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See Page 27 For More Details

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2018 VERSA NOTE

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DWV fees. Security deposit waived, \$395
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MOHAWK VALLEY COUNTRY EDITOR 2 • June 1, 2019

MAY 2019

Unified Basketball: Applause and cheers from a very enthusiastic audience filled the gym on May 9th, as the Fort Plain High School Unified Basketball team took on Gloversville for the annual in-school game. The Unified Sports League is sponsored by the NYS High School Sports Section V and the Special Olympics. The Unified League combines students with disabilities and student athletes of similar age and ability. The program aims to provide a competitive high school sports experience for students with varied disabilities to be able to participate in. The Unified League goal of "teaching sports skills to students with different abilities in a friendly, supportive, and competitive environment" was evident as the student audience fully appreciated the game, while both teams competing supported one another's players while still maintaining a healthy spirit of competition. This is the third season for the Fort Plain HS Unified Basketball team. and they will face off against several local schools. The team is coached by Adam Cutspec, Geoff Snyder, Lisa Petty and Linda Cole.

Sports News: The NYS Public High School Athletic Assocation recently announced its spring Scholar Athlete Team Award winners. The varsity Fort Plain teams honored were: Softball, Baseball, Girls Track & Field, and Boys Track & Field.

*The annual district spring athletic awards ceremony will be held on Friday, June 7th at 6:30 in the Jr/Sr High School Auditorium.

Free Summer Meals: All kids and teens aged 18 and under are eligible for free breakfast and lunch this summer, at the Harry Hoag Elementary School. Breakfast will be served from 8:15-9:15 a.m. and lunch will be served from 11:30 a.m. - 12:45 p.m. All meals must be eaten at school and supervision is provided.

Students of the Month:

Congratulations to these April Students of the Month:

Gavin Souza	Grade 2
Sean McGuire	Grade 3
Owen Castellano	Grade 5
Brooke Brown	Grade 6
Gabriella Calhoun	Grade 6
Tristen Morey	Grade 6
Kaedan David	Grade 7
Natalie Thibodeau	Grade 8
Noah Norton	Grade 9
Troy Butler	Grade 10
Lauren Weinberger	Grade 11
Jenaya Aponte	Grade 12

Upcoming Events:

6/6	HS Awards Night 6:30
6/7	Jr/Sr HS Moving Up Day
6/12	Board of Education Mtg 7:00 pm
6/26	Baccalaureate 7:00 pm
6/29	Graduation 10:00 am
7/1	First Day of Summer Meal Prgm



Student Council Honored: The Jr/Sr High School Student Council was one of the community partners recently honored by the Fulmont Community Action Center. The Student Council was recognized for conducting a food drive in December, and donating over 1000 cans of food valued at over \$1,000. Pictured are Student Council advisor Mrs. Lisa Trembley and Student Council secretary Willow MaGinnis.



5th Grade Science Student Makes Discovery: Each spring, students in Mr. Hanifin's 5th grade science classes dissect owl pellets. This year, student Bradley Rumrill came across a big surprise in his pellet! Owls cannot chew their foods. They swallow their prey whole, and it passes directly from their mouth to their gizzard. Any material that cannot be broked down, or digested, is left behind and packed into a tight pellet that the owl then spits up. Owl pellets contain bones, teeth, claws, and feathers. Because owls swallow their prey whole, often entire skeletons and intact skulls are found inside of the pellets. These give researchers clues as to where the owl has been living and hunting. Fort Plain students typically find the bones and fur of mice, moles and voles inside of the owl pellets. Sometimes, they find feathers and tiny bones from very small birds that the owls have eaten. Occasionally, they may find the bones of frogs, toads and snakes. 5th grader Bradley Rumrill recently found the intact skull of a creature that none of Mr. Hanifin's students have ever seen before. The skull features a long, pointed snout and a series of very sharp, pointed teeth. Information provided by the owl pellet company shows that the pellets our students received were collected in the state of Washington, in the northwest region. Research by the students has lead them to their best guess - a Northern Long Eared bat. Take a look at the mystery skull!



Team Tech Interviews Local Reporter: Harry Hoag Elementary's Team Tech students, those who work on the school newspaper, recently inteviewed "The Leader Herald" newspaper reported Briana O'Hara. The students asked Ms. O'Hara questions about her education, why she decided to become a journalist, and what training led her to the position that she currently holds. She talked to the students about what makes a quality article, how to go about asking questions when interviewing someone, and what type of research needs to be done before writing about an event or topic. The Team Tech students were able to share their latest newspaper edition and talk about how much fun they have with the design, layout and process.

Try Me Days at Harry Hoag: Elementary School cook Dawn Surnear and her team have been bringing many new fruits and vegetables to the elementary students this year, through their "Try Me" days. Using the knowledge and recipes that they gained during Farm-to-School training this past summer, the kitchen team have prepared many dishes for kids to try, including: strawberry spinach salad, monster pops, kale chips, blueberry soup, and tumeric cauliflower. Many students have enjoyed all of the great new tastes!

Global Students Help Animals: Students in Mr. Will Ryan's 5th period Global Studies 10 class recently took on a service project, by conducting a fundraiser to benefit the Ayres Memorial Animal Shelter. The students collected spare change during the month of Aril, collecting \$100. They selected the Ayres Shelter because of the notable work that they do, the many programs that they have, and their excellent success rate with placing dogs and cats into the perfect "fur-ever" home. Pictured is the class presenting their fundraiser check to Ayres president, Mr. Joe Rosemyer.



Veterans' Spring Cleanup: On Saturday, April 11th the Jr/Sr High School Student Council sponsored a group of sixteen students and two adults, helping the Montgomery County Youth Serving Veterans by cleaning lawns for nine different houses in Fort Plain. The students raked and bagged from 8:00 a.m. - noon, and then joined other volunteer groups for a lunch of pizza and wings. Many of the veterans that the teens helped came out to see the students, thanking them for giving of their time and for their hard work. The volunteers were: Caleb Cochran, Jenna Reese, Mackenzie Wintermute, Amber Kleitgen, Cassandra Harwood, Alanis Rogers, John Kiernan, Gulum Demir, Hayley Hart, Robert Bowley, Grace Hoffman, Willow MaGinnis, Talia Narzymski, Sinem Demur, Juan Hernandez, Lauren Weinberger, Mrs. Linda Cole and Mrs. Lisa Trembley



3rd Graders Enjoy Painting Class: Mrs. Sweet's third grade class recently enjoyed a professional painting lesson with Kathy Canastar, from Little Falls. Kathy has trained under Wilson Bickford, a well-known painter from Gouverneur, NY. Two other volunteers, local artists Lois Scanlon and Jean Ronan assisted the students. Fach student created a beautiful sunset, with a tree and silhouette of a giraffe. The subject of the paintings was chosen to complement a current topic of the third graders reading and science lessons.

8th Grade Round-Up: The eighth grade students have had a busy spring, with many special projects and activities keeping them busy! Students thoroughly enjoyed their latest interdisciplinary unit of America in the 1920s. learning about everything from fashion and fads, to favorite foods, moments in history, and cultural experiences. On the Science-Technology-Engineering-Math (STEM) front, the students built and launched their own model rockets, learning about the many aspects of propulsion and flight. Family Math Night was enjoyed by the many families in attendance, who came together to solve puzzles and play games that integrated math skills. Several of the class's girls attended the Women of STEM conference at FMCC, learning about education and careers. Finally, students traveled to Saratoga Springs to participate in the challenging obstacles at the Saratoga Ninja Lab. Following that experience, they visited historic Congress Park in Saratoga, meeting with retired history teacher Dave Patterson to hear about the amazing history of the Congress Park area.

Good Housekeeping

Trattoria-Style Shrimp Fettuccine

Classic and quite simple to prepare, this shrimp and pasta dish can be served on its own thanks to the bag of fresh spinach that gets incorporated at the last minute.



12 ounces fettuccine or spaghetti

2 tablespoons olive oil

1 medium (6- to 8-ounce) onion, chopped

2 cloves garlic, thinly sliced

1/2 cup dry white wine

1 bottle (8-ounce) clam juice

Salt

1 pound shelled and deveined large shrimp, with tail part of shell left on if you like

1 bag (5- to 6-ounce) baby spinach

1/3 cup (loosely packed) fresh parsley leaves, chopped

1. Heat large covered saucepot of salted water to boiling on high. Add pasta and cook as label directs.

2. Meanwhile, in 12-inch skillet, heat oil on medium until hot. Add onion and garlic, and cook 10 minutes or until golden and tender, stirring often. Add wine; increase heat to medium-high and cook 1 minute. Stir in clam juice and 1/2 teaspoon salt; heat to boiling. Stir in shrimp, and cook 2 to 3 minutes or until shrimp turn opaque throughout.

3. Drain pasta and add to skillet with spinach and parsley; toss to coat. Serves 6.

* Each serving: About 350 calories, 7g total fat (1g saturated), 115mg cholesterol, 515mg sodium, 46g total carbohydrate, 4g dietary fiber, 24g protein.

For thousands of triple-tested recipes, visit our website at www.goodhousekeeping.com/recipefinder/.

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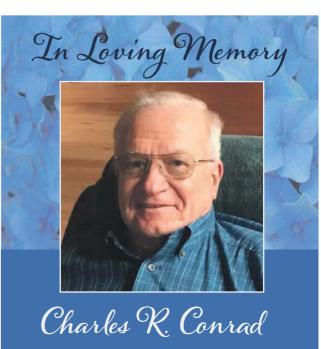


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Bathroom upgrades: Three tips to add technology, tailor-made features

(BPT) — We tend to think of the bathroom as a utilitarian space, and therefore not worthy of the same energy and expense put into designing spaces like the living room or kitchen. We spend a lot of time in the bathroom, however. It's

the room where we start and set intentions for our day. In the evening, the bathroom is where we go to unwind — some people prefer soaking in a bubble bath while others take a hot shower to relax.

A bathroom's design can dramatically affect

your experience. Consider improving your daily ritual with these three upgrading tips.

Design with ergonomics in mind

Ergonomics is the process of designing and arranging spaces so they fit with the people who

use them. When making upgrades to your bathroom, it's important to think through how you use the space each day. What a functional design might look like to someone else could be inconvenient for you.

Bathroom storage tends to be treated as one-size-

fits-all. Many bathrooms have a vanity that contains deep cabinets. People with this basic storage solution are forced to use small containers to organize their products and often must rummage through belongings to get what they need.

An ergonomic bathroom

is designed to keep frequently used items accessible. Consider adding a medicine cabinet to your bathroom to keep smaller products that get easily misplaced on hand. A vanity that offers a top drawer allows you to store everyday items, like a hair brush or toothpaste, up higher than a storage cabinet would, meaning you wouldn't have to bend down as often.

Find the best solutions through personalized designs

The way that your bathroom is set up and how you use your bathroom are unique. It's often difficult to find an off-theshelf solution that gives you exactly what you want from this space. Consider a solution instead that is customizable to your needs. Whether you're working with a difficult bathroom layout or feel limited by space constraints, modular designs help ensure can meet your storage needs.

Bring technology into the bathroom

Technology plays a big role in most people's lives, so it's no surprise that it has started to pop up in bathroom designs, too. Consider how technology can simplify your daily routine. For example, defogging technology built into the vanity mirror allows one person to shower while another is using the mirror. If you have products that need to be charged, like an electric toothbrush or razor, consider installing USB ports inside the medicine cabinet to ensure your go-to items are always ready to use.

Technology can bring entertainment into the bathroom as well. If you like to start off the day with some energetic music or unwind in the bath listening to your favorite podcast, Bluetooth technology can be the perfect way to add entertainment without sacrificing counter space.

The bathroom plays an important role in your day-to-day life. Use these tips to design a functional space that best fits your needs and find more ideas for bathroom upgrades at www.robern.com.

