher. As the user turns the handle for the gears, the chopper rotates around the bucket.

First sold by Laroy Starrett from Athol, MA, there were several sizes of the hasher available – and the company eventually even patented a washing machine following this design using a dasher instead of a chopping blade. Starrett, ever the helpful homemaker, also patented a butter working machine a few months before registering the hasher.

Starrett wrote in a monograph that the inspiration for the device came from watching a river boat with a walking beam engine.

In good condition, one of these antique food processors can fetch up to \$600!

To see a short video of the food hasher in action, visit [facebook.com/OVpennysaver](https://www.facebook.com/OVpennysaver) .

**Do you have your own Whatchamacallit?**  
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**Paisley** is a female dilute tortie. She is a little shy at first, but warms up to be such a sweet loving kitty. Paisley loves other cats and is very playful!



**Zoey** is a 3 to 4 year old spayed female Boxer girl who weighs about 60 pounds now. Zoey needs a home with no small dogs or cats. She is dog selective but loves people! Zoe is great on car rides and loves adventures!



**JAKE** is such a beautiful guy! He is a 3 to 4 year old neutered male brindle pittie mix. HE LOVES to play ball. Jake loves people and is okay with some dogs. He needs a home with older kids.



**Alley** is a 4 to 5 year old beagle/boxer mix. She loves people and is great with kids. Alley is good with most dogs and has lived with cats. She loves to play!



**Twinkie** is a 36 pound female Bluetick Coonhound. Good with some other dogs and loves people. She is about 2 to 3 years old. Twinkie will need to learn basic house manners, but being a sweetheart she already had down pat!



**Smokey** is a 4 year old neutered male, 64 pound cattle dog. Smokey is good with some dogs, but he needs to be cat tested and in a home with older kids if any. He loves to play!



**Lucy and Billi Jo** are 4 year old Shepherd and Shar Pei mixes. These two sisters love each other and have always been together - so we are really going to try to adopt them out together. These two love people. They will need to be helped with housebreaking, because they have always been outside dogs.



This beautiful girl is **Snickers** - She is a 40 pound female Bluetick coonhound. Snickers is good with some other dogs and loves people. She is about 2 to 3 years old. Snickers will need to learn basic house manners, but being a sweetheart she already has down pat!



**Nikki** is a 5 year old spayed female pittie girl who weighs about 70 pounds. Nikki loves people and is good with some dogs. She rides amazing in the car and is housebroken. Nikki is calm as can be and LOVES to cuddle/relax.

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**Dr. Ziskin Honored:** Superintendent of Schools, Dr. David Ziskin, was recently honored with the CASDA Excellence in District Administrative Leadership Award. Dr. Ziskin was chosen for his efforts to utilize NY KIDS and COMPASS data to eliminate student barriers to education, reduce literacy, and work with teachers, school leaders and community partners towards common goals. Dr. Ziskin’s work to promote systemic school improvements is a model for superintendents throughout the capital district.

**Spaghetti Supper**  
at the Harry Hoag Elementary School  
Tuesday, May 21st 4:00-8:00 p.m.  
\$8.00 per person  
Spaghetti, meatballs, salad & bread  
Bake sale also available

**PreK Applications Available:** Children who will turn four on or before December 1, 2019 are eligible for our PreK program in September. PreK is a full day program, and includes meals and transportation. Applications are available now, or contact Courtney Fowler at 518-993-4000 #3072 for more information.

**Kindergarten Registration:** Children who will turn five on or before December 1, 2019 are eligible for kindergarten in September. To prepare for the upcoming screening, please call to register your child and provide contact information: Courtney Fowler 518-993-4000 #3072

**3rd Graders Make Snacks:** The Price Chopper/Market 32 Kids Cooking Club recently met with the three third grade classes to talk about healthy snacking and how to make better choices. The students created “edible flower pots”, by combining filo dough, a yogurt blend, strawberries and blueberries. They were delicious!

**Students of the Month:**  
Congratulations to the Jr/Sr High School Students of the Month for March:

Delana Tracki	Grade 7
Alexis Euler	Grade 8
Sarah Florian	Grade 9
Gage Poultney	Grade 10
Ashlin Tubbs	Grade 11
Patrick Murphy	Grade 12

Spring rain continues to disrupt games and meets. For updated spring sports schedules, visit the athletics tab at [www.fortplain.org](http://www.fortplain.org)

Upcoming Events:	
5/8	7:00 p.m. Budget Hearing/BOE
5/17	Jr/Sr HS Interim Reports Mailed
5/21	Budget Vote/Election 1:00-9:00
5/21	Board of Education Mtg 7:00 pm
5/27	School Closed: Memorial Day

**School Budget Vote & Board of Education Election:** The annual school budget vote will be held on Tuesday, May 21st at the Harry Hoag Elementary School, between the hours of 1:00 p.m. and 9:00 p.m. In addition to the proposed annual budget, voters will be asked to authorize the purchase of school vehicles by expending funds from the Bus Purchase Reserve Fund. Proposition 3 on the ballot will be an Authorization for Increase to the Library Tax levy. This request for an increase has been made by the Fort Plain Free Library, and is separate from the school budget and tax levy. Finally, on May 21st voters will also elect two members to three year terms on the Board of Education. Applications for absentee ballots are obtainable between the hours of 7:00 a.m. and 4:00 p.m., Monday through Friday except holidays, from the school district clerk. The clerk must receive completed absentee ballot applications at least seven (7) days before the election if the ballot is to be mailed to the voter, or one (1) day before the election if the ballot is to be delivered personally to the voter. Absentee ballots must be received by the district clerk no later than 4:00 p.m. prevailing time, on Tuesday, May 21, 2019. The annual school budget vote and election is open to Fort Plain Central School District residents who are: 18 years of age or older, citizens of the United States of America, and have been a FPCSD resident for a period of thirty (30) days immediately preceding the annual election. Further information is available in the Legal Notice posted on the district website at [www.fortplain.org](http://www.fortplain.org)

**Jr/Sr Library Hosts MakerSpace:** Three seniors are putting the finishing touches on patchwork quilts that they have designed, pieced and sewed right in the library. A MakerSpace is a collaborative work space inside of a school or library, where students use tools for making, learning, sharing and exploring projects. This winter, the Jr/Sr High library has been hosting a MakerSpace for students to work on a quilting project. After selecting a quilt pattern, the students chose fabrics and colors to enhance that style. Library Media Specialist Mary VanPatten is also a quilter. She worked with the students on techniques they needed and assisted them with learning to sew the pieces together properly, with different types of stitches. Graduating seniors Kevin Staples, Sherry Huang and Cara Porter have each created a full-size quilt, which they plan to take to college with them in the fall.



**TaG Jr. Turns Recycled Paper into Art:** 3rd and 4th grade members of the elementary TaG program are meeting in April and May. The April session was entitled “Recycling as Art.” Students used a paper rolling device to take paper strips and turn them into colorful beads. They learned how the beads could be used for jewelry or to complete a mosaic picture. Each student was able to complete a backpack tag or keychain to take home. The students participating were: Violet Handy, Caleigh Bartholomew, Zionna Robarge, Dorian Tracki, Jordyn Best, Ahna Brackett, Ashlyn Lewis, Sophia Rockwell, Lyllie Handy, Elijah Smith, Larry Sanders, Karissa Lambert, Gami Brackett, and Kayden Battisti. Mrs. Broady was assisted by 6th grade student Hailey Davis. Coming up next, the TaG Jr. Kids will tackle a window flower box project. After assembling and painting their window gardens, the students will learn about different flowers and which ones grow best as container flowers in this area of New York State. They will study the best methods for planting, the different types of soil mixes, and how much room each plant needs in order to thrive and grow.

**Battle of the Books:** The junior high and senior high Battle of the Books teams traveled to Albany on April 11th for both competition and career exploration. To participate, students on the teams had to read books from a pre-selected list, and be prepared to answer questions about those books. On April 11th, each region held its own competition in the morning, with the finals between the North Region and the South Region taking place after lunch. While teams were between competitions, they had an opportunity to take a building tour of the New York State Museum and archives. While touring, they met several people from many key areas of the museum, learning about history, exhibit, and archive jobs and what types of education and experience are needed for each career. It was a great chance for students to see “behind the scenes” of the large museum, and to find out what it takes to bring all of the important facts and exhibits to the public. Following the final competition, all of the students enjoyed a book talk by Jennifer Roy. Members of this year’s senior high team included: Sherry Huang, Quinn Jones, Bryce Thibodeau, Pat Murphy, Cara Porter, Kevin Staples and Caleb Cochran. The junior high team won their region and lost to Oneonta in the finals: Marionna Stephens, Delana Tracki, Sadie Mollel, Nura Handy, Natalie Thibodeau, Luke Staples, Rob Rogers, Amber Chrisman, Brady Keane, Monika Kulczynski, Ian Zuppari, Mariah Aney, Christina Schmidt, & Sofia Bates.

**March Madness:** The Jr/Sr High Library Club recently held a “March Madness” reading contest. Students were encouraged to read books from a pre-selected list. Different teachers spoke about the book titles in their classes, each one encouraging students to read whichever book that teacher had chosen to sponsor as their favorite. The book titles competed in a bracket system, with the most popular books advancing to the next round. ELA teacher Mrs. Louise Clute’s book choice, “Ghost Boys”, was the winning title, with more students electing to read that book than any other book on the list. Every student who participated in “March Madness” received a make-your-own-sundae card, donated by Stewarts. In addition, the Library Club put together several gift baskets. The more books on the list that the students in the competition read, the greater their chances of winning one of the gift baskets. Many students took advantage of the dreary weather to read several books on the list and enjoy the competitive spirit of their own version of the madness of March!



