

Mohawk Valley Country Editor

June 15,
2019

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- Your Hometown Realtors -

RESIDENTIAL - COMMERCIAL - FARMS - INVESTMENTS - ACREAGE

Krutz Properties is #1 per Capital District MLS for property SOLD in Montgomery County!



REDUCED!!!
MLS201603763 - 014:
26 Center Street,
PALATINE BRIDGE:
This home has been totally
remodeled from top to
bottom, beautiful hardwood
floors through-out. Large
bedroom on first floor that
could be made into two
bedrooms or convert into
a master bathroom. One full bath on 1st floor and one full bath on 2nd floor. Two bedrooms on 2nd floor. A nice space on the second floor that can be a family room or kids play area. Located on a dead end street with a decent size back yard for the kids to play. There is a new roof, new furnace and hot water heater, brand new kitchen with granite counter tops. The house has plenty of natural light. **Asking \$95,000**



REDUCED!!!
MLS201723505 - 051:
21 Highland PL,
CANAJOHARIE:
Welcome Home!!!
Nice three bedroom,
one bath home in
Historic Canajoharie.
Updated kitchen, wood
floors, some new win-
dows. Large back yard
for the kids and pets.
New Solar System!!!
Some minor cosmetic
repairs needed.
Asking \$63,000



MLS201916551 - 066: 891 South Green Road, **SPRAKERS:** Looking for your home in the country? This Colonial Style home is in excellent condition. There is a master bedroom with full bath and sitting room on the first floor. There is a beautiful family room off the kitchen with access to the deck. There is a swimming pool that can be easily removed for those who are not interested. There is an office space and two bedrooms on the second floor with a full bath with jet tub and a Sauna. The 24x40 garage has room for several vehicles. Tray ceilings throughout the first floor, great kitchen with counter space for three. **Asking \$225,000**



NEW LISTING!!!
MLS201920770 - 068:
197 Caswell Road,
PALATINE BRIDGE: This property
has recently been sub-divided,
therefore taxes are not available
at this time. The land has been
farmed for the past 20 years
as Organic (NOT CERTIFIED). This home has 3 bedrooms and 2 full bathrooms. New roof in 2018 and new hot water heater 2 yrs. old. Water pressure tank 2 yrs. old. Electric to all buildings. The barn, greenhouses and packing house have separate boxes. Running water to all out-buildings with frost proof hydrants. Dry basement. Pond 12 feet deep. Great Views. Master bedroom upstairs was originally supposed to be 2 bedrooms, but was made into one bedroom. Furnace is a combination oil, wood and coal forced hot air. Two dug well, not sulphur, one for the barn and all the other buildings. **Asking \$365,000**



NEW LISTING!!!
MLS201920597 - 287:
136 Bushnell Road,
MAYFIELD: This is an
opportunity of a lifetime
to own this beautifully
kept colonial farmhouse
and post and beam
barn sitting on 8.54
acres on Sacandaga
Lake. With 5 bedrooms
and 5 full bathrooms and charming views from every window, this would make a great getaway for the whole family a B&B or even a wedding venue. It has 333 feet of permitted lake frontage, an in-ground pool, a walkout basement, a rooftop deck and a stunning wrap-around porch. This is such a special property. Pre qualified buyers only. More pictures coming soon!!! **Asking \$750,000**



NEW LISTING!!! MLS20190034 - 291: 139 Hilltop Road, **BROADALBIN:** This home radiates luxury and refinement from the moment you walk in. Custom 6 bedroom, 4 bath home w/2 master suites. This residence is graced by soaring ceilings, hardwood floors and built in Sonos speakers. Spectacular Chef's kitchen w/granite counter-tops, family room with fireplace and elegant dining room. Glass doors to the backyard to an outdoor kitchen and in-ground pool. Master bedroom presents tray ceilings, his and her walk-in closets and bath w/double headed shower. **Asking \$499,000**



NEW LISTING!!! MLS201918075 - 293: 529 County Highway 32A, **CHERRY VALLEY:** Looking for a house with a view out in the country? This is it!!! Not only does this home have a great location overlooking the valley, it has functionality! It offers a first floor master bedroom, full bath and laundry if you are looking to cut down on stairs. Large closets throughout the house for storage and the kitchen has a huge pantry. The finished part of the walkout basement has a bedroom and a family room that could easily be converted into a third bedroom. **Asking \$149,900**



NEW LISTING!!! MLS201921181 - 512: 6598 State Highway 5, **FORT PLAIN:** This is a beautiful home, everything has been re-done and tastefully too. New modern kitchen, formal dining room, large living room and a 3 season room. Two full baths and two bedrooms. New septic tank. Oversized 2 stall detached garage and shed. 7.5 acres. Perfect location. **Asking \$129,000**



MLS201832758 - 800: 32 Clark Ave., **FORT PLAIN:** Well-maintained ranch - two bedrooms (11x15 and 10x10) (large closets), 1 1/2 baths. Large living room (16x22) has a large picture window and large closets. Kitchen is a gallery, opens into the dining area. The three season room has a natural gas stove and 3 sliding doors. Laundry room is off the kitchen which leads to the one car garage. A whole house attic fan cools the home in the summer and radiant electric heat in the ceiling for winter time. Great location with no homes across the street or behind! **Asking \$99,900**



MLS201831949 - 801: 2977 County Hwy 31, **CHERRY VALLEY:** This home has a little bit of new and old. Original home dates back to 1890's with updates - vinyl siding, newer kitchen, addition with handicapped bathroom, hardwood flooring, newer roof and on 2.3 acres with 245' road frontage on two sides of road. Just off Route 20 close to Cooperstown, Otsego Lake and Canajoharie. Family or master bedroom with bath, dining room, living room, kitchen with open dining area/laundry and 3 bedrooms and one bathroom with shower. Two-story barn with upstairs. **Asking \$114,900**



802 - MLS201915264 - 802: 861 State Highway 163, **FORT PLAIN:** A 2007 4 bedroom, 3 full bathrooms Modular with 4 acres and a great view! This home has a lot to offer - Large open kitchen with an island and open concept to the dining area, family room with fireplace, living room with a great view of the valley, laundry area on the first floor, large master bedroom with master bath, breezeway leading to a two car garage, plus a 3 car detached garage for all your toys. Full basement with high ceilings for room to expand. And, as a great plus an in-law apartment in the upstairs. **Asking \$299,000**



MLS201708738 - 838 - 32 Maple Ave., **CANAJOHARIE:** Lovely two family that has many updates--new roof, furnaces, windows, sheet rock to mention a few. Each apartment has two bedrooms and one full bathroom. Walking distance to school and downtown. Plenty of off street parking. **Asking \$69,900**

To Your Good Health

by Keith Roach, M.D.

Meningioma is tumor of brain's lining

Dear Dr. Roach: In January 2014, I was diagnosed with a benign neoplasm of my cerebral meninges (meningioma). I am a healthy 64-year-old Caucasian woman. I do not take any medications. The finding was incidental. I have no symptoms from the meningioma. I sometimes feel as if my mental capacity has declined somewhat (such as memory), but I attribute this to the normal aging process. I have been getting an MRI every year since the diagnosis.

The last test showed that the tumor was 2.9 cm by 1.6 cm by 2.7 cm. The mass measured 2.3 cm by 1.3 cm by 2.1 cm when I had the first MRI in 2014. It seems to be slowly growing. What are your thoughts on this? Do you advise surgery at this time? – C.C.

Answer: A meningioma is a type of brain tumor that arises from the meninges, the lining of the brain. Most of these are benign, although they do range from benign to cancerous. Even the cancerous tumors very rarely spread.

The main problem with this type of tumor is that they grow, and there is not a lot of room inside the skull to spare. An enlarging tumor can compress the brain, and that can lead to symptoms. Depending on the exact location of the tumor, it can cause weakness, loss of vision or loss of hearing or smell. Another common symptom is a seizure. Changes in mental function are less common, but I am very cautious about ascribing symptoms to aging.

Although the change in size seems small, the tumor has approximately doubled in size since 2014. That is

a clear indication for treatment. It will likely keep growing and cause symptoms. Surgery is a treatment option, as is radiation, but only an expert can make the assessment of what is best in your situation. If the tumor is in a favorable location, most authorities would recommend surgical removal of the tumor.

Dear Dr. Roach: My 59-year-old son has cirrhosis, probably from a blood transfusion he had as a teenager. His gastroenterologist tells him he is two years away from going on the transplant list for a new liver. Do you know if someone with compatible blood could donate a piece of his or her liver? Would that provide him with enough healthy liver? Also, he heard that you live only about five years with a new liver. Is that true? – B.M.

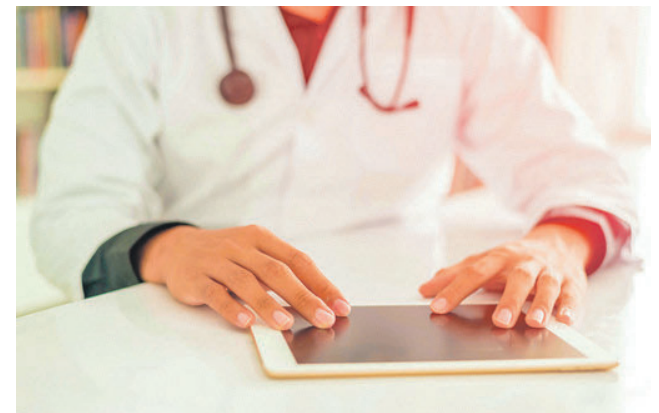
Answer: Cirrhosis after a blood transfusion makes me suspect that your son's liver disease is due to hepatitis C. If that's the case, his gastroenterologist has had or will have a discussion with him about new treatments for hepatitis C that will hopefully keep him from needing a transplant.

However, if he does need a transplant, it can be done from a family member or even from a nonrelated person. There are risks to the donor, but major complications happen in only 1 to 3% of cases. The transplanted lobe of the liver does rapidly regenerate. The results for the recipient are comparable to that of deceased organ donors. Only the transplant surgeons can recommend whether a living donor is possible.

For adults in your son's age group, the likelihood of surviving five years after liver transplantation is about 70%.

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GARAGE SALE

Great Buys

MULTI-FAMILY GARAGE SALE: O'Hara Rd. Little Falls, NY. June 14th-16th (Fri-Sun) 8am-? Appliances, Furniture, mirrors, antiques, silverware, kitchenware, Kawaskai 1500 Vulcan, "Handmade jewelry and birdhouses", dining room table & light fixtures, clothes, much more!!

Save

STREET WIDE Garage Sale, Churchill Street, Little Falls. Saturday, June 22nd, 9am to 4pm.

BARBARA'S GARAGE SALE: (Glorified Junk) Route 29, between Rockwood & Johnstown. Every Saturday & Sunday, 10am.



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2019 NISSAN ROGUE S AWD



AWD

NO MONEY DOWN!

