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July 6,  
2019

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## Steps to take before leaving recyclables at the curb

Recycling will play a vital role in the future of the planet. As climate change continues to threaten the long-term health of the planet, the necessity to recycle and reuse only becomes more paramount.

According to the Environmental Protection Agency, decomposing garbage, such as that which finds its way into landfills, generates methane. Methane is considerably more effective at trapping heat in the Earth's atmosphere than carbon dioxide and contributes heavily to climate change. By recycling items rather than discarding them, people can play an active and effective role at combatting climate change. In addition, recycling helps cut back on the release of harmful greenhouse gases that are produced during the manufacturing process.

Community recycling programs have been around for decades in many communities, and these programs are only as effective as the people who recycle. Learning how to treat common recyclables before depositing them into designated recycling bins can help people ensure their efforts are having the impact they intended.

• **Rinse jars, bottles and cans.** Items that are not rinsed before they're placed in recycling cans run the risk of contaminating everything within. While each community program is different, recycling bins deemed contaminated may be redirected to landfills. Residential Waste Systems, a Connecticut-based trash and recycling removal firm, recommends rinsing all jars, bottles and cans that contain visible residue before depositing them in the recycling bin.

• **Learn which items can be recycled.** Contact your local recycling firm for a list of items that can and cannot be recycled. Many people unknowingly deposit items that cannot be recycled into their recycling bins, potentially contaminating their bins and rendering them more likely to end up in a landfill than a recycling center. By contacting your recycling center in advance, you can reduce the risk that all your hard recycling work will be for naught.

• **Inspect paper products.** If various paper products are accepted by your local recycling center, you must still inspect them before placing them in your recycling bin. For example, a pizza box may be recyclable, but likely isn't if it's covered in grease. Inspect each potentially recyclable paper product to make sure there's nothing present that might lead to it being designated as contaminated.

Recycling is a simple step many people can take to promote the long-term health of the planet.

## The truth about Alexander Hamilton's birth, wedding & the Newburgh Conspiracy

The Fort Plain Museum welcomes back Hamilton historian Michael E. Newton on Wednesday, July 17. Newton will discuss three of the most exciting topics to be included in his new book "Discovering Hamilton." Based on newly discovered legal testimonies from St. Croix, Newton presents new evidence and conclusions regarding Alexander Hamilton's birthdate, places of residence, religion, parents and more. He will also scrutinize a well-known "fact" regarding Hamilton's wedding to Elizabeth Schuyler (which took place at the Schuyler Mansion in Albany) and will reexamine Hamilton's involvement in the Newburgh Conspiracy.

Copies of Newton's brand new book, "Discovering Hamilton," will be available for purchase for \$18 and the author will be signing copies. Reserve a copy when registering. Pre-registration is required, and there is a \$10 admission fee. Registration can be done online, by mail or by phone. Visit [www.fortplainmuseum.com/events](http://www.fortplainmuseum.com/events) for more information.

The event starts at 6 p.m. and will be at the Fort Plain Museum, 389 Canal St. in Fort Plain. For more information, call 518.774.5669. We would like to thank event sponsors Alpin Haus and Kinderhook Bank. All proceeds from this event will go toward the completion of our Research Library schedule to open this autumn.

## Rabies vaccination clinic set for July 9

A rabies vaccination clinic will be held on Tuesday, July 9 at St. Johnsville Town Barn, 7431 Route 5, St. Johnsville, from 6:30 - 7:30 p.m.

New York State Public Health Law requires that all dogs, cats and domestic ferrets have initial vaccinations administered against rabies no later than four months of age and stay up to date with re-vaccinations. Re-vaccinations are required one year later and a booster shot every three years. It is important to have pets vaccinated in a timely manner in order for the pet to be protected against the virus. Pet owners should bring proof of their pet's last rabies vaccination. This helps the veterinarian determine whether the pet will receive a one- or three-year vaccination; without it your pet will receive a one-year vaccination only.

Veterinarian administration fee is \$10 per rabies vaccine. Rabies is the only vaccine offered at this clinic.

To assure the safety of other pets and people, dogs must be leashed; cats and ferrets must be contained in a pet carrier or box when attending the rabies clinic.

For more information about rabies contact Montgomery County Public Health at 518.853.3531 Monday - Friday from 8:30 a.m. - 4 p.m. (in July and August from 9 a.m. - 4 p.m.) or your veterinarian.

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# Skewered chicken goes great on the grill



Grilling chicken is an easy way to transform this versatile food into something even more delicious. Various cultures serve chicken in kebab form after grilling it over an open flame, and taste is a big reason this particular method of cooking chicken is so beloved.

While you might not expect to see kebabs on the menu at your favorite Italian restaurant, "spiedini" is Italian for "little skewers," proving that Italian chefs recognize how delicious chicken can be when served in kebab form. In this recipe for "Spiedini of Chicken and Zucchini with Almond Salsa Verde" from "Cooking Light: Dinner's Ready" (Oxmoor House) by The Cooking Light Editors, skewers are paired with a zesty salsa full of nuts, herbs and citrus, which makes for the perfect complement to the smoky grilled flavor.

## Spiedini of Chicken and Zucchini with Almond Salsa Verde

Makes 6 servings

### Salsa:

- 1 cup chopped flat parsley
- 2 tablespoons chopped almonds, toasted
- 2 tablespoons chopped fresh chives
- 3 tablespoons capers, chopped
- 1/2 teaspoon grated lemon rind
- 3 tablespoons fresh lemon juice
- 1 tablespoon extra-virgin olive oil
- 1/2 teaspoon chopped fresh thyme
- 1/2 teaspoon chopped fresh oregano
- 1/4 teaspoon kosher salt
- 1/8 teaspoon freshly ground black pepper
- 1 garlic clove, minced

### Spiedini:

- 1 1/2 pounds skinless, boneless chicken breast, cut into 1-inch pieces
- 6 small zucchini, cut into 1-inch slices (about 1 1/4 pounds)

### Cooking spray

- 1/4 teaspoon kosher salt
- 1/8 teaspoon freshly ground black pepper

Soak 12 (10-inch) wooden skewers in water for 30 minutes to prevent burning.

Bring the grill to medium-high heat

To prepare the salsa, combine the first 12 ingredients; set aside.

To prepare the spiedini, thread the chicken and zucchini alternately on each of the 12 skewers. Coat the spiedini with cooking spray; sprinkle evenly with 1/4 teaspoon salt and 1/8 teaspoon pepper. Place on a grill rack; grill 6 minutes or until done, turning once. Serve with salsa.

*Tip:* Prepare the salsa up to a day ahead, and assemble the skewers earlier in the day. Coat with the seasonings just before grilling.



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## Did you know?

The year 1893 was an important one in hot dog history. According to the National Hot Dog and Sausage Council, in 1893, the city of Chicago hosted the Chicago Columbian Exposition, a world's fair that celebrated the 400th anniversary of famed explorer Christopher Columbus's arrival in the New World in 1492.

Visitors to the exposition consumed large quantities of sausages sold by vendors. Many immediately took a liking to this unique food because it was both easy to eat and inexpensive. The NHDSC notes that Germans are likely responsible for introducing sausages served on buns.

In addition to their popularity at the Columbian Exposition, hot dogs got another boost in 1893 when they first started appearing at ballparks. Many modern

baseball fans now cannot imagine attending a ballgame without indulging in a hot dog or two, and some historians believe they have German immigrant Chris von der Ahe to thank for that.

Chris von der Ahe owned the St. Louis Browns, and in 1893 his team became the first to sell hot dogs at baseball games, though some historians dispute this.



# Mohawk Valley Country Editor

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(reg. price \$5,303)


**Rent to Own \$211.02 /36 mos**



**SWING SET**

**\$3,480**  
(reg. price \$3,725)

**Rent to Own**  
**\$205.92 /24 mos**





## John Gregory is guest speaker at Christian Lake Bible Conference

STRATFORD – John Gregory of Grace Christian Fellowship, Bainbridge, NY, will be the guest speaker the week of July 15 - 19 at Christian Lake Bible Conference, 355 Perkins Mill Rd.,

Stratford. This is the conference's 48th year preaching the Word of God from the King James Version.

Monday through Friday evening services will be held at 7:30 p.m. A Bible class may be held Tuesday through Friday morning at 9 a.m. Check at the office. Drive-ins are welcome at either service, which are

open to the public.

Also available are a campground, beach, boats, fishing and shelters for public use, with reservations. A large activity building with kitchen facilities is available for church groups to use during the season. A bonfire is planned after the Friday evening service, held near the Prodigal's Refuge facility.

For a brochure on our other activities and camping rules and regulations call 315.429.3515 or 315.429.3659 or visit christianlakebibleconference.com .

## Exercise and aging: How to work out safely after 50

In an ideal world, people young and old exercise each day. But as men and women age, finding time to work out is not so easy.

Commitments to work and family often take precedence over daily exercise. As a result, many people 50 and over might not have exercised regularly or at all in many years. But as children grow up or even move out, people facing down their golden years are often compelled to get back in the gym. That's a wise decision that can increase a person's chances of being healthy and happy in retirement. But before beginning a new exercise regimen, men and women over 50 should take heed of the following safety tips to ensure their efforts are not derailed by accident or injury.

- Speak with your physician. The National Institute on Aging notes that even people with chronic conditions such as heart disease, diabetes or arthritis can be physically active. However, anyone with such a condition and even those who don't fall into those categories should consult with their physicians and receive a full physical before exercising. Such a consultation and check-up can shed light on any unknown issues, and physicians can offer advice on how to safely manage any problems that may arise.

- Begin with low-intensity exercises. Even if you feel great and have main-

tained a healthy weight, don't push yourself too hard at the start. Your body needs time to adjust to physical activity, so choose low-intensity exercises like walking and light strength training so your muscles, tendons and ligaments can adjust. Initially, exercise every other day so your body has ample time to recover between workouts.

- Choose the right places to exercise outdoors. Exercising outside provides the best of both worlds for many people, providing a chance to get healthy all while enjoying the great outdoors. When exercising outdoors, choose areas that are not remote and where others can see you and offer help if you suffer an injury or have an accident. Boardwalks, public parks and outdoor gyms are safer places to work out than wooded areas or other places well off the beaten path.

- Stay hydrated. The NIA notes that many people lose their sense of thirst as they age. But just because you aren't thirsty does not mean you don't need water, especially while exercising. Water regulates body temperature and lubricates the joints, thereby decreasing your risk of injury during exercise.

Exercising after 50 can help people live healthy well into retirement. But caution must be exercised when aging men and women return to exercise after a long break.

## Calendar of events

**NOTE: Calendar items must be submitted by Tuesday prior to the publication date to be included in the Calendar of Events. Entries may be emailed to [cfeditor@leepub.com](mailto:cfeditor@leepub.com)**

### July 6

**Canal Days.** Contact Schoharie Crossing State Historic Site, 129 Schoharie Street, Fort Hunter at 518.829.7516 or [www.nysparks.com](http://www.nysparks.com)

**Ames Museum Open.** 9 a.m.-3 p.m. Contact 518.673.5820 or visit [www.amesmuseum.weebly.com](http://www.amesmuseum.weebly.com) or write to [f@amesmuseum.com](mailto:f@amesmuseum.com).

### July 6-7

**Tri-County Old Time Power Association 42nd Antique Gas Engine and Tractor Show.** In conjunction with Canal Days. 129 Schoharie St., Fort Hunter, NY. Call 518.843.2709.

### July 8

**Village of St. Johnsville Summer Concert Series.** 6:30 - 8:30 p.m. At the St. Johnsville Marina. Free. Refreshments available. Linda Lee & the Fox Creek Band

### July 8-12

**Ephraim Stolfus speaking at Christian Lake Bible Conference, Stratford.** Ephraim Stolfus, former Amish, from New Holland, PA will be preaching each evening at 7:30 p.m. Monday through Friday. For more information call 315.429.3515 or 315.429.3659.

### July 9

**Montgomery County Rabies Clinic.** St. Johnsville Town Barn, 7431 Route 5, St. Johnsville. 6:30 pm - 7:30 p.m. For more information on rabies call 518.853.3531 or your vet.

### July 10

**Wildlife Wednesday.** Wildlife Wednesday. July 10, Aug. 7, Sept. 11. Contact Schoharie Crossing State Historic Site, 129 Schoharie Street, Fort Hunter at 518.829.7516

or [www.nysparks.com](http://www.nysparks.com)

### July 10 and 12.

**Gentle Chair Yoga.** Wednesdays and Fridays each week. 9:30 a.m. Fort Plain Senior Center. Contact Donna Short 518.903.9781.