**Hang Up and Drive:** Fort Plain’s Students Against Destructive Decisions (SADD) group recently brought speakers Jacy Good and Steve Johnson to the school to talk with students about the dangers of distracted driving. Jacy told a heartbreaking story of coming home from her graduation and being involved in a car accident that was caused by a young driver talking on his cell phone, during which he ran a red light. Both of Jacy’s parents were killed instantly, and Jacy suffered through a long battle for her life. One of the things that resonated the most were Jacy’s words about the “ripple effect” of such an accident. Jacy’s mother was a teacher, and every student in her middle school was heartbroken upon hearing of her death. Members of Jacy’s family were affected by her long illness and extensive rehabilitation. Jacy and Steve emphasized to the students that not just texting, but becoming involved in a phone call can be very distracting and cause the driver to lose focus on his or her surroundings. They noted that 15 people in North America are killed each day, due to cell phone-caused vehicle crashes. Their bottom line message: put your phone on standby when you get in the car. “Just hang up and drive”

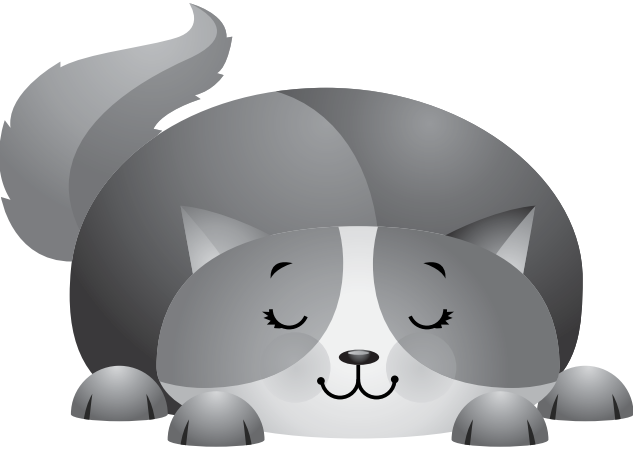


Paw’s Corner

by Sam Mazzotta  
**Does my cat need Himalayan salt?**  
*Dear Paw’s Corner:* I’m thoroughly confused by all the “health advice” for pets that I read online. One site tells me my cats should eat only organic meats and chicken (and nothing else!), while a Facebook page tells me that my pets will do fine on a vegan diet. My granddaughter’s Instagram feed says that cats need a slew of supplements to be healthy, including pink

Himalayan salt, which is all the rage. How can I figure out what’s really best for my cats? – Jim H., Manchester, NH  
*Dear Jim:* I feel your pain. The internet has given us access to all the information we’re looking for – and all the information we weren’t. Companies have sprung up left and right, peddling the latest supplement or dietary recommendation to keep our pets totally healthy, guaranteed. Fad diets can sometimes do harm to pets because key nutrients may be left out. Feeding dogs and cats only meat, and nothing else, can be as bad as feeding them no meat. And while most supplements are safe,

you have to read up on what they actually do and know what a safe dose is. Your first and best resource is your pet’s veterinarian, who has years of advanced education in animal care and stays abreast of the latest developments in pet health and wellness. He or she can tell you the best diet or supplements to give your cats, and which info on the internet to pay attention to and which to disregard. Talk to the vet at your cats’ next checkup, and you’ll get a much clearer picture of the best way to keep them healthy and well fed. No trendy salts needed.  
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**Pre-Kindergarten Registration**  
**Canajoharie Central School**

Applications for Pre-Kindergarten are available at the East Hill Elementary Office for the 2019-2020 school year.

In order for the District to plan for the next school year, please submit the application as soon as possible.

Applications should be received no later than May 10, 2019 for class placement.

For a child to enter Pre-Kindergarten in September 2019, he or she must be a district resident, and at least four years of age on or before December 1, 2019.

The 2019-2020 program will be a fill day. The hours will be 8:30 a.m. - 2:30 p.m. Transportation will be provided.

If you have any questions or concerns, please contact the East Hill Elementary School at 673-6310.

**Calendar of events**

**NOTE: Calendar items must be submitted by Tuesday prior to the publication date to be included in the Calendar of Events. Entries may be emailed to [cfeditor@leepub.com](mailto:cfeditor@leepub.com)**

**Apr 26-27**

**Rummage and Bake Sale.** Friday, April 26, 2-6 p.m. Rummage only. Saturday, April 27, 9 a.m.-1 p.m. Rummage and Sale. Trinity Lutheran Church, Stone Arabia, Rt. 10N, Palatine Bridge.

**Rummage Sale: April 26 -- 9 a.m.-3 p.m.** Fort Plain Senior Center, Canal Street, Fort Plain. **April 27 -- 9 a.m. - noon.** Same location.

**Apr 27**

**Canal Clean Sweep.** Schoharie Crossing State Historic Site, 129 Schoharie Street, Fort Hunter. Call 518.829.7516 or visit [www.nysparks.com](http://www.nysparks.com)

**May 2-3**

The Frothingham Free Library will be having a **Book, Bake & Plant Sale.** 12-7 p.m. featuring gently used books, plants, and delicious homemade baked goods. Contact 518.853.3016.

**May 3**

**Music Event at the Amsterdam Elks Lodge 101.** Friday, May 3, 2019. Joe’s Boys Band. 7-10 p.m. Doors open 5:30 p.m. Always a crowd pleaser. Albany’s Favorite Rock/Pop Band. \$10. Amsterdam Elks Lodge 101, located at 8 Fourth Ave., Amsterdam, NY. For more information, please call Michelle Egelston at 518.339.2260 or check our facebook: [www.facebook.com/amsterdam.elkslodge](http://www.facebook.com/amsterdam.elkslodge).

**May 4**

**I Love My Park.** Schoharie Crossing State Historic Site, 129 Schoharie Street, Fort Hunter. Call 518.829.7516 or visit [www.nysparks.com](http://www.nysparks.com)

**May 5**

**ATA Shoot Events** 9 a.m. June 9 at 9 a.m. Canajoharie Forest, Fish and Game Assn., Inc., 149 Fish and Game Club Road, Canajoharie, NY. Applications available online. Call Dottie at 518.774.9165.

**May 9**

**American Revolutionary War Round-Table of Upstate NY** and Siena College’s McCormick Center for the Study of the American Revolution presents, Amateurs Talk About Tactics, but Professionals Study Logistics: Supplying the Sullivan Expedition of 1779 by Robert Mulligan. Gather at 6:30 p.m. Program at 7 p.m. Siena College, 515 Loudon Rd, Albany, NY 12211, in the Roger Bacon Building, Room 202, also known as Key Auditorium. Parking is free and please park in Lots L, F or G. To register: [arthurhudsonmohawkvalleys@gmail.com](mailto:arthurhudsonmohawkvalleys@gmail.com) or 518.774.5669.

**May 10**

**Kindergarten Registration at Canajoharie Central School.** For students who will be five years old on or before Dec. 1, 2019. Parents of eligible children should contact Mrs. Sherri Hodge at East Hill Elementary School at 518.673.6310 to schedule an appointment.

**May 11**

**Ames Museum Mother’s Day** 9 a.m. - 3 p.m. A free flower for all mothers. Call 518.673.5820. Visit [www.amesmuseum.weebly.com](http://www.amesmuseum.weebly.com). Email [f@amesmuseum](mailto:f@amesmuseum).

**May 18**

**Kids to Park Day.** Contact Schoharie Crossing State Historic Site, 129 Schoharie Street, Fort Hunter at 518.829.7516 or [www.nysparks.com](http://www.nysparks.com)

**May 21**

**Friends Speaker & Meeting.** Contact Schoharie Crossing State Historic Site, 129 Schoharie Street, Fort Hunter at 518.829.7516 or [www.nysparks.com](http://www.nysparks.com)

**May 25**

**Geocache Challenge Starts.** For more information, contact

Schoharie Crossing State Historic Site, 129 Schoharie Street, Fort Hunter at 518.829.7516 or [www.nysparks.com](http://www.nysparks.com)

**May 27**

**Morris J. Edwards American Legion Post 100th Anniversary.** Begins with a Memorial Day Parade at 9:30 a.m. Memorial Service at Soldiers and Sailors Park following the Parade. Dedication of the new Park follows the Memorial Service. The Dedication will take place at the American Legion on Main Street. Memorial bricks are still available for purchase. Visit [www.mjelegion-post168.org](http://www.mjelegion-post168.org). Email: [adj@mjelegion-post168.org](mailto:adj@mjelegion-post168.org). Call 518.332.1556.

**June 1**

**National Trails Day (Kayaking Tour).** Schoharie Crossing State Historic Site, 129 Schoharie Street, Fort Hunter. 518.829.7516.

**June 6, 13, 20 and 27**

**Putman Porch Music.** Schoharie Crossing State Historic Site, 129 Schoharie Street, Fort Hunter. 518.829.7516 or visit [www.nysparks.com](http://www.nysparks.com)

**June 8**

**Ames Museum Open.** 9 a.m. - 3 p.m. Contact 518.673.5820 or visit [www.amesmuseum.weebly.com](http://www.amesmuseum.weebly.com) or write to [f@amesmuseum](mailto:f@amesmuseum).

**June 14-16**

**Path Through History Weekend.** Contact Schoharie Crossing State Historic Site, 129 Schoharie Street, Fort Hunter at 518.829.7516 or [www.nysparks.com](http://www.nysparks.com)

**June 26**

**Friends Business Meeting.** Contact Schoharie Crossing State Historic Site, 129 Schoharie Street, Fort Hunter at 518.829.7516 or [www.nysparks.com](http://www.nysparks.com)



## Chicken and community – VFW Post 3275 Auxiliary hosts 5th annual Chicken Barbecue

by Rachael Takacs  
VFW Post 3275 Auxiliary in Fort Plain bid farewell to the month of March by hosting its fifth annual Chicken Barbecue. The wonderful smells of barbecue chicken, potatoes and baked beans wafted through the area as attendees came to collect their meals. These meals were prepared with love and dedication by members of the Auxiliary. In total, 150 chicken halves were prepared — all of which were sold.