2019 Nissan Rogue S AWD

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MSRP \$24,999. Includes \$2,000 NMAC Lease Cash. Negotiated value of vehicle \$24,999. Lessee responsible for Insurance, Maintenance, excess wear & mileage. 12k myear. Plus tax, title & reg fees. Well qualified credit. Offer expires 6/30/19.

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2019 FRONTIER SV 4X4



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SV 4X4
MSRP: \$31,445
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MSRP \$31,445. Includes \$2,000 NMAC Lease Cash. Negotiated value of vehicle \$31,445. Lessee responsible for Insurance, Maintenance, excess wear & mileage. 12k myear. Plus tax, title & reg fees. Well qualified credit. Offer expires 6/30/19.

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BUDGET

11 FORD RANGER EXT. CAB 4X4



New tires, really clean, 90k mi. UC1392

\$13995*

16 NISSAN VERSA NOTE



Hatch, great mileage, 28k mi. UC1356

\$10995*

13 FORD FOCUS SE



Great commuter, 45k mi. UC1386

\$8995*

15 JEEP COMPASS



Low miles, 58k mi. UC1341

\$11795*

14 HYUNDAI SONATA GLS



Roomy, clean, 80k mi. UC1359

\$9995*

16 HYUNDAI ACCENT SE



Great little car, 47k mi. UC1331

\$9995*

CANNOT BE REPLACED

SPECIAL FIND 2019 TITAN SV 4X4 PICKUP



Ready for work or play. UC1351
NEW MSRP \$40,060

\$28995*

2018 NISSAN PATHFINDER SL ALL WHEEL DRIVE



Luxury, 28k mi, UC1248, 7 seater, leather, nav.

\$27895*

SPECIAL FIND 2019 ALTIMA SL AWD



Roof, leather, nav., loaded. UC1381
NEW MSRP \$33,970

\$28965*

2018 FRONTIER PRO 4X



All rugged, nav. UC1326
NEW MSRP \$35,390

\$26995*

SPECIAL FIND 2019 FRONTIER SV 4X4 CREW CAB



Loaded up. UC1349
NEW MSRP \$31,790

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\$29995*

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AWD

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Senior News Line

by Matilda Charles

The next exercise fad?

A study done in Brazil has concluded that it's muscle power, as opposed to muscle strength, that can add years to life. Confusing, isn't it? It sounds like they're the same thing, but they're not. A short example might be that having strength means you can pick up a certain weight. Power means you can pick it up quickly a number of times. It's also called power training. Beware.

Researchers gathered participants between the ages of 41 and 85 and gave them tests involving upright rowing. They would stand in front of a machine, pick up the bar and pull it to chest level. Just pulling it up was strength. Doing it quickly multiple times was power. After determining how much weight each person could quickly pick up, they were divided into groups. At the end of six years, the scientists found that those who had the most muscle power

had a lower risk of death. It was the first study of its kind that linked longevity to muscle power.

I have concerns about this study, especially because I fear it's going to become the new exercise fad for seniors. Even though the study participants were generally older, I see the possibility of pulling muscles and wrenching joints while attempting to lift weight too quickly.

There are other things we can do to increase our longevity. The DASH diet

(Dietary Approach to Stopping Hypertension) has been shown for years to cut the risk of stroke, kidney stones and more. And moderate exercise every day can help us avoid some serious health problems.

If you're tempted to join this new exercise fad, run it by your doctor for advice. You might ask for other exercise ideas if you're looking for something new.

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Calendar of events

NOTE: Calendar items must be submitted by Tuesday prior to the publication date to be included in the Calendar of Events. Entries may be emailed to cfeditor@leepub.com

June 13, 20 and 27

Diet Club. Gallery at Arkell Center. 10:15-11 a.m. The goal is to be held accountable while maintaining weight. Call 518.673.2112.

June 14

Bingo at Arkell Center. 1:30 p.m. Call Joan Cimino at 518.673.4408 for more information.

518.568.7779, email fortclock@gmail.com or find us on Facebook.

the 19 Willett Street library. First and third Thursdays of each month from 6:30 to 8:30 p.m. No charge. For more information, call 518.993.4646.

June 14 and 28

Canajoharie Senior Citizens Club Meeting. 1 p.m. Bring a canned item for the pantry. Call Joan Cimino at 518.673.4408 for more information.

June 14-16

June 16

Christian J. Broughton, Organist and Director of Music at Christ Episcopal Church in Cooperstown will be the **featured recitalist at the historic Old Palatine Church.** 4 p.m. Concerts are open to the public. Donations accepted. The church is on Route 5 between Neliston and St. Johnsville.

June 25

NY Connects Caring for Montgomerys Caregivers Breakfast at Arkell Center. 9:30 a.m. Followed by a panel discussion of Montgomery County Resources. Call 518.673.4408 or 518.843.2300.

June 18

"The Very Busy Spider" children's book is the focus of toddler-preschool story time. 11-11:45 a.m. For more information, call 518.993.4646. Fort Plain Free Library, 19 Willett St., Fort Plain.

June 26

Friends Business Meeting. Contact Schoharie Crossing State Historic Site, 129 Schoharie Street, Fort Hunter at 518.829.7516 or www.nysparks.com

Path Through History Weekend. Contact Schoharie Crossing State Historic Site, 129 Schoharie Street, Fort Hunter at 518.829.7516 or www.nysparks.com

June 19 and 26

Senior Citizens Pinochle Card Party. 12:30-4 p.m. Arkell Center. Donation \$2. Prizes and refreshments. Looking to sub, call Terry 518.673.5635.

June 28

Micky Boslet will perform for all Senior Citizens at Arkell Center. 1:30 p.m. Call Joan Cimino at 518.673.4408 for more information.

Third Annual Cherry Valley Outdoor Games. June 14 - 12-10:30 p.m. June 15 8 a.m. - 10 p.m. June 16 8 a.m. - 5 p.m. At Cherry Valley Alden Field Center, 2 Genesee Street, Cherry Valley. For more information email: cwatbeau@gmail.com. Website: http://cherryvalleyoutdoorgames.com/. Facebook Link: www.facebook.com/northeastqualifier.

June 19 and 26

Senior Citizens Pinochle Card Party. 12:30-4 p.m. Arkell Center. Donation \$2. Prizes and refreshments. Looking to sub, call Terry 518.673.5635.

Canajoharie Forest Fish and Game Assn., Inc. Family Fun Day. 9 a.m.-2 p.m. Rain date July 13. Kid's Fishing Derby. Ages 15 and under. Bring a pole, worms and parent. For more information, call 518.673.2389 or 518.673.3800.

250th Anniversary Celebration at Indian Castle Church. 109 Dillenbeck Road, Little Falls. For more information, visit www.facebook.com/johnsonhallstatehistoricsite, write JohnsonHall@parks.ny.gov, or call 518. 872.8712.

Local History Round Table. Fort Plain Free Library, 19 Willett St., Fort Plain. Third Wednesday of each month. 6:30-8:30 p.m. Contact 518.993.4646.

July 2

Christian Lake Bible Conference opens for the season. At 355 Perkins Mill Rd., Stratford. The season runs until Aug. 17. Phone 315.429.3515 or 315.429.3659. Visit www.christianlakebibleconference.com.

June 15-16

11th Annual Blacksmiths' Hammer-In. See expert blacksmiths ply their craft. Opportunities to try your hand at blacksmithing. For all ages and skills. Free admission and free parking. For more information visit www.fortclockhistoric.org, call

June 20

Water Color with Shanna Becker in the Gallery at Arkell Center. 1:30 p.m. \$10. Call Joan Cimino at 518.673.4408 for more information.

Philo Café. Topic: The "role of socialism in the U.S. government". At

Annual Strawberry Festival. 12-4 p.m. Free admission/parking. For more information visit www.fortclockhistoric.org, call 518.568.7779, email fortclock@gmail.com or find us on Facebook.

Mohawk Valley

Country Editor

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Resolve your tax debt directly with the Tax Department

Taxpayers can save time and money by contacting a Tax Department representative themselves

The New York State Department of Taxation and Finance recently encouraged taxpayers to work directly with New York State to resolve any issues related to their tax debt.

The Tax Department has a variety of free resources to help those with outstanding tax debt pay the balance in full, set up a payment plan or discuss the debt with a representative.

"Taxpayers don't need to hire outside help or enlist the services of a third party to settle their

tax debt," said Executive Deputy Commissioner of Taxation and Finance Andrew Morris. "Unfortunately, some companies stoke fear with misleading information to convince unsuspecting taxpayers to pay exorbitant fees for the same debt-resolution services we offer for free."

Morris shared this list of common tactics companies and scam artists use to drum up business. These red flags include:

- Threats of imminent seizure, foreclosure or loss of

Social Security benefits

- Mail that appears to be from New York State, but upon closer inspection is from a post office in another state

- The use of threatening terms such as "criminal investigation" or "final notice" that the Tax Department doesn't use in its correspondence

- Poor spelling, punctuation and grammar, and

- Instructions to call a toll-free number.

The Tax Department under-

stands circumstances can arise that prevents individuals and businesses from paying in full or on time. That's why it offers opportunities to arrange a payment plan.

Taxpayers should visit the Tax Department's website at www.tax.ny.gov for information about its Installment Payment Agreement and Offer in Compromise options. Most taxpayers can set up a payment plan directly through the website or using an automated phone system. Both

options are free to taxpayers.

In addition, taxpayers can use Tax Department Online Services accounts to make payments from their bank account or via credit card, check balances, respond to notices, update their information and more.

Visit the Tax Department's Pay a Bill or Notice webpage for more information, to set up an account or log in to an existing account.

Contact the Tax Department at 518.457.5181.

VRS hosts Lunch & Learn: What Are Your Plans To Fund Post-Acute Care As You Age?

HERKIMER – Valley Residential Services (VRS) is hosting a Lunch n' Learn event on Tuesday, June 25 titled "What Are Your Plans to Fund Post-Acute Care As You Age?" The Lunch n' Learn begins at noon at VRS, 323 Pine Grove Rd., Herkimer.

Christopher Pritchard, financial advisor, Northwestern Mutual, will discuss options for funding post-

acute care in the case of a long-term care event. Pritchard said long-term care insurance protects and preserves assets already in place should there be a long-term care event.

Pritchard stated that having long-term care insurance helps to alleviate the financial burdens faced by the spouse and family members of the individual who needs the care

by transferring some, or all, of the cost to the insurance company. Pritchard is a graduate of Utica College. He opened his financial planning business at Northwestern Mutual in 2012.

Advance registration is required. Call 315.219.5700 for more information or to schedule your reservation.

Christian Lake Bible Conference opens for the season

The Christian Lake Bible Conference, at 355 Perkins Mill Rd., Stratford, NY will open for the 2019 season on July 2, preaching the Word of God from the King James Version. Our schedule includes some well-known speakers from prior years.

