

Pennysaver The Little Paper With BIG Results

Serving the Homes of the Mohawk Valley

Volume 5 • Number 6

Fort Plain Co-op BOD members and managers Durene Alter, Carol Gros, Deborah Donovan, John Laffin, Margaret Knickerbocker and Donna Ahren pose for a photo in front of the store. See story on page 10.

Photo by Elizabeth A. Tomlin



I keep my eyes always on the Lord. With him at my right hand,
I will not be shaken. ~ Psalm 16:8



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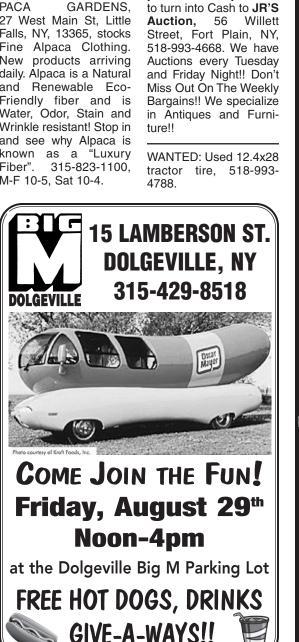
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Get better service

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August 23, 2014

Hello Again,

In the world famous Wall Street Journal, Wednesday, August 13, 2014:

Democrats Court Palin in Oil Fight

Anchorage, Alaska: Democrats here are reaching out to an old foe, Sarah Palin.

Found in the body copy: The only problem: Mrs. Palin has barely engaged on the issue, so far ignoring pleas from local democrats.

The very same democrats who generated print lies and half truths in our daily newspapers chanting the most terrible thoughts about Sarah Palin when she was running for the office of Vice President of the Untied States, now want her help. With passing of time, Mrs. Palin has proven she is a class act and her democrat foes know it.

Maybe you will be able to follow the outcome of the Sarah Palin event in your daily newspaper, although, I doubt it. With the smear job these same daily papers used against Palin, will they be man or American enough to admit their need of Sarah Palin?

Another day and the world keeps on spinning – what will happen next? Seems



like a large number of so-called Americans, not knowing any better, can't wait to change this great country. My suggestion to them is stand close to the edge while it is spinning and some sound thinker might give you a hand to jump off. If they have had enough of the greatest nation on earth — don't you agree they should? Jump off, that is.

Happy landing. Maybe you will land in Russia, China, or Cuba or some other socialist nation.

You have just finished reading an opinion based on truth. While the earth keeps on spinning, read about my day.

You are now starting to read a few hundred words of nonsense. Webster says "Nonsense equals things of no importance or value." Seems Webster could have saved a lot of words and called it blarney. Now that I have in a couple of minutes become better educated, I will call the following nonsense. I can hear my Irish family saying, "Now go on witchya, that's just a load of blarney."

This has turned out to be one of those days. I would rather not be bothered by anyone. I am enjoying a first class pity party. If you've never had one, you owe yourself one.

A good pity party is one of the few experiences you can attend all by yourself. In fact, your best friend, spouse, kids, or family will not join you even if you ask. My pity party started this morning, getting out of bed. My left foot was tangled in the top sheet and I stumbled out of bed, stepping on my favorite cat's tail. If I wasn't fully awake by then, I was when he let out a full-blooded Irish banshee scream and snarl.

I went into the bathroom and reached for my blue-handled toothbrush and looked for my false teeth — nowhere to be seen. Went back into the bedroom and checked the two dresser tops and couldn't find them there, so I looked in the dresser mirror and saw them in my mouth. I was so startled and pleased, I forgot to brush.

Still holding the toothbrush firmly in hand – my wife walked into the bathroom and asked, "Why are you standing there so erect with your toothbrush? Aren't

you going to brush your teeth?" - now that clearly cut the cake. I must have realized I was awake and thought everything would get better - it didn't. I growled something at her. I believe she left there in a pout with hurt feelings.

My next usual duty for the day was to take Toby, our dog, out for his morning walk. I forgot. I went out to the garage and jumped on the little red Spyder. When I arrived at the coffee shop, my buddy Pete was displaying an old, tarnished, moldy, leather strap contraption. Someone said, "Pete, ask Fred what it is." Pete handed me the what's it. After looking at it I said, "It sort of looks like a bra for a female chimp or possibly a chastity belt for a Darwinian female primate."

I continued to look it over and with an all-knowing grin handed it back to Pete who stood there for a short time with his wonderment — started looking foolish, turned and left without saying goodbye.

Before I could sit down at the counter, the ever faithful waitress set a place mat with silverware and a cup of coffee along with a large red glass of water with just a little ice. With pad and pen in hand, she stood waiting for my order.

Realizing I had kept her waiting, I said the first thing I could think of - oatmeal with brown sugar with strawberries. When I started eating, I realized I would have been happier with a couple of poached eggs on buttered toast. However, the oatmeal with brown sugar and topped with strawberries was sort of invented there by one of the regulars named Lasher. I never did like him, but his creation was extra good. Lasher is one of those mechanical guys who can fix about anything. He is also a good conversationalist. There is always a catch to most conversations. Have you ever tried to enjoy your breakfast with someone talking about jacking up a manure spreader to fix a chain while it is loaded with fresh chicken manure – with descriptive words concerning the fresh odor?

With that, I rode the little red Spyder to the office to have a conversation with the general manager. It was Saturday and the office is always

closed on Saturdays. Naturally he was not there.

So, I decided to go home and dream up a funny with a share of blarney for Hello Again. Ready or not, here it comes:

When I was in the 4th grade, the school district sent in Dr. Rosenthal to physically exam all students and to attempt to evaluate our mental abilities. He asked me, "When you were born, were you a boy or a girl?" I answered, "I was a girl." Later the teacher asked, "Frederick, why did you say you were born a girl?" I answered, "When someone asks a stupid question, they deserve a stupid answer."

One of our staff ladies, when looking out of the second story office window, saw an Amish man looking over the red Spyder. So was his horse. If we could understand horse talk, I bet the horse was laughing, saying "You've only got three legs. Even my buggy has four."

Are you hungry for the truth about life? How it got started? Where is it going, and what your part is? Try visiting a Bible-believing — teaching church, you will be amazed. Your answers can be found. God bless you till we meet again. Wave hello again to the red Spyder.

Fred Lee and the Lee Family



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The "Reasons" They Give For Needing A New Town Hall In Palatine

"The current offices are not big enough." (In the current drawings, the Town Clerk's office is smaller than she currently has!)

"The court room is too small." (Why build a bigger court room when all the talk today is for these justice courts to consolidate?)

"We need a jury room for 12 people." (If there is only an average of one jury trial every ten years, why build for a need that does not exist?)

"The Town is growing, look to the building lots that are selling in the McKinley/Big Nose area. We need a bigger facility to serve these people." (Putting the same people in a bigger building in Stone Arabia does not equal more service. If there is a need, the hours for the people that now do the work will be expanded.)

"We need more parking at the Town Hall." (If the lot at the current Town Hall is full, legal parking is available on the south side of Grand Street, Route 5, for the better part of a mile. And this is an area that is maintained by the State, for free!)

"Stone Arabia is the geographic center of the Town." (This is a factor that benefits the highway department's logistics. The Town Hall serves people, and the demographics of these are in Palatine Bridge and Nelliston.)

"The roof leaks!" (In the conservative renovation plan submitted from the floor, but not being considered, the current building would get a new roof.)

"We need better record storage." (Here there is no argument, except \$400,000 to \$600,000 does not need to be spent to create a dry, fire-resistant room, as is included in the aforementioned renovation plan.)

Through some creative thinking and the recognition that the present building is "free," virtually all the issues that are being raised as "reasons to build" could be resolved for \$100,000 (or less), without creating any new issues!

~ Earl Spencer. P.O. Box 68, Nelliston, NY 13410

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Fort Plain Food Co-op considered "a hidden treasure"

by Elizabeth A. Tomlin

Where is the Fort Plain Co-op? Did the Fort Plain Co-op close?

These are questions folks always ask me when I mention the Fort Plain Co-op.

So, what is the mystery?

The low profile kept by the Fort Plain Co-op may be what makes it hard to find — that and the fact that many folks don't like to share the where-abouts of their favorite little store.

But I'm here to let the secret out.

The Co-op moved last summer. Not far, though! They're actually just around the corner, directly across the street from the Fort Plain Post Office. And they're easily spotted with their new sign and the flag outside the door. New, longer hours are an added bonus, along with many new items.

"The Co-op is a friendly place to shop where you don't have to be a member," says Board of Directors president Donna Ahren. "We sell good wholesome food with a great line of gluten-free and organic products — and we



Member Gary Elliott restocks shelves of coffee and tea while working to obtain his 20 percent discount on all purchases.



Co-manager, Margaret Knickerbocker, straightens up a shelf holding a large assortment of nuts and dried fruit that are only a few of the items available at the Fort Plain Co-op.

Photos by Elizabeth Tomlin

support local vendors and accept food stamps."

More than a dozen local vendors sell their products, such as eggs, maple syrup, cheese, yogurt and honey at the Co-op. Special items can be ordered for customers who don't find what they are looking for.

Local artists may also display their work at

"We feature local artists on a monthly basis," said Margaret Knickerbocker, who co-manages the store with Deborah Donovan.

Anyone interested in displaying their art at the store may stop in and leave their name with Margaret or Deb.

The Co-op, a non-profit organization, which has been incorporated since 1980, offers a 20 percent discount on their products to folks who become members and come in to work on a voluntary basis, 4 or 5 hours each month.

New store hours are Tuesday, Wednesday. and Friday — 9:30 a.m. - 5:30 p.m., Thursday 9:30 a.m. - 8 p.m., and Saturday 9:30 a.m. - 12:30 p.m.

"The Co-op is a hidden treasure located in the heart of Fort Plain," attests member Lois Pecora.

For more information call 518-993-4194.

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Diamond-Victory Bowfully equipped CH, \$275. Nice. 518-844-3534

CRAFTERS AND VENDORS WANTED!!

Open space for our Fall 'BOO'zaar, being held October 18th! With fall in the air, this is a perfect event for crafters and vendors with fall or winter themed merchandise available. This event will also feature pet seminars, a hay maze, and so much more!

Call Joan at 518-673-0141 or email jkarkwren@leepub.com

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PLASMO GUTTERS are durable and easy to install for the DIY. Available in white or brown. **C.H. Burkdorf & Son**, 35 Hough St., St. Johnsville, 518-568-7016.

NEED WATER? Topping off pools, landscaping ponds, etc. 518-993-2496, 518-332-4254

MAKING A SIGN or Outdoor Wood Decorations? Use MDO Sign Board, 1/2"x4x8 or 3/4"x4x8 sheets available at C.H. Burkdorf & Son, 35 Hough St., St. Johnsville 518-568-7016

FOR SALE: NEW Apple Archery Bow Press, \$225.00 Call (518) 844-3534. LOOKING FOR IT? Selling it? Looking for work? Looking to hire... Give us a call at 518-673-3237 to place

your reader ad today.

RUBBER STAMPS self inking. All sizes. Call Beth at Lee Publications. 518-673-0101

Early blanket boxes, some in original red paint. Various sizes. Most with complete interiors. The Gallery, 2 West Main St., St. Johnsville, NY 13452. 518-568-5121

You can place your Line Ad in this Publication for as little as *4°°.