Auxiliary member and food preparer John Slater was ecstatic about the success of the day. "Serving went well. We were right on top of everything," he stated. "We sold out of chicken one hundred percent at the end of the night!"

Also in attendance was Auxiliary member Dawn Sanders. She was preparing take-out orders for many hungry mouths that day. She explained that the Auxiliary's pur-

pose is to "host events out in the community to help raise money to support our veterans and to

give back to our community."

The Auxiliary consists of both men and women

and has done so for two years. It serves many purposes and offers many events for the com-

munity. Greg Bedell, a member of the Auxiliary for three years and secretary for two, was happy to

expound on the many functions that the Auxiliary hosts. These include Friday night dinners, Christmas parties for kids, Toys for Tots, Thanksgiving dinners, parades, salutes for fallen troops, barrel drives, barbecues (20 Week Club), raffles and much more. They offer an air-conditioned space in the hot summer as well as a heated space during the cold months. They also offer walkers, high chairs, crutches and shower chairs free for the public to use. As Bedell put it, "We are very community oriented!"

VFW Post 3275 Auxiliary's next event takes place May 27, when they will commemorate Memorial Day with a 21-gun salute and by hosting the Fort Plain Memorial Day Parade. For more information on their upcoming events and other information, visit their Facebook page at [facebook.com/gbedell3275](https://facebook.com/gbedell3275).



(L - R) Auxiliary members Ed Sanders, Charlie Smith, Brian Berkart, Randy Conrad Jr., Randy Conrad Sr. and Jeremy Houghtaling take a quick break from cooking chicken.

Photo by Rachael Takacs

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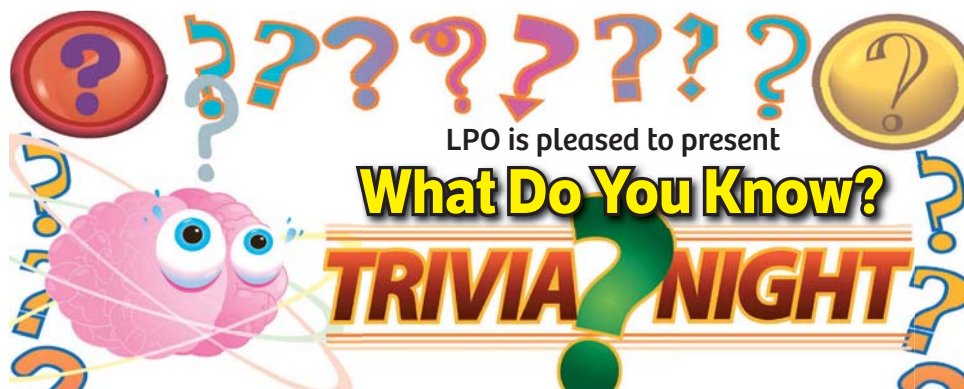


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# The effects of stress on your body

Stress affects people of all ages from all walks of life. Though work is a primary source of stress for many people, a recent survey from the American Psychological Association found that stress is more than just work-related.

In its 2017 “Stress in America” survey, the APA found that the future of the nation, money and violence and crime were significant sources of stress for more than half of survey participants. That’s a dangerous notion, as the Mayo Clinic notes that the effects of the stress on the human body are considerable. Though everyone experiences and responds to stress differently, these are some of the more common effects of stress, courtesy of the Mayo Clinic.

**Mental side effects**



A recent survey found that stress is more than just work-related.

Stress can have an adverse effect on mood and has even been linked to depression, which the World Health Organization reports is the leading cause of disability across the globe. People suffering from stress also may experience anxiety, restlessness and feelings of being overwhelmed. In addition, stress can compromise a person’s ability to focus, adversely affecting a person’s ability to complete their work-related tasks. That’s not insignificant, as 61% of respondents in the 2017 “Stress in America” survey reported that work was a significant source of their stress.

**Physical side effects**

Stress affects more than the mind, manifesting itself physically in various

ways. The Mayo Clinic reports that common physical side effects of stress include headache, muscle tension or pain, including chest pain, fatigue and a change in sex drive. Upset stomach also may be a byproduct of stress. People dealing with stress may even have trouble sleeping.

**Behavioral side effects**

Behavior also can be af-

ected by stress, which may cause some people to abuse drugs or alcohol. Some may even turn to tobacco, either becoming a smoker or smoking more if they’re already smokers. Smoking has

been linked to a host of negative physical side effects, including an increased risk of developing cancer. Angry outbursts, social withdrawal and overeating or undereating are some additional po-

tential side effects of stress on the body.

Coping strategies can be highly effective at alleviating stress and its negative side effects. Learn more about such strategies at [www.stress.org](http://www.stress.org).

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## Comfort Foods Made Fast and Healthy

by Healthy Exchanges

**Treasure Chest Broccoli Salad**

If ham is on the menu anytime soon, you may want to serve this crunchy salad with it!

- 1/3 cup fat-free Italian dressing
- 2/3 cup fat-free mayonnaise
- 2 cups chopped fresh broccoli
- 1 1/2 cups chopped fresh cauliflower
- 1/2 cup chopped red onion
- 1 (2-ounce) jar chopped pimiento, drained
- 1/3 cup shredded reduced-fat cheddar cheese

1. In a large bowl, combine Italian dressing and mayonnaise. Add broccoli, cauliflower and onion. Mix well to combine. Stir in pimiento and cheddar cheese.
2. Cover and refrigerate for at least 30 minutes. Gently stir again just before serving. Makes 6 (2/3 cup) servings.

\* Each serving equals: 61 calories, 1g fat, 3g protein, 10g carb., 442mg sodium, 2g fiber; Diabetic Exchanges: 1 Vegetable, 1/2 Starch/Carb.

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## Canajoharie Library hosts used book sale

by Rachael Takacs

The Canajoharie Library kicked off the

month of April with its annual used book sale. Visitors from the sur-

rounding area were treated to a wide variety of cookbooks, romance nov-

els, CDs, DVDs, biographies, almanacs, fix-it books, children's books, history books and much more. Most of these items were donated by members of the community, and the money raised is used to aid the Canajoharie Library.

Established in 2010, the sale is organized and run by long-time members of the Canajoharie community Amy and Ron Dievendorf. According to Amy, both were very pleased with the outcome of the sale.

"Our spring sale went very well. Books were practically flying off the shelves," she said. "We will soon start organizing for our fall sale." She thanked the community for its continuing support, stating, "It is gratifying to have so much community support. We enjoy chatting with customers and helping them find just the right books."

For more infor-

mation on upcoming events at the Canajoharie Library, see their website at [www.canajoharielibrary.org](http://www.canajoharielibrary.org). If you wish to donate to the used book

sale, books and other media items are accepted at the Canajoharie Library.

As Amy says, "You can never own too many books!"



(L - R) Tegan (6), her brother Grant (8) and their grandmother Margaret Thomas showcase books they picked out together.

Photo by Rachael Takacs



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## A Saturday at school – East Hill Elementary hosts Family Fun Day

by Rachael Takacs

The East Hill Elementary School in Canajoharie hosted a Family Fun Day on Saturday, April 6. The sounds of laughing children and the chatter of happy adults greeted visitors as they traversed the school grounds where many exciting things awaited them. Everyone was given the opportunity to meet the Easter Bunny, hunt for Easter eggs, run an obstacle course, participate in arts and crafts, visit vendors, have lunch, participate in a raffle and enjoy two bounce houses. Activities lasted for most of the morning and afternoon.

A wide variety of vendors offered many different and unique items, some of which included succulents, honey, stuffed animals, totes, Avon and even marionettes. These beautifully crafted puppets were being sold by Caresse Beam, the organizer for the event. Beam, along with other members of the East Hill Elementary

School faculty, made this a memorable day full of exciting activities. Other vendors included Marie Moot, a consultant for Thirty-One Gifts. She was thrilled with the turnout, stating, "The event has been wonderful! It brings a lot of the community together and helps the school out."

The coloring of Easter pictures and other crafts were led by third grade teacher Sharon Towse. "It looks like everyone is having a wonderful time!" she exclaimed.

Also in attendance were fifth grade teachers Kathleen Dopp and Patrice Williams, who were overseeing a large raffle fundraiser which benefited the PTA. Raffle items included cookies, pet supplies, Play-Doh and much more. Both teachers were pleased with the outcome. "It is so well attended – it just warms my heart!" exclaimed Williams. "So many of the children and families are coming out today and it's so nice to see the turnout!"

The outdoor activities were drawing in adults and children alike. The Canajoharie Fire Department teamed up with the East Hill PTA, the Ames Fire Department and the Rural Grove Fire Department to hold an Easter egg hunt for the younger kids while creating a race for teenagers and adults. Canajoharie firefighter Julie Slaper described the outdoor events they organized: "We broke the chil-



(L - R) Isaac Beam, organizer and faculty member Caresse Beam and Cristopher Kwiatkowski play around with marionettes.

Photos by Rachael Takacs

dren down according to age and grade, and then we had three separate groups. For the high schoolers and the adults we have what is called the Rabbit Run Course, where you have the opportunity to win a \$25 gift card. What that is is just an obstacle course where you have to carry an egg on a spoon – and of course, the fastest time wins." She added, "This is our first year, so it's a learning

process for us too. We give out trinkets, toys and candy. Stewart's donated gift cards and Richardson's donated candy."

When asked how both events went, she exclaimed "It was awesome! It went very well!" Slaper also hopes to make this event annual.

For more information on upcoming events within the Canajoharie School District, visit [www.canajoharieschools.org](http://www.canajoharieschools.org).