An evening service is held Monday - Friday at 7:30 p.m. with the speaker of the week. They may conduct a Bible class at 9 a.m. Tuesday - Friday - check with the office. We present an opportunity to hear and apply the Word of God.

There is also a campground, beach, boats, fishing and shelters available for public use, with reservations. A large activity building with kitchen facilities is available for church groups to use during the season.

The season runs until Aug. 17. For more information, call 315.429.3515 or 315.429.3659, mail Christian Lake Bible Conference, 355 Perkins Mill Rd., Stratford, NY 13470, or visit www.christianlakebible-conference.com or our page on Facebook.

The Central Mohawk Valley Lions Club
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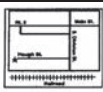
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From the family of David & Alberta White

We would like to thank the following fire departments for their prompt response Feb. 12th when we lost our home to a fire: Fort Plain, St. Johnsville, Canajoharie and South Minden. We would also like to thank Montgomery County Emergency Management and the Red Cross. We appreciate the Masonic Temple of St. Johnsville for allowing our family to have a benefit for us. We want to thank all who worked on the benefit, preparing and serving the food, the many people who set up, sold tickets, donated gift certificates, baskets and we want to thank everyone for all your prayers.

God bless you all,
David & Alberta White

God is so good!

On March 31st, we had a massive fire at our house which took our house and everything in it, including two of our beloved kitties, Moses and Jr. We managed to get out with only the clothes on our backs.

Since then, there has been an outpouring of love, concern, and generosity of immense proportion. God has moved everyone to help his fellow man.

We cannot even begin to thank St. Johnsville, "a small town with a big heart", churches, organizations and inhabitants, friends, family and individuals for all the clothes, household items, and money we have received to get us through.

And you have all been trying to find us somewhere to live and we have more good news; we have found a one-story home, of many people's choosing, and are all moved in thanks to the hard work of Pat Williams and Wayne Burkdorf.

Our new address is 6 Lion Avenue.

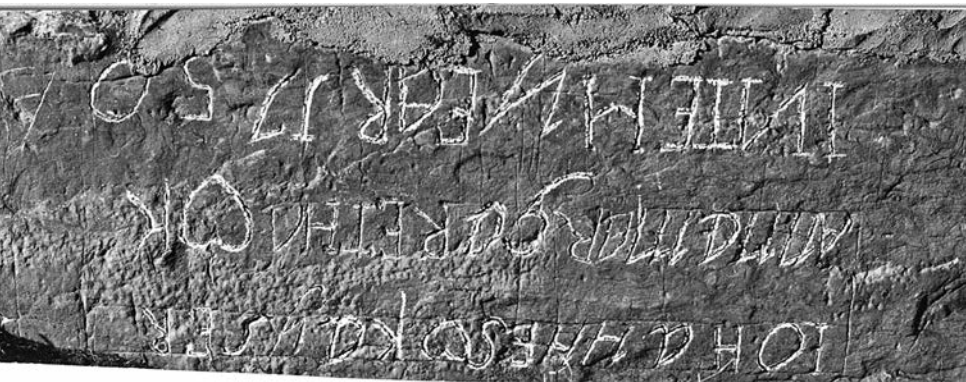
Our special thanks go out to our neighbors, David and Judy Boehlke, Beth Cahanas, Mary Finch, and the Battisti family.

Many organizations have been there for us with monumental generosity. These include the St. Johnsville Fire Department, police department, NYS Police, Sheriff's Dept., The Red Cross, The Masons, Eastern Star, The Benefit Club, St. Paul's Lutheran Church, Grace Church.

We just want to thank everyone from the bottom of our hearts. We will never forget you and pray God's blessings upon you all.

~Paul & Pat Briele

The Upside-Down Stone



Shortly after I arrived at the Nellis Homestead at Stone Arabia in 1948 I noticed an inscribed stone in the front house wall. I wondered why it

Adam Failing in the 1850s. He took the fort down in 1858, using the stone for the cellar wall of the house still standing. There were seven inscribed stones in the fort walls, one of which is still visible in the present house. It too is upside-down. That stone is here illustrated.

An article from the 1880s reveals the answer as to why the inscribed stone is in the wall of the house where I now reside. The article states “An addition on the west of the fort, built of stone, was sold to Mr. Casper Cook, for use in building his cellar wall.” At the time Casper Cook owned the farm where I reside. So the question of the upside-down stone was answered by an old newspaper article. By the way, the stone was barely missed when a car recently struck the house wall.

I suppose it is evident why the stones were put into later house founda-

had been put upside-down. It appears to read Miggles & Keyser. I do not know who Miggles was, but Keyser was a different matter. The fortified house referred to as Fort Keyser once stood just down Dillenebeck Road. A few men from Fort Keyser were with Col. John Brown on Oct. 19, 1780 in the Stone Arabia Battle when Brown was killed. Fort Keyser was one of a very few area structures to survive that day. The old stone building and 80 acres of land were purchased by John



This shadowbox features a sketch of what Fort Keyser looked like as well as artifacts discovered at the site.

tions upside-down. Apparently it was to make it clear that they were from an earlier structure.

Skip Barshied
Stone Arabia
June 3, 2019 (my 89th birthday)

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Whatchamacallits

Please indulge me for one more railfan Whatchamacallit. This odd-looking item is called a gladhand connector or coupler and is used to supply pressurized air through a hose from the locomotive to the air brakes on rail cars. If you've ever watched a train go by, you no doubt noticed the hoses run between each car.

This style connector is also used to connect the air brakes from the tractor unit (rig) to a semi-trailer in the over the road trucking industry.

They get their name from the resemblance to a pair of hands shaking when they are connected. Rubber grommets allow for a positive seal between the connectors. The connections are neither male nor female so they can be freely connected to each other – meaning it doesn't matter which end of a car is connected to the next car or locomotive.

Do you have your own Whatchamacallit?
Send a photo and short description to csuo@leepub.com or call Colleen at 518-673-0145

Kovels: Antiques and Collecting

by Terry and Kim Kovel

Globe vase

The ancient Greeks figured out that Earth was round in about 500 B.C. But the oldest surviving globe showing our planet was made in 1492 by Martin Behaim of Germany. The first globe to show America was made about 1507. Early globes were made of paper glued to a sphere. The paper was cut into "gores," the shapes needed to completely cover a sphere. Because the globe surface was curved, the map had a distorted picture of a flat Earth. Many globes have been made, and many are decorative as well as useful.

Dating most vintage globes is easy, because each time there is political upheaval and countries change boundaries, the maps and globes also must be changed. A Rago auction in New Jersey sold a 12-inch Longwy vase shaped and decorated like a globe. It was made by Maurice-Paul Chevallier (1892-1987), the director of the French company after 1930. The vase is named Atlas. The countries are not marked on the globe – just the land masses and oceans – so it will always be current. It sold for \$4,063.

Q: My grandmother and grandfather got a Three Face cake stand as a wedding gift back in the late 1800s, and I have it now. My daughter doesn't seem to want it – just my Lalique! I love the cake stand, but it's time to be getting rid of things. I want to sell it and wonder what it's worth.

A: Three Face is a pattern designed by John Ernest Miller for George Duncan & Sons of Pittsburgh in 1875. Some sources say Miller's wife was the model for the faces. The factory burned down in 1892, and the molds were destroyed. A new factory in Washington, PA, opened in 1893. The company became Duncan & Miller



This is a French vase that looks like a globe. It was made in the 1930s at Longwy, a French company. The vase has a name, Atlas, a maker who was a famous artist and an auction price of \$4,063.

Glass Co. in 1900, and became part of the United States Glass Co. in 1955. Duncan & Miller reproduced some Three Face pieces in the early 1920s and again in the early 1950s. Other companies also made reproductions. The value of a Three Face cake stand depends on which version it is. Many copies were made by the Metropolitan Museum of Art and are marked "MMA." The original piece fluoresces yellow-green under a black light. It sells for about \$300-\$400.

Current Prices

- Decanter, amethyst glass, white dot flowers, green leaves, stopper, 13 3/4 x 4 3/4 inches, \$20.

- Trinket box, pill, silver, nude man, wreath, seated, dancing women, Gorham, 1/2 x 1 3/4 inches, \$155.

- Watch stand, porcelain, pen holder, gilt, cream, flowers, leaves, 9 x 17 inches, \$225.

- Tea set, silver plate, two tea pots, sugar and creamer, The Cube, Robert Crawford Johnson, 4 pieces, \$810.

Tip: Use one type of furniture polish. If you switch from an oil polish to a wax polish, the surface will appear smudged.

For more collecting news, tips and resources, visit www.Kovels.com.

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Cooperstown organist to open Palatine programs

Christian J. Broughton, organist and director of music at Christ Episcopal Church in Cooperstown, will be the featured recitalist at the historic Old Palatine Church on Sunday, June 16 at 4 p.m. The program features the music of Bach, Brahms, Mendelssohn and other great composers. As a special event for

Father's Day, the organist's father, the Rev. Cedric A. Broughton, will take part in the event as narrator in "Scenes of Childhood," based on poems by Robert Louis Stevenson.

The Palatine Church has been a part of the Mohawk Valley's history since 1770, when it was built as a house of

worship for the original Palatine settlers in the area. The church is of special interest to Valley residents, but also to students of history from around the world who visit the area. Summer concerts and special church services mark the importance of the site. Not only is the original building a tribute to history,

but the pipe organ is known as a musical gem in the Mohawk Valley. The late Robert S. Rowland, a native of St. Johnsville, built the organ.

Concerts at the Palatine Church are open to the public and donations are accepted. The site is located on Rt. 5 between Nelliston and St. Johnsville. %

Coping with age-related hair loss

Attitude goes a long way in regard to self-esteem. With a positive spin, it's possible to get through difficult situations and even have a favorable outlook on getting older. But even the most optimistic among us may at times worry about the physical signs of aging

and wonder what can be done to make them feel and look their best.

Wrinkles and a little extra weight around the middle certainly garner attention, but hair loss is another age-related concern. As people age, their hair changes in several ways. Graying through loss of melanin pigment is the most apparent. MedlinePlus, the health information resource from the U.S. National Library of

Medicine, says that strands of hair also can become less dense and smaller through the years. Many follicles also may stop producing new hairs. Regardless of age, it is customary for a person to lose about 100 hairs a day. If those hairs are not replaced as readily as they once were, patches of thinning and balding hair may appear.

The rate at which hair falls out is largely determined by genetics, according to Headcovers Unlimited. But nearly everyone will experience some sort of age-related hair loss. Hormonal changes during menopause can cause noticeable thinning and scalp exposure that may be mistaken for actual hair loss.

There are many ways to mitigate hair loss. Here are some handy tips.