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Send all correspondence to:
PO Box 121, Palatine Bridge, NY 13428
Advertising email: jsnyder@leepub.com
Editorial email: jkarkwren@leepub.com
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American Revolution Mohawk Valley Conference set June 7 - 9

The American Revolution Mohawk Valley Conference is back and is being held June 7 - 9. Join the celebration of the Fort Plain Museum's fifth year holding this premier conference with more speakers.

Conference speakers include David L. Preston ("First in Peace: The Delaware Indian Nation and Its 1778 Treaty with the United States"), Eric H. Schnitzer ("Benedict Arnold at Saratoga: How a Newly Discovered Letter Changed History"), Mark Edward Lender ("The Plot Against General Washington: The Conway Ca-Reconsidered"), James Kirby Martin ("The Man Who Wouldn't Be King: George Washington, an Exceptional Revolutionary Leader"), Holly A. Mayer, ("Women at War: Continental Army Followers"), John Buchanan ("The Road to Charleston: How Major General Nathanael Greene Dealt with Logistics, Savage Civil War and Politics in the Carolinas and Georgia"), Glenn F. Williams

("Beyond the Mohawk: the Battles of Newtown and Groveland"), Albert Louis Zambone {"The Rewards of Persistence: Daniel Morgan in the Saratoga Campaign"), Tony Williams ("George Washington & Alexander Hamilton: A Revolutionary Relationship"), Christian Di Spigna ("Founding Martyr: The Life and Death of Dr. Joseph Warren, the American Revolution's Lost Hero") and Douglas J. Pippin ("The American Revolution in the St. Lawrence Valley").

Also returning is Mohawk Valley legend Bob Cudmore as Conference Master of Ceremonies. There is a fundraising dinner with a talk by Bruce M. Venter on "Defending the Mohawk Valley: Forts and Homes Illustrated by Rufus Grider's Art Work," a genealogy day and more. For pricing, more information, to register and to view a schedule, visit fortplainmuseum.com/co nference call 518.774.5669.

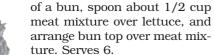
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Hamburger Salad Sandwiches

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- 1/2 cup chopped onion
- 1/4 teaspoon dried minced garlic
- 1/2 cup fat-free mayonnaise
- 1/4 cup dill pickle relish
- 2 tablespoons prepared yellow mustard
- 1/8 teaspoon black pepper
- 1 cup peeled and chopped fresh red tomatoes
- 6 lettuce leaves
- 6 small hamburger buns
- 1. In a large skillet sprayed with butter-flavored cooking spray, brown meat and onion. Stir in garlic. Place skillet on a wire rack and allow to cool completely.
- 2. Stir in mayonnaise, pickle relish, mustard and black pepper. Add tomatoes. Mix gently to combine.
- 3. For each sandwich, place a lettuce leaf on bottom



* Each serving equals: 225 calories, 7g fat, 16g protein, 24g carb., 545mg sodium, 2g fiber; Diabetic Exchanges: 2 Meat, 1 1/2 Vegetable, 1

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MOHAWK VALLEY COUNTRY EDITOR 6 • June 1, 2019

Unique ways to honor Dad this Father's Day

Though its history might not go back as far as many religious or government-designated holidays, Father's Day is rife with tradition in many households.

Father's Day is cele-

brated on the third Sunday in June in the United States, Canada and the United Kingdom. While Father's Day might trace its origins to the United States, the holiday is celebrated across the globe,

including in Argentina,

Greece, India, Singapore and New Zealand.

Fathers often receive gifts from their spouses and children on Father's Day. What to give the dad who seemingly has it all leaves many people scratching their heads in the weeks preceding Father's Day. People who find themselves in such situations can think outside the box and look for ways to honor their fathers this year. The following are some unique ways to honor Dad this Father's Day.

Travel

Dad may be pleasantly surprised by a stroll down Memory Lane. Plan a day trip or weekend excursion to Dad's hometown, visiting all his old haunts, including the house he grew up in, and allow him to serve as tour guide. This can be a great way for Dad to share stories and for his family to learn a little more about the old man. Other great places to visit include Dad's college campus or his ancestral homeland.

Highlight reel

In the months preceding Father's Day, do some covert digging through family photo albums to create a "This Is Your Life" highlight reel for Dad. Go back as far as possible, even looking through Dad's baby photos if you can find them. This might require a collaborative effort, requiring the whole family to work together, but that can make for an enjoyable way for families to spend time together and see how Dad became the man he is today. Present the finished product at a family dinner on Father's Day.

Make a list

Another unique way to honor Dad is to compile a list of the many ways you are and will always be grateful for having him as a father. Adults honoring their fathers can cite specific examples they recall from childhood young adulthood when Dad went above and bevond or served as a sounding board or shoulder to cry on. This is a great way to honor Dad and let him know all those sacrifices and special moments are still appreciated and will never be forgotten.



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Mon. June 3rd - Normal Monday Sale & Monthly Fat Cow & Feeder Sale. Selling 2 Reg. Red Angus Bulls

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WE WILL BE WORKING ON GETTING MORE OF THE HUDSON VALLEY ESTATE!! We are still unpacking and finding!! PLAN TO ATTEND THIS ONE OF KIND AUCTION!! No Box Lot Consignments on this night...

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Whatchamacallits

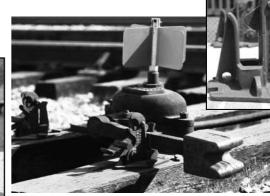
For some people, this would be a genuine Whatchamacallit. But not for my husband. He grew up in a small hamlet which the railroad ran through and he made himself familiar with all things railroad – and still does. He loves the smell of creosote in the morning (or anytime).

What we have here are stands to a Bethlehem low-boy manual switch mechanism. Any place a railroad needed the train to change tracks or go onto a siding, they would put in a switch. These would require a locking mechanism, as you couldn't have just anyone opening and closing switches. That could be disastrous.

Today, most modern switches are electronically or dig-

itally activated from the command centers of individual railroad blocks.

The two stands are the locks of the complete switching unit. I included an image from the internet for a visual of how it worked together. A weighted bar was attached to the switching mechanism and was "thrown" from one stand to the other in order to open or close the switch. It was then locked in Only members of the train or maintenance crews would have the necessary keys for the locks and in the early days, and most railroads had their own lock and key designs.







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Rae is a 12 year old female pittie girl looking for her retirement home. Great with people and kids. Needs a kitty free home. Dog selective.



Zoey is a 3 to 4 year old spayed female Boxer gir who weighs about 60 pounds now. Zoey needs a home with no small dogs or cats. She is dog selective but loves people! Zoe is great on car rides and loves



JAKE is such a beatiful guy! He is a 3 to 4 year old neutered male brindle pitty mix. HE LOVES to play ball. Jake loves people and is okay with some dogs. He needs a home with older kids.



Carly is a 1 to 2 year old female chihuahua mix. She is a little nervous at first, but warms up to women more easily. She would do best with no young children Good with dogs.



Twinkie is a 36 pound female Bluetick Coonhound Good with some other dogs and loves people. She is about 2 to 3 years old. Twinkie will need to learn basic house manners, but being a sweetheart she already



a 4 year old neutered male, 64 pound cattle dog. Smokey is good with some dogs, but he needs to be cat tested and in a home with older kids any. He loves to play!



Lucy and Billi Jo are 4 year old Shepherd and Sha Pei mixes. These two sisters love each other and have always been together - so we are really going to try to adopt them out together. These two love people. They will need to be helped with housebreaking, because they have always been outside dogs.



Papo is a 9 year old neutered male pittie boy. He needs a quiet adult home. He loves adventures and is good with some dogs. Needs a kitty free home.



Nikki is a 5 year old spayed female pittie girl who weighs about 70 pounds. Nikki loves people and is good with some dogs. She rides amazing in the car and is housebroken. Nikki is calm as can be and

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DEC urges New Yorkers: If you care, leave it there Residents cautioned against disturbing fawns and other young wildlife

The New York State Department of Environmental Conservation (DEC) is reminding New Yorkers to enjoy wildlife and their young from a safe distance and resist the urge to touch or pick up newborn fawns and other young wildlife. Human contact with wildlife can carry unintended consequences detrimental to wildlife safety and development.

DEC Commissioner Basil Seggos said, "New York's amazing natural wonders come alive during the spring and summer seasons, offering exciting encounters with wildlife in fields, forests and even your own backyard. If you see a fawn, baby rabbit or a just-fledged

bird, I encourage you to enjoy the encounter from a distance and not attempt to approach or touch the animal. Remember, if you care, leave it there."

At this time of year, animal sightings and encounters are not unusual. Young wildlife quickly venture into the world on wobbly legs or are unable to fly on their own. While most young wildlife learn survival skills from one or both adults, some receive little or no care. Often, wild animals stay away from their young, especially when people are present. For all these young animals, the perils of survival are a natural part of life in the wild. Unfortunately, well-intentioned individuals may at-

tempt to care for young wild animals they believe to be abandoned or in need of assistance. However, human interaction typically does more damage than good.

White-tailed deer fawns are a good example of how human interaction with young wildlife can be problematic. Most fawns are born during late May and early June. Although fawns can walk shortly after birth, they spend most of their first several days lying still in tall grass, leaf litter or sometimes relatively unconcealed. During this period, a fawn is usually left alone by the adult female (doe), except when nursing. People occasionally find a lone fawn and mistakenly assume it has been abandoned, which is rare. Fawns should never be picked up. If human presence is detected by the doe, the doe may delay its next visit to nurse.

A fawn's best chance to survive is to be raised by the adult doe. Fawns nurse three to four times a day, usually for less than 30 minutes at a time, but otherwise the doe keeps her distance. This helps reduce the chance that a predator will follow her to the fawn. A fawn's protective coloration and ability to remain motionless help it avoid detection by predators and people.

By the end of its second week, a fawn begins to move about and spend more time with the doe. It also begins to eat grass and leaves. At about 10 weeks of age, fawns are no longer dependent on milk, although they continue to nurse occasionally into autumn. During August, deer begin to grow their winter coats and fawns lose their spots.

In addition, young wildlife are not pets. Keeping wildlife in captivity is both illegal and harmful to the animal. Wild animals are not well-suited for life in captivity and may carry diseases that can be transferred to humans. Resist the temptation to take them out of the wild. Those who observe sick-acting wildlife or wildlife acting abnormally should keep people and pets away and contact their DEC regional wildlife office. For more information and answers to frequently asked questions about young wildlife, visit DEC's website at www.dec.ny.gov.

Calendar of events

NOTE: Calendar items must be submitted by Tuesday prior to the publication date to be included in the Calendar of Events. Entries may be emailed to cfeditor@leepub.com

May 31

7 p.m. Byron Nilsson and Malcolm Kogut Present "Songs along the Mohawk" at Old Fort Johnson. A cabaret-style entertainment of songs from the 19th- and early 20th-centuries: Erie Canal songs, vaudeville numbers, temperance ditties, and even some of those Victorian-era ballads in which people drop dead for no apparent reason. Funded by Saratoga Arts with a Community Arts Grant funded by the NYS Council on the Arts. www. OldFortJohnson.org

Joint Lunch OFA Meal at noon at Arkell Center, 55 Montgomery St, Canajoharie. Followed by 12:30 p.m. Memorial Day Music with Gary Van Slyke. Call 518.673.4408.

June 1

National Trails Day (Kayaking Tour). Schoharie Crossing State Historic Site, 129 Schoharie Street, Fort Hunter. 518.829.7516.

Benefit for Teresa Conbeer. At Ephratah Road and Gun Club, 372 NY-67, Fort Plain. Chicken BBQ, 12-2 p.m. \$10. Trail Ride starts at 9 a.m.; registration at 8:30 a.m. — \$30. Call 518.993.3061 or Visit Teresa's Benefit 2019.