(L - R) Members from Canajoharie, Rural Grove and Ames fire departments: Julie Slaper, John Ward, Roger Booth, Fritz Traudt, Frank Nestle, Matt Kelly, Robert Phillips, Sue Steigh, Eric Logan and Nate Haig.



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I believe in Canajoharie, a town founded by men and women of courage and vision. I believe in her homes, her industries and her people. I believe it is my duty to participate in her public affairs and to take part in every movement for community uplift.

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## Senior News Line

by **Matilda Charles**  
**Help in deciding  
 where to retire**

If you plan to move when you retire, where will you go? What is important to you, and how will you decide? U.S.

News & World Report, working with Aetna, has released a report about the healthiest communities in the country. While all of the 81 characteristics they compared aren't about health, they do af-

fect quality of life.

Their ranking calculated the scores on 3,000 counties across the country, broken down into 10 categories: population health, equity, education, economy, housing, food and nutrition, environment, public safety, community vitality and infrastructure.

To see the rankings, go online to [www.usnews.com/news/healthiest-communities/rankings](http://www.usnews.com/news/healthiest-communities/rankings). Scroll down the page and you'll see the list of the top 500 counties and how they ranked in each of the categories.

On the first page, how-

ever, you can specify the county name or ZIP code of an area you're interested in. After you click, you'll see the rankings for your selected area, with individual category scores, as well as a state and U.S. average. Scroll down for the details of each one. You'll find everything from the smoking rate to voter participation, the poverty rate, changes in housing values, crime rates — information on all 81 metrics. Be sure to click or mouseover everything because there's more to it than appears.

At the very bottom of

the page you'll find sliders for each of the 10 categories where you can shop for your ideal retirement location. Customize your preferences by moving the sliders, and a list of your best communities will appear on the right of the screen.

Even if you're not ready to decide about a move right now, this report will get you thinking about what's important to you about where you live. All in all, this report is very well done and comprehensive in the amount of information it provides.

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## Don't play chicken with your health

Montgomery County Public Health wants to remind everyone that live poultry, such as baby chicks, chickens, ducks, geese and turkeys, often carry harmful germs such as salmonella. This doesn't usually make the birds sick, but salmonella can cause serious illness when it is passed to people. According to the CDC, 76 salmonella outbreaks since 2000 have been linked to live poultry exposure.

Good hand washing protects people from

harmful germs. Always wash your hands with soap and water right after touching live poultry or anything in the areas where they live and roam. Supervision by an adult is advised for young children. If soap and water are not available, keep hand sanitizer readily accessible.

Tips for staying safe and germ free:

- Children younger than 5 years, adults over 65 years and people with weakened immune systems should not handle or touch chicks, ducklings or other live poultry.
- Birds should not be snuggled or kissed.
- Do not touch your mouth, eat or drink around live poultry.

• When caring for live poultry, clean all equipment used for caring for live poultry, such as cages, feed or water containers and set a pair of shoes aside to use only when caring for poultry.

• Do not let live poultry inside the house, especially kitchen or in other areas where food or drinks are prepared, served or stored.

• Do not bring live poultry into schools, childcare centers or nursing homes.

Stop playing chicken with your health and play it safe by following the above tips. For additional information visit [www.cdc.gov/features/salmonellapoultry/index.html](http://www.cdc.gov/features/salmonellapoultry/index.html).

## We want to hear from you!

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# Expert lawncare tips for a happy summer lawn

(BPT) — It’s been a rough winter in many parts of the country, but spring is here at last — and that means it’s time to give your lawn a bit of TLC.

Although grass is highly resilient, you can help your lawn recover from winter and make sure it’s in top shape for summer with these tips from turfgrass researchers around the U.S.

**1. Aerify to relieve soil compaction.**

If your lawn is old or heavily trafficked, or if it sat under wet snow for much of the winter, the soil may be compacted. Aerifying the turf with a core aerator (you can rent the equipment or hire a professional) can open up the soil, allowing water, nutrients and oxygen to reach the roots of the grass more easily. Aerification is recommended annually for cool-season lawns, but according to Clint Waltz, Ph.D., of the University of Georgia, a warm-season lawn that suffered drought-induced dormancy the previous summer can also benefit from aerification through mid-May.

**2. Interseed for a thicker lawn.**

Lawns that are sparse or have worn patches can be interseeded when the soil warms up in the spring. Aaron Patton, Ph.D., of Purdue University said, “The earlier in the year that you seed, the more time the turf will have for root development before summer.” Be sure to use a high-quality seed that is a good match for your geographic region and your lawn’s soil type, sun exposure and irrigation patterns.

**3. Watch your mowing height.**

Don’t wait too long to start mowing your lawn. Scalping an overgrown lawn causes stress that can affect the grass the rest of the season. As a rule of thumb, never cut more than one-third of the grass blade height at a time. Leaving the grass a bit taller can also improve the wear tolerance of the turf, said Geoffrey Rinehart of the University of Maryland. More leaf tissue allows the grass to better withstand foot traffic and protects the growing point at the base of the blade.

**4. Grasscycle to feed your lawn naturally.**

You’ll probably want to remove the grass clippings the first few times you mow, to reduce shading, but once your lawn gets going, consider “grasscycling” — simply leaving the clippings on the lawn. Grady Miller,

Ph.D., of North Carolina State University said, “Grass clippings decompose quickly and can provide up to 25 percent of the lawn’s fertilizer needs.”

**5. Fertilize - but sparingly.**

Even if you’re grasscycling, you should fertilize your lawn at least twice a year (mid-May and mid-September work well in most areas). Cale Bigelow, Ph.D., of Purdue cautioned that the spring application should be sparing and should feature slow-release nitrogen fertilizer to minimize excess growth. Too much fertilizer can lead to rapid but weak growth, leaving your turf more susceptible to wear and stress.

**6. Water properly.**

Proper irrigation in the spring can help prevent or reduce pest problems and environmental stress later in the summer, said Miller. He recommended watering to a soil depth of 4 to 6 inches. (You can check the depth by pushing a screwdriver into the soil. If it goes in easily, the soil likely has enough moisture.) Watering deeply once or twice a week is better than frequent light watering.

**7. Take it easy.**

Moss, mushrooms and other lawn pests may make an appearance in early spring, but once your grass comes out of dormancy and begins growing quickly in



late spring, the hardy turfgrass will push many of these invaders out. Issues will often resolve themselves if you create the conditions that favor the grass. If infestations recur, your county extension agency can help you identify the underlying problem and provide recommendations that are specific to your region and type of grass.

A little spring maintenance can pay off big later in the year. If you want healthy, wear-resistant turf for the high-traffic summer season, now is the time to start setting your lawn up for success. Learn more about quick, easy lawn improvement and maintenance tips from the experts at Grass Seed USA at [www.WeSeedAmerica.com](http://www.WeSeedAmerica.com)



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**Gift Certificates Available**  
Approx. 8 Miles South of Fort Plain  
Just North of 168

**MEYERS LANDSCAPING & CONTRACTING INC.**  
FULLY INSURED 518-673-2034 24 HOUR SERVICE

**Contracting:**

- CONCRETE
- SLABS
- PATIOS
- STAMPED CONCRETE
- COLORED CONCRETE
- FOUNDATIONS
- SIDEWALKS
- REPAIRS
- PAVER BRICKS

**Wood:**

- ADDITIONS
- DECKS
- SHEDS
- RENOVATIONS
- GARAGES
- STEPS

**Landscaping:**

- SEEDING
- FERTILIZATION
- BRUSH HOGGING
- COLORED MULCH
- NEW LAWNS & REPAIRS
- TREE & STUMP REMOVAL (55' bucket truck)
- FENCING (wood, metal, vinyl)

**Bulk Mulch:**

- RED
- BLACK
- BROWN
- TOP SOIL
- SAND
- STONE
- CRUSHER RUN

**Roofs:**  
NEW or REPAIR

- SHINGLE
- RUBBER
- TIN

**Excavation:**

- SEPTIC SYSTEMS
- DRAINAGE
- TILE
- WELLS & WATERLINES
- NEW INSTALLATIONS
- REPAIRS

**Retaining Walls:**

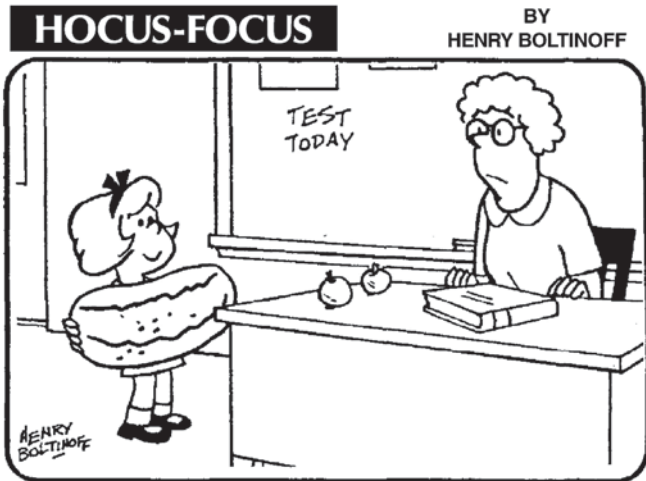
- CONCRETE
- BLOCKS
- WALL STONE
- FIELD STONE
- RAILROAD TIES

SPECIAL SENIOR CITIZEN DISCOUNT

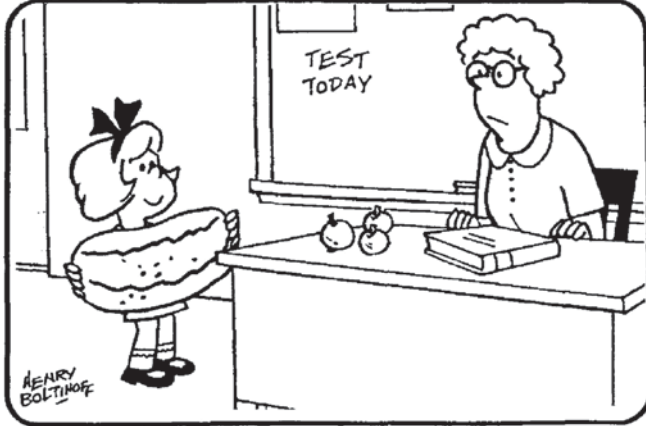
**Schedule NOW for Lawnmowing & Spring Clean-Up**

**Call Today For An Estimate**





Find at least six differences in details between panels.