### July 10, 17, 24, 31, and August 7, 14

**Hyde Hall Ghost Tours.** Wednesday nights. Tickets at [Hydehall.org](http://Hydehall.org).

### July 14

**Healing Service.** In the sanctuary of the United Methodist Church, 50 E. Main St., Canajoharie. 4 p.m. By Faith, Hope and Love Christian Church. Guest minister Dave Martin.

### July 15

**Village of St. Johnsville Summer Concert Series.** 6:30 - 8:30 p.m. At the St. Johnsville Marina. Free. Refreshments available. Jennie & the Buck Shot 5

### July 15-19

**John Gregory, Grace Christian Fellowship, Bainbridge, NY is guest speaker** this week at Christian Lake Bible Conference, 355 Perkins Mill Rd., Stratford. Monday through Friday evening services at 7:30 p.m. For more information call 315.429.3515 or 315.429.3659 or visit [christianlakebibleconference.com](http://christianlakebibleconference.com).

### July 16

**FMRRC Mule Haul.** Contact Schoharie Crossing State Historic Site, 129 Schoharie Street, Fort Hunter at 518.829.7516 or [www.nysparks.com](http://www.nysparks.com)

### July 17

**The Truth about Alexander Hamilton's Birth, Wedding, and the Newburgh Conspiracy. Presented by Michael E. Newton.** 6 to 8 p.m. At The Fort Plain Museum, 389 Canal Street, Fort Plain. \$10 admission fee. Online at Eventbrite Website at <https://tinyurl.com/y3g7gjbh> or call 518.774.5669.

### July 19

5:30-9 p.m. **Colonial Tavern Night at Old Fort Johnson.** Join us on the lawn of Old Fort Johnson for a Colonial Tavern Night featuring local craft beers and hard cider, a full barbecue pork dinner, and a variety of colonial tavern games. Tickets required. \$25 per person. Advance purchase recommended. Proceeds benefit the restoration of Old Fort Johnson National Historic Landmark. [www.OldFortJohnson.org](http://www.OldFortJohnson.org)

### July 20

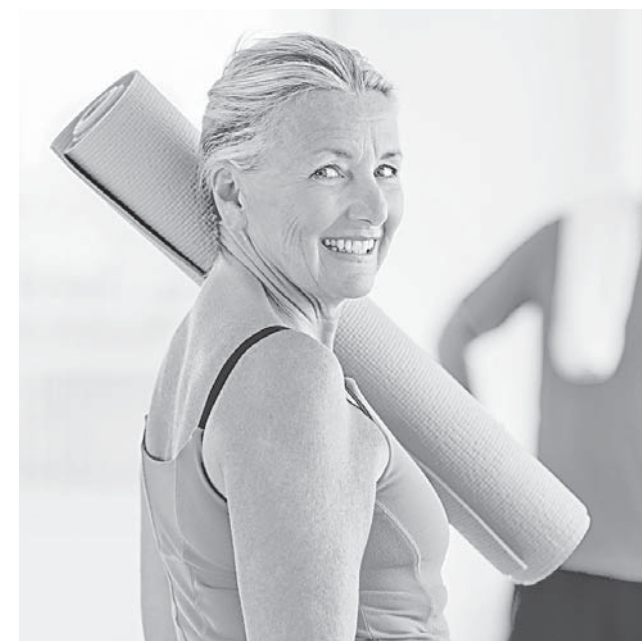
**Free Clothing Give-Away.** At Valley Alliance Church, State Highway 5 one mile east of the Nelliston traffic light. 9 - 11 a.m. Doors open at 8:45 a.m. Refreshments provided.

### July 22

**Village of St. Johnsville Summer Concert Series.** 6:30 - 8:30 p.m. At the St. Johnsville Marina. Free. Refreshments available. The Swamp Drivers

### July 26

**Stone Soup Concert.** 7 p.m. Enjoy an evening of blues, bluegrass, and a touch of jazz mixed with a pinch of folk music. Free admission and free parking. For more information visit [www.fortklockhistoric.org](http://www.fortklockhistoric.org), call 518.568.7779, email [fortklock@gmail.com](mailto:fortklock@gmail.com) or find us on Facebook.





# Ayres Animal Shelter

133 Hilltop Rd., Sprakers • 518-673-5670

Hours: Tues-Sat 12-5 • Open Wed. Nites till 7PM • [www.ayresanimalshelter.org](http://www.ayresanimalshelter.org)



**Rae** is a 12 year old female pittie girl looking for her retirement home. Great with people and kids. Needs a kitty free home. Dog selective.



**Zoey** is a 3 to 4 year old spayed female Boxer girl who weighs about 60 pounds now. Zoey needs a home with no small dogs or cats. She is dog selective but loves people! Zoe is great on car rides and loves adventures!



**Dakota** is a 4 year old great pyranese husky mix. This hundred pound boy is so sweet. He is good with some dogs. Dakota needs a home with no kids.



**Libby** is a sweet, spayed 5 to 7 year old girl who loves people and has lived with both cats and dogs. Libby loves to be pet!



**Raven** is a 5 year old spayed female DLH kittle. She loves people and is good with other cats. Raven can be a little shy at first, but she loves to be pet and is playful.



**Smockey** is a 4 year old neutered male, 64 pound cattle dog. Smockey is good with some dogs, but he needs to be cat tested and in a home with older kids if any. He loves to play!



**Lucy and Billi Jo** are 4 year old Shepherd and Shar Pei mixes. These two sisters love each other and have always been together - so we are really going to try to adopt them out together. These two love people. They will need to be helped with housebreaking, because they have always been outside dogs.



**Papo** is a 9 year old neutered male pittie boy. He needs a quiet adult home. He loves adventures and is good with some dogs. Needs a kitty free home.



**Nikki** is a 5 year old spayed female pittie girl who weighs about 70 pounds. Nikki loves people and is good with some dogs. She rides amazing in the car and is housebroken. Nikki is calm as can be and LOVES to cuddle/relax.

**Wish List:**

- Clay Kitty Litter
- Lumabone type chews

## 17th Annual Ayres Memorial Animal Shelter Golf Tournament • Saturday, July 13

at The Canajoharie Golf & Country Club, 154 Golf Club Road, Canajoharie

\$57.00 per person (CGCC member) • \$75.00 per person (non-member)

4 Player Scramble fee includes: 18 holes of golf & cart. Tournament fee, donation to shelter, lunch after tournament, coffee, juice, donuts and fruit at registration (7:00am to 7:30am) • **Tee Time 8:00AM**

Putting & Chipping Contests (sponsored by Richard Euler Realty) 1st Place \$50 - 2nd Place \$25 in each contest

Also Closest to the pin & Closest to the line - Door Prize, 50/50 and raffle tickets sold, winners picked during lunch

For More Information or to register, please contact The Canajoharie Golf & Country Club • 518-673-8183

Thank You For Your Continued Support To Our Shelter And The Pets

Thank you to the following merchants who sponsor this page every week.

<p><b>Richardson</b> 101 Erie Blvd., Canajoharie, NY 13317 www.richardsonbrands.com Phone 518-673-3553 Fax 518-673-2451</p>	<p><b>Dan's Auto Repair</b> Electrical • AC • ABS Check Engine Lights &amp; More Dan Hight - Owner/Operator 6500 State Rte 5, Little Falls, NY 13365 315-508-5061</p>	<p><b>BEHIND EVERY PROJECT IS A True Value.</b> Just Ask RENTAL 12 Willett Street, Fort Plain, NY 518-993-3834</p>	<p><b>JV AUTO BODY</b> Auto Body Repair Collision • Restoration 6804 ST HWY 5, Fort Plain, NY 13339 James Tomlinson, Jr. 518-844-3711 "Ask us about saving your deductible"</p>	<p><b>BIG M</b> The Licari Family 15 Lambern Street, Dolgeville, NY 315-429-8518</p>	<p><b>McDonald's</b> of Palatine Bridge</p>	<p><b>HILL TOP TIRE</b> 402 State Hwy. 163 Fort Plain, NY 13339 518-993-2235</p>	<p>NAME TAGS • DESK PLATES • ENGRAVED SIGNS • PLAQUES &amp; TROPHIES <i>Say It With Signs</i> Ronald J. Dygert 198 Dygert Road, Palatine • 993-4296 email: dygert@troniernet.net</p>
<p><b>HERMAN A. PRIME</b> Oil Change \$24.95 Includes 10 Point Safety Check "Let us show you their credentials" 18 River St. Fort Plain 518-993-3555</p>	<p><b>Frank's Welding &amp; Fabrication</b> Est. Since 1978 339 East Main Street Canajoharie, NY 13317 518-673-2797 Frank L. Snyder</p>	<p><b>Tim's GENERAL PHASES CONTRACTING</b> Snowplowing, Plumbing, Electric, Kitchen &amp; Bath, Remodeling, Masonry, Siding &amp; Windows, Minor Landscaping &amp; Small Backhoe Work, Additions, Furnace, Boiler &amp; Wood Stove Installations, Etc. "100" Rooter • Professional Drain Cleaning 24 HOUR SERVICE Tim Lighthall 518-993-2504 • 518-265-5848</p>	<p><b>5s Diner</b> "The Place Where Good Friends Meet" TAKE OUTS AVAILABLE • 518-993-5306</p>	<p><b>St. Johnsville</b> 7 Timmerman Ave., St. Johnsville, NY 13452 518-568-5037</p>	<p><b>Mrs. M. LLC</b> LANDSCAPING &amp; SNOWPLOWING COMMERCIAL • RESIDENTIAL "Family owned &amp; operated for over 30 years" 518-598-9116 Owner - Patty Mable Free Estimates - Fully Insured</p>	<p><b>Barrett's Transmission</b> GENERAL REPAIR Garry - Jason Barrett Owners 148 Ripple Road Cherry Valley, NY 13320 Phone &amp; Fax 518-993-2002</p>	<p><b>Dutchtown ACE Hardware</b> Look for the <b>BIG RED BARN</b> 6133 St. Hwy 5 • 518-673-8200 • Fax 518-673-3490 Hours: Mon-Sat 8AM-7PM • Sun 8AM-4PM info@dutchtownace.com</p>
<p><b>Shear Delights</b> Trisha Mattice We Moved to 6054 St. Hwy 5 Palatine Bridge, NY 13428 518-844-1173 shear_delights@yahoo.com Appointments appreciated/Walk-ins welcome</p>	<p><b>New York Automotive Towing</b> St. Johnsville Brake Specials, Exhaust Specials, Oil Changes 518-568-2277 After Hours 518-921-9150</p>	<p><b>Wrath of Grapes</b> Over 12,000 Bottles of Wine to Choose From 51 Hancock Street, Fort Plain, NY "Your Wine Superstore" 518-993-2624</p>	<p><b>McFee Memorials</b> EST. 1965 OLD CRAFTSMANSHIP USING BI-TITE MONUMENTS • MARKERS CEMETERY LETTERING STONE CLEANING 65 Hancock St., Fort Plain, NY 13339 518-993-2259 • Stone-Cutter@juno.com</p>	<p><b>Richard Euler Real Estate</b> Licensed Real Estate Broker 71 Mohawk Street, Canajoharie, NY Office: 518-673-3677 Fax: 518-673-3477</p>	<p><b>Husqvarna</b> FOREST &amp; GARDEN EQUIPMENT CHARLES D. STAHL SALES &amp; SERVICE 497 South Bush Road - Little Falls, NY 13365 315-823-1982</p>	<p><b>Roosevelt's</b> COMPLETE AUTOMOTIVE &amp; COLLISION SERVICE CENTER 210 Erie Blvd., Canajoharie 518-673-3214</p>	<p><b>MATTICE</b> YOUR INDOOR COMFORT CONTROLLER HEATING • PLUMBING • COOLING Licensed Master Plumber Fully Insured - Free Estimates Residential &amp; Commercial Justin Mattice 518-441-0142 6054 St. Hwy 5 Palatine Bridge, NY matticeandsons@yahoo.com</p>
<p><b>Shults INSURANCE AGENCY</b> INTEGRITY • VALUE • SERVICE Call for insurance quote 800-836-2885 Fort Plain-Johnstown</p>	<p><b>YANMAR</b> Charles D. Stahl SALES AND SERVICE 697 Snells Bush Rd., Little Falls, NY 13365 315-823-1982 www.stahlsalesandservice.com</p>	<p><b>THE TIRE SHOP</b> ON THE FARM SERVICE Multi-Line Dealer • New • Used Tires Tire Repair • Custom Wheels CAR &amp; TRUCK ACCESSORIES 155 Erie Blvd., Canajoharie, NY 518-673-5399 • Mon-Sat 8-6</p>	<p><b>The Hearn Agency</b> JACKSLAND ASSOCIATES INC. INSURANCE SERVICE Monday-Friday 8:30-4:30 209 Erie Blvd. PO Box 329, Canajoharie, NY 13317 Phone: 518-673-3263</p>	<p><b>SIG AUTOBODY</b> Specializing in Restorations Collisions to Full Paint Major to Minor Repairs 4 South Division St. St. Johnsville, NY 13452 Scott Wolfkiet-Owner 518-568-8088</p>	<p><b>To Advertise here Call</b> <b>518-673-0100</b></p>		