June 2

23rd Annual Rhubarb Festival: 1747 Nellis Tavern historic site, 7355 NYS Rt. 5 (east), St. Johnsville, NY. 11 a.m. – 4 p.m. Pie baking contest at noon with guest judges; lunch and rhubarb goodies available; raffle; free tours. Free concert for all ages by the Battenkill String Band: 1–3 p.m. Benefit by Palatine Settlement Society for restoration of 1747 Nellis Tavern. More info – Mary - 315.866.2619.

June 3

Little Falls Community Blood Drive. Noon to 5 p.m. Little Falls
Elks Lodge. To schedule an appointment visit redcrossblood.

org or call 1-800-RED CROSS 518.673.5128 for more information.

June 4, 11 and 18

"Make friends with your mind" Series. 6 to 7 p.m. Fort Plain Free Library, 19 Willett St., Fort Plain. Three-week introductory course in meditation for adults and youths aged 16 and up. Harold Rolls, a Tibetan Buddhist monk who was based at Pullahari, Nepal, for over 20 years, will facilitate the program. To register, call 518.993.4646.

June 6, 13, 20 and 27

Putman Porch Music. Schoharie Crossing State Historic Site, 129 Schoharie Street, Fort Hunter. 518.829.7516 or visit www.nys-parks.com

June 7

10 a.m. - 3 p.m. American Revolution Mohawk Valley Conference Genealogy Day at Fort Klock. For more information visit www.fortk-lockhistoric.org, call 518.568.7779, email fortklock@gmail.com or find us on Facebook.

June 7-9

Fort Plain Museum's 5th Annual American Revolution Mohawk Valley Conference. Contact Brian Mack at 518.774.5669 or brianm248420@hotmail.com or visit http://www.fortplainmuseum.com/conference.

June 8

Ames Museum Open. 9 a.m. - 3 p.m. Contact 518.673.5820 or www.amesmuseum.weebly.com or f@amesmuseum.

"Victory over Addictions" seminar. 9 a.m. to noon. At Faith, Hope and Love Christian Church, 50 E. Main St., Canajoharie (downstairs at United Methodist Church). Contact Rev. David Bowley at

Valley Chorlaires Spring Concert. 3 p.m. United Methodist Church, 50 E. Main St., Canajoharie. Free will offereing.

June 9

June 14-16

Path Through History Weekend. Contact Schoharie Crossing State Historic Site, 129 Schoharie Street, Fort Hunter at 518.829.7516 or www.nysparks.com

June 15-16

11th Annual Blacksmiths' Hammer-In. See expert blacksmiths ply their craft. Opportunties to try your hand at blacksmithing. For all ages and skills. Free admission and free parking. For more information visit www.fortklockhistoric.org, call 518.568.7779, email fortklock@gmail.com or find us on Facebook.

June 26

Friends Business Meeting. Contact Schoharie Crossing State Historic Site, 129 Schoharie Street, Fort Hunter at 518.829.7516 or www.nysparks.com

July 4

12-4 p.m. Join us at the Fort for our **Annual Strawberry Festival** and the reading of the Declaration of Independence. Free admission and free parking. For more information visit www.fortklockhistoric.org, call 518.568.7779, email fortklock@gmail.com or find us on Facebook.

July 6

Canal Days. Contact Schoharie Crossing State Historic Site, 129 Schoharie Street, Fort Hunter at 518.829.7516 or www.nysparks. com



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- 10. Siberian Husky

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Mount Hope Cemetery Association Legal Notice. The Annual meeting of the Mount Hope Cemetery Association (Fordsbush) will be held on Saturday June 1st, 2019 at 10:00AM in the Minden Town Barn, Rte 80, Fort Plain, NY. Lot owners and their families are welcome.

8x10 Photos only \$3.00 or get **2-5x7's for \$3.00**. Lee Newspapers Inc., 6113 State Hwy. 5, Palatine Bridge, NY 13428. 518-673-3237

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Trinity Lutheran Church hosts annual Organ Variety Concert

by Rachael Takacs

On a beautiful Friday night, Trinity Lutheran Church hosted its annual Organ Variety Concert. The concert was themed around music from the 1920s and showcased many talented performers. Such talents included Dr. Eric Stroud, pianist Janet Shuster, flutist Anne Cooper, singer Sue Crua and several others.

Spearheading the event was church member Kathy Sclotzhauer. She introduced the evening's program and was pleased with the turnout of the event. "Thank you everyone for being here for the musical concert tonight," she greeted attendees. "The guest performers have worked hard choosing and practicing their selections for your enjoyment."

Entertainment evening included such favorites as "Blowin' in the Wind," sung acapella by Jeannete and Paul Kling, "The Maple Leaf Rag" performed by Janet Shuster, "Fascinating Rhythm" performed by Susan Crua and Matthew Cinquanti, "Hello, My Baby" performed by Irene Garin and Connie Chamberlain, "His Eye Is On the Sparrow" performed by Pastor Mark Fowler and Dr. Eric Stroud, and "A Thousand Years" performed by Calista Hardesty. Dr. Stroud also performed many organ works including pieces dating back to the 1720s and 1820s.

In addition to his performance, Dr. Stroud partnered with Sid Chase, organ curator and owner/founder of Chase Organ Company, to pres-

ent a short discussion about organ pipes and sounds. Stroud gave a little background regarding the Trinity Lutheran Church organ. Built in the shop of Clarence E. Morey in Utica, the organ was transported piece by piece on the Erie Canal and then by horse-drawn cart to its current home. According the Stroud, almost every organ has hundreds of pipes and really hasn't changed that much over the years. He showcased wood and metal pipes for the audience to examine and demonstrated each sound the pipes make on the organ. To wrap up his

presentation, Stroud demonstrated how the Morey organ sounded with its original hand-pumped bellows. He performed a rousing version of "God Bless America" while Chase hand-pumped the bellows behind the organ.

To conclude the evening, members of Trinity Lutheran Church served beverages and sweet treats to guests and performers alike in the church's fellowship hall. Available for visitors to examine were several 1920s hats and music sheets.

For more information visit stjmcanjo.org.



Irene Garin and Connie Chamberlain perform "C'est si bon."
Photos by Rachael Takacs



(L - R, back to front) Sid Chase, organ curator and owner/founder of Chase Organ Company, poses with Pastor Mark Fowler, Paul Kling, Dr. Eric Stroud, Janet Shuster, Jeannette Kling, Irene Garin, Connie Chamberlain, Sue Crua, Castine Hardesty and Anne Cooper.



Behind the scenes: Dr. Eric Stroud shows the audience a wooden organ pipe normally hidden behind the main organ pipes.



Sue Crua serenades the crowd with Haydn's "Benedictus" from the Missa Brevis.



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by Keith Roach, M.D. Husband refuses to wash his hands

Dear Dr. Roach: My husband and I are both 74 and in general good health. He never washes his hands when he comes in from working as a public accountant. He doesn't wash his hands when he sneezes, or after touching meat and poultry when he cooks. He smokes and is a functioning alcoholic. He says it's not necessary to wash fruit before you eat it and tells me I don't know what I am talking about. He has been on Lipitor for several years and eats steak almost every night.

On the other hand, I wash my hands when I come in from work and before preparing meals, and have always washed fruit before eating it. What's his secret? Does he have strong genes? – T.M.

Answer: Eating well and taking good care of yourself don't guarantee a long, healthy life. The converse is true as well. I have heard so many sto-

ries about Aunt Martha (or Gertrude or Helen), who drank, smoked and lived on bacon until she was 105, but your lifestyle does give you a better chance at living longer and healthier, and of feeling better right now.

Smoking increases the risk of dying from any cause. A 74-year-old man who has smoked all his life has about the same risk of dying as an 82vear-old nonsmoker. One can do a similar risk analysis with diet. But some people, through a combination of good genes and good luck, manage to live long, healthy lives despite poor lifestyle choices. Even though some individuals will not have the expected outcome, smoking is still bad. So is eating steak every night. Washing (or at least rinsing) produce is a good idea.

Dear Dr. Roach: Last year, I started getting Raynaud's. I can remember from my youth that my father had it, so it didn't seem too terrible.



Strange but True

by Samantha Weaver

- "It is far better to grasp the Universe as it really is than to persist in delusion, however satisfying and reassuring." – Carl Sagan
- You might be surprised to learn that some fish can hibernate. During the long, dark winters, the Antarctic cod will burrow under the seabed and stay there for days at a time, cutting its metabolism by two-thirds.
- Despite the fact that famed magician Harry Houdini exposed a number of mediums and psychics as frauds, "Sherlock Holmes" novelist Sir Arthur Conan Doyle persisted in believing that Houdini himself was a medium.
- Wearing skinny jeans can cause varicose veins.
- In Germany, Rice Krispies don't say "Snap, Crackle, Pop"; they say "Knisper, Knasper, Knusper."
- Squid are well known for their uncanny ability to camouflage themselves by changing their color to match their background. What's really odd, though, is the fact that the creatures are color-blind.
- The word "conspire" means, literally, "to breathe together," meaning to be in harmony.
- Even though he was arrested and put on trial numerous times, famed 19th-century outlaw Frank James was never convicted of anything and never went to prison. He died in 1915, at the age of 72, of natural causes.
- Those who study such things say that not all your fingernails grow at the same rate. It seems the nail on your middle finger is a bit of an overachiever it grows faster than the nails on your other fingers.

Thought for the Day: "Give all power to the many, and they will oppress the few. Give all power to the few, and they will oppress the many. Both therefore ought to have power, that each may defend itself against the other." – Alexander Hamilton

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To Your Good Health

It's not just the fingertips that turn white, but also some of my toes are affected. I asked people who know of it or have it how one gets this. What is the cause? No one knows. So I asked my doctor. Even he said he did not know. How do I get these episodes, and what can I do to prevent them? – R.S.

Answer: Raynaud phenomenon is an exaggerat-

ed response to cold or stress, causing color changes in the skin of the fingers and toes. There is a long list of causes of Raynaud phenomenon. Often, no cause is ever found (in which case it is called primary Raynaud, which just means we don't know what's causing it).

The most common known causes are the autoimmune rheumatic diseases, especially scleroderma, lupus and Sjogren's syndrome. Hypothyroidism is an unusual cause, and some drugs can cause it as well. The current thinking is that primary RP is caused by abnormalities in the alpha receptors in blood vessels (alpha receptors respond to adrenaline and similar molecules).

Keeping the whole body

– and especially the
hands – warm is the first

step. Sudden temperature changes can trigger the effect. Warming the hands in warm water at the onset of an attack can stop it. Anxiety makes it worse, so a positive attitude can really affect this condition. Medications, such as amlodipine, may be necessary for prevention in more severe cases.

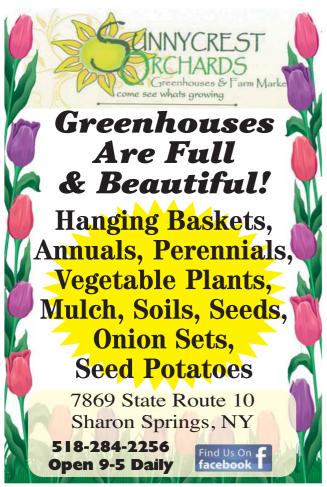
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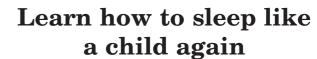












Many adults lament that even if they were solid sleepers in their younger years, by the age of 50, their quality of sleep has unraveled. Some cling to the wisdom that people simply do not need as much sleep as they get older. Even though that is partly true, sufficient sleep is still a vital component of a healthy life.

The National Sleep Foundation recently updated its sleep recommendations per age group to include categories "may be appropriate" and "not recommended." This includes a range of hours that may be adequate for certain adults. Adults between the ages of 26 and 65 are advised to get seven to nine hours of sleep per evening. However, six hours or 10 hours also may be acceptable. People over the age of 65 need roughly seven to eight hours of sleep each night, though between five and six hours also may be fine. Generally speaking, anything under five hours is not recommended based on data reviewed by sleep experts.