Differences: 1. Girl's bow is bigger. 2. Socks are different. 3. Teacher's dress has buttons. 4. Extra apple is on desk. 5. Blackboard is smaller. 6. Girl's left hand is shown.

### King Crossword

**ACROSS**

1 Mouth part  
4 Uses an old phone  
9 Taxi  
12 Lemony drink  
13 "Snowy" bird  
14 11-Down cousin  
15 Woodworker  
17 Fish eggs  
18 Parisian pal  
19 McCormick's invention  
21 Tennis need  
24 Palm starch  
25 — Khan  
26 Morning moisture  
28 Phobos and Deimos, to Mars  
31 "— Your Enthusiasm"  
33 British rule of India  
35 Merriment  
36 Military caps  
38 Wrigley product  
40 Listener  
41 Heidi's range  
43 Piece of pasta  
45 Half a dime  
47 Ailing  
48 Jimmy Kimmel's network  
49 "Seize the day" in Latin  
54 Half of XIV

**DOWN**

1 Fond du —, Wis.  
2 Actress  
3 Lupino  
4 Apiece  
5 Considered  
6 Pilot light, e.g.  
7 Illustrations  
8 Rill  
9 Used the HOV lane  
10 Lotion additive  
11 Brewery output  
16 LPGA's Se Ri —  
20 Quite enthusiastic  
21 Poolroom item  
22 Chills and fever  
23 Thin-sliced raw meat  
27 Witty one  
29 Patricia of

55 Elbows' counterparts  
56 Dove's call  
57 Tokyo's old name  
58 Begin  
59 Conclusion

8 Rill  
30 Withered  
32 Defraud  
34 Gin flavoring  
37 Motes  
39 Harass  
42 Point of view  
44 Antiquated  
45 Church section  
46 Footnote abbr.  
50 Actor Stephen  
51 Hockey surface  
52 A billion years  
53 Chic, in the '60s

"Hud"  
30 Withered  
32 Defraud  
34 Gin flavoring  
37 Motes  
39 Harass  
42 Point of view  
44 Antiquated  
45 Church section  
46 Footnote abbr.  
50 Actor Stephen  
51 Hockey surface  
52 A billion years  
53 Chic, in the '60s

### Weekly SUDOKU

by Linda Thistle

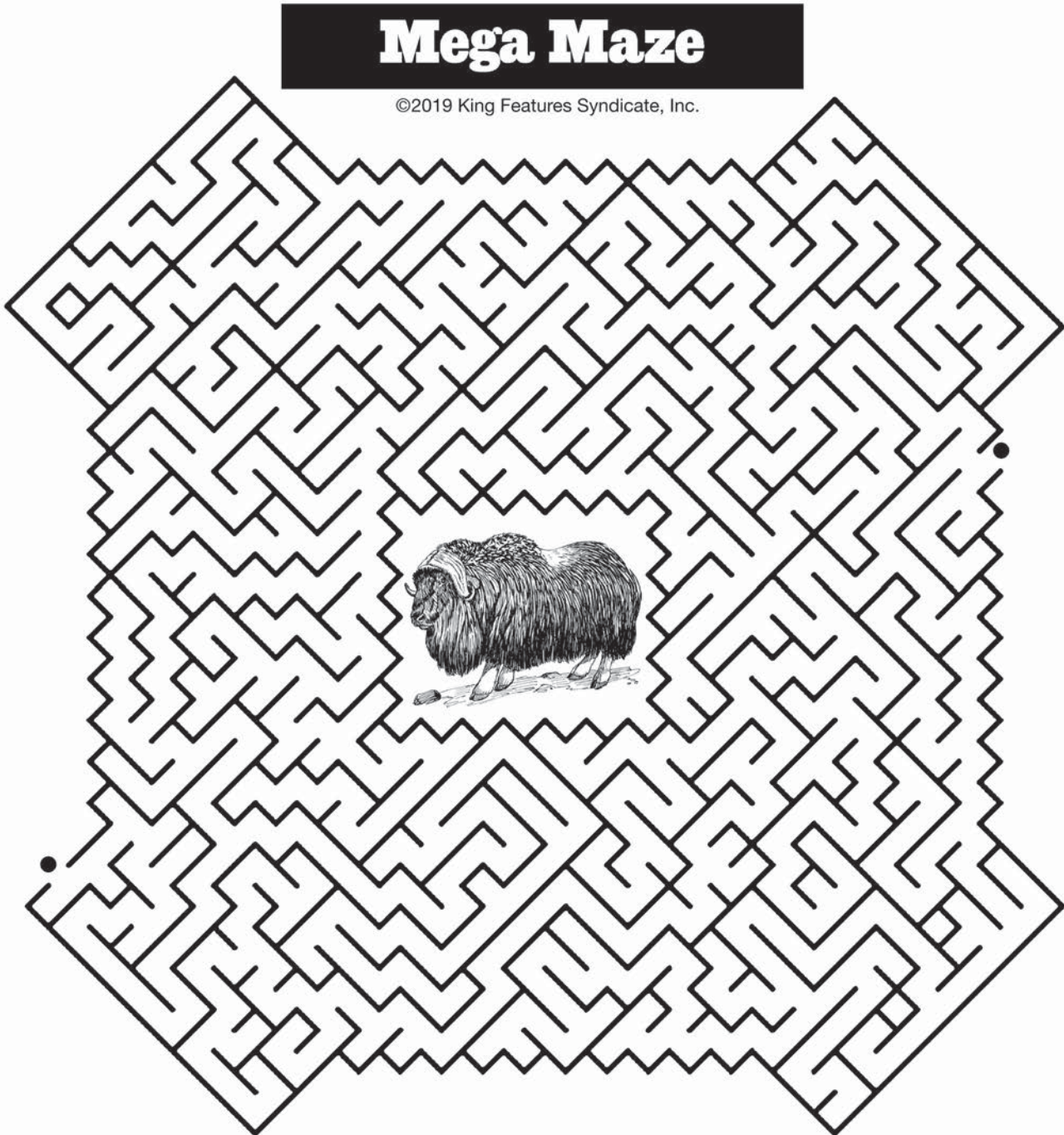
		8		4		6		
	7		5				3	
3					1			5
2				6		8		
		9			3			1
	6		8				2	
	4			2				9
8					9	3		
		7	1				5	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

**DIFFICULTY THIS WEEK:** ♦♦♦

♦ Moderate ♦♦ Challenging  
♦♦♦ HOO BOY!

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### LAFF - A - DAY

"I kept my head down just like you told me — and a golf cart ran over me."

April is a  
promise that  
May is bound  
to keep.  
— Hal Borland



# Real estate financing: The 3 main factors lenders consider

(BPT) — Buying a new home is an exciting milestone. While finding the right home is essential, the most important step toward homeownership is making sure you're ready to apply for a home loan.

Applying for a mortgage is not something people do every day, so it's natural to have questions. There are several factors that help determine a loan decision, along with strategies you can follow to help position yourself for the best loan at the best rates.

Angela Patterson, Vanderbilt Mortgage director of Credit and Credit Services, explains the three factors that have the biggest influence on any loan decision.

### Credit

Your credit is a critical factor for lenders making a loan decision. They will learn more about your credit history and credit score by pulling a credit report.

A credit report shows how well an applicant has repaid any loan or credit obligation. Usually lenders look at the most recent pay history and look for debts with a high balance. While score is important and will most likely have an impact on the interest rate offered, the detailed pay history plays a significant role in whether an applicant is approved or declined.

Does this mean if you have a past blemish on your credit you will be denied a home loan? Not necessarily. There are many factors lenders consider.

"It is very important to our team to call every applicant," said Patterson. "Our customers are more than just a credit score. We want to understand their journey and provide the financing program that best fits their situation."

### Income and debts

Determining your ability to repay the debt on time each month is important to a lender when making a loan decision. A debt-to-income ratio, or DTI, is one of the tools lenders use to determine your ability to pay. Two things need to be calculated to know this percent: monthly income and the existing credit obligations that are paid monthly.

Lenders typically use verified gross monthly income, your pay before taxes, when determining an ability to repay. Gross monthly income includes a paycheck from an employer, plus any money you may receive in government aid, child support or pensions.

After totaling gross income, the lender will need to determine the amount of debt the applicant pays toward each month. Typically, lenders use a credit report to identify the applicant's debts. Some examples include car payments, student loans and credit card balances.

### Employment

Employment is another important factor that goes into a loan decision. Lenders will look at the type and length of employment. If a person is self-employed, the applicant will need to prove steady income over a two-year period.

Consistent and non-temporary employment are seen favorably by most lenders. This means being regularly employed for two or more years. Consistent employment shows a lender stability in an applicant's source of income, which is an indicator of their ability to repay the loan.

How does the lender learn about your employment history? Typically, they will request a Verification of Employment from your employer and will consider the

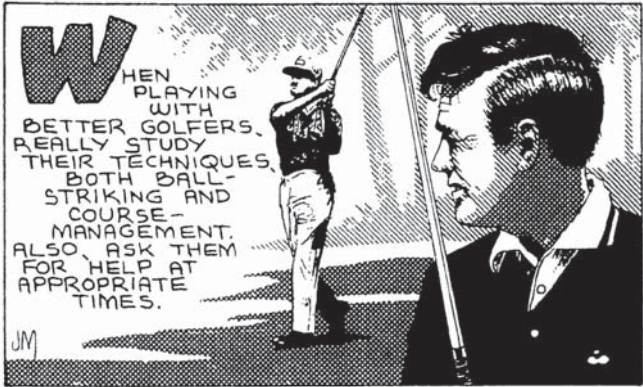
information provided in the loan decision.