# Church Directory



## Ames - Sprout Brook UMC

613 Latimer Hill Rd.  
Ames, NY 13317  
518-673-3495  
**Pastor Jan Markle**  
Sunday Service 9:30am

## Bethesda Fellowship

34 S. Division St.  
St. Johnsville, NY 13452  
518-568-2678  
**Summer Schedule**  
Sunday Worship 10:00am  
Wed. Worship and Prayer 6:00pm

## Cherry Valley Assembly of God

37 Alden St., Cherry Valley,  
607-264-3306  
**Pastor David Carpenter, Jr.**  
Sundays 9:30am

## Christian Church of Charleston Four Corners

1380 E. Lykers Rd., Sprakers  
518-922-9088  
**Pastor Brett Popp**  
Sunday School (adult & children) 10am,  
Worship 11am,  
Sunday Eve. Prayer 6:30pm,  
Thurs. Eve. of Encouragement 6:30pm  
[www.christianchurchcharlestonfourcorners.org](http://www.christianchurchcharlestonfourcorners.org)

## Church of Christ Uniting

PO Box 896  
Richfield Springs, NY 13439  
**Rev. Mark Ioset**  
315-858-1553  
Service: Sunday 9:15am  
Church School: Sunday 10:30am

## Church of the Nazarene

3316 State Route 29 W  
Johnstown, NY 12095  
Offices: 518-762-2982  
Cell: 857-523-8417  
**Pastor, Rev. Mark Fowler**  
Sunday Morning Service 11:00am  
Sunday School for All Ages 10:00am

## Community Bible Church

Corner of Cliff & Walnut Streets  
Canajoharie, NY 13317  
(518) 993-1016  
**Pastor Wally Braemer**  
Sunday - Adult Sunday School Class - 9:15am  
Worship Service - 10:30am  
**God is Good All the Time  
& All the Time God is Good**

## Cornerstone Baptist Church

7274 St. Hwy. 10, Ames  
518-673-3405  
Sunday School 10am, Adults & Children  
Morning Worship 11am, Youth Ministry  
5:45pm, Evening Worship 6pm,  
Wed. Bible Study & Prayer Meeting 7pm,  
Awana Club 6:15-8:15pm

## Currytown Reformed Church

829 St. Hwy. 162, Sprakers  
518-922-8422  
**Rev. Donald Hoaglander**  
**Visiting Pastor Jane Hubschmitt**  
518-705-2201  
Sunday School 9:15am  
Worship Service 10:00am

## Dolgeville Christian Fellowship

3 Elm St., Dolgeville, NY 13329  
315-429-9142  
**Dr. Marvin Isum, Pastor**  
Worship Sunday 10:30am  
Midweek Fellowship Tuesday 7pm  
[www.dolgevillechristianfellowship.org](http://www.dolgevillechristianfellowship.org)

## Dolgeville United Methodist Church

21 N. Helmer Ave., Dolgeville  
**Rev. Jack Ford**  
315-429-7381  
Worship 11:00am  
Sunday School @ 9:30am beginning  
September 18th  
Bible Study - Wednesdays @ 12:30pm

## Emmanuel Episcopal Church

588-594 Albany St., Little Falls, NY  
315-823-1323  
Sunday Mass 10am  
Coffee Hour following Sunday Mass  
Sunday School & Youth Group  
Tuesday 10am Mass & Bible Study  
Friday 10am-2pm Thrift Shop

## Ephratah Reformed Church

140 Co. Hwy. 140, Ephratah, NY  
To live and share Jesus Christ both locally and globally.  
Everyday. Everywhere. Everyone.  
**Pastor Jeff Hindrüter**  
Sunday School for all ages  
10am September-June  
Sunday Morning Worship 11am  
Prayer & Praise Thursdays 7pm

## Episcopal Church of the Good Shepherd

26 Moyer St., Canajoharie  
518-673-3440  
Holy Communion Sundays at 9:30am  
Fellowship Time to Follow  
Call for Holy Day services  
**The Rev. Virginia L Ogen, Rector**  
[churchgood@frontier.com](mailto:churchgood@frontier.com)

## Everlasting Joy Believers Fellowship

14 Park Place  
(in with Seekers Fellowship)  
St. Johnsville, NY 13452  
315-858-2112  
**Pastor Carolee Coye**  
Sunday Service 10am

## Faith, Hope and Love Church

**Rev. David W. Bowley, Pastor**  
Saturdays, 5 pm  
at the  
United Methodist Church Lower Level  
50 E. Main St. Canajoharie  
call 518-673-5128 or see facebook "Faith,  
Hope and Love Christian Church" and our  
website <http://faithhopeandlovechurch.com>

## First Baptist Church

Springfield Center, NY  
**Rev. - Gary Tyler**  
Sunday School 10:00am  
Morning Worship 11:00am  
Sunday night Worship 6:00pm  
Wed. night Bible Study 7:00pm  
Free meal & music every  
2nd Sat. of the month 4-7pm

## Fonda Fultonville United Methodist Church

11 Montgomery St., Fultonville  
**Pastor Nancy Pullen • 853-3311**  
Sunday Morning Worship 9:15-10:15,  
Sunday School 9:15-10:30, Coffee  
Fellowship Following Service  
**Our Mission-To Actively Follow Christ  
and To Inspire Others To Accompany Us.**

## Fordsbush Bible Church

131 Clark Rd., Fort Plain  
518-568-7606  
**Pastor Joe Miller**  
Sunday School 10am, Morning Service  
11am, Eve. Service 6pm, Wed. Service  
6:45pm, Thurs. Visitation 6pm  
[www.fordsbushbiblechurch.com](http://www.fordsbushbiblechurch.com)  
Home of Victory Christian Academy

## Fort Plain United Methodist Church

39 Center St., Fort Plain  
**Audie Miller,  
Lay Supply Pastor**  
Church Office 518-993-3863  
Kitchen 518-993-3464  
ALL WELCOME, Worship Service 11am

## Freysbush United Methodist Church

Freysbush Rd., Fort Plain  
518-842-1357  
**Rev. Cindy Leonard, officiating**  
Worship 9am,  
Sunday School 10am ALL ARE WELCOME  
coffee hour to follow service

## Fultonville Reformed Church

Corner of 5S & 30  
**Pastor Jane Hubschmitt**  
Sunday School 10AM  
Family Worship 10:30AM

## Glen Reformed Church

State Hwy 161 in the  
Hamlet of Glen  
4 miles South of Fultonville  
[glenreformed@nycap.rr.com](mailto:glenreformed@nycap.rr.com)  
Sunday Worship at 9. Sunday School  
immediately following Children's Message

## Grace Christian Church

20 Center St.,  
St. Johnsville, NY 13452  
**Pastor Martin Glynn**  
518-568-2122  
Sunday School 9:30am  
Worship 11:00am

## Grace Episcopal Church

24 Montgomery St., Cherry Valley  
315-585-4016  
**Fr. Kyle Grennen, Rector**  
Sunday School 11:00am  
Holy Communion/sermon 11:00am  
Active Youth Group - call for detail

## Grandview Baptist Church

15 Washington St., Fort Plain  
518-993-9929  
**Pastor Dan West**  
Sunday School 10am  
Morning Service 11am  
Bible Study & Prayer Meeting,  
Wednesday 6:30pm

## Holy Family Parish

Little Falls, NY  
315-823-3410  
Saturday 4pm  
Sunday 10:30am

## Joy Fellowship

296 Co. Hwy. 119  
St. Johnsville, NY 13452  
518-568-3217  
**William Hayes Pastor**  
**Joyce Loughran Assistant Pastor**  
Sunday School 9am, Morning Worship 9:30am  
Wednesday Evening Worship 6:30pm

## Lassellsville United Methodist Church

State Hwy. 29  
**Pastor Robert A. Lindsay**  
Worship: Sunday 9:30am  
Sunday School to start soon

## Lighthouse Baptist Church

1524 St. Rt. 29A, PO Box 114  
Stratford, NY 13470-0114  
315-429-8854  
**Pastor Martin Smith**  
Sunday Morning Worship 10:30am; Wed.  
Eve. Prayer Meeting 6:00pm; 2nd & 4th  
Sunday Dinner following Morning Service  
with Afternoon Service following dinner  
"Old-Fashioned Bible Preaching"

## Marshville Evangelical Church

Route 10 South  
**Rev. David Bowley**  
Worship Sunday 9am

## National Kateri Tekakwitha Shrine and Indian Museum

3636 St. Hwy. 5, PO Box 627  
Fonda, NY 12068-0627  
518-853-3646  
Weekly Masses: Sat. 4:30pm, Sun. 10:30am  
[frs@katerishrine.com](mailto:frs@katerishrine.com) [www.katerishrine.com](http://www.katerishrine.com)

## New Hope Christian Fellowship

32 Spencer St., Dolgeville, NY 13329  
**Pastor Pat Andreoli**  
315-429-3630  
NewHopeChristianFellowship.net  
Sunday School 9:30AM  
Worship Service 10:30AM

## Oppenheim United Methodist Church

Route 29  
**Rev. Jack Ford**  
315-429-7381  
Worship 9:30 Sundays,  
Totally Awesome God-TAG time 6:30pm  
Wednesdays beginning in Oct., Sunday  
School 9:00am beginning September 18th

## Our Lady of Hope R.C. Church

115 Reid St., Fort Plain, NY 13339  
Parish Office 518-993-3822  
[ourladyofhope@frontier.com](mailto:ourladyofhope@frontier.com)  
Mass Schedule: Saturday, 4pm;  
Sunday, 8:30am & 11am;  
Confessions: Sat. 3 & by appointment  
**Please call parish office for Holy Day schedule**

## Paines Hollow United Methodist Church

Intersection of 167 & 168, Paines Hollow  
**Pastor Peg Donaghy**  
518-568-7604  
Sunday Worship 9:30AM  
Fellowship Hour to Follow

## Randall Christian Community Church

NY Rte. 5S  
Sunday Service 10:30am  
**Worship Leader  
Darlene Spaulding**

## Reformed Church of Canajoharie

15-19 Front St., Canajoharie  
518-673-2816  
**Rev. Matt Draffen**  
Sunday 9am Christian Education  
9:20 Choir Practice  
10am Worship Nursery provided  
Fellowship hour follows worship

## Reformed Church of Fort Plain

165 Canal St., Fort Plain, NY 13339  
518-993-4302 • [fortplainrca@yahoo.com](mailto:fortplainrca@yahoo.com)  
**Rev. Nancy E. Ryan**  
Worship 10:30am,  
AA meetings Mon. & Tues. 7pm,  
Second Thurs. Prayerspace 6am to 6pm

## Reformed Church of Sprakers

112 Sprakers Hill Rd  
**Rev. Nancy Ryan**  
Worship ~ 9AM  
**All Welcome!!!**

## Richfield Springs Bible Church

19 Church St  
Richfield Springs, NY 13439  
**Rev. David Tosi**  
315-858-0564  
Sunday School (all ages) 10am  
Worship Service 11am & 7pm  
Wednesday - Prayer & Praise  
Call for info on various Youth Ministries  
[www.richfieldspringsbiblechurch.org](http://www.richfieldspringsbiblechurch.org)

## River of Jubilee Church

5057 State Highway 5 S  
Sprakers, NY 12166  
**Pastor: Gail Adamoschek**  
**Pastor: Steve Adamoschek**  
518-322-1427 / 518-224-4455  
Sunday Service 10:00am  
Children's Church Available  
Other Learning Opportunities Available  
Visit us on Facebook

## Sacred Heart Catholic Church

111 3rd Ave., Tribes Hill  
518-829-7301  
Mass Saturday  
4:00pm

## Saint Cecilia Church

26 Broadway, Fonda  
518-853-4195  
Sunday Worship  
9:00am

## Salisbury Center United Methodist Church

2545 St Rt 29, PO Box 104  
Salisbury Center, NY 13454  
315-429-9085  
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## St. John's Lutheran Church

774 St. Hwy. 163, Fort Plain, NY  
518-705-7552  
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Sunday Worship 9:00am, Sunday School 10:00am,  
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## St. John's Reformed Church

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## St. John's & St. Mark's Lutheran Church

143 Church St., Canajoharie  
518-673-2224  
**Pastor Zach Labagh**  
Sunday Worship 11am,  
Christian Ed. 9:45am  
[stjstm@frontiernet.net](mailto:stjstm@frontiernet.net)