Many older adults do not get enough sleep due to insomnia, states Jack Gardner, MD, a neurologist certified in sleep medicine. They're concerned about health issues, may have sleep apnea, can experience pain or frequent urination or may be taking medication that impedes sleep. Dr. Leila Kheirandish-Gozal, director of clinical sleep research at the University of Chicago, says that over time, insufficient sleep can impact metabolism, mood, memory and heart function.

Various strategies can help people get more sleep and enjoy better sleep quality.

- Create a luxury bed environment. Splurge on the largest mattress you can afford and one that is comfortable for both parties (if married/coupled). A roomy bed routinely invites sleep. If you have a restless partner, try two separate beds pushed against each other.
- Consider white noise. The sounds of the house or outdoors may be keeping you up. Many people find that the gentle hum of a fan or a white-noise machine with a calming sound effect makes it easier for them to doze off than complete quiet. It can also block out extraneous noises
- Keep electronics out of the bedroom. It can be challenging to disconnect from electronics, but it is essential to falling asleep. Even a back-lit text coming through in the wee hours can be enough illumination to disrupt sleep.
- See your doctor. If medications or illnesses are keeping you up, a change in regimen may provide the relief you need.

Older adults can learn the steps to sleeping more soundly and easily.









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New video from Car Care Council explains TPMS

The Car Care Council has released a new informative video that explains the Tire Pressure Monitoring System (TPMS) found on newer vehicles and why motorists should not ignore the TPMS warning light when it illuminates.

"The Car Care Council's new video about the TPMS system explains the meaning of the symbol on your dashboard and its importance to vehicle safety," said Rich White, executive director, Car Care Council. "Driving on underinflated tires can damage a vehicle and potentially cause an accident. Low tire pressure also leads to lower gas mileage."

Produced in conjunction with AutoNetTV Media (ANTV), the new video discusses the importance of monitoring the vehicle's tire pressure and explains

that when the TPMS warning light goes on, tire pressure has fallen by at least 25% of what is recommended for that specific vehicle. The Car Care Council recommends that tire pressure be checked at least once a month and more often during cold weather months.

The new TPMS video can be viewed at www.youtube.com/watch?v=prix-fvsfKw and is also available in the ANTV digital management system for repair shops to share with their customers. For more information about AutoNetTV, visit www.AutoNetTV.com . To learn more about how to keep your vehicle operating safely and dependably, visit the Car Care Council website at www.carcare.org

Source: Car Care Council





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Moments in Time The History Channel

• On June 9, 1772, colonists, angered by the British Parliament's passing of the Townshend Acts restricting colonial trade, board and set ablaze the HMS Gaspee, an armed British customs schooner that had run aground. British officials found no one willing to identify those involved, and the inquiry closed without result.

• On June 4, 1919, the 19th Amendment to the U.S. Constitution, guaranteeing women the right to vote, is passed by Congress and sent to the states for ratification. On Aug. 18, 1920, Tennessee became the 36th state to ratify the amendment, giving it the two-thirds majority necessary to make it the law of the land.

• On June 3, 1937, the duke of Windsor – formerly King Edward VIII – marries Wallis Warfield Simpson, the American divorcee for whom he abdicated the British throne in 1936.

• On June 5, 1942, President Franklin D. Roosevelt issues a stern statement warning Japan to stop using poison gas in its war on China. Japan continued its use of these weapons until the end of the war, managing to keep its activities secret.

• On June 8, 1966, the rival National Football League (NFL) and American Football League (AFL) announce that they will merge. The first Super Bowl between the two leagues took place at the end of the 1966 season.

• On June 6, 1971, "The Ed Sullivan Show" airs for the last time, 23 years after its 1948 premiere. Gladys Knight and the Pips were the musical guests.

• On June 7, 2002, Michael Skakel is convicted in the 1975 murder of his former neighbor, 15-year-old Martha Moxley, with a golf club. Skakel, a nephew of Ethel Kennedy, the wife of the late U.S. Senator Robert Kennedy, was sentenced to 20 years to life in prison. In 2018, the Connecticut Supreme Court vacated the conviction and ordered a new trial.

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Reasons a mutt should be your next dog

"Mutt" and "mongrel" have long had negative connotations, but there's no need to turn one's nose at mixed breed dogs.

Dogs of any kind, regardless of lineage, can be cherished companions who offer years of tireless love and affection. In fact, mutts have gained steam as dogs of choice thanks to new, more trendy monikers, such as "designer dogs" or "crossbred pups." In addition, well-recognized many purebreed dogs popular today were likely once amalgams of different breeds that were carefully crafted to acquire the desireable traits of popular breeds.

Many mixed-breed dogs are beautiful, well-behaved pets. The American Veterinary Medical Association states that 36.5 percent of American households have dogs. Many of those pooches are mixed-breed dogs. Here's a look at what can make mutts stand-out

• Healthy pup: Mixedbreed dogs may not be prone to genetic diseases specific to one particular breed and may be less likely to develop an inherited disorder. According to Dog Reference, something called "hybrid vigor" explains how a mutt's mixed ancestry makes it hardier and more robust. The average lifespan of a mutt is longer than that of most purebred canines. This doesn't replace the need for quality veterinary care, however.

- Life-saving choice: Animal shelters are often bursting at the seams with mutts. Choosing to adopt a mixed-breed dog can reduce overpopulation and ensure that dogs will not be euthanized.
- Affordability: Mutts are typically more affordable than pure breeds be-

cause a person is not paying for lineage, show titles and AKC registration. Some mutts actually may be free if a family is giving away puppies.

- Unique qualities: No two mixed-breed dogs are the same — even among litter mates. That individuality can be an advan-
- Moderated traits: Many purebreed dogs were bred to serve specific purposes of the breed. A Border Collie, for example, is designed to herd and requires rigorous exercise to remain healthy both physically and mentally. Stripped of that pri-

mary job, a dog might be destructive or become depressed. Comprised of different breeds, a mutt may have a less intense drive to fulfill its breed standards, perhaps making it a more easygoing pet.

• Trendy: Thanks to puggles and labradoodles, it's now chic to have a mutt.

Mixed-breed dogs can be the ideal puppy pets and can be a first stop in one's search for a new canine pal.















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16 • June 1, 2019

Reduce distractions behind the wheel

Despite the fact that automobiles are now designed with more safety features than ever before, the rate of traffic accidents and fatalities continue to rise. The National Safety Council says safety improvement like crash-avoidance technology hasn't reduced accidents, and driver error is still to blame for many crashes – with distrac-

tions behind the wheel and impaired driving leading the way.

The National Highway Traffic Safety Administration says distracted driving claimed 3,450 lives in 2016 alone. Distracted driving is defined as any activity that diverts drivers' attention from the road. This can include everything from talking to passengers to eating to



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fiddling with the car radio. However, distractions from technology have become especially alarming, particularly texting or reading phones while driving. During daylight hours. approximately 481,000 drivers typically use cell phones while driving. The NHTSA says that removing one's eyes from the road for a mere five seconds when traveling at 55 miles per hour is like driving the length of a football field with your eyes closed.

Reducing distractions should be a priority for all drivers. Here are some suggestions, courtesy of Geico insurance and AAA Exchange.

- Store loose gear and other items that can roll around away from the driver's seat so you are not tempted to reach for them.
- Adjust mirrors, GPS maps, climate controls, music and more before you put the car in drive.
- Use a mobile phone only for emergency purposes and only after pulling over to the side of the road. Avoid social conversations on the

phone while driving.

- Limit the number of passengers you allow inside your car. The more passengers, the more distractions. This is especially true for young drivers
- Eat food before getting in the car. Snacking while driving makes you less attentive to the road around you.
- Secure children and pets accordingly. Both should wear harnesses and not be given free reign to roam around the car.
- Try to focus only on driving while in the car. Leave the multitasking to when you're not behind the wheel.

Geico indicates that studies have shown people are limited in the amount of information they can process at any one time. Driving requires focus and an ability to react to a host of potential circumstances. Distractions compromise drivers' ability to focus. Reducing distractions can considerably cut down on the number of motor vehicle accidents each year.

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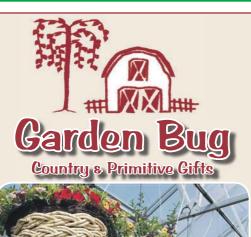
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Tips for first-time boat buyers

Boating is a rewarding hobby that can be great for people from all walks of life. Many people buy a boat because they already have a passion for fishing and want their own vessel to take out on the water. Others may buy a boat because they like the challenge posed by sailing, a demanding yet rewarding hobby.

According to Grow Boating, a marine indus-

try organization that aims to generate awareness and interest in boating, retail sales of new boats, marine engines and marine accessories in the United States totaled \$20.1 billion in 2017. That marked a 9.5% increase from the year prior, highlighting the growing popularity of boating. In fact, Grow Boating notes that 141.6 million Americans went boating

in 2016

The fun of boating compels many people to buy their own boats. For first-timers, buying a boat can be both exciting and confusing. Prospective buyers must decide on everything from the type of vessel they want to the size of the boat to where to store it when they're not out on the water. Such decisions can make the process of buying a

boat somewhat intimidating. However, the following tips might facilitate the process of buying a boat for the first time.

• Assess your skills. An honest assessment of your skills will help you determine if the time is right to buy a boat. There's no shame in waiting to buy a boat until you become more comfortable navigating it. Boating schools can be

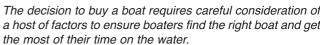
great resources for novices, teaching them the ins and outs of boating. The United States Coast Guard notes that boating safety courses are offered throughout the country for all types of recreational boaters.

• Ask around. Boaters tend to be passionate about boating, and many are willing to offer advice to novices about boats that may suit their needs. Local marinas can be great resources for firsttime boat buyers. Visit a local marina and seek advice from current boat owners. Some may share their own travails and triumphs from their first boat-buying experience, and those stories can serve as a guide as you begin your own journey to boat ownership.

• Be patient. Boats are significant investments, so it serves prospective owners well to be patient and exercise due diligence before making a purchase. Do your homework on the type of boat that best suits your needs, skill level and budget.

• Do your homework in regard to fees. The cost of owning a boat is more than just the sticker price and the cost of fuel. Much like you would before buying an automobile, get a quote on boating insurance before making a purchase, being as specific as possible in regard to the boat's make, model and age when asking for an estimate. In addition, get quotes on docking and mooring fees. When buying a boat, people envision taking their boats out as much as possible. That's only possible for boat owners who fully grasp the full cost of boat ownership and how to finance all of the ancillary expenses of owning a boat.







CUSTOM SIZES AND DESIGNS AVAILABLE

Grow your own pumpkins

by Dr. Leonard Perry, Horticulture Professor Emeritus, University of Vermont

Apples, mums, colorful leaves, and pumpkins are what most appreciate about and associate with fall. Spring may seem an odd time to be thinking about fall, but May is the time to plant pumpkins to grow your own.

rectly to the garden. If sowing directly, sow in hills about 12 inches wide and 6 inches tall. By starting your own pumpkin plants, you can save a bit of money, and get more variety.

Another need of most pumpkins is sufficient space. But, if you have a small garden or just grow

where they or squash were grown last year. (Such crop rotation helps with nutrition, and pest or disease prevention.)

Make sure those with long vines have plenty of room to ramble. You can plant in, or around, taller vegetables such as pole beans, corn, or trellised vegetables. Plant in wellmini-fruit behind the blossoms.