- Try a new cut. Work with your stylist to determine a haircut that can suggest the appearance of thickness and camouflage the loss of density or bare spots. Graduated layers kept close to the face can help, as can pixie cuts. Men can choose to go entirely bald and bold.

- Treat hair gently. Avoid harsh chemical processes and constant heat styling. Protect fragile hair from damage by pampering it.

- Look for thickening formulas. Many shampoos, serums and conditioners tout volumizing or thickening properties. These can help plump up hair and make thinning less apparent.

- Talk to your doctor. Hair loss may be a result of medication, a skin condition or aging. Doctors may suggest products, such as Minoxidil and Lipogaine formulas, that can be used on the scalp to reduce hair loss and help follicles produce new hair strands.

Hair thinning and hair loss can be a symptom of getting older. Knowledge is key to improve hair's appearance at any age.

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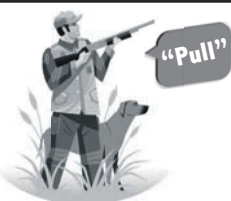


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NYS Division of Consumer Protection warns about “Wangiri” and one-ring international phone call scams

Get an international call that only rings once then disconnects? It's probably a scam.

The New York State Division of Consumer Protection is alerting consumers to a “wangiri” (Japanese for “one cut”) or one-ring phone scam in which an unsuspecting individual's phone rings just one time from an international number. If the individual calls the number back, scammers attempt to collect personal information or try to keep the caller on the line – all while international charges accrue.

The scam can cost victims thousands of dollars without even realizing it, as the scam seeks to connect the user with a variety of sites that can charge money via the phone account. The numbers are often connected to lottery prize messages, credit card collection attempts or even phone sex services.

New York State Secretary of State Rossana Rosado said, “Robocalls are becoming increasingly out of control and sometimes it is tempting to call the number back. Unfortunately, call backs to international and U.S.-originated numbers can signal that your phone is ‘live’ and you may end up receiving even more calls. Be aware, be smart and do not answer the phone so you do not fall for scammers trying to get your hard-earned cash.”

The scam surfaced in Japan last year and has slowly made its way to the United States.

Blocking the calls does not work, as callers just change the number they are dialing from or “spoof” a new number to the phone to get around call blocking.

If a consumer calls the number back:

- It signals that the phone is a valid number – which may result in more calls.

- The call will result in international charges.

- The scammers who answer will try to gather personal information or keep the caller on the line as long as possible.

- Scammers may connect to pay-per-call services in the country where the first call originated, allowing them to collect money through the caller's phone bill.

To prevent falling victim to these scams, consumers should consider the following:

- Do not call back. As tempting as it may be to call back numbers – even those that look like they originate from the United States – refrain. Some U.S.-based robocall companies are using call backs to identify a “live” number – which they then inundate with even more phone calls.

- Remove the temptation. If a consumer does not normally make international calls, their phone carrier can restrict the ability to call international numbers. That way, if they or any family members are tempted to call an international number back, the phone company will halt the activity.

- Don't give the caller information. Consumers should never give out or confirm sensitive information like bank account, credit card or Social Security numbers unless they know who they are dealing with. If someone has contacted

them and raised concerns, the consumer should hang up and go directly to the official website for the government agency or company they are claiming to call from and locate a number to call them directly.

- Government agencies and companies do not ask for payment via gift cards. Gift cards allow scammers to get money without anyone tracking them. Once an individual gives a scammer a gift card number, they can take the full value without anyone knowing who they are. If someone on the phone asks a consumer to buy a gift card and call them back with the number, it is a scam.

New Yorkers can also file a complaint with the Division of Consumer

Protection. The New York State Division of Consumer Protection investigates Do Not Call violations and provides voluntary mediation between a consumer and a business when a consumer has been unsuccessful at reaching a resolution on their own.

The Consumer Assistance Helpline at 1.800.697.1220 is available Monday - Friday from 8:30 a.m. - 4:30 p.m., excluding state holidays, and consumer complaints can be filed at any time at dos.ny.gov/consumer-protection. The Division can also be reached via Twitter at @NYSConsumer or Facebook at facebook.com/nysconsumer.

Americanisms



“Not every successful man is a good father. But every good father is a successful man.”

— Robert Duvall

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Compost is part of the circle of life in gardens

The season for fresh fruits and vegetables grown right in the backyard is upon us. Warm weather breathes life into fresh berries, tomatoes, eggplant, cucumbers, and many other delectable fruits and vegetables.

Home gardens can be supplemented with delicious finds from the supermarket or farmer's market, including melons, corn and more.

The bounty of the garden can be made more abundant and fruitful with the addition of the right soil amendments. Compost is a key element of rich, nutritious soil. Scraps from items that have been grown in the garden can then be reused in the production of the compost that feeds that same garden. It's a continuous

circle of garden life.

Getting started with compost is relatively easy. Homeowners should choose an outdoor space near the garden but far away from the home so that it won't be disturbed by kids or animals. Some people opt for an open compost pile, while others choose closed bins to contain the possible smell and to camouflage the compost. A sunny spot will help the compost to develop faster, according to Good Housekeeping.

The next step is to start gathering the scraps and materials that will go into the compost. Better Homes and Gardens suggests keeping a bucket or bin in the kitchen to accumulate kitchen scraps. Here are some kitchen-related items that can go into the compost material:

- Eggshells
- Fruit peels
- Vegetable peels and scraps
- Coffee grounds
- Shredded newspaper

In addition to these materials, grass and plant clippings, dry leaves, bark chips, straw, and sawdust from untreated wood can go into the pile. Avoid diseased plants, anything with animal fats, dairy products, and pet feces.

A low-maintenance pile has an equal amount of brown and green plant matter in the compost plus moisture to keep the bacteria growing and eating at

the right rate. Aerating the compost occasionally, or turning the bin when possible, will allow the compost to blend and work together. Compost will take a few months to form completely, says the Planet Natural Research Center. The finished product will resemble a dark, crumbly soil that smells like fresh earth.

Compost will not only add nutrients to garden soil, but also it can help insulate plants and may prevent some weed growth. It is a good idea to start a compost pile as a free source of nutrition for plants and a method to reduce food waste in an environmentally sound way.



A compost pile is a free source of nutrition for plants and a method to reduce food waste in an environmentally sound way.

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Fort Plain Free Library hosts Annual Spring Book, Plant & White Elephant Sale

by Rachael Takacs

It was a sunny Friday morning in May when the Fort Plain Free Library began its annual Spring Book, Plant and White Elephant Sale. With a large selection of seedlings, books, DVDs and other unique items, the sale attracted many visitors from the surrounding areas.

Welcoming guests at the door of the library were volunteers Vanessa Miner and Pearl Clark, who displayed the many seedlings the sale offered along with assortments of herb and vegetable plants. Both women were pleased with the sale's success.

Guests who entered the library doors were greeted by a host of friendly vol-

unteers as well as library staff, including librarian and special projects director Linda Kellett. Kellett enumerated some of the many different fundraising events the library hosts for the public to enjoy – such as book sales, galas, a yearly open house and raffles. She continued that a quilt raffle was taking place that day and thanked the Fort Plain Senior Center for donating the beautifully handcrafted piece. When asked what the sale and raffle earnings went toward, Kellett stated, "We're using it to buy books and for kids' programs, so it goes toward our operating budget."

Also in attendance was Whitney Hubbard, the di-

rector of the library. She was happy with the success of the sale. "Some variation of our spring sale has been held each year for the last five years," she explained, "Each year it seems to grow in size. The turnout was wonderful this year. We sold a large percentage of the books, plants and miscellaneous items we had available by the end of the first day."

Hubbard thanked the public and volunteers. "We would like to thank the community and all of the library volunteers who came out to support our spring sale. We have amazing volunteers who support the library year round and they are instrumental to our suc-

cess," she said.

The Fort Plain Free Library offers many free services and programs to the surrounding communities. These include a Summer Reading Program, public computers, books and magazines, DVDs, antique and art exhibitions and more. Their hours are Monday - Friday, 10 a.m. - 5 p.m., and Saturday, 9 a.m. - noon.

For news of future events, photos and other information about the Fort Plain Free Library, visit their Facebook page: www.facebook.com/FortPlainFreeLibrary. You can also visit www.fortplainfreelibrary.org.



Pearl Clark and Vanessa Miner display some of the many seedlings available for purchase.



Director of the Fort Plain Free Library Whitney Hubbard prepares a few items to sell.



(L - R) Linda Kellett, Jacob Trahan, Mary Failing, Vanessa Miner and Whitney Hubbard pose with the beautifully crafted raffle quilt.

Photos by Rachael Takacs

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## June 20 Philo Café discussion topic

FORT PLAIN – “The role of socialism in the U.S. government” is the topic of the Fort Plain Free Library’s June 20 Philo Café. That’s according to library Director Whitney Hubbard, who noted the bi-monthly talking points are based on input from those present.

The Philo Café is a discussion group for individuals who relish a hearty but respectful dialogue about a range of

ideas and topics. A veritable feast, each casual gathering of the philosophically-minded takes place at the 19 Willett St. library on the first and third Thursdays of each month from 6:30 - 8:30 p.m. There is no charge.

For more information, call 518.993.4646. Follow the library on Facebook for updates.

## Good Housekeeping

### Sausage and Pepper Grill

*Serve this no-fuss main course with crusty peasant bread.*

1/3 cup balsamic vinegar  
1 teaspoon brown sugar  
1/2 teaspoon salt  
1/4 teaspoon coarsely ground black pepper  
2 medium red peppers  
2 medium green peppers  
2 large red onions  
1 tablespoon olive oil  
3/4 pound sweet Italian sausage links  
3/4 pound hot Italian sausage links  
1. In cup, mix balsamic vinegar, brown sugar, salt and black pepper. In large bowl, toss sliced red and green peppers and onions with olive oil to coat.

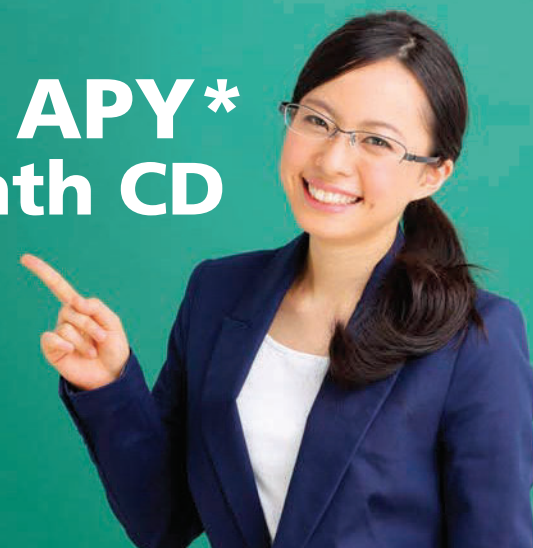
2. Place sausages and vegetables on grill over medium heat. Cook sausages 15 to 20 minutes, turning occasionally, until golden brown and cooked through. Cook vegetables, about 15 minutes or until tender, turning occasionally and brushing with some balsamic mixture during last 3 minutes of cooking. Transfer vegetables and sausages to platter as they finish cooking.