## St. Johnsville Methodist Church

7 East Main St.,  
St. Johnsville, NY 13452  
**Pastor Corey Jones**  
518-568-7983 • 315-866-8626  
Worship Sunday 3pm

## St. Joseph's Roman Catholic Church

31 North Helmer Ave., Dolgeville  
315-429-8338  
Sunday Mass is 8:30am

## St. Mary's Episcopal Church

7690 Rt. 80, Springfield Center  
315-858-4016  
**Fr. Kyle Grennen, Priest-in-Charge**  
Sunday Eucharist, 9:30am  
Coffee - Fellowship follows service  
Holy Days - as announced

## St. Paul's Lutheran Church

36 Lydius St., Fort Plain, NY 13339  
518-993-2040  
**Pastor Jonathan Litzner**  
405-250-8395  
Sunday School 9:45-10:45am  
Bible Study & Coffee Hour Sunday 10-10:45am  
Church Service 11am

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8:30am & 11am

## Stratford United Methodist Church

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**Rev. Lynn R. Lockwood**  
Worship 9am

## The Christian Church of Rural Grove

170 Rural Grove Rd., Sprakers, NY 12166  
518-922-7831  
**Pastor Joshua Fetterhoff**  
[pastorjosh@ruralgrovechurch.org](mailto:pastorjosh@ruralgrovechurch.org)  
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## Trinity Lutheran Church

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Palatine Bridge  
518-673-2224  
**Rev. Zach Labagh**  
Sunday Worship 9am, Sunday School 10am,  
(No services in July, meet at St. John's St.  
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Communion on the first & third Sundays

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Communion Last Sunday of the Month

## Valley Alliance Church

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518-993-3458  
**Pastor Dave Prahst**  
Sunday School (all ages) 9:15am,  
Sunday Worship 10:30am,  
Wed. Praise & Prayer 7pm,  
Fri. Youth Group 7pm (7-12th grade)

## Victorious Life Church RMI Fellowship

104 Main St. & 431 St. Hwy. 80  
Fort Plain, NY  
518-993-3102  
Sunday School 9am,  
Morning Worship 10:30am,  
Youth Group 5pm,  
Evening Worship 7-8pm

## To Place or Update Church Listings

Call 518-673-0129  
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[jsnyder@leepub.com](mailto:jsnyder@leepub.com)



# “The Rise and Fall of the Rattlesnake King”

(The following information comes from the blog of Dr. Romeo Vitelli, which can be found at [drvitelli.typepad.com](http://drvitelli.typepad.com).)

Clark Stanley, “the Rattlesnake King,” always knew how to put on a good show.

According to one news account describing his appearance in Hartford, CT’s city hall square on July 1, 1902, members of the audience got to watch as Stanley beheaded and skinned one of the rattlesnakes he had on display. Dressed in a “combination cowboy and Indian suit with a novelty in the shape of a four-in-hand tie made of snake skins,” the Rattlesnake King showed off his skill in dealing with snakes, as well as how he used the freshly skinned snake to extract the oil that he sold to customers. Stanley was the original “snake oil” salesman and his rattlesnake oil was billed as a sure-fire remedy for chronic pain and inflammation resulting from lumbago, arthritis, animal bites and scratches – quite a bargain for 50 cents a bottle.

The process of extracting rattlesnake oil, which Stanley claimed to have learned from Hopi medicine men, was straightforward enough. After decapitating the snake, Stanley cut it open and plunged the body into a pot of boiling water. This supposedly released snake fat that rose to the surface of the water, which he then scooped up and poured into bottles. He then offered it up for sale as “Clark Stanley’s Snake Oil Liniment.”

This was what he did during his frequent “medicine shows” on his travel circuit across the United States. Not only did countless potential customers line up when he came to town, but his graphic killing and dismembering of a rattlesnake was one of the highlights of the 1893 World’s Fair in Chicago.

Stanley played his cowboy role to perfection. And the snakes were real. Whenever he did his show, he brought a few rattlers with him to act as props to entice audiences to buy his miracle liniment. He told reporters his Texas snake farm boasted hundreds of rattlers, although, thanks to the demand for his product, he often had to buy more from animal farms across the country.

Stanley also sold a variety of other rattlesnake-based products and boasted of his fondness for rattlesnake stew (presumably with the venom sacs removed). Business was so good that he had other showmen go on the road to sell his products too.

Though far from the first huckster to sell snake oil remedies, Stanley was definitely the most well-known. There was some basis to the belief in his liniment’s effectiveness thanks to Chinese traditional

medicine. Chinese laborers working the railroads often purchased oil made from Chinese water snakes to relieve pain from arthritis and bursitis. While the medical value of this kind of snake oil seems legitimate enough, Stanley and his competitors seemed disinclined to buy snakes from China to sell in the U.S. Instead, he found a local substitute in the form of rattlesnakes which, due to their lethal reputation, had a mystique he used to entice buyers.

But rattlesnakes aren’t Chinese water snakes. Their bodies don’t contain as much of the valuable oil that their Eastern counterparts do and they’re much more venomous. And Stanley discovered supply didn’t even come close to meeting demand for his miracle product – which led him to tinker with his original formula.

By 1906, the Pure Food and Drug Act was passed and tough new standards were put in place to prevent the sale of adulterated food and medication. It wasn’t until 1917 that government inspectors finally seized a shipment of Stanley’s snake liniment and conducted a thorough analysis of its contents. They discovered Stanley’s snake oil liniment didn’t contain any snake products whatsoever. According to the official report, the bottles contained a mix of mineral oil, camphor, cayenne pepper, animal fat and turpentine. Stanley was charged for “misbranding” his product, and fined \$20. However, Stanley soon found himself out of business. Even though his scam had likely made him a

KING 10

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This rattlesnake tail – which still rattles! – comes from the collection of Skip Barshied. This particular tail is over 100 years old and from about the same era as Stanley's special oil.

**KING** from 9

wealthy man, he never really recovered and quickly faded into obscurity.

Though there have been other medical hucksters since Clark Stanley, his snake oil is still famous enough to lend its name to myriad other products of dubious medical validity being sold today.



An original bottle of Clark Stanley's Snake Oil Liniment.



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## Now Here's a Tip

by JoAnn Derson

• With summer storm season upon us, I feel like it's a good time for some advice. In addition to having a gallon of water per person per day for at least three days for drinking, cooking and minor sanitation, fill bathtubs or even a lined garbage can with water to be able to manually flush your toilet. If you live on well water, your pump will not work; your water lines may be cut off or compromised. Be prepared. – JoAnn

• "High winds from storms can find their way through a crack in your home's defenses and put an incredible strain on the house. Keep both interior and exterior doors and your home's windows closed for the duration of any storm. This includes any smaller access windows and garage windows. It helps to keep the pressure compartmentalized. So, don't open your door to see how windy it is, because it might let the storm tear off your roof!" – V.R. in North Carolina

• "Major storm headed your way? When service goes down, I know I celebrate the moment the lights come back on, but electronics aren't always so joyful. A simple overhead light or table lamp will be able to alert you that the power is back on, but it's unlikely to be fried by surges that sometimes precede a full return of service. Unplug nonessentials to protect them from power surges." – A.A. in Florida

• "If you own a home in an earthquake-prone area, be sure you know how to turn off gas lines. Find the tool you need to do it, and keep it in a special place, preferably right where you'd use it." – L.W. in Oregon

• Fridge out? Try this hurricane hack: Put the contents in your washing machine, packed with ice. As the ice melts, the water drains away rather than drowning the contents. You can add more ice or just keep it closed and covered to get away with a day or two if you insulate well.

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## Spring Sing – Valley Choralaires host Spring Concert

by Rachael Takacs

It was on a glorious Sunday afternoon that the Valley Choralaires conducted their spring concert. With a wide variety of beloved songs including show tunes, hymns and pop songs, the Valley Choralaires charmed all in atten-

Melanie Shibley. In addition to the sopranos, alto Abigail Gies also performed a solo.

Included in the concert lineup were well-known tunes such as “Imagine” (written by John Lennon and Yoko Ono), “Over the Rainbow” (written by Yip Harburg) and “At Last”

tion, a few Choralaires members performed a moving a capella version of “You’ll Never Walk Alone” (written by Richard Rogers).

Alison Wallace, the director of the Valley Choralaires, led audience participants in the singing of two patriotic

accompanying them for so many years. She expounded on the talents of the soloists as well as the generosity of the Canajoharie Methodist Church for letting the Valley Choralaires practice in their worship space and for hosting the group’s concerts each year. Wal-

lace concluded her audience for its love and speech by thanking the support at each concert.



The Valley Choralaires pose with Alison Wallace and Janet Shuster after the concert.

Photo by Rachael Takacs

dance with their harmonious voices.

Among the talented ladies within the group were six soloists whose performances added highlights to the occasion. These ladies included sopranos Jeannette Kling, Linda Klump, Cheryl Brown, Kathleen Schlotzhauer and

(written by Mack Gordon and Harry Warren). Audience members were singing along and tapping their toes to the familiar ballads. Also included were beautiful hymn arrangements including “The Prayer” (written by David Foster, Carole Bayer Sagar, Tony Renis and Alberto Testa). In addi-

favorites and introduced each performed song to the audience. She spoke about why each song was chosen and how hard the Choralaires had worked to make each one possible. She thanked each Choralaires member in her closing statement and acknowledged pianist Janet Shuster for

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## Now Here's a Tip

by JoAnn Derson

• "Line a flowerpot with a coffee filter to keep the soil from washing out the drain hole." — R.L. in Georgia

• To dust baseboards and to help them resist dust in the future, try cleaning them with a dryer sheet. The residue left behind will repel dust better than if you were to use simply a damp cloth. It smells fresh, too.

• Need to cut a lot of

cherry tomatoes quickly? Try placing them between two plates and apply light slight pressure to keep tomatoes in place. Slice through the gap between the plates, and enjoy.

• "Fun summer math game: Using a stack of small paper plates, write simple math problems on the plate. Set up a few empty laundry baskets. Have kids solve the math problems, then toss the plates they got correct

into the basket. You can make it a competition, assign an answer range to each basket or do whatever makes it fun for the kids!" — Y. in New Hampshire

• When you replace your toothbrush, the old one can be used for so many small cleaning tasks. Wrap a piece of colorful tape around the handle so you know it's now ONLY a cleaning brush. Then use one to

clean under the splash guard of your garbage disposal! Pull the guard out, and give the rim a scrub with the toothbrush dipped in baking soda. Follow up with a vinegar/hot water rinse.

• "I found a bunch of half-used bottles of shampoo under the sink in my kids' bathroom. I bought a clear plastic pump bottle and started combining all the bits. Now we are working our

way through all the partials, adding more to the pump bottle as needed. I haven't purchased sham-

poo in two months!" — A.E. in Oregon

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## Canajoharie-Fort Plain Drama Club presents "Newsies" July 26 - 27

The Canajoharie-Fort Plain Drama Club invites you to attend their performance of "Newsies," a musical based on a newspaper delivery boys' strike in 1899 in New York City. With lots of lively songs and dances, a bit of romance and a few villains, this story of courageous youth will be fun and inspiring.

Performances will take place Friday, July 26 at 7 p.m. and Saturday, July 27 at 2 p.m. at Fort Plain High School (not Canajoharie). Tickets are \$7 for adults and \$5 for seniors citizens and students. Our cast of over 50 people will be glad to see you.

Also, the Berean Bean coffee house on Church Street in Canajoharie will be open on Saturday from 8 - 10 p.m. for those aged 17 to 25 or so. Bring snacks and drinks for yourselves or to share. There is no agenda - it's just a place to hang out. Spread the word. Starts July 6.