518-673-3011



OPPENHEIM

MOVING SALE: MUST SELL! Assorted farm tools, equipment, antiques, household. Rte. 29, Oppenheim, mile west of school. 518-568-2491.

FORT PLAIN

YARD SALE: August 29-31, 9-3pm, 473 Rte. 163 (Freysbush) Fort Plain. Household Items, Small Furniture, Odds and Ends, Clothes, Misc.

PALATINE BRIDGE

GARAGE SALE: Friday and Saturday, Aug. 29-30, 9am-5pm. 335 Caswell Rd., Palatine Bridge, (between Dillenbeck and McKinley. After a 2 year break, the garage is full once again with something for everyone. From our quilting cousin we have lots of beautiful print fabric, including fat quarters. Also: books, cookbooks, quilting books, cross stich kits, yarn, "Hang Ups" inversion table, household, dishes, glassware, holiday decor, some furniture, milk glass, possibly some Depression glass, lots more, and, yes, a kitchen sink. We always have free stuff. Rain or shine. No early birds - opens at 9 am both days Please, no calls. This is a cash only sale, sorry no checks accepted.

CANAJOHARIE

GARAGE SALE: LARGE THREE FAMILY GARAGE SALE: 36 Orchard Street, Canajoharie. Saturday, September 8th. 9 am till 5 pm ONE DAY ONLY. Great shape three room tent with fly; Camping gear (tent fan, tent light, blankets, lantern, air mattress); Conovers Antique Chairs - (2) Wooden fold out chair with canvas, nice shape and one fold up Rocking chair; Sanyo 32" TV with stand; Wii System with many games (Trauma center, Biggest Loser, Sonic II Battle, Disney Sing It and many more); Nintendo Game Cub with games (Sonic DX Adventure, Rocket Power Beach Bandit); Large 7x9 Area Rug, floral print, great shape; Pampered Chef items, new in box and some gently used (pizza stone, new Chillzane and bowls, etc.) Boyscout gear more toward Eagle Scout shirts, shorts, back packs; Nordia Track Inversion System, Coffee Maker, Silver dishes, lot of household item, Pasta Maker, Jewelry, Talbots, Liz Clairborne, Ralph Lauren Large Sweaters and Tops size Large; Womens Size 2X tops mostly from Macy's; Children's Toys; Girls Scooter; Girls Bike; Foos Ball Table; Children's drum set; lots of flower vases; Centerpieces for table, Holiday decorations; Ribbons for crafting; Snowboard; sleds and much more. RAIN DATE September 13th.

CANAJOHARIE

GARAGE SALE: Down sizing house sale, 5 Burch St., Canajoharie. Aug. 28 8am to 3pm, Aug. 29 10-4, Aug 30 10-4. Furniture, lamps, antiques, country and primitive decor, books, toys, odds and end, no early birds!

EPHRATAH

MULTI FAMILY GARAGE SALE, Aug 22nd, 23rd, 24th, 8am-? No early birds. 205 Murray Hill Rd., Ephratah. Watch for signs.

LASSELSVILLE

GARAGE SALE: LASSELSVILLE. Too many items to list, everything cheap. Last two days will be half price. August each Friday and Saturday and first weekend in September.

FORT PLAIN

AUGUST 15-24, 10AM-4PM, four family garage, estate and moving sale. 7402 State Hwy 5S, Fort Plain. 852-3249. Antiques, household items, clothes,1947 Int. dump truck tip out windshield and signal lights, 1967 Honda.

ST JOHNSVILLE

CRAFT AND RUMMAGE SALE: August 23rd & 24th, 10am-? at 404 Co. Hwy 119, St. Johnsville. Decorative handmade crafts, kids clothes 12M and up to 24M and much more. Email for more info at cassie@frontier.com.

FONDA

HUGE SALE: 166 Oswegatchie Rd., Fonda, 1st house off Hickory Hill. 8/22, 8/23, 8/29, 8/30, 9-4. RAIN OR SHINE. Stanley tool bag, cedar siding, motorcycle helmets, edged weapons, DVD's, backpacks, lotions, pine entertainment center.

FORT PLAIN

FARM/GARAGE SALE: 194 Eaker Rd., Fort Plain,NY. August 21-25, 8-4, Oliver 770 tractor, Wheatland John Deere 3020, both gas, Case 442 garden tractor w/attachments, Wheelhorse 1100 Special Diesel w/sickle mower, washer/dryer and miscellaneous household items, '66 Pontiac parts. 518-993-4265.

WE NOW CARRY 2.5 gallon and 5 gallon chlorine, along with 7% and 35% peroxide in 5 gallons. Fort Plain True Value and Just Ask Rental. 12 Willett St., Fort Plain. 993-3834.

BELARUS 562 Tractor 4WD, bucket, 65HP, cab, 265 little used hours, 7ft International machinery brushhog, new batteries and starter. \$8,000/obo. 518-725-8597.

Great selection elegant crystal stemware and etched pink depression glass stemware in various sizes. Great price! The Gallery, 2 West Main Street, St. Johnsville, NY 13452. 518-568-5121

CHECK OUT THIS deal! NaturalAire 90 day furnace filters in assorted sizes 2/\$5. Fort Plain True Value and Just Ask Rental. 12 Willett St., Fort Plain. 993-3834.

Governor Winthrop solid mahogany secretary/ desk with ball and claw feet. Great condition. The Gallery, 2 West Main St., St. Johnsville, NY 13452. 518-568-5121

BAKE SALE- Saturday August 23, 11-3 at the Fort Plain Elks Lodge, Nelliston NY to Benefit Norma Maring. Come buy some great baked goods, Chicken BBQ by Jeremy Whiteman, enjoy live music and check out the raffles, silent auction items and a live auction at 1PM. To make donations, call Jamie Maring Mundell at 518-265-1645 or Bruce Button at 518-221-4103

FOR SALE: Large brass coffee table with glass top, \$100; round pedestal table with 4 chairs, \$100; Serpentine front cherry chest with marble top, \$125; 13x20 Vizio flat screen TV, \$95; Tiffany style table lamp, \$40. Call llion 315-894-0228

HATE THOSE STAINS caused by algae, mold, mildew, moss & lichen? Use SPRAY & FORGET with no rinsing needed. Works on gravestone's. It really works!! C.H. Burkdorf & Son, 35 Hough St., St. Johnsville 518-568-7016

FOR RENT: 1 bedroom country home in Oppenheim, spacious & private, ideal for retired couple or single person, \$550/ month plus security. 315-679-0035, 518-705-2021

Unusual gold gilt wrought iron coffee table with oval glass top. Excellent condition. Great price. The Gallery, 2 West Main St., St. Johnsville, NY 13452. 518-568-5121

MASTER MECHANIC Bar and Chain Oil is back! Just \$5.99 a gallon, while supplies last, sorry no rainchecks! Behind every project is a True Value. 12 Willett St., Fort Plain. 993-3834.

2005 DODGE Magnum R/T AWD, blue, 97k, Hemi V-8, auto, leather, rear DVD, loaded!! SALE: \$11,495. John C. Miller, Inc. 518-762-7124 www.johncmiller.com

WANTED

Junk Cars, Trucks, & Vans. Paying \$150 & Up. 7 days a week. 315-335-3302

COMMON PINE: Excellent for trim boards; Also 1"x6" tongue & groove and 1"x12" rough cut. **C.H. Burkdorf & Son**, 35 Hough St., St. Johnsville. 518-568-7016

2009 CHEVY Cobalt LS, dark blue, 69k, 4cyl., 5 speed, AC, CD, great on gas!! SALE: \$7,995. John C. Miller, Inc. 5 1 8 - 7 6 2 - 7 1 2 4 www.johncmiller.com

2008 CHRYSLER Sebring limited convertible, silver, 60k, V-6, auto, leather, alloys, SALE: \$11,995. John C. Miller, Inc. 518-762-7124 www.johncmiller.com

51.3 WOODED ACRES NORTH HAMPTON, NY: perfect spot for hunters cabin minutes from downtown Northville. Taxes \$1,200/year. \$42,900. 315-429-9390.

FEATURE OF THE Month! 6pk. Green or Blue Canning Lids, \$3. Behind every project is a True Value. 12 Willett St., Fort Plain. 993-3834.

COUNTRY VIEW Discount Groceries

Deli Special for Fri., August 29th (While Supplies Last)

Cooked Ham \$2⁷⁵ Lb.

Mozzarella Cheese \$2⁹⁹ Lb.

Pure & Natural Honey 1 lb. • 2 lb. • 3 lb. • 5 lb. Raw Honey: 1 lb. & 2 lb.

Baking Items • Bulk Items Popcorn • Sugar • Flour Oats • Macaroni • Navy Beans More Items Arriving

Homemade Canned Goods Jams • Jellies • Pickles Veggies • Stuffed Peppers Ketchup & More

Laundry Soap
Dish Washer Soap • Body Wash
Cereals • Coffee • Water Drinks
Can Soups & More

Mon-Wed-Thurs-Fri 8-5 Tues 8-6:30 Sat. 8-3; Closed Sun Credit Cards & EBT Cards Accepted 56 Willett St., Fort Plain, NY

VERSETTA STONE provides all the beauty of traditional stone masonry with none of the hassles. It is timeless, reliable and beautiful and is backed by a 50 year limited warranty. Stop by and see our samples. C.H. Burkdorf & Son, 35 Hough St., St. Johnsville 518-568-7016





Super insulated LOGIX° walls will reduce your energy bills up to 50%

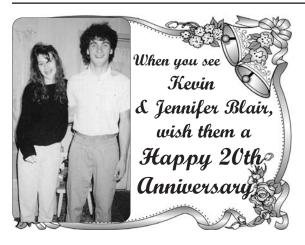
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1027 E. German St. Ext. (at intersection of St. Rt. 28) Herkimer, NY 13350

CRAFT FAIR & TOWN-WIDE YARD SALE
AUGUST 23RD • 9AM • 6PM
RGL FIRE HOUSE • 4800 ST. HWY. 29

• Bake Sale
• Food & Sodas Available
• Gramma's Cookies
• Craft Vendors

Sponsored by the RGL Volunteer Fire Department

PACA GARDENS Stocks many styles, colors and sizes of Alpaca Socks. They are the most comfortable sock available. Your feet will love them and we guarantee it. Alpaca is naturally a water resistant fiber so your feet stay dryer in the warm weather, plus it breathes better than cotton. From dress socks to knee high "sport" socks, we've got you covered. 27 West Main St., Little Falls, NY 13365. 315-823-1100, M-F 10-5, Sat 10-4.

JUST CONSIGNED is a Oak roll top desk, full size beds, Cast iron urn, RC Cola tin sing and much more to be sold over Auction on Tuesday August 29th, 5:00pm, at JR'S Auction, 56 Willett Street, Fort Plain, N,Y 518-993-4668, also if you have furniture and antiques you want to sell give us a call!! Thanks JR.

Arts and Crafts oak slant front desk with original brasses. Excellent desk interior. Made in Honeye Falls, NY label on back. The Gallery, 2 West Main Street, St. Johnsville, NY 13452. 518-568-5121

FOR SALE: Carl Zeiss Sonnar Lens for Sony Alpha NEX Camera, Sony SEL24F18Z 24mm f/1.8 E-Mount, plus lens hood. Like new condition in original box, \$750. 518-275-9559 WALL FARM TRANS-PORT: Equine, Livestock & Equipment. Tuesdays: Central Bridge Auction. Thursdays: Empire Livestock. Call Mary Jean at 518-568-3135.