You can harvest the fruit when the surface (rind) is hard and of the

right color for the variety, or light frost kills the vine. Fruit are damaged by heavy frost. Cut fruit from vines with pruning shears, leaving about 3 inches of stem attached. Allow them to cure in the sun for a week, then store in a cool, dry place until



Even if you're not trying to grow one of those fairwinning pumpkins, upwards of 1,000 pounds or more, there are other reasons you might want to grow your own. You'll have plenty of fresh pumpkin flesh for baking and seeds for roasting, lots of pumpkins for carving and decorating without spending much money, selections with unique fruit colors and shapes that you may not find locally, and just the joy (especially if children are involved) of watching them grow. One supplier alone lists 79 varieties! For these reasons, and the fact they're easily grown, pumpkins have been named the 2019 Vegetable of the Year by the National Garden Bureau. Pumpkins grow quickly,

like warm weather, and take a while to produce fruit, so you'll want to get them started the end of May. If you're in an area that may get a late frost, have some frost protection ready, just in case. You can either buy small plants ready to put in the garden, start your own from seeds a couple weeks before planting outside (this helps with our generally cooler and shorter northern summers), or sow seeds divegetables in raised beds or large containers, look for smaller compact selections.

A little larger are the sugar (so called for their sweetness) or pie pumpkins, often with stringless flesh inside.

Larger pumpkins both fruit and plants are typically the Jack-O-Lantern types. Fruit of these are 8 to 15 pounds, and need about 100 to 115 days to mature from sowing.

Even larger pumpkins have fruit that are 15 to 40 pounds when mature, and need 100 to 110 days to mature from sowing.

Then there are the giant pumpkins as you see at fairs, those with fruits 100 pounds up to 1,000 pounds or so, and needing 120 to 130 days to mature.

Finally, there are the specialty pumpkins with warty surfaces, or maturing in white, tan (a very light orange), blue, red, and striped

When choosing which to grow, considerations include use, color, space needed, and time to maturity. If powdery mildew disease is common in your landscape, look for cultivars with resistance to it. Don't plant pumpkins in the same bed

drained soil, which you keep moist during the season. Cultivate often to control weeds, or use a mulch (such as weed fabric covered with straw). Pumpkins have separate male and female flowers, the male ones opening first, the female ones with





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Tips for grad party planners

Graduation is a milestone moment worthy of celebration. Whether newly minted graduates will be pursuing further education after donning their caps and gowns or embarking on their lives as professionals, come commencement season, graduates and their families should pause to celebrate and recognize the hard work it took for grads to earn their degrees.

Graduation parties provide perfect opportunities for grads to unwind and celebrate their achievements. People tasked with planning such festivities can heed the following tips to make sure the party is one grads won't soon forget.

• Personalize the affair. Much like birthday parties, graduation parties are celebrating a particular guest of honor. As a result, planners should not hesitate to personalize graduation parties so they reflect the grad who's being honored. If the guest of honor just earned his or her law degree, order a cake in the shape of Lady

Are you looking for ways to farm profitably without getting bigger?

Justice. Planners tasked with honoring college grads on their way to medical school can ask guests to don scrubs or white coats. Such personal touches can add fun to the festivities while still honoring the new grad.

- Ask grads before devising the guest list. Since the day is all about the recent graduate, let him or her provide input about the guest list. Some grads may be uncomfortable serving as the focal point of a large soirée, while others may prefer family gatherings or less formal affairs with only friends. The goal of the party is to celebrate the new graduate, so make sure they're comfortable with who is in attendance. If grads choose a friend-heavy guest list, plan a dinner out with family on another night.
- Invite teachers. Some graduates form strong bonds with teachers who helped them get through difficult coursework or provided invaluable advice during their academic careers. Make sure these people, who may in-

clude teachers past and present, are invited to the party, and recognize their role in helping the guest of honor achieve his or her academic and professional goals.

• Speak with other parents/planners. Graduation season is a social time of year. Planners and parents can speak with one another to ensure that parties are not scheduled on the same day. This allows all graduates to enjoy their moment in the sun and ensures friends won't miss the chance to celebrate one another's accomplishments. Planners and parents can even coordinate parties together if graduates express a desire to do so.

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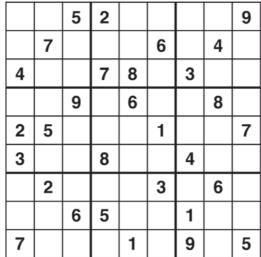
Find at least six differences in details between panels.



tree. 5. Cat's tail is longer. 6. Girl is extending both arms. Differences: 1. Boy's hat is missing, 2. Girl's skirt has ruffle, 3. Boy's left arm is hidden, 4. Flowers added near

Weekly **SUDOKU**

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆◆

♦ Moderate ♦ ♦ Challenging ♦♦♦ HOO BOY!

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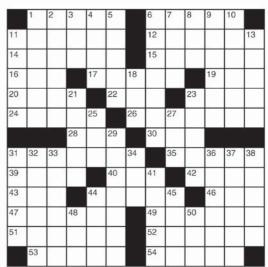
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- 11 Tar
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- owner 15 President Woodrow -
- 16 Suitable
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- 19 Pair
- 20 Fishing need 22 U.K. fliers
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- 28 Water barrier 30 Mainlander's
- memento
- 31 Outstanding 35 Kitchen lure
- 39 Apiary house
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- 43 Commotion 44 Olympian's
- award 46 Mound stat
- 47 Infamous middle name 49 "Die Hard"
- star
- 51 Taxed 52 Loud sounds
- 53 Fight



- 54 Villain's look 9 Get snug and 32 Neatens (up)
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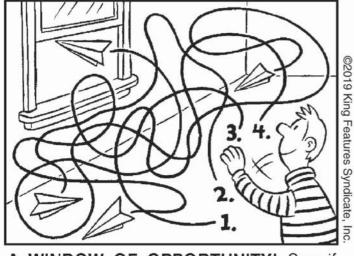
conclusion

More like a

36 Threatening

mud pit

50 Perjurer's pronouncement

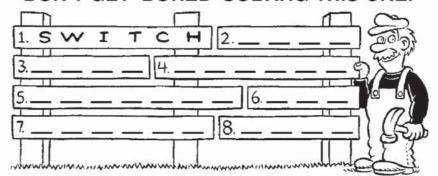


A WINDOW OF OPPORTUNITY! See if you can guess which paper plane made it to the outside world. You only get one try.

Answer: The fourth plane.

by Charles Barry Townsend

DON'T GET 'BORED' SOLVING THIS ONE!



IN A SPIN!

THE DAY BEFORE YESTERDAY, I WAS, LIKE, 17 YEARS OLD. NEXT YEAR, I'LL BE, LIKE, 20 YEARS OLD. HOW IS THAT POSSIBLE?



Answer: Today is Jan. 1.

THE 'R' PYRAMID! As you move down the word pyramid shown here, each word contains the same letters as the word above it, plus a new letter. We give you all the R's. Here are some hints from the top down:

- 1. A chess piece (symbol).
- 3. A primary color.

7. Something that lasts.

- 5. In a lower position.
- 2. In reference to. (Abbr.).
- 4. One who is ill-mannered.
- 6. To break apart.
- 8. To be harshly criticized.

be 19; and next year 20. he was 18; this year he'll day he was 17; yesterday So, the day before yester-His birthday is on Dec. 31. Our Junior Whirl carpenter built this fence using only "word planks" that ended with the word BOARD. The following hints should help you nail down the answers:

- 1. Used with telephones (given).
- 2. A place to advertise.
- 3. Right-side of ship.
- 4. Found around water.
- 5. Old-time cars had two.
- 6. Computers need them.
- 7. College professor's headgear.
- Used in the Old West.

7. Mortarboard. 8. Buckboard. 4. Diving board. 5. Running board. 6. Keyboard. Answers: 1. Switchboard. 2. Billboard. 3. Starboard.

Answers: 1. R (Rook). 2. Re. 3. Red. 4. Rude. 5. Under. 6. Sunder. 7. Endures. 8. Censured.



Church Directory

Ames - Sprout Brook **UMC**

613 Latimer Hill Rd. Ames, NY 13317 518-673-3495

Pastor Jan Markle Sunday Service 9:30am

Bethesda Fellowship

34 S. Division St. St. Johnsville, NY 13452 518-568-2678

Summer Schedule

Sunday Worship 10:00am Wed. Worship and Prayer 6:00pm

Cherry Valley Assembly of God

37 Alden St., Cherry Valley, 607-264-3306

Pastor David Carpenter, Jr. Sundays 9:30am

Christian Church of Charleston Four Corners 1380 E. Lykers Rd., Sprakers

518-922-9088 Pastor Brett Popp

day School (adult & children) 10am Worship 11am, Sunday Eve. Prayer 6:30pm, rs. Eve. of Encouragement 6:30pm

Church of Christ Uniting PO Box 896

Richfield Springs, NY 13439 Rev. Mark Ioset 315-858-1553

Service: Sunday 9:15am Church School: Sunday 10:30a

Church of the Nazarene 3316 State Route 29 W

Johnstown, NY 12095 Offices: 518-762-2982 Cell: 857-523-8417 Pastor, Rev. Mark Fowler

Sunday Morning Service 11:00an Sunday School for All Ages 10:00an

Community Bible Church

Corner of Cliff & Walnut Streets Canajoharie, NY 13317 (518) 993-1016

Pastor Wally Braemer God is Good All the Time & All the Time God is Good

Cornerstone Baptist Church

7274 St. Hwy. 10, Ames

518-673-3405 Sunday School 10am, Adults & Children Morning Worship 11am, Youth Ministry 5:45pm, Evening Worship 6pm, Wed. Bible Study & Prayer Meeting 7pm, Awana Club 6:15-8:15pm

Currytown Reformed Church 829 St. Hwy. 162, Sprakers 518-922-8422

Rev. Donald Hoaglander Visiting Pastor Jane Hubschmitt 518-705-2201 Sunday School 9:15am Worship Service 10:00am

Dolgeville **Christian Fellowship**

3 Elm St., Dolgeville, NY 13329 315-429-9142

Dr. Marvin Isum, Pastor Worship Sunday 10:30am Midweek Fellowship Tuesday 7pm www.dolgevillechristianfellowship.org

Dolgeville United Methodist Church

N. Helmer Ave., Dolgeville Rev. Jack Ford
315-429-7381
Worship 11:00am
Sunday School @ 9:30am beginning
September 18th
Bible Study - Wednesdays @ 12:30pm

Emmanuel
Episcopal Church
588-594 Albany St., Little Falls, NY
315-823-1323
Sunday Mass 10am
Coffee Hour following Sunday Mass
Sunday School & Youth Group
Tuesday 10am Mass & Bible Study
Friday 10am-2pm Thrift Shop

Ephratah Reformed Church

140 Co. Hwy. 140, Ephratah, NY live and share Jesus Christ both locally and global Pastor Jeff Hindrliter
Sunday School for all ages Sunday School for all ages 10am September-June Sunday Morning Worship 11am Prayer & Praise Thursdays 7pm

Episcopal Church of the Good Shepherd 26 Moyer St., Canajoharie

518-673-3440 Communion Sundays at 9:30a Fellowship Time to Follow Call for Holy Day services The Rev. Virginia L Ogden, Rector

Everlasting Joy Believers Fellowship

14 Park Place (in with Seekers Fellowship) St. Johnsville, NY 13452 315-858-2112 Pastor Carolee Coye Sunday Service 10am

Faith, Hope and Love

Church
Rev. David W. Bowley, Pastor
Saturdays, 5 pm
at the
United Methodist Church Lower Level
50 E. Main St, Canajoharie
call 518-673-5128 or see facebook "Faith,
Hope and Love Christian Church" and our
website http://faithhopeandlovechurch.com

First Baptist Church Springfield Center, NY

Rev. - Gary Tyler
Sunday School 10:00am
Morning Worship 11:00am
Sunday night Worship 6:00pm
Wed. night Bible Study 7:00pm
Free meal & music every
2nd Sat. of the month 4-7pm

Fonda Fultonville **United Methodist Church**

11 Montgomery St., Fultonville Pastor Nancy Pullen • 853-3311 Sunday Morning Worship 9:15-10:15, Sunday School 9:15-10:30, Coffee Fellowship Following Service Our Mission-To Actively Follow Christ and To Inspire Others To Accompany Us