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Source: Autoblog



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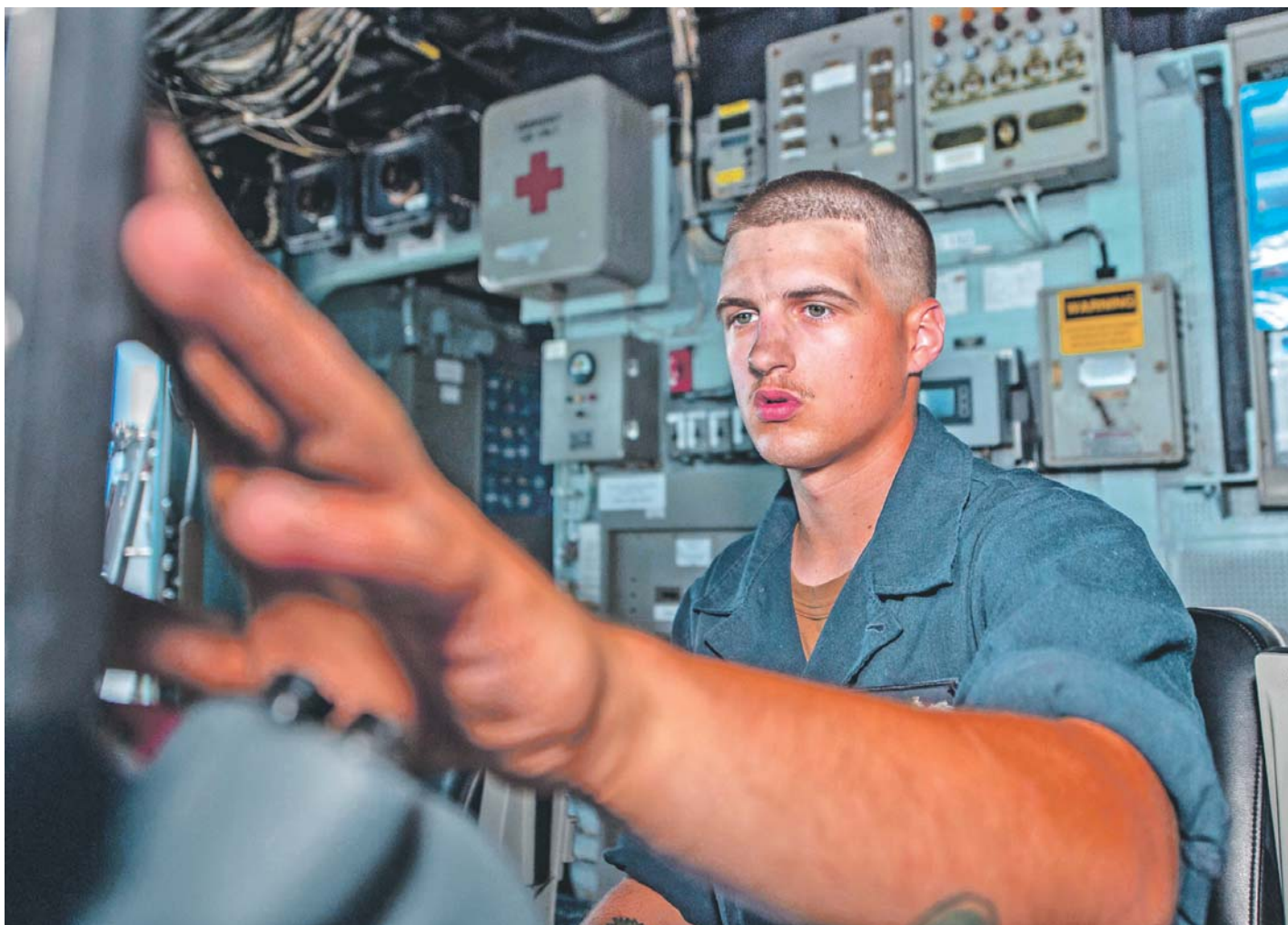
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## Gloversville sailor performs maintenance check on weapons control system

GULF OF OMAN – Gunner's Mate Seaman James Crouse from Gloversville performs a maintenance check on the Mark 38 25mm gun control system aboard the Arleigh Burke-class guided-missile destroyer USS Bainbridge (DDG 96). Bainbridge is deployed to the U.S. 5th Fleet areas of operations in support of naval operations to ensure maritime stability and security in the Central Region, connecting the Mediterranean and Pacific through the Western Indian Ocean and three strategic choke points.

Photo courtesy of U.S. Navy/Mass Communication Specialist 3rd Class Jason Waite



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## Good Housekeeping

**Grilled Chicken Souvlaki**  
*Fast, flavorful and totally family-friendly, this inspired take on everyone's easy go-to dish — grilled chicken — is guaranteed to be a crowd-pleaser.*

1 pound boneless, skinless chicken breasts, cut into 1 1/2-inch pieces

3 tablespoons olive oil  
 1/2 teaspoon ground coriander  
 1/2 teaspoon dried oregano  
 Kosher salt  
 Pepper  
 1 pint grape tomatoes  
 2 cloves garlic  
 3 tablespoons fresh lemon juice  
 1/2 head romaine lettuce  
 4 scallions  
 1/2 cup fresh dill

4 pieces pita bread  
 Lowfat Greek yogurt  
 8 skewers

1. Heat grill to medium-high. In a large bowl, toss chicken with 1 tablespoon oil, then the coriander, oregano and 1/4 teaspoon each salt and pepper. Thread onto skewers.

2. Place the tomatoes and garlic on a large piece of heavy-duty foil. Drizzle with 1 tablespoon oil, and sprinkle with 1/4 teaspoon each salt and pepper. Fold and seal the foil to form a pouch.

3. Place the pouch and skewers on the grill and cook, shaking the pouch and turning the kebabs occasionally, until the chicken is cooked through, 8 to 10 minutes. Just before removing from the grill, brush

the chicken with 1 tablespoon lemon juice.

4. Meanwhile, in a large bowl, toss the lettuce, scallions and dill with the remaining 2 tablespoons lemon juice and tablespoon oil, plus 1/4 teaspoon each salt and pepper. If desired, grill the pita bread until warm, about 1 minute per side.

5. Spread the pita with yogurt, if desired, then stuff with the chicken, tomatoes and salad. Serves 4.

For thousands of triple-tested recipes, visit our website at [www.goodhousekeeping.com/recipefinder/](http://www.goodhousekeeping.com/recipefinder/).

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 Are you looking for new ideas, tips and resources to help you reach your farm and family goals?

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- Celebrate the Northeast region's smaller farms
- Inspire and inform farm families and their supporters
- Help farmers share expertise and opinions with each other
- Increase awareness of the benefits that small farms contribute to society and the environment
- Share important research, extension, and other resources with our readers

---

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**Good Housekeeping**

**Grilled Shrimp with Black Beans**

1 lime  
2 cans (15 to 19 ounces each) black beans, rinsed and drained  
2 ripe plum tomatoes (about 8 ounces), chopped  
2 green onions, thinly sliced

1 small yellow pepper, seeded and chopped  
1 jalapeno chili, seeded and finely chopped

1/2 cup loosely packed fresh cilantro leaves, chopped

1 tablespoon olive oil  
3/4 teaspoon salt  
1 pound large shrimp, shelled and deveined  
Lime wedges

1. Prepare charcoal fire or preheat gas grill for direct grilling over medium-high heat.

2. Meanwhile, from lime, grate 1/2 teaspoon peel and squeeze 2 tablespoons juice. In large bowl, stir lime juice and 1/4 teaspoon lime peel with beans, tomatoes, green onions, pepper, jalapeno, cilantro, oil and 1/2 teaspoon salt. Set aside at room temperature. Makes about 5 cups.

3. In medium bowl, toss shrimp with remaining 1/4 teaspoon lime peel and 1/4 teaspoon salt. Place shrimp on hot grill rack (or hot flat grill top) and cook 3 to 4 minutes or just until shrimp turn opaque throughout, turning shrimp over once.

4. Stir about half of shrimp into bean salad; top with remaining shrimp. Serve with lime wedges.

\* Each serving: About 290 calories, 5g total fat (1g saturated), 180mg cholesterol, 890mg sodium, 41g carbs, 14g dietary fiber, 31g protein.

For thousands of triple-tested recipes, visit our website at [www.good-housekeeping.com/recipe-finder/](http://www.good-housekeeping.com/recipe-finder/).

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see pictures.. [auctionzip.com](http://auctionzip.com) 518-993-4668

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**Weekly Sales Every Monday approx. 11:30 with Misc. & Small animals followed by Dairy & Livestock**

**Mon. June 24th** - Sold 239 head, Cull ave. \$.47 top cow \$.66, Organic cull dairy ave. \$.84 top cow \$1.07, Bulls/Steers \$.81 - \$.91, Organic Bulls/Steers \$1.06 - \$1.16, Bull calves top \$1.00 beef calf top \$1.50, heifer calves top \$.25, Piglets \$75.00, Organic Dairy Milking age up to \$1550.

**Mon. July 8th** - Normal Monday Sale & Monthly Heifer Sale

**Mon. July 15th** - Normal Monday Sale & Monthly Sheep, Lamb, Goat & Pig Sale. Special: Enos & Rebecca Beiler, Fort Plain, NY - Dairy of 57 Head of Holsteins on DHI Test ave. 65#. SCC 250,000 tiestall herd that goes out daily.

**Mon. July 22nd** - Normal Monday sale & Monthly Organic Day.

**Mon. July 29th** - Normal Monday Sale

**Sat. Aug. 17th - 11:30AM** Sale held at our facility, New Berlin, NY. Summer Production Sale - Special Sale for you great managers who are overstocked. We will be accepting 100 head of QUALITY Registered & Grade Dairy Cattle all Breeds for this sale. Early features include a group of Registered Holsteins from Clark Woodmansee, CT - with deep pedigrees from the greatest Cow Families in the breed! Also pick of the barn 20-25 Head of Top Grade Holsteins from Hadlock Dairy - Oneonta, NY. RHA 24479 4.2 1002F 13.1 Calving interval and SCC 107,000. Consignments also from Weissman Dairy, Boardwalk Holsteins, Fantasy-Found. We will be accepting additional consignments - call early to get into the advertising.

**Watch for 2019 Sales:**

Sat. Oct. 26th - Fall Premier All Breed Sale - 100 head of Registered All Breed Cattle Sell

\*\*Trucking Assistance - Call the Sale Barn or check out our trucker list on our Web-Site. Call to advertise in any of these sales it makes a difference. Watch website for any last minute updates.

Directions: Hosking Sales LLC 6096 NYS Rt. 8, 30 miles South of Utica & 6 miles North of New Berlin, NY.

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# Weekly SUDOKU

by Linda Thistle

8	9		1		5			
		7		2	8			4
1			6	5				7
	3		2		9			4
9		4		6				1
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	8	5			7			6
4			8			1		5

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

## DIFFICULTY THIS WEEK: ◆

◆ Moderate ◆◆ Challenging  
◆◆◆ HOO BOY!

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# King Crossword

### ACROSS

- 1 Fruity spread
- 4 Scrabble piece
- 8 Tarzan's clique
- 12 "The — Daba Honeymoon"
- 13 Valhalla VIP
- 14 Existed
- 15 Troop group
- 17 Release
- 18 Is frugal
- 19 Ostrich's cousin
- 21 Cauldron
- 22 Let up
- 26 Photo book
- 29 Evergreen type
- 30 Pond carp
- 31 Sudden shock
- 32 Blue
- 33 Desirous look
- 34 Fuss
- 35 Arctic diver
- 36 Move laterally
- 37 New
- 39 A billion years
- 40 Bearded beast
- 41 Heavy hammer
- 45 Overly proper one
- 48 Dweller
- 50 Mexican entree
- 51 "Zounds!"
- 52 Varnish ingredient

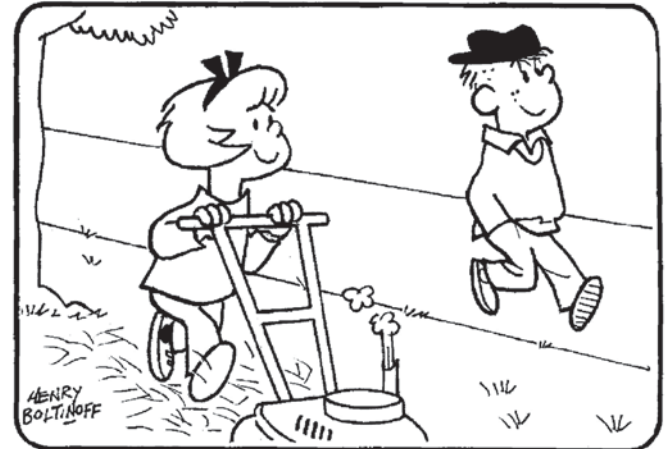
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45	46	47			48	49				
50					51				52	
53					54					55

- 53 "So be it"
- 54 Sources for sauces
- 55 Ordinal suffix
- 11 Diocese
- 16 Suggestions
- 20 Kitten's comment
- 23 — out (supplemented)
- 24 Yuletide refrain
- 25 Grow weary
- 26 Open slightly
- 27 Source of riches
- 28 United nations
- 29 Talk on and on
- 32 Surgical stitching
- 33 Queued (up)
- 35 Curry or Coulter
- 36 Cubes, spheres, et al.
- 38 Incite
- 39 English composition
- 42 Take out of context?
- 43 Summertime pest
- 44 Leave a lasting impression
- 45 Bake sale org.
- 46 Aries
- 47 Lemieux millieu
- 49 Swelled head

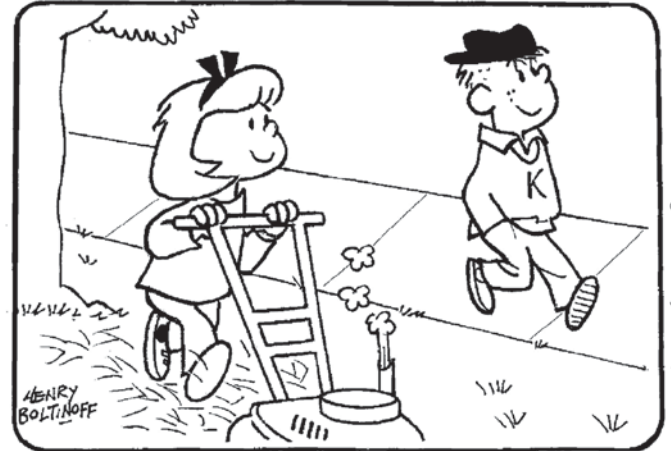
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# HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.