FOR SALE: GARAGE Equipment, 10,000 lb., 4 post auto lift asking \$3,000. Waste Oil Furnace in very good condition for \$2,800. Call (518) 993-2496.

NEED A LAMP repaired, we do that too! Fort Plain True Value and Just Ask Rental. 12 Willett St., Fort Plain. 993-3834.

1985 GMC CAVALLERO 350 crate motor. No rust or rot. Looks good and runs good. Asking \$4,000. Call for more info 518-568-7640.

WE REPAIR SCREENS AND windows, including double pane. Fort Plain True Value and Just Ask Rental. 12 Willett St., Fort Plain. 993-3834.

NEW LOOKS SALON in Canajoharie is seeking Cosmetologists, full or part time, for booth rental. Contact 518-993-9917 or 518-673-3311

LARSON Storm and Screen Doors. 32" & 36" x80" white in stock. C.H. Burkdorf & Son, 35 Hough St., St. Johnsville 518-568-7016

LEATHER JACKET: NEW, size 52 with removable liner. Real Nice! \$100.00 takes it. Call (518) 844-3534.

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FORT PLAIN TRUE Value and Just Ask Rental just may have what you need in our rental department. Buy what you want, rent what you need. 12 Willett St., Fort Plain. 993-3834.

FOR SALE: NEW American Standard Sink, composite w/porcelain, deep sink w/side sink. \$80.00. Call (518) 844-3534.

LET US HELP you get rid of your unwanted stuff. Place a reader ad today. Only \$4.00 for the 1st 14 words. Call 518-673-3011

FIREWOOD & FEEDER PIGS: Well seasoned apple/pear firewood; Feeder pigs. Call Farmer Dan 315-823-1633

2009 PONTIAC G-6 Sedan, silver, 54k, 4cyl., auto, full power. SALE: \$11,995. John C. Miller, Inc. 518-762-7124 www.johncmiller.com

Just/Ask.

ATTENTION HIKERS!! Paca Gardens is now stocking the "Mountaineer Sport Sock". Our newest addition to our famous sock line. Super durable and superior warmth makes this sock especially desirable for hikers. This ultra soft sporty sock is 50% alpaca. Alpaca breathes to help keep your feet comfortable, cool and dry. Reg. \$28.50. On Sale \$19.95. Paca Gardens, 27 West Main St, Little Falls, NY 13365. 315-823-1100, M-F 10-5, Sat 10-4.

USED FURNITURE for sale: 1-bedroom includes Dresser with mirror, chest of drawers, full size bed with box spring and mattress, \$125.00 2-recliners \$35.00 each 1-recliner with massager \$50.00 1small drop leaf kitchen table \$15.00 1-small mahogany wood desk \$40.00 call JR at 518-993-4668.



Pair of period mahogany country Queen Anne chairs with rush seats. The Gallery, 2 West Main St., St. Johnsville, NY 13452. 518-568-5121

WE ARE NOW A CUB Cadet dealer and repair center! Fort Plain True Value and Just Ask Rental. 12 Willett St., Fort Plain. 993-3834.

2007 TOYOTA YARIS EC, Automatic, 4DR/PW/CC/AM/FM/CD/AC. 48k, one owner, \$9,550.518-568-2610.





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Hrs: M-F - 7:30 am-6 pm;

Sat - 7:30 am-4 pm; Sun - 9 am-1 pm

True Value.



MAGIC MAZE ● — JOINT

KUROLTTUBIEBYVS QNKHE(SHOU D E WTROLIJGVAE WURPPRNKNI IKTGD BZXVTWEKSCPCRQO MKIGEELGCIAUOYW USQPNEBNNFLNMJH F E C K B A O B Y I X K V U S Q P N M K A W J A T F H F E C BZYXVULASREVINU TRQPOMLLIATEVOD

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally.

Ankle Artificial Ball Butt

Dovetail Elbow Finger Hip

Knuckle Mortar Pivot Rabbet

Shoulder Universal Wrist

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King Crossword

ACROSS Roseanne of comedy **Embrace** Mimicked 12 Writer James 13 Web address 14 Wise one 15 Chicken 16 Winter truck attachment 18 Sign up 20 Fanciful quality 21 Congers, e.g. 23 Raw mineral

- Veggies in Chinese recipes 28 Engrave
- 31 Young pooch 32 Nonsense
- 34 See 53-Across 35 Help a hood 37 Big decep-
- tions 39 Siesta 41 Sycamore,
- for one 42 Speaker's platform
- 49 Anne Murray hit song gin fizz 52 Old portico
- 45 Immoderate

- 53 With 34-Across, rum cocktail 54 Black, in
- poetry 55 Ripped
- 56 And so on (Abbr.) 57 Tibetan beasts
- **DOWN** Use the
- oven Not "fer"
- Rod adjunct Critic's write-up
- Con men 6 Grecian vessel

- 7 Radiate light 29 Taxi 8 Have high
- hopes South Carolina, the - State
- 10 lds' counterparts 11 Moist in the
- morn 17 Personal question? 19 Calendar
- abbr. 22 Canonized one
- 24 Hot tub 25 Gist 26 Freedom of access

27 Irregular

- 30 That quy's 33 Basin
- accessory
- 36 Island off China
- 38 Footballer's garment
- 40 Tavern 42 "Hey, you!" 43 Aware of
- 44 Marceau, notably 46 Actress
- Jessica 47 Recess
- 48 Sawbucks 50 Garbage invader

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Wishing 🍒 Well®

2 5 3 3 3 7 5 6 6 В В A В E Α 1 8 5 4 3 7 5 6 8 4 A F 0 T G R E D D G S Κ 6 7 2 8 3 8 3 6 2 3 8 6 S Е Α R Y N Ε R Y N Υ Ε 8 7 3 6 2 6 P 0 G C D E W R 1 3 8 4 3 8 4 7 5 3 6 2 6 3 U S E R U T E 0 Ε S Α 6 5 2 8 4 2 2 5 5 4 8 C F R F U C D E C E 5 5 5 7 5 2 7 8 8 C K S R V D 0 E R N E

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left Then read the message the letters under the checked figures give you.

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Don't worry if you make a mistake! You can print another at vpennysaver.com!

Weekly SUDOKU

by Linda Thistle

9				6	2	4		
	8		4					2
		1		5			7	
1	5		6			2		
	6				9			5
		9		7			1	
6					5	3		
	7			9			4	8
		3	8				6	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: * *

★ Moderate ★★ Challenging ★ ★ ★ HOO BOY!

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See Page 18 for the Answers to All of These Puzzles

LIVE AUCTION of Sporting Goods, collectible guns and more. Saturday August 23rd at 1PM at the the Fort Plain Elks Lodge, Nelliston NY. to Benefit Norma Maring. Come buy some Chicken BBQ by Jeremy Whiteman, great baked goods, enjoy live music and check out the raffles and silent auction items. To make donations, call Jamie Maring Mundell at 518-265-1645 or Bruce Button at 518-221-4103

ATTENTION: IF YOU have Antique Tin Toys, Antique Cast Iron Items, Post Cards, Crocks, Jugs, Antique Snow Shoes, Butter Churns, Wooden Barrels, Antique Hand Tools, Hay Hooks, Wooden or Cast Iron Pulleys, Milk Cans, Ice Hooks, all these items are selling very at Auction!! Call for more 518-993-4668 details JR'S Auction, 56 Willett Street, Fort Plain, NY.

SUMMER **ALPACA** Clothing in stock. Now stocking lightweight summer clothing. Sweaters, dresses and many styles of socks. Alpaca fiber breathes better than other natural fibers. Paca Gardens. 27 West Main St, Little Falls, NY, 13365. Ph. 315-823-1100, M-F 10-5, Sat 10-4.

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CENTRAL BOILER EClassic OUTDOOR FURNACES. Cleaner and Greener. 97% Efficient. EPA Qualified. Call North Creek Heat 315-866-3698

House for rent Fort Plain, dead end. 3-4 bedroom, 1½ bath; \$950. 410-0674/4914819. Free Kittens







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WE FILL PROPANE tanks up to 100lb, and we can fill RV, and fork tuck tanks. Behind every project is a True Value! 12 Willett St., Fort Plain. 993-3834.

2006 CADILLAC DTS, silver, 69k, V-8, auto, heated leather, loaded American Luxury!! SALE: \$12,995. John C. Miller, Inc. 518-762-7124 www.johncmiller.com

FREE KITTENS: Long & short haired. 315-219-2939. COOLER WEATHER IS upon us, don't forget your RV antifreeze. Prices starting at \$2.99! Behind Every project is a True Value! 12 Willett St., Fort Plain. 993-3834.

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20x30 TENT with four sides for rent. Canajoharie Volunteer Fire Department 518-673-3812

8 FOOT TABLES & folding chairs for rent. Canajoharie Volunteer Fire Department 518-673-3812

HOG CASINGS by the hank \$26.95, Peruzzi's Meat Market, 69 Church Street, Canajoharie. 518-673-3382

WANTED: A GREAT Pyrenees Female Dog, or a Bernese Mountain Dog Female. Call 518-993-4668.

PRIME SCOUT BLIND New, still in box. Nice gift - \$75.00. Call (518) 844-3534. GOT COLD **FEET** because of poor circulation? Paca Gardens has Alpaca Therapeutic socks. Warm, stretchy and very comfortable. Ideal for diabetics. Your feet will love them. Many colors to choose from. 315-823-1100, M-F 10-5, Sat 10-4. Paca Gardens, 27 West Main St, Little Falls, NY, 13365.

FACTORY DIRECT Pricing on pre-finished and un-finished knotty pine and tamarack tongue and groove paneling. Buryford Farms, Dolgeville, NY. Call direct to General Manager Frank Herringshaw 315-868-4842 or plant 315-429-9040 www.bfmolding.com

CHARLES D. STAHL

"SPECIAL TRUCKLOAD SALE" Seasoned Approx. 5 Face Cords Delivered - \$375.00

SEASONED SPLIT MIXED

HARDWOOD \$225 Full Cord, Picked Up OUTSIDE FURNACE

TRUCKLOAD SPECIAL
- approx. 12 Face Cord
Chunked Mixed Hardwood \$700
Delivered (may include extra

delivery charges)
HEAP ACCEPTED

697 Snells Bush Rd., Little Falls, NY 13365 315-823-1982

— King Crossword — Answers

Solution time: 21 mins.