Fordsbush Bible Church

131 Clark Rd., Fort Plain 518-568-7606 Pastor Joe Miller

Sunday School 10am, Morning Service 11am, Eve. Service 6pm, Wed. Service 6:45pm, Thurs. Visitation 6pm www.fordsbushbiblechurch.com

Fort Plain United **Methodist Church** 39 Center St., Fort Plain Audie Miller,

Lay Supply Pastor Church Office 518-993-3863 Kitchen 518-993-3464

ALL WELCOME, Worship Service 11an

Freysbush United Methodist Church

Freysbush Rd., Fort Plain 518-842-1357 Rev. Cindy Leonard, Officiating

Worship 9am, nday School 10am ALL ARE WELCOME coffee hour to follow service

Fultonville Reformed Church

Corner of 5S & 30 Pastor Jane Hubschmitt

Sunday School 10AM Family Worship 10:30AM

Glen Reformed Church

State Hwy 161 in the Hamlet of Glen 4 miles South of Fultonville glenreformed@nycap.rr.com Sunday Worship at 9. Sunday School nmediately following Children's Message

Grace Christian Church

20 Center St., St. Johnsville, NY 13452 Rev. Harry J. Teuchert 315-866-8626

Sunday School 9:30am Worship 11:00am

Grace Episcopal Church 24 Montgomery St., Cherry Valley

315-585-4016 Kyle Grennen, Rector Sunday School 11:00am Holy Communion/sermon 11:00am

Active Youth Group - call for detail **Grandview Baptist Church**

15 Washington St., Fort Plain 518-993-9929

Pastor Dan West

Sunday School 10am Morning Service 11am Bible Study & Prayer Meeting Wednesday 6:30pm

Holy Family Parish

Little Falls, NY 315-823-3410 Saturday 4pm Sunday 10:30am

Joy Fellowship

296 Co. Hwy. 119 St. Johnsville, NY 13452 518-568-3217

William Hayes Pastor Joyce Loughran Assistant Pastor Sunday School 9am, Morning Worship 9:30an Wednesday Evening Worship 6:30pm

Lassellseville United **Methodist Church**

State Hwy. 29

Pastor Robert A. Lindsay Worship: Sunday 9:30am

Sunday School to start soon Lighthouse Baptist Church

1524 St. Rt. 29A, PO Box 114 Stratford, NY 13470-0114 315-429-8854

Pastor Martin Smith Sunday Morning Worship 10:30am; Wec Eve. Prayer Meeting 6:00pm; 2nd & 4th Sunday Dinner following Morning Servic with Afternoon Service following dinner "Old-Fashioned Bible Preaching"

Marshville **Evangelical Church**

Route 10 South

Rev. David Bowley

Worship Sunday 9am

National Kateri Tekakwitha Shrine and Indian Museum

3636 St. Hwy. 5, PO Box 627 Fonda, NY 12068-0627

518-853-3646 lasses: Sat. 4:30pm, Sun. 10:30ar terishrine.com www.katerishrine.com

New Hope Christian Fellowship

32 Spencer St., Dolgeville, NY 13329 Pastor Pat Andreoli 315-429-3630

Sunday School 9:30AM Worship Service 10:30AM

Oppenheim United Methodist Church

Route 29 Rev. Jack Ford 315-429-7381

Worship 9:30 Sundays,
Totally Awesome God-TAG time 6:30pm
Wednesdays beginning in Oct., Sunday
School 9:00am beginning September 18th

Our Lady of Hope R.C. Church

115 Reid St., Fort Plain, NY 13339 Parish Office 518-993-3822 ourladyofhope@frontier.com Mass Schedule: Saturday, 4pm; Sunday, 8:30am & 11am; Confessions: Sat. 3 & by appointment lease call parish office for Holy Day schedule

Paines Hollow United Methodist Church

Intersection of 167 & 168, Paines Hollow Pastor Peg Donaghy 518-568-7604 Sunday Worship 9:30AM Fellowship Hour to Follow

Randall Christian Community Church

NY Rte. 5S Sunday Service 10:30am Worship Leader Darlene Spaulding

Reformed Church of Canajoharie

15-19 Front St., Canajoharie 518-673-2816 Rev. Matt Draffen

Sunday 9am Christian Education 9:20 Choir Practice 10am Worship Nursery provided Fellowship hour follows worship

Reformed Church of Fort Plain

165 Canal St., Fort Plain, NY 13339 518-993-4302 • fortplainrca@yahoo.com Rev. Nancy E. Ryan

Worship 10:30am, AA meetings Mon. & Tues. 7pm, cond Thurs. Prayerspace 6am to 6p

Reformed Church of Sprakers

112 Sprakers Hill Rd Rev. Nancy Ryan Worship ~ 9AM All Welcome!!

Richfield Springs

Bible Church
19 Church St
Richfield Springs, NY 13439
Rev. David Tosi
315-858-0564

315-858-0564 Sunday School (all ages) 10am Worship Service 11am & 7pm Wednesday - Prayer & Praise I for info on various Youth Minis' ww.richfieldspringsbiblechurch.o

River of Jubilee Church

057 State Highway 5 Sprakers, NY 12166 Pastor: Gail Adamoschek Pastor: Steve Adamoschek 518-322-1427 / 518-224-4455 Sunday Service 10:00am Children's Church Available Other Learning Opportunities Avail Visit us on Facebook

Sacred Heart Catholic Church

111 3rd Ave., Tribes Hill 518-829-7301 Mass Saturday 4:00pm

Saint Cecilia Church

26 Broadway, Fonda 518-853-4195

Sunday Worship 9:00am

Salisbury Center United Methodist Church

2545 St Rt 29, PO Box 104 Salisbury Center, NY 13454 315-429-9085 Rev. Lynn R. Lockwood

Seeker's Fellowship

14 Park Place St. Johnsville, NY 13452 518-568-7700

Pastor Mike Yezierski

unday Worship 6pm, Tues. Prayer 7pr Bible Study 7pm (Wed., Thurs. & Fri,) We teach the fullness of God's Word, a life of holiness for the believer, and salvation for all who trust in Christ's sacrifice.

St. John's Lutheran Church

774 St. Hwy. 163, Fort Plain, NY 518-705-7552

Rev. David A. Johnson, Ph.D. Sunday Worship 9:00am, Sunday School 10:00ar Ladies Aid W.E.L.C.A. *Handicapped Accessible*

St. John's **Reformed Church**

68 W. Main St., St. Johnsville 518-568-7396

Faithfully Following Jesus Christ Sunday Worship 10:30am

St. John's & St. Mark's **Lutheran Church**

143 Church St., Canajoharie 518-673-2224

Pastor Zach Labagh Sunday Worship 11am Christian Ed. 9:45am stjstm@frontiernet.ne

St. Johnsville **Methodist Church**

7 East Main St., St. Johnsville, NY 13452 Pastor Corey Jones

518-568-7983 • 315-866-8626

St. Joseph's Roman Catholic Church

31 North Helmer Ave., Dolgeville 315-429-8338 Sunday Mass is 8:30am

St. Mary's

Episcopal Church 7690 Rt. 80, Springfield Center 315-858-4016

Fr. Kyle Grennen, Priest-in-Charge Sunday Eucharist, 9:30am Coffee - Fellowship follows service Holy Days - as announced

St. Paul's Lutheran Church 36 Lydius St., Fort Plain, NY 13339

518-993-2040 Pastor Jonathan Litzner 405-250-8395

Sunday School 9:45-10:45am Bible Study & Coffee Hour Sunday 10-10:45am Church Service 11am

St. Paul's Lutheran Church

St. Johnsville, NY (next to NBT Bank) 518-568-3007 Church 518-568-2405 Parsonage Rev. David Johnson Sunday Worship 10:30am, Tues. Bible Bungee-Jumping 7pm, ble Study" that actually makes sense rrant, Welcoming Community of Faith & Vis

St. Paul's **Universalist Church**

565 Albany St., Little Falls 315-823-2284

Service Sunday 10am
Coffee hour following service.
Our Church is a home to inquisitive spiritual free thinkers with diverse religious beliefs. All are welcome.

St. Thomas the Apostle **Catholic Community**

1 Church St., Cherry Valley 607-264-3779 Masses Sunday 8:30am & 11am

Stratford United Methodist Church

Route 29A 315-429-9085

Rev. Lynn R. Lockwood Worship 9am

The Christian Church

of Rural Grove
170 Rural Grove Ad., Sprakers, NY 12166
518-922-7831
Pastor Joshua Fetterhoff pastorjosh@ruralgrovechurch.org Sunday School (all ages) 9:45am, Morning Service 11am, Eve. Service 6pm Wed.-Family Night 7pm, "Where Bible Teaching is Fundamental

The Holy Spirit Polish National Catholic Church

618 E. Gansvoort St. Little Falls, NY 315-823-0793 Father Rafal Dadello

s at 11am on Sunday www.holy spiritpncc.org The House of Zion, Inc.

580 Dillenbeck Road, Palatine Bridge 518-577-3069 Pastors Richard & Denise Allen Saturday Morning Worship Service 11:30am Listen to UMT on live radio 97.5FM the 1st Sunday of every month 3pm-4pm

The Time for **Truth Ministries**

PO Box 351 Amsterdam, NY 12010 Phone 518-843-2121

Cell 518-774-8558

Trinity Lutheran Church 5430 St. Hwy. 10, Palatine Bridge 518-673-2224

Rev. Zach Labagh
unday Worship 9am, Sunday School 10am
(No services in July, meet at St. John's St.
Mark's Lutheran Church in Canajoharie).
Communion on the first & third Sundays

United Methodist Church of Canajoharie

50 E. Main St. 50 E. Marin St. 518-673-2717 esus says - "Come Unto Me" Join us Special Music Ministry, Beautiful Surroundings, Friendly People Sunday Service 10:30am - Email: umc673@frontiernet.net ommunion Last Sunday of the Mont

Valley Alliance Church 85 E. Main St., Nelliston

518-993-3458 Pastor Dave Prahst Sunday School (all ages) 9:15am, Sunday Worship 10:30am, Wed. Praise & Prayer 7pm, Fri. Youth Group 7pm (7-12th grade

Victorious Life Church

RMI Fellowship 104 Main St. & 431 St. Hwy. 80 Fort Plain, NY 518-993-3102 Sunday School 9am, Morning Worship 10:30ar Youth Group 5pm, Evening Worship 7-8pm

To Place or Update **Church Listings** Call 518-673-0129 or email

jsnyder@leepub.com

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Getting older brings about many physical and emotional changes. Wrinkles are one such physical change that is widely

Some people begin fighting wrinkling long

associated with aging.

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Top causes of wrinkles

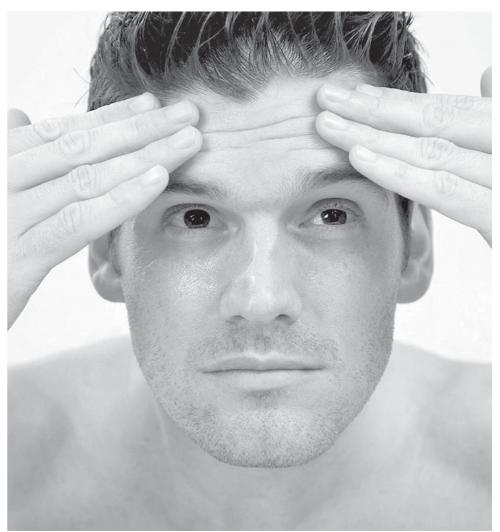
before their first wrinkle even appears. A poll of 2,000 women conducted by DermStore found that around 30 percent of women under 35 regularly use anti-wrinkle products. The average millennial user starts at age 26 compared to the average currently 55-year-old woman, who began using wrinkle-reduction products at around age 47.