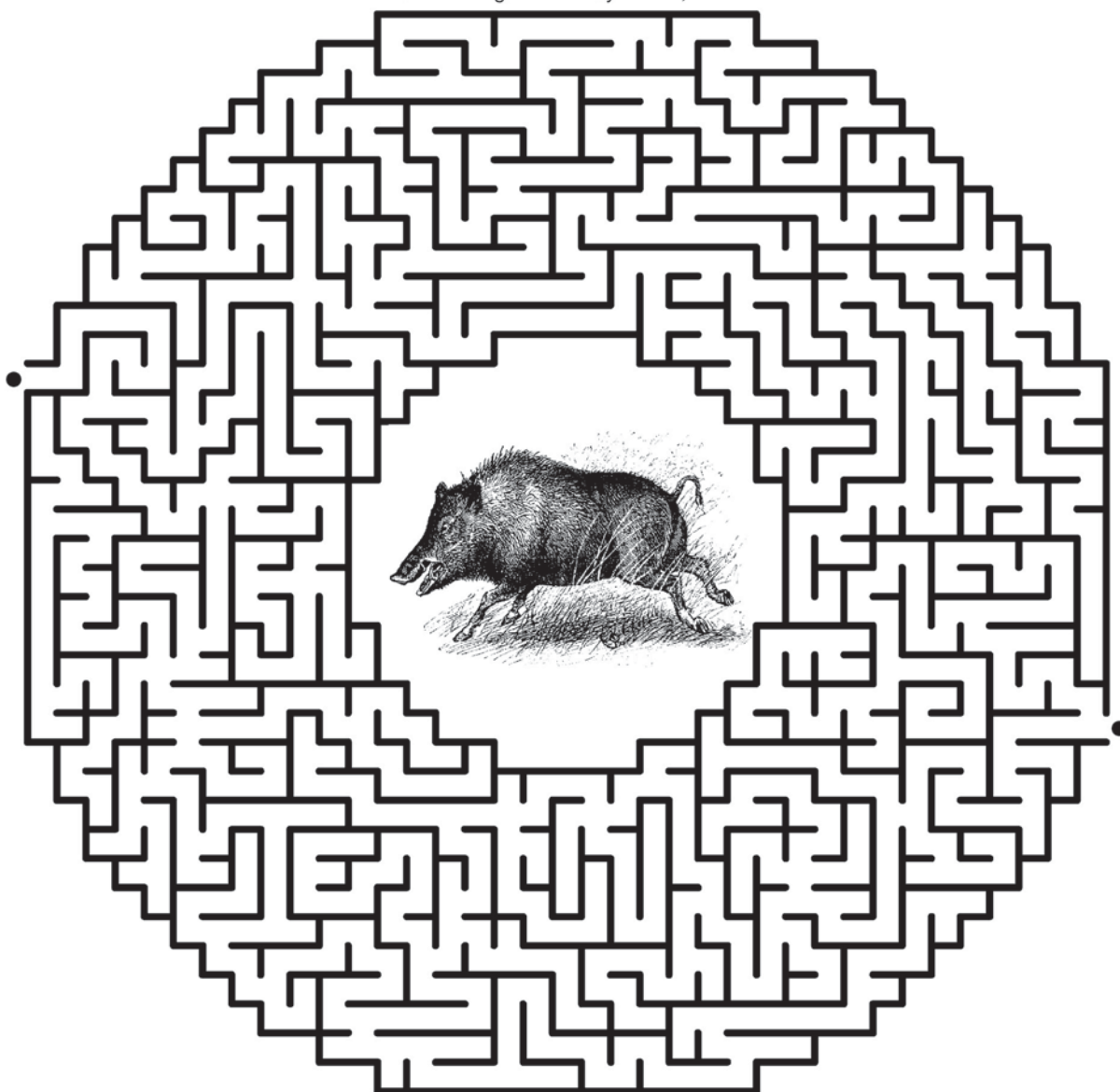


Differences: 1. Boy's sweater has letter. 2. Girl's hair is longer. 3. Sidewalk is lined. 4. More smoke coming from mower. 5. Tree trunk is wider. 6. Mower handle has extra crossbar.

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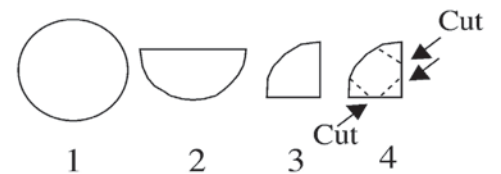
# Mega Maze

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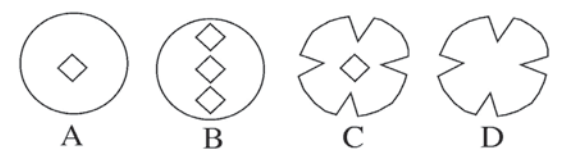


# STICKELERS [sic]

by Terry Stickels



Imagine a circle cut out of a piece of paper. Fold it in half, as in Fig. 2. Fold in half again, as in Fig. 3. Then cut the tips off each of the three corners, as shown in Fig. 4. If you then were to unfold the piece of paper, it would look like:



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# Americanisms



"When America is united, America is totally unstoppable."  
— Donald Trump

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## Moments in Time – *The History Channel*

• On July 11, 1656, Ann Austin and Mary Fisher, two English-women, become the first Quakers to immigrate to the Massachusetts Bay Colony. Their liberal teachings enraged the Puritan colonial government and they were arrested and jailed. After

five years in prison, they were deported.

• On July 12, 1862, President Abraham Lincoln signs into law a measure calling for the awarding of a U.S. Army Medal of Honor. The previous December, Lincoln had approved a provision creating a U.S. Navy

Medal of Valor. To date more than 3,400 men and one woman have received the Medal of Honor.

• On July 8, 1951, Paris, the capital city of France, celebrates turning 2,000 years old. However, the City of Lights was most likely founded around 250 B.C., when a Gallic tribe known as the Parisii settled an island

(Ile de la Cite) in the Seine River, which runs through present-day Paris.

• On July 9, 1962, Bob Dylan records "Blowin' in the Wind," although it wouldn't be released for another year. The most well-known version was done by Peter, Paul and Mary, which became a hit.

• On July 10, 1985, in

Auckland harbor in New Zealand, Greenpeace's Rainbow Warrior sinks after French agents in diving gear plant a bomb on the ship's hull. Although French authorities denied responsibility, a British newspaper later uncovered evidence of French President Francois Mitterrand's authorization of the bombing plan.

• On July 13, 1990, the romantic-thriller "Ghost" opens in theaters. The film, about a woman who communicates with her murdered husband through a sassy psychic, was a box-office hit and received multiple Academy Award nominations.

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### Healing service set for July 14

A healing service will be held on Sunday, July 14 at 4 p.m. at Faith, Hope and Love Christian Church with guest minister Dave Martin. The service will be held in the sanctuary of the United Methodist Church, 50 E. Main St., Canajoharie. Rev. Martin came to Pastor David Bowley's church in Canajoharie in 1991 and it was a memorable meeting. His ministry has grown to be worldwide, with 10 trips to Africa and hundreds of meetings each year. The Bowleys called him just to say hello, but he remembered them and agreed to drive up from Pennsylvania to Canajoharie for this one day. Come and see what the Lord will do.

# top ten

## Most Satisfying Animals\*

1. Dogs
2. Cats
3. Spiders
- (tie) Cattle
5. Snakes
6. Horses
7. Ducks
8. Newts
9. Rats
10. Frogs
- (tie) Rabbits



\*male owners

Source: RightPet

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Mohawk Valley

# Country Editor

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# Chow line: Save time and money by making food at home

*I'd like to feed my family more home-cooked meals, but sometimes after a long day at work, it's easier to stop at a restaurant for takeout. Do you have tips about how to better optimize my time for making dinner at home?*

**Do You Know The Bible Is:**  
**The Owner's Manual For Your Life**  
**A How-To Guide for Enjoying the Goodness of God For All Eternity**  
**A Guide to Abundant Life**  
*Come join us as we learn from God's Word*

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 518-993-9929



**Sunday School 10AM**  
**Morning Service 11AM**  
**Prayer & Bible Study Wed. 6:30PM**  
 Pastor Dan West

First, you can take some measure of comfort in knowing that your household isn't the only one that seems to be spending more money on takeout rather than cooking at home.

According to the Bureau of Labor Statistics, in 2015, the average household spent an average of \$3,008 per year on dining out. That number has increased over the past couple of years, with the average household spending \$3,154 on food away from home in 2016, and \$3,365 in 2017.

However, if you want to lessen the amount of money your household spends on takeout, one way to do that is by planning and preparing parts of those meals ahead of time, said Melanie Hart, educator, family and consumer sciences, Ohio State University Extension.

Preparing basic starter

meals at home can save you both time and money, Hart wrote in Making Your Own Convenience Foods, a recent Ohioline fact sheet. Ohioline is OSU Extension's free online information resource and can be found at [ohioline.osu.edu](http://ohioline.osu.edu).

One way to get started is to decide which recipes you can make in advance that can be stored in your freezer and thawed for later meals. For example, buying ground beef or whole chickens on sale can be a starting point for making several different meals, Hart said.

"Ground beef and chicken are a common ingredient in many dishes – pasta sauces, tacos, skillet stroganoff, chili, soups, stews and casseroles," she

wrote. "The additional ingredients for these meals can typically come from canned items that can be waiting in the cupboard for you to use the day of the week you'll complete the specific meals."

For example, you can cook several pounds of the ground beef with onions and garlic, drain the fat from the meat, separate the cooked meat mixture based on how much you will need for each meal and then place the cooked meat into separate freezer bags. Label and date the bags, and then place them in your freezer. The same can be done with chicken or several other meats, casseroles or vegetables.

Depending on which food you freeze, you can expect foods kept at 0° F to

be safe to eat indefinitely, although the quality of the food might deteriorate after three to six months.

When you are ready to eat one of the frozen meals, you can take it out of the freezer to defrost it in your refrigerator while you are away during the day. When you return home in the evening, be sure to heat the food throughout, Hart said.

"Keeping a list of already made, or half-made meals can make you feel in control as you start your day," she wrote.

*Chow Line is a service of the College of Food, Agricultural and Environmental Sciences and its outreach and research arms, Ohio State University Extension and the Ohio Agricultural Research and Development Center.*

## Strange but True

by Samantha Weaver

• If you're like the average bearded man, your facial hair grows at a rate of about 6 inches every year.

• You might be surprised to learn that the

highest reward ever offered for the capture of Henry McCarty — the infamous outlaw better known as Billy the Kid — was \$500.

• In a recent survey of people who admitted to

drinking beer, wine and spirits, more than 40 percent of respondents said that drinking spirits made them feel sexy, and more than half said that it made them feel confident and energetic. About one-third, though, said that spirits increased their aggression.

• The first telephone book ever issued was published by the New Haven District Telephone Company and was distributed in New Haven, CT, in February 1878. It contained a grand total of 50 names.

• You may know that on Oct. 4, 1957, the Soviet Union earned the distinction of putting the first human-made object into space with the launch of the satellite Sputnik 1. You may not know, though, that in Russian, the word "sputnik" means "fellow traveler."

• The outermost layer of the skin on your face is made up almost entirely of dead skin cells.

• In the Scandinavian country of Norway you can find 1,800 lakes that contain no fish whatsoever.

Thought for the Day: "Instead of giving a politician the keys to the city, it might be better to change the locks." — Doug Larson

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**King Crossword**  
Answers

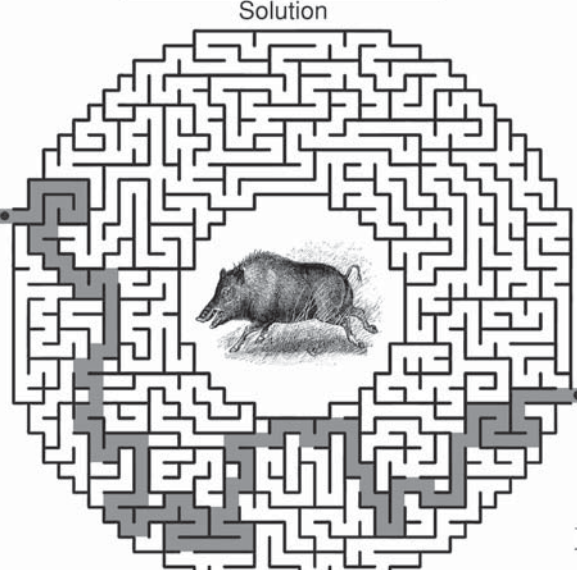
Solution time: 27 mins.