### Next steps

Understanding these three factors and knowing where your personal finances fit within them is important when applying for a home loan. While there are other things lenders consider, making sure you are financially fit in these three areas is a great start to getting ready to buy a home.

For more information, visit VMFHomeLoan.com.

## Play Better Golf with JACK NICKLAUS



# MAY 4, 2019 BENEFIT FOR THE WHITE FAMILY



**Masonic Temple**  
24 Bridge Street, St. Johnsville  
1:00 p.m. - 5:00 p.m.

**Spaghetti Dinner  
Chinese Auction  
50/50 Raffle  
Bake Sale**

**Adults \$10 each  
Kids 6-12 \$8 each - 5 & Under Free**

David and Alberta White (Dave & Birdie) are long-standing residents of Fort Plain. They've raised their children in this small community and are devoted members of the Grandview Church. On February 12, 2019 the White family suffered from a devastating fire that destroyed their family home. This tragic event turned their lives upside down. As they are starting to recover emotionally, it is time to begin considering how to recover physically from this disaster. Please join us in supporting this family in their time of need.

**IF YOU WOULD LIKE TO DONATE AN ITEM  
OR BASKET, PLEASE CONTACT**

**Renee Gee (315) 219-7085  
Penny Wilson (315) 717-9586**

**Tickets are available at the door and for pre-sale  
at Kinderhook Bank in Canajoharie, Monday-Friday, 9-4 (ask  
Dallas White) AND Amerigas in St. Johnsville,  
Monday-Friday 9-3**



The most important step toward homeownership is making sure you're ready to apply for a home loan.



**Annual LASAGNA SUPPER**  
**Saturday, April 27<sup>TH</sup>**  
**4:00 • 6:30PM**  
 Adults \$10.00 • Children \$5.00  
**Salem United Methodist Church**  
 1254 Stone Arabia Rd., Fort Plain  
*-Entertainment by Empty Pockets-*



**Lasagna Dinner**  
 At Oppenheim Senior Center  
 108 Tobacco Rd., Oppenheim  
**Friday, May 3<sup>rd</sup> 2019**  
**From 4 Till Sold Out**  
 Adults \$10.00 • Children 5-12 \$5.00 • Under 5 Free  
*Lasagna, Tossed Salad, Garlic Bread,  
 Beverage and Dessert*



**Friday, May 3<sup>rd</sup>**  
**Hot Roast Beef**  
 Potato &  
 Green Bean Casserole  
**\$10**  
**VFW Post 3275**  
 30 River St., Fort Plain  
 518-993-2339



**Brittany's DINER**  
**Corner of 10 & 67, Ephratah NY**  
 8 Miles West of Johnstown  
 8 Miles North of Fort Plain, St. Johnsville, Canajoharie  
 4 Miles South of Rockwood, Lassellsville

**Starting Thursday, May 2<sup>nd</sup>**  
*~Weekly - Dinner Specials~*

**Thursday**  
 Prime Rib or Mac & Cheese w/BBQ Sauce Tenderbits

**Friday**  
 Seafood Platter (Clams, Shrimp, Haddock)  
 or 8 Cut Cheese Pizza & Dozen Wings

**Saturday & Sunday**  
 Chicken & Biscuits  
 & Meatloaf

**Monday**  
 Stuffed Boneless Pork Chops

*All Homemade Desserts*

# Dining, Entertainment, & Celebrations

Margaret Reaney Memorial Library Presents:

**Flapjacks & Fairytales 2019**  
**PANCAKE BREAKFAST AND**  
**THEME BASKET RAFFLE**  
**Sunday, April 28 8am-1pm**  
 Adults \$7 • Children (6-11) \$3 • 5 & Under FREE  
**HC Smith Benefit Club**  
 538 Crum Creek Road, St. Johnsville

**Raffle Begins at 1 PM**  
*Good food and good times for a GREAT cause*  
 For more information call  
 518-568-7822




**B•R•E•A•K•F•A•S•T**  
**Nine to Noon**  
**Sunday, May 5th**  
 Provided by the Sons of the American Legion  
 For all Post 554 members, Veterans, and their families

**Menu:**

Eggs	Pancakes
Toast	Home Fries
Bacon	Orange Juice
Sausage	Coffee

**American Legion**  
 19 Webster St., Fort Plain





**Rt. 80 Bowl**  
 VanHornesville  
 Open 11am Mon-Sat Noon on Sun

**SMORGASBORD**  
**Saturday,**  
**April 27<sup>th</sup>**  
**4:30-8:30 PM**  
**Roast Beef,**  
**Ham, &**  
**Lasagna**  
 Adult \$13.50 • 12 & Under \$6.75

**315-858-2149**



**The Tilted Cone**

**Win A FREE Sundae!**  
 Take a picture with an ice cream by  
 our sign and tag the  
**Tilted Cone** on **facebook**  
 to get entered into a weekly drawing  
 for a **FREE SUNDAE!**

**Many New Items**  
 All Beef Hot Dogs w/  
 Macaroni Salad and Chips

**Open**  
**1pm-9pm Daily**  
**49 Hancock St.,**  
**Fort Plain**





Kovels: Antiques and Collecting

by Terry and Kim Kovel  
Rabbit doorstep

Where did the Easter bunny come from? There is no suggestion of an egg-laying rabbit or hare in the Bible's scriptures. There were stories about decorated eggs at Easter as early as the 1300s. And children made nests for the colored eggs. In America, the bunny arrived in the early 1700s with German immigrants in Pennsylvania. The idea of eggs at Easter was universal, but instead of a bunny, countries had foxes, cuckoo birds, hares and more. The rabbit symbolizing Easter is now a fluffy, young bunny, even though it was an adult rabbit in earlier years.

A doorstep shaped like a rabbit probably was not originally made as a symbol of Easter, but it could have been. The iron figure of a sitting rabbit was made in the early 1900s by Spencer Manufacturing Company, in Guilford, CT. The 15-inch-high doorstep was so rare it auctioned at Bertoia in New Jersey for \$5,400 – three times the estimate.

**Q:** I have a picture of John F. Kennedy autographed to my family. During World War II, my father was in the Navy with Pierre Salinger, President Kennedy's press secretary. I'd like to have the picture appraised, but there are no political auctions around here. Some reports are that a signed picture stating it's to our family could be worth thousands. I won't send it to any online companies. How can I get the value?

**A:** You can contact auction houses that have political auctions to find out if there is any interest in the photo. If the auction is interested in it, take a picture of the photograph, making sure it's clear enough to read the autograph, and send it to them with the details of how your family got the picture. Don't be disappointed. It isn't worth thousands of dollars. A picture autographed to someone usually is worth less than a picture with an autograph that is not "to" anyone.

**Q:** I found an old Mountain Dew bottle and brought it home and washed it. There is a misprint on it. It reads "it'll tickle yore nnards." Does that make it valuable?

**A:** The Pepsi-Cola Company introduced Mountain Dew in 1964. "It'll Tickle Yore Innards" was part of the slogan used on bottles and cans from 1965 to 1969. Error bottles are not rare, and the error doesn't add to the value. Mountain Dew bottles with that slogan sell for about \$5.

**Current prices**

- Fun house mirror, carnival, wood frame, blue, lighted marquee, 1930s, 81 x 33 inches, \$1,160.
- Mochaware, sugar, lid, marbled bands, brown, blue, flower finial, 1800s, 4 1/4 inches, \$2,195.
- Letter box receptacle, U.S. mail, eagle and shield front, brass, Cutler Mfg. Co., 21 x 36 inches, \$4,350.
- Doll, automaton, dandy smoker, black, papier-mache head, marbled wood cabinet, 1935, 37 1/2 x 18 1/2 inches, \$8,055.