3. To serve, cut sausages into 2-inch diagonal slices. Drizzle any remaining balsamic mixture over vegetables. Serves 4.

For thousands of triple-tested recipes, visit our website at [www.goodhousekeeping.com/recipefinder](http://www.goodhousekeeping.com/recipefinder).

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June is Dairy Month!

Photo by Depositphotos

### by Angela Shelf Medearis Got milk?

June is Dairy Month! Since 1939, the National Dairy Council has encouraged families to make milk their beverage of choice. Originally, it was a way to distribute extra milk during the warm months of summer by grocer organizations. Dairy's rich history continues with people, communities and companies from across the country observing Dairy Month in a variety of ways.

In many areas, dairy farm families open their gates to visitors for tours, while local fairs and festi-

vals offer taste testing and events featuring tasty dairy products. Dairy farming is a family tradition, one that has been a way of life for many generations. Ninety-eight percent of dairy farms are family owned and operated. These hardworking men and women provide Americans with fresh dairy products year-round.

Whether it's in coffee, cereal, smoothies or dairy-based dressings, adding one more serving of milk to your family's day can help ensure they get the nutrients they need to build strong

bones and teeth. Dairy provides three of the four nutrients that are typically lacking in American diets: calcium, potassium and vitamin D. Dairy's unique combination of nutrients plays key roles in preventing heart disease, obesity, high blood pressure, diabetes and osteoporosis. Dairy also is important for building strong bones and teeth.

Low-fat, fat-free milk or lactose-free dairy products are the best choice for the fat and calorie conscious, or those who are lactose intolerant. An eight-ounce glass of whole milk has 150 calories and 8 grams of fat (4.5 grams saturated fat). If you choose an eight-ounce glass of fat-free milk, you consume 85 calories and less than 1 gram of fat.

This dairy-licious recipe for Tres Leches Cake is popular in Mexico and has been updated with a few time-saving twists. It's typically soaked with three kinds of milk – sweetened condensed milk, evaporated milk and heavy cream. This recipe uses frosting as the third milk, in the form of whipped cream. It's a delicious way to celebrate National Dairy Month.

#### Tres Leches Cake

*If you're pressed for time, just use a good quality packaged butter cake mix and follow the directions for baking, soaking and frosting the cake below.*

3/4 cup sugar  
1/4 cup butter, softened  
2 teaspoons vanilla extract  
2 large eggs  
1 cup all-purpose flour  
1/2 teaspoon baking powder

1/2 teaspoon baking soda  
1/4 teaspoon salt  
1/2 cup milk

#### Frosting:

2 cups heavy whipping cream  
1/4 cup powdered sugar  
1/2 teaspoon vanilla extract

#### Milk Mixture:

1 cup half & half  
1/3 cup sweetened condensed milk  
1/2 teaspoon vanilla extract

#### Berries (Optional):

1 cup fresh raspberries or strawberries, leaves removed

1 cup fresh blueberries or blackberries

3/4 cup sweetened shredded coconut, toasted, optional

1. Heat oven to 325°F. Grease and flour 8-inch round cake pan; set aside.

2. Combine sugar, butter and vanilla in bowl; beat at medium speed until combined. Add eggs, one at a time, continue beating until fluffy.

3. Combine flour, baking powder, baking soda and salt in bowl; mix well. Add flour mixture to butter mixture; beat at low speed until well-mixed. Add 1/2 cup milk; continue beating until well mixed.

4. Pour batter into prepared pan. Bake 30 minutes and turn the cake halfway around. Continue to bake another 15 minutes or until toothpick inserted into center comes out clean.

5. Place cake in refrigerator to cool completely. The cake also can be made a day ahead, if desired. (A chilled or cold cake is much sturdier than a cake at room temperature, and easier to cut.)

6. Meanwhile, make the frosting by combining whipping cream, powdered sugar and 1/2 teaspoon vanilla in bowl; beat at high speed until stiff peaks form. Refrigerate until ready to use.

7. To make the soaking liquid, combine half & half, sweetened condensed milk and 1/2 teaspoon vanilla in bowl; mix well.

8. To slice the cake in half horizontally, you'll need a small paring knife and a large serrated or bread knife.

9. Use the paring knife to score the entire outside edge of the cake halfway up the side. Go slowly, get down at eye-level if necessary to keep it even, and don't cut too deeply. Take the serrated knife and cut through the cake along the indentation made with the paring knife.

10. Use the serrated knife to lift one layer of the cake, turn it over and place it, cut-side up, onto serving

plate. Carefully pour half of milk mixture over top of the cake, a little at a time, allowing it to soak in before adding more.

11. Spread a 1/2-inch layer of frosting onto soaked cake. Top with second cake layer, placed on top, cut-side up. Pour remaining milk mixture over cake. Frost with remaining frosting. Refrigerate until serving time. Top with berries and/or coconut just before serving, if desired.

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## June Blast: From Schoharie Crossing

### Greetings friends and supporters of Schoharie Crossing:

Here is your monthly blast for June 2019.

If you haven't heard, Schoharie Crossing (SXSXS) is now on the Fulton Montgomery Quilt Barn Trail! The Friends have designed and had a square constructed, then donated by FMQBT head Liz Argotsinger. It has been installed on the Enders House for everyone to enjoy.

Basket Weaving with Bev was a success – so much so we have two additional dates that Beverly will be here to hold classes, Friday, Aug. 2 and Saturday, Aug. 3. These are full day classes at a cost of only \$50 that covers the instruction as well as materials for you to create and take home a wonderful market basket. We had a wait list for additional classes and they've all been notified – now we are opening this up to Friends members. Register now at [form.jotform.com/91374599148168](http://form.jotform.com/91374599148168) (fee due at start of class).

**Schooled:** We have hosted nearly 150 students in May for field trips, with several hundred more to come during June. The site relies on the assistance of volunteers to help with these school groups. If you'd like to become one of our educator volunteers for programs over the summer or next school season, let the site know at [SchoharieCrossing@parks.ny.gov](mailto:SchoharieCrossing@parks.ny.gov) or call 518.829.7516.

**And then SKEWL:** A new summer program series will start in July called Summer SKEWL (Supplemental Knowledge Enhancement and Wellness Lab). It is

open to anyone 10 to 100 and will offer various recreational and educational opportunities. We'll have paddle excursions, guided walks, crafts, photography and geocaching lessons, etc. Anyone interested in sharing a hobby, skills, craft, recreational passion (especially cycling) and facilitating one or more of these courses, contact the site for info, dates and times.

**The Eagle Trail:** That's what has been kicked around as a name for the connector trail from Yankee Hill to South Amsterdam. Over the course of Canal Clean Sweep and I Love My Park Day we've made some progress on cutting this trail. There is more work to do though, and we are looking for volunteers to set some workdays to keep at it. We will be setting up some dates and times, let us know if you're on board for helping out.

**News on Newsletter:** The next Newsletter will be coming out a week early to coincide with Canal Day 2019 on July 6. If you're interested in contributing, that would be great and extremely appreciated. These newsletters are also eventually handed out as back issues to visitors and people who attend outreach events as a way to showcase what the Friends do, and what the site has to offer. It is a great way to connect with people interested in the site history as well as recreational opportunities.

**ADK Lumber Camp Songs:** Join us on June 15 at 6:30 p.m. for this great musical history tour of the Adirondack Lumber Camp era with Cosby Gibson and Tom Staudle.

**Porch Music:** Don't forget, Thursday evenings in June from 6 - 8 p.m. is Putman Porch Music at Yankee Hill Lock. Come enjoy the historic location, cool breezes and great tunes.

As always, you can find out more about any of these things by contacting the site or checking out our Facebook page.

There will be more information coming out about Canal Days, as well as the PowWow, Engine Show and Art Exhibit happening in July. We are excited to have such a busy, robust programs and events calendar this year. Hope to see you at Schoharie Crossing – soon and often!

Submitted by David Brooks

## Paw's Corner

by Sam Mazzotta

### Her dog knows many words

**Dear Paw's Corner:**

Can dogs really understand what we're saying? Well, my little rat terrier, Adam, understands many words, such as "hot" when he gets too close to my coffee. He backs away quickly. He also picks up many words from our conversations, such as "cook" or "hungry." I always tell him a person's name when they meet him for the first time. Once, the woman he met was named Laura, so that's what I told him. He looked at her, then at me, then back to her. He knows that my daughter's name is Laura, and this wasn't "his" Laura! – Anita T., Chicopee, MA

**Dear Anita:** You've got one smart dog there! Some dogs do seem to understand new words, names or associations faster or better than other dogs.

And a research study published last year seems to back that up. An evaluation of 12 dogs of different breeds found

that they could tell the difference between words they had previously heard and words that they hadn't. The words they "knew" were the ones used when training them to distinguish between two objects.

What was interesting is that when the dogs heard unfamiliar words or even gibberish, their neural centers for auditory processing were more active than when they heard familiar words. This is the opposite of the way our auditory processing activates. The researchers said it's likely because the dogs were trying hard to understand what their humans were saying to them.

It's really cool that Adam can associate a familiar person with her name, Laura, and it seems clear that he noticed a difference. Now, will he identify "new Laura" and "old Laura" in the future? That's definitely something to watch for.

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## Make graduation day comfortable

Graduation day will arrive before many students have a chance to pause and reflect on their time as students. The pomp and circumstance are deeply rooted traditions passed down through academia. If only comfort was automatically built into the graduation equation.

Most graduation ceremonies occur at the end of the school year when temperatures tend to be rather warm. For schools with large student bodies, the distribution of diplomas might take

place outdoors on a football field or under a tent. Some ceremonies may take place in poorly ventilated auditoriums. That can make conditions less than comfortable for graduates.

Attire also can make grads uncomfortable. Graduation caps and gowns can be cumbersome, especially the heavily robed and layered gowns that signify higher academia.

Finally, graduation ceremonies tend to be lengthy, which can only exacerbate any discomfort grads may feel.

Discomfort need not dominate come graduation day. In fact, students can take various steps to ensure graduation day is as comfortable as possible.

• Wear something lightweight. Layering a gown on top of heavy clothing can be a recipe for overheating. Dress accordingly for the weather that day and the venue. Remember, it's always possible to add a layer.

• Stick to sensible shoes. That short trek across the stage to receive the diploma will be watched by hundreds in attendance and possibly recorded for posterity. Avoid slip-ups by wearing comfortable, flat shoes that are skid-resistant.

• Bring some tissues along. Reactions and emotions can run high on graduation day. This day is a milestone, and a few tears may be shed. Have tissues handy to catch stray tears.