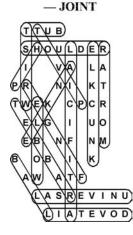
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P	0	D	L	U	М		Α	R	R	Α	Ν	Т
T	0	R	N		E	T	C		Υ	Α	K	S

Answers to this week's puzzles

Weekly SUDOKU

Answer

9	3	5	7	6	2	4	8	1
7	8	6	4	3	1	9	5	2
2	4	1	9	5	8	6	7	3
1	5	7	6	8	3	2	9	4
8	6	4	2	1	9	7	3	5
3	2	9	5	7	4	8	1	6
6	9	8	1	4	5	3	2	7
5	7	2	3	9	6	1	4	8
4	1	3	8	2	7	5	6	9



Randy Maaser- August 24th Shelly Putnam- August 25th Donna Goddard DeLuca - August 25th Elaine Fitzpatrick - August 26th Claudia Veit - August 26th Chris Pedro - August 26th Sharon Failing - August 26th Eleanor Cardinal - August 26th Steve Douglass - August 26th Dana Claus - August 27th Stephanie Rogers - August 27th Jenna Rouse - August 27th Brenda Knight - August 28th Pam Hotaling - August 29th Dolores Mang- August 29th Michelle Dean- August 29th

Jerry Crouse- August 29

Mike Smith- August 24th

WANTED! Gently used hunting apparel/gear. All sizes/styles. Call or stop by. FISHING! HUNT-ING! BAIT! PET FOOD! AMMO! Shop local! Reasonable rates. Also offer lessons, loaner bows, group rates, parties. The Sportsman's Den, 36 Canal St, Ft Plain, 518-993-1010. www.facebook.com/ thesportsmansden

Wonderful French style dining room set by Thomasville. Solid wood. Set includes table with 2 extra leaves, six high back matching chairs, and large matching hutch/china cabinet. Like new. The Gallery, 2 West Main St., St. Johnsville, NY 13452. 518-568-5121

ROXUL INSULATION: The better insulation for an energy efficient, quiet & safe home. Fire resistant, water repellent and made from stone. For more information, call C.H. Burkdorf & Son, 35 Hough St., St. Johnsville. 518-568-7016

WOOD PELLETS-New England Premium Wood Pellets are now available. Buy now Save. JUST and REMEMBER LAST WINTER!! C.H. Burkdorf & Son, 35 Hough St., St. Johnsville. 518-568-7016.

GREAT VALUE! 50lb. Hunter's Special Maintanence Dog Food \$19.99-in store stock only, sorry no rainchecks! Fort Plain True Value and Just Ask Rental. 12 Willett St., Fort Plain. 993-3834.

FABRAL roofing & siding panels with 30 year warranty against fading and chalking. Can be ordered cut to length and many colors to choose from. C.H. Burkdorf & Son, 35 Hough St., St. Johnsville. 518-568-7016

Bow Press, Apple Archery, new, \$175. 518-844-3534.

HAVE AN INSECT problem? We have the insect controls you are looking for. Not sure what you need, we can help with that too! Fort Plain True Value, 12 Willett St., Fort Plain, 993-3834.

ROOF & FLOOR TRUSSES: Fabricated for residential, commercial or agricultural construction. Call for a free quote. C.H. Burkdorf & Son, 35 Hough St., St. Johnsville 518-568-7016

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Franciscan Desert Rose china set. Service for 8. Made in England. Perfect condition. The Gallery, 2 West Main St., St. Johnsville, NY 13452. 518-568-5121

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1 Year Anniversary Bash!!

JOIN US THIS WEEKEND FOR SOME EXCITING EVENTS:

Friday, August 22nd

Family Night - Kids get Free Dessert with Kids Meal

Saturday, August 23rd, 8pm-close

Big Sky Country Band 9pm-1am

Pool or Beer Pong Tournament with Trophy and Prizes

Sunday, August 24th

Family Day, Bouncy House, Face Paint, Ice Cream Social, Fire Department/
Ambulance Presentation - come out and support our local first responders! Petting
Zoo, Dunkin Booth - come dunk Mr. Happy "you know you want to"!! Music

WEDNESDAYS

Senior's
Night
25% Off

Entree

THURSDAYS

1st & 3rd
Thursdays are
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Percentage of proceeds from evening go to renovating their building

HAPPY HOUR

Wed-Thurs 5-8pm; Fri-Sun 4-7pm

Draft Beer \$1.50

& \$2.50

10% Off Appetizers

Come on down and sample our new menu, you are going to love it!

NEW MENU ITEMS:

Grinder Bar • 25¢ Wings Fri.-Sun. 5 types of Fish made on Fridays and So Much More...

Take Outs Available Daily

Have a Special Event? Let Scott Lathers our cook cater it for you! He's fantastic!



Enjoy the wings, while watching any game on our oversized movie screen, you're going to feel like you are actually at the game/race!

We hope to see you all out during our anniversary so we can say thank you for making our first year so special. We look forward to many more years of serving you!

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ANTIQUE AUCTION on Tuesday August 26th 5:00pm at JR'S Auction 56 Willett Street, Fort Plain, NY, 518-993-4668. Already Consigned are Post Cards, Furniture, Bed Room Sets, Antiques, and hundreds or other items!!!!! So come early and stay late!! Always Looking For Antique Consignments! Bring your Antiques and we will sell them for you!!

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Antique Auction on Tuesday August 19th 5:00pm at JR'S Auction 56 Willett Street Fort plain NY. 518-993-4668 Already Consigned are Post Cards, Furniture, Bed Room Sets, Antiques, and hundreds or other items!!!!! So come early and stay late!! Always Looking For Antique Consignments! Bring your Antiques and we will sell them for you!!

ANTIQUE AUCTION Every Tuesday Night at 5:00pm at JR'S Auction, 56 Willett Street, Fort Plain, NY, 518-993you have 4668. If Antiques and Primitives that you want to sell now is the time!! Clean out your attics, barns, corners and sheds!! Bring them down and we will turn them into CASH for you!!!

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Whatchamacallits

Who are you callin' a piggin?

Contrary to the sound of the word, this week's whatchamacallit, a piggin, doesn't necessarily have to do with small, squealing farm animals!

A piggin is a small pail built like a barrel, with one extra-long stave, which functions as a handle. This handle allows the piggin to be used as an oversized scoop. Piggins were a very useful thing to have when performing a wide variety of tasks, from scooping milk to scattering grain to doling out — yes — pig slop.

This particular piggin isn't a relic from the past, but rather, an original creation by a local artisan interested in keeping the old tools and traditions alive.

Have your own Whatchamacallit? Send picture and description to kgallagher@leepub.com or call Kelly at 518-673-0145.

Visit our Facebook page each week to see if you can figure out what the upcoming Whatchamacallit is.



MUSICAL EQUIPMENT: Drums, guitars, amps, accessories. 601 Dise Rd., Little Falls, NY 315-823-1603

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FOR SALE: Washburn Dk20cet Acoustic electric guitar, like new. Call (518) 844-3534.

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CHICKEN BBQ-Dinners Halves Saturday August 23rd 11-3 at the Fort Plain Elks Lodge, Nelliston NY to Benefit Norma Maring. PLUS-Come buy some great baked goods, enjoy live music and check out the raffles, silent auction items and a live auction at 1PM. To make donations, call Jamie Maring Mundell at 518-265-1645 or Bruce Button at 518-221-4103

WANTED: Vendors for Antique and Flea Market Show and Sale, Sept. 6th & 7th at the Hungry Bear Cafe, St. Johnsville, MY. Price for the weekend is \$35 for 2 days, spaces are 10x10 or a 10x20 for \$50. Call for information Scott or Rose 518-568-2700 or Tim 518-332-5157. All welcome: Antiques, household items, most anything you want to sell

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GUN & AMMUNITION Wednesday, Auction, 3rd September 6:00pm. Consignments Wanted of Guns, Ammunition, Hunting Supplies, Fishing Supplies, Canoes, Boats, Trailers, 4 Wheelers, and more!! Bring your Guns and turn them into CASH!! At JR'S Auction, 56 Willett Street, Fort Plain, NY, 518-993-4668.

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CONSIGNMENTS wanted for our Every Tuesday and Friday Night Auctions, 56 Willett Street, Fort Plain, NY, 518-993-4668. Bring it on, summer is the time to clean out the Barns or Attics that are filled with Primitive Antiques 2 Day On Site Complete Business Liquidation Auction!!

FRIDAY NIGHT AUC-TION on August 29th 5:00pm at JR'S Auction, 56 Willett Street, Fort Plain, NY, 518-993-4668. Consignments wanted and items that we will be selling will include: Antiques, Furniture, Tools, Box Lots, and Produce much more!!

WANTED!!!! Early Post Cards, Paper Advertising, Early Photos, Tin Types Photos, and other Early Paper Items you can turn into CASH at JR'S Auction. 56 Willett Street, Fort Plain, NY, Every 518-993-4668. Tuesday Night at 5:00pm Antique Consignments Wanted!!

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BELLA - 2 year old female Pit Bull, 41 lbs. Came to the shelter in July 2013. Knows commands, crate trained, housebroken. Fine with cats and kids



MEMPHIS - 4 to 5 year old female brindle (with white) Pit Bull. Found in the village of Fort Plain on August 13th. She's a sweet dog, good on leash. Appears to be housebroken



NIKKI - is a young spayed female Pit Bull. She was found on Commons Road, Fonda on July 25th. She's frisky and play-



Coonhound, about 4 to 5 years old. 57 lbs. Found on Route 30A, Town of Charleston on June 24th. Should be your only pet in an adult home



LORI - 7-9 year old female Beagle mix. Found on Paris Road, Town of Minden on June 18th. Very sweet and loving



PAWLEE - Male Coonhound, 8+ years old, 59 lbs. Found on State Highway 80, Fort Plain on March 30th. Great looking, friendly dog.



CHARLIE - 2 year old male Black Lab. Came to the shelter on August 6th. Knows "sit. come, lie down and shake".

Clinic - Saturday, August 23 Adoption

at Bark-N-Play, West Main St, Fonda (across from the post office) 10:00am - 1:00pm Lots of adorable kittens will be available for adoption! Bark-N-Play is offering 15% off in store purchases for anyone who adopts.

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WENDY - 3-4 year old female brindle and white Pit Bull. Found on Route 163, Canajoharie on May 13th. Very friendly, active and playful. Knows "sit" command.



REX - 2-3 year old male Lab/Pit Bull mix, 63 lbs. Found on Lang Drive, Glen on July 12, 2013. A big smiley guy. Knows "sit". OK with some dogs. Fine



CRUZ - Handsome 2-3 year old white male Pit Bull, 55 lbs. Found on Garfield St., Fonda in November 2012. Fine with kids. Not good with cats. Housebroken.



TERESA - 2-3 year old brown tiger female. Very loving. Would like a quiet adult home. Likes to give "love bites"!



PEPPER - 8 to 9 year old female tiger. Came to the shelter on March 29th. Beautiful cat who likes lots of loving! Good with kids. Lap cat.



COSMO KITTEN - 3 black and white 5 month old kittens: 2 males and 1 female. Found on West Grand St., Canajoharie



MEISHA - Large handsome 4 year old orange male. Came to the shelter on August 6th because his family was moving to senior housing and couldn't take him.



STRETCH - Wonderful 6 week old black and white male kitten. Dropped off at adoption clinic at Ace Hardware



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Donation \$10 • Under 5 FreeWe can't wait to see you!



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Thursday, August 28th Starting at 5:30 - ?