As skin ages, its natural

ultraviolet radiation speeds up the natural aging process and is the primary cause of early wrinkling. UV from the sun can break down the supportive connective tissue in the skin, which includes collagen and elastin fibers. Using sunscreen and staying out of the sun as much as possible can help.

• Exposure to pollution: Pollution can cause free ing off skin contaminants from the air each day may be beneficial.

- Smoking: The contaminants in cigarette smoke can damage the skin, promoting wrinkles, states the skincare company Nivea. Also, dragging on a cigarette purses the lips and can form deep wrinkles around this area of the face.
- Poor diet and stress: Stress and eating un-



Avoiding wrinkle triggers and following a dermatologist's advice on skincare products and care can help people stave off wrinkles.

- King Crossword — — Weekly SUDOKU —

Answers

Solution time: 24 mins.

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Answer

Just Like Cats & Dogs

by Dave T. Phipps





'Just wait 'til the marshal gets home!"

tendency is to become less elastic. However, other factors also contribute to the formation of wrinkles. Understanding the main culprits behind wrinkles can help people combat them more effec-

• Exposure to UV light: The Mayo Clinic says that

radical damage that contributes to wrinkling, advises Maral Skelsey, M.D., director of the Dermatologic Surgery Center of Washington. Other data indicates those who live in urban settings have more wrinkles and age spots than those who live in rural areas. Wash-

healthy foods, such as a diet high in sugar, may contribute to premature aging of the skin. According to Kristina Goldenberg, MD, board-certified dermatologist of Goldenberg Dermatology, after sugar is ingested it goes through a process called glycation, which involves binding to different proteins in the body. These proteins include collagen and elastin. By binding to these building blocks of the skin, sugar weakens collagen and elastin and will lead to an appearance of fine lines and wrinkles. Stress can increase cortisol levels that affect the skin's ability to stay hydrated and elastic.

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ociate Broke 518-332-3279



Licensed Real Esta 518-495-5770



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Real Estate Agents Wayne Andrew Sherer



Real Estate Agent Eric W. Salisbury



Real Estate Agent Gary "Dart" Jones 518-568-3113



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- MLS201918201 -CANAJOHARIE: This is a gorgeous older home with a lot of character. Large rooms, four bedrooms (1 downstairs 3 upstairs). hardwood looring, fireplace, Frenc doors to patio with a large yard, built-home hutches!!! Please see the information sheet for detailed information. Must see home to appreciate its character



MLS201708738 -838 - 32 Maple Ave., CANAJOHARIE: Lovely two family that has many updates--new roof, furnaces, windows sheet rock to mention a few. Each apartment has two bedrooms and one full bathroom. Walking distance to school and downtow Plenty of off street parking. Asking \$69,900



FORT PLAIN: A 2007 Modular with a great view! This home has a lot to offer – Large open kitchen with an island and an open concept to the dining area, family room with firenlace ving room with a great view of the valley, laun-

MLS201915264 - 848

861 State High

dry area on the first floor. Large master bedroom with master bath plus three more bedrooms and 2 bathrooms. Breezeway leading to two car garage, plus a 3 car detached garage for all your toys. basement with high ceilings for room to expand. And as a great plus an in-law apartment in the upstairs. Asking \$299,0



MLS201913076 - 960: 0 East Hill Road. MIDDLEBURGH: Views galore! Be inspired, at peace and enjoy this 2 acre location with its breathtaking scenery. Build your dream home or cabin here over ooking the beautiful Schoharie Valley and surrounding mountains Approx. 1 hour from Albany and 3 hours from NYC, 5-10 minutes to village with many restaurants, shops and amenities. If you made it to Anderson Road you want too far. Property located on turn on E. Hill Rd. in front of brown house. Askin



NEW LISTING!!! MLS201919652 - 520: 62 E. Main Street, PALATINE BRIDGE: This is an affordable home with up-dated (Anderson) windows, vinvl siding and a nice backvard. Beautiful wood floors o the 1st floor, formal dining room, built-in cabinets, country kitchen and 3 bedrooms, and 1 1/2 baths. Laundry on 1st floor. Front porch and back deck. Asking \$64,000



MLS20191768 - 613: 80 Mover Street, CANAJOHARIE: We're proud to list one of the rare preserved, yet updated, Victorian era homes in the area. The current owner and previous generations have maintained many of the original features, including the kitch en pantry, butlers pantry, pocket doors, clawfoot tub, woodwork and windows throughout. The new owner will be lucky to acquir this precious piece of history. Asking \$134.90



MI S201832758 - 800: 32 Clark Ave. FORT PLAIN: Well-main ained ranch – two bedrooms (11x15 and 10x10) (large closets), 1 1/2 baths. Large living room (16x22) has a large picture window and large closets. Kitchen is a gallery, opens into the dining area. The three season rom has a natural gas stove and 3 sliding doors undry room is off the kitchen which leads to the one car garage A whole house attic fan cools the home in the summer and radiant electric heat in the ceiling for winter time. Great location with no homes across the street or behind! Asking \$99,900



PRICE REDUCED!!! MLS201831949 - 801: 2977 County Hwy 31. CHERRY VALLEY: This home has a little bit of new and old. Original home dates back to 1890's wtth updates – vinyl siding, newer kitchen addition with handicapped bathroom, hardwood flooring, newer roof and on 2.3 acres with lad 245' road frontage on two sides of road. Just off Route 20 close to Cooperstown, Otsego Lake and Canajoharie. Family or master bedroom with bath, dining room, living room, kitchen with open dining area/laundry and 3 bedrooms and one bathroom with shower. Two-story barn with upstairs. Asking \$114,900



MLS201918506 - 067: 367 Schoharie Hill Road, SCHOHARIE: This house is perched on a side hill giving the home owner a beautiful view across the Schoharie Valley. This 3 bedroom, one bath home is located on five acres with the property lined by woods, giving you seclusion and privacy. The property was beautifully landscaped (some work

equired to bring back to its full potential). The basement was gutted and refinished to dry lock the foundation, totally brand new plumbing throughout, 200 amp service box. Oil furnace and wood furnace attached to the heating ducts. Brand new kitchen with new appliances, granite counter tops, new cupboards, fixtures, light. Enjoy the view while barbecuing from the deck or sit in the living room and enjoy the view year round and in the winter the warmth of fireplace. Askin



NEW LISTING!!! MLS201918683 215: 39 Center Street, ST. JOHNS-VILLE: Priced right!!! Great starter home has a lot of potential. Two story 3 bedroom, 1 full bath home with a slate roof. Single stall detached garage. Located at the bottom of OESJ High School hill. Small lot for easy maintenance. Natural wood work. parquet floor in the kitchen, hardwood under carpets in the living room and dining room. Beautiful staircase and full attic. **Asking \$39,999**



NEW LISTING! MI \$201919280 303: 1420 State Highway 163, CANAJOHARIE: Step into this home and just bring your furniture. New kitchen with concrete counter tops and new stainless steel appliances, new flooring, new fixtures and beautiful new bathrooms. This 3 hedroom 2 hath home has a living room with built-in shelves and pellet stove. Open kitchen and dining

room. 2nd floor laundry. Attached garage and a perfect yard for entertaining. Make an appointment today to tour this beautiful home. Asking \$115,000



MLS201916250 - 065: 6965 State Highway 5S, FORT PLAIN: Are you looking to downsize or for your first starter home? This one bedroom, 1 bath home is located on 3.4 acres of land. There is room to add additional bedrooms and/or a family room. A new chimney has been installed along with a new well pump. The septic has been pumped in the past year (approx.). Asking \$79,000



MLS201913804 - 063 71 W. Grand Street. **PALATINE BRIDGE:** This was originally a two family home. It has been partially gutted for renovations and can remain a two family or converted to a one familv home. The roof is new and new windows on the second floor. Asking \$30,000



MLS201723505 - 051: 21 Highland PL, CANAJOHA-RIE: Welcome Home!!! Nice three bedroom, one bath home in Historic Canaioharie, Updated kitchen, wood floors, some new windows. Large back vard for the kids and pets. New Solar System!!! Some minor cosmetic repairs needed. Asking \$64,900

MOVING TIPS TO MAKE UNPACKING EASY

(StatePoint) — When it comes to moving, we usually focus on the process of getting organized and boxing up valuables. But we often forget about the debatably more stressful part of moving: unpacking.

In fact, Americans take an average of 182 days — more than six months! — to finally unpack the last box after moving into a new home, according to Duck Brand research.

To make settling into your new abode much easier, start by thinking about the process backwards and consider these tips:

- 1. Measure everything during the home inspection. Use your time on inspection day to collect all room and cabinet dimensions. This will help determine if furniture will fit, where items will go and how much storage is available. Pro tip: Precut shelf liner to instantly line drawers and cupboards on
- 2. Pack based on where it will go, not where it was. Envisioning where items will go in your new space is key. Then, label each box with its contents, as well as the room where it should be unpacked. Not sure what moving supplies vou'll need? The free online moving calculator at DuckBrand.com is a great resource. Simply input your number of bedrooms and baths, and you'll receive a printable/sharable shopping list based on your specific needs.
- 3. Use plastic bags and tape to keep pieces together. For smooth assembly, use packaging tape and small plastic bags to attach screws, nuts and bolts to the bottom of dismantled furniture. This can prevent losing those small, essential pieces and perhaps even reduce the number of hardware store trips on move-in day.

unpacking can be frustrating. Instead, try Duck brand Mover's Edge, a unique heavy-duty packaging tape and refillable dispenser system that makes it easy to seal and unseal boxes

MOVING 27





(51) 75 Walnut St, Canajoharie: Open Saturday, June 22n (51) / S Walnut St, Canajonarie: Upen Saturnay, June 22nd from 2-4. Wood floors in LR, Dr and Den. New vinyl plank floors in the Kitchen and updated bath, new Pex water lines. Newly sided in 2017. The kitchen is spacious with a snack counter and room for a table, laundry off kitchen and plenty of room to put a 2nd bath. Rear enclosed porch. The back yard w/privacy fence. Paver brick patio and vinyl shed. This home is move in ready. \$100,000. is move in ready. \$109,000



(2011) 325 Canal St. Fort Plain: Open Saturday, June 22nd from 9-11. 2 BR Ranch style home is in "move in" condition. Hardwood floors throughout. Newer built in wall oven and cooktop. Awesome back porch or 4 season room with slate floor. Secluded back yard. Basement could be finished and made into a large family room. Electric and plumbing have been updated. Nicely landscaped. Many mature flower beds with loads of propopials. Acking \$20,000.



(2003) Mapletown Rd, Canajoharie: Open Saturday, June 22nd from 2-4. 6 BR home with the master on first floor. Great room with fireplace. Formal LR with fireplace and formal DR. Custom kitchen. Attached greenhouse, attached garage with ample storage. Picturesque views. Situated on 3 country acres. This property can be purchased with additional acreage, barns and outbuildings. House and 3. acres offered at. \$279,000



(219) 16 Clinton Ave, Fort Plain: Open Saturday, June (219) To Clinton Ave, For Plain: Upen Saturday, June 22nd from 9-11. Stunning Victorian with many grand features: stained glass windows, hardwood floors, pock doors, tray ceilings, gorgeous open staircase. Original finish woodwork. 7 BR's, 3 bathrooms. This is a beauty a great neighborhood. NEW PRICE: \$159,000

Richard Euler Realty is a proud member of the NY State Multiple Listing Service. The NY State MLS is the largest MLS in New York, covering all 62 counties and the 5 Boroughs. The NY State MLS sends your listing directly to Zillow, Trulia, Realtor.com, Homes.com, HomeFinder.com and more. With International Syndication, the NY State MLS gets your listing on several sites around the world in 24 different languages. Your listing will have the exposure it needs.