• Leave ample time. Crowds will be descending on the school for the festivities. Traffic and parking issues are to be expected. Early birds will get the best parking spaces and will be around to hear their names called.

• Stay hydrated. Stuff auditoriums or sun-baked bleachers can quickly make for an uncomfortable setting. While you shouldn't bring along a bag, purse or too many accessories, tuck a small water bottle under your seat to help you stay refreshed throughout the ceremony.



Focus on comfort during a graduation ceremony, as the entire experience should be one to savor and enjoy.

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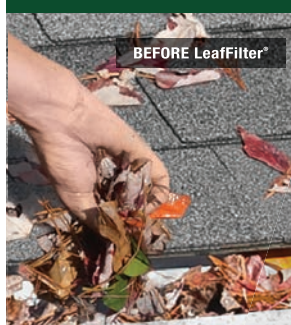
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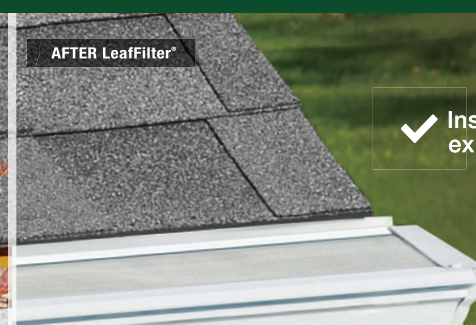
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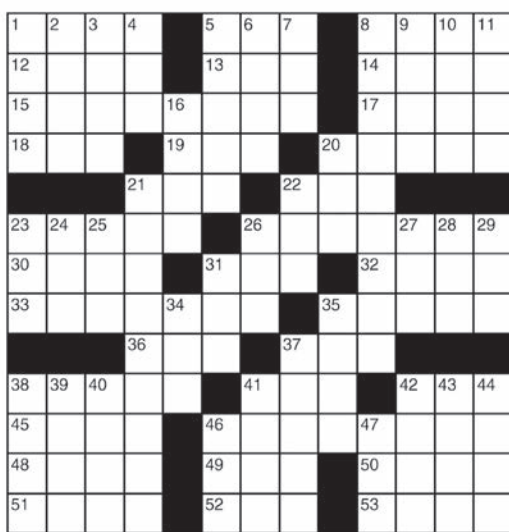
**info@HerkimerCountyfair.org**



## King Crossword

## ACROSS

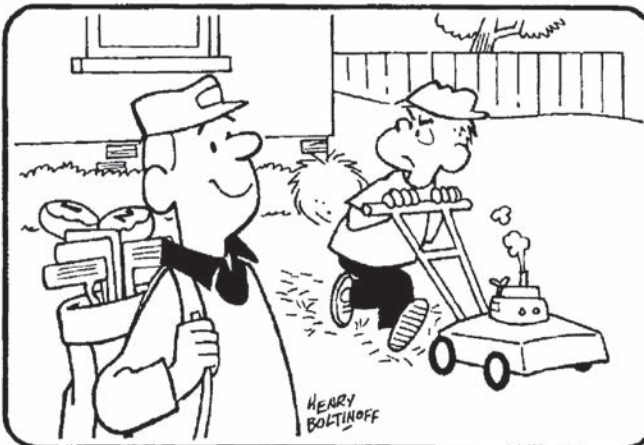
- 1 "Grand"  
5 Possessed  
8 Notoriety  
12 Perukes  
13 Crib  
14 Addict  
15 Rodgers/  
Hammerstein  
show  
17 Night light?  
18 Get a glimpse  
of  
19 Type mea-  
sures  
20 Chews away  
(at)  
21 Sphere  
22 Method  
23 Podiatrist's  
concerns  
26 Porter's bur-  
den  
30 Last write-up  
31 Boxer  
32 Carrier's part-  
ner  
33 Smoker's  
gadget  
35 "Lady and the  
—"  
36 Listener  
37 Crony  
38 Aware of  
41 Paving gunk  
42 Pump up the  
volume  
45 Scandinavian  
city  
46 Rodgers/  
Hammerstein  
show



- 48 Radiate  
49 Diving bird  
50 Soy paste  
51 Stitched  
52 Sch. org.  
53 Wan  
48 Radiate  
49 Diving bird  
50 Soy paste  
51 Stitched  
52 Sch. org.  
53 Wan  
9 Drifting  
10 Cat call  
11 Sea flock  
16 Towel desig-  
nation  
20 Joke  
21 Bernstein/  
Comden/  
Green show  
22 Joker  
23 Army rank  
(Abbr.)  
24 Japanese  
sash  
25 18-wheeler  
26 Prickly plant  
part  
27 Actress  
Gardner  
28 Jewel  
29 Kreskin's  
claim  
31 Apiece  
34 "The Way" in  
China  
35 Poi base  
37 Anorak  
38 Swine  
39 Capri, for one  
40 Oxen's bur-  
den  
41 Lacking slack  
42 Unrepaired  
43 Netting  
44 Tactic  
46 Upper limit  
47 Ms. Thurman

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## HOCUS-FOCUS

BY  
HENRY BOLTINOFF

Find at least six differences in details between panels.

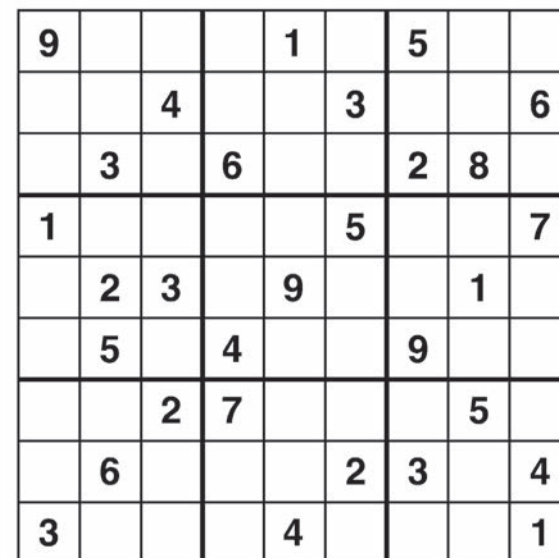


Differences: 1. Man is wearing sunglasses. 2. Window is coming from mower. 3. Bushes added along fence. 4. More smoke missing. 5. #2 missing from golf club. 6. More bricks have been added to foundation.

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## Weekly SUDOKU

by Linda Thistle



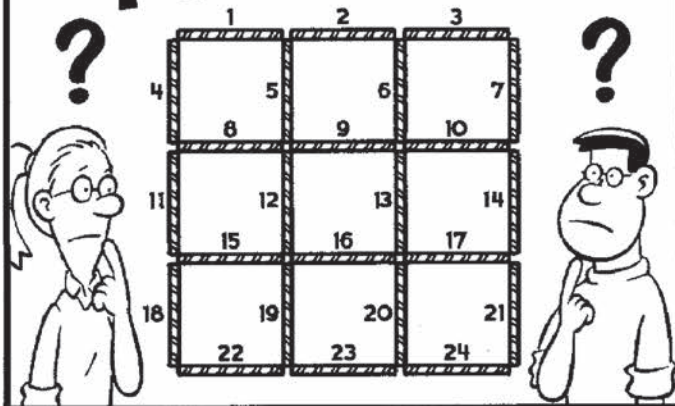
Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

## DIFFICULTY THIS WEEK: ♦

♦ Moderate ♦♦ Challenging  
♦♦♦ HOO BOY!

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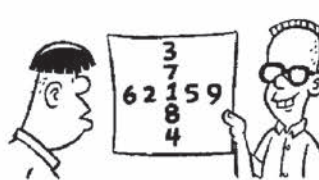
## PUZZLE CARD



**YOUR PROBLEM** is to remove four straws from the 24 shown here and have five squares left.

Answer: If you remove straws 2, 11, 14 and 23, you will be left with five squares.

**A FIFTY NUMBER CHALLENGE!** Challenge your friends to take the digits 1 through 9 and arrange them into two rows that each add up to the same total. When they give up, write them down as shown to the right. You'll find that each row adds up to 23.



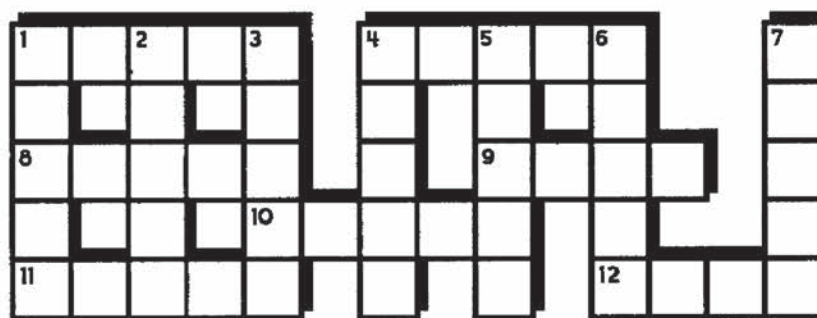
**LINK-UPS!** Here's a list of 12 one-syllable words that are divided into two columns. Turn them into six longer words by linking them together. To do this, draw a line from a word in the left column to a word in the right.



Answers: 1. Hither. 2. Scowled. 3. Acetic. 4. Caddied. 5. Message. 6. Tarest.

## Junior Whirl

by Charles Barry Townsend



## A FILL-IN PUZZLE!

Pictured above is a crossword puzzle grid. Below are the 14 words that you'll need to complete the puzzle using the trial-and-error method. Keep an eraser handy!

## Miscellaneous Words

ABODE NAME  
AGING NYLON  
AGLOW SAINT  
AMBLE SCAMS  
ARGON SUGAR  
GATES TALK  
ICING TIGER

Answers: (Across) 1. Scams. 4. Argon. 8. Icing. 9. Talk. (Down) 1. Saint. 2. Aging. 3. Sugar. 4. Aglow. 5. Gates. 6. Nylon. 7. Amble.







## Now Here's a Tip

by JoAnn Derson

• "When you have a delicate lampshade, or one that has a textured fabric, it can be hard to get the dust off. One method that I've used is a lint roller. This works well for flat but textured, when a dusting rag would make it stick worse. If you have pleats, sometimes the best way is to remove it and take it outside, then use canned, compressed air to blow the dust off." – Y.L. in Arizona

• To de-fat a broth, simply put it in the freezer. As the broth cools,

the separated fat condenses at the top. You can peel it right off or scoop it away with a spoon.

• Coffeepot got a layer of grime? For a little extra scrub power, use a tablespoon of baking soda mixed with a few drops of dish soap. It's a minor abrasive, and it deodorizes too. Rinse clean and repeat if necessary.