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**Weekly SUDOKU**  
Answer

8	9	3	7	1	4	6	5	2
5	6	7	3	9	2	8	1	4
1	4	2	6	5	8	9	3	7
6	3	1	2	7	9	5	4	8
9	7	4	5	8	6	3	2	1
2	5	8	4	3	1	7	9	6
7	1	6	9	4	5	2	8	3
3	8	5	1	2	7	4	6	9
4	2	9	8	6	3	1	7	5

**Mega Maze**  
Solution



Just Like Cats & Dogs by Dave T. Phipps



Stickelers Answer  
It would look like Figure C.

**Wells Nursing Home is Looking For:**  
**Experienced Accounts Receivable Clerk Position**

Responsibilities to include Skilled Nursing Facility billing, collections, follow up with insurance companies and posting of payments. Microsoft Office word and excel skills preferred and multi-tasking a must.

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# REAL ESTATE GUIDE

July 2019



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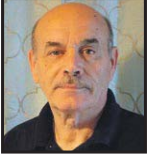
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Jaylene Stowell  
518-844-4273



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**Krutz Properties is #1 per Capital District MLS for property SOLD in Montgomery County!**



MLS201920770 - 068: 197 Caswell Road, **PALATINE BRIDGE:** This property has recently been sub-divided, therefore taxes are not available at this time. The land has been farmed for the past 20 years as Organic (NOT CERTIFIED). This home has 3 bedrooms and 2 full bathrooms. New roof in 2018 and new hot water heater 2 yrs. old. Water pressure tank 2 yrs. old. Electric to all buildings. The barn, greenhouses and packing house have separate boxes. Running water to all outbuildings with frost proof hydrants. Dry basement. Pond 12 feet deep. Great Views. Master bedroom upstairs was originally supposed to be 2 bedrooms, but was made into one bedroom. Furnace is a combination oil, wood and coal forced hot air. Two dug well, not sulphur, one for the barn and all the other buildings. **Asking \$365,000**



MLS201918683 - 215: 39 Center Street, **ST. JOHNSTOWN:** Priced right!!! Great starter home has a lot of potential. Two story, 3 bedroom, 1 full bath home with a slate roof. Single stall detached garage. Located at the bottom of OESJ High School hill. Small lot for easy maintenance. Natural wood work, parquet floor in the kitchen, hardwood under carpets in the living room and dining room. Beautiful staircase and full attic. **Asking \$39,999**



**NEW LISTING!!!** MLS201922631 - 254: 219 Oswegatchie Road, **FONDA:** This beautifully renovated 5 bedroom, 2 bathroom farmhouse has the rustic charm you love with many modern upgrades. New windows, plumbing, furnace, hot water heater, counter tops, appliances, carpets and fresh paint throughout. Secluded with a lot of privacy, but an easy commute only 8 miles from the NYS Thruway. You don't want to miss this! **Asking \$179,900**



MLS201922009 - 296: 172 Main Street, **FORT PLAIN:** You will feel like royalty entering this special 1896 Victorian home. It is the perfect blend of old world charm with tasteful modern updates. This impeccable 4 bedroom, 3 full bath home features 9 1/2 ft. ceilings, hardwood floors, granite counter tops, original woodwork and staircases and stained glass windows. The second floor has a second kitchen and a laundry room for convenience. The exterior of the home speaks for itself with the gorgeous wrap around porch and perennial gardens. It has a new roof and a high efficiency furnace. Schedule a showing to appreciate its true beauty and detail. **Asking \$220,000**



MLS201919280 - 303: 1420 State Highway 163, **CANAJOHARIE:** Step into this home and just bring your furniture. New kitchen with concrete counter tops and new stainless steel appliances, new flooring, new fixtures and beautiful new bathrooms. This 3 bedroom, 2 bath home has a living room with built-in shelves and pellet stove. Open kitchen and dining room. 2nd floor laundry. Attached garage and a perfect yard for entertaining. Make an appointment today to tour this beautiful home. **Asking \$115,000**



MLS201921181 - 512: 6598 State Highway 5, **FORT PLAIN:** This is a beautiful home, everything has been re-done and taste-fully too. New modern kitchen, formal dining room, large living room and a 3 season room. Two full baths and two bedrooms. New septic tank. Oversized 2 stall detached garage and shed. 7.5 acres. Perfect location. **Asking \$129,000**



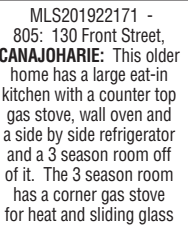
MLS201920260 - 522: 157 Krutz Road, **PALATINE BRIDGE:** A well-cared for home located on 2 acres of land in Palatine. Three bedrooms and 2 full baths. 1,120 square feet makes this home easy to maintain. Two sheds, garden area and Apple and Peach trees! Perfect location and a lovely view. **Asking \$119,000**



MLS20191768 - 613: 80 Moyer Street, **CANAJOHARIE:** We're proud to list one of the rare preserved, yet updated, Victorian era homes in the area. The current owner and previous generations have maintained many of the original features, including the kitchen pantry, butlers pantry, pocket doors, clawfoot tub, woodwork and windows throughout. The new owner will be lucky to acquire this precious piece of history. **Asking \$134,900**



MLS201922171 - 805: 130 Front Street, **CANAJOHARIE:** This older home has a large eat-in kitchen with a counter top gas stove, wall oven and a side by side refrigerator and a 3 season room off of it. The 3 season room has a corner gas stove for heat and sliding glass doors leading to the back yard. The living room is open into the front entrance room. Three bedrooms (you must go through one to get to the second on the left side as you go up the stair). The front windows both up and down are barrier windows. Vinyl sided. It would make a great starter home for someone. **Asking \$49,900**



**NEW LISTING!!!** MLS201922887 - 806: Welcome to the Hamlet of Ames! This small town offers a perfect up-state atmosphere. This 4 bedroom, 1 1/2 bath home has original wood pantry from floor to ceiling. Hardwood floor in the living room, 3 season room to enjoy your morning coffee. Over-sized 2+ stall garage. Beautiful backyard for entertaining or for your pets. This is a well-cared for home and waiting for you to tour. **Asking \$129,900**



825: **BACK ON MARKET!!!** 248 Moyer Street, **CANAJOHARIE:** Nice older home walking distance to the school. Has updated roof, windows, electrical and vinyl siding. You have 2 downstairs bedrooms, a formal dining room, large living room, a family room with a lot of windows and carriage house cabinets in the kitchen and a full bathroom. The 3rd bedroom is an attic type. Garage is beneath the residence - a car would fit, but not an SUV. Circular driveway. And what a great yard! The lot is 133 x 162! A must see home!!! **Asking \$81,900**



**NEW LISTING!!!** MLS201922562: 119 West Main Street, **ST. JOHNSTOWN:** Lovely well take care of home. This 4 bedroom, 2 bath home could be brought back into a two family or an in-law apartment. First floor is all done over with nice pine boards. Second floor needs a little TLC, but is very livable with a full walk up attic that also has a bedroom. Fireplace and full bath downstairs and plumbing all in for the second bathroom on the second floor. Back entrance for privacy for second unit if desired, two stall garage, shared driveway and nice back lawn with the little league park right behind it. Great price for what this property could bring in!!! **Asking \$85,000**



903: **LAKE FRONT!!!** 14 Curtain Ave., **MAYFIELD:** There is nothing more relaxing than living at the lake. Floating on the perfectly still water is penciled in on every afternoon's schedule. 90' of lake front - on Mayfield Lake with a dock could be the ticket to the peaceful oasis you have been dreaming of. Enjoy your deck and the view of the lake every day. This year round two bedroom, one bath home has a living room with a large window to capture a fantastic view. **Asking \$219,900**



MLS201919110 - 905: 830 South Main Street, **NORTHVILLE:** Location is key!!! Come fall in love with this home on a private setting. Move in condition three bedroom ranch on 12+acres. Living room has wood burning fireplace, large kitchen and a front and back porch. Relax and enjoy the entertainment system in the full beautiful finished basement great for entertaining. Home sits on a 7.5 acre lot, an additional 5.18 acre building lot can be included in this purchase. The additional lot sold separately. Pre qualification is required. **Asking \$328,900**



**LAND!!!** MLS201914948: 294 Beardslee Road, **ST. JOHNSTOWN:** Beautiful secluded road leading to dead end just past Beardslee Lake.. Timber on 5.04 acre property, nice place to build on. Camper has roof/lean-to over it. Lot can be sold without camper if desired. If you enjoy fishing, love the lake and walking distance to enjoy peaceful relaxing of wooded area then this is the place for you!!! **Asking \$53,500**



MLS20192052: 503 S. Perry Street, **JOHNSTOWN:** Just starting out or want to downsize? Our home has everything you are looking for. Three bedrooms, 1 1/2 bath, family room with fireplace, attached garage, beautifully landscaped yard, open porch and deck, screened in patio, fenced yard and more. **Come see at \$149,900**



MLS20192052: 503 S. Perry Street, **JOHNSTOWN:** Just starting out or want to downsize? Our home has everything you are looking for. Three bedrooms, 1 1/2 bath, family room with fireplace, attached garage, beautifully landscaped yard, open porch and deck, screened in patio, fenced yard and more. **Come see at \$149,900**



MLS20192052: 503 S. Perry Street, **JOHNSTOWN:** Just starting out or want to downsize? Our home has everything you are looking for. Three bedrooms, 1 1/2 bath, family room with fireplace, attached garage, beautifully landscaped yard, open porch and deck, screened in patio, fenced yard and more. **Come see at \$149,900**



# CREATE A SALE-WORTHY SHOWPLACE

The sentiment “don’t judge a book by its cover” can be applied to many situations. When it comes to selling their homes, homeowners should remember this adage as they prepare their homes for prospective buyers.

Statista indicates that there were 560,000 houses sold in the United States in 2016. The Canadian Real Estate Association said a record 536,118 residential properties changed hands in 2016, marking a 6.3 percent increase from 2015.

Homeowners who want to make their properties stand out can take the following steps.

### De-personalize the home

Homeowners fill their spaces with family photos, heirlooms, personal interests, and other conversation pieces. Prospective buyers may not be able to see past personal belongings and may even be distracted by them. For example, buyers who have strong beliefs about animal welfare may not buy a home displaying hunting trophies. Remove personalized items where possible, replacing them with generic items.

### Improve the exterior

HGTV says that curb appeal is crucial to making a strong first impression. A messy or lackluster landscape can turn buyers away even before they reach the front door. Mow the lawn and make sure shrubbery has been trimmed. Seasonal potted flowers and plants can help make the house look polished. Repair cracks or damaged walkways, and consider a fresh coat of paint on trim around windows and doors. Pressure-wash siding if necessary.

### Put things in storage

Rent a storage unit to house items that can make a

home appear cluttered. Clean out closets and cabinets, so that when buyers “snoop” during appointments or open houses they see orderly storage areas. If closets are brimming with stuff, buyers may assume the house doesn’t have enough storage space and move on.

### Make it light and bright

Open up all of the drapes and blinds, and turn on overhead lights so the house is well-lit. Add table lamps or other fixtures to especially dim rooms.

### Create a hotel experience

Forbes suggests making bathrooms look like a spa. Stack a few pretty washcloths tied with ribbon, add some scented candles and faux plants and buy bathmats and towels in coordinating tones.

Remove extraneous items from kitchen counters and replace them with vases of flowers. In addition, set up dining spaces as if one were sitting down to a meal, and ensure appliances are sparkling clean.

### Use common ‘scents’

Skip the fish, bacon or other aromatic meals for a few days, as such foods can leave lingering aromas. Baked goods, vanilla and cinnamon might make for more appealing scents.



Making a home sell fast involves preparation and the knowledge that buyers are often greatly influenced by their first impressions.