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(518) **568-2700**

Tues., August 26th

- Chicken & Biscuits, Dressing & Mashed
- Dressed Cheeseburg, FF & Salad

Wed., August 27th

- Stuffed Pepper w/Mashed or FF & Applesauce
- Grower w/FF (Grilled Chicken Breast w/grilled onions, peppers & special sauce)

Thurs., August 28^t

- Hot Roast Pork Sandwich w/Mashed or FF
- Western Egg Sandwich w/Cup of Soup

Fri., August 29th

- Fresh Haddock, FF or
- Mashed & Salad
 Fresh Haddock on a Roll
 After 4:00 PM
 Roast Turkey, Dressing,

Mashed & Salad Sat., August 30th

- 2 French Toast, Meat & HF
- 2 Blueberry Pancakes, Meat & Eggs

Sun., August 31st

- Broccoli & Cheese Omelette w/HF - Sausage Gravy on a Pancake or Biscuit w/2 Eggs

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- ♦ ALL YOU CAN EAT PANCAKES 3-7 PM
- ♦ Hot Turkey Sandwich w/Potato & Veg
- ♦ Spanish Rice w/Veg

Tues., August 26th

- ♦ Meatloaf w/Potato & Veg
- Chicken Tenders Cold Plate

Wed., August 27th

- ♦ ALL YOU CAN EAT SPAGHETTI 3-7 PM
- ♦ Sm. Meatball Sub w/FF
- ♦ Spaghetti w/Meatballs, Hot Sausage and/or Toss Salad

Thurs., August 28th

- ♦ Chicken-N-Biscuits w/Veg
- ♦ Ham & Cheese Club w/Chips

Fri., August 29"

- ♦ Fresh Haddock Dinner Baked or Fried, w/Potato & Veg
- ♦ Mac-N-Cheese w/Veg
- New England Clam Chowder

Sat., August 30th

◆ Fried Scallops w/Potato & Veg ◆ Prime Rib w/Potato & Veg 3-7 PM

Sun., August 31st

◆ "Garbage Wrap" w/HF Breakfast Only - Closed at 12:30pm

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TED'S PAINTING SER-VICE & HOME REPAIRS. interior, exterior, Free power washing with all house painting and deck staining. Call Ted 315-429-3253

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PHYSIC FAIR: Century Club, 130 Guy Park Ave., Amsterdam. October 25, 11AM-7PM. Admission \$8.00. Information 518-526-8012

2007 CHRYSLER 300 Touring, white, 84k, V-6, auto, leather, alloys, SALE: \$12,495. John C. Miller, Inc. 518-762-7124 www.johncmiller.com

Flame mahogany breakfront with writing desk in center. Like new. The Gallery, 2 West Main St., St. Johnsville, NY 13452. 518-568-5121

Need a new car? Get 0% financing at Sampson Motor Car where everyone is approved! 261 East Main Street Amsterdam, 518-848-7359

BRUSH HOG SALE: All Landpride rotary cutters on sale. Year end clearance, 5' to 15'. Randall Implements, Rt. 5S, Fultonville, NY 518-853-4500

FOR SALE: HONDA 5HP horizontal shaft gasoline engine, overhead valve. Runs good. 518-993-3928.

RAM 1985 DODGE Charger 2WD, no rust, runs and drives great. Asking \$3,500. Call for more info 518-568-7640.

Bowtech Experience Bow; fully equipped, \$950.00; new. cost-\$1450. 518-844-3534

SHEETROCK: ½x4x8, 10', 12' and 14'. Also ½x4'x8" moisture resistant and 5/8"4"x8', 10' & 12' Fire Code. Joint compound, tape, drywall screws and primer available to complete the job. C.H. Burkdorf & Son, 35 Hough St., St. Johnsville 518-568-7016

French Style pink marble top coffee table. Great price. The Gallery, 2 West Main St., Johnsville, NY 13452. 518-568-5121

Having problems with your well or pump? Call The Water People -Provost Brothers! 518-868-2126

CHECK OUT OUR produce at really low prices, Peruzzi's Meat Market, 69 Church Street, Canajoharie. 518-673-3382

FROZEN Blueberries and Strawberries in bulk. Peruzzi's Meat Market, 69 Church Street, Canajoharie. 518-673-3382

FOR SALE: HUSKY tool box, top & bottom, brand new, 5 ft. tall. Call (518) 844-3534.

YARD SALE: Saturday, August 23rd, 5:00am. Lots of goodies will be available at good prices for you!! Everything must sell!! 176 Dygert Rd. Canajoharie, NY, 1/2 mile of Clinton Rd. Food stand will be on premises!! Don't forget the early bird will get the worm!! We do open at 5:00am in the morning!!

Mahogany claw foot block front slant front desk. CA1890. Excellent The desk interior. Gallery, 2 West Main Street, St. Johnsville, NY 13452, 518-568-51121







Washburn Dx20 CET acoustic/electric guitar with EQ., like new-\$200 518-844-3534.

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TDD Relay 711

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1,120 sq. ft. ranch style home 3 Bedroom

1 full bath

Nice corner village lot

Full Basement

Forced air/gas heat

Hardwood floors

Appliances

Detached 1 stall garage **Great School District**

Asking \$108,900

Village of Fort Plain, NY between exits 29 and 30 of NYS Thruway for easy commutes east (Albany area) or west (Utica area)

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email: 21clarkave@gmail.com



See more Photos on **Zillow.com**.

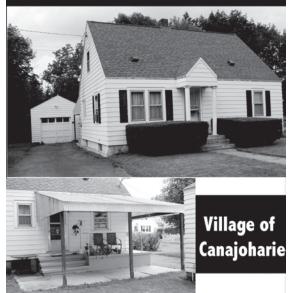
REAL

1995 Mobile Home For Sale

14x50 2 Bedrooms.
Set up in Highland
Estates Park. Washer,
dryer, stove, refrigerator, dish washer.
Excellent condition.
Accepting Offers
265-5848

2 SPACES FOR RENT - 29 CHURCH STREET Canajoharie Office • Store • Restaurant

HOME FOR SALE



2 bedrooms, new roof, new gas boiler, new hot water heater. Walking distance to schools. Great neighborhood. One car garage. Upstairs can be expanded for more bedrooms. \$65,000

518-378-3279



Absolute Real Estate Auction SATURDAY AUGUST 23RD AT 1:30PM

Located 395 Canal St., Ft. Plain, NY 13339, next to Ft. Plain Museum. Beautiful well-maintained home, 3 car garage, 4.6 Acres with stream.



1=1

Real Estate consists of main floor with large custom eat in kitchen, beautiful oak cabinets, dishwasher, gas stove, wall oven, refrigerator with ice maker, microwave, large dining room, living room, fireplace, master suite with full bath, laundry room and 1/2 bath on first floor. Upstairs has three bedrooms with full bath, finished basement with office - could be used as second master suite, full bath, fireplace, family room with poplar wood wain-scoting. Mostly hardwood floors on first and second floor. Double pane insulated windows throughout, gas fired cast iron baseboard heat, central air conditioning with individual room controls, water softener, dehumidifier, curtains throughout, central vac and a total of 3 1/2 baths. Three bay attached oversized heated garage, RV full hook-up, professionally landscaped with multiple mature trees, village sewer and water and a backyard

garden area. Zoning maps show it is in PH Planned Historical District. The uses permitted in PH District are: residences, farms, historical buildings & sites, restaurants, motels, bed & breakfast, church & historical attractions.

Inspections: Thursday August 14th, 4:00-5:30 • Saturday August 16th, 2:00-3:30 • Sunday August 17th, 2:00-3:30 • Friday August 22nd, 4:30-6:00 and Day of Auction from 12 Noon until Auction Time.

Terms: 10% Buyer's Premium will be added to the final bid price. The total becomes the purchase price. 10% down on purchase price due day of auction in cash or good check. Balance due on closing within 30 days. Property sells as-is, with no contingencies.



Licensed Real Estate Brokers & Auctioneers Whitney Point, N.Y. 13862 www.manasseauctions.com

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JR's Auction



56 Willett St., Fort Plain, NY 13339 • (518) 993-4668

Antique and Consignment Auction Tuesday, August 26th • 5:00 PM

Already Consigned is a cast iron urn, RC Cola tin sign, Oak china cabinet, Antique Trestle table, Full size beds, Oak roll top desk, and hundreds or other items!!!!! Don't Miss Out!!

So come early and stay late!! Always Looking For Antique Consignments!

Consignment Auction • Friday, August 29th, 5:00pm Consignments, Antiques, Household, and much more!!

Gun and Ammunition Auction Wednesday, September 3rd 6:00pm

Guns, Ammunition, Fishing, and Hunting Items, Canoes, Boats, Kayaks, Trailer's, 4 and 3 Wheelers!!

Guns already consigned are 1-Remington 1100 20 Ga. with extra barrel, 1-Marlin 336 RC 32 Special Cal. 1953, 1-Lefever Nitro Special 16 Ga. 1-Remington Nylon 66 22 LR, 1-Springfield Model 15 22 Rifle, 1-Marlin Model 60 22 LR with scope like new, 1-Savage Model 110 7MM Mag with 3x9x40 scope, 1-Stevens Model 200 25-06 with 5x15x40 scope, 1-Savage Model 170 Pump 30-30, 1-JC Higgians Model 22 LR, 10 boxes of 28 ga. ammunition, other assorted ammo, 6 tackle boxes filled with fishing tackle, fishing rods, and much more will be here by Auction time!! JR's Auction 518-993-4668 if you have guns, ammunition, and items you want to sell bring them down!!

If you have it and want to sell it then bring it down and we will turn your items into CASH!!

Antique And Furniture Business Liquidation Auction Saturday, September 13th • 10:00 AM at the Old Barn Antiques St Rt 5 Little Falls, NY

Dining Room Sets, Furniture, Antiques, Hutches, Recliners, Curios Cabinets, Hickory Rockers, Gift Items, Side Boards, Roll Top Desk, Sofa and Chair, Library Tables, Oak Claw Foot End Tables, Oak Secretary Desk, Wood Carvings, Black Bear Carvings, Floor and Table Lamps, Oak Wash Stands, Treadle Sewing machine, Antique End Tables, Large selection of Rooster Décor, Enamelware, Gift Items, Floral Arrangements, Vases, Rocking Horse, Child Rocking Chairs, Brand New Dolls, Brand New Stock, and thousands of other unique items!! All to be sold over Auction!! This is the perfect opportunity to buy great Christmas Gifts and Furniture for your home!! Store and Gift Shop Owners don't miss this Auction.

Terms of Auction are Cash Check or Credit Card. 10% Buyers Premium, 13% Buyers Premium if paying with a Credit Card, All items must be paid on day of Auction and before leaving premises. You are responsible for your items immediately after you buy them.

Public Estate Auction 191 Spring Street 1/2 mile off Rt 80 Saturday, September 27th, 10:00am • Estate of Harold Mykel

Complete House, Shop, and Garage Contents!! Lots of Tools, Household, Scrap and hundreds of other items that we will find when we unpack all of his years worth of accumulation!!

See auctionzip.com for pictures and details!!

Public Estate Auction 2488 St Rt 29 Salisbury Center, NY

Saturday October 4th, 10:00am • Estate of John and Janet Miko

Complete Shop, and Garage Contents!! Some Household Items!! Lots of Railroad Antiques, Post Cards, Railroad Lanterns, Railroad Padlocks, Railroad Fire Extinguishers, Tools, Household, and lots more! See auctionzip for pictures and details!!