• "Here's a great summer activity: Save toilet paper rolls and paper towel cores, plus any small boxes. Add small hook and loop squares on the corners and sides. Then, kids can use them as free-form building

blocks. It's fun to see what kinds of things they create. Save larger boxes to create a backyard castle using duct tape or packing tape to join boxes." – V.E. in Pennsylvania

• "I dropped an earring down the disposal in the kitchen. It was hard to see and even harder to get at. I was at the point of despair. My lovely husband tied a string around a magnet and was able to pull it out." – W.E. in South Carolina

• Deskinning chicken pieces is easier if you use a paper towel to grab onto the skin.

Books over 200 years old. Willy's Round to it, 14 Bridge Street, St Johnsville.

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Fishing Lures 1/2 Off. Willy's Round to it, 14 Bridge Street, St Johnsville.

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# Strange but True

by **Samantha Weaver**

- It was noted 20th-century American playwright Arthur Miller who made the following sage observation: "Maybe all one can do is hope to end up with the right regrets."
- When creating its cocoon, the silkworm spins a continuous thread more than a thousand yards long, or 12,000 times the length of its own body. To accomplish a comparable feat, a six-foot-tall man would have to spin a thread that stretched unbroken for 15 miles.
- You may be surprised to learn that the onion is actually a lily, botanically speaking.
- In 2016, Michigan State University

received a delivery of inedible mayonnaise – the mayo had been frozen and thawed during transit, spoiling all 10,000 pounds of the condiment. Instead of just throwing it out, MSU decided to put the bad mayo to good use. The campus already had an anaerobic digester – a device that decomposes organic waste and converts it to methane – so they poured in all 500 2.5-gallon tubs.

- Guinness, that notoriously dark and bitter brew, contains fewer calories than skim milk or orange juice. Stout for breakfast, anyone?
- If someone were to ask you to name the sunniest spot on Earth, you might be tempted to answer

"the Sahara Desert" or some other such exotic place. You would be wrong, though; that distinction belongs to a town right here in America. Out of the possible 4,456 daylight hours each year, the sun shines for an average of 4,050 in Yuma, AZ. That means that there's cloud cover or rain for only about 10% of the time there.

Thought for the Day: "Whatever a man prays for, he prays for a miracle. Every prayer reduces itself to this: Great God, grant that twice two be not four." – Ivan Turgenev

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**Zoe** is a 3 to 4 year old spayed female Boxer girl who weighs about 60 pounds now. Zoe needs a home with no small dogs or cats. She is dog selective but loves people! Zoe is great on car rides and loves adventures!



**JAKE** is such a beautiful guy! He is a 3 to 4 year old neutered male brindle pittie mix. HE LOVES to play ball. Jake loves people and is okay with some dogs. He needs a home with older kids.



**Carly** is a 1 to 2 year old female chihuahua mix. She is a little nervous at first, but warms up to women more easily. She would do best with no young children. Good with dogs.



**Twinkie** is a 36 pound female Bluetick Coonhound. Good with some other dogs and loves people. She is about 2 to 3 years old. Twinkie will need to learn basic house manners, but being a sweetheart she already had down pat!



**Smokey** is a 4 year old neutered male, 64 pound cattle dog. Smokey is good with some dogs, but he needs to be cat tested and in a home with older kids if any. He loves to play!



**Lucy and Billi Jo** are 4 year old Shepherd and Shar Pei mixes. These two sisters love each other and have always been together - so we are really going to try to adopt them out together. These two love people. They will need to be helped with housebreaking, because they have always been outside dogs.



**Papo** is a 9 year old neutered male pittie boy. He needs a quiet adult home. He loves adventures and is good with some dogs. Needs a kitty free home.



**Nikki** is a 5 year old spayed female pittie girl who weighs about 70 pounds. Nikki loves people and is good with some dogs. She rides amazing in the car and is housebroken. Nikki is calm as can be and LOVES to cuddle/relax.

## Wish List:

- Clay Kitty Litter
- Lumabone type chews



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### Mohawk Valley Country Editor

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13428

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**Father's Day**  
June 16

## Weekly SUDOKU

Answer

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 9 | 7 | 6 | 2 | 1 | 8 | 5 | 4 | 3 |
| 2 | 8 | 4 | 9 | 5 | 3 | 1 | 7 | 6 |
| 5 | 3 | 1 | 6 | 7 | 4 | 2 | 8 | 9 |
| 1 | 4 | 9 | 3 | 2 | 5 | 8 | 6 | 7 |
| 6 | 2 | 3 | 8 | 9 | 7 | 4 | 1 | 5 |
| 8 | 5 | 7 | 4 | 6 | 1 | 9 | 3 | 2 |
| 4 | 1 | 2 | 7 | 3 | 9 | 6 | 5 | 8 |
| 7 | 6 | 5 | 1 | 8 | 2 | 3 | 9 | 4 |
| 3 | 9 | 8 | 5 | 4 | 6 | 7 | 2 | 1 |

## King Crossword

Answers

Solution time: 21 mins.

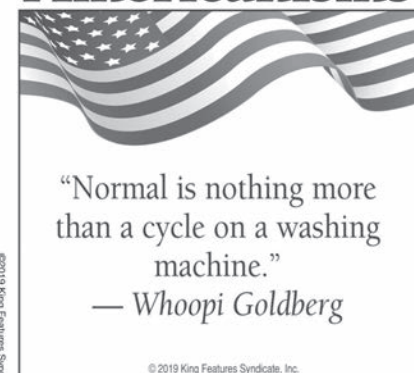
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|---|---|---|---|---|---|---|---|---|---|---|---|---|
| T | H | O | U |   | H | A | D |   | F | A | M | E |
| W | I | G | S |   | B | I | N |   | U | S | E | R |
| O | K | L | A | H | O | M | A |   | N | E | O | N |
| S | E | E |   | E | M | S |   | G | N | A | W | S |
|   |   |   | O | R | B |   | W | A | Y |   |   |   |
| C | O | R | N | S |   | B | A | G | G | A | G | E |
| O | B | I | T |   | P | U | G |   | I | V | E | S |
| L | I | G | H | T | E | R |   | T | R | A | M | P |
|   |   |   | E | A | R |   | P | A | L |   |   |   |
| H | I | P | T | O |   | T | A | R |   | A | M | P |
| O | S | L | O |   | C | A | R | O | U | S | E | L |
| G | L | O | W |   | A | U | K |   | M | I | S | O |
| S | E | W | N |   | P | T | A |   | A | S | H | Y |

## Just Like Cats & Dogs

by Dave T. Phipps



## Americanisms



**Happy Father's Day!**



## Donna's Day: Creative family fun

by Donna Erickson

### Slow cooker perfect for weekend brunch

When the weekend rolls around, we're a brunch bunch in our family. Just say the word, and it translates to "relaxing." Brunch isn't too early, so we have time to read the paper and do a run, and not too late so the day is taken away. Best of all, it's an occasion for good food and connecting with friends and family.

For a main dish, here's a slow cooker brunch egg casserole you can serve without having to think too much about the details, and you won't be heating up your oven on a hot day. Assemble the ingredients early in the morning (or the night before and refrigerate), turn the slow cooker switch to high for about three hours, and it's ready to serve as is, or with your favorite toppings.

Like classic baked egg dishes, this recipe uses the

basics – eggs, milk and cheese. But instead of adding bread cubes, this combo is layered with shredded hash brown potatoes.

### Slow Cooker Egg Casserole

12 eggs  
1 cup whole milk  
1 teaspoon salt  
1/2 teaspoon black or white pepper  
1/4 teaspoon dry mustard  
1 20-ounce package fresh shredded hash browns (in the refrigerated section of your grocery store) or frozen  
1/2 pound cooked ham, cut in pieces, or substitute cooked bacon cut in pieces  
1/2 cup red bell pepper chopped  
1/2 cup green onions, chopped  
3 cups cheddar cheese shredded, or Mexican four-cheese blend, shredded

1 tablespoon fresh thyme or rosemary, chopped for garnish (optional)

Toppings such as salsa, sour cream, sliced avocado (optional)

1. Grease a 6-7 quart slow cooker. In a large bowl whisk the eggs, milk, salt, pepper and dry mustard. Set aside.

2. Distribute one-half of the hash browns evenly over the bottom of slow cooker.

3. Layer with half of the ham or bacon, red pepper, onions and one cup of the cheese. Repeat layers, ending with two cups cheese on top.

4. Pour egg mixture evenly over the layered casserole. (Assemble the night before, if you prefer, and refrigerate.)

5. Cook on high for three hours or until eggs are set and thoroughly cooked, and edges begin to brown.

6. Sprinkle thyme or rosemary on top for garnish and serve directly from the slow cooker. Set out small bowls of toppings, if you wish. Makes 8 servings.

NOTE: Depending on the brand or age of your slow cooker, temperatures and cook time may vary.

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Slow Cooker Egg Casserole



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# Annual Drinking Water Quality Report for 2018

## Village of St. Johnsville

### 16 Washington St, St. Johnsville, NY

### 13452 (Public Water supply ID#2800143)

**INTRODUCTION**

To comply with State regulations, the Village of St. Johnsville, will be annually issuing a report describing the quality of your drinking water. The purpose of this report is to raise your understanding of dinking water and awareness of the need to protect our drinking water sources. Last year, your tap water met all State drinking water health standards. We are proud to report that our system has never violated a maximum contaminant level or any other water quality statement. This report provides an overview of last years water quality. Included are details about where your water comes from, what it contains, and how it compares to State standards. If you have any questions about this report or concerning your drinking water, please contact Mr. Bill Vicciarelli, Chief Operator, at (518) 568-2225. We want you to be informed about your drinking water. If you want to learn more, please attend any of our regularly scheduled village board meetings. The meetings are held on the 3rd Tuesday of each month, at 6:30 pm at the Village Hall located at 16 Washington St., St, Johnsville, NY 13452.

**WHERE DOES OUR WATER COME FROM?**

In general, the sources of drinking water (both tap water and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs, and wells. As water travels over the surface of the land or through the ground, it dissolves naturally-occurring minerals and can pick up substances resulting from the presence of animals or from human activities. Contaminants that may be present in source water include: microbial contaminants; inorganic contaminants; pesticides and herbicides; organic chemical contaminants; and radioactive contaminants. In order to ensure that tap water is safe to drink, the State and the EPA prescribe regulations which limit the amount of certain contaminants in water provided by public water systems. The State Health Department's and the FDA's regulations establish limits for contaminants in bottled water which must provide the same protection for public health.

Our water system serves a population of 1700 people through 640 metered service connections. Our water comes from two sources. A drilled-well in the Roland V. Swartz well field, that is a groundwater source. The well is seventy feet deep and has an 18-inch casing and produces about 400 gallons per minute. The water produced by the drilled well at the Roland V. Swartz Well field is disinfected by injection of a sodium hypochlorite solution prior to distribution.

The Vilfage also has a surface water source, the Congdon Springs that produces about 225 gallons per minute. The water from the Congdon Springs is filtered at our Slow-sand Filtration plant. The water produced by the Filter Plant is disinfected by injection of gaseous chlorine prior to distribution. Water not consumed by our customers is then stored in a 750,000-galton concrete storage tank.