Tip: Decorated glasses given as promotions at fast food restaurants often fade in sunlight. For more collecting news, tips and resources, visit [www.Kovels.com](http://www.Kovels.com).  
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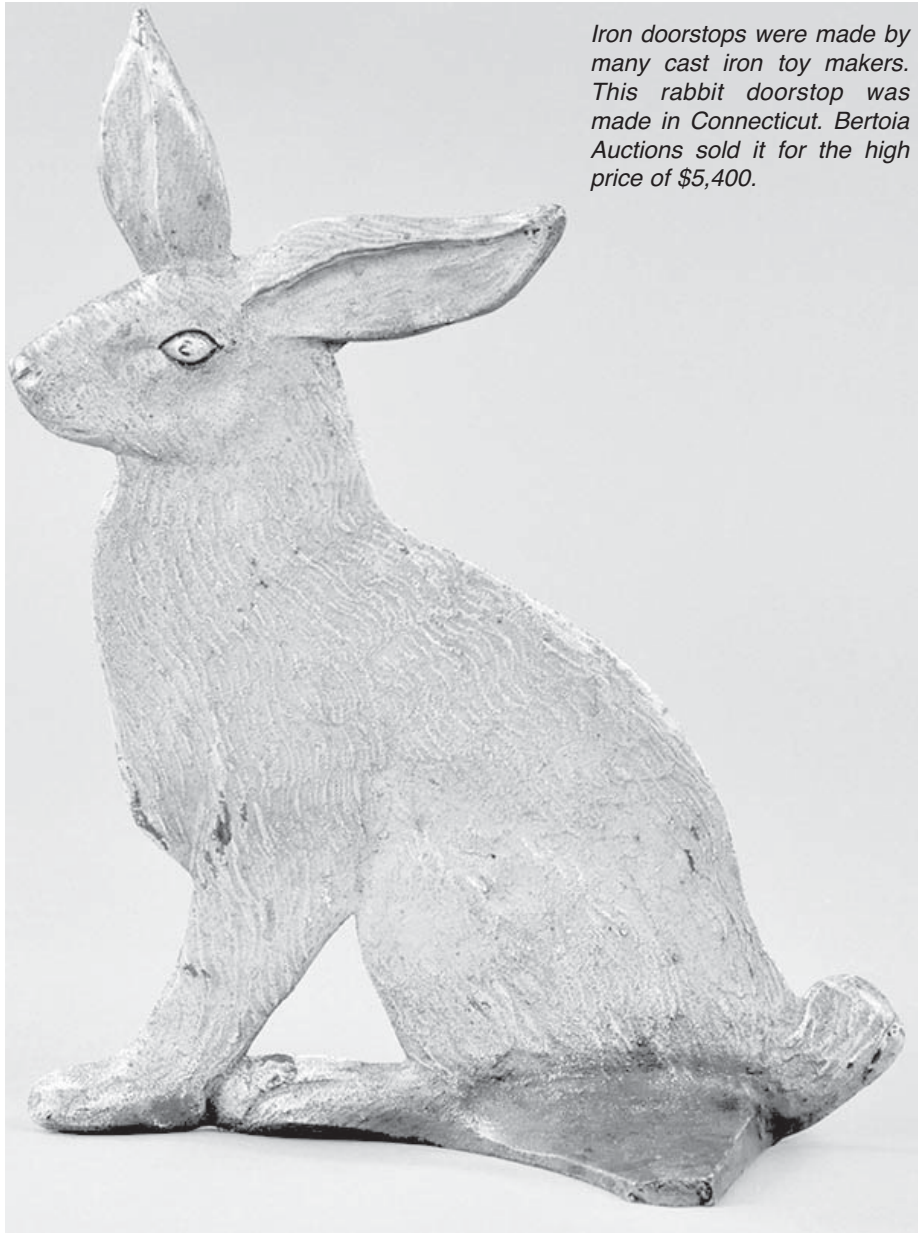
**Barry Yerdon**  
**Roofing Company**

**518-337-6569**

*A Dedicated Team focused on  
Exceptional Quality and Honest Prices*

**WHY CALL THE REST?  
CALL THE BEST!**

*\*Locally owned and operated for over 15 years\**



Iron doorstops were made by many cast iron toy makers. This rabbit doorstep was made in Connecticut. Bertoia Auctions sold it for the high price of \$5,400.

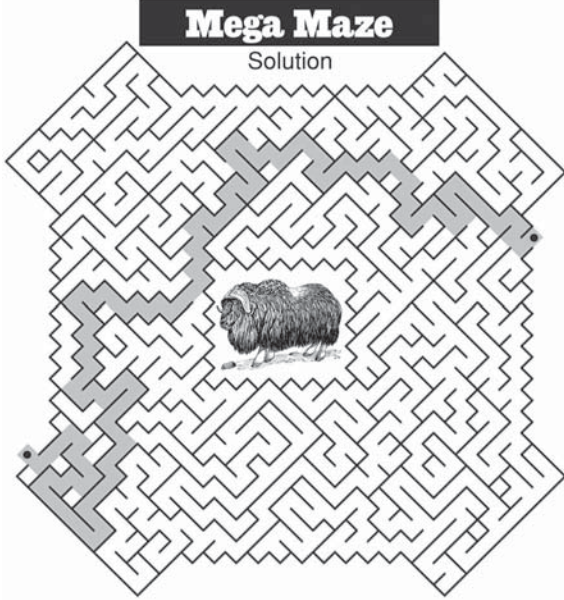
Weekly SUDOKU — King Crossword —

Answer Answers

9	5	8	3	4	7	6	1	2
1	7	6	5	9	2	4	3	8
3	2	4	6	8	1	7	9	5
2	3	1	9	6	5	8	4	7
4	8	9	2	7	3	5	6	1
7	6	5	8	1	4	9	2	3
5	4	3	7	2	6	1	8	9
8	1	2	4	5	9	3	7	6
6	9	7	1	3	8	2	5	4

Solution time: 21 mins.

L	I	P		D	I	A	L	S		C	A	B
A	D	E		E	G	R	E	T		A	L	E
C	A	R	P	E	N	T	E	R		R	O	E
			A	M	I		R	E	A	P	E	R
R	A	C	K	E	T		S	A	G	O		
A	G	A		D	E	W		M	O	O	N	S
C	U	R	B		R	A	J		G	L	E	E
K	E	P	I	S		G	U	M		E	A	R
		A	L	P	S			N	O	O	D	L
N	I	C	K	E	L		I	L				
A	B	C		C	A	R	P	E	D	I	E	M
V	I	I		K	N	E	E	S		C	O	O
E	D	O		S	T	A	R	T		E	N	D



Don't forget to smile!



Friday, May 3rd at 6pm

**Eggleston's Consignment Auction**

2938 County Highway 31, East Springfield, NY

**Sales are 1st and 3rd Friday of Every Month**

Commission on Dairy Cattle 4%

Misc items and Small Animals 25%

Farm Equipment 8%

~ No Buyers Premium ~

*All Consignments are Welcome*

Call Tom 315-982-4084

The application deadline is May 1 for the 40th Annual Friendship Craft Festival sponsored by the Church Of Christ Uniting in Richfield Springs. It will take place on

**Applications due by May 1**

Saturday, June 8 from 9 a.m. - 3 p.m. in Spring Park on Scenic U.S. Route 20. Applications received after May 1 will be accepted only at the discretion of the Registration

Chairperson.

For information, an application and festival details go to [www.rschurchofchristuniting.com](http://www.rschurchofchristuniting.com) or call Lani King at 315.858.9451.

**Moments In Time  
The History Channel**

• On May 5, 1821, Napoleon Bonaparte, the French military leader who once ruled an empire that stretched across Europe, dies as a British prisoner on the remote island of Saint Helena in the southern Atlantic Ocean. His body was returned to Paris in 1840.

• On May 4, 1886, a peaceful labor protest in Haymarket Square in Chicago turns into a riot, leaving more than 100 wounded and eight police officers dead. Seven of the eight fatalities and the most of injuries were caused by shots fired by fellow officers.

• On May 2, 1933, the modern legend of Scotland's Loch Ness Monster is born when a newspaper reports a couple's sighting of "an enormous animal rolling and plunging on the surface" of the lake. The "monster" became a media phenomenon, and a circus offered a huge reward for the beast's capture.

• On April 30, 1945, holed up in a bunker under his headquarters in Berlin, Adolf Hitler commits suicide by swallowing a cyanide capsule and shooting himself in the head. Soon after, Germany unconditionally surrendered, ending Hitler's dreams of a "1,000-year Reich."

• On May 3, 1951, the Senate Armed Services and Foreign Relations committees begin hearings into the dismissal of Gen. Douglas MacArthur by President Harry Truman. The American public liked MacArthur's tough stance on communism, and he returned home to a hero's welcome.

• On April 29, 1968, the musical "Hair" premieres on Broadway. The show featured a much-talked-about scene in which the cast appeared nude on the dimly lit stage. "Hair" quickly became not just a smash hit, but a cultural phenomenon.

• On May 1, 1991, Oakland Athletics outfielder Rickey Henderson steals his 939th base to break Lou Brock's career record. Henderson would steal 1,406 bases in his major league career, almost 500 more than the next closest player.

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**2 Day Annual Mothers Day Spring Consignment Auction!!****MOTHER'S DAY AUCTION!!!!****840 FORDSBUSH RD FORT PLAIN NY****Friday May 10th 3:00pm to 8:00pm & Saturday May 11th at 8:30am...***Friday we will selling Flowers, Hanging Baskets, & Groceries!!*

AND ALL DAY SATURDAY AS THE LOCAL GREENHOUSE GROWERS PRESENT 100'S OF HANGING BASKETS, MOTHERS DAY PLANTERS, BEDDING AND VEGETABLE PLANTS, GERANIAMS.. AND A SELECT NUMBER OF TROPICAL PLANTS INCLUDING BRAIDED HIBISCUS, MANDAVILLAS, DIPLADENIAS AND MORE!!!!

ALSO Selling on Saturday: Machinery, Equipment, Heifers up to 100 head, Sporting Goods, Small Animals, Carriages, Buggies, Sleighs, Lawn and Garden, Tools, Hand Tools, Chain Saws, Woodworking Tools, New Tools, Trees, Flowers, Shrubs, Furniture, Quilts, Crafts, Food, Groceries, and hundreds of other items for you to buy!

Already Consigned: Large load of Trees, Shrubs, Flowers, and Perennials from Lancaster Co. 100's of Hanging Baskets, 1-Carriage Rebuilt New Paint Job, 3-Used Carriages, 1-Pioneer Spring Wagon, 1-Fore Cart w/aluminum Tongue, 1-New Fore Cart w/ spring shock absorber, 1-Lancaster Manure Spreader, 1- 900 Gallon Pit Manure Spreader, 6 to 10 loads of Hay Straw and Shavings, and more still coming..

Taking Consignments Wednesdays Thursdays and Fridays all day..

No Consignments on Sat except small animals.. Small Animals start selling at 9:00am... Call JR at 518-993-4668 Alvin at 518-993-9926 Dan 717-442-1280

**PUBLIC AUCTION****Tractors, Hay Equipment, Tillage Equipment  
Friday, May 3rd - 10:30 AM**

Location: 437 Sandy Lane Rd., Little Falls, NY 13365

**TRACTORS:** International 684 gas tractor; Case IH Maxxum 5240A, 2851 hrs. **EQUIPMENT:** Kuhn tedder GF5202 THA, like new; Pottinger EuroTop 421A rake, like new; 2 bedding choppers; 3 pt. hitch scraper blade; Brillion Sure Stand SS10 seeder, 3pt. hitch, like new; Gehl 1085 forage chopper w/metal stop, good condition, forage blower Model 600; New Holland Model 489 haybine.