Antiques & Auctions



Sun., Aug. 24th Breeder Sale ~ 11:33am

Sat., Aug. 30th Consignment Auction ~ 6:33pm

Thurs., Sept. 4th Food Auction ~ 6:33pm

Sat., Sept. 6th Consignment Auction ~ 6:33pm Check auctionzip.com for antique toys

Burrows Rd., West Winfield, NY • (315) 822-5221 WE ACCEPT CASH - CREDIT CARDS - DEBIT CARDS

WEEKLY SALES EVERY MONDAY HOSKING SALES

Weekly Sales Every Monday 11:30 with Misc. & Small animals, 1:00 Dairy, followed by feeders, sheep, lamb, goats, pigs. Calves start at 5PM followed by cull beef. Call for more info and note all times are approximate. Our volume is increasing weekly - join your neighbors & send your livestock our way!

Monday, Aug. 18th sale - cull ave. \$.96, Top cow \$1.16, Bulls/Steers \$1.00 - \$1.20, bull calves top \$3.50, heifer calf top \$3.25, Dairy Feeders \$.62 - \$1.34, feeder heifers \$.60 - \$1.88, Feeder bull \$.70 - \$1.88, Maynard Dispersal Grade Jersey Herd Ave. \$1150, Milking age top \$1950, Bred Heifers top \$1910, Open heifers top \$1100.

Monday, Aug. 25th - Normal Monday Sale

Monday, Sept. 1st - **Labor Day** we will be open Normal Monday Sale and Fat Cow & Feeder Sale

Monday, Sept. 8th - Normal Monday Sale and Monthly Heifer Sale Monday, Sept. 15th - Normal Monday Sale Monthly Sheep, Lamb, Goat

Monday, Sept. 22nd - Normal Monday Sale

Monday, Sept. 29th - Normal Monday Sale

Saturday, Oct. 11th - at Cobleskill Fairgrounds - Coby Classic XVI Show Calf Beef Sale 3PM. Call today to consign to this sale. Donna Cappadona 518-255-5262. Beef is at its all time high.

FRIDAY, NOV. 14TH - 11:30 AM. PREMIER ALL BREED SALE - 100 HEAD OF REGISTERED DAIRY CATTLE OF ALL BREEDS. CALL TODAY WITH YOUR CONSIGNMENTS TO BE INCLUDED IN ADVERTISING.

LOOKING TO HAVE A FARM SALE OR JUST SELL A FEW -GIVE US A CALL.

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607-699-3637 or 607-847-8800 cell: 607-972-1770 or 1771

The best cure for sea sickness, is to sit under a tree.

~ Spike Milligan

BENEFIT AUCTION!!

Saturday, August 23rd at 1PM

Fort Plain Elks Lodge, Nelliston



Connecticut Valley Arms 50 caliber cap and ball rifle. Hexagonal barrel, 32 inch, double pull trigger mechanism, built approximately 1974. Little used, perfect condition. Stock is hand rubbed and oil finished. Barrel browned while lock is blued. Very accurate with the silver blade sight.



Remington Model 700, 308 Winchester caliber rifle. Complete with Bushnell 3X-9X Banner scope. In hard case. Probably fired 30 rounds since new in 1974. Not a scratch on the walnut stock.

Barrett Lady Raptor fx Cross Bow - NEW -330 fps, lightweight composite stock, 4x32 scope, quiver + 3 arrows, high definition camo finish.

Plus many other hunting items. If you have something to donate, call Bruce Button at 518-221-4104 or Jamie Maring Mundell at 518-265-1645.

Plus Many Silent Auction Items Chicken BBQ • Bake Sale • Live Music

Benefit for Norma Maring. Auction items can be dropped off at Lee Publications in Palatine Bridge Mon-Fri 8AM-5PM.

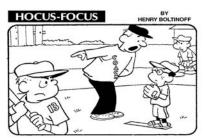
Mega Maze

Puzzles4Kids by Helene Hovanec by Helene Each word will fit into one spot in the grid. Use the starting letters as a guide and fit each word into its spot. All words will be used, so cross off each one after you put it into the grid. 3 Letters ACE CEE 4 Letters CENT RICE 5 Letters FORCE JUICE SINCE TWICE 6 Letters CANCEL CELERY **FENCER** GLANCE ICECAP 7 Letters CENTRAL PRODUCE RECEIVE SCENERY For more puzzle fun, go to www.www.brainzzles.com

STICKELE LERS.

represents a common expression. What is that saying?

"It is highly inadvisable to use a calculator or other device, including fingers, to enumerate a certain avian species while those to be tallied are not yet in existence."





The top TRUST YOUR EYES? awing details between you find them? Che EREVCES: 1. Fence board is moved. 2. Number is different. No. 4. Word "coach" is missing. 5. Stab is shorter. 6. Head is fur

uni@rWh

by Hal Kaufman

be a dozen checkmarks in the circles of
there are two, and only two, checks in
each of the six-circle horizontal,
vertical and corner-to-corner di-CHECK OUT! It is possible to place the diagram shown at right so that the

AH SOI An anonymous sage is quoted as saying: "If it weren't for the last ___, nothing would ever get done." Fill in the missing six-letter word. "ejnujiw si pɔow bujssiw eq__

vertical and corner-to-corner diagonal rows.
See how quickly you can work out a solution.
Remember, each of the rows is to have just two checks.
One possible answer is given below. But no fair peeking until you've given it a try.

pig—pxee 'tilg pue puz oste—jxee 'tilg pue puz—jxee 'tilg pue pig—pxee 'tilg pue puz—jxee 'tilg pue pig—pxee 'tilg pue puz—jxee 'tilg pue pig—hxee 'tilg pue puz—hxee 'tilg pue pig—hxee 'tilg pue pig—h

IT'S ALL HERE IN A NUTSHELL

WHAT HO! Our traveler pai from outer space (above) is puzzled by a diagram discovered in his guidebook. This intricate design not only contains all of the letters of the English alphabet, but all of the Arabic cliefs from 0 through

abphabet, but all of the Ara-bic digits from 0 through 9 as well.

Thus, by extension, here is the ultimate in digests, a figure that contains all of the words ever written in the English language, plus all of the numbers used in everyday math. But hey, what's the point if our friend can't make them out?

See if you can find all letters and numbers.
They're all there, in one form or another.



HEAD HUNT! Never stick your nose in a ferocious lion's mouth-unless hunting for some 20 hidden faces, as above.

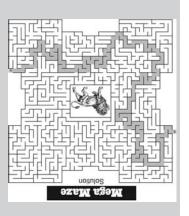
ANSWER KEY How did you score on this week's puzzles?

before they are hatched. Don't count your chickens

Stickelers Answer



Puzzles4Kids



\$2014 King Features Syndicate,

Calendar of Events

ORIGINAL VALLEY PENNYSAVER

NOTE: Calendar entries must arrive at the Original Valley Pennysaver's office by the Tuesday prior to our publication date for them to be included in the calendar of events. Send events to Lee Publications c/o The Original Valley Pennysaver, 6113 State Highway 5, P.O. Box 121, Palatine Bridge, NY 13428 or Kathleen Lee at kkelly@leepub.com

AUG 1-31

Arkell Center News and **Events for August**

Arkell Center, Čanajoharie, NY.

Mondays-Fridays: 11:45 am. OFA Meals of Montgomery Program serves hot meals, suggested \$3 donation for 60 and older. Call 673-2000 for reservations.

 $\textbf{Mondays-Fridays:}\ 10\text{-}12$ noon. Arkell's Indoor Walking Program will continue. Seniors invit-

Mon, Wed. & Fri.: 10-10:30 pm. Arkell Center Senior Exercise Program is in the basement. Coffee after.

Wednesday: 2:30-3:30 pm. Gentle Yoga with instructor Patty Pietrowicz.

Defensive Driving: Sponsored by the Shults Agency is filling up fast. The last scheduled class will be on Saturday, Oct., from 9-3 pm. Reserve your seat now. 673-4408.

Aug. 28: 1:30-3:30 pm. Second Time Around Band practice. Come and enjoy listening to the music

SPECIAL EVENTS

Aug. 27: 12:30-4 pm Senior Citizens Pinochle Card Party, donation - \$2, prizes & refreshments. If you would like to sub call Terry at 673-5635.

Aug. 26: 11:15 am - 12:15 pm. Blood Pressure Clinic. Home Health Care Partner's Corp. (Co-Sponsored by St. Mary's & Nathan Littauer Hospital). Home Health Care Partners Corp. also provides health and wellness information.

MEETINGS

Aug. 26: 10-11 am. Alzheimer's/Dementia Caregiver Support Group meeting at Arkell Center. This is sponsored by the Alzheimer's Assoc. of N E New York.

COMING IN

SEPTEMBER

Sept. 19: Montgomery County Office for Aging annual Picnic. Tickets are \$8.

Sept. 11: Canajoharie Senior Citizens trip to McHayden Theatre to see "The All Night Strut!" Contact Dorothy Frasier at 673-5588 for more information.

AUG 23

Concert in the Park in Fort Plain

Haslett Park, Fort Plain, NY. 6 pm. Folk style singer/songwriter Howie Campbell & his wife Debbie to perform.

Crowley-Barnum Mohawk American Legion Post 25 Fundraiser to Benefit the Wounded Warriors Project and Sitrin Outpatient Military Reha-

bilitation Center Post, 43 W. Main St., Mohawk, NY. 1-6 pm. Chicken BBQ, a variety of food, Chinese Auction, multiple other auctions, Live Music, a 50/50 Raffle and an 11-87 Shotgun engraved with a WWP logo. Community and Business donations are encouraged. Tickets are \$20 each and can be purchased at the Post. For more information call Rich Monahan at 717-7303 or the Post at 866-

Haudenosaunee History Program by Glen A. Bentz: History of the Iroquois

Indian Castle Church, Danube, NY. 1-3 pm. For more information call Diane at 315-823-0545.

Ice Cream Social

Root Historical Society. 4-7 pm. \$2.50 for cake and ice cream. Come join us for food and free

Tenth Annual Memorial Ride and Poker Run in memory of Scott P. Fifield

The Ilion Elks Club, West

St., Ilion, NY. donation of \$20/vehicle includes lunch on the ride, dinner for one, one poker hand and one chance to win the \$100 gift certificate from Melfe's Shoes, Ilion. Donation for passengers \$15 which also includes lunch on the ride, dinner, one poker hand and a chance to win the Melfe's Shoes gift certificate. Prizes will be \$250 for best hand, \$150 for second best and \$100 for worst hand. All street legal transportation is invited to attend. To help out or if you have any questions, please call 315-868-3077 or the shelter at 315-866-3255. You can also go to www.scottysride.com or www.herkhumane.org

AUG 27-29

Hunter Safety Classes Sprout Brook Řod & Gun Club, Rt. 163. Pre-register in person at the club on Aug. 6 between 7-8 pm. Children 16 & younger must have signed permission slip from parent with them at registration. Aug. 27-28 6-9:30 pm, Aug. 29 6-9 pm.

SEP 1

Catholic Community of St. Thomas the Apostle Annual Brooks BBO

Parish Social Hall, Kateri Hall, 13 Church St., Cherry Valley, NY. 12-3

SEP 4

Brooks Chicken BBQ Marshville Evangelical Church, Rt. 10 South, Marshville, NY. 3:30-Marshville, NY. 3:30-6:30 pm. Takeouts only. \$6/half. Pre-paid tickets try to pickup by 5 pm. For more info call 518-673-2394.

SEP 5 & 9

Bow Hunter Classes The Sportsman Den, 36 Canal St., Fort Plain. 6-10 pm. Pre-register in person from Aug. 3 to Aug. 10. Children 16 & younger must have signed permission slip from parent with them at registration.