<p>(42) 68 West Grand St, <b>Palatine Bridge</b>: 3 BR home has a cozy, comfortable feel to it. There are 2 full baths upstairs and a half bath on the first floor. Family room with fireplace. Living room with fireplace. Oak Kitchen with granite counter top. Brand new Stainless steel appliances. Separate Dining room. Laundry room on the first floor. Wood plank and ceramic floors. A nice size yard with a 2 story barn. <b>\$114,900</b></p>	<p>(119) 6 Clark Ave, <b>Fort Plain</b>: 3 BR 1 1/2 Bath home features an expanded Kitchen with Granite tile countertop and computer area. The owner added a half bath on the first floor and enlarged the full bath on the second floor. Natural wood work and wood floors throughout. Extended two car garage. Large fenced back yard goes back 221 feet. Quiet neighborhood has only local traffic. <b>\$97,500</b></p>	<p>(44) 23 E Main St, <b>Nelliston</b>: 3 BR / 2 Baths, this home has been completely renovated and is very efficient. Spacious Kitchen includes all appliances. The Maytag 4.3 cu washer and 7.4 cu dryer are located in the full dry basement. There are all new PEX water lines and heat lines. All new drains. New Boiler with hot water on demand. New windows and vinyl siding. Large fenced yard is ideal for entertaining w/ pool. Situated on approximately a half acre in the village. <b>\$169,000</b></p>	<p>(45) 100 W Eighth Ave, <b>Gloversville</b>: Affordable investment! 2 family in the city of Gloversville is priced to move. First floor is currently rented to long term tenant. They have been there approximately 10 years. It has 3 BR's, LR, Kitchen and Bath. 2nd floor is vacant and under construction. The furnace, roof and both hot water heaters were updated 2006. Out of area owner asking <b>\$29,500</b></p>
<p>(51) 75 Walnut St, <b>Canajoharie</b>: Wood floors in the LR, DR and Den. New vinyl plank floors in the Kitchen and updated Bath New Pex water lines. Newly sided in 2017. The Kitchen is spacious with a snack counter and room for a table. Laundry off kitchen and plenty of room to put a 2nd Bath. Rear enclosed porch. The back yard w/ privacy fence. paver brick patio and vinyl shed. This home is move in ready. <b>\$99,000</b></p>			

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 Cell: 518-705-5616

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 NYS Licensed RE Salesman  
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**NEW**



**STELLAR WATERFRONT HOME PECK LAKE! \$539,000**

Tranquility found! This house exudes peacefulness yet it is a perfect for gatherings! The 1 Acre level lot provides unsurpassed lake views, privacy and private dock and boat launch! Generous 3BR/2BA with extra sleeping in the oversized family room. Lake views abound, living room with Fireplace, gleaming wood floors thru-out. 2 Car Garage! Too many wonderful features to list!



**PRICE REDUCED**

**WEST CAROGA WATERFRONT! \$275,000**

South Shore Rd. 2BR/1BA. Open great room, large lake front sun room. Neat rock features and lakeside patio & dock. 2C garage, extra storage. This owner lived here year round! 2 Back lots included!



**NEW**

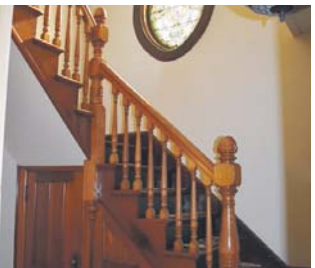
**PECK LAKE CLASSY LAKEHOUSE! \$329,000**

Move right into this Impeccable Year Round 5BR/2BA home. Oversized rooms to accommodate friends and family. Family room, living room w/Hearthstone woodstove, new kitchen, Lake side master suite with Balcony! High pour dry basement. Private setting, Come escape to Peck Lake!



**NEW! SOUTH JOHNSTOWN VICTORIAN! \$229,000**

Move in and enjoy this beautifully restored 4BR/2BA classy home offering lots of living space. What a gem! This home boasts a new kitchen, roof, windows, electric, new laundry room and more. Brand new garage! Short walk to Knox or Main Street, great area of historical homes. It's a GEM!



**PRICE REDUCED**

**CAROGA LAKE ACREAGE \$150,000**

25 Acres WATERFRONT on the Outlet. APA says OK to Build! Beautiful wooded Lot you can design



**NEW**

**\$108,000 CAROGA LAKE**

3 Lots included for plenty of privacy. 3BR/1BA with Laundry, Full basement Move IN!!



**PRICE REDUCED**

**EAST STONER LAKE! \$179,900**

Direct Waterfront 3BR!! Sandy beach w/Dock and patio Full basement could make year round. Hurry Summer's almost here!



**\$120,000**

Be First to enjoy this fantastic Cottage "In the Avenues!" Too much new to list but enjoy a classy Adirondack style interior insulated w/Propane and Electric heat. 1BR down, Loft up. hickory kitchen, Walk to 2nd Ave Association beach!



**CABIN ON SPY LAKE LEASED LAND! \$49,900**

Get back to nature and enjoy the wilderness from your private cabin in the woods. Walk down to Big Bay Lake, hike, hunt, fish or kick back and relax being off the grid on beautiful private Adirondack acreage bordering State land!



**PRICE REDUCED**

**WEST CAROGA LAKE ACCESS- \$82,000**

Cozy cottage with many updates. Large bedroom up with walkthrough bedroom Propane heat and woodstove. Modern kitchen and huge bath. Low maintenance lot Walk to deeded shared lake access.



**NEW**

**2 FOR ONE! \$89,900**

E. Caroga Lake Access from these 2 cottages! One is set up for year round fun!! Large Lot, Walk to Lake.



**NEW**

**WEST CAROGA LAKE ACCESS! \$95,000**

3BR/2BA on large corner lot. Huge garage w/storage above Quiet location just a short walk to deeded lake access.



**GLOVERSVILLE \$114,000**

Entertain here!! Formal Dining room, New kitchen & Baths Gleaming hardwood floors, 3 BR's 1.5 BA on quiet street. HUGE Fenced Backyard!



**PRICE REDUCED**

**VACANT 2 FAMILY GLOVERSVILLE!**

Live free let your Renters pay the bills Big Barn for more \$\$ Lots of new makes Move in Ready \$42,000



**PRICE REDUCED**

**31 NORTH ST GLOVERSVILLE \$42,000**

Investors! 2 Units with a Garage! Fully rented and making \$\$



**PECK LAKE N. SHORE \$440,000**

Level sandy water front 3-4BR/3BA. Open living, dining, lakeside screen proch. Finished basement. 2 car garage.



**COMING SOON**

Deeded Mobile on Pine Lake w/lake rights

## LAND- LOTS- LARGE ACREAGE- WATERFRONT-WATER ACCESS

**WELLS**

**HAMILTON CO.- 8.5 ACRES \$35,000**

**NORTHAMPTON**

**250 ACRES, GREAT SACANDAGA WATERFRONT**

**CAROGA LAKE**

**8.5 ACRES, LAKE ACCESS \$32,000**

**CAROGA LAKE**

**2 LOTS- (200FT X 180FT) CLEARED! \$16,000**

**EPHRATAH**

**TWO 10 ACRE PARCELS, CLEARED, LEVEL EASY TO BUILD \$34,000 & \$38,000**

**OPPENHIEM**

**72 ACRES-BORDERS STATE LAND/SNOWMOBILE TRAILS \$79,900**

**PECK LAKE**

**BUILDING LOT WITH LAKE ACCESS \$30,000**

**BLEECKER**

**98 ACRES, APA APPROVAL TO BUILD 10+ HOMES! \$135,000**

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**NEW LISTING \$289,000**  
**3359 St. Hwy 29, Johnstown**



STUNNING VIEWS & PRIVACY come with the Meticulously Kept 3 BDRM home, large 3 car garage & 14.40 +/- acres. This is a must see to appreciate.

**REDUCED \$439,000**  
**194 Bogden Rd., Broadalbin**



Spectacular 4 BDRM, 2 bath contemporary, hardwood floors, 3,100 sq. ft., 2 car garage, walk out basement, pool house, in-ground pool, stunning concrete work, basketball court & 4.9 +/- acres. Call Gretchen Salvione's Cell at (518) 848-1843 to view.

**REDUCED \$279,000**  
**106 Jamie Lane, Broadalbin**



Stellar 16 year old Colonial 5 BDRM, 2.5 full bath home situated on 1.5+/- acres located on a dead end (Cul-de-Sac) just off Route 29. We have 1 BDRM downstairs, 4 upstairs, nice back yard with deck & hot tub to enjoy. Soapstone/Corian solid surface countertops, a master bath with a double vanity & full tiled shower. A must see!

**NEW LISTING \$234,000**  
**142 Van Epps Rd., Fultonville**



This 3 or 4 BDRM home with 2 full baths has been completely remodeled and offers a spacious home with over 2,000 sq. ft. of living space, New SS appliances, New flooring, New roof & So much more & situated on 2.4 +/- acres.

**REDUCED \$665,000 • 143 West Ames Rd., Canajoharie**



STUNNING, METICULOUS 119 acre horse farm with a completely remodeled 4 BDRM, 2 full bath home. 15 stall barn w/barn cleaner (easy to convert/ use for any livestock), heated work shop, 2 bay but 4 deep garage, 4 bay machine shed & hunting cabin. 80 acres of organic hay ground, 20 acres of mature woods & 19 acres of fenced pastures. All buildings on this farm are completely renovated! **SELLERS ARE MOTIVATED, COME CHECK IT OUT!**

**NEW LISTING \$232,000**  
**152 St. Hwy. 161, Amsterdam**



This 3 BDRM, 2 full bath RANCH home has over 2,500 sq. ft. of living space, a beautiful sun-room outback, in-ground pool, 2 car garage, extra large outbuilding, Generac generator & 1.6+/- acres.

**REDUCED \$144,000**  
**289 Market St., Amsterdam**



This is a 3 to 4 BDRM, 2 full bath home with 2 BDRMs on the 1st floor, hardwood flooring, a partially finished basement, 2 car garage, large corner lot & super convenient location.

**NEW LISTING \$179,900**  
**2 E. State St., Johnstown**



This Stately Colonial Home offers 4 BDRMS, 2 full baths, 2 car garage, nice yard, deck & hot tub to enjoy. Newly insulated, sided & painted. Convenient location to walk to restaurants, taverns and shops.

**REDUCED \$79,000**  
**330 Mohawk Dr., Tribes Hill**



Super large 6+ BDRM, 3.5 bath home in the heart of Tribes Hill. Tons of possibilities but it does need some TLC, it is a fixer upper but could be a FABULOUS opportunity, appraised recently at \$105,000 so you're walking into equity & sellers are motivated, make us an offer!

**NEW LISTING \$199,500**  
**142 Newkirk Rd., Johnstown**



Cute, 1 BDRM home/cottage/camp situated on the water and includes 22.48 +/- acres. Screams privacy & relaxation. Propane furnace, pellet stove, central A/C, Granite countertops & annual taxes are only \$3,585.

**REDUCED \$315,000**  
**171 Zarcarco Rd., Town of Glen**



125 +/- ACRE Farm with a BEYOND BEAUTIFUL VIEW & some nice large barns & outbuildings. Lots of Rd. Frontage if you wanted to subdivide.

**NEW LISTING \$374,900**  
**111 Fon Clair Terrace, Johnstown**



This 3 BDRM Ranch sits on top of a hill so you can take in thousands of miles of elaborate views of the valley & mountain-side. Situated on 47 +/- acres for your piece of heaven. Home boasts over 2,700 sq. ft., 2 car garage & a super relaxing family room surrounded by windows to enjoy your view all year long.

**NEW LISTING \$150,000**  
**4529 State Highway 30A, Fultonville**



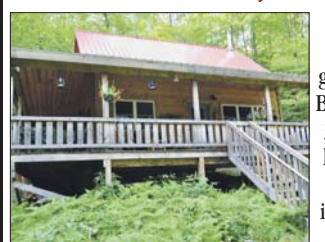
This 3 BDRM, 1 full bath ranch is situated on 2.65 +/- acres that has been meticulously landscaped & groomed. Beautiful deck to relax on outback. Full basement. Great views to enjoy here too.

**NEW LISTING \$249,900**  
**114 S. Melcher St. Ext., Johnstown**



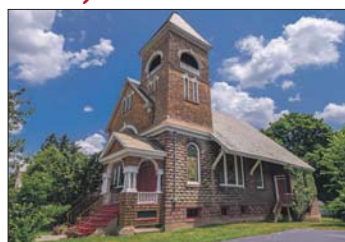
Gorgeous 3 BDRM, 1.5 bath home situated on 0.75 +/- acres, 3 car garage, in-ground fiberglass pool & convenient location.

**LISTED AT \$189,000**  
**320 Willie Rd, Town of Johnstown**



Summer is coming so it is time to start thinking about your summer get-a-way... We have a super cute 1 BDRM, 5 year old home situated on 30.40 +/- acres that sits back off a long driveway to offer you nothing but peace & quiet. Cathedral ceilings, super cozy & there is a HUGE pond/water source to kayak on.

**Commercial/Mixed Use/Residential**  
**\$80,000 • 13 Main St, Fultonville**



Amazing Building with Stunning Construction. Currently set up with an Apartment option & open Congregation Area. Opportunities are endless at this price. 4 designated off street parking spaces & room to make more if desired.

**GRETCHEN SALVIONE**  
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