**HAY ELEVATORS:** 2 transport elevators; 1 skeleton elevator.

**BALERS:** Case IH RB 444, single owner, good condition; John Deere 348 sq. baler with #42 ejector; NH baler model 310, nice; BBM 7x4 bale shredder, skid steer mount, hyd. drive, like new.

**TILLAGE:** Case IH cushion gang transport disc; Kongskilde Vibro Master 3000 transport harrow, great condition; Unverferth Model 132 toolbar subsoiler, excellent condition; Allis Chalmers 1600 transport harrow; Case IH 3800 transport disc; International Model 420 3 bottom plow.

**HAY WAGONS:** Pequea 918 steel rack wagon; 6 wooden rack wagons; E-Z Trail metal rack wagon; 25 bales Brazilian green baler twine.

**FORAGE WAGONS:** Gehl with tandem gear; Dion with tandem gear; H&S with tandem gear.

**MISC:** AC-DC heavy duty welder; plastic feed cart; SS twin tubes; wooden firewood trailer; 3 pt. hitch wood splitter; 3 pt. hitch sickle bar mower; 1000 gal. Mueller milk tank w/cooling system; Mueller tank washer, good condition; Surge milk pump and milk jar; 4MR Gardner Denver vacuum pump; rubber cow mats; heavy duty Bush Hog Model 3800.



Lic # AU005568

**518-921-2016**  
Auction Zip # 18971

Sale Held for Joy Korce  
and Dan Casler

**All Announcements Day of Sale Take  
Precedence Over advertising  
No Buyers Premium  
Hot Food Available Day of Sale**

**50th Annual  
Mohawk Valley  
Spring Machinery  
Consignment Sale****Sat. April 27, 2019 • 9:30 AM**

1300 State Hwy 163, Fort Plain, NY

**Selling over 2000 items including new 11Lx15  
Implement tires, 10x12 storage shed, garden  
tools, shop tools, hay and tillage equipment,  
pickup trucks and Much More.**

Refreshments Available

**Go to Auctionzip.com #35160 for  
up to date info**

**Terms: Cash or Check, Photo ID****Armitstead Auctions****518-993-2290 • 315-404-9731****HOSKING SALES LLC – CERTIFIED  
ORGANIC MARKETING AGENCY**

**Weekly Sales Every Monday approx. 11:30 with Misc.  
& Small animals followed by Dairy & Livestock**

**Mon. April 15th** – Sold 297 head, Cull ave. \$.47 top cow \$.59, Orgnaic cull dairy ave. \$.80 top cow \$.98, Bulls/Steers \$.65, Bull calves top \$1.65, heifer calves top \$.35- top beef calf \$2.50, Lambs 40#-70# \$1.30 - \$2.50, cull sheep \$.42 - \$1.20.

**Mon. April 29th** - Normal Monday Sale & Our Spring Beef Turnout Sale - Call now to advertise your group. We are doing a Monday sale because of our sale schedule. We will start taking animals in on Sat. the 27th anything that needs to be preg. Checked we would like to have here by Sunday 11AM. 15 Wagyu - F1's feeder cattle and 2 Reg. Wagyu bulls. 2 Maine-Anjou cows ready to breed, 1 yrlg steer, 2 Angus feeders from one farm. A group of 40 head from one farm - mostly preg. Brood cows due May - June. Expecting a large number of beef breed feeders and brood cows.

**Mon. May 6th** - Normal Monday Sale & Monthly Fat Cow & Feeder Sale**Mon. May 13th** - Normal Monday sale & Monthly Heifer Sale**Mon. May 20th** - Normal Monday Sale & Monthly Sheep, Lamb, Goat & Pig Sale**Mon. May 27th** - Normal Monday sale & Monthly Organic Day**Watch for 2019 Sales:**

Sat. Oct. 26th - Fall Premier All Breed Sale - 100 head of Registered All Breed Cattle Sell

**\*\*Trucking Assistance** - Call the Sale Barn or check out our trucker list on our Web-Site. Call to advertise in any of these sales it makes a difference. Watch website for any last minute updates.

Directions: Hosking Sales LLC 6096 NYS Rt. 8, 30 miles South of Utica & 6 miles North of New Berlin, NY.

[www.hoskingsales.com](http://www.hoskingsales.com)

Like us on facebook

**LOOKING TO HAVE A FARM SALE OR JUST SELL A FEW – GIVE US A CALL**

Tom & Brenda Hosking  
& Family



607-847-8800

cell: 607-972-1770 or 1771

6096 St. Hwy. 8, New Berlin, NY 13411

Dan Hosking: 607-972-8773



# Remembering Grandpa's birthday

**Benjamin J. Garlock**  
**(Buckskin Ben) –**  
**April 28, 1877 -**  
**March 27, 1971**

A memorial to a special grandpa and person. This grandson who considered Grandpa Ben his best friend when he was growing up must now look back over 75 years. Grandpa had so many attributes. He knew how to enjoy himself under life's severe cases. He knew how to make friends. He knew how to start a conversation. He had an interest in yesterday and the way of life then, because it was the foundation for today and tomorrow. He was a collector and preserver.

The writer of these lines is thankful that many of his traits were passed down to him over these many years.

**Skip Barshied**  
**Stone Arabia**



Grandpa Ben on his 90th birthday.



Grandpa Ben and Grandma Garlock on their wedding day.



Skip takes a moment to wind his Grandfather Garlock's clock.

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# Bible Reading Marathon

Monday, April 29<sup>th</sup> beginning at 12:00 PM

April 30<sup>th</sup>, May 1<sup>st</sup> & May 2<sup>nd</sup>

St. Pauls Lutheran Church, Main St., St. Johnsville NY

THE NATIONAL DAY OF PRAYER



## MAY 2, 2019



Community Prayer at 6:00 PM

★ PRAY FOR AMERICA ★

# LOVE ONE ANOTHER

LOVE ONE ANOTHER. JUST AS I HAVE LOVED YOU.  
JOHN 13:34



NATIONALDAYOFPRAYER.ORG #LOVE1ANOTHER

## HOW TO PRAY FOR AMERICA TO LOVE ONE ANOTHER

### 1 PRAY FOR AMERICA TO LOVE ONE ANOTHER

*"Love one another. Just as I have loved you,"*  
John 13:34

- He loves us. This includes every person in America as well as every person in the world.
- Jesus wants us to love every person sacrificially, willfully, and unconditionally because this is the same way He loves us.
- Jesus sent the Holy Spirit to empower us to do the things that only God can do through us. Therefore, call upon God to move in our nation miraculously, replacing hate with love, division with unity, and criticism of one another with love for one another.

### PRAY FOR THE CHURCH IN AMERICA TO LOVE ONE ANOTHER

- 2** *"By this everyone will know that you are my disciples, if you love one another." John 13:35*
- Jesus is telling His disciples, His church, that the distinctive mark that sets us apart from everyone else is only one thing: Love for one another.
  - Appeal to God to convict each of us as His church to turn from the way we are treating one another and turn to loving one another. If we are an unloving and divided church, we forfeit the right to call an unloving and divided nation to love and to unity.
  - Call upon God for the 300,000+ churches in America to love one another and to cooperate together when possible for the greater purpose of praying for America.

### 3 PRAY FOR FAMILIES, WORKPLACES, COMMUNITIES, AND CITIES IN AMERICA TO LOVE ONE ANOTHER

*"Dear friends, let us love one another, because love is from God, and everyone who loves has been born of God and knows God." 1 John 4:7*

- When we belong to Jesus, we belong to love; therefore, call upon God for the families, workplaces, communities, and cities in America to know that love is always God's way.
- Call families, workplaces, communities, and cities to look to God, who is love, so they can experience the transforming power of love.
- Ask God for America's families, workplaces, communities, and cities to begin to choose love and forgiveness, love and restitution, love and healing, love and unity, and a future together transformed by the power of unconditional love.
- Ask God to raise up a Love One Another movement across America.

### 4 PRAY FOR ALL ETHNICITIES AND PEOPLE IN AMERICA TO LOVE ONE ANOTHER

*"Love finds no joy in unrighteousness but rejoices in the truth. It bears all things, believes all things, hopes all things, endures all things. Love never ends."*  
1 Corinthians 13:6-8

- Since God's love is built on God's truth and we are made in the image of God, all humans are of one race; therefore, loving one another is not optional because love never ends.
- Call upon God to bring us back to the cross of Jesus Christ, where His unconditional, powerful love has torn down all the walls that divide us and opened up a new pathway for us to love one another.
- Ask God to give us the power to repent of anything in our past and choose a new future together where love will not just bind up our nation's wounds, but this transforming love will lead to the day when justice will roll down like waters and righteousness like a mighty stream.

### 5 PRAY WE WILL LOVE GOD AND EACH OTHER SO MUCH THAT WE WILL AGREE CLEARLY, UNITE VISIBLY, AND PRAY EXTRAORDINARILY FOR THE NEXT GREAT SPIRITUAL AWAKENING IN AMERICA

*"Besides this, since you know the time, it is already the hour for you to wake up from sleep, because now our salvation is nearer than when we first believed."*

Romans 13:11

Knowing we are living in a significant moment in history, now is the time for each follower of Christ to wake up in our spiritual lives, knowing our greatest need and hope in America is the next Great Spiritual Awakening.

Convict the church in America to wake up spiritually, agree clearly, unite visibly, and pray extraordinarily for the next Great Spiritual Awakening to occur in our generation.

Call upon the Sovereign God of Heaven to shape the future of America mightily through the next Great Spiritual Awakening, just as He did in history through past Great Spiritual Awakenings.

## PRAY FOR THE SEVEN CENTERS OF INFLUENCE

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**FOR MORE INFORMATION  
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