SEP 6-7

Giant Craft Fair

Fort Klock, St. Johnsville, NY. 10 am - 5 pm, Sunday 10 am - 4 pm. Free admission & parking. Contact Fort Klock Historic Restora-tion, 518-568-7779. On Internet the fortklockrestoration.org

Antique Show & Sale and Flea Market

10am to 5pm at The

Hungry Bear Cafe, 7304 State Highway 5, St. Johnsville, NY. Multiple Antique Dealers. Spaces Still Available. For information call Scott & Rose 518-568-2700 or Tim 518-332-5157.

SEP 6, OCT 4, NOV 1 & DEC 6

63rd All Free Acoustic Coffee House

Fultonville Methodist Church, Montgomery St., Fultonville, NY. 6:30-10 pm. A no alcohol event and is open to all types of music as long as NO vulgarity, doesn't offend anybody and acoustic instruments only, poetry, magic etc.

SEP 12

Organ Concert

St. John's Reformed Church, 68 W. Main St., St. Johnsville, NY. 7 pm.

SEP 19

15th Annual Senior Picnic

Fonda Fairgrounds. 9 am - 2:30 pm. Entertainment provided by The Second Time Around Big Band. Bingo, exhibitors and prizes. Lunch served at 12 noon. Tickets are available for a minimum donation of \$8. Call OFA for more information at 518-843-2300.

OCT 4

Defensive Driving Course

Arkell Center, Canajoharie, NY. 9 am - 3 pm. \$20/person. Bring a bag lunch, or weekday classes call to sign up for the Meals of Montgomery luncheon. Call 518-673-2000 1 day prior to class. Individuals will qualify for a NY State point & insurance reduction certificate. No testing required. Contact Joan Cimino, 518-673-4408.

OCT 19

One Day Bus Trip to the Seneca Lake Wineries by H.A.L.O.

The bus will be departing from Herkimer at 9 am and Utica at 9:30 am. \$60/person. Reservations and money are needed by Sept.16 for the trip. To sign up or for more information call Debbie at 315-866-8608.

DEC 7

St. Nicholas Day

Fort Klock, St. Johnsville, NY. 12-3:30 pm. Contact Fort Klock Historic Restoration, 518-568-7779. On the Internet fortklockrestoration.org





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2013 Jeep Patriot FWD. Gray, 1,600 Miles 2011 Honda CRV LX 27.000 Miles 2008 Chevy Silverado 1500 4 Dr., Crew Cab, 4x4, 57,000 Miles 2004 E350 Ext Van White, 5.4 V8 2003 Ford F150 Supercrew, 79,000 Miles

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Express Van, 6.0 V8

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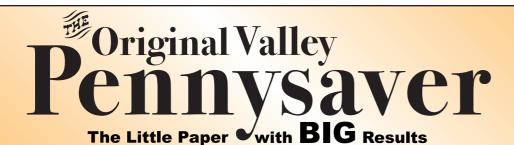


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Serving the Homes of the Mohawk Valley

August 23, 2014



See our ad on page





















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203: ST. JOHNSVILLE: Freshly painted 2-story home located close to the schools and walking distance to downtown. Large formal living room. Enclosed back porch. Large formal dining room. Many improvements.

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B2 • August 23, 2014 ORIGINAL VALLEY PENNYSAVER

Five brain fitness tips

by Susan Grotenhuis

(NAPSA) — Here's an idea to think about: To stay mentally sharp, sustained effort is key. It takes work to keep a complicated organ such as your brain in optimum condition.

Fortunately, it doesn't have to be complicated. You can follow these five simple steps to keep your mind bright:

1. Change. By the time you reach retirement age, your brain has mastered many tasks. You have to think of creative ways to

surprise it. So change is vital to brain health. Change your routines, change your environment, make new friends, have different conversations, listen to different music, try new foods. List the most familiar things in your life and then change them.

2. Think. Don't let your brain get bored. Stimulate it with lots of new, refreshing information. Read articles, visit museums, study a new topic or take up a new hobby. That awkward

feeling you may remember from your first day on the job is what you want to replicate. Try learning a foreign language or a musical instrument.

3. Move. Experts agree that aerobic exercise has the greatest benefit in terms of helping your brain stay young. Encourage important blood flow to the brain by doing at least 2 1/2 hours of moderate aerobic activity (brisk walking) each week. Start where you can and gradually build up from there. Setting small, monthly goals keeps your efforts focused and on track.

4. Eat smart. Keep those arteries — in your heart and your brain from getting clogged with fat by eating plenty of fruits, veggies and whole grains. Stick with healthy fats such as those in nuts, avocados and olive oil. Include plenty of lean protein and fiber to round things out. Try to fill half your plate at each meal with fruits and vegetables. They're full of antioxidants and supply important nutrients. Avoid white flour, generally found in breads and pastries. Losing any extra pounds can help, too. Maintaining a healthy weight means a better chance at a healthy brain.

benefit from close relationships. When you're happy, your brain is happy. When you're stressed or depressed, your brain releases a chemical called cortisol. Cortisol in small doses is ries are formed. Getting plenty of sleep is also important for relaxing and renewing the mind.

Susan Grotenhuis is a certified Brain Fitness Facilitator with Asbury Communities, an aging



5. Be happy. Human useful for alertness and beings are social creatures. The brain is designed to interact with others and derives great

concentration. When it lingers, however, it attacks the cells in the hippocampus, where memo-

services organization. For information on more Brain Fitness, www.Asbury.org/Perspective.









(110) You see beautiful views of the Cherry Valley mountains as you look out across the 49.3 acres situated in the Canajoharie School District. Your own piece of heaven to build your country estate. Well, septic and electric on property, along with singlewide trailer and garage for income. \$172,500



(646) NEW LISTING IN CANAJOHARIE: 3 BRs, 2 full baths. This home has been completely refurbished. LR has new cathedral ceiling, refinished hardwood floor and woodburning fireplace. New roof, windows, garage door. Interior and exterior have just been painted. New kitchen. Newly finished basement. A Must See!! \$133,000



(204) NOW \$139,000 - This 3BR home is in nice condition: custom kitchen with tile floor and GE Profile appliances, hardwood floors, original woodwork. In-ground pool. Extended garage is all finished and offers plenty of storage overhead. Canajoharie School District.



(215) **REASONABLY PRICED** in Fort Plain is this 4BR home with 2 baths. Approximately 1928 sq. ft. built approx 1875. A lot of old charm including bay windows. Includes garage. This home is offered at \$47,500 Less than full market and assesed value.







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ORIGINAL VALLEY PENNYSAVER **B4** • August 23, 2014

Keeping your eyes (and tires) on the road

(BPT) — Have you ever thought about all of the distractions associated with driving? Weather, kids, pets, eating, cell phones, billboards, the radio and even a friend riding shotgun all compete for the driver's evershrinking attention span.

Some distractions like cell phone usage whether talking or texting – pose a greater risk than others in keeping the road a safe place. At any given time, more than 600,000 people in the U.S. are using their phone or other electronic device while driving, according to the National Highway Traffic Safety Agency. If that's not scary enough, a study by the University of Utah reports the impairments associated with cell phone usage are similar to intoxicated drivers. In short, distracted drivers, much like drunk drivers, are more likely to drive aggressively, tailgate, hit the brakes harder, have slower reactions and cause accidents. Now more than ever, defensive driving has become critically impor-

"One way to battle distracted driving is to be extra attentive to what's around you as a driver," says Andrew Briggs, director of marketing and product planning for Yokohama Tire Corporation, maker of a variety of truck and car tires. "Pay attention to what's in front of you, behind you and to your sides. Keep enough distance between you and the other vehicles. Try to anticipate the action of the other drivers. These defensive driving techniques are already familiar to many of us, but practicing them in our daily driving, especially these days, can help determine whether one will be in an accident or avoid one."

The ability to stop quickly or change lanes is another essential technique and that's where your tires can play an important role. "Your tires are the only part of your vehicle that grips the road," says Briggs. "The first line of defense, even before you get on the road,

is to make sure that your tires are properly maintained. You always want to make certain your tires

inch to help prevent skidding and hydroplaning. Simply place a penny upside down into a tread

tires.

Briggs offers more tips

that will keep your tires



Use the penny test to check your tire tread.

have enough tread depth to ensure ample traction."

Checking your tires' tread depth is easy, Briggs says. "Tires should be replaced when the tread is worn down to 2/32 of an groove. If part of Lincoln's head is covered by the tread, you're driving with at least that 2/32 of an inch that is a minimum amount of tread required. If you can see all of his

road-ready:

• When the tires are cold (at least four hours after the vehicle has been driven), check tire pressure with a reliable tire gauge. Be sure the valve

stems have a plastic or metal cap to keep dirt out and a seal against water and foreign objects. The tires' proper inflation level as recommended by the car maker ± can be found on a placard in the glove box, on the car door or in the owner's manual.

- Check tire alignment once a year. Misaligned tires create unnecessary tire wear and lower mileage.
- Rotating your tires will prevent uneven wear and promote a better ride. Because the weight distribution on your car or truck can vary, it's best to rotate your tires a few times a year, like every time you get your oil changed.
- Balancing act: Tires that are balanced correctly will give you a smoother ride and help prevent improper wear. You can get your tires balanced at the same time as your regularly-scheduled rotation.

For additional tire care and safety tips, visit www.yokohamatire.com or www.rma.org

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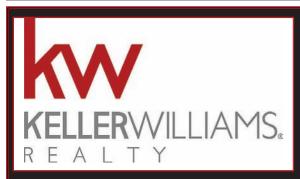
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August 23, 2014 • B5



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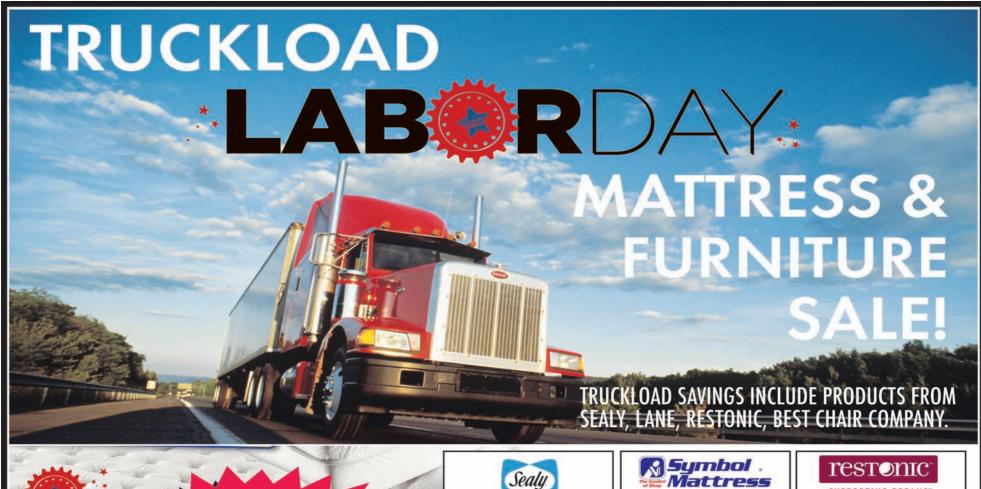


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B8 • August 23, 2014



ORIGINAL VALLEY PENNYSAVER August 23, 2014 • B9

Fall shopping and other September gardening tips

by Charlie Nardozzi, Horticulturist and Leonard Perry, UVM Extension Horticulturist

Taking advantage of fall plant sales, keeping new plantings watered well, and using excess tomatoes are some of the gardening activities for this month.