(505) 92 Smith St, Canajoharie: Open Saturday, June 22nd from 2-4, 2 BR's, full bath, LR with fireplace and vaulted ceiling, DR with sliding door, kitchen on the main floor and amily room, 3rd BR and bath on the finished lower level. Deck

off the DR has a panoramic view of the village. All situated or alomost an acre at the edge of the village. **\$149,900**

(2007) 64 Hancock St, Fort Plain: Open Saturday, June 22nd from 9-11. Fairly priced 3 BR village home near bike path. Recently painted interior in good shape. Hardwood floors. Open staircase. New windows. Vinyl sided. Enclosed front porch. Great side lawn where wild life abounds. Last house a the village limits. Worth checking out for \$69,900



Licensed Real Estate Broker

518-673-3677





71 Mohawk Street, Canajoharie, NY 13317 richardeulerrealty.com



— no blade or boxcutter needed. As tape flows through the dispenser, the edges on each side of the tape are slightly folded. This allows for easy removal when you're ready to unpack; just lift up the folded edge by hand and pull off the tape.

5. Avoid breaks and spills. Fifty-five percent of Americans have experienced an important item being damaged during a move, according to Duck Brand research. To make sure your valuables arrive intact, use products that offer increased protection like Bubble Wrap cushioning and Foam Pouches. Pro tip: For additional safeguarding, use plastic grocery or storage bags to contain any items that could potentially spill.

6. Pack storage items in plastic bins rather than boxes. While cardboard boxes are an easy and cost-effective way to transport the majority of your belongings, plastic storage

containers are more ideal for seasonal items that may not be unpacked, but instead stay in storage. Not only will the bins shield contents from the environment, like a damp basement or dusty attic, but their uniform size also will make it easy to create an organized and efficient storage space.

For additional moving tips and how to choose the best supplies for your relocation, go to DuckBrand.com.



STELLAR WATERFRONT HOME PECK LAKE! \$545,000

Tranquility found! This house exudes peacefulness yet it is a perfect for gatherings

The 1 Acre level lot provides unsurpassed lake views, privacy and private dock and boat launch! Generous 3BR/2BA with extra sleeping in the oversized family room. Lake views abound, living room with Fireplace, gleaming wood floors thru-out. 2 Car Garage! Too many wonderful features to list!

518-835-ADKS (2357) www.ADKSrealty.com Email: mel@adksrealty.com

2144 State Hwy. 10 Caroga Lake, NY 12032

MaryEllen Charles, **NYS Licensed RE Broker/Owner** Cell: 518-705-5616 Daniel MacIvor,

NYS Licensed RE Salesman Cell: 518-831-1717 **MYSTATE MLS**





WEST CAROGA WATERFRONT! \$298,000

South Shore Rd. 2BR/1BA, Open great room, large lake front sun room. Neat rock features and lakesid patio & dock. 2C garage, extra storage. This owne lived here year round! 2 Back lots included!





PECK LAKE CLASSY LAKEHOUSE! \$329,000

Move right into this Impeccable Year Round 5BR/2BA home. Oversized rooms to accommodate friends and family. Family room, living room w/ earthstone woodstove. new kitchen. Lake side master suite with Balcony! High pour dry basement. Private setting, Come escape to Peck Lake!





PRICE REDUCED

NEW

WEST CAROGA LAKE! \$275,000

Year Round Living 2 BR/2 BA. Huge Garage for Boats and Sleds. All Redone and Ready For You!

CAROGA LAKE ACREAGE \$159,000

25 Acres WATERFRONT on the Outlet. APA says OK to Build! Beautiful wooded Lot you can design your dream home!

\$108,000 CAROGA LAKE 3 Lots included for plenty of

privacy. 3BR/1BA with Laundry, Full basement Move INI!

EAST STONER LAKE! \$185.000 Direct Waterfront 3BR!!

Sandy beach w/Dock and patio Full basement could make year round. Hurry Summer's almost here!





Be First to enjoy this fantastic Cottage 'In the venues!" Too much new to list but enjoy a class Adirondack style interior insulated w/Prop Electric heat. 1BR down, Loft up. hickory kitchen Walk to 2nd Ave Association beach



\$89,000

2-3BR 2BA Near Pine Lake! Finish this dream home. Full basement HUGE Lot, Plenty done you can make it yours!



WEST CAROGA LAKE ACCESS- \$89.900

Cozy cottage with many updates. Large bedroon up with walkthrough bedroom Propane heat and woodstove. Modern kitchen and huge bath. Low maintenance lot Walk to deeded shared lake acces



2 FOR ONE! \$89,900

E. Caroga Lake Access from these 2 cottages! One is set up for year round fun!! Large Lot, Walk to Lake.



WEST CAROGA LAKE ACCESS! \$95,000

3BR/2BA on large corner lot. Huge garage w/storage above Quiet location just a short walk to deeded lake access.



GLOVERSVILLE \$117.000

Entertain here!! Formal Dining room, New kitchen & Baths Gleaming hardwood floors 3 BR's 1.5 BA on quiet street. HUGE Fenced Backyard!



VACANT 2 FAMILY GLOVERSVILLE!

Live free let your Renters pay the bills Big Barn for more \$\$ Lots of new makes Move in Ready \$42,000



31 NORTH ST GLOVERSVILLE \$42,000

Investors! 2 Units with a Garage! Fully rented and making \$\$



TOWN OF JOHNSTOWN! MINUTES TO OWN, LAKES, GOLF AND MORE! \$135,000

Plenty of pluses here! Main floor master, Oversized Living room, Huge BR's up, easy to add 2nd bath. Oversized garage on a nice country lot.



\$79,900

In the Avenues! Walk to E Caroga Assoc. Next to new Oversized 1BR w/great room. Full basement! Insulated and selling Furnished! HUGE Fenced Yard!!

WELLS

HAMILTON CO.- 8.5 ACRES \$35,000

NORTHAMPTON

250 ACRES, GREAT SACANDAGA WATERFRONT

CAROGA LAKE 8.5 ACRES, LAKE ACCESS \$32,000

CAROGA LAKE 2 LOTS- (200FT X 180FT) CLEARED! \$16,000 **FPHRATAH**

TWO 10 ACRE PARCELS, CLEARED, LEVEL EASY TO BUILD \$34,000 & \$38,000

OPPENHIEM

72 ACRES-BORDERS STATE LAND/SNOWMOBILE TRAILS \$79,900

PECK LAKE

BUILDING LOT WITH LAKE ACCESS \$30,000

BLEECKER

98 ACRES, APA APPROVAL TO BUILD 10+ HOMES! \$135,000

Check the Web www.adksrealty.com. Call 518-835-2357





Junell Pasquarelli

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Local, Honest & Dependable. Call today for all your real estate needs.

NEW LISTING \$289,000 3359 St. Hwy 29, Johnstown



& PRIVACY come with the Meticulously Kept 3 BDRM home, large 3 car garage &14.40 +/- acres. This is a must see to appreciate.

NEW LISTING \$449.000 194 Bogden Rd., Broadalbin



Spectacular 4 BDRM, 2 bath contemporary, hardwood floors 3,100 sq. ft., 2 car garage, walk out basement, pool house, in-ground pool, stunning concrete work, basketball court & 4.9 +/- acres.

Call Gretchen Salvione's Cell at (518) 848-1843 to view.

\$289,000 106 Jamie Lane, Broadalbin



Stellar 16 year old Colonial 5 BDRM, 2.5 full bath home situated on 1.5+/acres located on a dead end (Culde-Sac) just off Route 29. We have 1 BDRM downstairs, 4 upstairs, nice back vard with deck & hot tub to enjoy. Soapstone/Corian solid surface countertops, a master bath with a double vanity & full tiled shower. A must see!

\$139,900 3 Prindle Ave., Johnstown



Completely remodeled 4 BDRM, 1.5 Bath home with a New Kitchen, New Roof, New Carpets Freshly Painted, 2.5 Car Garage, Nice Yard and Super Convenient Location

NEW LISTING \$689,000 • 143 West Ames Rd., Canajobarie





STUNNING, METICULOUS 119 acre horse farm with a completely remodeled 4 BDRM, 2 full bath home. 15 stall barn w/barn cleaner (easy to convert/ use for any livestock), heated work shop, 2 bay but 4 deep garage, 4 bay machine shed & hunting cabin. 80 acres of organic hay ground, 20 acres of mature woods & 19 acres of fenced pastures. All buildings on this farm are completely renovated! SELLERS ARE MOTIVATED, COME CHECK IT OUT!

NEW LISTING \$232,000 152 St. Hwy. 161, Amsterdam



This 3 BDRM, 2 full bath RANCH home has over 2,500 sq. ft. of living space, a beautiful sunroom outback, in-ground pool, 2 car garage, extra large outbuilding, Generac gernerator & 1.6+/- acres

NEW LISTING \$149,000 289 Market St., Amsterdam



This is a 3 to 4 BDRM, 2 full bath home with 2 BDRMs on the 1st floor, hardwood flooring, a partially finished basement, 2 car garage, large corner lot & super convenient location.

NEW LISTING \$139,000 2371 Hickory Hill Rd., Fonda



Super cute well maintained 2 BDRM, 1 bath ranch on 0.41+/acres, with large 2 car garage, breezeway, fenced vard, full basement & walk up attic.

NEW LISTING \$99,900 330 Mobawk Dr., Tribes Hill



Super large 6+ BDRM, 3.5 bath home in the heart of Tribes Hill. Tons of possibilities but it does need some TLC, it is a fixer upper but could be a FABULOUS opportunity. appraised recently at \$105,000 so you're walking into equity & sellers are motivated, make us an offer!

NEW LISTING \$199,500 142 Newkirk Rd., Johnstown



Cute, 1 BDRM home/cottage/camp situated on the water and includes 22.48 +/- acres. Screams privacy & relaxation. Propane furnace, pellet stove, central A/C, Granite coutertops & annual taxes are only \$3,585

REDUCED \$350,000 171 Zarcarco Rd., Town of Glen



137 +/- ACRE Farm with a BEYOND BEAUTIFUL VIEW & some nice large barns & outbuildings. Lots of Rd. Frontage if you wanted to subdivide

NEW LISTING \$69,000 66 Florida Ave., Amsterdam



Cute 2 BDRM, 2 full bath home with off street parking & full basement that is Priced to Sell. Located on the Southside. Your mortgage could be cheaper than rent.

COMMERCIAL \$114,900 32 Main St, Fultonville



Amazing opportunity for someone to have great storefront space & a number of apartments. Back in 1878 The Starin Hotel & Opera House was called The Jewel of The Village. We need someone handy & a cash buyer to give us a New Jewel of The Village! SO MUCH OPPORTUNITY HERE!

LISTED AT \$225,000 712 County Highway 132, Hagaman



The former TOP NOTCH TAVERN is available. Summer is around the corner, Saratoga opens soon... Restaurant, Brewery, Small Apartment Complex? Building & all remaining equipment are included. MOTIVATED SELLER LOOKING FOR OFFERS! Come check it out!

LISTED AT \$189,000 320 Willie Rd, Town of Johnstown



Summer is coming so it is time to start thinking about your summer get-a-way... We have a super cute 1 BDRM, 5 year old home situated on 30.40+/- acres that sits back off a long driveway to offer you nothing but peace & quiet. Cathedral ceilings, super cozy & there is a HUGE pond/water source to kayak on.

Commercial/Mixed Use/Residential \$85,000 • 13 Main St, Fultonville



Amazing Building with Stunning Construction. Currently set up with an Apartment option & open Congregation Area. Opportunities are endless at this price. 4 designated off street parking spaces & room to make more if desired

GRETCHEN SALVIONE

NYS Licensed Real Estate Salesperson - Cell: (518) 848-1843 - Email: Gretcl

DANIEL RUGGERI

NYS Licensed Real Estate Salesperson - Cell: (518) 229-8657 - Email: Danruggeri@yaho

ANDREA BROOKS

NYS Licensed Real Estate Salesperson • Cell: (518) 366-6818 • Email: Andrea, Brooks@vahoo.com

KATIE-ANNE ISABELLA

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