**SOURCE WATER ASSESSMENT**

The NYSDOH has completed a source water assessment for this system, based on available information. Possible and actual threats to this dinking water source were evaluated. The state source water assessment includes a susceptibility rating based on the risk posed by each potential source of contamination and how easily contaminants can move through the subsurface to the wells. The susceptibility rating is an estimate of the potential for contamination of the source water, it does not mean that the water delivered to consumers is, or will become contaminated. See section "Are there contaminants in our drinking water?" for a list of contaminants, if any, that have been detected. The source water assessments provide resource managers with additional information for protecting source waters into the future.

As mentioned before, our water is derived from a drilled well. The source water assessment has rated this well as having a very high susceptibility to bacteria, viruses and nitrates; and a high susceptibility to halogenated solvents, pesticides, herbicides, metals, protozoa, petroleum products and industrial organic compounds. These ratings are due primarily to the proximity of the well to a permitted discharge facility (industrial/commercial facility that discharges wastewater into the environment and is regulated by the state and/or federal government), a toxic chemical release facility and low intensity residential activities in the assessment area, In addition, the well draws from an unconfined aquifer of high hydraulic conductivity. While the source water assessment rates our well as being susceptible to microbials, please note that our water is disinfected to ensure that the finished water delivered into your home meets New York State's drinking water standards for microbial contamination.

A copy of the assessment, including a map of the assessment area, can be obtained by contacting us, as noted below. A source water assessment for our surface water source has not yet been completed.

**ARE THERE CONTAMINANTS IN OUR DRINKING WATER?**

As the State regulations require, we routinely test your drinking water for numerous contaminants. These contaminants include: total coliform, turbidity, inorganic compounds, nitrate, nitrite, lead and copper, volatile organic compounds, total trihalomethanes, and synthetic organic compounds. The table presented below depicts which compounds were detected in your drinking water. The State allows us to test for some contaminants less than once per year because the concentrations of these contaminants do not change frequently. Some of our data, though representative, are more than one year old.

It should be noted that all drinking water, including bottled drinking water, may be reasonably expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that water poses a health risk. **More Information about contaminants and potential health effects can be obtained by calling the EPA's Safe Drinking Water Hotline 800-426-4791 or the NYSDOH. Herkimer District Office at 315 866-6879.**

| Table of Detected Contaminants        |                  |                |                  |               |      |                                |                                                                                                                                                          |
|---------------------------------------|------------------|----------------|------------------|---------------|------|--------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|
| Contaminant                           | Violation Yes/No | Date of Sample | (Avg/ Max) Range | Measu- rement | MCLG | Regulatory Limit MCL, TT or AL | Likely Source of Contamination                                                                                                                           |
| Turbidity #1                          | No               | Daily          | .04/.07 100%<1.0 | NTU           | N/A  | TT=5NTU                        | Soil Runoff                                                                                                                                              |
| Inorganic Contaminants                |                  |                |                  |               |      |                                |                                                                                                                                                          |
| Nitrate Swartz Well Spring            | No No            | 8/2018 3/2018  | 0.552 < 0.23     | Mg/l          | 10   | 10                             | Runoff from fertilizer use; Leaching from septic tanks, sewage; Erosion of natural deposits.                                                             |
| Copper *2                             | 10               | 9/2018         | 690              | Ug/l          | 1300 | AL=1300                        | Corrosion of household plumbing systems; Erosion of natural deposits; leaching from wood preservatives.                                                  |
| Lead                                  | No               | 9/2018         | 1                | Ug/l          | 0    | A/l = 15                       | Corrosion of household plumbing systems; Erosion of natural deposits.                                                                                    |
| Sodium Swartz Well Congdon Spring     | No No            | 4/2010 4/2018  | 12 2.31          | Mg/l          | N/A  | (See health effects)           | Naturally occurring; Road salt; Water softeners; Animal waste.                                                                                           |
| Sulfate Swartz Well Congdon Spring    | No               | 4/2010 4/2018  | 8 15             | Mg/l          | 250  | N/A                            | Naturally occurring.                                                                                                                                     |
| Barium Swartz Well Congdon Sping      | No               | 3/2018         | 24 4             | Ug/l          | 2000 | 2000                           | Discharge of drilling wastes; Discharge from metal refineries; Erosion of natural deposits.                                                              |
| Chromium Swartz Well                  | No               | 4/2009         | 6.54             | Ug/l          | 100  | 100                            | Discharge from steel and pulp mills; Erosion of natural deposits.                                                                                        |
| Nickel Swartz Well Congdon Spring     | No               | 3/2013 3/2018  | 1.5 1            | U/gl          | 100  | 100                            | Nickel is a metal found in natural deposits as ores containing other elements. The greatest use of nickel is in making stainless steel and other alloys. |
| Gross Apha Congdon Spring Swartz Well | No No            | 7/2016         | +/-1.05 +/-1.18  | pCl/l         | N/A  | 15                             | Erosion of natural deposits.                                                                                                                             |
| Synthetic Organic Contaminants        |                  |                |                  |               |      |                                |                                                                                                                                                          |
| Di(2-ethylhexyl) phthalate            | No               | 6/2011         | 5.47             | Ug/l          | 0    | 6                              | Used in plastic products. Also used in lns, pesticides, cosmetics, and vacuum um oil.                                                                    |
| Disinfection By-Products              |                  |                |                  |               |      |                                |                                                                                                                                                          |
| TTHM's (Total Trihalomethanes) #4     | No               | 8/2018         | 14 (ND - 11)     | Ug/l          | 0    | 80                             | By-product of drinking water chlorination needed to kill harmful organisms. TTHMs are formed when source water contains large amounts of or anic matter. |
| Haloacetic Acids (HAA5) #4            | No               | 8/2018         | 10 (ND-5.4)      | Ug/l          | N/A  | 60                             | By-product of drinking water chlorination.                                                                                                               |
| Chlorine Residual                     | No               | Daily          | 0.61 (.26/.92)   | Mg/l          | NIA  | 4.0                            | By-product of drinking water chlorination                                                                                                                |

**Notes:**

#1- Turbidity is a measure of the cloudiness of the water. We test it because it is a good indicator of the effectiveness of our filtration system. Our highest single turbidity measurement for the year occurred on 9/3/2018, 0.06 NTU. Regulations require that turbidity must always be below 5 NTU. The regulations require that 95% of the turbidity samples collected have measurements below 1.0 NTU. Although November was the month when we had the fewest measurements meeting the treatment technique for turbidity, the levels recorded were within the acceptable range allowed and did not constitute a treatment technique violation.  
\*2- The level presented represents the 90th percentile of the 10 sites tested. A percentile is a value on a scale of 100 that indicates the percent of a distribution that is equal to or below it. The 90th percentile is equat to or greater than 90% of the copper values detected at your water system. In this case, 10 samples were collected at your water system and the 90th percentile value was the 690 ug/l Value. The action level for copper was not exceeded at any of the sites tested.  
\*4 - This level represents the annual quarterly average calculated from data collected.

**Definitions:**

**Maximum Contaminant Level (MCL):** The highest level of a contaminant that is allowed in drinking water. MCLs are set as dose to the MCLGs as feasible.

**Maximum Contaminant Level Goal (MCLG):** The level of a contaminant in dinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.

**MAXIMUM RESIDUAL DISINFECTANT LEVEL (MRDL):** The highest level of a disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.

**MINIMUM RESIDUAL DISINFECTANT LEVEL GOAL MRDLG:** The level of a drinking water disinfectant below which there is no known or expected risk to health.

MRDLGs do not reflect the benefits of the use of disinfectants to control microbial contamination.

Action Level (AL): The concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a water system must follow.

**Treatment Technique (TT):** A required process intended to reduce the level of a contaminant in dinking water.

**Non-Defects (ND):** Laboratory analysis indicates that the constituent is not present.

**Nephelometric Turbidity Unit (NTU):** A measure Of the clarity of water. Turbidity in excess of 5 NTU is just noticeable to the average person.

**Milligrams per liter (mg/l):** Corresponds to one part of liquid in one million parts of liquid (parts per million-ppm).

**Micrograms per liter (ug/l):** Corresponds to one part of liquid in one billion parts of liquid (parts per billion - ppb).

**WHAT DOES THIS INFORMATION MEAN?**

As you can see by the table, our system had no violations. We have leamed through our testing that some contaminants have been detected; however, these contaminants were detected below the level albwed by the State.

**IS OUR WATER SYSTEM MEETING OTHER RULES THAT GOVERN OPERATION?**

During 2018 our system met all requirements that govern operations.

**DO I NEED TO TAKE SPECIAL PRECAUTIONS?**

Although our drinking water met or exceeded state and federal regulations, some people may be more vulnerable to disease causing microorganisms or pathogens in drinking water than the general population. Immuno-compromised persons such as persons with cancer undergoing chemo-therapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections. These people should seek advice from their health care provider about their drinking water. EPA/CDC guidelines on appropriate means to lessen the risk of infection by Cryptosporidium, Giardia and other microbial pathogens are available from **the Safe Drinking Water Hotline (800-426-4791).**

**WHY SAVE WATER AND HOW TO AVOID WASTING IT?**

Although our system has an adequate amount of water to meet present and future demands, there are a number of reasons why it is important to conserve water:

- Saving water saves energy and some of the costs associated with both of these necessities of life;
- Saving water reduces the cost of energy required to pump water and the need to construct costly new wells, pumping systems and water towers; and
- Saving water lessens the strain on the water system during a dry spell or drought, helping to avoid severe water use restrictions so that essen- tial fire fighting needs are met.

You can play a role in conserving water by becoming conscious of the amount of water your household is using, and by looking for ways to use less whenever you can. It is not hard to conserve water. Conservation tips include:

- Automatic dishwashers use 15 gallons for every cycle, regardless of how many dishes are loaded. So get a run for your money and load it to capacity.
- Turn off the tap when brushing your teeth.
- Check every faucet in your home for leaks. Just a slow drip can waste 15 to 20 gallons a day. Fix it up and you can save almost 6,000 gallons per year.
- Check your toilets for leaks by putting a few drops of food coloring in the tank, watch for a few minutes to see if the color shows up in the bowl. It is not uncommon to lose up to 100 gallons a day from one of these otherwise invisible toilet leaks. Fix it and you save more than 30,000 gallons a year.

**CLOSING**

Thank you for allowing us to continue to provide your family with quality drinking water this year. In order to maintain a safe and dependable water supply we sometimes need to make improvements that will benefit all of our customers. The costs of these improvements may be reflected in the rate structure. Rate adjustments may be necessary in order to address these improvements. We ask that all our customers help us protect our water sources, which are the heart of our community. **Please call our office if you have questions at (518) 568-2225.**