The sales are on. There's still plenty of time to plant trees and shrubs. Root growth will continue into late fall or early winter, and plants won't have the heat of spring or summer to dry them out. Be sure to water well at planting time and every week until they go dormant. If you don't have a spot ready for your new additions, submerge them in bare spots or beds in the vegetable garden -— pot and all.

Plants that are still developing new root systems need ample water in the fall before they go dormant. Roots grow until the soil temperature gets down to the low 40s (degrees F), so moisten the entire root zone once a week unless you have a soaking rain. Moisten means to water well. A good soaking less often promotes deeper roots better able to withstand stress.

Don't let excess tomatoes go to waste. Plum tomatoes and cherry and grape minis dry fairly easily in the oven. Slice them in half lengthwise. set them on a baking sheet, and drizzle with olive oil and sea salt. Roast them in a 250-degree oven until they are no longer juicy. When cool, line them on cookie sheets to freeze first (so they don't clump), then pack in freezer bags.

If weeds got ahead of you this summer, now is a great time to get ahead of them. Being the end of the season they won't come back as they do during the summer. Make sure not to put in the compost weeds with seeds, or thick stalks that take a long time to decompose. Make sure if weeds have gone to seed to carefully cut off the seedheads first, so you don't disperse them around the garden and create even more weeding work next year.

Make notes about this year's garden and flower plantings — what you liked, what combinations worked, what went wrong. Note locations of vegetable crops so you can plan a rotation for next season, not planting those in the same family in the same spot. So, for instance, where you had squash this year you might plant carrots

or onions next; where you had beans you might plant lettuce or greens next year.

After spending the summer growing foliage and replenishing the bulb, your amaryllis needs a rest. Bring it inside into a cool, dark spot and stop watering for a couple of months. When you see new growth beginning, or when you are ready to flowering start the process, bring the pot into light, refresh the top inch of soil, and begin watering. Take care not to overwater, especially if there's no growth yet. Different varieties have different bloom cycles but, in general, your bulb should bloom in about 10 to 12 weeks.

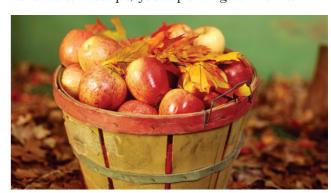
With frost likely later in the month, prepare to cover plants at the last minute. Make sure the

cover extends all the way to the ground to hold in the heat, and try to prop it above the foliage so the leaves don't freeze. Old sheets are handy for this, as are light fabrics available at complete garden stores sold for frost protection.

If you haven't ordered spring-flowering bulbs for fall planting, such as daffodils and tulips, you

can find these this month in many garden stores. If you have deer and other wildlife, think daffodils, as these wont be eaten by them.

Other gardening activities for this month include visiting orchards for apples and cider, digging up to store indoors tender bulbs such as cannas and dahlias, and planting fall mums.



Dollars and sense

by David Uffington

Getting tough with savings and debt

With the economy inching its way back to health, consumers are looking for ways to get out from under mountains of debt and begin saving again.

Here are a few ideas, both easy and not so easy.

- Call your bank and ask to automatically transfer \$25 a month from your checking into your savings account. If you can swing it, make that amount \$100. It's money you'll never see, don't have to make decisions about, and likely won't ever miss.
- If you've been using credit cards for miscellaneous expenses while you're out, grab the three most recent monthly statements and a pen. Mark off all those purchases you remember. If there are purchases you don't remember, that's a warning. If the bulk of your charges are for daily purchases or lunches or dinners out, challenge yourself to not put those expenses on a credit card for a month.
- · Look online at americasaves.org for ideas about saving and reducing debt. (No need to sign up on The Pledge because that gives away your email address.) Don't miss its Personal Wealth Estimator. You'll enter your assets (financial and non-financial) and your debts (mortgage, credit cards, loans). The bottom line will give your current net worth. If you continue to Part 2, you can calculate your future net worth. That in itself can be an incentive to save.
- The National Foundation for Credit Counseling (www.nfcc.org) has a program showing how to save a million dollars. You enter your goal (it doesn't have to be a million) and when you'd like to accumulate that amount of money, your age and other information, and it will calculate how much you need to save on a monthly basis to reach your savings goal. This is a great way to beef up your emergency savings or save for a special goal, such as a house.
- While you're on the NFCC site, look at the Cost of Credit program before you use a credit card to make a large purchase that you can't pay off in three months. Enter your intended expense, the interest rate and your payment. The program will calculate how much interest you'll pay until you have a zero balance. Play with the figures to see if you can shave down that interest by paying extra each month.

With the economy in better shape, it IS possible to get back a feeling of financial normalcy, but it will take

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Let Me Bounce This Off You

Not all sand wedges are created equal. You should be aware of how the design of the sole or flange affects vour shots, both out of sand traps and also off the grass.

If the flange is wide and has a lot of "bounce," meaning the rear of the flange or sole is much lower than the leading edge, the clubhead will tend to skid or bounce through sand rather than dig deeply.

soft-sand green-side bunkers. If your course has firmer sand and only a few bunkers, and you use your sand wedge often from fairway lies, one with

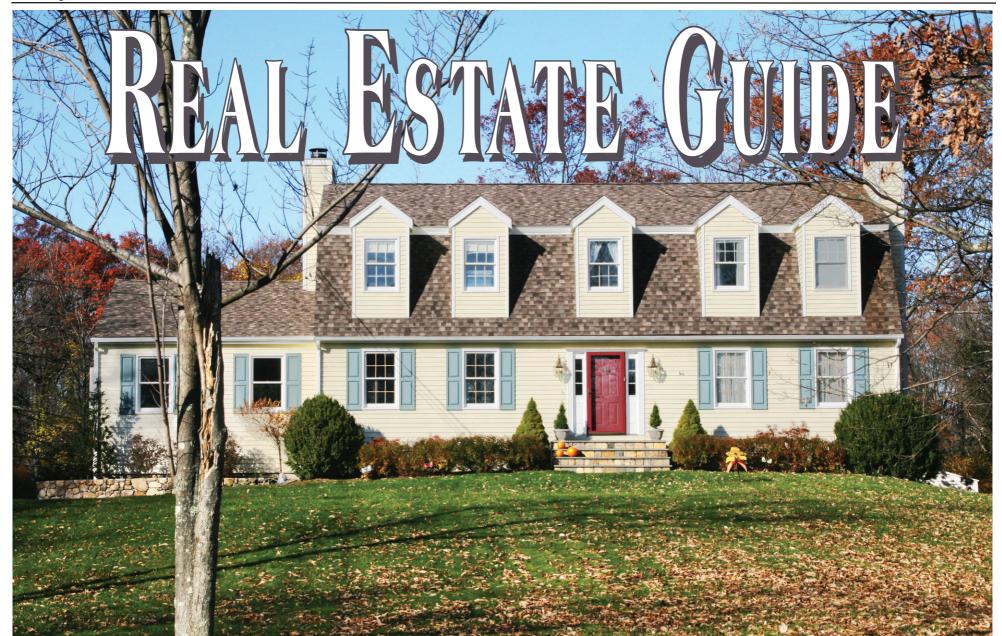
This is a good design in

less bounce will make it easier to hit those shots cleanly.

By Jim McLean. owner. Jim McLean Golf School. author of the best-selling books "The Slot Swing" and "The 8-Step Swing," illustrated by Phil Franke'

2014 Phil Franke. Distributed by King Features Syndicate For more golf tips and advice, buy "Master Strokes: 401 Proven Lessons for Mastering Every Golf Shot" (Running Press)

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WASHINGTON, D.C. — Children are at high risk of contracting foodborne illness because their immune systems are still developing. In fact, children under the age of five have the highest incidence of Campylobacter, E. coli, and Salmonella infection among any other age group in the United States. This highlights the importance of following the USDA's four food safety steps whenever preparing meals: Clean, Separate, Cook and Chill.

To help families teach the importance of the four steps to young children, the USDA's Food Safety and Inspection Service (FSIS) has developed a food safety "science experiment" that parents and children can carry out together to make sure school lunches are safe to eat come lunchtime.

start, To parents should pack their child's lunch and have their child store it as they would at school. After the normal time between lunch packing and consumption has passed, parents should help their child take the temperature of the lunch contents. Cold items should still be below 40 °F and hot items should be above 140°F. If food in is in the Danger Zone, between 40 °F and 140 °F, parents can use the following tips to ensure their child's lunch remains safely outside the Danger Zone for future preparations:

• If the lunch contains perishable food items like luncheon meats, eggs, or yogurt, make sure to pack it with at least two freezer packs. Harmful bacteria multiply rapidly in the Danger Zone, so perishable food transported without an ice source won't stay safe long.

• Frozen juice boxes or water can also be used as freezer packs. Freeze these items overnight and use with at least one other freezer pack. By lunchtime, the liquids should be thawed and ready to drink.

• Pack lunches containing perishable food in an insulated lunchbox

safety tips for parents or soft-sided lunch bag.

Back-to-

school food

Perishable food can be unsafe to eat by lunchtime if packed in a paper bag.

- If possible, a child's lunch should be stored in a refrigerator upon arrival. But leave the lid of the lunchbox or bag open in the fridge so that cold air can better circulate and keep the food
- If packing a hot lunch, like soup, chili or stew, use an insulated container to keep it hot. Fill the container with boiling water, let stand for a few minutes, empty, and then put in the piping hot food. Tell children to keep the insulated container closed until lunchtime to keep the food hot - 140 °F (73.9 °C) or above.
- After lunch, discard all leftover food, used food packaging, and paper bags. Do not reuse packaging because it could contaminate other food and cause foodborne illness.
- If packing a child's lunch the night before, parents should leave it in the refrigerator overnight. The meal will stay cooler longer because everything will be refrigerator temperature when it is placed in the lunchbox.

By following these tips, parents can reduce the risk that their child will be kept home from school due to a foodborne illness.

Parents with more food safety questions can call the USDA Meat and Poultry Hotline at 1-888-MPHotline (1-888-674-6854) or chat live with a food safety specialist at AskKaren.gov, available from 10 a.m. to 4 p.m. Eastern Standard Time, Monday through Friday, in English or Spanish. For more tips to keep your family foodborne illness free this season visit FoodSafety.gov and follow @USDAFoodSafety on Twitter.

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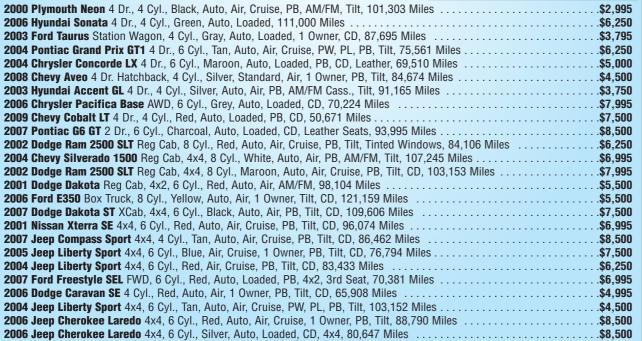


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